

# EAGLEPRESS NEWSLETTER

Hundreds gather for the 11th Annual Three-Day Historical Gathering



### Vision Statement in

# Ojibwe:

Ezhi niigaan waabjigaayewaad Mississaugas of the Credit endaawaad (the vision of these people). Ezhip mino maadzijig (living a joyful life), ezhi waamji-gaazwaad (their identity, how people have identified them), ezhi debwedmowaad (their beliefs), ezhi mimiingaazwaad (what was given to them by Creation, what they always had, their heritage), niigaabminunkiiwaad Anishinaabek (is how they always lived as Anishinaabek).

Translated by: Nimkew Niinis, N'biising First Nation.

# Eaglepress Newsletter

The Eaglepress newsletter is available for download at www.mncfn.ca. We encourage members to view the online version rather than subscribing to print to help us care for Mother Earth and save print and postage costs.

The Eaglepress will continue to evolve with new features and information. If you have suggestions or submissions Contact: Gov.Comm@mncfn.ca



### **Artwork Acknowledgement**

LSK Mural: Eaglepress Newsletter acknowledges artists: Philip Cote, Tracey Anthony, Rebecca Baird, for use of their artwork for our identifier, marketing and promotional materials.

Newsletter Header: Toni Hafkenscheid Photography



# WHAT'S INSIDE

A Message from the Chief	1
Culture and History	3
Council Update	9
Social and Health	12
Lands, Membership, Research	22
Lifelong Learning	26

Contact Information.....Back

## **MESSAGE FROM GIMAA**

### GIMAA R. STACEY LAFORME

Please be advised the MCFN Constitution was approved to move forward to a ratification vote, and a ratification officer was appointed.

. . . . . . . . . . .

A constitution creates, empowers, and regulates government. It is specific to our community's needs.

If you have not had the chance to review and would like a copy emailed or mailed to you, this can be done on request by emailing

Gov.Comm@mncfn.ca or calling the Governance office: 905-768-4983. The office is available to answer any questions or concerns you may have. We will be hosting four Ratification Information Sessions prior to the vote at the MCFN Community Centre (see next page.)

I encourage everyone to attend these sessions and the vote.

I want to say miigwech to the post-secondary students who entered the Gimaa Laforme allyship poetry contest. All of the entries can be found on the Debwewin Oakville site. I'm really proud to say MCFN Member Dakota Tobicoe won a \$300 prize, his piece is featured on page 4.

It was wonderful hearing the two Sheraton College students who were also selected to win prize money read their poems at the Oakville Public Library on Feb 28th.

#### "Your Hand In Mine" by Suha Tariq

Indigeneity was introduced to me on a piece of paper. Do you self-identify as:

- First Nations?
- Inuit?
- Métis?

A request to reclaim the heritage That has been so violently ripped apart— An immigrant child of only a year, I did not know that here, the soil leaked; a grave of injustice What is allyship? Is it the joining of two hands born oceans apart? Is it when you meet the eyes of another Other and see recognition in a found family? If so, I will be your ally. Stories are conduits of humanity Stories are the true truth-tellers in the language of the First people. With my own home at war with itself, I have built a sanctuary on stolen land Let me then acknowledge The stories I have learned from; Of colonizers and murdered women, Of Canada's people and limitless courage, Of the Heron and the Eagle and the Turtle Island, Of orange t-shirts and generational tears— Let me then be a friend, one To stand on the edge at attention, I will be your ally. We are not the Other, we are one. Let me reach across this ocean— Hold my hand and show me, To the front line of reconciliation.



"Parallel Lines" by Nicole Abiyo

If you and I start to walk side by side From this day in time We'd go through our lives as parallel lines I wished upon the universe That someone could mirror me And even with my imperfections You took that vacancy And just when I felt my spirit would disintegrate In need of a craftsman to put me together It was your outstretched hand like that of a tether Laced with diamonds to pull me out of this place It was then I knew that if you and I Start to walk side by side we'd go through the rest of our lives as parallel lines The fate of the world rests on the heat of the sun And even in the cold, there's devotion You and I have been around it and we're still on the run Because we respect each other deeper than the ocean So don't condemn this launch into space For I can see our future through a new lens It was destined and forged from the heart of two friends A connection no planet would be able to chase

When the stars go back to black We will be there in their place as sparkles in the darkness Patient and forgiving Never cross paths To crash and burn Failing or forsaking All because you and I Decided to walk side by side For the rest of our lives As parallel lines

# **MESSAGE FROM GIMAA**

National IRS Crisis Line: 1-866-925-4419 IRSS Telephone Support Line: 1-800-721-0066 FN Inuit Hope for Wellness Help Line: 1-855-242-3310 Native Youth Crisis Hotline: 1-877-209-1266 Kids Help Phone: 1-800-668-6868, or text 686868

# National Indian Residential School Crisis Line

# 1-866-925-4419



Indigenous Services Canada Services aux Autochtones Canada



### Notice of Ratification Vote

### Mississaugas of the Credit First Nation (MCFN)

Notice is hereby given that a Ratification Vote will be held at the <u>MCFN Community Centre.</u> <u>Iocated at 659 New Credit Rd, Building #4, Hagersville, ON NOA 1H0</u> on <u>Saturday</u> the <u>22<sup>nd</sup></u> day of <u>April</u> 2023, beginning at <u>8:00</u> a.m. to <u>7:00</u> p.m, for the MCFN Constitution.

There will be **four (4)** Ratification information sessions held at the <u>MCFN Community Centre</u>, <u>located at 659 New Credit Rd</u>, <u>Building #4</u>, <u>Hagersville</u>, <u>ON NOA 1H0</u>

Saturday March  $11^{th}$  2023 from 10:00 am to 12:00 pm Thursday March  $16^{th}$  2023 from 6:00 pm to 8:00 pm Saturday April  $1^{st}$  2023 from 10:00 am to 12:30 pm Tuesday April  $4^{th}$  2023 from 6:00 pm to 8:00 pm

Also note that any voter may vote by mail in ballot. If you will not be available to vote in person on the Polling Day, you may make arrangements with the Ratification Officer to receive a mail in ballot.

