

# EAGLEPRESS NEWSLETTER

### Meet the 2021-23 Chief and Council!



Photos from the Chief and Council Swearing in Ceremony by Jenifer Boyce Photography

### Vision Statement in

# Ojibwe:

Ezhi niigaan waabjigaayewaad Mississaugas of the Credit endaawaad (the vision of these people). Ezhip mino maadzijig (living a joyful life), ezhi waamji-gaazwaad (their identity, how people have identified them), ezhi debwedmowaad (their beliefs), ezhi mimiingaazwaad (what was given to them by Creation, what they always had, their heritage), niigaabminunkiiwaad Anishinaabek (is how they always lived as Anishinaabek).

Translated by: Nimkew Niinis, N'biising First Nation.

### Eaglepress Newsletter

The Eaglepress newsletter is available for download at www.mncfn.ca. We encourage members to view the online version rather than subscribing to print to help us care for Mother Earth and save print and postage costs.

The Eaglepress will continue to evolve with new features and information. If you have suggestions or submissions for the newsletter, please contact: Gov.Comm@mncfn.ca



Artwork Acknowledgement

LSK Mural: Eaglepress Newsletter acknowledges artists: Philip Cote, Tracey Anthony, Rebecca Baird, for use of their artwork for our identifier, marketing and promotional materials.

The original artwork pictured below is located in the Library at Lloyd S. King Elementary School.





# WHAT'S INSIDE

A Message from the Chief1
Chief and Council3
Culture & History6
Calendar of Events7
COVID-198
Administration12
Lifelong Learning13
MCFN EarlyON14
Lands, Membership, Research15
Social and Health Services
Business Section27
Contact InformationBack Cover

### ESSAGE FROM THE

### CHIEF R. STACEY LAFORME

I want to thank everyone for doing their part to ensure our Nation is as safe as possible during these challenging times.

Many thanks to the COVID-19 Working Group, MCFN staff, and the Haldimand Norfolk Health Unit for helping make our Vaccine Clinics a success. At this point, 60% of our community have received at least their first dose.



Unfortunately, we have seen a rise of COVID-19 cases in our Community. We cannot stress enough how important it is to continue to follow public health guidelines and to do your part to stop the spread of COVID-19 in our community. It is important to note that this still applies to you even if you have received both doses of the Vaccine.

I want to wish all of you a Happy New Year, If you are making a new years resolution make it one of kindness!

Milgwech to everyone for selecting me once again as your Gimaa (Chief) I will do my best and I am excited about working with the new council.

The new Council have started the New Year working hard on exciting projects such as the following: Fiber Optics is being installed now, a tower is also being installed to help with connectivity. A splash pad will be completed by spring 2022. LSK expansion (read more on lifelong learning page.) Our Governance Department and Committee has many items on the go. Including a special constitution committee ready to present a draft to membership. We have the election law ready to go for a vote in the next term. And we have established a process for creating and crafting Laws that is ready for review by membership. Next up is Membership/Citizenship by us for us. Peacekeepers will begin next year, this will start small but make no mistake it has an intense long-term strategy around justice and jurisdiction and also includes job and wealth creation. We will continue to involve Members wherever and whenever possible.

We will also keep working on the organization, we all want this organization to be a happy efficient place to work.

#### **Remembering Julie Laforme**

Julie loved this first nation and she served it right up until the end and she never failed us. Even though we failed her once or twice! Proud of her commitment and honoured by her love.

Journey well my sister (auntie ace) Kiss Gilly for me!

Be Safe, Be Heard Miigwech,

Chief R. Stacey Laforme

# **MESSAGE FROM THE CHIEF**

National IRS Crisis Line: 1-866-925-4419 IRSS Telephone Support Line: 1-800-721-0066 FN Inuit Hope for Wellness Help Line: 1-855-242-3310 Native Youth Crisis Hotline: 1-877-209-1266 Kids Help Phone: 1-800-668-6868, or text 686868

# National Indian Residential School Crisis Line

# 1-866-925-4419





Indigenous Services Canada

Services aux Autochtones Canada





# MCFN CHIEF AND COUNCIL

**Chief R. Stacey Laforme** 

. . . . . . . . . .

Councillor Evan Sault, Pillar 1 Lead: Inclusive Prosperity, Economic Growth and Job Creation

Councillor Andrea King, Pillar 2 Lead: Nation Well-Being and Wellness

Councillor Fawn Sault, Pillar 3 Lead: Environment and Sustainability Stewardship for Land, Air, Water and Natural Resources

# MCFN CHIEF AND COUNCIL



Councillor Veronica King-Jamieson, Pillar 4 Lead: Education and Awareness





Councillor Ashley Sault, Pillar 6 Lead: Infrastructure, Community and Membership Development

Councillor Erma Ferrell, Pillar 5 Lead: Cultural Awareness, Communications and Outreach



