

# EAGLEPRESS NEWSLETTER

### City of Toronto unveils 2 street names in Anishinaabemowin



### Vision Statement in

Read more on page 7!

# Ojibwe:

Ezhi niigaan waabjigaayewaad Mississaugas of the Credit endaawaad (the vision of these people). Ezhip mino maadzijig (living a joyful life), ezhi waamji-gaazwaad (their identity, how people have identified them), ezhi debwedmowaad (their beliefs), ezhi mimiingaazwaad (what was given to them by Creation, what they always had, their heritage), niigaabminunkiiwaad Anishinaabek (is how they always lived as Anishinaabek).

Translated by: Nimkew Niinis, N'biising First Nation.

### Eaglepress Newsletter

The Eaglepress newsletter is available for download at www.mncfn.ca. We encourage members to view the online version rather than subscribing to print to help us care for Mother Earth and save print and postage costs.

The Eaglepress will continue to evolve with new features and information. If you have suggestions for the newsletter, please contact the Media and Communications department.



Artwork Acknowledgement

LSK Mural: Eaglepress Newsletter acknowledges artists: Philip Cote, Tracey Anthony, Rebecca Baird, for use of their artwork for our identifier, marketing and promotional materials.

The original artwork pictured below is located in the Library at Lloyd S. King Elementary School.





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### ESSAGE FROM

### CHIEF R. STACEY LAFORME

I want to thank everyone for doing their part to ensure our Nation is as safe as possible during these challenging times.

Many thanks to the COVID-19 Working Group, MCFN staff, and the Haldimand Norfolk Health Unit for helping make our Vaccine Clinics a success. At this point, 60% of our community have received at least their first dose.



Unfortunately, we have seen a rise of COVID-19 cases in our Community. We cannot stress enough how important it is to continue to follow public health guidelines and to do your part to stop the spread of COVID-19 in our community. It is important to note that this still applies to you even if you have received both doses of the Vaccine.

Please continue to look on our website and social media for up-to-date information on COVID-19 this is also mailed out to houses on-reserve.

This has been a challenging time for all of us, the pandemic, the uncovering of our children at residential sites and just the amount of loss and pain we have endured as a First Nation. This will not separate us, we are here for each other today and we will be here for each other tomorrow.

I want to express appreciation to our Membership, on and off reserve, who have supported one another to help curb the spread of the COVID-19 virus. We may have our differences, but in difficult times, sometimes the most difficult, we stand together.

I want to congratulate our newly acclaimed Councillors for the 2021-2023 term. I know each of you are very capable in making decisions that will help the First Nation move forward in the most successful directions.

The 2020-2021 Annual Report is available on the MCFN website for an update from myself, Council, and staff on everything we have been working hard on this year.

Lastly, I want to wish each of you a very safe and happy holidays!

Be Safe, Be Heard Miigwech,

Chief R. Stacey Laforme

# **MESSAGE FROM THE C**

National IRS Crisis Line: 1-866-925-4419 IRSS Telephone Support Line: 1-800-721-0066 **FN Inuit Hope for Wellness Help Line:** 1-855-242-3310 Native Youth Crisis Hotline: 1-877-209-1266 Kids Help Phone: 1-800-668-6868, or text 686868

# **National Indian Residential School Crisis Line**

# 1-866-925-4419





Services aux Autochtones Canada



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### MCFN GENERAL ELECTION

#### POLLING NOTICE

Notice is hereby given to the Electors of the Mississaugas of the Credit First Nation that a poll will be held to elect one (1) Chief on Saturday, December 11<sup>th</sup>, 2021 from 9 a.m. until 8 p.m. at the Mississaugas of the Credit First Nation Community Centre.

Please note: that 7 candidates were the only ones to leave their name on the ballot once the candidate withdrawal period ended and have been therefore acclaimed as Councillors for the Mississaugas of the Credit First Nation.

They are:

FERRELL, (Laforme), Erma (Irma)
KING, K. Andrea
KING-JAMIESON, Veronica
La FORME, R. Kelly
SAULT, Ashley
SAULT, Evan
SAULT, Fawn D.

The vote for one (1) Chief will be counted at the Mississaugas of the Credit First Nation Community Centre immediately after the close of the Poll. The results will be declared immediately following the count. The new Chief and Council of the Mississaugas of the Credit First Nation term of office will take effect on December 16, 2021. All Covid Safety protocols will be in place during the voting and the counting of the ballots.

Addresses have been provided to me and mail out packages will be sent out immediately. Off-reserve Electors may also choose to Vote in-person on the day of the Poll: however, only one vote will be counted. If you are not available to vote in person, arrange for a mail in ballot by contacting me at the below information.

Given under my hand this 4th day of November 2021.

Veronica McLeod Electoral Officer

If you have any questions, please contact me at:

Cell/Text: 705-309-2349 Email: veronica mcleod@hotmail.com

# MCFN GENERAL ELECTION



# Swearing In for new Chief and Council

### MCFN COMMUNITY CETNRE

December 16th, 2021 9am start

COVID-19 protocols will be in place. As per the MCFN Council approved capacity limits, attendance will be restricted to no more than 75 people.

# Holiday Closure

MCFN offices will close on December 16th at 4:30 pm and reopen on January 3rd at 8:30 am

The MCFN Chief and Council, and Organization wishes you a Safe and Happy Holidays!

