



# EAGLEPRESS NEWSLETTER

## Chief Laforme opens CBC's coverage of Tokyo 2020 Olympics



Photo Credit: CBC Olympics

Watch here! <https://www.youtube.com/watch?v=loPdTrrl-jY>

## Vision Statement in Ojibwe:

*Ezhi niigaan waabjigaayewaad Mississaugas of the Credit endaawaad (the vision of these people). Ezhip mino maadzijig (living a joyful life), ezhi waamji-gaazwaad (their identity, how people have identified them), ezhi debwedmowaad (their beliefs), ezhi mimiingaazwaad (what was given to them by Creation, what they always had, their heritage), niigaabminunkiwaad Anishinaabek (is how they always lived as Anishinaabek).*

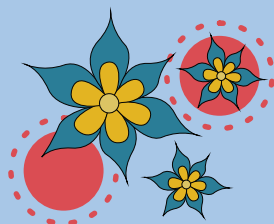
*Translated by: Nimkew Niinis, N'biising First Nation.*

# Eaglepress Newsletter

The Eaglepress newsletter is available for download at **[www.mncfn.ca](http://www.mncfn.ca)**. We encourage members to view the online version rather than subscribing to print to help us care for Mother Earth and save print and postage costs.

The Eaglepress will continue to evolve with new features and information. If you have suggestions for the newsletter, please contact:

Media and Communications Department  
Office: 905-768-5858  
Email: [communications@mncfn.ca](mailto:communications@mncfn.ca)



## **Artwork Acknowledgement**

LSK Mural: Eaglepress Newsletter acknowledges artist(s) Philip Cote, Tracey Anthony, Rebecca Baird, for use of their artwork for our identifier, marketing and promotional materials.

The original artwork (pictured below) is located in the Library at Lloyd S. King Elementary School.



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## Chief R. Stacey Laforme

I want to thank everyone for doing their part to ensure our Nation is as safe as possible during these challenging times.

Many thanks to the COVID-19 Working Group, MCFN staff, and the Haldimand Norfolk Health Unit for helping make our Vaccine Clinics a success. At this point, 60% of our community have received at least their first dose!

Keep checking the MCFN website and social media for the latest COVID-19 updates for our community.



### The Promise

It was my honour to be included in CBC's coverage of the Tokyo 2020 Olympics Opening Ceremonies. In the 8-minute film by Tim Thompson I narrated my poem the Promise. The full video can be found here: <https://www.youtube.com/watch?v=loPdTrrl-jY> or on our social media.

"We were promised

We live in a world that has such beauty, yet that beauty is overshadowed

Even our mother the earth cries

We are losing any sense of connection to our planet, to each other

Our future is no longer promised

It was not supposed to be this way

We were promised love, happiness and safety when we came to this world

Yet it seems promises do not possess the weight they once did

No longer are they born in the heart, and formed in the soul

But are merely words of convenience that flow from unconsidering lips

We were promised

As each promise fell, so too did we

But we still need them, never has it been more apparent

We need to reclaim the promise that we are all born into, that we have a right to

Stand with me, take my hand

Let us remember, and let truth emerge from the heart and spirit

A commitment that shall not break nor wither with age, but only grow stronger in time

Let us build on our promise and heal wounds

I promise to be better, to do better, I promise to love, honour and care for our mother the earth

I promise to ensure our children grow up and do not live under the shadow of violence

I promise to embrace the things in life that make you and I different

I promise that I will love even though I may not know you

I shall not forget the past or the broken promises, but neither shall I dwell there

I embrace this moment of truth and hope, I will carry this idea, this dream, this reality to our future

This is a truth we can stand on, build on.

Before the creator, in front of the world, in my heart and soul, all this I Promise."



## MESSAGE FROM THE CHIEF

**National IRS Crisis Line: 1-866-925-4419**

**IRSS Telephone Support Line: 1-800-721-0066**

**FN & Inuit Hope for Wellness Help Line:**

**1-855-242-3310 Native Youth Crisis Hotline:**

**1-877-209-1266**

**Kids Help Phone: 1-800-668-6868, or text 686868**



Indigenous Services  
Canada

Services aux  
Autochtones Canada

Canada



## Nahnebahwequay (1824-1865) designated a national historic person

Nahnebahwequay (Mrs. Catharine Sutton). "Nahnee" was born at the Credit River Mission Village in 1824 and lived there until she moved to Nawash in 1846.

In the mid-19th century, Nahnebahwequay was a Mississauga activist who fought against colonial policies that dispossessed First Nations from their lands. As a child, she travelled to England with Kahkewaquonaby (also known as Reverend Peter Jones), who petitioned the Crown for First Nations land rights. This trip influenced her later advocacy.

Nahnebahwequay was a voice in the fight for First Nations land rights in the mid-19th century, a time when colonial policies sought to forcibly remove and dispossess Indigenous peoples of their lands. Her lifelong leadership and activism was all the more remarkable as she had to contend with the additional legal restrictions colonial governments placed on Indigenous women. Her experience is representative of the efforts of First Nations to gain support and present their grievances to the Crown during the mid-Victorian era.

Recognized for her oratory skills, she established international support through public lectures while travelling to London where she advocated for First Nation land rights, taking her appeal directly to Queen Victoria in 1860. By challenging colonial conceptions of Indigenous women, including by refusing to portray Indigenous stereotypes during public lectures, she fought for recognition of Indigenous women's agency in economic and political matters, as was the case in Anishinaabe society.

To read more, visit <https://www.pc.gc.ca/en/culture/clmhc-hsmbc/res/information-backgrounder/nahnebahwequay>

And read Donald B Smith's, *Mississauga Portraits: Ojibway Voices from Nineteenth-Century Canada* and *Sacred Feathers: The Reverend Peter Jones (Kahkewaquonaby) and the Mississauga Indians*.



*Nahnebahwequay (Catharine Sutton) seated, book in lap*

© The Grey Roots Archival Collection



From Dundas Ronesvalles Peace Garden:

Sweetgrass, the sweet-smelling hair of mother earth, and one of the four most sacred plants to many Indigenous nations, is featured in the Indigenous Circle Garden at the Peace Garden this year., where the plants thrive and nurture the memorial to Indigenous children who did not survive Canadian residential schools.

