



# EAGLEPRESS NEWSLETTER

## Three women announced as 2021 Eagle Awards recipients!



(From left to right: Carol Tobicoe, Volunteer award, Joanne Webb, Trailblazer award, Jane Beecroft, Friend of the First Nation award.)

Read more on page 7!

### Vision Statement in Ojibwe:

*Ezhi niigaan waabjigaayewaad Mississaugas of the Credit endaawaad (the vision of these people). Ezhip mino maadzijig (living a joyful life), ezhi waamji-gaazwaad (their identity, how people have identified them), ezhi debwedmowaad (their beliefs), ezhi mimiingaazwaad (what was given to them by Creation, what they always had, their heritage), niigaabminunkiwaad Anishinaabek (is how they always lived as Anishinaabek).*

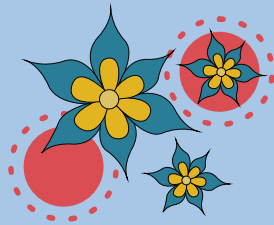
*Translated by: Nimkew Niinis, N'biising First Nation.*

# Eaglepress Newsletter

The Eaglepress newsletter is available for download at [www.mncfn.ca](http://www.mncfn.ca). We encourage members to view the online version rather than subscribing to print to help us care for Mother Earth and save print and postage costs.

The Eaglepress will continue to evolve with new features and information. If you have suggestions for the newsletter, please contact:

Media and Communications Department  
Office: 905-768-5858  
Email: [communications@mncfn.ca](mailto:communications@mncfn.ca)



## Artwork Acknowledgement

LSK Mural: Eaglepress Newsletter acknowledges artist(s) Philip Cote, Tracey Anthony, Rebecca Baird, for use of their artwork for our identifier, marketing and promotional materials.

The original artwork (pictured below) is located in the Library at Lloyd S. King Elementary School.



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## CHIEF R. STACEY LAFORME



I want to thank everyone for doing their part to ensure our Nation is as safe as possible during these challenging times.

Many thanks to the COVID-19 Working Group, MCFN staff, and the Haldimand Norfolk Health Unit for helping make our Vaccine Clinics a success. At this point, 60% of our community have received at least their first dose!

Unfortunately, we have seen a rise of COVID-19 cases in our Community. We cannot stress enough how important it is to continue to follow public health guidelines and to do your part to stop the spread of COVID-19 in our community. It is important to note that this still applies to you even if you have received both doses of the Vaccine.

Please continue to look on our website and social media for up-to-date information on COVID-19 (this is also mailed out to houses on-reserve)

I want to express appreciation to our Membership, on and off reserve, who have supported one another to help curb the spread of the COVID-19 virus. We may have our differences, but in difficult times, sometimes the most difficult, we stand together. I want Membership to know that even though the pandemic is taking up a lot of time and energy, your leadership is working every day on the overall issues that impact our Nation.

From the friends and family of Gilbert Stacey Laforme (who are far, far too numerous to list) I want to thank everyone for the outpouring of love and support. It meant a great deal to us and has helped us during these challenging days.

He will be missed by countless friends and family.

Miigwech,

Chief Laforme

## MESSAGE FROM THE CHIEF

**National IRS Crisis Line: 1-866-925-4419**

**IRSS Telephone Support Line: 1-800-721-0066**

**FN & Inuit Hope for Wellness Help Line:**

**1-855-242-3310 Native Youth Crisis Hotline:**

**1-877-209-1266**

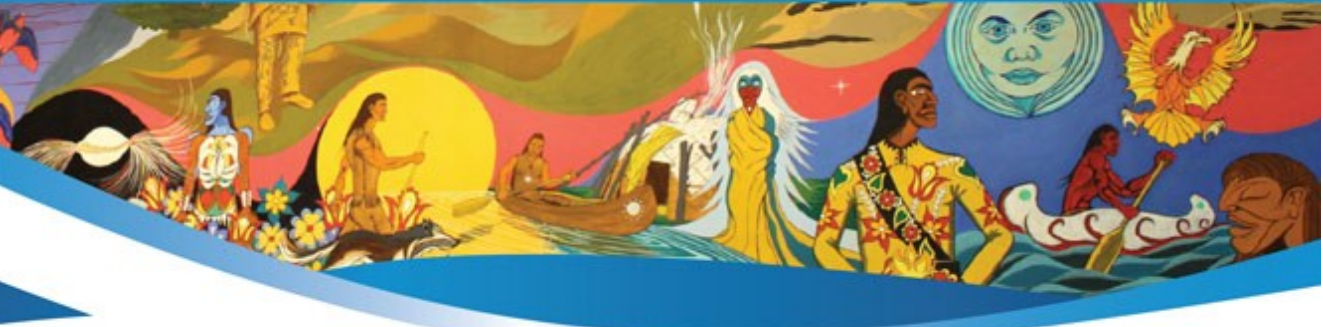
**Kids Help Phone: 1-800-668-6868, or text 686868**



Indigenous Services  
Canada

Services aux  
Autochtones Canada

Canada



# CARING TOGETHER NIGHT!

September 15<sup>th</sup>, from 3:00 pm – 7:00 pm

During this event, participants will drive to DOCA, LMR, Administration Building, MCFN Media and Communications building, Social and Health Garage, and the Community Centre. Giveaways and information packages will be provided at each station. Giveaways will be one per household, as we have limited amounts. Families will be given a ballot at stop #1 for the grand prize draw, the ballots will be collected at SHS.

**All MCFN Members living on or off reserve are invited to participate.**

At the last stop, the Community Centre, there will be a meal giveaway.

Please be advised all giveaways except the meal giveaway are first come first serve. **You must register for the meal giveaway.** To register, contact: Marlene Morton, Admin Clerk [admin.clerk@mncfn.ca](mailto:admin.clerk@mncfn.ca). You can only register those in your immediate household. Registration closes at 12:00 pm on Sept 8th.