# **CULTURE AND HISTORY**



City of Toronto names two new streets in Anishinaabemowin

The City of Toronto and Mississaugas of the Credit celebrated the Six Points Interchange Reconfiguration - a new roadway that provides transit accessibility to jobs, housing and services.

3 new street names were officially unveiled: Adobigok Pathway, Biindagen Trail and Jerry Howarth Drive. They represent local community landmarks, Indigenous language & a notable Blue Jays broadcaster.

Adoobiigok, "Place of the Alders" in Anishinaabemowin, is a stop along the Carrying Place Trail which connected Lake Ontario to the Lake Simcoe and Georgian Bay region. The name "Etobicoke" is derived from it. Biindagen means "enter," "come in," or "welcome."



On November 23, Sheridan College reaffirmed its commitment to advancing Indigenous education and truth and reconciliation by permanently installing the Mississaugas of the Credit First Nation flags at its Oakville and Brampton campuses.

Gimaa Laforme was in attendance for the ceremony at the Davis Campus in Brampton, Ont. as the Nation's flag was raised.

# **CULTURE AND HISTORY**







COUNCIL REPORT - COUNCILLOR EVAN SAULT

Aanii Fellow MCFN Members,

I hope everyone is doing as well as they possibly can as the holiday season quickly approaches.

It's been a few months since I've provided an update and report for the newsletter, as this year of 2021 has been quite a busy and hectic time. In April, I took on the responsibilities of Pillar 6: Infrastructure & Community Development. As you will see, I'm involved in a few very important projects here in the community as the Chief & Council Lead. I'm also Chief & Council Lead of many Internal committees/working groups and I also sit on several external boards/committees representing MCFN.

The following is a list of these internal/external committees, working groups and boards:

#### **Internal Committees - Chief & Council Lead:**

**Fibre Optics Committee** Peacekeepers Program Committee (and MCFN/OPP Liaison) Housing Strategy Committee **Major Events Committee** Internal Working Groups - Chief & Council Lead: COVID-19 Working Group Cultural & Historical Grouds Working Group (Former Green Willow Grounds) Community Splashpad Project Working Group **External Boards and Committees:** Ganohkwasra Board Brant Family and Child Services (FACS) Board Haldimand-Norfolk Victim Services Board United Way of Haldimand-Norfolk Board Mississauga Nation Joint Housing Committee Ontario First Nations Technical Corporation (OFNTSC) Technical Advisory Committee (TAC) South Niagara Hospital Indigenous Committee

Canada Summer Games 2022 - Indigenous Partnership Committee Commonwealth Games 2030 Hamilton Bid - Indigenous Committee Niagara Reinforcement Line (NRL) Advisory Committee

Below are some action item accomplishments that I would like to provide an update on: **Peacekeepers Program:** As I reported earlier in the year, I successfully applied for a Grant in order to hire a Peacekeepers Program Coordinator. As a follow up, I'm proud to report that we hired Nadine LaForme back

in August to lead the coordination and development of the program.

**Fibre Optics Committee:** As you are aware, we were busy meeting and reviewing presentations from interested companies looking to secure an agreement to provide the entire MCFN community with Fibre Optics to drastically improve our internet service throughout the community. After doing our due diligence, the Committee was confident in selecting ROGERS as our partner in our Fibre Optics project. The construction and installation of the Fibre will be at no cost to MCFN. Also on another note, ROGERS is constructing and installing a new internet tower by Social & Health Services in order to improve the wifi service in that area of the community. Again, this new tower is at no cost to MCFN. Please keep your eyes open for MCFN/ROGERS updates and notices.

# COUNCIL REPORT- COUNCILLOR EVAN SAULT

**Community Splash Pad Working Group:** After many meetings involving thorough research, discussion and dialogue, the working group submitted a budget and recommendation for this project to Chief & Council in September. I'm happy to report that the Community Splash Pad Project was approved and work began in October. The Splash Pad will be open for operation in 2022.

**Housing Strategy Committee:** I successfully orchestrated the increase of our annual housing allotment for new builds by \$50,000.00. MCFN Members will now receive \$200,000.00 for the construction of their forever home, up from \$150,000.00. On behalf of the committee, I went to Chief & Council in November recommending that the Housing Program allow 6 new house builds per year over the next 3 fiscal years (2021-2022, 2022-2023 and 2023-2024). I'm glad to report that this recommendation was approved, which now means up to 18 new houses can be constructed by MCFN Members and Families before 2025. The Committee is currently in the process of meeting in order to revise the Housing Application and Policy. I will provide an update in the new year. After reviewing presentations from Banks for a Housing Lender Loan Program, the Committee is confident in recommending the Royal Bank of Canada (RBC) for our partner. This recommendation is being taken to Chief & Council for approval on December 7th. I will provide a update in the new year. Chief & Council approved me to approach the MCFN Community Trust on behalf of the Housing Committee to request that the Trust annually fund one new house build per year starting in the 2022/2023 fiscal year. I will provide an update in the new year.

**Vision Screening Clinic:** I coordinated a free Children & Youth Vision Screening with McMaster University here in the Community for this month of December. This service is for our Children and Youth aged 0yrs-16yrs of age who live on or off the First Nation. Please keep you eyes open for registration information.

Here are some of the initiatives that I'm currently working on that I feel are also very important to our Community:

**Sports & Recreation:** I continue to work towards developing and establishing our own Sports & Recreation Unit. To help pave a path, I have been working with the Toronto Blue Jays Care Foundation to bring programs to our Community that will benefit our youth by providing new experiences and options while also possibly leading to other social opportunities in our Traditional Territory.

