

PREPARE TO MAKE A SUCCESSFUL TRANSITION TO POST- SECONDARY EDUCATION

The Need to Know for Young Adults series of Lambton College eBits (short online courses) is designed for students preparing to make the transition to post-secondary education.

Seven FREE courses are available:

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- Know Your Rights As an Employee
- Make a Budget to Track Your Money
- Protect Yourself Online
- Safety Around Water, Fire and Traffic
- Taking Care of Your Mental Health
- Understanding Consent and Sexual Assault



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