The question on the Ballot will read:

"Do you approve of the Mississaugas of the Credit First Nation Constitution?"

Yes

□ No

If you have not had the chance to review the Draft Law and would like a copy emailed, mailed, or arranged for pickup, this can be done on request by emailing <u>Gov.Comm@mncfn.ca</u> or calling the Governance office: 905-768-4983. The office is available to answer any questions or concerns you may have. An electronic copy can be found **HERE:** <u>https://mncfn.ca/wp-</u>content/uploads/2023/02/MCFN-Constitution-DRAFT.pdf

Given under my hand on this 15th day of February 2023.

MargaretSault Margaret Sault

Ratification Officer Email: <u>Margaret.Sault@mncfn.ca</u> Phone: 905-768-0100

We are excited to say MCFN Member Dakota Tobicoe won a \$300.00 prize for his piece on friendship in the Gimaa Laforme allyship poetry contest:

Friendship is a bond that transcends the boundaries of time and space, an alliance forged in the crucible of the human spirit. It is a sacred union, a source of strength and comfort, an eternal flame that burns bright in the darkest of moments.

In friendship, we find solace in the embrace of another, a safe harbor in the storm of life. We share our secrets, our hopes and our fears, and we bask in the warm glow of mutual understanding. Our laughter echoes through the halls of time, a testament to the joys and tribulations we have experienced together.

But friendship is not simply a matter of emotional comfort. It is a challenge, a call to greatness, a summons to rise above our baser instincts and embrace our nobler selves. It is a test of character, a colosseum in which our true selves are revealed.

And so, let us embrace friendship with open hearts and unwavering resolve. Let us revel in its joys and embrace its challenges, for it is through friendship that we find our truest selves, our greatest victories, and our greatest triumphs.

For in the end, it is not what we have accomplished that matters most, but the friends we have made along the way. It is in the embrace of our dearest companions that we find the strength to endure, the courage to face the unknown, and the wisdom to navigate the treacherous waters of life.

So let us raise a toast to friendship, to the bonds that endure, to the hearts that beat as one. For in this sacred union, we find our greatest joy, our greatest comfort, and our greatest legacy.

The Sheridan College poetry winners read their poems at the Oakville Public Library on Treaty Day, and Georgia LaForme read Dakota's piece on his behalf. Dakota will also have his piece read at the March 4th celebration in the Community. We are very proud of you Dakota!

On the 203rd anniversary of Treaty 22, February 28th, Debwewin Oakville: The Oakville Truth Project marked the date by launching a report at the Oakville Public Library. The report: "Friendship, Peace and Respect For All Future Generations: Oakville-based treaty relations between the Mississaugas and the Crown" written by Emma Stelter is now available for free online and for sale in print with proceeds to support the Debwewin project and MCFN.

The report was written by Emma Stelter, a graduate of the University of Guelph, where she earned a Bachelor of Arts in History and Geography (Honours) and a Master of Arts in History. Emma wrote her Master's thesis on Crown-Indigenous relations, concentrating on the treaties signed between the Mississaugas of the Credit and the Crown.

Emma currently works for the Mississaugas of the Credit First Nation.



**CO-HOSTED BY THE UTM INDIGENOUS CENTRE** AND THE MISSISSAUGAS OF THE CREDIT FIRST NATION

# **ALL-NATIONS** POWWOW

### Saturday, March 25, 2023

**Recreation, Athletics and** Wellness Centre (RAWC), **University of Toronto Mississauga** 

### 12 p.m. – 5 p.m.

For more information and to register, visit: uoft.me/all-nations-powwow

### **Head Powwow Staff**

MASTER OF CEREMONIES **Bob Goulais** 

ARENA DIRECTOR **Steve Teekens** 

HOST DRUM Ninjiichaag **CO-HOST DRUM** All Nations Singers

**Niimin Hupfield** 

Lauren Porter

Valerie King

HEAD YOUTH DANCER, UTM

HEAD YOUTH DANCER, MCFN

HEAD ELDER/WATERKEEPER

HEAD ADULT DANCERS, UTM John and Deanne Hupfield

HEAD ADULT DANCERS, MCFN Dan Secord Nikki Shawana

**HEAD VETERAN Elder Garry Sault** 

HOSTED SPECIAL Tee Duke

### **GUIDELINES**

- Invited Drums Only
- Vendors by invite only
- Free parking on UTM Campus
- ATMs will be onsite
- Dancers must be in full regalia for end of day honoraria payout.



Indigenous Centre



Welcome to Attend

### **HOSTED DANCE** SPECIAL (18+)

**Tia Lyn Copenace** Jingle Dress Special sponsored by the Duke and Copenace Family

- 1st \$600 with Jacket •
- 2nd \$400 with Jacket 3rd \$200 with Jacket
- 2 consolation prices (\$100)

All Are **Invited** and



Hazel McCallion, who was Mayor of Mississauga and served for 36 years, passed away on January 29, 2023, at the age of 101.

McCallion was the signatory of two friendship treaties with the Mississaugas of the Credit First Nation (MCFN) over her three decades as mayor. In September 1979, she signed the Treaty of Peace, Friendship and Co-operation, followed by the Friendship Treaty, in April 2005.

McCallion had formed relationships with many chiefs, councils and community members and will be remembered as a respected leader who recognized the traditional land on which the City of Mississauga lies.

Elder Carolyn King, C.M., former Chief and a Member of MCFN served as the first female elected as Chief of MCFN from December 1997 to December 1999.

King said McCallion was a loyal friend to the nation and when MCFN was holding its first Pow Wow by the mouth of the Credit River in 1987, they were told they needed a permit to have a fire.

"We said, 'no, we aren't going to do that.' I said, 'go talk to the mayor.' She did it. She got us the permit," King said. "She was right there with us. She was feisty."

When Mississauga built a new municipal library, McCallion told King they could take anything from the old library they could use.