## STOP 1

## STOP 2

## STOP 3

## STOP 4

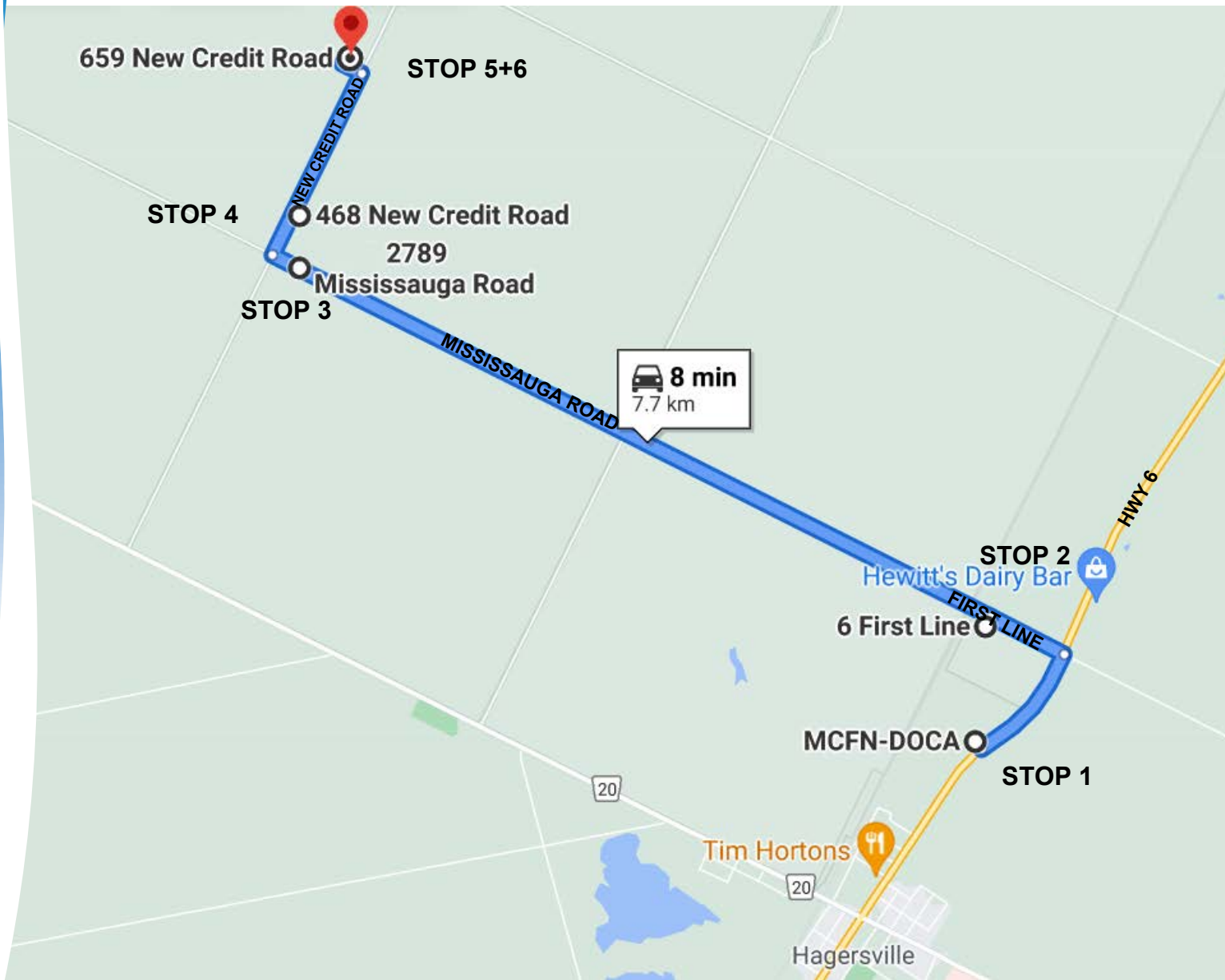
## STOP 5

## STOP 6

|  |   |  |  |  |   |
|--|---|--|--|--|---|
| DEPARTMENT OF CONSULATION AND ACCOMOCATION & DEPARTMENT OF SUSTAINABLE ECONOMIC DEVELOPMENT                    | DEPARTMENT OF LANDS, MEMBERSHIP, AND RESEARCH   | ADMINISTRATION, CULTURE, HOUSING & PUBLIC WORKS DEPARTMENTS  | LIFELONG LEARNING & GOVERNANCE DEPARTMENTS   | SOCIAL AND HEALTH SERVICES   | CHIEF AND COUNCIL   |
| <b>ENTER</b> at the old <i>Country Style Drive-thru</i> entrance. Proceed behind the plaza and follow signage. | <b>6 First Line Road</b><br>Enter off of Mississauga Road and follow directional signage. | <b>2789 Mississauga Road (First Line Road)</b><br>Enter the main laneway and follow the directional signage. | <b>468 New Credit Road</b><br>Enter into the parking area at the first driveway entrance and exit the second driveway, follow directional signage. | <b>659 New Credit Road (Enter Kidz Road driveway)</b><br>Turn right into the Social and Health parking area, continue to the GARAGE, follow directional signage, turn left out of the laneway onto Community Trail road. | <b>659 New Credit Rd</b><br>Turn right off of Kidz Road and enter the Community Centre parking lot, drive thru to the side kitchen doors, follow directional signage. |

**You must be in your vehicle at all times and travel to each station.**

# CULTURE AND HISTORY



# EVERY CHILD MATTERS™

**UNITY-REMEMBRANCE WALK  
WED. SEPT. 29, 2021**

**MARSHALLING 9:30AM SHARP AT  
HAGERSVILLE MARKET THEN  
WALKING TO MCFN GAS &  
VARIETY**

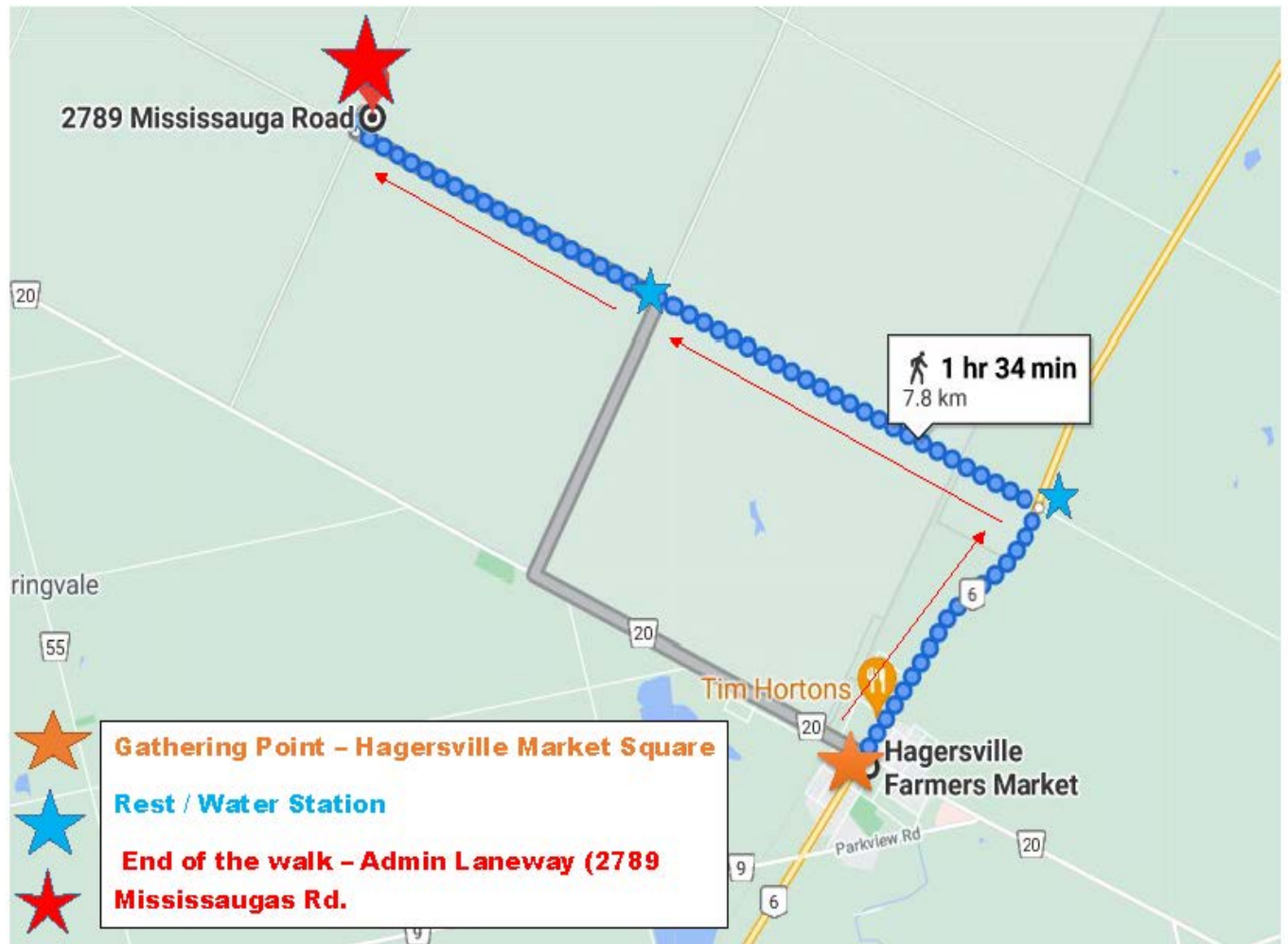
- JINGLE DRESS SIDE STEP AT  
STOPLIGHTS HWY 6/MISSISSAUGA ROAD
- WALK CONTINUES DOWN MISSISSAUGA  
ROAD TO THE OLD COUNCIL HOUSE
- SOCIAL DISTANCING  
PROTOCOLS IN PLACE
- PLEASE DO NOT COME IF  
YOU ARE NOT FEELING WELL

FACE MASKS WILL BE GIVEN TO PARTICIPANTS (WHILE SUPPLIES LAST)  
\*\*\*FACE MASKS ARE MANDATORY\*\*\*

For more info contact Katharine Brown 365-323-4932

ADHERING TO COVID SAFETY PROTOCOL, NO TRANSPORTATION IS AVAILABLE

## EVERY CHILD MATTERS WALK ROUTE







## Mississaugas of the Credit First Nation (MCFN) proudly announce three women as recipients of the 2021 Eagle Awards

(From left to right: Carol Tobicoe, Volunteer award, Joanne Webb, Trailblazer award, Jane Beecroft, Friend of the First Nation award.)

A local Indigenous Activist, a Toronto historian, and the first woman to ever be elected to the Mississaugas of the Credit First Nation (MCFN) Council, are the 2021 recipients of the MCFN Eagle Awards.

“In 2020, Chief and Council started the Eagle Awards as we have never formally acknowledged the many people that make our First Nation so proud,” says MCFN Chief R. Stacey Laforme. “These awards are about recognition, which builds pride. Pride for our young people, as they learn and be inspired by people who have gone before them.”

Carol Tobicoe, the first woman to ever be elected to the MCFN Council, has received the “Community Volunteer Award.” She has dedicated her time to ensuring the Three Fires Annual Pow Wow was a successful event since 1987. She has also assisted with planning and participating in several other community events. She is currently a member of the MCFN Culture committee, where she volunteers her time to assist in supporting the preservation of history, language and culture of the First Nation.