Councillor R. Kelly LaForme, Pillar 7 Lead: Inclusive Leadership and Governance

FEB 2022



### Mississaugas of the Credit First Nation – Chief and Council

### Term of Office – December 16<sup>th</sup>, 2021 – December 15<sup>th</sup>, 2023

Council Member	Contact	Pillar Role
Gimaa R. Stacey LaForme	905-979-9254 Stacey.LaForme@mncfn.ca	Ex-officio of all Pillars
Evan Sault	905-869-5767 EvanS@mncfn.ca	Pillar 1 Inclusive Prosperity, Economic Growth & Job Creation
Andrea King	905-869-5798 AndreaK@mncfn.ca	Pillar 2 Nation Well-Being and Wellness
Fawn Sault	905-869-5805 FawnS@mncfn.ca	Pillar 3 Environment & Sustainability Stewardship for Land, Water and Natural Resources
Veronica King-Jamieson	905-869-5753 VeronicaK@mncfn.ca	Pillar 4 Education & Wellness
Erma Ferrell	905-869-5760 ErmaF@mncfn.ca	Pillar 5 Cultural Awareness, Communications & Outreach
Ashley Sault	905-869-5763 AshleyS@mncfn.ca	Pillar 6 Infrastructure, Community and Membership Development
R. Kelly LaForme	905-869-5761 KellyL@mncfn.ca	Pillar 7 Inclusive Leadership & Governance

# LTURE AND HISTORY



#### **Recognition Awards Committee Wants Your Input**

We want to simplify the nominations forms, criteria, and process. All suggestions for change/improvement are welcome. Please send your comments to awards@mncfn.ca

#### The current form:

- "All members of the Mississaugas of the Credit First Nation can be nominated for an award.
- · Awards can also be made posthumously to family members.
- Current elected Council members are not eligible for nomination.

#### **Community Volunteer Award**

This award recognizes an individual who has shown outstanding generosity, resulting in service or support to MCFN through their time, actions, talents and dedication.

#### **Eligibility Criteria**

- Has worked to increase the quality of life of our Community.
- · Provided significant and continuous service to the Community or Nation
- Volunteers in community committees, groups and/or projects and has contributed to their success.
- Shares knowledge in a way that promotes health and healing in the community.
- Respects the Earth's gifts and protects the environment for future generations.
- Demonstrates integrity, generosity of spirit and collaboration
- Is a role model for young people and inspires them to volunteer

I Nominate: Band Member: Yes

for the award of : Community Volunteer

Your Name: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Email:

- List the reasons why you are nominating this person to be recognized, and the impact, they have made within our community or Nation. Provide as much detail as possible.
- It is acceptable to add an attachment if needed.
- Nominees do not have to meet every criteria listed but should meet most."

# February 2022



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast Delivery 12- 3pm	After School Kit Drop Off Meal & Workout Posting	1 High School Youth Group Kit P/U 4-7pm Meal & Workout Posting	2 Grade 6-8 Kit P/U 4-7pm Meal & Workout Posting	3 Children's COVID Vaccine Clinic 9-3pm Meal & Workout Posting	4 Flu Clinic(Not Covid Vaccine) Meal & Workout Posting	5
6	7 Women's Group 12-4pm Walking Together in our Healing 6-8pm Infant Massage Grade 3-5 Kit P/U 4- 7pm	8 Craft Kit Delivery FIT Workshop 12- 4pm Water Collection High School Youth Group Kit P/U 4-7pm	9 FIT Workshop 12- 4pm Grade 6-8 Kit P/U 4-7pm Virtual Smoking Cessation Workshop 630- 730pm	10 FIT Workshop 12-4pm HBHC Gift Card Men's Group 6- 8pm <b>TBD</b>	11 Flu Clinic <b>(Not</b> Covid Vaccine)	12
13	14 Women's Group 12-4pm Walking Together in our Healing 6-8pm Infant Massage Grade 3-5 Kit P/U 4- 7pm	15 Water Collection High School Youth Group Kit P/U 4-7pm	16 Grade 6-8 Kit P/U 4-7pm Virtual Smoking Cessation Workshop 630- 730pm	17 HBHC Gift Card Men's Group 6- 8pm <b>TBD</b>	18 Flu Clinic <b>(Not</b> Covid Vaccine)	19
20	21 Family Day Holiday SnowShoeing/Poker Walk 10-4pm Grade 3-5 Kit P/U 4- 7pm	22 Water Collection High School Youth Group Kit P/U 4-7pm	23 Grade 6-8 Kit P/U 4-7pm Virtual Smoking Cessation Workshop 630- 730pm	24 HBHC Gift Card Men's Group 6- 8pm TBD	25 Flu Clinic <b>(Not Covid Vaccine)</b>	26
27	28 Women's Group 12-4pm Walking Together in our Healing 6-8pm Infant Massage Grade 3-5 Kit P/U 4- 7pm	<b>TBD</b> – To Be Determined <b>P/U</b> – Pick Up	<b>Foot Care TBD</b> After Feb 7, as well as all other In Person Programming.			

# COVID-19

### Statement from the Mississaugas of the Credit First Nation On COVID-19 February 2nd, 2021



At this time, we have 6 active cases in the Community, with 1 in hospital. 121 total cases have been resolved with 2 deaths. We are asking residents to please inform our Community Health Nurse Maggie Copeland if you have tested positive on a rapid test. Maggie can be reached at 905-516-7300 from 8 am – 8pm.

We want to say chi-miigwech to our Community Health professionals and to our COVID-19 Working Group, who have been working very hard through this pandemic to help keep our Community safe.

