



# EAGLEPRESS NEWSLETTER

## THREE FIRES POW WOW AND TRADITIONAL GATHERING

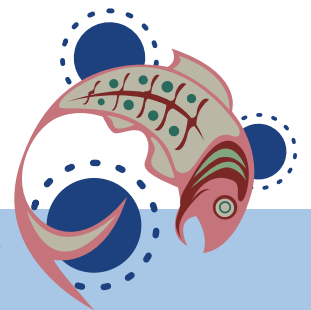
From August 23 - 25, 2019, the New Credit Cultural Committee hosted the 33rd Annual Three Fires Pow Wow and Traditional Gathering. Many people from near and far came and visited MCFN.



### Vision Statement in Ojibwe:

*Ezhi niigaan waabjigaayewaad Mississaugas New Credit endaawaad (the vision of these people). Ezhip mino maadzijig (living a joyful life), ezhi waamji-gaazwaad (their identity, how people have identified them), ezhi debwedmowaad (their beliefs), ezhi mimiingaazwaad (what was given to them by Creation, what they always had, their heritage), niigaabminunkiwaad Anishinaabek (is how they always lived as Anishinaabek).*

*Translated by: Nimkew Niinis, N'biising First Nation.*

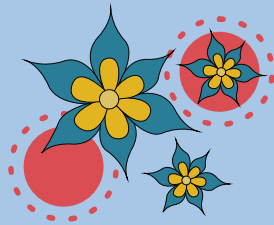


# Eaglepress Newsletter

The Eaglepress newsletter is available for download at [www.mncfn.ca](http://www.mncfn.ca). We encourage members to view the online version rather than subscribing to print to help us care for Mother Earth and save print and postage costs.

The Eaglepress will continue to evolve with new features and information. If you have suggestions for the newsletter, please contact:

Media and Communications Department  
Office: 905-768-5858  
Email: [communications@mncfn.ca](mailto:communications@mncfn.ca)



## Artwork Acknowledgement

LSK Mural: Eaglepress Newsletter acknowledges artist(s) Philip Cote, Tracey Anthony, Rebecca Baird, for use of their artwork for our identifier, marketing and promotional materials.

The original artwork (pictured below) is located in the Library at Lloyd S. King Elementary School.



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A Message From

## Chief R. Stacey Laforme

Aanii

I would like to reflect on Massey College and the relationship that has developed with the Mississaugas of the Credit over the past couple of years.

Recently, I was invited to a small dinner at the Lieutenant Governor's residence. The event was to acknowledge and pay respects to Hugh Segal, the former Principal/Master of Massey College.

Everyone spoke and when it was Hugh's turn to speak, he talked about the appointment of myself as the Honorary Senior Fellow and what a historic moment it was. This position was only ever held in the past by the Duke of Edinburgh and the Chancellor of Oxford.

He spoke of the historic dedication of the chapel at Massey College as a Chapel Royal in honour of the Mississaugas of the Anishinaabe. The Chapel Royal pays respect to the historical relationship as allies between the Crown and the Anishinaabe. There are two other Chapel Royals, one in Brantford and one in Tyendinaga, that pay respect to the relationship between the Crown and the Mohawk people but this is the only one in Canada to the Anishinaabe.

He spoke of the beautiful space that has been gifted to the Mississaugas for our use at Massey College. It has a meeting room, a workspace, a kitchen, and two bedrooms.

The Lieutenant Governor who has twice joined us for our pow wow and spoke of the ceremony when all Canadian Lieutenant Governors and Regional Representatives of the Crown came to Massey College. They participated in a sacred fire ceremony hosted by the Mississaugas of the Credit. She spoke of how this was a historic moment, as it has never before occurred.

When I heard these people speak, I was able to see through their eyes. I realize just how important and historical these events have become. Through this relationship, Massey College and the Crown have paid enormous respect to the Mississaugas and have



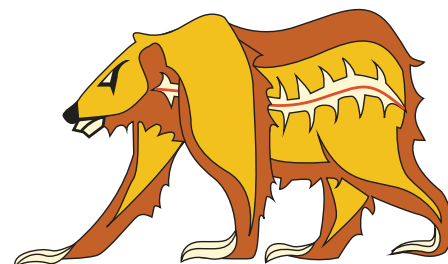
honoured the Anishinaabe.

I would also point out that the students of Massey College brought in an Ojibwe language speaker to teach them to speak Anishinaabe.

Canada if you are listening; now that is reconciliation!

Last but certainly not least, I am wishing all students much success in the upcoming academic year and caution all drivers to stop for flashing lights and obey the posted speed limit.

Miigwech  
R. Stacey Laforme



## Let's Learn Anishinaabemowin: August Words

Waatebagaa-giizis.....Leaves Turning Color  
Moon

Mii o'apii waatebagaag.....That is when the leaves  
turn color

Aaniin ezhiwebak agwajiiing? How is it outside (what  
is the weather like)

Lake(s).....Zaaga'igan(an)

School.....Gikino'o'amaadiiwigamig

Noodin.....It is windy

Gindaasa.....He is reading/counting

## HISTORICAL TIDBIT

By Darin Wybenga

### The Mississaugas in Fergus, Ontario

A. D. Ferrier (1830-1890), a Scottish immigrant, arrived in Fergus, Ontario in 1834. A pillar of the community, he served as a Justice of the Peace, Lt. Col. Of the Militia, member of the provincial legislature, and in numerous other roles. In 1864 and 1865, he delivered a series of lectures that were later compiled in a book, **Reminiscences of Canada: and the Early Days of Fergus**. The town of Fergus is located on the Grand River, in Centre Wellington Township, and thus located within the treaty lands and territory of the Mississaugas of the Credit First Nation. Of special interest to the MCFN, is the description Ferrier provides of a Mississauga encampment on his lands during the winter of 1841 and 1842:

*... in the winter of 1841 or 1842 a large encampment of Indians was made in my woodland, and of course I went up to see them. They were very respectable people from the river Credit, and Wesleyan Methodists. We used to hear them in the evenings singing hymns, and they had testaments in their wigwams, and many of them could read. They were well behaved and honest, and the [women] made quantities of baskets and sold them in the village. Some of the men were fine, big, handsome fellows, and some of the women very fair and comely looking.*

*They had one long shaped wigwam, and two or three small round ones, and were quite pleased when lady visitors, especially, called upon them. I paid them a visit once with a lady visitor, and we sat and cracked away as well as we could for some time. One merry old lady was a great snuffer, and showed us her stock, which she was to take home with her. I remember she had one bladder of Scotch snuff quite full, besides some other parcels of it. I think their minister was a chief called Jones, but he was not with them. They will eat almost anything, and their cookery did not appear very choice. They were very fond of turnips, and got a great many from my farm. I asked one of their hunters one day why he did not kill more wolves, as the bounty was so high. His answer was, "Indians no care to kill wolves; they hunters as well as Indian." They often passed my door, and I had a fine thorough-bred colley, whose house was close to the door, but she would not make friends with the Indians at all. Even when I ordered her into her house she lay and growled and showed her teeth. They killed a great many deer, and stayed almost till spring. A winter or two afterwards another lot of them camped near the village, but of a very different character, being drunken, thieving fellows, and the people in the village were in constant fear of them, and heartily glad when they took themselves off.*

What makes this piece so interesting is that despite the fact that the Mississaugas had been living at the Mission Village on the Credit River since 1826, many band members were still moving about the territory as their ancestors had done since time immemorial. Within five or six years, the Mississaugas would remove themselves from the Credit River and relocate to their present location in Brant and Haldimand Counties. It seems that the town of Fergus was a favourite location for some of our people to spend the winter. There is no clue as to the identities of our ancestors written about in this piece, although it is known that George Henry (Maungwudaus) the paternal ancestor of the Henrys living at New Credit, was born, about 1807, near the upper waters of the Grand River. It is not too difficult to imagine that perhaps some of the Henrys returned, from time to time, to their ancestral hunting grounds in that region.

Thanks to Professor Jonathan Ferrier of Dalhousie University for pointing out this excerpt from **Reminiscences of Canada: and the Early Days of Fergus**.



# The Moccasin Identifier Project on Toronto Island Sunday, September 29, 2019 1:00 p.m. - 5:00 p.m.



**This free event is open to interested community members. Registration is required for transportation to the island and a seat on the bus. Please contact Caitlin Laforme, Culture and Events Coordinator at 905-768-1133 or by email at [caitlin.laforme@mncfn.ca](mailto:caitlin.laforme@mncfn.ca).**

**Snack on bus will be provided. Participants can also bring their own snacks/lunch or purchase food at the Ferry terminal on the island if needed. Please remember to dress for the weather!**

#### Agenda for the day:

- 10:30 a.m. Depart MCFN Administration Building, 2789 Mississauga Road, Hagersville, On.
- 12:00 p.m. Arrive at the Jack Layton Ferry Terminal (Ferry leaves every 30 mins – will catch the 12:30 Ferry to Ward’s Island at the latest)
- 1:00 p.m. Arrivals and meet in front of Ward’s Island Association Clubhouse
- 1:30 p.m. – 4:45 p.m. The Moccasin Identifier

(Ferry leaves Ward’s Island every 30 mins – Will catch the 4:45 pm Ferry back to the bus to return home by 7:00 pm).

**Organizer:** This is a joint presentation by the Mississaugas of the Credit First Nation and the Toronto Island Friendship Group.

This is a workshop for participants of all ages to stencil images of moccasins at locations throughout Toronto Island Park led by Carolyn King, former elected Chief of the Mississaugas of the Credit First Nation. This project has been done in other communities within the MCFN treaty territory (including Trillium Park at Ontario Place) and aims to create a visual reminder to recognize and honour that we are on the traditional territory of indigenous peoples. Bringing this workshop to Toronto Island Park will also present the opportunity to engage with the park space creatively and thoughtfully. This workshop is especially suitable for school-age children and their parents.