“This is an honour,” said Tobicoe. “I have been volunteering in the community since day one, and I never did this for recognition, but it is great to feel appreciated. I think [the awards] will inspire our youth to want to do more.”

A well-respected Community Member, Joanne Webb, has received the “Trailblazer Award.” Webb has held positions with the Hamilton Health Sciences, Canadian Union of Public Employees (Diversity Vice President for Aboriginal Workers), Ontario Division Board, and is a member of the Ontario Aboriginal Council, Ontario Human Rights committee, and Ontario Women’s Committee. She has always kept Indigenous advocacy at the heart of all involvements and educated people on MCFN, and the Treaty Lands and Territory.

## CULTURE AND HISTORY

“This is a real honour for me, I am so humbled,” said Webb. “I have to say chi-miigwech to my nominator and Chief and Council for this. I am very proud of my community and everything we do, and I always encourage people to learn our history. Something like this inspires you to keep going, and makes me want to push even harder.”

Jane Beecroft, who led the Community History Project (CHP), has received the “Friends of the Mississaugas of the Credit First Nation Award” in recognition of all the work she has done to keep MCFN history alive and preserved. The CHP is part of the Toronto Historical Association, and works co-operatively with heritage organizations across Toronto and with residents’ associations in its study area.

“I am honoured and delighted to receive this award,” said Beecroft.

“Jane shamelessly promoted and advocated for the Mississaugas, to the City (Toronto), the Province and the Federal governments. She wrote letters, petitions, and asked anyone who would listen to get to know our story,” said former Chief of MCFN, Carolyn King. “She is truly one of our best friends.”

“Each of these women are so important to our First Nation,” said Chief Laforme. “We are grateful to each of them, and so proud to honour them.”

The 2021 recipients will be celebrated at a Ceremony and Feast in September, at the MCFN Community Centre. The 2020 recipients (Justice Harry LaForme, the late Karl King, and The Honourable Elizabeth Dowdeswell, Ontario’s Lieutenant Governor) will also be celebrated, as their Ceremony was put on hold due to COVID-19.

### **Congratulations ladies!**

#### The Stylized Eagle

This logo symbolizes the achievements of those who fly and inspire us by demonstrating the values of the eagle. The eagle soars high above us humans, but that does not mean we cannot reach the ideals it stands for. When we stretch our own wings, we too could fly with it!

The eagle shows courage, strength and vision. The Eagle is symbolic of the importance of honesty and truth principles. The eagle has the ability to soar high in the sky and it is believed that it serves as a messenger between people and the Creator.

The Eagle is also the predominant totem of Mississaugas of the Credit First Nation. The Eagle is viewed as the messenger.

#### The Colour Blue

The colour blue symbolizes trust, loyalty, wisdom, confidence, intelligence, faith, truth, and heaven. Blue is considered beneficial to the mind and body.



# SEPTEMBER EVENTS SCHEDULE

| Sun.                        | Monday  | Tuesday   | Wednesday   | Thursday   | Friday  | Sat. |
|-----------------------------|---|---|---|--|---|------|
|                             |   |   | 1   | 2  | 3   | 4    |
|                             |   |   | Women's Health Kits P/U<br>1 - 6pm  | HBHC Gift Card P/U<br>Food Bank  |   |      |
| 5                           | 6   | 7   | 8   | 9  | 10  | 11   |
| Breakfast Delivery 12 - 3pm |  | Foot Care<br>Water Collection<br>West Nile Surveillance<br>WNS                    | Foot Care<br>Grandparents Day Kit<br>P/U 3 - 6pm<br>FASD Virtual Workshop<br>12 - 3pm<br>WNS  | Foot Care<br>Back Pack P/U<br>3 - 6pm<br>HBHC Gift Card P/U<br>Food Bank             | Foot Care<br>Grandparents Day Kits<br>1st Virtual Grandparents Day<br>3 - 5:30pm<br>Back Pack P/U 3 - 6pm<br>Immunizations - NOT COVID<br>Suicide Prevention<br>Awareness |      |
| 12                          | 13  | 14  | 15  | 16   | 17  | 18   |
| Breakfast Delivery 12 - 3pm | Foot Care<br>HBHC Gift Card<br>WNS<br>Women's Sharing Time                        | Craft Day Kits<br>Afterschool Registration<br>10 - 3pm<br>Water Collection<br>WNS | CTW Event 3 - 7pm<br>Afterschool Registration<br>10 - 3pm<br>Reflexology 9:30 -<br>2:30pm     | HBHC Gift Card P/U<br>Food Bank  | 2nd Virtual<br>Grandparents Day<br>6 - 8:30pm<br>Immunizations - NOT<br>COVID<br>Reflexology 9:30 -<br>2:30pm   |      |
| 19                          | 20  | 21  | 22  | 23   | 24  | 25   |
| Breakfast Delivery 12 - 3pm | HBHC Gift Card P/U<br>WNS<br>Women's Sharing Time                                 | Water Collection<br>WNS   | Reflexology 9:30 -<br>2:30pm<br>Arts and Crafts P/U<br>3 - 4:30pm                             | Outing - TBD<br>HBHC Gift Card P/U<br>Food Bank                                      | Afterschool registration<br>deadline 4:00pm<br>Immunizations - NOT<br>COVID<br>Reflexology 9:30 -<br>2:30pm   |      |
| 26                          | 27  | 28  | 29  | 30   |   |      |
| Breakfast Delivery 12 - 3pm | Women's Sharing Time  | Meal to replace social<br>World Rabies Day  | OW Cheque P/U<br>1 - 4pm<br>Reflexology 9:30 -<br>2:30pm<br>Arts and Crafts P/U<br>3 - 4:30pm |  |   |      |



## **Statement from the Mississaugas of the Credit First Nation On COVID-19 August 31st, 2021**

At this time, we have 2 active cases of COVID-19 the community. 28 total have been resolved, with 1 death. Over 60% of our community has received the Vaccine.

With the rise of cases in our community and in surrounding areas we are asking everyone to please continue to do your part to ensure our Nation is as safe as possible during these challenging times. We are all in this together.

### Vaccine

Individuals who have received their 1st and 2nd doses at the Mississauga's of the Credit First Nation (MCFN) Vaccine Clinics can update their immunization record onto COVaxON by contacting their local Public Health Unit.

Please forward your request by email to [vaccine@mncfn.ca](mailto:vaccine@mncfn.ca) and be sure to include;

- Full first and last name, date of birth, address and updated phone number
- Dates of vaccinations
- Health Card Number or Status Number

You will have a choice of

- 1) curbside pickup with a personal identification card (drivers license, status card, OHIP card),
- 2) permission and consent to receive information by email or
- 3) mail hard copy to a mailing address provided

Expect a response between 5-10 business days.

We will continue to update accordingly on any future MCFN Vaccine Clinics. If you have the opportunity to receive the vaccine elsewhere in the meantime, we highly recommend you do so.

Please note, if you have received the Vaccine, you still must follow public health measures, which includes social distancing, masking, handwashing and staying within your own social bubble.

**As a reminder, following precautions are currently in place for the MCFN:**

- Outdoor social gatherings and organized public events gatherings be permitted for up to 100 people (masks mandatory if a distance of 2m cannot be maintained);
- Indoor social gatherings and organized public events be permitted with up to 25 (five) people (masks mandatory);
- Indoor and outdoor dining permitted, no limits to people per table, with capacity limited to permit physical distancing of 2m;
- All retail be permitted, with a capacity limited to ensure physical distancing (masks mandatory);
- Indoor religious services, rites and ceremonies, including wedding services and funeral services with capacity to ensure physical distancing (masks mandatory);
- Outdoor religious services, rites and ceremonies, including wedding services and funeral services permitted with capacity limited to permit physical distancing of 2m;
- Indoor fitness and personal training permitted, with maximum capacity of 50% (masks mandatory if a distance of 3m cannot be maintained);
- MCFN in-person programming will continue to be offered with COVID-19 enhanced precautions in place, which includes kit pick up for on and off reserve members;
- Personal care services open, including those that require removal of masks, with capacity limited to permit physical distancing of 2m

Council is permitting OPP to answer reports of violations of any of the above precautions in place.

**Safety Measures**

In Ontario, the Delta is the predominant strain of the virus. We will continue to give the most up-to-date information as we follow the situation. In the meantime, please continue to take extra measures to prevent COVID-19 and the Variants of Concern from spreading in our community. This includes:

- Double masking, or wearing a single mask and a face shield;
- Practicing physical distancing of 2-metres when out of your home to get essential supplies;
- Continuing to wash your hands, and practice good hygiene.