To start the planting season this year, Robina Jay, brought the Sweetgrass plants from the Medicine Wheel Garden on Wendat Lands at Eglinton Flats she tends. Elder Carolyn King, brought sacred tobacco from the home of the Mississaugas of the Credit First Nation. We held a Minute of Silence to respect the children.

Carolyn King spoke to how meaningful it is to continue friendships with people and places like the Friends of the Peace Garden, where the Moccasin Identifier Project re-establishes Indigenous presence, never to be forgotten.

With her, came Myles Brown, the NC BioDiversity Co-ordinator, for their First Nation. He planted the Sweetgrass, and White Sage plants with the energetic help of Derek Vaz' son. The young son of Jessica Olivier and Derek Hersey thanked all Peace Garden guests with tobacco, grown at the Peace Garden last year.



## 2021 Community Trustee Elections

The Community Trust will be holding elections this year through the online voting website hosted by the Indigenous company, One Feather. Please visit the One Feather website <https://www.onefeather.ca/nations/mcfn> and click the red button to get started. You will need to register your name and email address to be able to vote.

### Who Can Be Nominated and How Do You Get Nominated?

If you meeting the following criteria, you are eligible to have your name submitted for the Trustee positions available:

- 1) Must be a MCFN Band Member;
- 2) Must be at least 30 years of age as of Monday August 2, 2021;
- 3) Must have an Ontario Secondary School Diploma or Equivalent;
- 4) At least 4 of the 5 successful Trustees must reside within the New Credit Reserve; and
- 5) Must be able to confirm Criteria 1-4 within 30 days of the closing of the election (by September 21, 2021)

### Trust Positions Available and Terms

The Community Trust has five (5) Elected Trustee positions with three (3) terms, among the eight (8) overall Trustees. In normal times, the Community Trust would hold an Annual General Assembly and Election, where each year one or two of the Elected Positions would be filled and each would serve a full three (3) year term. Unfortunately, due to the Covid-19 Pandemic and the First Nation's restriction on In-Person meetings, the 2020 AGA and Elections could not be held. As well, two positions were vacated, one in 2019 and one in 2020.

This year, all five positions of the Elected Trustees are available and the voting will determine the ranking for each successful candidate. The two top vote totals will serve the full three (3) year term, the next two highest total votes will assume the two positions that would have been selected in 2020 and the next highest vote total will serve the position that has one year remaining. This method will bring the Community Trust back on track for our annual elections with full three year terms.



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## How Do I Vote?

Since the 2021 Trustee Election will be done virtually through the One Feather company, you must register through the One Feather Webpage first. Please note the 2021 Chief and Council Elections will be undertaken through the same online company, so please take some time to register yourself and you will be registered for the Chief and Council elections later this year.

- 1) On Monday August 9, 2021 until Monday August 23, 2021, you can visit <https://www.onefeather.ca/nations/mcfn> and click the Red Button to get started. You can also visit <https://www.onefeather.ca> and click the Red "Vote Now" button.
- 2) Make your selection of up to five (5) Selections for Trustee. (The system will not allow more than five selections, but you can select only one person or more if you choose to)
- 3) Click "Submit" and you are done, you have voted.
- 4) Logout and thank you for voting.

### Community Trust Contact Information

Website [www.mncfncommunitytrust.com](http://www.mncfncommunitytrust.com)

Email [mncfncommunitytrust@on.aibn.com](mailto:mncfncommunitytrust@on.aibn.com)

Facebook Mississaugas of the New Credit First Nation Community Trust

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## Message from Councillor Julie LaForme, Pillar 7 Lead, Inclusive Leadership and Governance

Aanii,

As the Pillar Lead for Inclusive Leadership and Governance I sit on the following sub committees that meet monthly: MCFN Constitution, Peacekeepers, and Land Claims. As well, our Governance Committee continues to meet monthly.

I want to encourage you to register for OneFeather to help make your voice heard in important upcoming community elections and decisions: **<https://www.onefeather.ca/nations/mcfn>**

You can watch all our Governance Community Engagement sessions, including the OneFeather presentation by Lawrence Lewis at any time on our Members Only website. Stay tuned for our next session!

When you attend these sessions you are entered to win a \$25 gift card, and later on we will be doing a draw for an iPad for anyone who has attended 5+ sessions! Currently people who have already been entered are: Tanya and Hazel LaForme, Carly Szabo, Bryan Henry, Cassandra Sault and Rebecca Sault!

# AUGUST EVENTS SCHEDULE

SHS STAFF EVENTS FOR August 2021

905-768-1181

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
	<b>HOLIDAY</b>	Foot care Water Collection Archery4-7pm SHS	Foot care	Foot care Archery4-7pm SHS Mindful Eating 1:30-3pm HBHC Gift/Other P/U	Immun Clinic Foot care	
8	9	10	11	12	13	14
	Foot care HBHC Gift/Other P/U Summer Day Camp Reg. 9-4pm Ages 6-12 Session 3 Code Youth Kit P/U 9:30-3:330 Youth Giveaway 9-3pm Kindergarten Camp Reg 9-4 Text Leslie Women's Group 3-4:30pm	Craft Kit Delivery Archery4-7pm SHS Water Collection Youth Giveaway 9-3pm Code Youth Kit P/U 9:30-3:330 Summer Day Camp Reg. 9-4pm Ages 6-12 Session 3 Kindergarten Camp Reg 9-4 Text Leslie		HBHC Gift/Other P/U Archery4-7pm SHS  Food Bank	Immunization Clinic	Family Game Day 10-4pm SHS  Annual Picnic Kit P/U 11-1pm SHS
15	16	17	18	19	20	21
	HBHC Gift/Other P/U Summer Day Camp Kit P/U 3-6pm for session 3 Women's Group 3-4:30pm Kindergarten Camp Kit P/U 3-6 Wild Rice Moon Registration Deadline 4pm	Water Collection Archery4-7pm SHS FASD Golf Kit P/U	FASD Golf Kit P/U	HBHC Gift/Other P/U Archery4-7pm SHS Food Bank TBD Wild Rice Moon Kit P/U 1-3pm	Immunization Clinic	
22	23	24	25	26	27	28
	HBHC Gift/Other P/U Women's Group 3-4:30pm	Water Collection Archery4-7pm SHS Cancer Coach 9-3pm		Music Delivery HBHC Gift/Other P/U Archery4-7pm SHS Food Bank	Mental Wellness Day	
29	30	31				
	HBHC Gift/Other P/U Women's Group 3-4:30pm	Meal Delivery Water Collection Archery4-7pm SHS			Immunization Clinic	



June 24, 2021

## How to Request Your COVID Vaccine Information to Update Your Personal Health Records

Individuals who have received their 1st and 2nd doses at the Mississauga's of the Credit First Nation (MCFN) Vaccine Clinics can update their immunization record onto COVaxON by contacting their local Public Health Unit.