## THE CONSTRUCTION OF THE NEW ARBOR

In today's world it is easy to get disconnected from our roots. As Anishnaabe people we need to connect with each other so our values and beliefs may be carried on. Being Anishnaabe does not simply mean song, dance, images, language, or even blood. It is much more than that, it is the natural world we live; understanding that there is an unseen world and remembering that everything is living. When we start to explore protecting our identity and who we are as a people, it brings us back to our original purpose; being one with mother earth. Protecting her and making sure there are enough resources for our future generations. Through this we are also protecting our ceremonies, our practices and respecting that every little thing has a purpose in this world. Being indigenous is not a spectator sport, it is a lifestyle you live. So let's start working together to bring all our knowledge into one place for learning, one place we can truly show this is who we are. We will not tell you how to be indigenous, we can teach you how to feel confident and accept that as an indigenous person you have the spirit within you to make sure our ancestors are never forgotten and that our youth will always remember.

(Excerpt written by student Jenna Butler)

Student & Member of the Mississaugas of the Credit First Nation

The MCFN and the University of Waterloo School of Architecture have come together on an agreement to work in collaboration and construct the new arbor. For the University of Waterloo students, the collaboration with the MCFN is an opportunity to learn about Anishnaabe culture, and to get to know some members of the community. It is also an opportunity to use their design skills and construction knowledge to help create a beautiful arbor structure that they hope will reflect and resonate with the community and provide a place for cultural gatherings for years to come.



Concepts of the new Pow Wow grounds that will be located at the Green Willow site (band owned) will have:

- Sacred three fires in a four-direction medicine garden
- Spaces for all craft and food vendors
- Entertainment stage for our community talent night and special events throughout the year
- Plenty of seating all throughout
- A cultural village! Which will be an outdoor learning facility ~ consisting of a traditional wigwam, fire pits for cooking/smoking and medicines, tool and materials used by our ancestors, as well as the start to a nature trail that will link up with the LSK trail.

The purpose of this project has many aspects, it would not only continue to provide us with the resources that we would use for our cultural practices, but it would also create opportunities to understand what we as Anishnaabe people would require to be a thriving first nation. Although there are many unique first nations, we are all striving for the same purpose, to live freely and respectfully in today's modern society.



Through this project we as Anishnaabe people need to recreate spaces to reflect our origins, culture and existence. Everything is connected and we want to start putting these words into action to learn how to listen to all living things.

(Excerpt written by student Jenna Butler)

Student & Member of the Mississaugas of the Credit First Nation





## WORKER BEE DAY 2019

August 24, 2019 Friends of the Dundas Roncesvalles Peace Garden went to the Mississaugas of the Credit First Nation earlier this month to help prepare the grounds for their annual Three Fires Homecoming Pow Wow.

It took 3 tries to find a storm free Saturday. Volunteers raked the grounds of winter's fallen twigs, patched with fresh soil and planted grass, pruned young trees, and returned clippings to the forest floor.

On behalf of the New Credit Cultural Committee and the Mississaugas of the Credit First Nation, a huge thank you for all the hard work you have all done in preparation for the Three Fires Pow Wow and Traditional Gathering.



# CULTURE AND HISTORY - THREE FIRES POW WOW

## Three Fires Pow Wow and Traditional Gathering



On Saturday, August 24, 2019 Chief Stacey Laforme welcomed all to the 33rd Annual Three Fires Pow Wow and Traditional Gathering. Guests of Saturday were witness to a heartwarming event. An MCFN child in the child welfare system came home to MCFN. Chief Laforme said we welcome and always will welcome them home with open arms.

Blessed with sunny skies and moderate temperatures, the Three Fires Pow Wow and Traditional Gathering commenced with a sunrise ceremony to light the three fires. These three fires represent the Mississauga people's alliance with the Ojibwe (Anishinaabe), Odawa and Potawatomi Nations.

The two-day event's theme was "Our Story: Loving Mother Earth," and it was honoured by food vendors, fire keepers, Indigenous leaders, and allies as part of a weekend-long celebration.

Grand Entry was led by veteran and MCFN Elder Garry Sault with surviving veterans following. These veterans fought in wars as far back as Vietnam and it was an honour to have them lead.

Saturday's opening ceremonies included Ontario's Lieutenant Governor, the Honourable Elizabeth Dowdeswell. Dowdeswell addressed the crowd, saying, "I want to honour the veterans who have served this country and the world." Dowdeswell added to her social media "A perfect day to join the Mississaugas of the Credit First Nation Pow Wow. Thank you to @RStaceyLaforme for welcoming me once again to your territory. May my visit help to reinforce the spirit of kinship that binds us together as treaty peoples."

The 33rd annual powwow was also a chance for everyone to see the unveiling of the beautiful new wooden arbor in the grove (see page 4 and 5) where the host drum (Big Train) played throughout the



Ontario's Lieutenant Governor, the Honourable Elizabeth Dowdeswell. Dowdeswell addresses the large crowd at Saturday's Opening Ceremonies.

powwow weekend.

Brantford City Councillor Cheryl Antoski brought greetings on behalf of the city. "My heart is warmed every time I come to a powwow," said Antoski. "As her honour (Dowdeswell) said, we have a lot to learn.



## Three Fires Pow Wow and Traditional Gathering

On behalf of the City of Brantford, we hope that we continue this.”



County of Brant Mayor David Bailey

Mayor David Bailey on behalf of the County of Brant, said, “I certainly acknowledge your land is sacred. I acknowledge your traditions as amazing. When you stand here amidst these trees and this new structure (the arbor) all you feel is peace. All I’ve felt since I’ve gotten here is love and I enjoy being your neighbour. You have a

friend in the County of Brant.”

Paul Meinema, the national president of UFCW Canada also had enduring words for fighting climate change during Saturday's Opening Ceremonies. “As we look ahead to the last few weeks of summer, it is important to acknowledge the role that climate justice plays in ensuring that land is available and in good condition to hold these important cultural celebrations,” Meinema says. “UFCW was honoured to take part in the Mississaugas of the Credit First Nation Pow Wow, for it presented an opportunity to strengthen our friendship with this First Nation and show respect for the leadership and community work continuously being done by the Mississaugas and other Indigenous organizations in Ontario,” the UFCW leader continues. “Fighting climate justice means strengthening our shared relations with First Nations and Indigenous communities across Canada, and UFCW is committed to pursuing this work.”

Chief R. Stacey Laforme spoke of the importance of the human connection to the land and to ourselves. “To all our guests here, I say, ‘Welcome!’ When you come to our powwow, when you dance in the circle, when you meet people – you are reconnecting and experiencing the spirituality of my people. You are also reconnecting to the land, to nature. Every single one of you has a connection to the land and the spirit of nature inside you. You come to this place here, you stand among the trees, in nature – you

reconnect. That’s why you feel happy here, that’s why you feel peaceful because there’s some small part of you saying, ‘I feel like I’m home.’ Welcome home. Chi Miigwech.”

MCFN was also honoured to have Ontario Regional Chief RoseAnne Archibald join Sunday's opening ceremonies. “I am very happy to be here,” she said.



Chief R. Stacey Laforme and Ontario Regional Chief RoseAnne Archibald.

“Thank you for welcoming me to this beautiful territory. This arbor is spectacular. This is a very special place.”

Along with pow wow dancing, teachings were offered throughout the pow wow. Early Saturday afternoon Val King spoke of Earth teachings and Herbs, Garry Sault spoke on the Wampum belts and Kim Wheatley spoke on the relationships to the natural world.

The evening pow wow events continued with dancing, drumming, and hand drum songs. Head Drum Big



# CULTURE AND HISTORY - THREE FIRES POW WOW

## Three Fires Pow Wow and Traditional Gathering

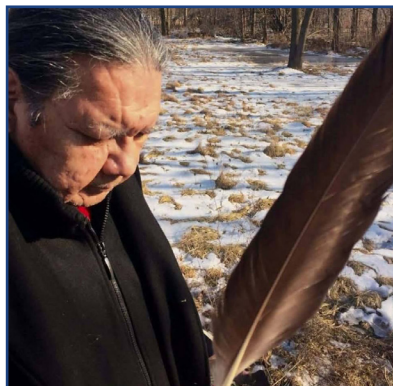


Head Drum Big Train did an amazing job at this year's pow wow, these young ladies have the most beautiful singing voices.



Train (see photo above) performed an honour song for our young MCFN member who has just come back to the community after being in the Child Welfare system for several years in another province.

Carolyn King, Chair of the New Credit Cultural Committee estimates attendance was slightly down from last year with an estimate of 2,500. King indicated they had 165 registered dancers, and a total 6 registered drum groups who did amazing. "The hit of this year's pow wow was the new arbor where someone called it the Dreamcatcher Dome". (See page 4 and 5). The new Master of Ceremonies stand was dedicated to Walter Cooke who was their Master of Ceremonies for 20 years and a cultural advisor.



Walter Cooke  
Photo Credit: De dwa  
dehs nye>s Aboriginal  
Health Centre



MCFN Elder and Head Female Dancer Val King spoke about medicines and did a storytelling where she focused on the strawberry.



## Three Fires Pow Wow and Traditional Gathering

Head female dancer Val King spoke about medicines and did a storytelling where she focused on the strawberry.

"Every medicine, every food that we have at our gatherings has a story."

She said the strawberry is the head medicine.

"When somebody is sick you are to take them strawberries, strawberry juice. That's what my grandmother told me. That's what many other elders and people have told me in the teachings."

She also said strawberries are a symbol of love.

Thank you to our Head Dancers - Steve Teekens, Head Male Dancer, Val King, Head Female Dancer, Gwetaanhaa King, Head Female Youth Dancer, Marcus Henry, Head Youth Male Dancer and Master of Ceremonies Bob Goulais.

MCFN would like to thank everyone who came out to enjoy the pow wow and traditional gathering and hope they went away with some thought to "Loving Mother Earth".