**MCFN Return to Work**

As of August 30th, MCFN will start transitioning staff back into the workplace on a gradual basis. All operational services will continue, and we will plan for COVID-19 enhanced programming to resume, recognizing the current health and safety requirements that are in place.

Work practices and procedures are needed to protect the organization staff, community members, visitors, and the Council. The following procedures as outlined in our COVID-19 Policy will help to ensure the health and safety of all who enter the Community during the COVID-19 pandemic:

- All staff must complete the mandatory screening process prior to entering the workplace, including a temperature check. If staff are showing symptoms, they are not permitted to enter the workplace.
- All staff must wear a 3-ply mask when in common areas of the workplace (if a mask cannot be worn due to medical reasons, a face shield must be worn). The mouth and nose must be covered.
- Hand washing, social distancing, and sanitizing in the workplace is essential.

Please note, our offices are not set to open to the public until October 25th, in order to ensure all staff are able to adjust to the workplace and to the COVID requirements outlined in the COVID-19 Policy. **Appointments are required.**

If you require emergency assistance at this time relating to Social and Health Programs, you can contact their land line at 905-768-1181, and leave a voice mail at the applicable extension of the relevant party. If you require emergency Administrative support, please contact Kerri L. King, Acting Chief Operating Officer / Executive Director of Operations at 289-527-0364.

## **LSK Registration and iPad Pickups**

LSK will be returning to online synchronous and asynchronous learning on September 7, 2021. Children will be required to log on with their school issued iPad, available for pick up at LSK on September 3rd between the hours of 9am to 4pm. If you have not yet returned your iPad from the previous school year, please do so ASAP in order for staff to update the device. All parents are required to return the iPad when we return to in person learning on October 12, 2021.

LSK registration forms must be completed by all new and returning LSK families. This form provides our school with important student information along with pertinent current family contact information. In order for LSK families to receive their iPad, they must provide an updated registration form. Digital registration forms can be accessed from the LSK website (<https://lskelementary.com/>) and completed forms can be emailed to [lsk.secretary@mncfn.ca](mailto:lsk.secretary@mncfn.ca). If needed, paper copies of registration forms will also be available in-person at the school during our pick-up. Please be mindful of COVID-19 protocols and remain in your vehicle at all times.

If you have questions, please contact LSK at 905-768-3222.

## **Mental Health Supports**

We understand the mental health impacts the on-going pandemic can have on our youth, and all of our members and we want you to know we are here for you.

Please see resources below: •MCFN Mental Health Worker Faith Rivers: [Faith.Rivers@mncfn.ca](mailto:Faith.Rivers@mncfn.ca) or 519-732-5768

- Haldimand Norfolk Reach Services: 519-587-2441 x 350
- Six Nations Crisis Line: 1-866-445-2204
- First Nations & Inuit Hope for Wellness Help Line: 1-855-242-3310
- Kids Help Phone: 1-800-668-6868, or text 686868
- Ontario Mental Health Help Line: 1-866-531-2600

## **Testing**

If you are experiencing symptoms of COVID-19, we are encouraging you to get tested. The results can be delivered to you in as quick as 24 hours.

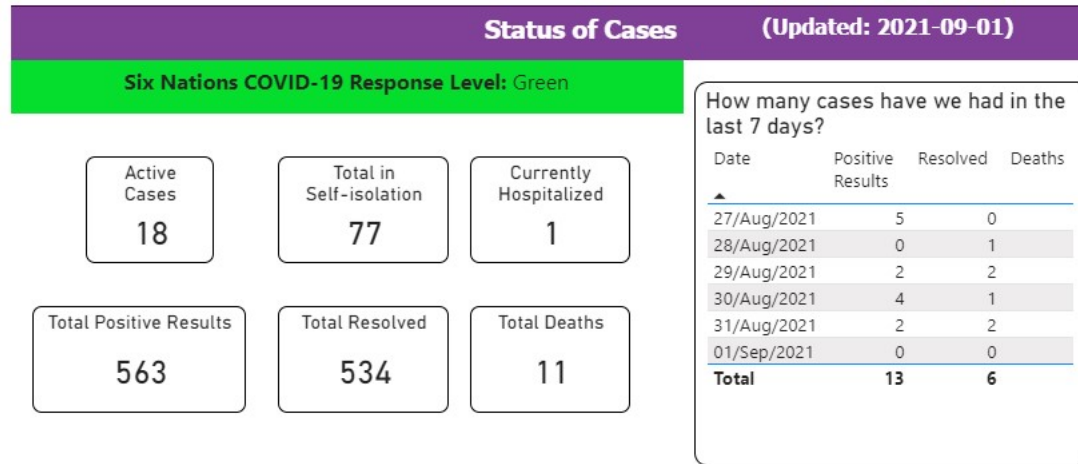
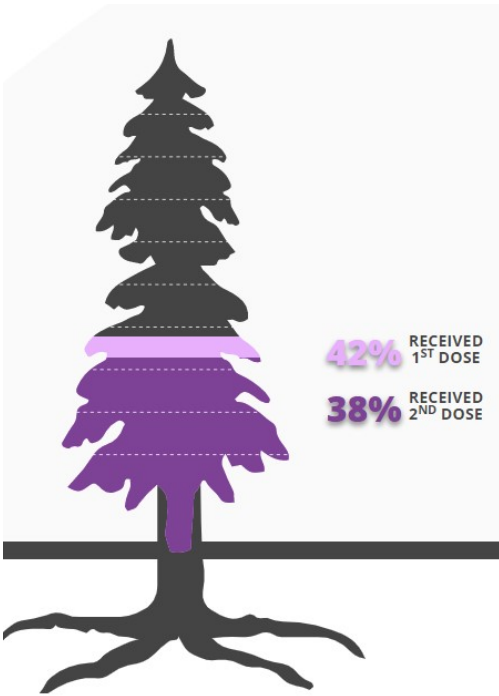
Please contact the following Public Health Offices and follow their instructions:

- Haldimand Norfolk Public Health – 519-426-6170, ext. 9999
- Six Nations COVID-19 Assessment Centre – 1-855-977-7737 or 226-446-9909
- Brant County Public Health – 519-751-5818 or at [covid.assessment@bchsys.org](mailto:covid.assessment@bchsys.org)

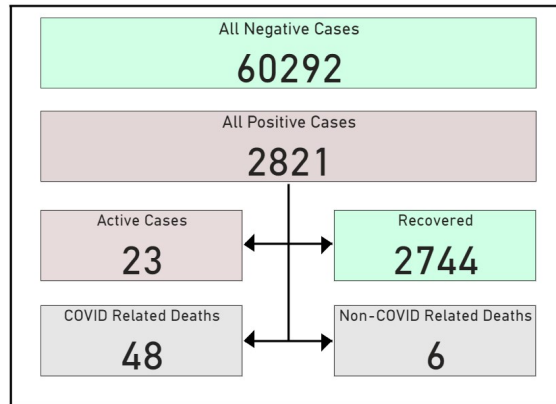
Please note, the MCFN Community Health Office is not a Public Health Office, although it does assist with contact tracing and wellness checks for those who reside on MCFN.

The MCFN Chief and Council are responsible for making decisions that affect the Membership. If you have any concerns, please contact any member of the table.

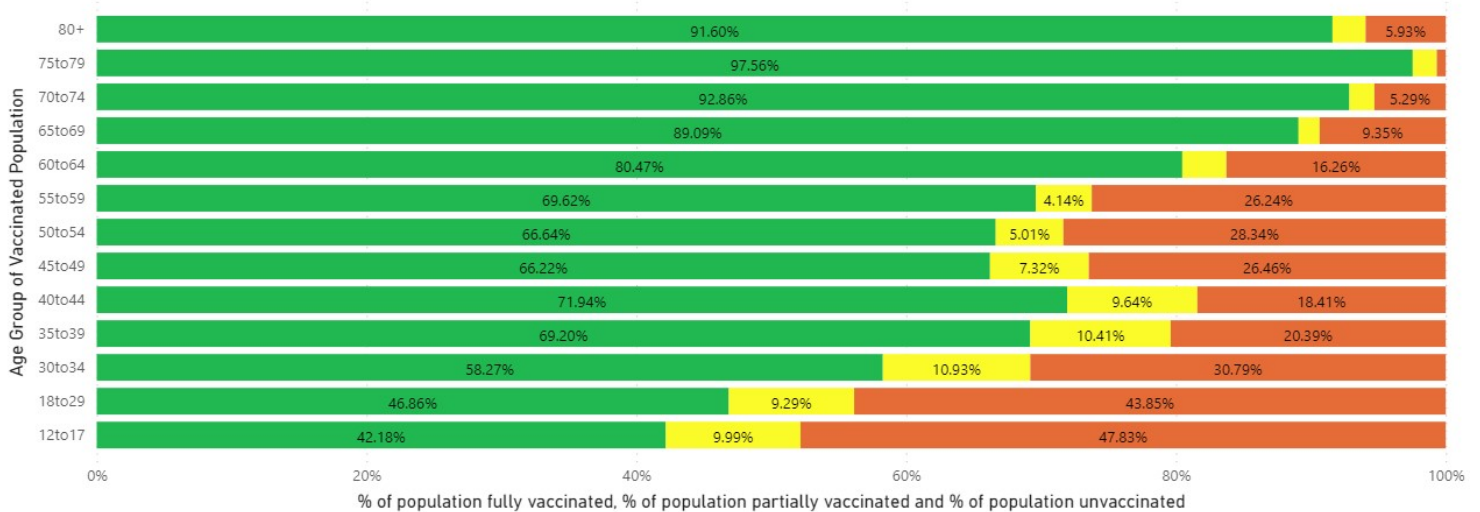
## Six Nations COVID-19 statistics ( as of Newsletter release date)