Jordan's Principle Navigator: I'm still working on obtaining our own MCFN Jordan's Principle Navigator, who will assist our MCFN Members, Families and Departments of the Organization in filling out applications.

**Big Brothers/Big Sisters Program:** I'm working on a partnership that would bring this beneficial program to our Community to serve the families, children and youth who are interested.

**Healthcare Services:** I've been meeting with Doctors and Healthcare Professionals with the intention of bringing their services into the Community at some point in the near future.

As you know I always look forward to our Community Events and Functions. I know the Pandemic has put a damper on Community Events since March 2020, but below are few things that I was able to be part of this year.

I helped with the Orange Shirt Jingle Dress Ceremony honouring the 215 Children found in Kamloops. This ceremony was organized by the ladies of the Culture & Special Events Unit.

I was again the Chief & Council Lead for our Caring Together Week 2021 Event this year. Chief & Council provided a delicious Chicken & Ribs Supper to all Community Members who registered.

I helped the ladies of our Culture & Special Events Unit at the Annual Fall Harvest that they coordinate and organize.

I had the distinct pleasure and honour of being the Masters of Ceremonies again this year for our Annual Remembrance Day Service Ceremony on Sunday November 7th.

In closing, I look forward to working with and along side the new Chief & Council for the 2021-2023 term. It's our responsibility to make decisions with a positive, open and honest mind that will help our First Nation move forward in the most successful directions. Please don't ever hesitate to contact me if ever you have any questions or concerns.

I truly hope that everyone enjoys the Christmas & New Years Holiday to the best of your ability. Be Safe, Be Happy!

# December 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 -Foot Care -Safe Food Handling Course – Shelly, Jesse, Chris, Brianna	2 -Foot Care -Food Bank 10:30-12pm	3 -Flu Shots/Immunization -Foot Care -Before Xmas Dinner Kit P/U 3- 6pm	4 -Yoga Goat 10- 11am
5	6 -Countdown to Xmas kit P/U 3- 6pm -Afterschool kit drop off LSK/Daycare 3pm	7 -Water Collection -Xmas Shopping Craft Day	8 -Eye Screening at CC	9 -Eye Screening at CC -Paint Via Zoom 6-8pm -Food Bank 10:30-12pm	10 -Eye Screening at CC -Flu shots/Immunizations	11
12	13 -Afterschool Kit drop off LSK/Daycare 3Pm	14 -Water Collection CH Meeting 11-1pm Indian Cookie 3- 6pm -Xmas Shopping Xmas Dinner & Gift Giveaway	15 -Xmas Basket- toys P/U with Erin 9-12pm	16 Holidays 4:30 PM	17 CLOSED No Meals on Wheels	18
19	20	21	22	23	24	25 XMAS
26	27	28	29	30	31	

## COVID-19

### Statement from the Mississaugas of the Credit First Nation On COVID-19 December 8th, 2021



At this time, we have 3 active cases of COVID-19 in the community, impacting 3 households. 56 cases have been resolved, with 1 death. We have 9 residents in self isolation (close contacts of a confirmed case) and 1 member is currently hospitalized. All impacted individuals are isolating, contact tracing has been completed and any direct contacts are adhering to the instructions provided by our MCFN Community Health professionals.

#### **Surrounding Numbers**

Six Nations currently has a total of 42 active cases of COVID-19 in their community, with 204 people in isolation. Please be mindful of this and recognize the importance of continuing with the public health quidelines.

#### Vaccine Clinic

Miigwech to MCFN staff, Haldimand Norfolk Health unit, and everyone who came out to our first MCFN Children's Vaccine Clinic!

Our next clinic will be Saturday DECEMBER 18TH at the MCFN Community Centre:

Time: 9 -11am Adult Booster Clinic 12-1 pm Children's Clinic

To register, call Social & Health at 905 768 0141 ext 240 or email vaccine@mncfn.ca by Thursday December 16th, 4pm. Any calls received after this deadline will be placed on a stand by list.

If you have any questions about receiving the vaccine please reach out to vaccine@mncfn.ca and a Member of our Community Health team will follow-up. Please ensure you are always receiving information on the Vaccine from a reliable source to avoid the spread of misinformation. If you have received the Vaccine, you still must follow public health measures, which includes social distancing, masking, handwashing and staying within your own social bubble.

#### **Public Health Measures**

The measures recommended by Public Health are working. Masking, hand washing and/or sanitizing and social distancing, along with vaccination, are all important steps in keeping our families safe. The mandatory daily health screening for all MCFN offices, and both the Ekwaamjigenang Children's Centre and Lloyd S. King Elementary School is helping to keep the risk of exposure low.

It is important that you stay home and get tested if you are not feeling well. If you do not wish to be tested, you should stay home for a period of 10 days if you are vaccinated, and 14 days if you are not.

Please also note, Ekwaamjigenang Children's Centre and Lloyd S. King Elementary School still adhere to their Management of III Students policies and if children are showing signs of illness not related to COVID-19, follow up will continue to take place with parents and students may be required to refrain from attending school.