If you would like to view Pow Wow album and videos, please visit our Facebook page at



Head Youth Female Dancer - Gwetaanhaa King



Head Youth Male Dancer - Marcus Henry with Head Female Dance and Grandmother Val King



Head Male Dancer - Steve Teekens



# CULTURE AND HISTORY - THREE FIRES POW WOW

## Three Fires Pow Wow and Traditional Gathering - Entertainment Night is Back!



Back by popular demand, the Three Fires Pow Wow and Traditional Gathering hosted the Entertainment segment of the festivities. Starting the show was none other than MCFN member Mark LaForme performing to a tent full of guests of the pow wow. Josh Miller entertained the crowd with some rhythm and blues. Big Joe Sharrow, along with lead guitarist MCFN Berl LaForme! Sharrow also rocked the crowd with some Skynard favourites. Closing the show was MCFN member Dwayne LaForme and his Boogie Blues Band. His performance was electrifying!

What a wonderful evening to be outdoors and listen to some contemporary music. We almost caught Carolyn King shaking a leg!

To view these performance, please visit our Facebook page or our YouTube channel.





# CULTURE AND HISTORY - THREE FIRES POW WOW





# CULTURE AND HISTORY - THREE FIRES POW WOW





## MCFN Plays Huge Role in Canadian National Exhibition Showcases Indigenous Culture



The Canadian National Exhibition has come and gone again. The annual two-week event, held on the Treaty Lands and Territory of the Mississaugas of the Credit First Nation, once again showcased the community in a positive light and showed thousands of visitors everything that MCFN has to offer.

Prior to the official opening ceremonies, Chief R. Stacey Laforme, Councilors Erma Ferrell, Cathie Jamieson and Evan Sault and Major Events Committee member Jamie-Lynn Gillingham all paddled from the Sunnyside Pool to the Boulevard Club and rowed with the Club group. They paddled along Lake Shore inside the break wall to Ontario Place. Rowing was filmed by a videographer and coverage shown onscreen before the ceremony begins. If you would like to view the video, please visit our Facebook page.



Councillor Cathie Jamieson performs a welcome song prior to opening ceremonies. This was also a new addition to this year's opening ceremonies.

The opening ceremonies began with the Master of Ceremonies recognizing that the land they were gathered on was the Treaty Lands and Territory of the Mississaugas of the Credit.

Councillor Cathie Jamieson performed a traditional welcome song to open the ceremonies.

Chief Stacey Laforme welcomed thousands of visitors to the territory during the opening ceremonies, as well.

The CNE has been around since 1879 and two years ago was the first time an Indigenous person (Chief Stacey Laforme) opened the ceremonies and signed the guestbook.



"It was a historic moment," the Chief said.

"MCFN has been involved in the CNE for three years now. I'm very happy and proud of the relationship we've developed with the CNE over time and I believe



## MCFN Plays Huge Role in Canadian National Exhibition Showcases Indigenous Culture

it will continue to grow," he continued.

He said he loved the fact the CNE was about "inclusivity" before he read his poem "On Common Ground," which centers around the theme of inclusivity.

"It's universal," Chief Laforme said of his poem. "Everyone hears something of themselves when they hear that poem. No matter how far apart we may seem, we are never so far apart that we can't find common ground. And I think that's what we do here (at the CNE), too. Chi Miigwech."

Chief Laforme led the signing of the "CNE book" – a book that is signed by all dignitaries that attend the opening ceremonies of the CNE every year.

Mississaugas of the Credit First Nation led the Warriors Parade for the first time at the CNE, as well, and MCFN had a large booth there for the duration of the CNE in the Enercare Centre. The booth featured various knowledgeable speakers, presenting on a wide variety of topics, including Margaret Sault (MCFN historical timeline and Toronto Purchase), Elder Garry Sault (traditional storytelling and wampum teachings), Val King (missing and murdered Indigenous women and water teachings), Geoffrey Daybutch (wampum teachings), Daniel Secord (Anishinaabe dance presentation), Mark LaForme (arrowheads), Jai King-Green (Anishinaabe Hand Drum Singing), and Carolyn King (Moccasin Identifier).

All of these videos of Anishinaabe culture and teachings are recorded and available for viewing on our Facebook page and the MCFN YouTube channel.



MCFN CNE volunteers Jai King-Green and Raini McQuabbie meet Zoolman of A Tribe Call Red after the show!

Nikki Shawana, world-renowned hoop dancer, also provided a fantastic display of her visually stunning hoop dance routine, on the CNE's "International Stage."



Nikki Shawana performing on the International Stage

The CNE had many First Nations musical acts on stage, including Buffy Sainte Marie and A Tribe Called Red.



Buffy Sainte Marie, pictured here with MCFN Chief Stacey Laforme and CNE President John Kiru.



## MCFN Veterans Lead the Warrior's Day Parade



It was a sight to behold as Indigenous Veterans led the annual Warrior's Day Parade at the Canadian National Exhibition this year, including Mississaugas of the Credit First Nation veterans. MCFN Elder and Veteran Garry Sault was front and centre leading the veterans through the CNE grounds to the beat of a First Nations drum provided by Dan Secord. MCFN Councillor and Veteran Bill Laforme and Veteran Al Sault were also part of the historic parade.

## MCFN PRESENTERS



Philip Cote, Traditional Teachings



Geoffery Daybutch, Wampum Belts



Garry Sault, Wampum Belts and Storytelling



Carolyn King, Moccasin Identifier



Val King, Water Teachings, Missing & Murdered Women and Girls



Dan Secord, Anishinaabe Dance Demonstration



Jai King-Green, Hand Drum Singing



Mark LaForme, Arrowheads



Margaret Sault, Historical Timeline and the Toronto Purchase



# CULTURE AND HISTORY - CNE 2019



Facebook CNE ticket winners Tamara Cochrane and family visit the MCFN exhibit



Opening day draw Winners Valerie, Summer and Avery.



This is Stacey Yates, I won tickets to the CNE and just wanted to say many thanks! My family and I went yesterday and had a blast! We've never been before but definitely would go again! I was gonna stop by your Booth but that place is sooo big we couldn't find it. Our favorite thing was the Nintendo booth, where we got to play Mario Party together, won some Mario swag and meet Mario himself! My son's hero! Thank you again for a great day and many memories.

## EVERYONE IS WELCOME!

*Ndo naagdownandan ndinendimowin, zaagidwin miirowaa Anishinaabe mshkiki nakaazyaa*  
*Healing the Mind with Love and Traditional Medicines*  
*From an Anishinaabe Kwe Perspective*

October 8, 2019

5:00 p.m. - 8:00 p.m.  
 MCFN Community Centre



This is a National Mental Illness Awareness Week and we will be spreading the love and acceptance through learning about our Traditional Medicines. Dinner and door prizes. Please bring your feast bundle and reusable water bottles.

For more information, contact Faith Rivers at 905-768-1181, ext. 238 or by email at [faith.rivers@mncfn.ca](mailto:faith.rivers@mncfn.ca)

MCFN SPECIAL EVENTS AND CULTURE PRESENTS THE ANNUAL

# Fall Harvest

Saturday  
 October 19  
 2019

659 New Credit Road, Hagersville  
 Outside near the grounds of LSK and  
 Ekwaamjigenang Children's Centre

TRADITIONAL, FALL IS THE TIME OF YEAR ANISHINAABE PEOPLE PREPARED FOR THE LONG WINTER AHEAD. MARK SAULT AND STATION LEADERS WILL BE SHARING THEIR KNOWLEDGE ABOUT FALL HARVEST ACTIVITIES, WITH DEMONSTRATIONS ON WILD RICE AND LYED CORN. COME ON OUT AND INCREASE YOUR TRADITIONAL KNOWLEDGE!

THIS IS AN OUTDOOR EVENT, PLEASE DRESS FOR THE WEATHER AND BE PREPARED TO WORK!

If you would like further information, please contact Caitlin Laforme at 905-768-1133 or [Caitlin.laforme@mncfn.ca](mailto:Caitlin.laforme@mncfn.ca)





## MCFN MONTHLY GATHERING

**Saturday, September 28, 2019**  
**10:00 am – 1:00 pm**  
**MCFN Community Centre**



**AGENDA**

- 9:30 a.m. Arrivals & morning refreshments
- 10:00 a.m. Drum Opening
- 10:05 a.m. Opening Prayer
- 10:15 a.m. Welcoming Remarks by Chief Laforme
- 10:25 a.m. Opening Remarks by Facilitator
- 10:30 a.m. **Pillar 2 Update - Nation Well-Being & Wellness**  
Councillor Evan Sault
- 10:50 a.m. **Health Literacy on Coordinated Care Plan**  
Jodi Rock - Indigenous Health Links Transformation Lead  
Six Nations Health Services
- 11:15 a.m. **West Haldimand General Hospital Presentation**  
Kelly Isfan - CEO
- 12:00 p.m. Lunch



View the meeting live on our **FACEBOOK GROUP** at <https://www.facebook.com/groups/1974534826131680/> Miigwech!

**NEXT MONTHLY GATHERING: SATURDAY, OCTOBER 26, 2019**

## Ribbon Skirt and Teachings Workshop

**Saturday, Sept. 21, 2019 and**  
**Sunday, Sept. 22, 2019**  
 10:00 a.m. - 4:30 p.m. both days  
 659 New Credit Road  
 MCFN Social and Health Services - Lower Level



**Open to all skill levels.**  
**Light lunch provided.**

**This workshop is limited to 10 participants and you MUST call or email to register.**

**Free for Band Members - \$60.00 for Non-Band Members.**

**Participants are advised to bring extra materials if they so choose, as well if they have their own sewing machines as well.**

**TO REGISTER:**  
 Contact Jai King-Green at 905-768-1133, ext. 232  
 or by email at [Jai.king-green@mncfn.ca](mailto:Jai.king-green@mncfn.ca)

# POLITICS AND GOVERNANCE

## MCFN Advertising

## MCFN Treaty Rights




The Spirit of Toronto

Chief Stacey Laforme has recorded two audio commercials for ELMNT FM Radio 106.5 in Toronto. He delivers two important messages in these commercials, one welcoming listeners to MCFN treaty and traditional territory, as well as an important message on MCFN treaty rights. To listen to the audio advertisement, please click the link below:

<http://mncfn.ca/mcfn-advertise-on-elmnt-fm-radio-106-5/>

## Executive Finance Council, July 22, 2019

### Graduation Awards

Council approved and accepted the 2019 Graduation Award dollars from the MCFN Community Trust in the amount of \$39,700.