## Haldimand-Norfolk COVID-19 statistics (as of Newsletter release date)



● % of population fully vaccinated ● % of population partially vaccinated ● % of population unvaccinated



## Employment Opportunities

Visit [mncfn.ca/job-board](http://mncfn.ca/job-board) for more information and up-to-date job postings with MCFN and other organizations!

### **ELECTORAL OFFICER –PURCHASE OF SERVICE CONTRACT**

The contract is expected to run September to December 2021

Closing Date: until filled

### **Jr Policy Analyst**

Closing Date: Sept 9 at 12:00 pm

### **Music Instructor**

Closing Date: Sept 9 at 12:00 pm

### **Education Assistant**

Closing Date: Sept 9 at 12:00 pm

### **Casual Custodian**

Closing Date: Open Until Filled

### **Public Works – Casual Worker**

Closing Date: Open Call

### **Childcare Casual RECE and EarlyON Facilitator**

Closing Date: Open Call

### **Casual Supply Teacher**

Closing Date: Open Call

### **After School Program Assistant**

Closing Date: Open Call for Resumes

### **Casual Receptionist**

Closing Date: Open Call

### **Casual Registered Early Childhood Educator – Afterschool Program**

Closing Date: Open Call



## Message from Councillor Julie LaForme, Pillar 7 Lead, Inclusive Leadership and Governance

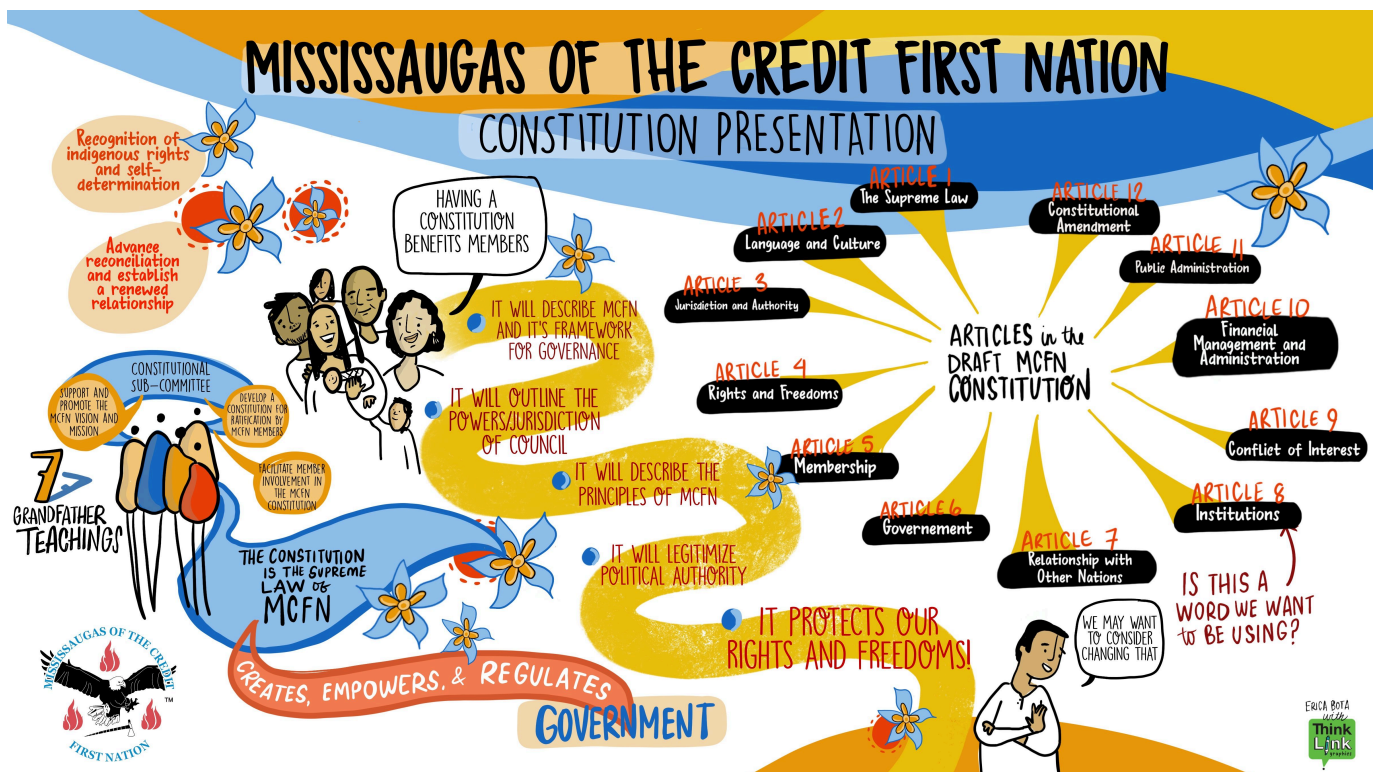
Aanii,  
As the Pillar Lead for Inclusive Leadership and Governance I sit on the following sub committees that meet monthly: MCFN Constitution, Peacekeepers, and Land Claims. As well, our Governance Committee continues to meet monthly.

I want to encourage you to register for OneFeather to help make your voice heard in important upcoming community elections and decisions: <https://www.onefeather.ca/nations/mcfn>

Miigwech to all who voted in the Community Trust election! Please note, OneFeather will not be used for the Chief and Council election in December, as the Election Law is not yet ratified.

You can watch all our Governance Community Engagement sessions, including the OneFeather presentation by Lawrence Lewis at any time on our Members Only website. Stay tuned for our next session! We will also be doing information giveaways at Caring Together week!

When you attend these sessions you are entered to win a \$25 gift card, and later on we will be doing a draw for an iPad for anyone who has attended 5+ sessions! Currently people who have already been entered are: Tanya and Hazel LaForme, Carly Szabo, Bryan Henry, Cassandra Sault and Rebecca Sault!



Artwork by Erica Bota of ThinkLink Graphics of our Constitution presentation!

## MCFN EarlyON Weekly Virtual Schedule

Monday to Friday

| Monday   | Tuesday   | Wednesday  | Thursday   | Friday   |
|--|---|--|--|--|
| 9:30 am- Mental Health/Community Resources Post by Jolene Hill SSW | 9:00-10:00am- Infant Massage pre-registered LIVE ZOOM with Shelby and Laura   | 9:30 am- Mental Health/Community Resources Post by Jolene Hill SSW | 9:30 am- Mental Health/Community Resources Post by Jolene Hill SSW | 9:30 am- Mental Health/Community Resources Post by Jolene Hill SSW |
| 10:30 am- Breakfast/Snack recipe post by Shelby Riddell RECE       | 9:30 am- Mental Health/Community Resources Post by Jolene Hill SSW            | 10:30 am- Breakfast/Snack recipe Post by Shelby Riddell RECE       | 10:30 am- Breakfast/Snack recipe post by Bridgette Ferreira RECE   | 10:30 am- Breakfast/Snack recipe Post by Shelby Riddell RECE       |
| 11:00 am- Circle Time Video with Shelby Riddell RECE               | 10:30 am- Breakfast/Snack recipe Post by Bridgette Ferreira RECE              | 11:30 am- Activity of the Day Post by Bridgette Ferreira RECE      | 11:00 am- Circle Time LIVE ZOOM with Bridgette and Shelby          | 11:00 am- Mental Health LIVE ZOOM with Jolene Hill                 |
| 11:30 am- Activity of the Day Post by Bridgette Ferreira RECE      | 11:30 am- Activity of the Day Post by Shelby Riddell RECE                     | 1:30 pm- Circle Time Video Post with Bridgette Ferreira RECE       | 11:30 am- Activity of the Day Post by Shelby Riddell RECE          | 11:30 am- Forest Fridays Post with Bridgette Ferreira RECE         |
| 2:00 pm- Cultural Activity Post by Laura Reid                      | 2:00 pm- Cultural Activity Post by Laura Reid                                 | 2:00 pm- Sharing Circle LIVE with Laura Reid                       | 2:00 pm- Cultural Activity by Post Laura Reid                      | 2:00 pm- Cultural Activity Post by Laura Reid                      |
| Anishanaabemowin Word of the Day by Laura Reid                     | Anishanaabemowin Word of the Day by Laura Reid                                | Anishanaabemowin Word of the Day by Laura Reid                     | Anishanaabemowin Word of the Day by Laura Reid                     | Anishanaabemowin Word of the Day by Laura Reid                     |
| 3:00 pm- Dinner recipe Post by Shelby Riddell RECE                 | 3:00 pm- Dinner Recipe Post by Bridgette Ferreira RECE                        | 3:00 pm- Dinner recipe Post by Shelby Riddell RECE                 | 3:00 pm- Dinner Recipe Post by Bridgette Ferreira RECE             | 3:00 pm- Dinner recipe Post by Shelby Riddell RECE                 |
|  | 6:00-7:00pm- Infant Massage pre-registered LIVE ZOOM with Bridgette and Laura |  |  |  |