### COVID-19

#### **Contact Tracing**

When the MCFN Community Health team is notified of a confirmed case of COVID-19 in our community, an extensive contract tracing process is initiated. Our Community Health Nurse and our Pandemic Response Nurse contact the individual or individuals and goes through a series of questions to and depending upon a few factors, on or off the territory, the type of contact (direct or indirect) with the confirmed case, the length of the contact, vaccination status of individuals and whether public health guidelines, including masking, hand washing and social distancing determines level of risk. This process may take several hours depending on accurate contact information and this will take time.

Consultation is made with the Indigenous Services Canada Communicable Disease Team and the Medical Officer of Health and contact is made with impacted individuals. Instructions are provided if an individual has to self-monitor, or if they need to isolate and test. Follow up takes place with the impacted household during any period of

isolation. Please note, that all steps will be taken to ensure an individual's right to privacy during this process and only in rare situations and thorough consultation, would any identifying information be released to the public.

Public safety has always been a top priority for MCFN. If at any time, there is a risk to this, communication will be made wih the Members.

#### **Flu Shots**

Please note, Community Health is also offering Flu Shot clinics at the Social and Health building. Please contact 905-768-1181 to book an appointment. There is no mandatory wait time between when an adult can get the flu shot and the COVID Vaccine. The National Advisory Committee on Immunization (NACI) are recommending a period of 14 days between children's (age 5-11) vaccinations.

#### **Registration with COVaxON**

Community Health has taken steps and will obtain your consent at the time of your vaccine, to register you within COVaxON. If you have previously received your vaccine and have not registered it to COVaxON, but wish to do so, please reach out to the Community Health office and we will assist. The contact number is 905-768-0141. Alternatively, you can email at vaccine@mncfn.ca and a representative will follow up.



#### **Upcoming Election and Swearing In Ceremony**

As part of our COVID-19 precautions, all visitors will be subject to the mandatory 2 staged screening process for the upcoming election on December 11th, as well as the swearing in ceremony, scheduled for December 16th at 9am. To note, if you do not pass the screening, you will not be permitted entry to the Community Centre.

#### **Testing and Self Isolation**

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If you are experiencing symptoms of COVID-19, or have come in contact with someone who tested positive, please get tested. The results can be delivered to you in as quick as 24 hours.

Please contact the following Public Health Offices and follow their instructions:

- Haldimand Norfolk Public Health 519-426-6170, ext. 9999
- Six Nations COVID-19 Assessment Centre 1-855-977-7737 or 226-446-9909
- Brant County Public Health 519-751-5818 or at covid.assessment@bchsys.org

For 10 days after their last exposure, individuals who are fully immunized should:

- wear a mask and maintain physical distancing when outside of the home to reduce the risk of transmission to others in the event they become a case;
- Self-monitor for symptoms daily and self-isolate immediately if symptoms develop.

If you have not received the vaccine you still must self-isolate for 14 days. Please note, the MCFN Community Health Office is not a Public Health Office, although it does assist with contact tracing and wellness checks for those who reside on MCFN.

The MCFN Chief and Council are responsible for making decisions that affect the Membership. If you have any concerns, please contact any member of the table.

Vaccines are an important tool to help stop the spread of COVID-19.

### Six Nations COVID-19 statistics (as of Newsletter release date)



#### Haldimand-Norfolk COVID-19 statistics (as of Newsletter release date)



% of population fully vaccinated, % of population partially vaccinated and % of population unvaccinated by Age Group of Vaccinated Population



100%

^OVID-19

### **ADMINISTRATION**

### **Employment Opportunities**

# Visit mncfn.ca/job-board for more information and up-to-date job postings with MCFN and other organizations!

Field Archaeologist Closing Date: December 16 at 12:00 pm

Pandemic Response Nurse Closing Date: December 16 at 12:00 pm

Environment Bio-Diversity Lead Closing Date: December 16 at 12:00 pm

RECE – Maawdoo Maajaamin Child Care Closing Date: Open Until Filled

Casual Custodian Closing Date: Open Until Filled

Public Works – Casual Worker Closing Date: Open Call

Childcare Casual RECE and EarlyON Facilitator Closing Date: Open Call

Casual Supply Teacher Closing Date: Open Call

After School Program Assistant Closing Date: Open Call

Casual Receptionist Closing Date: Open Call

Casual Registered Early Childhood Educator – Afterschool Program Closing Date: Open Call

## LIFELONG LEARNING

### Boozhoo from the Lifelong Learning Department!

# We are located at 2789 Mississauga Road building #3 (formerly the Rumpus Hall/Library), we are located in the lower level. Our new office number is 905-768-7138

• The Lifelong Learning Department has been busy supporting Lloyd S. King Elementary School staff and students as they have transitioned back to in person learning. We acknowledge and support that this adjustment period may take some time. We all need to be mindful of this and work together to help make the transition as smooth as possible as we work through our new way of keeping everyone safe.

• High school students can submit their report cards/transcripts to Pet King to receive the credit award. The applications are available on the mncfn.ca website http://mncfn.ca/lifelonglearning/ as well you are welcome to call the office to request an emailed form or in person pick up.

• Post-secondary students are reminded to please send in your Fall 2021 grades as soon as they are posted. As well submit your Winter 2022 schedules through the post-secondary portal if you haven't done so yet. Alternatively you can email them to Rose- PSE.Counsellor@mncfn.ca or to Pet- LLClerk@mncfn.ca

• Reminder that the deadline for Spring/Summer courses is Feb. 1st 2022. If you require an application please contact our office or download from the website.