First individuals who have received their 1st and 2nd doses at the MCFN Vaccine Clinics can forward their request by email [vaccine@mncfn.ca](mailto:vaccine@mncfn.ca) be sure to include;

- Full first and last name, date of birth, address and updated phone number
- Dates of vaccinations
- Health Card Number or Status Number
- Choice of
  - a) curbside pickup with a personal identification card (drivers license, status card, OHIP card
  - b) permission and consent to receive information by email or
  - c) mail hard copy to a mailing address provided

Expect a response between 5-10 business days.

You may also want to provide a copy of your vaccine information to your Primary Healthcare Provider, Specialist, and any other health professional.

As the COVID Pandemic begins to shift MCFN will continue to provide the most up to date information as the situation evolves.

Miigwech,

MCFN COVID Working Group



## REMINDER: COVID-19 Precautions

**As Ontario entered Stage 3 of the Province's reopening plan, the following precautions are currently in place for the MCFN:**

- Outdoor social gatherings and organized public events gatherings be permitted for up to 100 people (masks mandatory if a distance of 2m cannot be maintained);
- Indoor social gatherings and organized public events be permitted with up to 25 (five) people (masks mandatory);
- Indoor and outdoor dining permitted, no limits to people per table, with capacity limited to permit physical distancing of 2m;
- All retail be permitted, with a capacity limited to ensure physical distancing (masks mandatory);
- Indoor religious services, rites and ceremonies, including wedding services and funeral services with capacity to ensure physical distancing (masks mandatory);
- Outdoor religious services, rites and ceremonies, including wedding services and funeral services permitted with capacity limited to permit physical distancing of 2m;
- Indoor fitness and personal training permitted, with maximum capacity of 50% (masks mandatory if a distance of 3m cannot be maintained);
- MCFN in-person programming will continue to be offered with COVID-19 enhanced precautions in place, which includes kit pick up for on and off reserve members;
- Personal care services open, including those that require removal of masks, with capacity limited to permit physical distancing of 2m

Council is permitting OPP to answer reports of violations of any of the above precautions in place.

Please continue to take extra measures to prevent COVID-19 and the Variants of Concern from spreading in our community. This includes:

- Double masking, or wearing a single mask and a face shield;
- Practicing physical distancing of 2-metres when out of your home to get essential supplies;
- Continuing to wash your hands, and practice good hygiene.

## COVID-19 story from one of our MCFN members

Hello, it has been a rough time with the lockdowns. I was in a car accident in February of 2019 and still not able to work. With all the lockdowns, all my treatment has been messed up. It was a year, I had to go without being able to go to physio. My psychological treatments have all been put online. Even getting the reassessment done, which have all been in the city. Even though I have been able to get a drive there through my insurance, my anxiety has been through the roof.

All of this has caused undo stress on my life, the income replacement from insurance is not a lot of money and the end isn't in sight. A couple of medical assessment said I had high blood pressure, but when I go to doctor he say it's ok. I need to monitor it at home, but don't have a monitor. I haven't been able to see my kids as much as I would like to and I know that bothers them as well as me.

Bills pile up, I love what MCFN Council does for us, I look forward to getting things from them, which is a highlight of my week. It has been a rough go. I do talk to a psychologist once a week but even then, it is hard to open up. With assessment they want you to open up, but it's hard with someone you don't know and have only met once.

With all the talk in the news of residential schools, I remember growing up Native in white society and what I had to endure. Getting chased home from school getting bullied just because I looked different. I am getting by and have a loving partner that I can talk to. I don't know what the future holds, but I have a positive outlook and try to get all the help I can. Thank you for your time

Tony Sault

Member of The Mississaugas of the Credit First Nation.

Further to Tony's story, I was able to reach out to Tony and let him know that the Health Department was able to give him a blood pressure monitor, so he could monitor at home. I happened to email him back the day he emailed his story and was able to catch him while he was in the community picking up his fruit/veggie box from MCFN. I am glad we were able to connect and assist him with what we could. Tony, I thank you for your story and send love & light and positive energy your way for you, your family and your recovery.

Faith Rivers

Adult Mental Health Worker.

Mississaugas of the Credit First Nation



## Six Nations COVID-19 statistics ( as of Newsletter release date)



Status of Cases

(Updated: 2021-07-30)