### CNE Booth

Council approved the request from the Major Events Committee to move the War of 1812 booth located in the Community Centre and have it reassembled at the CNE for MCFN's featured exhibit. The display will then be returned to the community centre in its original state.

## Infrastructure and Development Council, Aug. 6, 2019

### MCFN Interactive Treaty Map

Council approved an interactive treaty map of MCFN treaties which will be up on the [mncfn.ca](http://mncfn.ca) Web site for viewing.



## Councillor Erma Ferrell

### Pillar Five Lead - Striving to be an Independent and Sovereign People

#### Meetings Attended

Attended all Monday Council Meetings since the last newsletter.  
Absent – August 01, 2019 – Special & Major Events Committee meeting.

#### Special Meeting – July 30, & July 31, 2019 – Governance Meeting

Chief & Council held a two-day governance meeting on July 30th & 31st to continue with their strategic plan on how to better serve our membership and to address political issues that affect our First Nation.

#### CNE – Friday August 16, 2019

On Friday August 16, 2019 the Mississaugas of the Credit made history at the Canadian National Exhibition by participating in the opening ceremonies.



2019 marks the 3rd consecutive year our Chief R. Stacey Laforme provided opening remarks during the official opening and the third year Chief Laforme was asked to sign the CNE official book for all guests invited to the CNE opening day.

The Canadian National Exhibition opened in 1849 and in 140 years, 2019 is the first year any First Nation participated in the opening ceremonies by singing with their hand drum. Congratulations to Councillor Cathie Jamieson for singing a song in Ojibwe while



playing her hand drum.

The day started early for our representatives who participated in paddling a canoe on the Lake, beginning at the Sunnyside Pavilion @ 1175 Lakeshore Drive and ending at Ontario Place. (our canoe was provided by the Sunnyside Paddling Club with the assistance of the CNE planning committee).

A group of energetic youth from the Chippewas of the Thames and the Oneida First Nation joined us during our route at the Boulevard Club. They placed their ten canoes in the water and paddled alongside us to Ontario Place.



In closing, I would like to wish all the students the very best as they head back to school to complete their academic goals and to also remind our community to please drive carefully and obey all posted speed limits within our community and to stop at buses when their emergency flashers are on. Miigwech for your consideration for our young students.







# SAVE THE DATE

## Tri-Counties Indigenous Justice Conference

### OCTOBER 29 & 30, 2019

Mississaugas of the Credit Community Centre  
659 New Credit Road, Hagersville, On.

Tuesday, October 29, 2019

- KEYNOTE ADDRESS
- Reconciliation for the Future - OCJ ACJ and Hon. Harry LaForme
- KEYNOTE PANEL – Moderator J. Gethin Edward
- Reconciliation Challenges, Psychological Barriers and Active Responses – Question Period
- TERMINOLOGY IN COURTS – International Year of Language – Lisa VanEvery
- IMPACTS OF RESIDENTIAL SCHOOLS – Attendees and Generational Survivors
- WORLDVIEW CONSIDERATIONS – Western/Indigenous in a Courtroom
- Social

Wednesday, October 30, 2019

- KEYNOTE ADDRESS
- Reconciliation for the Future – Elder and Youth Voices
- COUNSEL PANEL AND DISCUSSION
- MOCK INDIGENOUS BAIL HEARING
- PANEL: Indigenous Voices and the Family – Justice Impacts
- PANEL: Indigenous Court Supports
- BREAKOUT TABLES with Judiciary/ Crown/Defense/Court Supports/ Community
- WRAP UP SUMMARY/ RECOGNITIONS – Ian McCuaig



**Keynote Speaker  
Justice Harry LaForme**

*\*\* Dates, times, topics and presenters subject to change without notice*

**REGISTRATION FEE \$125.00**

**For more information, please contact  
Veronica King-Jamieson at [veronicak@mncfn.ca](mailto:veronicak@mncfn.ca)  
or call 905-869-5753**





## Councillor Evan Sault, Pillar Two Lead - Nation Well-Being and Wellness and Monthly Update

Aanii my fellow MCFN Members,

If you were not aware, the MCFN Major Events Committee (MEC) was involved again this year with the annual Canadian National Exhibition (CNE). MEC this year coordinated and organized along with the CNE Director of Programming Staff, six MCFN components that were incorporated into this year's CNE. The CNE ran for 18 days and nights, from Friday August 16th to Monday September 2nd. It attracts an average of 1.5 million visitors per year. Here is a list of how MCFN was involved this year:

MCFN Chief & Council Members and MEC Members paddled in by canoe on Lake Ontario for the Opening Ceremonies with help from the City of Mississauga's Rowing Club and Chippewa of Thames First Nation, which was videotaped and shown at beginning of Opening Ceremonies.

1. Councillor Cathie Jamieson with her hand drum, provided a song to begin the Opening Ceremonies.
2. The Chief provided a welcoming speech during the Opening Ceremonies.
3. Our MCFN Veterans led the 98th Annual Warriors Parade while Dan Secord's Drum group followed behind with songs throughout the parade's entirety.
4. We had our Plant and Medicine Display on display in The Farm Building for the entire 18 days and nights.
5. Last and not least, we had our MCFN Exhibit set up again in the Enercare Centre for the full 18 days/nights and was open from 10am to 10pm. Our exhibit was 100ft by 20ft.

The coordinating and organizing of MCFN's input and involvement is a year long process for MEC where we are continually meeting and keeping in contact by either email or phone with the CNE's Director of Programming and his staff. I take great pride in the great relationship and partnership we have built with the CNE Director of Programming and his staff over the past 3 years. They regularly encourage MEC by asking us of other ways that we can be involved and how they can support us.

As Chair of MEC, I'd like to send a huge Miigwech to all our MEC Members, Veterans, Dan's Drum Group, our Presenters/Performers and our awesome workers/volunteers for your participation and hard work. Also a Miigwech to Jacki Martin of our Media and Communications Department, who was our roving reporter and was there to cover many of our activities and events.

The MCFN Exhibit that MEC sets up at the CNE is a mini museum where we showcase and provide valuable awareness to educate visitors on our MCFN history, treaties, traditions and legacies. Our exhibit was open 10am-10pm with two shifts daily with 5-7 workers on each shift. I would like to send out a most heartfelt and sincere Miigwech to Caitlin LaForme and Jai King-Green. Caitlin is the MEC Lead Administrator, Jai is the Special Events and Cultural Coordinator Assistant. Without these two ladies, our Exhibit and participation would have nearly been impossible. These two ladies did such an outstanding job and went above and beyond the call of duty in order to ensure that all tasks and requirements were fulfilled. They were responsible for all coordination, planning, accommodations, work schedules, payments, setting up, packing up, snacks, etc etc. These two ladies showed their love and dedication to MCFN by the commitment and tireless effort they demonstrated. Thank to you to the following people who made this year's CNE a huge success.

### **Major Events Committee:**

Councillor Evan Sault – Chair  
Councillor Erma Ferrell – Co-Chair  
Jamie-Lynn Gillingham  
Tanya LaForme  
Caitlin LaForme

### **Presenters:**

Chief Stacey Laforme  
Valarie King  
Margaret Sault  
Carolyn King  
Garry Sault  
Daniel Secord  
Jai King-Green  
Philip Cote  
Mark LaForme  
Geoffrey Daybutch

### **Workers:**

Councillor Stephi LaForme  
Councillor Cathie Jamieson  
Margaret Sault  
Carolyn King  
Valarie King  
Mya King-Green  
Geoffrey Daybutch  
Tucó Cada  
Roma Mare  
Rebecca LaForme



Jesse Johnson  
Mackenzie General  
Alicia Maracle-Sault  
Alysha Greene  
Rochelle Clarice King  
Jody Martin  
Lindsay Hill  
Kailey Thomson  
Brittney Sault  
Susan Robertson  
Douglas LaForme  
Norman Craig

## Veterans

Garry Sault – MCFN  
Al Sault - MCFN  
Mike Sault- MCFN  
Bill LaForme - MCFN  
Tom Cowie – Hiawatha First Nation  
Kim Muskrat – Hiawatha First Nation

In closing, I'm very overwhelmed by the tremendous teamwork and job we did once again this year. It's very tiring with long hours and hard work, but we had fun educating and interacting with over 15,000 visitors. We represented our Nation with class and did our Nation proud!

Chi-Miigwech and Yours in Unity,  
Evan Sault  
MCFN Councillor and Chairman of the Major Events Committee



(L-R) Jai King-Green, Councillor Evan Sault and Caitlin Laforme

## Councillor Larry Sault, Pillar Two Lead - Nation Well-Being and Wellness and Monthly Update



To keep the membership informed of MCFN Chief and Council activities in a manner that allows more opportunity to talk about their activities than the limited space provided in the newsletter. The tapings provide more of a platform for Chief and Council to keep the membership informed. Videos are a good way to reach members who may not subscribe to the newsletter or who prefer information presented to them in a visual format.

Please view our premiere video of our new video series: "EagleTalks", which features monthly updates from Mississaugas of the Credit First Nation Chief and Council. Please subscribe to our channel and stay tuned for more upcoming videos from MCFN Chief and Council. Councillor Larry Sault has completed two EagleTalks videos! To view the videos, please visit: <https://www.youtube.com/watch?v=IDCI7J4lo6g>



# COMMUNITY INITIATIVES



Congratulations to Joshua Sault who successfully completed the 8 week placement with the P.E.A.C.E. (Police Ethnic and Cultural Exchange) program stationed with the Brant County OPP office in Paris.

You may have seen Sault at the OPP booth at the Three Fires Pow Wow and Traditional Gathering.

This unique program has been offered to MCFN for a few years now, so if you are interested in the placement, watch for the posting next summer. Miigwech.



## CRAFTING FOR INCOME FUNDAMENTALS

**SEPTEMBER 17 – 26, TUE – THURS (1PM – 3PM)**

2160 FORTH LINE, OHSWEKEN  
ACHIEVEMENT CENTRE CLASSROOM

This course is designed to teach the student basic crafting techniques. This class will also explore costing and how to promote and market your craft. Discover if crafting is right for you to pursue as a small business.