The Lifelong Learning Department covers the following:

- Ekwaamjigenang Children's Centre
- Maawdoo Maajaamin Child Care

• EarlyON Child & Family Programs at Hagersville Secondary School and at the New Credit Variety and Gas Bar Plaza

- Lloyd S. King Elementary School
- Secondary School
- Post Secondary

At this time; we would like to wish all students, staff and families a Merry Christmas and a Happy New Year. See you all in 2022! Patti Sarah, Poso, Pot & Cindy

Patti, Sarah, Rose, Pet & Cindy

### Ekwaamjigenang Children's Centre

The children have been having a great time playing Red Light-Green Light. They also put a spin on the classic game of "The Floor is Lava" by making circles to jump to in order to make it to the Island to avoid falling in the "Lava." The children are learning about offering tobacco when asking the earth for some of its bounty(leaves, pinecones and other items in nature). They are showing great respect to Mother Earth and all of her gifts.

They have also been getting their hands dirty digging in the dirt with their construction vehicles-their favourite is the excavator. They have been excited to see all the different vehicles working on the grounds across the way, even have snapped some pictures to hang in the room. Everything is coming up sensory experiences, the children enjoy kidney beans, sand, playdough and many other sensory items to scoop, pour and drive their construction vehicles through.



### MCFN EARLYON

# **KEYON** CREATING YOUR ACCOUNT



www.keyon.ca

Click on *Become a Member* to begin creating your account.

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### How we use info

Your information is only used for planning purposes. Each adult requires their own account.



### **Pre-registeration**

Once you have an account, you can pre-register for both virtual and in person programs at your favourite EarlyON centres.

### **Email Notifications**

Confirm your email address to receive reminders of your pre-registrations or cancellations.

### **Quick Sign in**

INNOVATION

When you show up in person at the EarlyON centre, simply scan your QR tag and quickly sign in you and your child.

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### IN PERSON PROGRAMMING HAS

**<u>RESUMED!</u>** The EarlyON weekly calendar is posted on the MCFN EarlyON Facebook page.

# Pre-Registration through the KeyON system is REQUIRED

Pre-registration using your KEyON account is required to attend MCFN EarlyON programs and services. Only those pre-registered will be permitted to attend.

Planning your in-person visit? Create your account and become a KEyON member today.

Login to your KEyON account and view our individual site calendar for information on the dates and locations our programs will be offered.

If you have questions about KEyON, or need assistance with registration, contact one of the following MCFN EarlyON staff members:

Katharine Brown, RECE, Coordinator 289-758-5599 or 365-323-4932

Shelby Riddell, RECE, Facilitator shelby.riddelll@mncfn.ca

Bridgette Ouwendyk, RECE, Facilitator bridgette.ouwendyk@mncfn.ca

Jolene Hill SSW, Community Navigator jolene.hill@mncfn.ca

Kelly Henry (Cultural Facilitator) kelly.henry@mncfn.ca

# LANDS, MEMBERSHIP, RESEARCH

### COMMUNITY WELLNESS 2021-2022 \*\*\*2nd DISTRIBUTION\*\*\*

MCFN Council has approved a 2nd Distribution for the 2021-2022 Community Wellness allocation for \$1,500.00.

## THE FOLLOWING CHANGES IN PROCEDURE WILL ONLY APPLY TO THE 2021-2022 COMMUNITY WELLNESS PROCESS DUE TO THE COVID-19 PANDEMIC.

The 2021-2022 Community Wellness – 2nd Distribution applications will be available starting October 27, 2021. Applications will be available via the mncfn.ca website or call the LMR office and we will mail or email you an application. Contact information on the next page.

#### Application Forms and 2 Pieces of Identification (see below)

• Will be accepted starting November 1, 2021 via mail, email or drop off via our mail slot at the Lands, Membership & Research office at 6 First Line.

• This 2nd distribution is different from the initial Community Wellness payment of \$2000, therefore Members must use the new 2nd Distribution application form for \$1500. Applications will not be accepted if other forms are used.

• Direct deposit (CANADIAN ACCOUNTS ONLY) is the preferred method of payment, your name must appear on your void cheque or direct deposit form NO EXCEPTIONS. If your name is NOT on your void cheque or direct deposit form, a cheque will be mailed to you. Not applicable if there are no changes to your banking information.

• If you have requested a cheque, it will be mailed to you. Please ensure your address is up to date and complete.

- You do not need to submit a quote, receipt or estimate this year only!
- All payments will start after November 15, 2021

#### Acceptable Valid ID (MUST BE PROVIDED A COPY OF THE FRONT & BACK OF ID)

- Birth certificate
- Status card
- Health card
- Driver's license
- Employee / Student ID, with digitized photo
- Firearms license
- Passport or Nexus card

#### **Contact information:**

#### Phone: 1-905-768-0100

Email: cw@mncfn.ca

Mailing Address: Lands, Membership & Research 2789 Mississauga Rd Hagersville, ON N0A 1H0

If you have any questions please call the LMR office Monday to Friday 8:30 am to 4:30 PM.