MCFN, Walpole Island, and the Chippewas of the Thames all took advantage of the offer.

"That's how we got the shelves and things for the library, that's where we got our start," she said.

Former Chief Bryan LaForme, who served for 14 years and retired from MCFN council in 2015, said he met McCallion 30-years-ago and she was a dedicated friend to the nation, and regularly brought a bus load of people to the MCFN annual Pow Wow.

"She was always very supportive of us," he said. "She wasn't a person to look at stereotypes. She looked at individuals and groups of people as what they could be and what they could accomplish."

MCFN Councillor Veronica King Jamieson said McCallion was an inspiration to and advocate for MCFN. She and Cathie Jamieson were invited to McCallion's home in 2020, where Cathie fixed McCallion's tie and medallion that she received from the nation's then Gimaa, the late Fred King more than 35 years ago and presented McCallion with another.

"She holds such fondness and memory to this piece and reminds her of the strong connections she made with the Mississaugas of the Credit First Nations during her time as Mayor of Mississauga," Cathie Jamieson posted to Facebook in 2020. "She is a gem to sit with and talk to, and ever so witty and humble with creative ideas. Her dedication to community and people will be the lessons we take forward. She gifted me a book and message of best wishes and to keep up the wonderful work with the Nation."

Miigwech for your allyship and friendship Hurricane Hazel, you will be missed. Baamaapii.





### We want to say chi-miigwech to everyone who came out to the 11th Annual Historical Gathering!

Chi-miigwech to emcee Bryan LaForme, and our speakers for sharing your knowledge:

Margaret Sault Gimaa Stacey Laforme Mark Sault **Donald Smith** Alan Corbiere Veronica King-Jamieson Georgia Laforme John Dunlop Natalie Faught Jordan Jamieson Kim Anderson Valarie King Carolyn King Chad Cowie Darin Wybenga Nutrition Break Alison Norman Heidi Bohaker Matthew Wilkinson

And to David Moses for all his work on the technical side of things, including live-streaming the event for those unable to make it. David has been part of the Gathering since the beginning and we are grateful for all the work you put in each year.

Of course, chi-miigwech Margaret Sault who works so hard on organizing this event and always ensures it is a success.

Go back and WATCH any time! https://www.youtube.com/@timbrewolfcommunicationsin2102/streams

### COUNCILLOR VERONICA KING-JAMIESON, PILLAR 4 EDUCATION AND AWARENESS



### **Community:**

MCFN Board of Education are meeting monthly, welcome our newly board members: Eric Sault, Tena Sault. They will be joining our current board members Jonathan Ferrier, Val King, Carly Szabo, Holly Laforme. Next steps: Strategic planning, orientation, MCFN Lifelong Learning Conference

MCFN LSK expansion construction

Council meetings every Tuesday – Financial Planning, Intergovernmental Relations, Infrastructure/Environment Stewardship, Lifelong Learning / Nation Health Well Being,

- Aboriginal Peoples Court / Bail Justice training, Justice Circles
- Proposal writing for projects under Pillar 4 Education & Awareness
- MCFN Historical Gathering committee 2023.
- > Opening remarks and welcoming to our Territory.

### Nation-to-Nation

Created Mississauga Nation Lifelong Learning working group across the six (6) communities: Alderville, Curve Lake, Mississauga, Mississaugas of Credit, Hiawatha, and Scugog Island

Created Mississauga Nation (Michi Saagiig Anishinaabemowin) language working group. Currently developing language software, teaching guide workbooks and resources free across the Mississauga Nation aiming to launch for January 2024. Watch for more details.

Created a Youth Council and currently have two youth exchange projects available one with Inuit students and one for across the Mississauga Nation. Call for more details.

> Pow wow social gathering taking place at UTM Mississaugas Campus on March 25, 2023. In addition, we are launching the 1st inaugural traditional powwow in the Mississauga City, see flyer posted for more details on how to be involved.

- First Nation with School Collective (FNWSC) Governance / Funding / Jurisdiction / Law Making
- Chiefs of Ontario: Education and Language working groups, UNDRIP, TRC
- Assembly First Nation: Education and Language working groups, UNDRIP, TRC
- Various Lifelong Learning Education & Language conferences

#### **Government-to-Government**

- Kent Elson, LL.B. re: funding model, Human Rights Case: high special education
- Surrounding education institutions and other external organizations:
- UTM Mississauga Campus: Project Indigenous Action Group (MCFN history, culture, etc.)
- UTM Mississauga Campus: Project Video / photographing youth camp training
- UTM Mississauga Campus: Project Archeology Camp: Learn about Learning
- UTM Mississauga Campus: Project Culture Birch Bark
- Dalhousie University: Medicine / plants / biology youth learning series
- Wilfred Laurier: Indigenous Education Council
- Six Nations Polytechnic: Lifelong Learning Program Advisory Committee (PAC)

- Sheridan College: Anishinaabemowin revitalization through community-led on use of Digital Media technologies is a priority objective for our community. Sheridan's project will be an important addition to our work in this area and is in alignment with our Strategic Plan (2017) to foster educational partnerships in cities and communities across our Treaty land and territory. It will support our holistic approach to teaching that reinforces the importance of intergenerational roles and responsibilities; a stronger sense of identity, place, time and patience; our Indigenous culture and language; and our interdependence and sacred trust with the natural environment and other peoples.

### COUNCILLOR VERONICA KING-JAMIESON, PILLAR 4 EDUCATION AND AWARENESS

- Grand Erie District School Board
- McMaster University Indigenous Education Council Community Rep
- Algoma University
- First Nation Education Administrative Association
- Various high schools in the territory providing educational kits about MCFN including creation story & art mural
- Ministry Curriculum co-development

As you can see this is part of the work being done through the Pillar 4 Education and Awareness work plan and so much more work to be done as we develop the "Lifelong Learning Strategic Plan" with members input. Watch for more details on session for engagement and welcome all feedback. Please contact me if you would like to be involved in any of the initiatives always looking for resources and want to say chi miigwech for your time to all the members that participate in projects within the Pillar 4 Education and Awareness.