#### **Current Programming**

Chief and Council are continuing to look at resuming regular in-office programming and are planning on formalizing a date during their next Council meeting, scheduled for February 8th, 2022. Discussions will also take place on the return to in-person programming for all Lifelong Learning programs, including Ekwaamjigenang Children's Centre, EarlyON and Lloyd S. King Elementary School.

As of January 6th, Chief and Council approved a "hard pause" on all MCFN programming and returned to essential services only. During this period, please note the following:

• Lifelong Learning programs, including Ekwaamjigenang Children's Centre, EarlyON and Lloyd S. King Elementary School are remote;

• Necessary Social and Health Services programming, such as the Flu Shot and Immunization Clinics will continue, with enhanced COVID-19 precautions in place;

LMR will be deemed essential for Community Wellness applications and on-reserve status cards;

• Payments to MCFN will continue to be made online or in person at the Administration building (front desk only).

• All offices will be manned by a Receptionist between the hours of 8:30 – 4:30. Please note, the phones will go to voice mail during the lunch period of 12:00-1:00.

#### **Rapid Antigen Test Kit Giveaway**

MCFN has received a number of COVID-19 Rapid Testing kits for a drive-thru giveaway on Feb 12th, from 9 am - until all kits have been handed out. No registration, first come - first serve. Must be in person to pick up kits, and show your MCFN status card. These are limited to one kit per household. Please be patient and expect waiting time.

#### Vaccine Clinic

Unfortunately, due to the impending weather, our Children's Clinic scheduled for February 3rd has been postponed until February 18th. Details will be forthcoming.

If you have any questions about the vaccine please reach out to vaccine@mncfn.ca and a Member of our Community Health team will follow-up. Please ensure you are always receiving information on the Vaccine from a reliable source to avoid the spread of misinformation.

Please note, due to data entry staffing shortages, there may be a delay in getting your booster uploaded. If you have previously provided consent and the information is still not reflected on the Provincial data base, please email the vaccine@mncfn.ca email and provide your name, address, date of birth and date your vaccine was administered. We apologize for any inconvenience, but please know we are working hard to address this.

#### **COVID-19 Precautions and Restrictions**

Effective January 31, 2022 at 12:01 a.m. Chief and Council have approved that the following precautions will be in place for the MCFN:

• Social gathering limits are 10 people indoors and 25 people outdoors (currently 5 indoors and 10 outdoors)

• Capacity limits are 50 per cent in indoor public settings, including but not limited to restaurants and other food or drink establishments, retailers, recreational fitness facilities, including gyms and religious services, rites, or ceremonies.

• Private businesses will no longer be required to collect personal information for the purposes of contact tracing. Please note however, that this practice will continue for in person programming within in the organization.

Council is permitting OPP to answer reports of violations of the above precautions.

#### **COVID-19 Symptoms – When to seek Testing**

Symptoms include any of the following:

- fever or chills
- cough
- shortness of breath
- decreased or loss of taste or smell

OR any two (2) or more of the following:

- runny nose or nasal congestion
- headache
- extreme fatigue
- sore throat
- muscle aches or joint pain
- gastrointestinal symptoms (such as vomiting or diarrhea

#### **Testing and Isolation Periods**

Due to the increased demand with testing, there is a delay for testing and results. We do however, encourage you to selfidentify as a First Nation person, in order to speed up the process. If you test positive on a Rapid Antigen Test, we encourage you to reach out to the above Public Health Units for a PCR test, and to follow up with our Community Health Nurse for information on isolation requirements.

Please contact the following Public Health Offices and follow their instructions:

- Haldimand Norfolk Public Health 519-426-6170, ext. 9999
- Six Nations COVID-19 Assessment Centre 1-855-977-7737 or 226-446-9909
- Brant County Public Health 519-751-5818 or at covid.assessment@bchsys.org

You can also reach out to the West Haldimand General Hospital COVID-19 Assessment Centre at 905-768-3311, extension 1113, to arrange testing.

### **HOW DOES COVID-19 SPREAD?**

Mainly spreads from close contact with an infected person when they breathe, talk, cough or sneeze.



ACTION: Stay 6 feet from others & wear a mask.

People are contagious Re when they are sick car & 2 days before Th they show hou symptoms.



ACTION: Stay home & self-isolate if you are sick.

Respiratory droplets can land on surfaces. The virus can live for hours, but is not easily spread this way.



ACTION: Clean surfaces & hands often.

Smaller respiratory droplets, called aerosols, can linger in the air before falling to the ground.



ACTION: Open windows. Increase airflow & ventilation.

. . . . . . . . . . .

Spreads easily when there are more people indoors, for a long period of time, with poor airflow.



ACTION: Avoid crowds, keep trips short & wear a mask.

ID-19

# COVID-19

Those who are required to self-monitor, and who are fully immunized should:

- Wear a mask and maintain physical distancing when outside of the home to reduce the risk of transmission to others in the event they become a case;
- Self-monitor for symptoms daily and self-isolate immediately if symptoms develop.

If you have not received the vaccine and have come in contact with a positive case, you still must self-isolate for 14 days. Please note, the MCFN Community Health Office is not a Public Health Office, although it does assist with contact tracing and wellness checks for those who reside on MCFN.