**Learn how to:** Maintain simple bookkeeping  
Make a craft upon completion of activities  
Market your craft

If you or someone you know, could use this **FREE** service, please call:  
519-445-0023, ext. 6902, text: 519-757-5989 or email:  
angel@snpolytechnic.com



Achievement  
Centre



Please join us for Professor Donald Smith's lecture on  
**Nahnehahnqequa (1824-1865)**

STANDING UP FOR THE FIRST NATIONS  
*"the Upright Woman," Her formative years at the Old Credit Mission.*

**Tuesday September 17th, 2019, 110-3pm**  
**New North bldg (NNE)Rm 2110**



Courtesy of The Grey Roots Archival Collection. Nahnehahnqequa/Catherine Sutton, [ca/ 1867] (seated, )

*Dr. Smith is professor emeritus at the University of Calgary, & author of "Sacred Feathers" & "Mississauga Portraits: Ojibwe Voices from Nineteenth-Century Canada".*

Elder Garry Sault, MCFN will open the course ANT241H.

Councillor Veronica King-Jamieson, MCFN will speak on the importance of community engaged learning.

Registration is free at Eventbrite.

<https://www.eventbrite.ca/e/standing-up-for-the-first-nations-nahnehahnqequa-1824-1863-the-upright-woman-tickets-69743714327>



## Employment Opportunities

### Registered Early Childhood Educator (RECE) and EarlyON Facilitator

The RECE will supervise the children in the assigned classroom in accordance with the philosophy and program statement of the Ekwaamjigenang Children's Centre, maintaining compliance with all provincial and federal legislation requirements.

Closing Date: Open Call

### Mississauga Nation Intergovernmental Liaison

This position provides support to Mississauga Nation Chiefs and Council with intergovernmental affairs, political advocacy and advisory on matters related to the overall internal and external governance.

Closing Date: September 20, 2019 at 4:00 p.m.

### Mississauga Nation Coordinator Liaison

Mississauga Nation Coordinator Liaison will provide support to Mississaugas of the Credit First Nation Council for Mississauga Nation activities.

Closing Date: September 20, 2019 at 4:00 p.m.

### Community Wellness Assistant

Responsible for assisting the Community Wellness Workers with providing community support services to the community.

Closing Date: September 12, 2019 at 12:00 p.m.

### Casual Supply Teacher

Responsible for assisting the Community Wellness Workers with providing community support services to the community.

Closing Date: Open Call

### After School Program Assistant

The After School Program Assistant is responsible for assisting the Community Wellness Worker with the afterschool care of attendees of the MNCFN afterschool program.

Closing Date: Open Call

### Receptionist

Provides central reception to staff, Council, and guests at the Band Office, maintain the reception area, mail room and communications room (logging incoming/outgoing mail, distributing mail to relevant departments and updating general information materials in the office, orders office supplies as required, maintaining inventory, logging and distributing general materials such as purchase orders, expense claims and invoice requests.

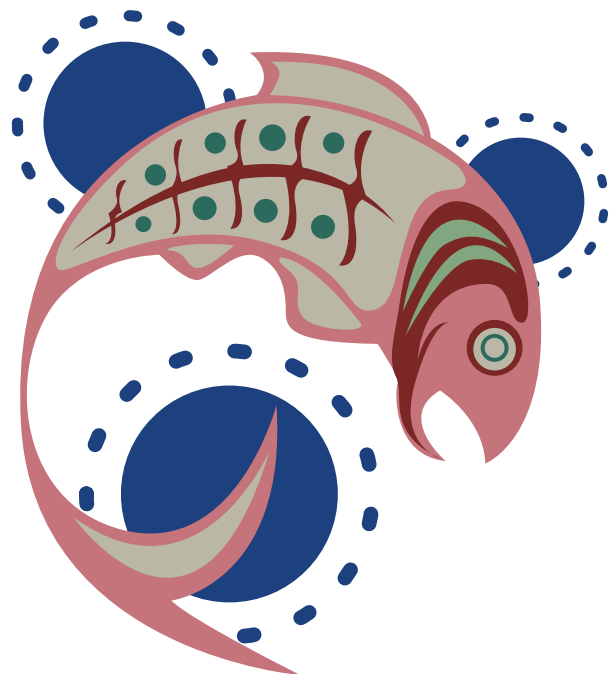
Closing Date: Open Call

### Registered Early Childhood Educator – Afterschool Program

The Registered Early Childhood Educator – Afterschool Program worker is responsible for providing afterschool care for the five year old attendees of the Afterschool Program.

Closing Date: Open Call

***For detailed job descriptions and to apply, please visit [www.mncfn.ca/job-board](http://www.mncfn.ca/job-board)***





# SEPTEMBER 2019 MCFN

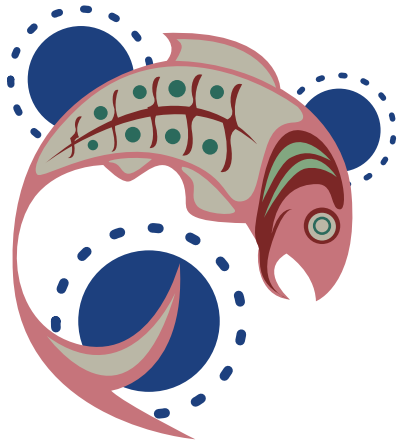
Monday	Tuesday	Wednesday	Thursday
<p>2</p> <p>Labour Day All MCFN Offices Closed</p> <p>West Nile Virus Weekly Surveillance Program</p>	<p>3</p>	<p>4</p> <p>Free Golf Lessons</p>	<p>5</p>
<p>9</p> <p>West Nile Virus Weekly Surveillance Program</p> <p>Red Socks Rock</p>	<p>10</p> <p>Paint Night</p>	<p>11</p>	<p>12</p>
<p>16</p> <p>West Nile Virus Weekly Surveillance Program</p> <p><b><u>Caring Together Week</u></b> <b><u>Social &amp; Health Services</u></b> <b><u>Bingo, Inflatables, Face Painting, Caricature Artist, Live Entertainment</u></b></p>	<p>17</p> <p><b><u>Caring Together Week</u></b> <b><u>Ekwaamjigenang &amp; Early On</u></b> <b><u>Bouncy Castles with Claudhoppers, Pop Up, Surprise Guest</u></b></p>	<p>18</p> <p><b><u>Caring Together Week</u></b> <b><u>Chief, Council &amp; Band Administration</u></b> <b><u>Touch a Truck, Obstacle Course, Best Western Costume</u></b></p> <p>Honouring Healthy Relationships</p>	<p>19</p> <p><b><u>Caring Together</u></b> <b><u>Special Events</u></b> <b><u>Cultural Comm</u></b> <b><u>Education/LSK</u></b> <b><u>Biidaaban – Fir</u></b> <b><u>Virtual Reality, Identifier, Bone</u></b></p>
<p>23</p> <p>West Nile Virus Weekly Surveillance Program</p> <p>Spay, Neuter and Wellness Clinics</p>	<p>24</p> <p>Spay, Neuter and Wellness Clinics</p>	<p>25</p> <p>Spay, Neuter and Wellness Clinics</p>	<p>26</p>
<p>30</p> <p>West Nile Virus Weekly Surveillance Program</p>			



# CALENDAR OF EVENTS

Thursday	Friday	Saturday	Sunday
	6	7	8
	13	14	15
<p><b><u>er Week</u></b>  <b><u>&amp; Culture,</u></b>  <b><u>ittee,</u></b>  <b><u>st Light</u></b>  <b><u>Moccasin</u></b>  <b><u>e &amp; Toggle</u></b></p>	<p>20  <b><u>Caring Together Week</u></b>  <b><u>DOCA</u></b>  <b><u>Glow in the dark video dance party, Decorate your T-shirt</u></b></p>	<p>21            Ribbon Skirt And Teachings Workshop</p>	<p>22            Ribbon Skirt And Teachings Workshop</p>
	<p>27            Watercolor Workshop</p>	<p>28            MCFN Monthly Gathering</p>	<p>29            The Moccasin Identifier Project on Toronto Island</p>





# FISH CONSUMPTION SURVEY

## Fish Consumption Engagement Survey Closing / Miigwech:

Miigwech to all who participated in the Fish Consumption survey which began on March 29, 2019 and ended on August 30, 2019.

We wish to extend a huge MIIGWECH to the MCFN members and anglers, in particular, for their participation in the fish consumption survey. For the exceptional team work & support, we wish to thank Natalie Green, Kristin O'Connor and Valerie Francella of the Niagara River, Hamilton Harbour and Toronto & Region Remedial Action Plan offices. This project was made possible through funding provided to the Remedial Action Plan offices from Environment and Climate Change Canada and the Ontario Ministry of Environment, Conservation and Parks. A special miigwech to the Hamilton Port Authority for providing additional funding to support the outreach and communication materials and to the Niagara Peninsula Conservation Authority for support with survey development. Lastly, thanks to the DOCA staff who helped with events, materials, coordination, information and leadership on this important topic of "Safe Fish Consumption."

The survey results will be shared at the Caring Together Week on Friday September 20, 2019. At this event, DOCA staff and our partners from the Remedial Actions Plans will share preliminary survey results.

Please be advised if you have not picked up your Tim Horton's Gift Card for participating in the survey, you can pick it up at the DOCA offices 4065 Highway 6 or call the DOCA office at 905-768-4260 to make arrangements to have it mailed to you or you can also pick them up at the Caring Together DOCA event on September 20, 2019. The gift cards will be available until October 1, 2019.



# EARLYON PLAY AND LEARN DROP IN



MCFN EarlyON Child and Family Programs  
Join us for a fun play filled experience at our Play and Learn Drop-In Centre's  
**SUMMER HOURS**

**LOCATION: Hagersville Secondary School**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9:00 a.m. – 11:30 a.m.	12:30 p.m. – 2:30 p.m. 5:00 p.m. – 7:00 p.m.	9:00 a.m. – 11:30 a.m.	10:00 a.m. – 2:00 p.m.	9:00 a.m. – 12:00 p.m.