Six Nations COVID-19 Response Level: Green

Active Cases

0

Total in Self-isolation

10

Currently Hospitalized

0

Total Positive Results

529

Total Resolved

518

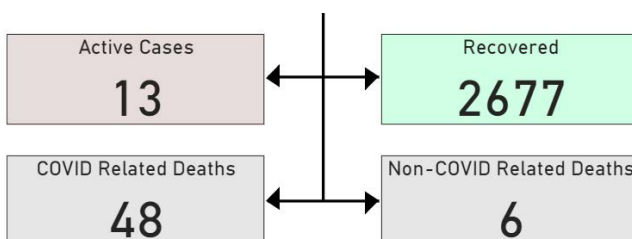
Total Deaths

11

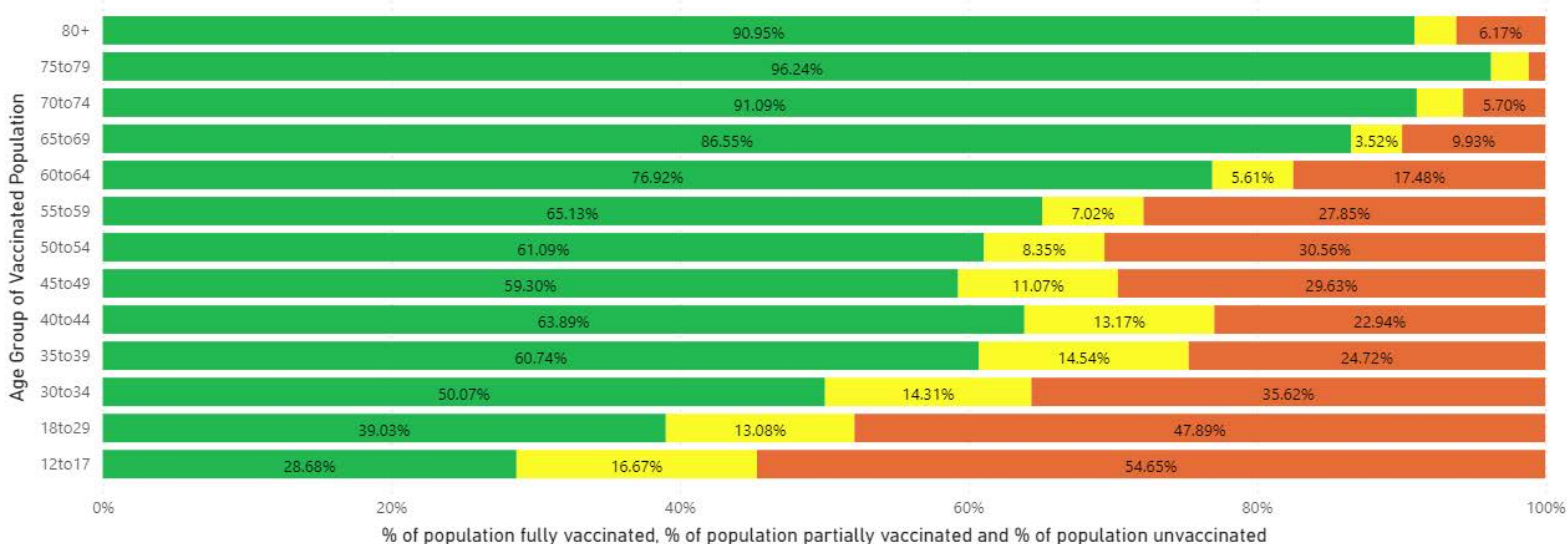
How many cases have we had in the last 7 days?

Date	Positive Results	Resolved	Deaths
27/Jul/2021	0	0	0
28/Jul/2021	0	0	0
29/Jul/2021	0	0	0
30/Jul/2021	0	0	0
<b>Total</b>	<b>0</b>	<b>0</b>	<b>0</b>

## Haldimand-Norfolk COVID-19 statistics (as of Newsletter release date)



## Population of fully vaccinated, partially vaccinated and unvaccinated per age group





# ADMINISTRATION

## Employment Opportunities

**Visit [mncfn.ca/job-board](http://mncfn.ca/job-board) for more information and up-to-date job postings with MCFN and other organizations!**

**Jr. Policy Analyst / Writer**  
**Closing Date: Thursday August 12, 2021 @ 12:00PM**

**Contract Teachers**  
**Closing Date: Thursday August 12, 2021 @ 12:00PM**

**Educational Assistant (Contracts)**  
**Closing Date: Thursday August 12, 2021 @ 12:00PM**

**Educational Assistant**  
**Closing Date: Thursday August 12, 2021 @ 12:00PM**

**Community Wellness Worker**  
**Closing Date: Thursday August 12, 2021 @ 12:00PM**

**LMR Intern**  
**Closing Date: Friday August 5th @ 12:00 pm**

**Family Support Worker (12 month contract)**  
**Closing Date: Friday August 5th @ 12:00 pm**

**Family Support Worker (December)**  
**Closing Date: Friday August 5th @ 12:00 pm**

**Justice Intern**  
**Closing Date: Friday August 5th @ 12:00 pm**

**Cultural Facilitator**  
**Closing Date: Friday August 5th @ 12:00 pm**

**Electoral Officer –Purchase of Service Contract**  
**Closing Date: Friday August 5th @ 4:00 pm**  
**The contract is expected to run September to December 2021**

**Casual Custodian**  
**Closing Date: Open Until Filled**

**Public Works – Casual Worker**  
**Closing Date: Open Call**

**Childcare Casual RECE and EarlyON Facilitator**  
**Closing Date: Open Call**

**Casual Supply Teacher**  
**Closing Date: Open Call**

**After School Program Assistant**  
**Closing Date: Open Call for Resumes**

**Casual Receptionist**  
**Closing Date: Open Call**

**Casual Registered Early Childhood Educator – Afterschool Program**  
**Closing Date: Open Call**

**Opportunities with other Organizations**

**Opportunities with FNTI (First Nations Technical Institute)**  
**Opportunities Canada Summer Games (Niagara 2022)**  
**Visit our job board for more info**

**Request For Proposals**  
**RFP to complete a Business Plan for Moccasin Identifier**  
**Visit our job board for more info**



## Request for Proposal (RFP)

Title: RFP to complete a Business Plan for Moccasin Identifier

### 1. BACKGROUND (PAST AND PRESENT)

Initiated, designed, and led by the Mississaugas of the Credit First Nation (MCFN), the **Moccasin Identifier** is a teaching tool and public awareness-building initiative for Treaty relationships between Indigenous and Non-Indigenous Peoples.

Containing two core streams, the Moccasin Identifier includes free online Treaty teaching content, a made for purchase stenciling kit (\$100) with 4 Moccasin stencils for classroom and community activities (to ground their learnings) and a public awareness building component, in and around significant archaeological sites, for the purpose of sharing history on the landscape. The education kit stream benefits from a Teachers Working Group, and the public awareness building stream of the project will be in partnership with many other organizations, like Indigenous Tourism Ontario, City of Toronto and others.

#### **Moccasin Identifier Vision**

To advance Treaty and Indigenous awareness and knowledge by covering Canada in Moccasins.

#### **Moccasin Identifier Mission**

To educate children on Treaties through the Moccasin Identifier educational kit, build public awareness to Indigenous culture on the landscape through site installations of moccasins, strengthening social cohesion, facilitating knowledge transfer and develop a network of knowledge for organizational change for the benefit of truth and reconciliation.