The MCFN Chief and Council have approved that effectively immediately, individuals who are positive with COVID-19 and who are fully vaccinated (at least 2 doses) and are not immunocompromised, as well as children under 12 years of age, will be required to self-isolate for at least 5 days after the days their symptoms begin. Individuals may come out of isolation after this period and once they are symptom free for a period of 24 hours. To note, this 5-day isolation period does not apply to those who are unvaccinated or work in the highest risk settings.

If you require emergency assistance relating to Social and Health Programs, you can contact their land line at 905-768-1181. The Receptionist will direct your call accordingly. If you require emergency Administrative support, please contact Kerri L. King, Acting Chief Operating Officer / Executive Director of Operations, at 289-527-0364.

If you require other information or supports, we encourage you to look to our website and social media for relevant contact numbers and resources.

The MCFN Chief and Council are responsible for making decisions that affect the Membership. If you have any concerns, please contact any member of the table.

Vaccines are an important tool to help stop the spread of COVID-19.

COVID-19



# FIRST COME FIRST SERVE DRIVE-THRU RAPID TEST GIVEAWAY

### SATURDAY FEBRUARY 12TH 2022 9:00 AM UNTIL ALL KITS ARE DISTRIBUTED

- Drive thru pick up at the Community Centre follow the traffic signs and remain in your vehicle
- Open to all MCFN members no registration, must come in person to receive.
- One kit per household not per vehicle (two (or more) in a car from different households is acceptable, please be prepared to show proof of different addresses if asked)
- Status Card must be presented in order to receive the kit

PLEASE BE PATIENT AND EXPECT WAIT TIMES!



# **ADMINISTRATION**

#### **Employment Opportunities**

# Visit mncfn.ca/job-board for more information and up-to-date job postings with MCFN and other organizations!

Records Manager Closing Date: February 10 at 12:00 pm

Educational Assistant Closing Date: February 10 at 12:00 pm

Consultation Coordinator Closing Date: Open Until Filled

School Mental Health Worker Closing Date: Open Until Filled

Music Instructor Closing Date: Open Until Filled

Casual Receptionist – Updated October 2021 Closing Date: Open Call

Casual Custodian Closing Date: Open Until Filled

Public Works – Casual Worker Closing Date: Open Call

Casual Supply Teacher Closing Date: Open Call

After School Program Assistant Closing Date: Open Call

Casual Registered Early Childhood Educator – Afterschool Program Closing Date: Open Call

## IFELONG LEARNING



Lloyd S. King Elementary School – Expansion Project

Project Notice January 2022



Colliers Project Leaders

#### **Project Overview**

The primary construction goals of the LSKES School Expansion Project are to add additional classrooms to the existing school, renovate the entrance for increased security, and provide a space for early years children through the addition of a new childcare centre.

The objectives of the project are to:

• Eliminate the overcrowding concern in the existing school;

- Promote a healthy and safe learning environment for students;
- Develop an inviting, culturally relevant environment in which community members are partners in the educational process;
- Provide an enabling and nurturing environment for all students and staff;
- Reduce O&M costs for the community;
- Improved the pick-up and drop-off system creating a safer environment.



Image Source: +VG Architects – Concept Renders

#### Accomplishments to-date

- The full detailed design package, provided by the prime consultant for the project, was completed in October 2021.
- Niacon Construction was successfully awarded as the general contractor through a competitive bidding process through November/December of 2021.
- A construction kick-off meeting was held in mid-January 2022 where scheduling was finalized for the official construction site mobilization as detailed in the schedule below.

#### **Project Notes & Updates**

- The Prime Consultant for this project is +VG Architects and the General Contractor is Niacon Construction.
- This project is being funded by Mississaugas of the Credit First Nation, Indigenous Services Canada, and the Investing in Canada Infrastructure Program (ICIP).
- Niacon has been instructed to phase their construction to minimize the impact to school programming. All
  necessary safety measures will be in place to ensure students and faculty are able to continue
  programming.
- There is no anticipated disruption to school programming and completion is scheduled for Sept 2022.

#### Schedule

Site Mobilization Construction Start Estimated Completion Feb. 2022 (1<sup>st</sup> week) Feb. 2022 (2<sup>nd</sup> week) Sept. 2022 (3<sup>rd</sup> week)

- Childcare Center Addition and Cafeteria

   Estimated completion in late August
- Classroom Addition and Entrance Renovation – Estimated completion in 3<sup>rd</sup> week of September

Community Contact Patti Barber Director of Lifelong Learning Mississaugas of the Credit First Nation 2789 Mississauga Road Hagersville, ON NOA 1HO P 905-768-7138 www.mncfn.ca Project Manager Bruno Schoenauer Senior Project Manager Colliers Project Leaders 5515 North Service Road, Suite 300 Burlington, ON L7L 6G4 C 437-227-2529 www.colliersprojectleaders.com

# MCFN EARLYON

# KEyon **CREATING YOUR ACCOUNT**



www.keyon.ca

Click on Become a Member to begin creating your account.

### How we use info

Your information is only used for planning purposes. Each adult requires their own account.



### **Pre-registeration**

Once you have an account, you can pre-register for both virtual and in person programs at your favourite EarlyON centres.

### **Email Notifications**

Confirm your email address to receive reminders of your pre-registrations or cancellations.