### COUNCILLOR ASHLEY SAULT - PILLAR 6 INFRASTRUCTURE AND COMMUNITY DEVELOPMENT



Aanii,

It's a brand-new year! I hope everyone enjoyed the holidays with your families! I'd like to give an update on some of the projects I have been working on,

**The Fiber Op Committee –** The Fibre Op has been fully rolled out into the community and is nearly complete in the buildings.

**The Major Events Committee** which takes our treaty/cultural and historical information to various events to put our information out there. MEC's been busy planning for the busy season ahead – we will be attending some exciting events this year such as Little NHL, UofT Pow Wow, and the CNE.

**The RBC Lender Loan** is up and running – this program can be utilized for New Builds, Renovations, Additions, etc. Please don't hesitate to contact the Housing Department or myself for further information.

**The Rapid Housing Initiative** which is set to bring 15 new townhouses to the Nation is well on its way – this MCBC project is pushing forward, as I'm sure you have seen – updates on this project to the community will come directly from MCBC.

The Splashpad is slated to be complete in time for Summer 2023!

**The Willow Project Committee** is working hard on the planning for the Green Willow grounds. We have been meeting with various proponents throughout this process, the grounds are dedicated a cultural ground that will be the future site of the Pow Wow.

**The Council House Renovation Committee** has been established and has worked at an incredible pace to begin the work on the council house after receiving funding from the Tourism Relief Fund – this project will see the Council house brought back to its original state. It will look and feel how it used to but function how it should with modern technology. (Committee consists of: Councillor Ashley Sault, Councillor Erma Ferrell, Culture Coordinator - Caitlyn Laforme, Director of Public Works - Arland Laforme, Knowledge Keeper - Carolyn King, Infrastructure Maintenance Worker - Craig King, and Consultant - Susan Robertson)

The New Years Party went fantastic! It was so amazing to see everyone out and having fun, the kids lip syncing was on point! Thank you to everyone who came out to celebrate and made it an amazing event!

It's going to be a busy year, and I'm more than excited to be a part of these amazing teams that are doing great work to push each and every one of these initiatives forward!

As always, should you need anything -My Contact Information is: Email: AshleyS@mncfn.ca Phone/Text: 905-869-5763

Miigwetch, Your Friendly Neighborhood Councillor, Ashley Sault.

# March @ Social & Health Services

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Community Health Home & Community Care Ontario Works	Community Support Family Support	1 ASP 3:15 to 4:45 Reflexology Cheque Distribution OW	2 ASP 3:15 to 4:45 YG Grade 6-8 6-8pm Men's Shop	3 ASP 3:15-4:45 YG grade 3-5 5:30- 7:30 HS 8-11pm	4
5	6 ASP 3:15-4:45 Foot Care with Fran all week Yoga at CC 6-7pm	7 ASP 3:15-4:45 Water Collection Infant Massage	8 ASP 3:15-4:45 Women's Shop Internations Woman's Day	<b>9</b> ASP 3:15-4:45 YG Grade 6-8 6-8pm Yoga 6-6:45 @CC	10 ASP 3:15-4:45 YG Grade 3-5 5:30- 7:30 HS 8-11pm	11
12	13 ASP 3:15-4:45 Yoga at CC 6-7pm March Break Camp	14 ASP 3:15-4:45 March Break Camp Senior Craft Day Water Collection Infant Massage	15 ASP 3:15 March Break Camp	16 ASP 3:15-4:45 YG Grade 6-8 6-8pm OW Income Statements due March Break Camp	17 ASP 3:15-4:45 YG Grade 3-5 5:30- 7:30 HS 8-11pm OW Income Statements due March Break Camp	18
19	20 ASP 3:15-4:45 OW Income Statements due Yoga At CC 6-7pm	21 ASP 3:15-4:45 OW Income Statements due Infant Massage Water Collection Reflexology	22 ASP 3:15-4:45 OW Income Statements due Reflexology Cancer Care Coach @ Plaza 9-3	23 ASP 3:15-4:45 YG Grade 6-8 6-8pm OW Income Statements due	24 ASP 3:15-4:45 YG Grade 3-5 5:30- 7:30 HS 8-11pm OW Income Statements due TB Information Hoodie Give Away	25
26	27 ASP 3:15-4:45 Yoga at CC 6-7pm	28 ASP 3:15-4:45 Water Collection Infant Massage Reflexology Senior Social	29 ASP 3:15-4:45 Health & Wellness Fair @ CC 1:30-6:30 Reflexology	<b>30</b> ASP 3:15-4:45 YG Grade 6-8 6-8pm	31 ASP 3:15-4:45 YG Grade 3-5 5:30- 7:30 HS 8-11pm Cheque Distribution OW Shelter Hep C Outreach Clinic 1-3 @ Health	Immunizations are available @ Community Health Mon – Fri 9:30am – 4:00pm call ahead to ensure RN is on site.



### **MEDIA RELEASE**

### For Immediate Release

February 7, 2023

### BCHS partnering with Rocket Doctor to enhance access to care

**Brantford, ON** – Brant Community Healthcare System (BCHS) has partnered with Rocket Doctor to trial a new service giving patients an alternative option to the Emergency Department (ED), while still providing access to appropriate health services. People visiting BCHS's ED or consulting the hospital's website will be made aware of other alternatives, such as using Rocket Doctor's virtual same-day appointment services to potentially prevent the need for an ED visit.

"By connecting potential ED patients with Rocket Doctor, we create an opportunity for them to receive the appropriate care they need without coming to the ED", said Dr. Somaiah Ahmed, Chief & Medical Director of Emergency Medicine at BCHS. "This platform offers an option to redirect less acute patients to a virtual or other community service, ensuring they receive the right care in the right place at the right time, which is impactful in reducing ED wait times and supporting efficient patient flow."