**\*\*NEW LOCATION\*\* Lloyd S. King Portable, Mississaugas of the Credit**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1:00 p.m. – 3:00 p.m. Beginning Sept. 9, Little Turtle Room at MCFN Social and Health Services building		1:00 p.m. – 3:00 p.m. Beginning Oct. 2 MCFN Community Centre		

All parents and caregivers are welcome with children aged 0-6 years old. Older siblings up to age 12 are welcome to attend with their younger siblings.

PLEASE NOTE THE EARLYON IS A **DROP-IN AND PLAY** NOT A DROP-OFF!

Follow us on Facebook MCFN EarlyON

Watch our facebook page for additional Pop – Up Locations and Special Events!

CARNEY ELIJAH JOHNSON FOUNDATION

## CEJ SCHOLARSHIP

NEW OR CURRENT POST SECONDARY STUDENTS

Cherish Yesterday  
Live Today  
Dream Tomorrow

THE CEJ SCHOLARSHIP IS MEANT TO ASSIST POST SECONDARY STUDENTS WHILE ENROLLED IN FULL TIME STUDIES. THE CANDIDATE WILL BE A STUDENT THAT IS STRIVING TO HELP OTHERS THROUGH THE POSSIBLE CAREER PATHS/AREA OF STUDY BUT NOT LIMITED TO: SOCIAL WORKER, YOUTH WORKER, EDUCATOR, COUNSELOR, PSYCHOLOGY, SOCIOLOGY, CRIMINOLOGY, NURSING OR MENTAL HEALTH/ADDICTIONS WORKER.

TO APPLY:

- SUBMIT A 2 - 3 PARAGRAPH ABOUT HOW YOU WISH TO HELP YOUR COMMUNITY AND WHY YOU WISH TO BE CONSIDERED FOR THE SCHOLARSHIP.
- INCLUDE A COVER PAGE WITH FIRST/LAST NAME, SCHOOL & PROGRAM NAME. (INCLUDE PROOF OF ENROLLMENT)
- APPLICANT MUST BE SIX NATIONS OR MISSISSAUGAS OF THE CREDIT FIRST NATION BAND MEMBER
- PLEASE PROVIDE PROOF OF SIX NATIONS/ MISSISSAUGAS OF THE CREDIT MEMBERSHIP

SUBMIT INFORMATION TO CEJ28FUND@GMAIL.COM

## Community Involvement Hours Opportunity for MCFN Secondary Students!

Grand Erie District School Board requires all secondary students in the province of Ontario to complete a minimum of 40 hours of community service in order to graduate. Through these hours, students will gain valuable experiences working with volunteer groups and learn about service to people and organizations while fulfilling their compulsory diploma requirement. MCFN secondary students are invited to gain community involvement hours during **MCFN's Caring Together Week on the evenings of Monday, September 16, 2019 – Friday, September 20, 2019. Please contact Katie @ (905) 768-0100 for more information.**



# NOTICE



## Change to LSK Bussing Policy beginning 2019-2020 school year

Change to LSK Bussing Policy from the LSK Parent Handbook (effective September 3, 2019).

LSK will no longer accept telephone calls or notes on a daily basis for changes of bussing. This change in policy is to ensure the safety and security of LSK students.

Parent Responsibility: To arrange pick up of the child(ren) by 3:15pm in the event that they are not getting off the bus at their routine stop. Changes to bussing will not be permissible unless the school is given a schedule (i.e. in the event of shared custody or regular schedule, or attending afterschool program, etc.). (p. 13)

For Parents:

- Parents are responsible to ensure there is adequate supervision at the designated drop-off location, or make arrangements to pick up the child(ren) at school by 3:15.
- In the case of joint custody, or situations where children may have multiple drop-off locations, arrangements can be made and a weekly schedule must be provided to the school the Friday preceding the start of the schedule. It is the parent's responsibility to ensure their child is familiar with the schedule. A schedule must be given to the bus driver and to the LSK office manager. (pp. 14-15)

H. Danielle MacDonnell, LSK Principal  
905-768-3222



Education Department  
Mississaugas of the Credit First Nation  
6 First Line Road, R.R. #6, Hagersville, Ontario N0A 1H0



Phone: (905) 768-0100

For students being picked up and dropped off at Green Willow, parents are responsible for providing supervision before the bus arrives and for being at the location when students are dropped off.

**School supplies are available for MCFN high school and post-secondary students.**

**Please attend the Education Department to pick up any supplies you may need.**



## Ekwaamjigenang Children's Centre Community News

We are looking for free kitchen sinks, wood pallets, sanded thin sheets of metal (magnetic), canoes all in good condition and child friendly. These items are requested, so we can build mud kitchens and expand our imaginations in the playgrounds. If you have any of these items, please contact us at (905) 768-5036. Your help is greatly appreciated, Miigwech



The Infants have been busy taking care of baby dolls, riding push bikes and reading stories.

The Toddlers have been interested in beading, playing musical chairs and doing creative experiences outside.



The Preschool 1 children are becoming little scientists - experimenting with vinegar and baking soda and other fun ingredients and activities.

The Preschool 2 children are showing an interest in trains, building forts and science experiments - especially making ooey gooey slime.



The JK children are working together to build different structures with duplo blocks and magnetic connectors. They also made a cardboard robot.

We say farewell to the JK's who are off to "BIG" school and say "Aanii" to a new group of JK's who are moving over.





MISSISSAUGAS OF THE CREDIT EMPLOYMENT AND TRAINING  
PRESENTS

## CAREER & JOB FAIR

Are YOU on the RIGHT path?

### CAREER FAIR

Open to all

Educational and training institutions on site to discuss potential career paths

### JOB FAIR

For individuals seeking employment

Network with employers who are actively hiring

### MCFN Community Centre

659 NEW CREDIT RD. BLDG. 4

NOVEMBER 14, 2019

3PM-7PM

Canada



MISSISSAUGAS OF THE CREDIT EMPLOYMENT AND TRAINING  
PRESENTS

## HOLIDAY SHOPPING EXPO

Support local small businesses and the Seniors Christmas Bazaar  
New Credit Cancer Support Group hosting meal fundraiser

FRIDAY NOVEMBER 15, 2019 | 4PM-8PM

SATURDAY NOVEMBER 16, 2019 | 10AM-3PM

MCFN Community Centre, 659 New Credit Rd. BLDG. 4,  
Hagersville, Ontario  
N0A 1H0

Vendor Registration/Information:  
(905) 768-1181 x 223

Canada



MISSISSAUGAS OF THE CREDIT EMPLOYMENT AND TRAINING  
PRESENTS

## WATERCOLOUR WORKSHOP

SEPTEMBER 27, 2019

10 AM-2 PM

MCFN COMMUNITY CENTRE  
659 NEW CREDIT RD. BLDG. 4

**ONLY 10 SPOTS AVAILABLE**

**CALL (905) 768-1181 X 223 TO RESERVE  
REGISTER BY SEPTEMBER 20**

Canada

## HOUSING DEPARTMENT

ONLINE  
PAYMENT



Online  
Banking

The MCFN Organization has implemented online (debit) payments to alleviate the need to come into the office/s to make payments.

Online Banking information can be obtained through the Public Works Assistant.

For Townline Estates Rental Applications please contact Ryan Thomas at 905-768-1133 or email Ryan.Thomas@mncfn.ca

For Housing-New & HRRS (Housing/Repair/Renovation/Sanitation) Applications, please contact Alicia Maracle-Sault at 905-768-1133, ext. 230 or by email at Alicia.Maracle-Sault@mncfn.ca





Save the Date! February 18-21, 2020

The 10<sup>th</sup> Annual Historical Gathering & Gala  
hosted by Mississaugas of the Credit!

Gala Evening February 18, 2020 music &  
entertainment, Historical Gathering to follow  
February 19-21, 2020.

Please plan to attend! Gala Information, Agenda  
and Registration forms will be available soon.

If you have any question please email  
[HistoricalGathering@mncfn.ca](mailto:HistoricalGathering@mncfn.ca)



# MEDIA AND COMMUNICATIONS

## Media and Communications Updates

Aanii:

Now that the Canadian National Exhibition and Powwow are over for another year, we are working on compiling the annual report for the membership.

The CNE was a huge success, with thousands visiting our booth over the duration of the event. The amount of speakers we had and the quality of their presentations, drawing in visitors from all over the world, was truly a proud moment for the Nation.

The powwow was also another fantastic display of our culture. We at Media and Communications had a lot of fun handing out our promotional giveaways and many people from all cultures purchased our great selection of promo items, which helps bring revenue into our department.

We are now working on the annual report, which provides updates from every department, each councillor, plus the Chief. This is a valuable document that we provide every year and upload to our Web site as it lets the membership see a yearly snapshot of what the organization has accomplished, and what Chief and Council have accomplished and what they are continuing to work on.

We look forward to seeing you at Caring Together Week and keep your eyes open for the annual report,

on our Web site at [mncfn.ca](http://mncfn.ca) and on our Facebook, as well. We will also mail copies to individual households.

Chi miigwech for reading the Eaglepress Newsletter, MCFN Media and Communications Department

*Aanii,*

*I would like to say thank you to our summer student Halle Martin, Graphic Design Assistant for her invaluable assistance to myself and my co-workers during her summer employment with our department. Halle assisted in photography (and as you will notice, we take numerous photos) and office organization. She was invaluable to us during the 2019 Canadian National Exhibition and the 2019 Three Fires Pow Wow and Traditional Gathering.*

*I would also like to thank Michele King at the MCFN Employment and Training office for providing funding and coordinating the summer student program.*

*Chi-Miigwech!*

*Jacquelyne Martin*

*Media and Communications Coordinator*



## INTRODUCING

## MCFN Business Directory Page

To have your business included on our new MCFN Business Directory Page, please send your original artwork, business card by dropping it off at the Media and Communications office at 468 New Credit Road, Hagersville, Ontario or you can send it by email at [communications@mncfn.ca](mailto:communications@mncfn.ca)

ANY QUESTIONS?