#### **Moccasin Identifier Strategic Directions**

1. Help facilitate a cultural shift in **Canada, starting in the Greenbelt and then Ontario**, by sharing Treaty history with children through the distribution of accessible educational kits
2. Develop a coordinated branding program to mark significant Indigenous sites for the benefit of public awareness
3. Form partnerships with communities and organizations to build understanding, engagement and support
4. Create a network of knowledge on Treaties to restore harmony between Indigenous and Non Indigenous people

## MCFN EarlyON Weekly Virtual Schedule

Monday to Friday

Monday	Tuesday	Wednesday	Thursday	Friday
9:30 am- Mental Health/Community Resources Post by Jolene Hill SSW	9:00-10:00am- Infant Massage pre-registered LIVE ZOOM with Shelby and Laura	9:30 am- Mental Health/Community Resources Post by Jolene Hill SSW	9:30 am- Mental Health/Community Resources Post by Jolene Hill SSW	9:30 am- Mental Health/Community Resources Post by Jolene Hill SSW
10:30 am- Breakfast/Snack recipe post by Shelby Riddell RECE	9:30 am- Mental Health/Community Resources Post by Jolene Hill SSW	10:30 am- Breakfast/Snack recipe Post by Shelby Riddell RECE	10:30 am- Breakfast/Snack recipe post by Bridgette Ferreira RECE	10:30 am- Breakfast/Snack recipe Post by Shelby Riddell RECE
11:00 am- Circle Time Video with Shelby Riddell RECE	10:30 am- Breakfast/Snack recipe Post by Bridgette Ferreira RECE	11:30 am- Activity of the Day Post by Bridgette Ferreira RECE	11:00 am- Circle Time LIVE ZOOM with Bridgette and Shelby	11:00 am- Mental Health LIVE ZOOM with Jolene Hill
11:30 am- Activity of the Day Post by Bridgette Ferreira RECE	11:30 am- Activity of the Day Post by Shelby Riddell RECE	1:30 pm- Circle Time Video Post with Bridgette Ferreira RECE	11:30 am- Activity of the Day Post by Shelby Riddell RECE	11:30 am- Forest Fridays Post with Bridgette Ferreira RECE
2:00 pm- Cultural Activity Post by Laura Reid	2:00 pm- Cultural Activity Post by Laura Reid	2:00 pm- Sharing Circle LIVE with Laura Reid	2:00 pm- Cultural Activity by Post Laura Reid	2:00 pm- Cultural Activity Post by Laura Reid
Anishanaabemowin Word of the Day by Laura Reid	Anishanaabemowin Word of the Day by Laura Reid	Anishanaabemowin Word of the Day by Laura Reid	Anishanaabemowin Word of the Day by Laura Reid	Anishanaabemowin Word of the Day by Laura Reid
3:00 pm- Dinner recipe Post by Shelby Riddell RECE	3:00 pm- Dinner Recipe Post by Bridgette Ferreira RECE	3:00 pm- Dinner recipe Post by Shelby Riddell RECE	3:00 pm- Dinner Recipe Post by Bridgette Ferreira RECE	3:00 pm- Dinner recipe Post by Shelby Riddell RECE
	6:00-7:00pm- Infant Massage pre-registered LIVE ZOOM with Bridgette and Laura			

## COMMUNITY WELLNESS 2021-2022

**MCFN COUNCIL HAS APPROVED \$2,000.00 FOR THE 2021-2022 COMMUNITY WELLNESS**

### DISTRIBUTION

**THE FOLLOWING CHANGES WILL APPLY TO THE 2021-2022 COMMUNITY WELLNESS PROCESS DUE TO THE PANDEMIC**

The 2021-2022 Community Wellness applications will be available starting March 15th, 2021. Applications will be available at the [mncfn.ca](http://mncfn.ca) website or call the LMR office and they will mail or email you an application. Contact information is below.

**Application forms and 2 pieces of ID:**

- Will be accepted starting March 16, 2021 via mail, email or drop off at the mail slot at the Lands, Membership and Research office at 6 First Line.
- **Members must use the new 2021-2022 application form for \$2,000**  
**Applications will not be accepted if other forms are used**
- Direct deposit (CANADIAN ACCOUNTS ONLY) is the preferred method of payment, your name must appear on your void cheque or direct deposit form. If your name is NOT on it, a cheque will be mailed to you
- If you request a cheque, it will be mailed to you. Please ensure your address is up to date.
- **You do not need to submit a quote, receipt or estimate, this year only!**
- **All payments will start after April 8, 2021.**

**AS A SAFETY PRECAUTION NO ONE WILL BE ALLOWED INTO THE LMR OFFICES TO DROP OFF APPLICATIONS OR PICK UP CHEQUES**

**Acceptable Valid ID (must provide a front and back):**

- Birth certificate
- Status card
- Health Card
- Drivers licence
- Employee ID with photo
- Student ID with photo
- Firearms license
- Passport or Nexus card

**Contact:**

**Phone - 1-905-768-0100**

**Email: [cw@mncfn.ca](mailto:cw@mncfn.ca)**

**Mailing address:**

**LMR/Community Wellness**

**2789 Mississauga Rd**

**Hagersville, ON**

**N0A 1H0**



## MISSISSAUGAS OF THE CREDIT FIRST NATION

### COMMUNITY WELLNESS EXPENSE CLAIM FORM-ADULT 2021-2022

Mailing Address: LMR/Community Wellness 2789 Mississauga Rd., R.R. #6 Hagersville, ON N0A 1H0

Email: [cw@mncfn.ca](mailto:cw@mncfn.ca)

FULL NAME (as it appears on your Status Card):	REGISTRY NUMBER (10 DIGIT):
FULL MAILING ADDRESS (including Postal/Zip Code):	BIRTHDATE (YYYY-MM-DD):
EMAIL ADDRESS (required if getting Direct Deposit):	TELEPHONE NUMBER (including area code):
<p>PLEASE INDICATE THE FOLLOWING OPTIONS:</p> <p><input type="checkbox"/> Cheque Mail Out</p> <p><input type="checkbox"/> Direct Deposit (Canada only)*</p> <p>*Include a void cheque or direct deposit form*</p> <p><input type="checkbox"/> On File <input type="checkbox"/> New Account</p>	<p>All applications must include front and back photocopies of 2 pieces of ID, 1 being photo ID. Please ensure that all information on each ID is clearly visible.</p>

I hereby authorize the use of my address/email for various MCFN initiatives (such as. Voter's List, MCFN Community Trust, Eagle Press Newsletter, Governance Community Engagement, Internal Department's use). Under no circumstances will MCFN share your personal information with outside agencies.