Rocket Doctor provides same day virtual appointments with access to 250 emergency/family medicine physicians and specialists across Ontario in patients' area(s) of need. The service is covered by OHIP so there is no cost to patients and all information is completed in advance of the appointment so it doesn't impact time with a physician.

"We are thrilled to be able to collaborate with BCHS to offer this service to the community," says Dr. William Cherniak, founder and CEO, Rocket Doctor. "Creating hospital partnerships supports our vision of working hand in hand with the public system to enhance equitable access to care. We look forward to seeing how our service can provide some relief to staggering ED volumes in a time where health human resources are very challenging."

To access the BCHS page on Rocket Doctor, use the following link: <u>https://rocketdoctor.ca/brant-community-healthcare-system/</u>

BCHS is encouraging people to carefully consider if their condition requires an ED visit or if their needs can be met through an alternative like Rocket Doctor. The ED is the right place to receive care if you are having an emergency, some of which include:

- A change in mental status (i.e. confusion)
- Mental health crisis
- Seizures or convulsions
- Broken bone or wound
- Chest pain or tightness
- Baby under 3 months with fever
- Severe vomiting or diarrhea
- Stiff neck and sensitivity to light

Brantford General Hospital 200 Terrace Hill Street Brantford, ON N3R 1G9 519-751-5544 The Willett 238 Grand River St N Paris, ON N3L 2M7 519-442-2251

www.bchsys.org



- Severe headache and dizziness
- Difficulty breathing

-30-

# **RECOVERY IS A PROCESS.**

PLEASE JOIN US FOR A CHRISTIAN-BASED 12-STEP RECOVERY BREAKFAST MEETING



FOR MORE INFORMATION Contact dorothy-lee 778-997-1923 or Claire 519-209-1518

DONATIONS WILL BE ACCEPTED TO COVER THE COST OF BOOKS.





TO REGISTER EMAIL LESLIE AT LESLIE.MARACLE@MNCFN.CA OR CALL 905-768-1181 EXT. 224. TICKET PICK-UP UP AT SOCIAL AND HEALTH ON MARCH 9 FROM 9 A.M. TO 6 P.M., MARCH 10 FROM 4 P.M. TO 8 P.M., MARCH 13 FROM 8 A.M. TO 3 P.M.



# Community CESKATE

Helmets are mandatory for all skaters and you must bring one with you.

Open to all!

MARCH 14, 2023 FROM 2PM - 3PM
GAYLORD POWLESS ARENA

**CONTACT LESLIE:** 905-768-1181



MARCH 14 TH FROM 6:00 - 9:00 PM @ MCFN COMMUNITY CENTRE

CONTACT: LESLIE.MARACLE@MNCFN.CA OR CALL 905-768-1181 TO REGISTER.

**REGISTRATION CLOSES MARCH 10TH.** 

# Visit the Mobile Cancer Screening Coach



**Pap Tests** Ages 25-69, every 3 years



Mammograms Ages 50-74,



At-Home test for colon screening Ages 50-74, every 2 years



Help to quit smoking Ages 18+

MARCH 2023							
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
			1 Good Shepherd Venture Centre (155 Cannon St. E)	2 Bridges Community Health Centre – Fort Erie (1485 Garrison Rd) 9:00-3:00	3 Centre on Barton (1275 Barton St. E)	4	
5	6 Indwell – Parkdale Landing (205 Melvin Ave) 8:00-4:00	7 Value Village Battlefield Plaza (840 Queenston Rd) 8:00-4:00	*8:00-12:00* 8 Community Health Centre – Port Colborne (380 Elm St.) 9:00-3:00	9 Niagara Falls Community Health Centre (4790 Victoria Ave) 9:00-3:00	8:00-4:00 10 Hamilton Community Food Centre (310 Limeridge Road W) 8:00-4:00	11	
12	13 Compass Community Health (438 Hughson St. N) 8:00-4:00	14 Six Nations– Iroquois Plaza (1721 Chiefswood Rd) 9:00-3:00	15 Community Wellness Day – Fort Erie FENFC (796 Buffalo Rd, Fort Erie) 9:00-3:00	16 Community Wellness Day- St. Catharines St. Alfred Church (272 Vine St.) 10:00-4:00	17 Good Shepherd Venture Centre (155 Cannon St. E) 8:00-4:00	18	
19	20 AbleLiving (2080 Trinity Church Rd) Binbrook	21 Hamilton Regional Indian Centre (34 Ottawa St. N) 8:00-4:00	22 Mississauga's of the Credit First Nation- Variety Plaza (78 First Line) 9:00-3:00	23 Bridges Community Health Centre – Port Colborne (380 Elm St.) 9:00-3:00	24 Les Chater Family YMCA (356 Rymal Rd E) 8:00-4:00	25	
	8:00-4:00 27 Quest Community Health Centre (145 Queenston St.) 9:00-3:00	28 Bridges Community Health Centre – Fort Erie (1485 Garrison Rd) 9:00-3:00	29 Idlewyld Manor (449 Sanatorium Rd) Hamilton 8:00-4:00	30 St. Charles Adult & Continuing Education (150 E 5th St Hamilton) 8:00-4:00	31 Six Nations- Iroquois Plaza (1721 Chiefswood Rd) 9:00-3:00		

Legend: Teal: Hamilton location; Pink: Niagara location; Green: Territory location, Purple: Event; Yellow: Workplace



www.hnhbscreenforlife.ca/schedule



# EMBRACE YOUR SPIRIT

### A six (6) week Co-Ed evening Support Group

Embrace Your Spirit support group will provide a doorway to empower your genuine essence and re-connect you with your emotions; to help You create a balanced life using gentle guidance, educational and cultural teachings. NHTC will prepare you with the tools to identify, understand, express and *Embrace Your Spirit* in our respectful, compassionate, non-judgmental and client-centered environment.