GIVE OUR DEPARTMENT A CALL AT  
905-768-5858



# TRANSITIONAL SUPPORT FUNDING

**CRITERIA:**

- **Must be in receipt of social assistance (Ontario Works/ Ontario Disability Support Program) or be considered low income.**
- **Must reside in the Mississaugas of the Credit First Nations Community**



**Transitional Support Funding provides housing related supports to secure, retain/and or maintain accommodation. You must complete an application.**

**For more information and to schedule an appointment, please contact Lindsay Sault, at 905-768-1181, ext. 225**



Please view the revised Low-Income Measures (LIM) chart to reflect current dollars. Figures denote yearly household income. The revised LIMs chart will allow more low-income families in our community the opportunity to apply for Transitional Support Funding (TSF). One of the main criteria for accessing TSF is that all applicants must be in receipt of social assistance or be considered low income. Aanii; Any questions regarding the above chart, please contact Lindsay Sault, Ontario Works Employment Support Worker at 905-768-1181, ext. 225. Miigwech!

REVISED LOW-INCOME MEASURES (LIM) CHART			
Current Dollars			
	Market Income	After Tax Income	Total Income
Household Size	2017	2017	2017
1 person	22,998	23,513	26,727
2 persons	32,524	33,252	37,798
3 persons	39,834	40,726	46,293
4 persons	45,996	47,026	53,454
5 persons	51,425	52,577	59,763
6 persons	56,333	57,595	65,468
7 persons	60,847	62,210	70,713
8 persons	65,048	66,505	75,595
9 persons	68,994	70,539	80,181
10 persons	72,726	74,355	84,518



# PUBLIC WORKS

## SOLID WASTE / RECYCLING

Public Works Department (PWD) received two (2) proposals related to the Solid Waste and Recycling Request for Proposals (RFP), which closed on July 26, 2019 at 3:00 pm. Halton Recycling Ltd. dba Emterra Environmental (EE) was the successful company. PWD is scheduled to meet with EE to review contract details.

### Reminders:

Please make sure to place all the garbage and recyclables in designated areas, all custodians/staff/residents please ensure proper set out for pick-up is on the SHOULDER of the roadway prior to 8:00 am on collection day. DO NOT leave the garbage and recycling out overnight to prevent animals from rummaging through it and/or blowing debris causing an unsightly First Nation.

## ROADS/BRIDGES

Rehabilitation of Bridge #13 project team meeting occurred on July 30, 2019. A one-week delay for the project start will not affect the overall project schedule. PWD and Education Department are collaborating to accommodate a bus turnaround due to the project completion date anticipated for September 27, 2019 extending into the new school year. More information can be obtained by calling the PWD office (905) 768-1133 Ext. 238 or 237 for the Bridge #13 Project and/or Education Department for bus route information.

## EQUIPMENT

PWD budget is pending MCFN Council approval.

## WATER/WASTEWATER

Just a reminder for all residents NOT to be flushing diapers, baby wipes, feminine hygiene products, cooking grease, toys or any other garbage down the drains. The flushing of these products causes an increase to maintenance costs for the First Nation.

The Community Engagement Session for the Watermain Expansion Project took place on August 10, 2019 from 10:00 am to 1:00 pm at the Community Centre. Approximately 15 people benefitted from the presentation by Arcadis Canada Inc. Chief R. Stacey Laforme read the news release issued by Canada fully supporting and funding the project. Tender documents are being finalized and the project is planned to begin early Fall. Presentation material can be viewed on the MCFN Public Works Department section of the website. Presentation material and consent forms can also be picked up at the Agimaw Gamig Administration Building. Thank you to Jenny Henry Catering for preparing the delicious Roast Beef Dinner for the event.

## BUILDINGS

MCFN Council - Pillar 6 Lead – Strategic Plan  
➤ PWD received authorization from MCFN Council to proceed with renovations to the Rumpus Hall to

address office space needs for the organization. PWD has received a proposal from Paulsan Construction Inc. to move this project forward to have the renovations completed prior to Christmas closure. PWD has not received a final copy of Pillar 6 Terms of Reference to date.

### New Administration Building

➤ Coloured elevations have been provided to Operations Management Team (OMT) for information.

### LSK Expansion Committee

➤ A project Approval Request (PAR) template received from Indigenous Services Canada (ISC) is being finalized to move the project forward.

## OTHER:

A revised Community Centre Facility Rules & Regulations document assembled by PWD provides updated information for renters has been provided to OMT and PWD is awaiting for review comments.

A meeting with Haldimand County Emergency Services occurred on May 1, 2019. PWD is awaiting a “draft” of the renewal agreement for review from Haldimand County Emergency Services. Haldimand County has reassured MCFN PWD that there will be no interruption in Emergency Response should the agreement expire.

WWW.SIXNATIONS.CA

SIX NATIONS COUNCIL

# Bridge No. 7 Rehabilitation

**NEW DATE:**  
**CLOSING SEPT. 5, 2019**

BRIDGE NO. 7 (LOCATED ON CHIEFSWOOD ROAD BETWEEN 3RD AND 4TH LINE)

VEHICLES WILL BE ABLE TO ACCESS DOWN TO 1418 CHIEFSWOOD ROAD FROM 4TH LINE AND UP TO 1351 CHIEFSWOOD ROAD FROM 3RD LINE.

## Re-Opening Scheduled Oct. 16, 2019

Quick Facts:

- This project is being fully funded by Indigenous Services Canada and the Ministry of Transportation Ontario.
- Six Nations has secured nearly 3 million dollars from the Ministry of Transportation Ontario and Indigenous Services Canada to replace 2 bridges and rehabilitate 3 others over the past 6 years.
- Six Nations has our bridge network assessed by engineers every 2 years to ensure community safety.
- The most recent bridge assessment determined that Six Nations has 9 bridges that need to be rehabilitated, 1 that needs to be replaced and a steel cross culvert that needs to be replaced at a total estimated cost of approx. 4.5 million dollars. We are prioritizing these needs and plan to complete this work over the next 10 years. We are hard at work advocating for funds to address our infrastructure needs.

**NO THRU ACCESS DURING THIS TIME**

**IF YOU HAVE QUESTIONS PLEASE CALL PUBLIC WORKS: 519.445.4242**



# SOCIAL AND HEALTH SERVICES - Summer Camps





# SOCIAL AND HEALTH SERVICES - Summer Camps





# SOCIAL AND HEALTH SERVICES - Summer Camps

## MCFN 2019 SUMMER CAMPS

JULY/AUGUST 2019 saw MCFN host 4 separate camps;

- Summer Youth Camp
- Summer Day Camp
- Break Into Business Camp (covered in last issue)
- Summer Day Camp (preschool)

The MCFN Social and Health services department were kept very busy of the summer months due to these awesome camps with their awesome itineraries. Along with rules, games and daily crafts, participants were able to attend Brant Park, Lake Lisgar, Byng Conservation Park, Hagersville Pool, White Horse Bowling Alley, the movies, Airplane Museum Tour, Caledonia Pool, East Park, Austin's Strawberry Patch, Binbrook Fun Splash, Clovermead Adventure Farm, Grand River Boat Ride, Mohawk Park, Townsend Park, and Ripley's Aquarium in Toronto.

Camp also had wet bouncy castles and special guests such as Ascension Harper, renowned Hoop Dancer who demonstrated the dance then got the camp goers to participate in Hoop dancing. MCFN

Camps are in high demand both on and off reserve, so if you want your child to attend these camps next year, it is advisable to attend the first registration, as there will be a waiting list because these camps are AWESOME.

MCFN would also like to take the time to thank our staff at Social and Health for all their hard work and preparation in making these camps a success every year.

Thank you MCFN Community Support Shelly King, Jesse Sault, and Hayli Sault for their continued guidance for our youth and the hard work that is involved in planning these camps year and year.

Thank you Michele King for organizing the Break into Business Camp that was featured in last month's Eaglepress and also to Michelle LaForme for organizing the youth camp.

Until next year!



**HONOURING HEALTHY RELATIONSHIPS**  
September 18, 2019  
9:30 a.m. - 1:30 p.m.  
MCFN Community Centre  
659 Building #4, New Credit Road

This free drop in event is open to all community members.  
Light lunch provided for participants.  
Door Prize!

Information on:	Confidential Testing for:
• Sexual Health	• Hep B, C and HIV
• Healthy Relationships	
• FASD	
• Cancer Screening	



**Nasal Naloxone kits available**  
If you would like more information, please contact Laura-Lee Kelly, CHR at 905-768-0141, ext. 241

**Disclaimer:**  
This event features mature and adult content open to youth, young adults, adults, & elders.



**WELLNESS CLINIC - IMMUNIZATIONS**  
FREE VACCINATION

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**EVERY THURSDAY**  
(CALL TO SET UP APPOINTMENT TIME)  
9:00 A.M. - 3:30 P.M.  
SOCIAL AND HEALTH SERVICES  
659-2 NEW CREDIT ROAD

**THERE IS NO COST.**  
**PLEASE BRING YOUR CURRENT IMMUNIZATION RECORD IF AVAILABLE.**

**For any further information or call to set up a time to come in to receive immunization, please contact Maggie or Janice at 905-768-0141**





# WEEKLY SURVEILLANCE PROGRAM

August 19 - October 31, 2019

For more information, contact Laura-Lee Kelly at 905-768-0141, ext. 241 or email [lauralee.kelly@mncfn.ca](mailto:lauralee.kelly@mncfn.ca)

The Community Health Representative will be trapping adult mosquitoes and sending them for testing of the West Nile Virus. The West Nile Virus Surveillance will be done weekly commencing August 19, 2019 and will run until late Fall.

**Preventative Measures:** Mosquitoes are often most active at dawn (first light) and dusk (just before dark).

- Cover any exposed skin when you are outside, wear: long pants, socks, hat and long sleeved shirts, and light colour clothing.
- Use of insect repellent when outside (bug sprays and lotions) that contain Deet or Icaridin (do not use either on infants or children under the age of 6 months.)
- Depending on your age: Deet 30% in adults and children 12 years +; Deet aged 2 - 12 yrs., 10% up to three times a day; Infants 6 months - 2 years - 10% only once per day.
- When outdoors, place mosquito netting over strollers and playpens.