(BAND MEMBERS PLEASE INITIAL HERE)

<b>X</b> <i>Signature</i> <i>Date:</i>	<b>Total Receipts:</b>  <b>Amount:    \$    2,000.00</b>
---	--

-----Do not write below this line. For Office Use Only-----

Documents provided for identity: \_\_\_\_\_ Department's Initials \_\_\_\_\_

☐ Status Card ☐ Confirmation of Status ☐ D.L. ☐ H.C. ☐ B.C. ☐ Other ID (\_\_\_\_\_)

Amount Claimed:	Remaining Balance:

Account Number:	64300
Dept. Number:	100030
Cheque Number:	
Cheque Date:	

Department Signature: \_\_\_\_\_

Date Received \_\_\_\_\_

## MISSISSAUGAS OF THE CREDIT FIRST NATION

### COMMUNITY WELLNESS EXPENSE CLAIM FORM-CHILDREN (Newborn-17 Years) 2021-2022

Mailing Address: LMR/Community Wellness 2789 Mississauga Rd., R.R. #6 Hagersville, ON N0A 1H0

Email: [cw@mncfn.ca](mailto:cw@mncfn.ca)

CHILD'S FULL NAME (as it appears on Status Card):	CHILD'S REGISTRY NUMBER (10 Digit):
NAME OF LEGAL PARENT/GUARDIAN: (proof of legal custody)	LEGAL PARENT/GUARDIAN'S REGISTRY NUMBER:
COMPLETE MAILING ADDRESS:	CHILD'S BIRTHDATE (YYYY-MM-DD):
PARENT/GUARDIAN EMAIL ADDRESS (Required for Direct Deposit):	TELEPHONE NUMBER (including area code):
<p>PLEASE INDICATE THE FOLLOWING:</p> <p><input type="checkbox"/> Cheque Mail Out</p> <p><input type="checkbox"/> Direct Deposit (Canada Only)*</p> <p>*Include a void cheque or direct deposit form*</p> <p><input type="checkbox"/> On File <input type="checkbox"/> New Account</p>	<p>All applications must include front and back photocopies of 1 piece of minor ID and 1 piece of parent/guardian photo ID.</p>

<b>X</b>	<b>Total Receipts:</b>
Parent/Guardian Signature Date:	Amount: \$ <b>2,000.00</b>

-----Do not write below this line. For Office Use Only-----

Documents provided for identity of child and parent/guardian: Department's Initials \_\_\_\_\_

☐ Status Card ☐ Confirmation of Status ☐ Proof of Legal Custody ☐ D.L. ☐ H.C. ☐ B.C. ☐ Other I.D. ( ☐ )

Amount Claimed:	Remaining Balance:

Account Number:	64300
Dept. Number:	100030
Cheque Number:	
Cheque Date:	

Department Signature: \_\_\_\_\_

Date Received \_\_\_\_\_

## HOUSING

**NOTICE:** Fire Extinguishers have been provided to Housing for distribution by OFNTSC. (Ontario First Nation Technical Services Corp.)

These will be made available to seniors only at this time -for pick-up – please provide Band and senior identification (over 65).

They are available for pick up at the lower parking lot of the Band Office on August 11/2021 from 12 noon to 3 p.m. Rain or shine. Until they are gone.

**FIRST COME FIRST SERVE.**

## MESSAGES FROM THE COMMUNITY



"I want to say thank you for the fresh produce delivery, it was very much appreciated."

- John Barnes

"I'm looking to purchase 1 or 2 acres of land so that I can build a home closer to my family."

- Robert King, Band Member

E-Mail: o2fbi@hotmail.com

To submit a message in the newsletter  
please email [communications@mncfn.ca](mailto:communications@mncfn.ca)  
or call the communications office.

## Mental Health Resources & Counselling Services

MCFN Adult Mental Health Worker-Faith Rivers Faith.Rivers@mncfn.ca (change of cell number)	519-732-5768
Haldimand Norfolk Reach Services 24/7 days a week Townsend, Ontario www.hnreach.on.ca	519-587-2441 x 350 1-800-265-8087
Qualia Counselling Services – 4 locations www.qualiacounselling.com	Main Line 1-844-380-3228 Six Nations 1-519-445-1929 Brantford 1-519-720-9922 Kitchener 1-519-804-4450
Lori Gill (Non-Insured Health Benefits) Attachment and Trauma Treatment Centre For Healing (ATTCH) www.attch.org	Niagara On The Lake 1-905-684-9333
Non Insured Health Benefits: Ask for Counselling for Mental Health www.sac-isc.gc.ca	Main Office 1-800-640-0642

### **You are Not Alone**

24 hour Crisis Lines to Talk or Text:

United Way Worldwide (Free Confidential referral and information helpline and website that connects people of all ages, from all communities to essential health and human services they need 24 hr./day 7 days a week.)	Dial 211
Victim Services Haldimand/ New Credit	1-800-264-6671
First Nations & Inuit Hope for Wellness Help Line	1-855-242-3310
Six Nations Crisis Line	1-866-445-2204
Kids Help Phone Text: CONNECT to 686868	1-800-668-6868
Crisis Assessment and Support Team (CAST)	1-866-487-2278
Ontario Mental Health Help Line	1-866-531-2600
National Indian Residential School Crisis Line 24/hr.	1-866-925-4419



## MCFN Mental Health is Sponsoring

### “Celebrating Our Culture”

**Month of August: Manoomin Dabik Giizis - Wild Rice Moon**

This would be the month where the community would be getting ready to host our “Three Fires Homecoming Powwow and Traditional Gathering”, which would have been held on August 21 & 22, 2021. This will be our 2<sup>nd</sup> Powwow that has been cancelled due to the pandemic.

A lot of First Nation Communities are missing their Powwows and Traditional Gathering and feel a bit out of sorts. We may be experiencing feelings of sadness and sometimes disconnect from the Traditional activities that help our spirits shine bright. When First Nation communities gather it is a time of reconnection with old and new powwow family and friends. Powwow weekend is a time of celebration of who we are as Anishinaabe.

I would like to ask MCFN members 18 and up, if you are able, put on your regalia with your favourite powwow music and dance. Cook some traditional foods such as Giigooonh (Fish) with Manoomin (Wild Rice) and maybe put some Miinaan (blueberries), Ode'minan (Strawberries) or Mskominag (Raspberries), with a bit of Ziisbaakdake (Maple Syrup) and have a little food to remember the feeling of feasting with your Powwow family and friends.

I will take 10 pictures or short videos of you dancing in your regalia, along with the traditional foods you have cooked and you can submit your pictures and videos to my email at: [Faieth.Rivers@mncfn.ca](mailto:Faieth.Rivers@mncfn.ca).