Gifts to Help Embrace Your Spirit:

Communication Relationships Parenting Cultural Teachings Emotional Expression Celebrating You

Scheduled 6 week sessions: February 7th – March 14<sup>th</sup>, 2023

Tuesdays Evenings 6:30-8:30 pm

FOR MORE INFORMATION CONTACT: Sherlene Bomberry

### NATIVE HORIZONS TREATMENT CENTRE

House

130 New Credit Road Hagersville, ON NoA 1H0

outreach@nhtc.ca

905 768 5144



Win Door Prizes

# Free community Health& Vellness Fair March 29, 2023



Everyone is welcome

Location: MCFN Community Center: 659 New Credit Rd. Hagersville, ON

Meal: 4:30pm-5:30pm First come First served! Health information and much more on: Cancer Diabetes Mental health Smoking Cessation Infant & child health Dental health Local support services Confidential support for: HIV & HEP C



For more information, or to reserve for vendor booth: Laura-Lee Kelly (905)768-1181 ext. 241 lauralee.kelly@mncfn.ca

# OUTREACH SERVICES



**Hep C Education** 

Hep C Point of Care screening

Hep C Dry Blood Spot testing (RNA testing)

**HIV Point of Care screening** 

Blood reqs provided for Hep C, Hep B, & HIV at LifeLabs in Hagersville

**Naloxone training** 

Harm reduction supplies

Every last Friday of the month: MARCH 31, 2023 1:00pm-3:00pm

# Location:

Social & Health Services Community Health 659 New Credit Road, Building #2, Hagersville

Contact Shelter Hep C Team @ 905-730-2930

# LANDS, MEMBERSHIP, RESEARCH

### MISSISSAUGAS OF THE CREDIT FIRST NATION

### COMMUNITY WELLNESS EXPENSE CLAIM FORM-ADULT 2022-2023 - 2<sup>nd</sup> DISTRIBUTION

Mailing Address: LMR/Community Wellness 2789 Mississauga Rd., R.R. #6 Hagersville, ON NOA 1H0

FULL NAME (as it appears on your Status Card):	REGISTRY NUMBER (10 DIGIT):			
FULL MAILING ADDRESS (including Postal/Zip Code):	BIRTHDATE (YYYY-MM-DD):			
EMAIL ADDRESS (required if getting Direct Deposit):	TELEPHONE NUMBER (including area code):			
PLEASE INDICATE THE FOLLOWING OPTIONS: Cheque Mail Out Direct Deposit (Canada only)* *Include a void cheque or direct deposit form* On File New Account	All applications must include front and back photocopies of 2 pieces of ID, 1 being photo ID. Please ensure that all information on each ID is clearly visible.			

use). Under no circumstances will MCFN share your personal information with outside agencies.

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	Total Receipts:				
X					
Signature	Date	Amount:	\$	1,500.00	

uments provided	for identity:		Departm	ent's Initials
Status Card	Confirmation of Status	D.LH.C	B.COther ID (	
Amount Claimed:	Remaining Balance;		Account Number:	64300
			Dept. Number:	100030
			Cheque Number:	1000
			Cheque Date:	

Date Received

### MISSISSAUGAS OF THE CREDIT FIRST NATION

### COMMUNITY WELLNESS EXPENSE CLAIM FORM-CHILDREN (Newborn-17 Years) 2022-2023 2<sup>nd</sup> DISTRIBUTION

Mailing Address: LMR/Community Wellness 2789 Mississauga Rd., R.R. #6 Hagersville, ON NOA 1H0 Email: cw@mncfn.ca

Ellight	Certificiti.ca		
CHILD'S FULL NAME (as it appears on Status Card):	CHILD'S REGISTRY NUMBER (10 Digit):		
NAME OF LEGAL PARENT/GUARDIAN: (proof of legal custody)	LEGAL PARENT/GUARDIAN'S REGISTRY NUMBER:		
COMPLETE MAILING ADDRESS:	CHILD'S BIRTHDATE (YYYY-MM-DD):		
PARENT/GUARDIAN EMAIL ADDRESS (Required for Direct Deposit):	TELEPHONE NUMBER (including area code):		
PLEASE INDICATE THE FOLLOWING: Cheque Mail Out Direct Deposit (Canada Only)* *Include a void cheque or direct deposit form* On FileNew Account	All applications must include front and back photocopies of 1 piece of minor ID and 1 piece of parent/guardian photo ID.		

x		Total Receipts:			
Parent/Guardian Signature	Date	Amount:	\$	1,500.00	

Department Signature:



# MCFN Partnership with OneFeather

(https://www.onefeather.ca/)

OneFeather is an online elections and voting system. This system will be used for elections, once the MCFN election law is in place (e.g. chief and council), referendums (e.g. new bylaws), ratifications (e.g. land claim settlements) and other voting events.

It will also be used as our mass-email system for community engagement notices.

Voting with OneFeather takes three steps:

Step 1: Activate your OneFeather account

Step 2: Confirm your Identity

Step 3: Vote in elections or laws/bylaws eligible for online voting

You will need:

- Your 10 digit registry number, which starts with 120.....
- Your birthdate
- Your own email address, in order to activate your OneFeather account.

If you have previously consented to receiving emails from MCFN, your email address has already been added to the OneFeather system. If you have **NOT** received an email or would like to add/update your email address, please contact Delainie King at 905-768-0100 or by email at Delainie.King@mncfn.ca

Please ensure that MCFN Lands, Membership & Research has your current mailing address.