## COMMUNITY WELLNESS 2021-2022

MCFN COUNCIL HAS APPROVED \$2,000.00 FOR THE 2021-2022 COMMUNITY WELLNESS

### DISTRIBUTION

**THE FOLLOWING CHANGES WILL APPLY TO THE 2021-2022 COMMUNITY WELLNESS PROCESS DUE TO THE PANDEMIC**

The 2021-2022 Community Wellness applications will be available starting March 15th, 2021. Applications will be available at the [mncfn.ca](http://mncfn.ca) website or call the LMR office and they will mail or email you an application. Contact information is below.

Application forms and 2 pieces of ID:

- Will be accepted starting March 16, 2021 via mail, email or drop off at the mail slot at the Lands, Membership and Research office at 6 First Line.
- Members must use the new 2021-2022 application form for \$2,000 Applications will not be accepted if other forms are used
- Direct deposit (CANADIAN ACCOUNTS ONLY) is the preferred method of payment, your name must appear on your void cheque or direct deposit form. If your name is NOT on it, a cheque will be mailed to you
- If you request a cheque, it will be mailed to you. Please ensure your address is up to date.
- You do not need to submit a quote, receipt or estimate, this year only!
- All payments will start after April 8, 2021.

**AS A SAFETY PRECAUTION NO ONE WILL BE ALLOWED INTO THE LMR OFFICES TO DROP OFF APPLICATIONS OR PICK UP CHEQUES**

**Acceptable Valid ID (must provide a front and back):**

- Birth certificate
- Status card
- Health Card
- Drivers licence
- Employee ID with photo
- Student ID with photo
- Firearms license
- Passport or Nexus card

**Contact:**

**Phone - 1-905-768-0100**

**Email: [cw@mncfn.ca](mailto:cw@mncfn.ca)**

**Mailing address:**

**LMR/Community Wellness**

**2789 Mississauga Rd**

**Hagersville, ON**

**N0A 1H0**

## MISSISSAUGAS OF THE CREDIT FIRST NATION

### COMMUNITY WELLNESS EXPENSE CLAIM FORM-ADULT 2021-2022

Mailing Address: LMR/Community Wellness 2789 Mississauga Rd., R.R. #6 Hagersville, ON N0A 1H0

Email: [cw@mncfn.ca](mailto:cw@mncfn.ca)

|   |  |
|---|--|
| <b>FULL NAME</b> (as it appears on your Status Card):   | <b>REGISTRY NUMBER</b> (10 DIGIT):   |
| <b>FULL MAILING ADDRESS</b> (including Postal/Zip Code):  | <b>BIRTHDATE</b> (YYYY-MM-DD):   |
| <b>EMAIL ADDRESS</b> (required if getting Direct Deposit):  | <b>TELEPHONE NUMBER</b> (including area code):   |
| <b>PLEASE INDICATE THE FOLLOWING OPTIONS:</b><br><input type="checkbox"/> Cheque Mail Out<br><input type="checkbox"/> Direct Deposit (Canada only)*<br><b>*Include a void cheque or direct deposit form*</b><br><input type="checkbox"/> On File <input type="checkbox"/> New Account | <b>All applications must include front and back photocopies of 2 pieces of ID, 1 being photo ID. Please ensure that all information on each ID is clearly visible.</b> |

I hereby authorize the use of my address/email for various MCFN initiatives (such as. Voter's List, MCFN Community Trust, Eagle Press Newsletter, Governance Community Engagement, Internal Department's use). Under no circumstances will MCFN share your personal information with outside agencies.

(BAND MEMBERS PLEASE INITIAL HERE)

|                        |                            |
|------------------------|----------------------------|
| <b>X</b>               | <b>Total Receipts:</b>     |
|                        | <b>Amount: \$ 2,000.00</b> |
| <i>Signature</i> _____ | <i>Date:</i> _____         |

-----Do not write below this line. For Office Use Only-----

Documents provided for identity: \_\_\_\_\_ Department's Initials \_\_\_\_\_

Status Card    Confirmation of Status    D.L.    H.C.    B.C.    Other ID ( \_\_\_\_\_ )

| Amount Claimed: | Remaining Balance: |
|-----------------|--------------------|
|                 |                    |
|                 |                    |
|                 |                    |

|                 |        |
|-----------------|--------|
| Account Number: | 64300  |
| Dept. Number:   | 100030 |
| Cheque Number:  |        |
| Cheque Date:    |        |

Department Signature: \_\_\_\_\_

Date Received \_\_\_\_\_

## MISSISSAUGAS OF THE CREDIT FIRST NATION

### COMMUNITY WELLNESS EXPENSE CLAIM FORM-CHILDREN (Newborn-17 Years) 2021-2022

Mailing Address: LMR/Community Wellness 2789 Mississauga Rd., R.R. #6 Hagersville, ON N0A 1H0

Email: [cw@mncfn.ca](mailto:cw@mncfn.ca)

|   |   |
|---|---|
| CHILD'S FULL NAME (as it appears on Status Card):   | CHILD'S REGISTRY NUMBER (10 Digit):   |
| NAME OF LEGAL PARENT/GUARDIAN: (proof of legal custody)   | LEGAL PARENT/GUARDIAN'S REGISTRY NUMBER:  |
| COMPLETE MAILING ADDRESS:   | CHILD'S BIRTHDATE (YYYY-MM-DD):   |
| PARENT/GUARDIAN EMAIL ADDRESS (Required for Direct Deposit):  | TELEPHONE NUMBER (including area code):   |
| PLEASE INDICATE THE FOLLOWING:<br><input type="checkbox"/> Cheque Mail Out<br><input type="checkbox"/> Direct Deposit (Canada Only)*<br>*Include a void cheque or direct deposit form*<br><input type="checkbox"/> On File <input type="checkbox"/> New Account | <b>All applications must include front and back photocopies of 1 piece of minor ID and 1 piece of parent/guardian photo ID.</b> |

|  |   |
|--|---|
| <b>X</b><br>Parent/Guardian Signature    Date: | <b>Total Receipts:</b><br>Amount:    \$ <b>2,000.00</b> |
|--|---|

-----**Do not write below this line. For Office Use Only**-----

Documents provided for identity of child and parent/guardian: \_\_\_\_\_ Department's Initials \_\_\_\_\_

Status Card    Confirmation of Status    Proof of Legal Custody    D.L.    H.C.    B.C.    Other I.D. (  )

| Amount Claimed: | Remaining Balance: |
|-----------------|--------------------|
|                 |                    |
|                 |                    |
|                 |                    |

|                 |        |
|-----------------|--------|
| Account Number: | 64300  |
| Dept. Number:   | 100030 |
| Cheque Number:  |        |
| Cheque Date:    |        |

Department Signature: \_\_\_\_\_

Date Received \_\_\_\_\_

## High school students planning on taking the bus to school

please email Pet King (LLClerk@mncfn.ca) ASAP with the following information:

- Your Name
- School Name
- Blue Number

Parents who are dropping their kids off are to let the school know.

If you have any questions, contact the department at 905-768-7138



## Backpack and supplies pickup - for high school students!

Backpacks with school supplies can be picked up at the Lifelong Learning Building from 9:30-3:00 at 2789 Mississauga Road, building 3. Due to Covid, please call in advance so we can schedule time for each one.