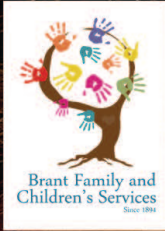
**Registration deadline will be August 16, 2021 at 4 pm.**

**Kit pick up will be held on August 19, 2021 from 1 pm – 3 pm at the doors of Social and Health Services. Please text me when you arrive at 519-732-5768**

**I look forward to seeing all your amazing pictures and videos, Have fun.**

Let's continue to stay diligent with washing your hands, wearing your masks and sanitizing your hands when needed and social distancing. Let's put our Semaa (Tobacco) down and pray that we can gather next year in 2022 at the Three Fires Homecoming Powwow and Traditional Gathering.

Chi Miigwetch !!



*Be their change.*  
Fostering changes lives.

Many children are waiting for that change. The one to bring a smile to their face, or to help support them on their life journey, or simply knowing someone is there for them.

**Be their change.**

Contact Brant Family and Children's Services today to become their change.

1-888-753-8681 | [brantfacs.ca](http://brantfacs.ca)



# SOCIAL AND HEALTH SERVICES



At Brant Family and Children's Services (also known as Brant FACS, CAS, or the Children's Aid Society), we support families to ensure that children are protected from physical, emotional or sexual abuse, and neglect. Our team of caring workers, foster families and volunteers work toward one primary goal: enhance the safety and well-being and support the healthy growth and development of children.

We partner with other agencies in the Brantford/Brant and Mississaugas of the Credit First Nations Community to strengthen support networks and deliver programs that help families in need.

## *What is a Foster Family?*

When a child needs to be brought to a place of safety, the goal is for the child to return to their family. Foster families provide a temporary home for children while in the care of Brant FACS. If the child is unable to return to their family, foster parents provide support while the agency searches for a permanent home for the children. Depending on the circumstances, children and teens may need foster care for a few days, a few weeks, a few months or longer.

## *Each foster child is unique*

Children in care range in age from newborn to young adulthood. They come from a variety of racial and ethnic backgrounds. Some are brothers and sisters hoping to be placed in a home together. Some face physical, emotional and/or mental challenges.

Each is going through a troubled period in their family life. All need warmth, acceptance, structure and consistency.

Brant FACS ensures that children and youth are placed in foster homes where their unique needs can be met.

## *Foster Parents are:*

Caring individuals, couples and families who can give infants, children and youth stability, warmth, understanding, consistency and structure.




- Families who want to reach out to children and youth in need from their community, or from their extended family.
- Families who can meet the special needs of children and youth.
- Families who will enjoy the challenges and rewards of foster family care.
- Families who are willing to work with FACS and the child's family with the goal of the child returning home or to another permanent home.

## *Becoming a Foster Parent*

If you are interested in becoming a foster parent or want to know more about fostering, please call 519-753-8681 or toll free 1-888-753-8681 and ask to speak with our Resources staff.

1-888-753-8681 | [brantfacs.ca](http://brantfacs.ca)

## Visit the Mobile Cancer Screening Coach

-  **Pap tests**  
Ages 25-69, every 3 years
-  **Mammograms**  
Ages 50-74, every 2 years
-  **At-Home test for colon cancer screening**  
Ages 50-74, every 2 years
-  **Help to quit smoking**  
Ages 18+

AUGUST 2021						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 CLOSED	3 CLOSED	4 CLOSED	5 CLOSED	6 CLOSED	7
8	9 CLOSED	10 CLOSED	11 CLOSED	12 CLOSED	13 CLOSED	14
15	16 Bridges Community Health Centre – Fort Erie Site (1485 Garrison Rd) 9:00-3:00	17 Compass Community Health (438 Hughson St. N) 8:00-4:00	18 Six Nations Iroquois Plaza (1721 Chiefswood Rd) 9:00-3:00	19 Six Nations Iroquois Plaza (1721 Chiefswood Rd) 9:00-3:00	20 Six Nations Iroquois Plaza (1721 Chiefswood Rd) Mammo only 9:00-3:00	21
22	23 Value Village Battlefield Plaza (840 Queenston Rd, Stoney Creek) Mammo only 8:00-4:00	24 Mississaugas of the Credit First Nation Community Centre (659 New Credit Rd) 9:00-3:00	25 Six Nations Iroquois Plaza (1721 Chiefswood Rd) 9:00-3:00	26 Six Nations Iroquois Plaza (1721 Chiefswood Rd) 9:00-3:00	27 Niagara Falls Community Health Centre (4481 Queen St.) Mammo only 9:00-3:00	28
29	30 Value Village Battlefield Plaza (840 Queenston Rd, Stoney Creek) 8:00-4:00	31 Bridges Community Health Centre – Fort Erie Site (1485 Garrison Rd) 9:00-3:00				

Legend: **Teal**: Hamilton location; **Pink**: Niagara location; **Purple**: Territory location; **Green**: Special Event; **Blue**: Workplace

\* Our last appointment is 30 minutes before the Coach closes

 Hamilton Niagara Haldimand Brant Regional Cancer Program  
in partnership with Cancer Care Ontario



[www.hnhbscreenforlife.ca/schedule](http://www.hnhbscreenforlife.ca/schedule)

**905-975-4467 or 1-855-338-3131**

\*locations and times subject to change



## PUBLIC HEALTH ALERT

## VACCINES AND VARIANTS



Although restrictions are starting to loosen across Ontario, **COVID-19 is not over**. New variants that transmit more easily are spreading rapidly. Get your second vaccine dose to protect yourself, your family and your community. Even after being fully vaccinated, it is still important to continue to follow public health measures.

### GET YOUR SECOND VACCINE DOSE

- ▶ If you received a first dose of a COVID-19 vaccine, you are not fully vaccinated. **You MUST receive a second dose for the vaccine to work best.** It takes about two weeks after your second dose to develop significant protection against COVID-19.



### SOCIAL GATHERINGS

- ▶ **Social gatherings and celebrations should only include those living in an immediate household**



### CONTINUE TO FOLLOW PUBLIC HEALTH RECOMMENDATIONS

- ▶ **Do not visit other people's homes**
- ▶ Wash hands often
- ▶ Wear a well-fitting mask
- ▶ Cover your cough or sneeze
- ▶ Practice physical distancing of 2-metres when outside of your home
- ▶ **If you have any symptoms**, get tested immediately and stay away from others
- ▶ Self-isolate until you have your test results
- ▶ **Even after you've been vaccinated, you still need to follow public health recommendations**



### MENTAL HEALTH

- ▶ Feelings of stress are common during this time
- ▶ If you require mental health support, call:
  - 911 or the local emergency help line
  - The Canada Suicide Prevention Service (1-833-456-4566) and @KidsHelpPhone
  - The Hope for Wellness Help Line (1-855-242-3310) and <https://hopeforwellness.ca>
  - For those in remote and isolated communities you may also contact your local nursing station



**TIP** As long as you continue practicing physical distancing, going outside for exercise and fresh air is a great way to help with mental health and well-being!