LANDS, MEMBERSHIP AND RESEARCH DEPARTMENT LOCATION: Unit #1 - 6 First Line Road, Hagersville, Ontario MAILING: Mississaugas of the Credit First Nation 2789 Mississauga Road RR 6, Hagersville, Ontario NOA 1H0



Phone: (905) 768-0100 Fax: (905) 768-7311

# **PAID SUMMER**: **INTERNSHIPS AVAILABLE**:





STEELTOWN HOCKEY

32

12

27

STEELTOWN HOCKEY

32

27

5

# CONGRATULATIONS GRADUATES

CALEB BRANT - ALYSSE BROWN - CATHERINE COCHRANE EMMALINE HENRY - DARREN HILL - DAYLEN HILL CLAYTON JACOBS - RYAN JOHNSON - GRACIOUS KING KEIRA KING - MITCHELL KING - BELLA LAFORME BODEN LAFORME - TREYANNA LAFORME - TRINITY LAFORME-HILL KYA MACDONALD - CHASE MARACLE - ISAIAH MARACLE-SAULT LILLIAN MARTIN - SKYLER MARTIN-KING - LILLIAN HANNAH REGO DAVENIGH SAULT - ELIJAH SAULT - CHIICHAAK-ININI SECORD KARONHIAKATHO'S WHITLOW

ASHTON CLARKE-FEARMAN - LUDOVIC FOREST- BRODRICK GAIRNS ELIZABETH HARRIS - DOMINICK HERKIMER-AVERY - NATHAN JOHNSON IAN KELLY- KYLEE KING - KEYONNA-LEE KUNGL - ALAINA LAFORME ALYSSA LAFORME - JACOB LAFORME - TREYDEN LAFORME-HESS MICHELLE MACISAAC - GRACE ROSE - MELANIE WALSH - HANNAH WILSON

MATTHEW HERKIMER - KRYSTAL LAFORME - RACHEL SEELEY LASHER ALICIA STARR COADY - CORA JEANNE COADY - ERICA FLAGLER AUDREY MACISAAC - STEVEY MOFFA - JOHN SCHUMACHER

> DEPARTMENT OF LIFELONG LEARNING 905-768-7138 EXT 212 2789 MISSISSAUGA ROAD, BLDG. #3

## IFELONG LEARNING

### MARCH STUDENT SPOTLIGHT

My name is Brittany Skov and I am in my fourth year of my B.Sc. (Honours) degree in psychology, with a minor in Indigenous studies, at the University of Victoria. I am a proud Mississauga-Nishinaabekwe and a member of the MCFN, although I was not raised on-reserve. I am Mississauga (King family), Danish, German, and Irish on my dad's side and Dutch on my mom's side.

My time at the University of Victoria has been incredibly transformative. As I returned to school at 27, I wasn't sure how it would go, but I am very glad that I took the risk and pursued my dream of studying psychology. During my time at the University, I have been privileged to work on several Indigenous community-based health research projects within public health and psychology. For example, my current honors thesis (supervised by Dr. Frederick Grouzet, in partnership with Communities, Alliances, and Networks (CAAN), and funded by the Jamie Cassells Undergraduate Student Research Award) investigates how helping relationships (i.e., being a mentor or leader within your community) facilitates well-being for First Nations, Metis, and Inuit peoples living with HIV/AIDS in Canada. I am using Indigenous (i.e. mino bimaadziwin, the medicine wheel, and wholism), and non-Indigenous theories to investigate this relationship. Moreover, the project draws on an Indigenous research paradigm (i.e., Anishinaabe worldviews), coupled with community-engaged research principles, the CAAN principles for HIV research with Indigenous peoples, and decolonizing methodologies. I am fortunate to have this research guided and co-led by a team of a Nishnaabe Two-Spirit and Nishinaabekwe and a Metis Elder who are leaders within their communities and live with HIV/AIDS, alongside other Indigenous and non-Indigenous scholars.

I have also helped to decolonize the psychology curriculum at the University of Victoria. Under the supervision of Dr. James Tanaka, I helped to research and teach lectures on Indigenous community-based research in a secondyear Introduction to Psychology Research Methods course that was traditionally centered on Western approaches. Moreover, I helped to design an in-class activity that encouraged students to explore their self-location and how this location might implicate their research.

For advice, I would recommend getting involved as much as you can outside of your classes. While I certainly learned a lot within my courses, this learning was complimented and extended through my extracurricular work and engagements. For instance, this summer I was a research apprentice at McMaster University through the McMaster Indigenous Research Institute (i.e., https://miri.mcmaster.ca/iusrs/), where I worked with 2-Spirited People of the 1st Nations on an HIV-prevention Ontario-wide project. I highly recommend other MCFN students check out this program as it is a great opportunity . It is also so enriching to develop academic relationships with your professors and teaching assistants – share what you are interested in, and where you want to go with your education. They might help you get there, or provide guidance on what steps you should be taking. As a first-generation student, I feel fortunate to have received the mentorship that I did from various Indigenous and non-Indigenous academics and professors. I don't think I would have survived my graduate school application cycle without their support and guidance. Also, it is never too late to go back to school to pursue your dreams. Take the leap and practice zoongide'ewin (courage)!

As for my next steps, I am currently applying for several graduate programs in clinical psychology, including McMaster University. I hope to continue my research that supports Indigenous peoples in Canada living with chronic illnesses towards living a good life (i.e., mino bimaadziwin), and research that promotes Indigenous sovereignty and self-determination. Further, I am interested in identifying, developing, implementing, and evaluating culturally-grounded interventions to prevent the incidence and/or progression of chronic illnesses (i.e., HIV, major and minor neurocognitive disorders) among Indigenous populations.

Chii-miigwech for sharing my story and for the continued support of the community.

Brittany

# LIFELONG LEARNING

### March Break is March 13-17

Miinookmi (Spring) arrives this month March (Ziibaakdaki Dibik Giizis - Sugar Moon) - Truth (Debwewin)

### Maxwell King High School Incentive Program

Secondary students are reminded to bring in or email their report cards to receive their incentive for the credits they earned in semester one.

Applications are available online at https://mncfn.ca/departments/lifelonglearning/ You can also email llclerk@mncfn.ca to request the form as well.

To find the application online, go to our website at www.mncfn.ca

- click Departments
- click Lifelong Learning
- click Maxwell King High School Incentive Program Application.

This incentive program is for secondary students who reside both on and off the territory.

If you choose to email in your report card please send your completed package to llclerk@mncfn.ca

### Graduation Information

If you graduated in 2022 and you have not yet applied for the Graduation Award, applications are available online at https://mncfn.ca/departments/lifelonglearning/

same as above but you will click - 2022 Graduation Application

We are all very proud of you and all your hard work!