Phone: 905-768-7138

## **NOTICE: Change in Invoicing for Accounts Receivable**

In an effort to reduce the use of paper (save trees), as of November 15, 2021 Accounts Receivable will no longer be printing customer invoices/statements directly to paper. In the near future, we will eliminate manually writing/printing customer receipts and will e-mail receipts.

We are requesting all customers provide an e-mail address to Accounts Receivable to enable the electronic processing of all customer invoices and statements on a monthly basis. You will also need your customer number, which is located on your invoice. You can send your e-mail address and customer number to [AccountsReceivable@mncfn.ca](mailto:AccountsReceivable@mncfn.ca). If you have already provided your e-mail address to another department of the First Nation, please give Accounts Receivable your permission to use.

For those customers that do not have an e-mail address or access to a computer, we will print the invoice/statement. Please ensure we have your current mailing address on file. Thank you for your support of reducing the use of paper.

If you have any questions, please contact: Kelly Greene,  
905-768-1133 or [kellygreene@mncfn.ca](mailto:kellygreene@mncfn.ca)



**NOTICE: SHS is no longer facilitating the grass cutting/snow plowing programs, these are now facilitated through the Public Works department and all inquiries should be directed there.**

**Are you a First Nations/Inuit/Métis Woman with heart issues**

*such as stroke, heart attack, by-pass, high blood pressure, or angina?*

*We want to hear YOUR story about well-being & heart health!*

**You get \$25 for each 1.5 hour interview!**

To sign up contact:  
Kim Sault  
Community Research Liaison  
Phone: (289) 439-1591  
Email: kimsault@hotmail.com

Socially Distanced Interviews via:  
**VIDEO CALL**  
**PHONE CALL**

**OR AT HEALTH AND SOCIAL**

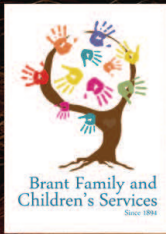
**MENDING BROKEN HEARTS PROJECT**

This study has been reviewed by the Hamilton Integrated Research Ethics Board (HIREB). REB #5386



Version 3, Jan 8, 2021





# Be their change.

Fostering changes lives.

Many children are waiting for that change. The one to bring a smile to their face, or to help support them on their life journey, or simply knowing someone is there for them.

**Be their change.**

Contact Brant Family and Children's Services today to become their change.

1-888-753-8681 | [brantfacs.ca](http://brantfacs.ca)

# SOCIAL AND HEALTH SERVICES



At Brant Family and Children's Services (also known as Brant FACS, CAS, or the Children's Aid Society), we support families to ensure that children are protected from physical, emotional or sexual abuse, and neglect. Our team of caring workers, foster families and volunteers work toward one primary goal: enhance the safety and well-being and support the healthy growth and development of children.

We partner with other agencies in the Brantford/Brant and Mississaugas of the Credit First Nations Community to strengthen support networks and deliver programs that help families in need.

## What is a Foster Family?

When a child needs to be brought to a place of safety, the goal is for the child to return to their family. Foster families provide a temporary home for children while in the care of Brant FACS. If the child is unable to return to their family, foster parents provide support while the agency searches for a permanent home for the children. Depending on the circumstances, children and teens may need foster care for a few days, a few weeks, a few months or longer.

## Each foster child is unique

Children in care range in age from newborn to young adulthood. They come from a variety of racial and ethnic backgrounds. Some are brothers and sisters hoping to be placed in a home together. Some face physical, emotional and/or mental challenges.

Each is going through a troubled period in their family life. All need warmth, acceptance, structure and consistency.

Brant FACS ensures that children and youth are placed in foster homes where their unique needs can be met.

## Foster Parents are:

Caring individuals, couples and families who can give infants, children and youth stability, warmth, understanding, consistency and structure.

- Families who want to reach out to children and youth in need from their community, or from their extended family.
- Families who can meet the special needs of children and youth.
- Families who will enjoy the challenges and rewards of foster family care.
- Families who are willing to work with FACS and the child's family with the goal of the child returning home or to another permanent home.

## Becoming a Foster Parent

If you are interested in becoming a foster parent or want to know more about fostering, please call 519-753-8681 or toll free 1-888-753-8681 and ask to speak with our Resources staff.

1-888-753-8681 | [brantfacs.ca](http://brantfacs.ca)

## Visit the Mobile Cancer Screening Coach

- ✔ **Pap tests**  
Ages 25-69,  
every 3 years
- ✔ **Mammograms**  
Ages 50-74,  
every 2 years
- ✔ **At-Home test for  
colon cancer screening**  
Ages 50-74, every 2 years
- ✔ **Help to quit  
smoking**  
Ages 18+

| SEPTEMBER |  |  |   |  |   |           |
|-----------|--|--|---|--|---|-----------|
| SUNDAY    | MONDAY   | TUESDAY  | WEDNESDAY   | THURSDAY   | FRIDAY  | SATURDAY  |
|           |  |  | <b>1</b><br><b>Bridges Community Health Centre – Port Colborne Site</b><br><small>(380 Elm St.)<br/>9:00-3:00</small>   | <b>2</b><br><b>Indwell – Parkdale Landing (205 Melvin Ave)</b><br><small>8:00-4:00</small>           | <b>3</b><br><b>Compass Community Health</b><br><small>(438 Hughson St. N)<br/><b>Mammo only</b><br/>8:00-4:00</small> |           |
| <b>5</b>  | <b>CLOSED</b>  | <b>7</b><br><b>Value Village Battlefield Plaza</b><br><small>(840 Queenston Rd, Stoney Creek)<br/>8:00-4:00</small>              | <b>8</b><br><b>Bridges Community Health Centre – Fort Erie Site</b><br><small>(1485 Garrison Rd)<br/>9:00-3:00</small>  | <b>9</b><br><b>Hamilton Regional Indian Centre</b><br><small>(34 Ottawa St. N)<br/>8:00-4:00</small> | <b>10</b><br><b>Six Nations Iroquois Plaza</b><br><small>(1721 Chiefswood Rd)<br/>9:00-3:00</small>                   | <b>11</b> |
| <b>12</b> | <b>13</b><br><b>Centre on Barton</b><br><small>(1275 Barton St. E)<br/><b>Mammo only</b><br/>8:00-4:00</small> | <b>14</b><br><b>Value Village Battlefield Plaza</b><br><small>(840 Queenston Rd, Stoney Creek)<br/>8:00-4:00</small>             | <b>15</b><br><b>Bridges Community Health Centre – Fort Erie Site</b><br><small>(1485 Garrison Rd)<br/>9:00-3:00</small> | <b>16</b><br><b>St. Charles Mountain</b><br><small>(150 E 5th St)<br/>8:00-4:00</small>              | <b>17</b><br><b>Six Nations Iroquois Plaza</b><br><small>(1721 Chiefswood Rd)<br/>9:00-3:00</small>                   | <b>18</b> |
| <b>19</b> | <b>20</b><br><b>Niagara Falls Community Health Centre</b><br><small>(4790 Victoria Ave)<br/>9:00-3:00</small>  | <b>21</b><br><b>Mississaugas of the Credit First Nation Community Centre</b><br><small>(659 New Credit Rd)<br/>9:00-3:00</small> | <b>22</b><br><b>Value Village Battlefield Plaza</b><br><small>(840 Queenston Rd, Stoney Creek)<br/>8:00-4:00</small>    | <b>23</b><br><b>CityHousing Hamilton –</b><br><small>395 Mohawk Rd. E<br/>8:00-4:00</small>          | <b>24</b><br><b>Good Shepherd Venture Centre</b><br><small>(155 Cannon St. E)<br/>8:00-4:00</small>                   | <b>25</b> |
| <b>26</b> | <b>27</b><br><b>Les Chater Family YMCA</b><br><small>(356 Rymal Rd E)<br/>8:00-4:00</small>                    | <b>28</b><br><b>Centre on Barton</b><br><small>(1275 Barton St. E)<br/>8:00-4:00</small>   | <b>29</b><br><b>Bridges Community Health Centre – Port Colborne Site</b><br><small>(380 Elm St.)<br/>9:00-3:00</small>  | <b>30</b><br><b>Compass Community Health</b><br><small>(438 Hughson St. N)<br/>8:00-4:00</small>     |   |           |

**Legend:** Teal: Hamilton location; Pink: Niagara location; Purple: Territory location; Green: Special Event; Blue: Workplace

\* Our last appointment is 30 minutes before the Coach closes

**CCO** Hamilton Niagara Haldimand  
Brant Regional Cancer Program  
in partnership with Cancer Care Ontario



[www.hnhbscreenforlife.ca/schedule](http://www.hnhbscreenforlife.ca/schedule)