Indigenous Services  
Canada

Services aux  
Autochtones Canada

Canada

## Are you a First Nations/Inuit/Métis Woman with heart issues

*such as stroke, heart attack,  
by-pass, high blood pressure, or angina?*

*We want to hear YOUR story  
about well-being & heart health!*

**You get \$25 for each  
1.5 hour interview!**

To sign up contact:

Kim Sault

Community Research Liaison

Phone: (289) 439-1591

Email: kimsault@hotmail.com

Socially  
Distanced  
Interviews via:

**VIDEO CALL**

**PHONE CALL**

**OR AT HEALTH AND SOCIAL**

### **MENDING BROKEN HEARTS PROJECT**

This study has been reviewed by the  
Hamilton Integrated Research Ethics  
Board (HIREB). REB #5386

Version 3, Jan 8, 2021



1 855 554 HEAL  
**Talk4Healing**  
TALK • TEXT • CHAT





**LaFORME, Ward Paul Jr.**

Miishioobneya (mish-kob-ne-ya) - Red Sunset

**December 13, 1964 - July 5, 2021**

Ward LaForme Jr. was called home by the Creator on July 5th 2021. Ward has travelled on to be reunited with his father Ward LaForme Sr. and his mother Bessie (Hill) LaForme. He will also be met there by his brother Irvin, sister Virginia and his brother Martin. He will always be loved by his sister Joan, his sister Erma (Brent) and his sister Dale. He will be remembered by his nephews and nieces Tracey, Tammy (Kyle), Mark (Karmen), Shawn (Monika) Amy (Jeff) Jake. Will always be sadly missed by his great nephews and nieces Andrew (Drew), Tashina, Taylor (Andy), Randi, Jessica (Jacob), Alex (Alley), Theda-Joan, Aurora, Nick Max, Myah, Phoenix and Hawkley (mother Katie). Great, Great Uncle to Kaiden, Jackson, Gracie, Addy, Devin, Sophia, Hudson, Ellie and Emerson.

---

Please join us in extending our love, prayers and condolences to his family and friends. We are thinking of you and send our strength during this difficult time.



# BUSINESS SECTION



Offering  
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and  
Traditional  
Counselling



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Please call 519-802-7015 for appointment.



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kabossa trays and more.  
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*Secords  
Crafts*

Mississaugas of the  
New Credit First Nation  
3238 Second Line Road,  
Hagersville, Ont. N0A 1H0  
(905) 768-9310 • (905) 768-5713

**Dianne Sault**  
Owner

Mississaugas of the Credit First Nation  
Hagersville, ON N0A 1H0

[www.kcsweets.ca](http://www.kcsweets.ca)

[www.facebook.com/kcsweets](http://www.facebook.com/kcsweets)  
Orders@kcsweets.ca      Dianne@kcsweets.ca  
Instagram: kc\_sweets



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**CONTACT:**  
*communications@  
mncfn.ca*

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Orillia, ON N0A 1M0  
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**DANCING MOON HOLISTIC**  
EMPOWERING YOUR SPIRIT

**Dreamcatcher Florals by  
Dianne**



8 Anishnabek Street  
New Credit Reserve

1-905-768-9555  
email: [diannelaforme@hotmail.com](mailto:diannelaforme@hotmail.com)





# CONTACT INFORMATION

Mississaugas of the Credit First Nation

2789 Mississauga Road, Hagersville, ON N0A 1H0



<https://www.facebook.com/mississaugasofthecreditfirstnation/>

[www.youtube.com/channel/UCLI\\_99I\\_p8-aAmCM4SEXkgQ](http://www.youtube.com/channel/UCLI_99I_p8-aAmCM4SEXkgQ)



@mcfirstnation

mcfirstnation

## Chief R. Stacey Laforme

905-979-9254

Email: [Stacey.Laforme@mncfn.ca](mailto:Stacey.Laforme@mncfn.ca)

## Councillor William Laforme

905-869-5798

Email: [BillL@mncfn.ca](mailto:BillL@mncfn.ca)

## Councillor Cathie Jamieson

905-869-5761

Email: [CathieJ@mncfn.ca](mailto:CathieJ@mncfn.ca)

## Councillor Erma Ferrell

905-869-5760

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## Councillor Evan Sault

905-869-5767

Email: [EvanS@mncfn.ca](mailto:EvanS@mncfn.ca)

## Councillor Julie Laforme

905-869-5763

Email: [JulieL@mncfn.ca](mailto:JulieL@mncfn.ca)

## Councillor Veronica King-Jamieson

905-869-5753

Email: [VeronicaK@mncfn.ca](mailto:VeronicaK@mncfn.ca)

## DEPARTMENT CONTACTS

### Administration, Culture and Special Events:

Phone: 905-768-1133

### Consultation and Accommodation:

Phone: 905-768-4260

### EarlyON Child and Family Program:

Phone: 289-758-5599

### Education:

Phone: 905-768-4983

### Ekwaamjigenang Children's Centre:

Phone: 905-768-5036

### Employment and Training:

Phone: 905-768-1181 ext. 223

### Housing:

Phone: 905-768-1133 ext. 227

### Lands, Membership and Research:

Phone: 905-768-0100

### Media and Communications:

Phone: 905-768-5858

### Ontario Works:

Phone: 905-768-1181 ext. 225

### Public Works:

Phone: 905-768-1133

### Social and Health Services:

Phone: 905-768-1181

### Sustainable Economic Development:

Phone: 905-768-1133, ext. 244

## EMERGENCY CONTACTS

### Brandon Hill, Infrastructure Manager:

905 517-7900

### Matthew Sault, Infrastructure Assistant:

905 971-2982

### Raymond Hill-Johnson, Technical Resource Manager

519-865-3883

Fire Department: 905 318-5932

Police Department (Cayuga): 905 772-3322

Roads Garage: 905 768-1133 ext 243