### Post-Secondary tidbits...

It is coming down to the time to submit your applications for for Post-Secondary. If you want to apply to Ontario Colleges Application System (https://www.ontariocolleges.ca/en/apply) or the Ontario Universities' Application Centre (https://www.ouac.on.ca/) through the lifelong Learning Department, you will need to make an appointment with our office to assist you. If you do so on your own, please save your receipt to submit to our office for the application fee reimbursement.

Both of these sites contain more information that can help you decide your educational path. Do not hesitate to look up employment related statistics to help you make a choice. You may want to check out job postings in the areas you are looking at, do they describe the kind of job you want to do? Then look into the education or training that these jobs require. Remember, Post-Secondary can include Technical Skills and Trade Schools as well.

You will want to consider; is the school you have chosen a good fit for you? Most colleges and universities are hosting Open House events around this time. We encourage you to go and attend some if you possibly can. This will help you to get a feel for the place, perhaps talk to someone who might end up teaching you.

Consider what they have to offer that will help you on your learning journey. Which offerings at which school will suit you the best?

Are you ready for the program? You might want to look into a preparatory course to make sure you have the educational background to support your success. This is a big decision for you, feel free to gather information to help you feel good about the decisions you will be making.

You will need to complete an online application to apply for Post-Secondary funding which can be found at https://mcfn.dadavan.com/student/pseapplication.jsp In addition to the application you will need to upload documents such as status card, an Application Declaration form, a Financial Recovery Contract, and the Release of Information Agreement.

It is very important that you also download and read the Post- secondary Assistance Policy https://mncfn.ca/ wp-content/uploads/2022/11/PSSAP-Handbook-amended-Oct-25-2022-approved-by-I-CD-Councilpdf-002.pdf

Please feel free to contact the department if you have any questions. Enjoy your break!





The Mississaugas of the Credit and Niagara SPCA and Humane Society (NSPCA) have entered into an agreement to provide animal control services to the First Nation.

## Services include:

An animal shelter facility for animals picked up by the animal control officer.

Animals will be held in accordance with Provinical laws.





An open call centre that responds to all calls and emergencies 9-5 Mon to Fri. After 5pm, and on weekends it is for emergencies only.

NSPCA shall charge residents an impound fee upon redeeming their animal (\$40 first impound, \$60 second \$90 third)

CALL NUMBER: 1 888 222 0568 Option 3

## **BUSINESS SECTION**

MARKETPLACE AND CAFE

. . . . . . . . .

Offering lunch time delivery

to local area. Everything

homemade....burgers, corn

soup, chili, sconedogs,

salads, fruit, veggie and kabossa trays and more. Call to place order....732 New

Credit Rd.

Hours 11am to 3pm for lunch. 4pm to 7pm for dinner

78 1st Line Rd, Unit 106B at the corner of Hwy 6 South and 1st Line 226-388-3736

Wednesday to Saturday 11am to 5pm

Serving up Home-Style cooking and baking Regular items include Corn Soup and Chili and ready to go sandwiches Weekly Special Taco Friday made with Frybread Find us on Facebook Groups



STY DELIGHTS

Char Wiknu

905.869.5178 FRESH FOOD FRIENDLY SERVICE

www.facebook.com/tastvdelightsbycharwilsor

The Business Section is free advertising for MCFN Members who own businesses. Take advantage of this free advertising! CONTACT: Gov.Comm@mncfn.ca

### HERK'S VARIETY

Mississaugas of the Credit First Nation

Please call ahead for LARGE orders! Call or Text 289-456-6910 or 289-260-6910

P.O. Box 1104 9203 Indian Line Road Hagersville, Ontario NOA1HO

TAX FREE ZONE!!!





### CONTACT INFORMATION Mississaugas of the Credit First Nation

2789 Mississauga Road, Hagersville, ON NOA 1H0



https://www.facebook.com/mississaugasofthecreditfirstnation/

www.youtube.com/channel/UCLI\_99I\_p8-aAmCM4SEXkgQ

@mcfirstnationmcfirstnation

Chief R. Stacey Laforme 905-979-9254 Email: Stacey.Laforme@mncfn.ca

Councillor Claire Sault 905-869-5767 Email: ClaireS@mncfn.ca

Councillor Andrea King 905-869-5798 Email: AndreaK@mncfn.ca

Councillor Fawn Sault 905-869-5805 Email: FawnS@mncfn.ca

# DEPARTMENT CONTACTS

Administration, Culture and Special Events: Phone: 905-768-1133

Consultation and Accommodation: Phone: 905-768-4260

EarlyON Child and Family Program: Phone: 289-758-5599

Ekwaamjigenang Children's Centre: Phone: 905-768-5036

Employment and Training: Phone: 905-768-1181 ext. 223

Governance / Communications Phone: 905-768-4983

### Councillor Veronica King-Jamieson 905-869-5753 Email: VeronicaK@mncfn.ca

Councillor Erma Ferrell

905-869-5760 Email: ErmaF@mncfn.ca

Councillor Ashley Sault 905-869-5763 Email: AshleyS@mncfn.ca

### **Councillor Kelly Laforme**

905-869-576l Email: KellyL@mncfn.ca

Housing: Phone: 905-768-1133 ext. 227

Lands, Membership and Research: Phone: 905-768-0100

Lifelong Learning Phone: 905-768-7138

Ontario Works: Phone: 905-768-1181 ext. 225

Public Works: Phone: 905-768-1133

Social and Health Services: Phone: 905-768-1181

Sustainable Economic Development: Phone: 905-768-1133, ext. 244

# **EMERGENCY CONTACTS**

Brandon Hill, Infrastructure Manager: 905 517-7900 Matthew Sault, Infrastructure Assistant: 905 971-2982 Raymond Hill-Johnson, Technical Resource Manager 519-865-3883

Fire Department: 905 318-5932 Police Department (Cayuga): 905 772-3322 Roads Garage: 905 768-1133 ext 243