### MISSISSAUGAS OF THE CREDIT FIRST NATION

#### COMMUNITY WELLNESS EXPENSE CLAIM FORM-ADULT 2021-2022 - 2<sup>nd</sup> DISTRIBUTION

Mailing Address: LMR/Community Wellness 2789 Mississauga Rd., R.R. #6 Hagersville, ON NOA 1H0 Fmail: cw@mncfn.ca

	<u>- million da</u>
FULL NAME (as it appears on your Status Card):	REGISTRY NUMBER (10 DIGIT):
FULL MAILING ADDRESS (including Postal/Zip Code):	BIRTHDATE (YYYY-MM-DD):
<b>EMAIL ADDRESS</b> (required if getting Direct Deposit):	<b>TELEPHONE NUMBER</b> (including area code):
PLEASE INDICATE THE FOLLOWING OPTIONS:	All applications must include front and back photocopies of 2 pieces of ID, 1 being
Direct Deposit <b>(Canada only)*</b> <b>*Include a void cheque or direct deposit form*</b> On File New Account	photo ID. Please ensure that all information on each ID is clearly visible.

I hereby authorize the use of my address/email for various MCFN initiatives (such as. Voter's List, MCFN Community Trust, Eagle Press Newsletter, Governance Community Engagement, Internal Department's use). Under no circumstances will MCFN share your personal information with outside agencies. (BAND MEMBERS PLEASE INITIAL HERE)

		Total Receipts:			
X					
Signature	Date	Amount:	\$	<mark>1,500.00</mark>	

-----Do not write below this line. For Office Use Only------

Documents provided for identity:

Department's Initials\_\_\_\_\_

•••••••

\_\_\_\_Status Card \_\_\_Confirmation of Status \_\_\_D.L. \_\_\_H.C. \_\_\_B.C. \_\_\_Other ID (\_\_\_\_\_\_)

Amount Claimed:		Remaining Bala	nce:

	Tech Methods Juliabural
Account Number:	64300
Dept. Number:	100030
Cheque Number:	
Cheque Date:	

Department Signature: \_\_\_\_\_

Date Received \_\_\_\_\_

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### MISSISSAUGAS OF THE CREDIT FIRST NATION

#### COMMUNITY WELLNESS EXPENSE CLAIM FORM-CHILDREN (Newborn-17 Years) 2021-2022 2<sup>nd</sup> DISTRIBUTION

Mailing Address: LMR/Community Wellness 2789 Mississauga Rd., R.R. #6 Hagersville, ON NOA 1H0 Email: cw@mncfn.ca

	enneni.ea
CHILD'S FULL NAME (as it appears on Status Card):	CHILD'S REGISTRY NUMBER (10 Digit):
NAME OF LEGAL PARENT/GUARDIAN: (proof of legal custody)	LEGAL PARENT/GUARDIAN'S REGISTRY NUMBER:
COMPLETE MAILING ADDRESS:	CHILD'S BIRTHDATE (YYYY-MM-DD):
PARENT/GUARDIAN EMAIL ADDRESS (Required for Direct Deposit):	TELEPHONE NUMBER (including area code):
PLEASE INDICATE THE FOLLOWING:	All applications must include front and
Cheque Mail Out	back photocopies of 1 piece of minor ID
Direct Deposit (Canada Only)* *Include a void cheque or direct deposit form*	and 1 piece of parent/guardian photo ID.
On FileNew Account	

	Total Recei	ipts:		
X				
Parent/Guardian Signature	Date	Amount:	\$	<mark>1,500.00</mark>

-----Do not write below this line. For Office Use Only------

Documents provided for identity of child and parent/guardian: Department's Initials\_\_\_\_

\_\_Status Card \_\_Confirmation of Status \_\_\_Proof of Legal Custody \_\_D.L. \_\_H.C. \_\_B.C. \_\_Other I.D. (\_\_\_)

Amount Claimed:		Remaining Balance:	

Account Number:	64300
Dept. Number:	100030
Cheque Number:	
Cheque Date:	

Department Signature: \_\_\_\_\_

Date Received \_\_\_\_\_



# **Community Wellness Due Dates**

Community Wellness runs on the fiscal year April 1<sup>st</sup> - March 31<sup>st</sup> of the following year. With an additional 30-day (Month of April) grace period to apply for the previous Community Wellness distribution.

Example:

Community Wellness will start new again April 1, 2022 and will run until March 31, 2023 (with the 30-day grace period). Meaning you can apply for Community Wellness anytime within that fiscal year.

If you do not apply within that fiscal year, the Community Wellness fiscal year distribution is no longer available to you.

If you have any questions please call Lands, Membership & Research at 905-768-0100 or email cw@mncfn.ca



### Lands, Membership & Research Department

### **Office Hours**

Monday to Friday 8:30am to 4:30pm Closed daily for lunch from 12noon to 1:00pm

Certificate of Indian Status (CIS) Cards - Only issued Thursdays and Fridays by appointment only. Please call to book an appointment.