### **Quick Sign in**

INNOVATION

ACTRN



28

#### **PROGRAMMING HAS**

**<u><b>RESUMED!**</u> The EarlyON weekly calendar is posted on the MCFN EarlyON Facebook page.

#### **Pre-Registration through the KeyON** system is **REQUIRED**

Pre-registration using your KEyON account is required to attend MCFN EarlyON programs and services. Only those pre-registered will be permitted to attend.

Planning your in-person visit? Create your account and become a KEyON

Login to your KEyON account and view our individual site calendar for information on the dates and locations our programs will be offered.

If you have questions about KEyON, or contact one of the following MCFN EarlyON staff members:

Katharine Brown, RECE, Coordinator 289-758-5599 or 365-323-4932

Shelby Riddell, RECE, Facilitator shelby.riddelll@mncfn.ca

Bridgette Ouwendyk, RECE, Facilitator bridgette.ouwendyk@mncfn.ca

Jolene Hill SSW, Community Navigator jolene.hill@mncfn.ca

Kelly Henry (Cultural Facilitator) kelly.henry@mncfn.ca

EVON I

副教生に

# LANDS, MEMBERSHIP, RESEARCH

### COMMUNITY WELLNESS 2021-2022 \*\*\*2nd DISTRIBUTION\*\*\*

MCFN Council has approved a 2nd Distribution for the 2021-2022 Community Wellness allocation for \$1,500.00.

# THE FOLLOWING CHANGES IN PROCEDURE WILL ONLY APPLY TO THE 2021-2022 COMMUNITY WELLNESS PROCESS DUE TO THE COVID-19 PANDEMIC.

The 2021-2022 Community Wellness – 2nd Distribution applications will be available starting October 27, 2021. Applications will be available via the mncfn.ca website or call the LMR office and we will mail or email you an application. Contact information on the next page.

#### Application Forms and 2 Pieces of Identification (see below)

• Will be accepted starting November 1, 2021 via mail, email or drop off via our mail slot at the Lands, Membership & Research office at 6 First Line.

• This 2nd distribution is different from the initial Community Wellness payment of \$2000, therefore Members must use the new 2nd Distribution application form for \$1500. Applications will not be accepted if other forms are used.

• Direct deposit (CANADIAN ACCOUNTS ONLY) is the preferred method of payment, your name must appear on your void cheque or direct deposit form NO EXCEPTIONS. If your name is NOT on your void cheque or direct deposit form, a cheque will be mailed to you. Not applicable if there are no changes to your banking information.

• If you have requested a cheque, it will be mailed to you. Please ensure your address is up to date and complete.

- You do not need to submit a quote, receipt or estimate this year only!
- All payments will start after November 15, 2021

#### Acceptable Valid ID (MUST BE PROVIDED A COPY OF THE FRONT & BACK OF ID)

- Birth certificate
- Status card
- Health card
- Driver's license
- Employee / Student ID, with digitized photo
- Firearms license
- Passport or Nexus card

#### **Contact information:**

#### Phone: 1-905-768-0100

Email: cw@mncfn.ca

Mailing Address: Lands, Membership & Research 2789 Mississauga Rd Hagersville, ON N0A 1H0

If you have any questions please call the LMR office Monday to Friday 8:30 am to 4:30 PM.

### MISSISSAUGAS OF THE CREDIT FIRST NATION

#### COMMUNITY WELLNESS EXPENSE CLAIM FORM-ADULT 2021-2022 - 2<sup>nd</sup> DISTRIBUTION

Mailing Address: LMR/Community Wellness 2789 Mississauga Rd., R.R. #6 Hagersville, ON NOA 1H0 Fmail: cw@mncfn.ca

	<u>- million da</u>
FULL NAME (as it appears on your Status Card):	REGISTRY NUMBER (10 DIGIT):
FULL MAILING ADDRESS (including Postal/Zip Code):	BIRTHDATE (YYYY-MM-DD):
<b>EMAIL ADDRESS</b> (required if getting Direct Deposit):	<b>TELEPHONE NUMBER (</b> including area code):
PLEASE INDICATE THE FOLLOWING OPTIONS:	All applications must include front and back photocopies of 2 pieces of ID, 1 being
Direct Deposit <b>(Canada only)*</b> <b>*Include a void cheque or direct deposit form*</b> On File New Account	photo ID. Please ensure that all information on each ID is clearly visible.

I hereby authorize the use of my address/email for various MCFN initiatives (such as. Voter's List, MCFN Community Trust, Eagle Press Newsletter, Governance Community Engagement, Internal Department's use). Under no circumstances will MCFN share your personal information with outside agencies. (BAND MEMBERS PLEASE INITIAL HERE)

		Total Rece	ipts	:	
X					
Signature	Date	Amount:	\$	<mark>1,500.00</mark>	

-----Do not write below this line. For Office Use Only------

Documents provided for identity:

Department's Initials\_\_\_\_\_

\_\_\_\_Status Card \_\_\_Confirmation of Status \_\_\_D.L. \_\_\_H.C. \_\_\_B.C. \_\_\_Other ID (\_\_\_\_\_\_)

Amount Claimed:		Remaining Bala	nce:	

Account Number:	64300
Dept. Number:	100030
Cheque Number:	
Cheque Date:	