**905-975-4467 or 1-855-338-3131**

\*locations and times subject to change

## Mental Wellness Resources & Counselling Services

|   |  |
|---|--|
| MCFN Adult Mental Health Worker-Faith Rivers<br>Faith.Rivers@mncfn.ca   | 519-732-5768   |
| Haldimand Norfolk Reach Services 24/7 days a week<br>Townsend, Ontario www.hnreach.on.ca                                  | 519-587-2441 x 350<br>1-800-265-8087   |
| Qualia Counselling Services – 4 locations<br>www.qualiacounselling.com  | Main Line 1-844-380-3228<br>Six Nations 1-519-445-1929<br>Brantford 1-519-720-9922<br>Kitchener 1-519-804-4450 |
| Lori Gill (Non-Insured Health Benefits)<br>Attachment and Trauma Treatment Centre<br>For Healing (ATTCH)<br>www.attch.org | Niagara On The Lake 1-905-684-9333   |
| Non Insured Health Benefits:<br>Ask for Counselling for Mental Health<br>www.sac-isc.gc.ca                                | Main Office 1-800-640-0642   |

### **You are Not Alone**

24 hour Crisis Lines to Talk or Text:

|   |                |
|---|----------------|
| United Way Worldwide<br>(Free Confidential referral and information helpline and website<br>that connects people of all ages, from all communities to essential health<br>and human services they need 24 hr./day 7 days a week.) | Dial 211       |
| Victim Services Haldimand/ New Credit   | 1-800-264-6671 |
| First Nations & Inuit Hope for Wellness Help Line   | 1-855-242-3310 |
| Six Nations Crisis Line   | 1-866-445-2204 |
| Kids Help Phone<br>Text: CONNECT to 686868  | 1-800-668-6868 |
| Crisis Assessment and Support Team (CAST)   | 1-866-487-2278 |
| Ontario Mental Health Help Line   | 1-866-531-2600 |
| National Indian Residential School Crisis Line 24/hr.   | 1-866-925-4419 |



**Hunter Tobicoe. September 23, 2002 – August 23, 2020.**

I can't believe I am saying this, but August 23 marks 1 miserable year since our dear Hunter gained his wings. To say this year has been hard is an understatement.

We lost such a bright light. Hunter was full of beans. Looking outside and not seeing him by the fire, or climbing a tree or running from his brothers and sisters has been so difficult. Life will never be the same.

He was such a good kid and a kind soul. He is missed so much every day by his family and friends.

This boy was such a beautiful gift of life, his sudden passing is still so unbearable at times, but then we remember that mischievous smile of his and can't help but smile and remember all the great times with him.

He was someone who wanted people to be happy. As a kid he hated seeing people upset and would do anything to put a smile on their face.

We only wish that we could see his smile and hug him just one more time, but until that day we meet again, we will treasure these beautiful memories.

We love and miss you so much Hunter.

Lovingly remembered by Mom, Dad, Graham & Michele, Robbie & Amy, Kaitlyn & Dan, Briana, Jordan, Liyah and Nieces & Nephews.



Gilbert Stacey LaForme passed away suddenly on Monday, August 16, 2021. Loving son of R. Stacey LaForme and Stephanie L. LaForme; step-son of Tara LaForme. Loving Big Brother of R. Kelly, Patrick J. (PJ), Ethan, and Megan. Partner to Lisa Anderson, and step-dad to Brooklyn and Addy. Former husband to Gayle Wanzo-Harris, and step-father to Wesley Turner. Brother-in-law to Tabitha and special friend to her parents Don & Jane. Sassy uncle to Andarial, Octivia, Ralph, and Araiah. Sadly missed by aunts, Julie LaForme, Touche Harris, Corey Harris; uncles, Tom Harris, and Vernon Harris; many cousins - LaForme and Harris families, and many many friends. Gilly was the eldest grandson of the late Ralph & Anne LaForme, and Vernon & Josephine Harris, and oldest nephew to the late Tony LaForme. Gilly will be greatly missed by many friends, co-workers, and extended family members.

Please join us in extending our love, prayers and condolences to the families. We are thinking of you and send our strength during this difficult time.

# BUSINESS SECTION



**Offering  
Virtual  
Tea Leaf  
Readings  
and  
Traditional  
Counselling**



**EdebwedOgichidaa-Val King, Chartered Herbalist  
Please call 519-802-7015 for appointment.**



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**Offering lunch time delivery to local area. Everything homemade....burgers, corn soup, chili, sconedogs, salads, fruit, veggie and kabossa trays and more. Call to place order....732 New Credit Rd. Hours 11am to 3pm for lunch, 4pm to 7pm for dinner**



## Secords Crafts

Mississaugas of the  
New Credit First Nation  
3238 Second Line Road,  
Hagersville, Ont. N0A 1H0  
(905) 768-9310 • (905) 768-5713

*The Business Section  
is free advertising for  
MCFN Members  
who own businesses.  
Take advantage of  
this free advertising!*

**CONTACT:**  
*communications@  
mncfn.ca*

*Dancing Moon Holistic*

*"Empowering the Spirit"*



Finding peace within

3534 6th Line  
Oriswaken, ON N0A 1M0  
Mississaugas of the Credit

519-802-7015  
<https://www.facebook.com/DancingMoonH/>



DANCING MOON HOLISTIC

EMPOWERING YOUR SPIRIT

**Dianne Sault**  
Owner

Mississaugas of the Credit First Nation  
Hagersville, ON N0A 1H0

[www.kcsweets.ca](http://www.kcsweets.ca)

[www.facebook.com/kcsweets](http://www.facebook.com/kcsweets)  
Orders@kcsweets.ca     Dianne@kcsweets.ca  
Instagram: kc\_sweets

289-775-7199



**Dreamcatcher Florals by  
Dianne**

8 Anishnabek Street  
New Credit Reserve

1-905-768-9555  
email: [diannelaforme@hotmail.com](mailto:diannelaforme@hotmail.com)





# CONTACT INFORMATION

Mississaugas of the Credit First Nation

2789 Mississauga Road, Hagersville, ON N0A 1H0



<https://www.facebook.com/mississaugasofthecreditfirstnation/>

[www.youtube.com/channel/UCLI\\_99I\\_p8-aAmCM4SEXkgQ](http://www.youtube.com/channel/UCLI_99I_p8-aAmCM4SEXkgQ)



@mcfirstnation

mcfirstnation

## Chief R. Stacey Laforme

905-979-9254

Email: [Stacey.Laforme@mncfn.ca](mailto:Stacey.Laforme@mncfn.ca)

## Councillor William Laforme

905-869-5798

Email: [BillL@mncfn.ca](mailto:BillL@mncfn.ca)

## Councillor Cathie Jamieson

905-869-5761

Email: [CathieJ@mncfn.ca](mailto:CathieJ@mncfn.ca)

## Councillor Erma Ferrell

905-869-5760

Email: [ErmaF@mncfn.ca](mailto:ErmaF@mncfn.ca)

## Councillor Evan Sault

905-869-5767

Email: [EvanS@mncfn.ca](mailto:EvanS@mncfn.ca)

## Councillor Julie Laforme

905-869-5763

Email: [JulieL@mncfn.ca](mailto:JulieL@mncfn.ca)

## Councillor Veronica King-Jamieson

905-869-5753

Email: [VeronicaK@mncfn.ca](mailto:VeronicaK@mncfn.ca)

## DEPARTMENT CONTACTS

Administration, Culture and Special Events:

Phone: 905-768-1133

Consultation and Accommodation:

Phone: 905-768-4260

EarlyON Child and Family Program:

Phone: 289-758-5599

Ekwaamjigenang Children's Centre:

Phone: 905-768-5036

Employment and Training:

Phone: 905-768-1181 ext. 223

Governance:

Phone: 905-768-4983.

Housing:

Phone: 905-768-1133 ext. 227

Lands, Membership and Research:

Phone: 905-768-0100

Lifelong Learning

Phone: 905-768-7138

Media and Communications:

Phone: 905-768-5858

Ontario Works:

Phone: 905-768-1181 ext. 225

Public Works:

Phone: 905-768-1133

Social and Health Services:

Phone: 905-768-1181

Sustainable Economic Development:

Phone: 905-768-1133, ext. 244

## EMERGENCY CONTACTS

Brandon Hill, Infrastructure Manager:

905 517-7900

Matthew Sault, Infrastructure Assistant:

905 971-2982

Raymond Hill-Johnson, Technical Resource Manager

519-865-3883

Fire Department: 905 318-5932

Police Department (Cayuga): 905 772-3322

Roads Garage: 905 768-1133 ext 243