#### **Contact information:**

Phone number: 905-768-0100 Fax Number: 905-768-7311

Mailing address: MCFN Lands, Membership & Research 2789 Mississauga Rd. Hagersville, ON N0A 1H0

Physical address: 6 First Line Hagersville, ON N0A1H0

Delainie King A/Director of Lands, Membership & Research Delainie.King@mncfn.ca Teresa VanEvery Community Consultation/Lands & Membership Officer Teresa.VanEvery@mncfn.ca Annette Hottinger Lands, Membership & Research Clerk Annette.Hottinger@mncfn.ca

### **Community Wellness**

cw@mncfn.ca



### LANDS, MEMBERSHIP & RESEARCH DEPARTMENT

LANDS, MEMBERSHIP AND RESEARCH DEPARTMENT

### **CERTIFICATE OF INDIAN STATUS CARDS (CIS)**

- Status cards are issued by appointment only, every Thursday and Friday.
- We will issue status cards to members of other First Nations for an additional fee and with permission from their First Nation.
- Adults 16 years and older must provide 2 pieces of ID with one being a photo ID.
- Minors 15 years old and younger must have 1 piece of their own ID and 1 piece of parent/guardian photo ID.
- <u>NOTE</u>: Expired ID will not be accepted, with the exception of expired status cards on the condition the expiry date is no more than 6 months. We **DO NOT** accept photocopies of ID.
- <u>Acceptable ID</u>: birth certificate, health card, drivers licence, provincial photo ID card, Employee ID (with digitized photo), Student ID (with digitized photo), status card (cannot be expired for more than 6 months), firearms licence, Passport/Nexus card (counts as two pieces of ID)

### <u>CERTIFICATE OF INDIAN STATUS (CIS) vs SECURE CERTIFICATE OF INDIAN</u> <u>STATUS CARDS (SCIS)</u>

- CIS cards are only issued by the First Nation (Beige with red strip)
- SCIS cards are only issued by Indigenous Services Canada (hard plastic, white card)

Must follow COVID protocols: masking, hand sanitizing and screening questions.

If you have any questions or to book an appointment please call the Lands, Membership & Research Department at 905-768-0100.



# e Reir change Fostering changes lives.

Many children are waiting for that change. The one to bring a smile to their face, or to help support them on their life journey, or simply knowing someone is there for them. **Be their change.** 

Contact Brant Family and Children's Services today to become their change.

1-888-753-8681 | Brantfacs.ca





At Brant Family and Children's Services (also known as Brant FACS, CAS, or the Children's Aid Society), we support families to ensure that children are protected from physical, emotional or sexual abuse, and neglect. Our team of caring workers, foster families and volunteers work toward one primary goal: enhance the safety and well-being and support the healthy growth and development of children.

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We partner with other agencies in the Brantford/Brant and Mississaugas of the Credit First Nations Community to strengthen support networks and deliver programs that help families in need.

### What is a Foster Family?

When a child needs to be brought to a place of safety, the goal is for the child to return to their family. Foster families provide a temporary home for children while in the care of Brant FACS. If the child is unable to return to their family, foster parents provide support while the agency searches for a permanent home for the children. Depending on the circumstances, children and teens may need foster care for a few days, a few weeks, a few months or longer.

### Each foster child is unique

Children in care range in age from newborn to young adulthood. They come from a variety of racial and ethnic backgrounds. Some are brothers and sisters hoping to be placed in a home together. Some face physical, emotional and/or mental challenges.

Each is going through a troubled period in their family life. All need warmth, acceptance, structure and consistency.

Brant FACS ensures that children and youth are placed in foster homes where their unique needs can be met.

### Foster Parents are:

Caring individuals, couples and families who can give infants, children and youth stability, warmth, understanding, consistency and structure.

- Families who want to reach out to children and youth in need from their community, or from their extended family.
- · Families who can meet the special needs of children and youth.
- Families who will enjoy the challenges and rewards of foster family care.
- Families who are willing to work with FACS and the child's family with the goal of the child returning home or to another permanent home.

### Becoming a Foster Parent

If you are interested in becoming a foster parent or want to know more about fostering, please call 519-753-8681 or toll free 1-888-753-8681 and ask to speak with our Resources staff.

1-888-753-8681 | Brantfacs..ca



# MCFN Booster & Children's COVID Vaccine Clinic

The 3rd Booster for First Nations, Inuit and Metis adults and their non-Indigenous household members is ≥6 months (168 days) after the second dose.

Health Canada has approved the use of Pfizer-BioNTech, also known as Comirnaty COVID Vaccine in Children 5 – 11 years of age.

Clinic Date: Saturday DECEMBER 18<sup>TH</sup>

Time: 9 -11am Adult Booster Clinic 12- 1 pm Children's Clinic



Where: MCFN Community Centre

### To register, call Social & Health at 905 768 0141 ext 240 or email <u>vaccine@mncfn.ca</u> by Thursday December 16<sup>th</sup>, 4pm. Any calls received after this deadline will be placed on a stand by list.

NACI (National Advisory Committee on Immunization) recommends that children receive the Pfizer-BioNTech COVID-19 vaccine (10 mcg) at least 14 days before or after another vaccine.

2<sup>nd</sup> Dose for children will be scheduled 8 weeks after the 1<sup>st</sup> dose.

Please call Community Health if you have any questions, 905 768 0141 ext 240.

MCFN Mental Health Will Be Sponsoring:



#### NEW BEGINNINGS WORKSHOP

JANUARY 18 – 20, 2022 12 PM – 4 PM This workshop will be provided over Zoom

Registration is open to all MCFN Members 18 and up. Spots are limited to 10 participants. Registration deadline is January 11, 2022 at 4 pm. Please email Faith Rivers to register at Faith.Rivers@mncfn.ca or call 905-768-1181 x 238. Please include your address and phone number when registering. Voicemail will be redirected to the email above.

"This workshop is very gentle, you don't need to tell your story and you will have a safe place to begin or continue your healing journey".