Department Signature: \_\_\_\_\_

Date Received \_\_\_\_\_

### MISSISSAUGAS OF THE CREDIT FIRST NATION

#### COMMUNITY WELLNESS EXPENSE CLAIM FORM-CHILDREN (Newborn-17 Years) 2021-2022 2<sup>nd</sup> DISTRIBUTION

Mailing Address: LMR/Community Wellness 2789 Mississauga Rd., R.R. #6 Hagersville, ON NOA 1H0 Email: cw@mncfn.ca

	e finiciti.ca
CHILD'S FULL NAME (as it appears on Status Card):	CHILD'S REGISTRY NUMBER (10 Digit):
NAME OF LEGAL PARENT/GUARDIAN: (proof of legal custody)	LEGAL PARENT/GUARDIAN'S REGISTRY NUMBER:
COMPLETE MAILING ADDRESS:	CHILD'S BIRTHDATE (YYYY-MM-DD):
PARENT/GUARDIAN EMAIL ADDRESS (Required for Direct Deposit):	TELEPHONE NUMBER (including area code):
PLEASE INDICATE THE FOLLOWING:	All applications must include front and
Cheque Mail Out	back photocopies of 1 piece of minor ID
Direct Deposit (Canada Only)* *Include a void cheque or direct deposit form*	and 1 piece of parent/guardian photo ID.
On FileNew Account	

		Total Receipts:		
X				
Parent/Guardian Signature	Date	Amount:	\$	<mark>1,500.00</mark>

-----Do not write below this line. For Office Use Only------

Documents provided for identity of child and parent/guardian: Department's Initials\_\_\_\_

\_\_Status Card \_\_Confirmation of Status \_\_\_Proof of Legal Custody \_\_D.L. \_\_H.C. \_\_B.C. \_\_Other I.D. (\_\_\_)

Amount Claimed:		Remaining Bala	nce:

Account Number:	64300
Dept. Number:	100030
Cheque Number:	
Cheque Date:	

Department Signature: \_\_\_\_\_

Date Received \_\_\_\_\_



# **Community Wellness Due Dates**

Community Wellness runs on the fiscal year April 1<sup>st</sup> - March 31<sup>st</sup> of the following year. With an additional 30-day (Month of April) grace period to apply for the previous Community Wellness distribution.

Example:

Community Wellness will start new again April 1, 2022 and will run until March 31, 2023 (with the 30-day grace period). Meaning you can apply for Community Wellness anytime within that fiscal year.

If you do not apply within that fiscal year, the Community Wellness fiscal year distribution is no longer available to you.

If you have any questions please call Lands, Membership & Research at 905-768-0100 or email cw@mncfn.ca



### Lands, Membership & Research Department

#### **Office Hours**

Monday to Friday 8:30am to 4:30pm Closed daily for lunch from 12noon to 1:00pm

Certificate of Indian Status (CIS) Cards - Only issued Thursdays and Fridays by appointment only. Please call to book an appointment.

#### **Contact information:**

Phone number: 905-768-0100 Fax Number: 905-768-7311

Mailing address: MCFN Lands, Membership & Research 2789 Mississauga Rd. Hagersville, ON N0A 1H0

Physical address: 6 First Line Hagersville, ON N0A1H0

Delainie King A/Director of Lands, Membership & Research <u>Delainie.King@mncfn.ca</u> Teresa VanEvery Community Consultation/Lands & Membership Officer <u>Teresa.VanEvery@mncfn.ca</u> Annette Hottinger Lands, Membership & Research Clerk <u>Annette.Hottinger@mncfn.ca</u>

#### **Community Wellness**

cw@mncfn.ca



### LANDS, MEMBERSHIP & RESEARCH DEPARTMENT

LANDS, MEMBERSHIP AND RESEARCH DEPARTMENT

### **CERTIFICATE OF INDIAN STATUS CARDS (CIS)**

- Status cards are issued by appointment only, every Thursday and Friday.
- We will issue status cards to members of other First Nations for an additional fee and with permission from their First Nation.
- Adults 16 years and older must provide 2 pieces of ID with one being a photo ID.
- Minors 15 years old and younger must have 1 piece of their own ID and 1 piece of parent/guardian photo ID.
- <u>NOTE</u>: Expired ID will not be accepted, with the exception of expired status cards on the condition the expiry date is no more than 6 months. We **DO NOT** accept photocopies of ID.
- <u>Acceptable ID</u>: birth certificate, health card, drivers licence, provincial photo ID card, Employee ID (with digitized photo), Student ID (with digitized photo), status card (cannot be expired for more than 6 months), firearms licence, Passport/Nexus card (counts as two pieces of ID)

### <u>CERTIFICATE OF INDIAN STATUS (CIS) vs SECURE CERTIFICATE OF INDIAN</u> <u>STATUS CARDS (SCIS)</u>

- CIS cards are only issued by the First Nation (Beige with red strip)
- SCIS cards are only issued by Indigenous Services Canada (hard plastic, white card)

Must follow COVID protocols: masking, hand sanitizing and screening questions.

If you have any questions or to book an appointment please call the Lands, Membership & Research Department at 905-768-0100.



# e Reir change Fostering changes lives.

Many children are waiting for that change. The one to bring a smile to their face, or to help support them on their life journey, or simply knowing someone is there for them. **Be their change.** 

Contact Brant Family and Children's Services today to become their change.

1-888-753-8681 | Brantfacs.ca





At Brant Family and Children's Services (also known as Brant FACS, CAS, or the Children's Aid Society), we support families to ensure that children are protected from physical, emotional or sexual abuse, and neglect. Our team of caring workers, foster families and volunteers work toward one primary goal: enhance the safety and well-being and support the healthy growth and development of children.

. . . . . . . . . . . . . . . . . . .

We partner with other agencies in the Brantford/Brant and Mississaugas of the Credit First Nations Community to strengthen support networks and deliver programs that help families in need.

### What is a Foster Family?

When a child needs to be brought to a place of safety, the goal is for the child to return to their family. Foster families provide a temporary home for children while in the care of Brant FACS. If the child is unable to return to their family, foster parents provide support while the agency searches for a permanent home for the children. Depending on the circumstances, children and teens may need foster care for a few days, a few weeks, a few months or longer.

### Each foster child is unique

Children in care range in age from newborn to young adulthood. They come from a variety of racial and ethnic backgrounds. Some are brothers and sisters hoping to be placed in a home together. Some face physical, emotional and/or mental challenges.

Each is going through a troubled period in their family life. All need warmth, acceptance, structure and consistency.

Brant FACS ensures that children and youth are placed in foster homes where their unique needs can be met.

### Foster Parents are:

Caring individuals, couples and families who can give infants, children and youth stability, warmth, understanding, consistency and structure.

- Families who want to reach out to children and youth in need from their community, or from their extended family.
- · Families who can meet the special needs of children and youth.
- Families who will enjoy the challenges and rewards of foster family care.
- Families who are willing to work with FACS and the child's family with the goal of the child returning home or to another permanent home.

### Becoming a Foster Parent

If you are interested in becoming a foster parent or want to know more about fostering, please call 519-753-8681 or toll free 1-888-753-8681 and ask to speak with our Resources staff.





## Please be advised the Children's COVID Vaccine Clinic has been <u>POSTPONED</u> to:

Clinic Date: Friday, February 18th

Time: 9 – 2 pm

Where: MCFN Community Centre



To Register call Social & Health at 905 768 0141 ext 240 or email <u>vaccine@mncfn.ca</u> by Thursday February 17th by 4pm any calls after will be placed on a stand by list.

Health Canada has approved the use of Pfizer-BioNTech also known as Comirnaty COVID Vaccine in Children 5 – 11 years of age.

NACI (National Advisory Committee on Immunization) recommends that children receive the Pfizer-BioNTech COVID-19 vaccine (10 mcg) at least 14 days before or after another vaccine.

2<sup>nd</sup> Dose for children will be scheduled 8 weeks after the 1<sup>st</sup> dose.

Please call Community Health if you have any questions 905 768 0141 ext 240.

#### HAMILTON NIAGARA HALDIMAND BRANT REGIONAL CANCER PROGRAM - www.hnhbscreenforlife.ca

# Cancer Screening During COVID-19: What You Need to Know January 27, 2022

#### What is cancer screening?

Cancer screening tests help find cancer early when you are feeling well and before you start to feel symptoms. Cancer screening is important because cancer is easier to treat when it is found early.

There are 3 free cancer screening programs in Ontario for breast, cervical and colon cancers. You can find out more about what tests are right for you at <a href="https://hnhbscreenforlife.ca/">https://hnhbscreenforlife.ca/</a>.

#### Can I still get screened during the COVID-19 pandemic?

Yes! Although the Government of Ontario recently re-instated Directive #2 that allows hospitals and other providers to delay some non-urgent services <u>if needed</u>, most hospitals, clinics and primary care providers in our area are continuing to provide cancer screening services.

The Hamilton Niagara Haldimand Brant Regional Cancer Program recommends that you attend your scheduled cancer screening appointment or that you book an appointment if it is time for you to get screened.

#### Where can I get screened?

Program	Where
OntarioBreast Screening Program	<ul> <li>At one of 25OBSP sites in our region: <u>https://hnhbscreenforlife.ca/breast-screening/general-population/</u></li> <li>You can book your own appointment. A requisition/ order is not needed from your doctor/ nurse practitioner</li> </ul>
Ontario Cervical Screening Program	<ul> <li>At your family doctor/nurse practitioner's office</li> <li>If you do not have a doctor/nurse practitioner, call Health Care Connect at 1-800-445-1822</li> </ul>
ColonCancerCheck	<ul> <li>A do-at-home 'poop test' can be ordered for you through your family doctor/ nurse practitioner</li> <li>If you do not have a doctor/nurse practitioner, call Telehealth Ontario at 1-866-828-9213</li> </ul>

#### Is it safe for me to attend a screening appointment?

It is normal to be concerned about attending a medical appointment at this time. Clinics and hospitals have measures in place to make sure that your visit is safe.

#### What are my next steps?



**Get screened if you are due.** Early detection is key! Screening is especially important if you are high risk, have never been screened, or have had a screening test in the past that needed follow-up.



Attend your appointment. If you need to cancel or change your appointment, give as much notice as possible so that your time can be given to another person who is waiting. If you don't know if your appointment has been changed due to the pandemic, call the site or provider to ask.