"There will be handouts for the workshop"

"Register early to secure your safe space"







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### WALKING TOGETHER IN OUR HEALING JOURNEY



JANUARY 10 – MARCH 21, 2022. Over zoom 6 pm – 8 pm

Facilitated over Zoom by Kim Sault

Registration is open to all MCFN Members 18 and up. Spots are limited to 10 participants. We will be meeting every Monday for 10 weeks and your participation is required every week.

#### Registration deadline is January 6, 2022 at 4 pm.

Please email Faith Rivers to register at Faith.Rivers@mncfn.ca or call 905-768-1181 x 238. Please include your address and phone number when registering. Voicemail will be redirected to the email above.

"This workshop will be very gentle, you don't need to tell your story and you will have a safe place to begin or continue your healing journey".

"There will be handouts for the workshop"

"Register early to secure your safe space"

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# MCFN Mending Broken Hearts

Research Project in partnership with McMaster University (Dr. Bernice Downey), De dwa da dehs nye>s, and Lake St. Martin First Nation

The primary goal of this research is to expand the body of knowledge regarding Indigenous women at risk of or living with cardiovascular disease and stroke (CVD/s). We hope to understand how Indigenous "ways of knowing" about their well-being can assist indigenous women with personal agency around wellness and CVD/s, and assist with their therapeutic relationship within their circles of care.

Chii-Miigwech to MCFN women, community leaders, and traditional health practitioners (THP) for participating with this important research. To date the project has completed:

- story telling circle and analyzed data from the circle,
- Held gatherings of 1) women leaders, 2) Community partners coming together
- Pivoted research due to Covid-19
- Recruited and interviewed Indigenous Women(IW) and traditional health practitioners

Future activities will include:

- transcribing, coding, analysis of input from interviews
- Recruitment of health practitioners (interview, analyze)
- Develop curriculum that integrates input of IW & THP. Deliver training to HCPs
- Deliver workshop for IW and Youth
- 2<sup>nd</sup> set of interviews with women to measure differences in well-being (self-care and relationship with circle of care providers)



**MCFN Mental Health is Sponsoring:** 

FOCUSED INTENTION TECHNIQUE (FIT) WORKSHOP

FEBRUARY 8, 9, & 10, 2022

12 PM – 4 PM

Zoom workshop will be facilitated by:

### Loretta Mohl & Kim Sault

Registration is open to all MCFN Members 18 and up. Spots are limited to 10 participants.

Registration deadline is February 3, 2022 at 4 pm. Please email Faith Rivers to register at <u>Faith.Rivers@mncfn.c</u>a or call 905-768-1181 x 238. Please include your phone number and address when registering. Voicemail will be redirected to the email above.

"The whole FOCUS is on embracing and lighting up our TRUE NATURE. When you know, "How to do the Work" that keeps you separate from your TRUE NATURE and WELL-BEING, you take your POWER back". "Loretta Mohl Founder of FIT" "There will be handouts for this workshop".

"Register early to secure your safe space"



### **BUSINESS SECTION**



Offering Virtual Tea Leaf Readings and Traditional



EdebwedOgichidaa-Val King, Chartered Herbalist Please call 519-802-7015 for appointment.



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The Business Section is free advertising for **MCFN** Members who own businesses. Take advantage of this free advertising! CONTACT: communications@ mncfn.ca





# **CONTACT INFORMATION** Mississaugas of the Credit First Nation

2789 Mississauga Road, Hagersville, ON NOA 1H0



https://www.facebook.com/mississaugasofthecreditfirstnation/ www.youtube.com/channel/UCLI\_99I\_p8-aAmCM4SEXkgQ

@mcfirstnation Y mcfirstnation

Chief R. Stacey Laforme 905-979-9254 Email: Stacey.Laforme@mncfn.ca

**Councillor William Laforme** 

905-869-5798 Email: BillL@mncfn.ca

**Councillor Cathie Jamieson** 905-869-5761 Email: CathieJ@mncfn.ca

### Email: EvanS@mncfn.ca

905-869-5767

**Councillor Julie Laforme** 905-869-5763 Email: JulieL@mncfn.ca

Email: VeronicaK@mncfn.ca

**Councillor Evan Sault** 

**Councillor Veronica King-Jamieson** 905-869-5753

**Councillor Erma Ferrell** 

905-869-5760 Email: ErmaF@mncfn.ca

# DEPARTMENT CONTACTS

Administration, Culture and Special Events: Phone: 905-768-1133

Consultation and Accommodation: Phone: 905-768-4260

EarlyON Child and Family Program: Phone: 289-758-5599

Ekwaamjigenang Children's Centre: Phone: 905-768-5036

**Employment and Training:** Phone: 905-768-1181 ext. 223

Governance: Phone: 905-768-4983 Housing: Phone: 905-768-1133 ext. 227 Lands, Membership and Research: Phone: 905-768-0100 Lifelong Learning Phone: 905-768-7138 Media and Communications: Phone: 905-768-4983 **Ontario Works:** Phone: 905-768-1181 ext. 225 Public Works: Phone: 905-768-1133 Social and Health Services: Phone: 905-768-1181 Sustainable Economic Development: Phone: 905-768-1133, ext. 244

# **EMERGENCY CONTACTS**

Brandon Hill, Infrastructure Manager: 905 517-7900 Matthew Sault, Infrastructure Assistant: 905 971-2982 Raymond Hill-Johnson, Technical Resource Manager 519-865-3883

Fire Department: 905 318-5932 Police Department (Cayuga): 905 772-3322 Roads Garage: 905 768-1133 ext 243