**Check out the hospital or clinic website before your visit so that you know what to expect.** There may be tools, like online COVID-19 screening, that you can do before your appointment to avoid line-ups.



**Practice patience.** It may take longer than usual for your call to be returned due to changes in staffing to respond to the pandemic. Your call is important and will be returned as soon as possible.



Hamilton Niagara Haldimand Brant Regional Cancer Program in partnership with Cancer Care Ontario



# MCFN Mending Broken Hearts

Research Project in partnership with McMaster University (Dr. Bernice Downey), De dwa da dehs nye>s, and Lake St. Martin First Nation

The primary goal of this research is to expand the body of knowledge regarding Indigenous women at risk of or living with cardiovascular disease and stroke (CVD/s). We hope to understand how Indigenous "ways of knowing" about their well-being can assist indigenous women with personal agency around wellness and CVD/s, and assist with their therapeutic relationship within their circles of care.

Chii-Miigwech to MCFN women, community leaders, and traditional health practitioners (THP) for participating with this important research. To date the project has completed:

- story telling circle and analyzed data from the circle,
- Held gatherings of 1) women leaders, 2) Community partners coming together
- Pivoted research due to Covid-19
- Recruited and interviewed Indigenous Women(IW) and traditional health practitioners

Future activities will include:

- transcribing, coding, analysis of input from interviews
- Recruitment of health practitioners (interview, analyze)
- Develop curriculum that integrates input of IW & THP. Deliver training to HCPs
- Deliver workshop for IW and Youth
- 2<sup>nd</sup> set of interviews with women to measure differences in well-being (self-care and relationship with circle of care providers)



The Mississaugas of the Credit First Nation Chief and Council are saddened to learn of the passing of former Councillor Julie A. LaForme.

Julie served the Mississaugas of the Credit First Nation in many capacities, including the Lands, Research and Membership Community Consultation Officer for over 25 years, Chair of the Mississaugas of the New Credit Community Trust for over 15 years, and most recently, she completed a total of 4 years as a MCFN Band Councillor, with her term ending only a few days ago.

Moreover, Julie was a lifelong, dedicated volunteer within the community and was known and loved by many. Julie advocated tirelessly for her First Nation and our people, and demonstrated the Grandfather Teachings in all that she did.



Julie will be greatly missed by everyone in the community. She truly loved this First Nation. The Mississaugas of the Credit First Nation Council wish to extend our sincerest and most heartfelt condolences to Julie's family and friends during this difficult time.

Chi-miigwech Julie, baamaapii.

### **BUSINESS SECTION**



Offering Virtual Tea Leaf Readings and Traditional



EdebwedOgichidaa-Val King, Chartered Herbalist Please call 519-802-7015 for appointment.



. . . . . . . . . . . . . . . . .

The Business Section is free advertising for **MCFN** Members who own businesses. Take advantage of this free advertising! CONTACT: communications@ mncfn.ca





### **CONTACT INFORMATION** Mississaugas of the Credit First Nation

2789 Mississauga Road, Hagersville, ON NOA 1H0



https://www.facebook.com/mississaugasofthecreditfirstnation/ www.youtube.com/channel/UCLI\_99I\_p8-aAmCM4SEXkgQ @mcfirstnationmcfirstnation

Chief R. Stacey Laforme 905-979-9254 Email: Stacey.Laforme@mncfn.ca

Councillor Evan Sault 905-869-5767 Email: EvanS@mncfn.ca

Councillor Andrea King 905-869-5798 Email: AndreaK@mncfn.ca

### **Councillor Fawn Sault**

905-869-5805 Email: FawnS@mncfn.ca

# DEPARTMENT CONTACTS

Administration, Culture and Special Events: Phone: 905-768-1133

Consultation and Accommodation: Phone: 905-768-4260

EarlyON Child and Family Program: Phone: 289-758-5599

Ekwaamjigenang Children's Centre: Phone: 905-768-5036

Employment and Training: Phone: 905-768-1181 ext. 223

Governance / Communications Phone: 905-768-4983

# **EMERGENCY CONTACTS**

Brandon Hill, Infrastructure Manager: 905 517-7900 Matthew Sault, Infrastructure Assistant: 905 971-2982 Raymond Hill-Johnson, Technical Resource Manager 519-865-3883

Councillor Veronica King-Jamieson 905-869-5753 Email: VeronicaK@mncfn.ca

Councillor Erma Ferrell 905-869-5760 Email: ErmaF@mncfn.ca

### **Councillor Ashley Sault**

905-869-5763 Email: AshleyS@mncfn.ca

### **Councillor Kelly Laforme**

905-869-576l Email: KellyL@mncfn.ca

Housing: Phone: 905-768-1133 ext. 227

Lands, Membership and Research: Phone: 905-768-0100

Lifelong Learning Phone: 905-768-7138

Ontario Works: Phone: 905-768-1181 ext. 225

Public Works: Phone: 905-768-1133

Social and Health Services: Phone: 905-768-1181

Sustainable Economic Development: Phone: 905-768-1133, ext. 244

Fire Department: 905 318-5932 Police Department (Cayuga): 905 772-3322 Roads Garage: 905 768-1133 ext 243