**Reduce mosquito habitats near your home: (mosquitoes lay eggs in standing water)**

- Drain any standing water in old tires, rain barrels, children's toys, flower pots, wading pools, and bird baths.
- Clean eavestroughs.
- Store canoes or wheelbarrows upside down.
- Replace water in outdoor pet dishes daily.
- Repair screens on windows and doors to keep mosquitoes out of your home.

**Symptoms of West Nile Virus in humans can include:**

- Very bad headache, bad fever, sore neck, throwing up, muscle weakness, and blurred vision.
- Seek medical attention from your health care provider if you have any of these symptoms or suspect you have contracted the West Nile Virus.





## I AM A



THE CHALLENGES	THE SUPPORT I NEED	MY CAREGIVING JOB
<p><b>From Age 0-2:</b></p> <ul style="list-style-type: none"> <li>• Sensory integration issues including aversion to touch, light and sound are common.</li> <li>• Failure to thrive due to feeding difficulties</li> <li>• Significant difficulties in emotional regulation</li> <li>• Sleeping patterns may be disrupted</li> <li>• Major developmental milestones are missed.</li> </ul>	<p><b>RESPIRE</b> I need access to respite so I can restore my own emotional reserves.</p> <p><b>EARLY INTERVENTION</b> I need access to early intervention to help me maximize my child's skill development</p>	<p>Foster healthy attachment through responsive caregiving</p> <p>Learn my child's likes and dislikes</p> <p>Provide a controlled and stable environment for my child</p> <p>Seek early intervention and occupational therapy programs</p>
<p><b>From Age 2-5:</b></p> <ul style="list-style-type: none"> <li>• Problems learning and understanding language</li> <li>• Children are easily overstimulated</li> <li>• Struggles with transitions and activity changes</li> <li>• Hyperactivity</li> <li>• Oppositional behaviours</li> <li>• Difficulties in learning through consequences</li> </ul>	<p><b>SPECIALISTS</b> I need access to specialists that can help with developmental delays</p> <p><b>DISABILITY FUNDING</b> I need access to additional funding to support my child's life-long needs</p>	<p>Establish regular routines with extra attention to activity transitions</p> <p>Provide extra opportunities for language learning</p> <p>Learn the early signs of overstimulation and behaviour issues</p> <p>Exercise patience and consistency</p>
<p><b>From Age 5-10:</b></p> <ul style="list-style-type: none"> <li>• Struggles in school due to inattention, hyperactivity, language difficulties and oppositional behaviours</li> <li>• Difficulties in planning and following routines</li> <li>• Major sleep problems</li> <li>• Inappropriate sexual behaviours</li> <li>• Sensory issues and environmental sensitivities</li> </ul>	<p><b>EDUCATIONAL SUPPORT</b> I need a school with funding to provide my child with individualized educational support</p> <p><b>TRAINING</b> I need training on meeting challenges, caring for myself and helping my child succeed</p>	<p>Develop a learning plan with my child's school and teacher</p> <p>Provide a consistent, predictable routine</p> <p>Modify my child's environment to reduce sensory stresses</p> <p>Address challenging behaviours immediately as they develop</p>
<p><b>From Age 10-15:</b></p> <ul style="list-style-type: none"> <li>• Children with FASD are easily influenced by peers</li> <li>• Behaviour issues escalate and may include theft, lying and physical violence</li> <li>• Struggles with abstract concepts like money and time</li> <li>• Lack of empathy and significant social difficulties</li> <li>• Underdeveloped emotion regulation skills</li> </ul>	<p><b>BEHAVIOURAL SUPPORT</b> I need access to specialists that can advise me on dealing with difficult behaviours</p> <p><b>COMMUNITY PROGRAMS</b> I need community programs that give my child a chance to be social and successful</p>	<p>Monitor behaviour and friends closely</p> <p>Seek professional help for major behaviour issues</p> <p>Create a plan with my child to address emotional episodes</p> <p>Teach my child about social situations with many cues and reminders</p>
<p><b>From Age 15-20:</b></p> <ul style="list-style-type: none"> <li>• Sexual health, drugs and alcohol use are risk areas</li> <li>• Continued struggles with impulse control, planning and understanding abstract concepts (math etc.)</li> <li>• Oppositional behaviours and possible violence</li> <li>• Depression and other disorders may appear</li> <li>• Reach legal adulthood - developmentally immature</li> </ul>	<p><b>MEDICAL PROFESSIONALS</b> I need medical professionals that understand the challenges of FASD</p> <p><b>INFORMATION AND PLANNING</b> I need information on what options exist for my child in adulthood</p>	<p>Proactively talk about major issues like sex, drugs and alcohol use</p> <p>Get help immediately for extreme behaviours or psychological symptoms</p> <p>Plan for my child's adulthood, including trusteeship &amp; guardianship</p> <p>Talk about my child's goals and dreams</p>
<p><b>Adulthood and Beyond:</b></p> <ul style="list-style-type: none"> <li>• Adults often appear more competent than they are</li> <li>• Difficulty holding employment</li> <li>• Involvement with the legal system</li> <li>• Unintended pregnancy and parenthood</li> <li>• Continued risky/impulsive behaviours</li> <li>• Addictions</li> </ul>	<p><b>LEGAL HELP</b> I need access to legal advice related to lifespan planning and any legal system problems</p> <p><b>FINANCIAL RESOURCES</b> I need to know that the person I have cared for will have ongoing financial support</p>	<p>Continue to provide support with daily living activities</p> <p>Ensure a safe and supportive living environment</p> <p>Help others understand that while the person I care for may look mature, they have a life-long disability and face many challenges</p>

**MY JOB IS NOT EASY. MY CHILD WILL FACE CHALLENGES. BUT WITH SUPPORT...**

**WE CAN SUCCEED!**





Health  
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Canada

## It's Your Health

*This article was produced in collaboration with the Public Health Agency of Canada.*

### FETAL ALCOHOL SPECTRUM DISORDER

#### The Issue

Drinking alcohol during pregnancy can seriously harm an unborn baby. Each year in Canada, it is estimated that nine babies in every 1,000 are born with Fetal Alcohol Spectrum Disorder (FASD). The birth defects and developmental disabilities that result from FASD are preventable by avoiding alcohol during pregnancy.

#### Background

Fetal Alcohol Spectrum Disorder (FASD) is an umbrella term used to describe the range of disabilities and diagnoses that result from drinking alcohol during pregnancy. The impact and effects of FASD vary. Specific birth defects and the degree of the disability can depend on how much alcohol was drunk, how often and when during the pregnancy; they can also depend on the state of health of the pregnant woman. No amount or type of alcohol during pregnancy is considered safe.

It is estimated that in Canada, more than 3,000 babies a year are born with FASD, and about 300,000 people are currently living with it. Research suggests that the occurrence of FASD is significantly greater in Aboriginal populations, and in rural, remote and northern communities. Prevention, identification and intervention efforts are key to improving this situation.

A large number of pregnancies in Canada are unplanned, meaning that a large number of women in the early stages of their pregnancies – not knowing they are pregnant – may use alcohol and unknowingly cause damage.

If you suspect that a family member may have FASD, talk to your doctor about having him/her diagnosed. An early diagnosis can lead to interventions which will minimize the impact of FASD.

FASD is a national public health, education, economic and social concern as those affected suffer a lifelong disability and may need lifelong support. A great deal has been learned about the best way to prevent future births affected by alcohol and how to help those who live with FASD. From 2002 to 2006, the Public Health Agency of Canada (PHAC) funded several projects on FASD and how to help those who live with it. Highlighted projects are given in the Need More Info? section.

#### Health Effects of FASD

Those who live with FASD may have mild to very severe problems with their health. They may have delays in their development, intellectual problems and problems in their social lives. Examples of these include:

- learning disabilities, particularly in mathematical concepts;
- difficulty understanding the consequences of their actions;
- depression;
- obsessive-compulsive disorder;
- physical disabilities such as kidney and internal organ problems; and
- skeletal abnormalities such as facial deformities.

Canada





## It's Your Health

There is no cure for FASD. People live with FASD for their entire lives, so early intervention is key to minimizing the disabilities associated with it.

### Other effects of FASD

When they hear about the impact of drinking alcohol during pregnancy, many parents or care-givers wonder what to look for, especially if their family members have behavioural or medical problems that don't respond to treatment. Those with FASD may have difficulties such as:

- handling money or telling time
- thinking things through and reasoning
- learning from past experiences and not repeating mistakes
- remembering things like appointments
- interacting with other people and getting along with others in a socially appropriate manner
- dealing with everyday tasks such as holding a job, buying food or paying rent.

People with FASD may need life-long support to deal with these difficulties.

### Secondary disabilities

Diagnosis, particularly an early diagnosis, and an effective management plan for on-going supports can help prevent people

with FASD from developing secondary disabilities, such as:

- mental health problems (like depression or obsessive-compulsive disorder);
- dropping out of, or disrupting, school;
- trouble with the law;
- chronic unemployment;
- alcohol and drug problems; and
- homelessness.

If FASD is suspected, it is important that a trained doctor do a medical diagnosis to rule out other medical conditions that might be treatable. Diagnosis also involves a team of professionals who assess the psychological, speech and everyday functioning of the individual. Diagnosis and early intervention and support can help people with FASD lead more productive lives.

Despite their disabilities, people with FASD have many positive qualities and can enjoy very successful lives.

### Minimizing Your Risk

FASD can be prevented by following these steps.

- More than 50 per cent of pregnancies are thought to be unplanned, and, in the early stages, most women do not know that they are pregnant. If you are pregnant, or planning to become pregnant in the near future, do not drink alcohol. No amount or type of alcohol is considered safe.

- If you have sex and are not using birth control, avoid drinking alcohol.
- If you are worried about your alcohol use, talk to your doctor, community health nurse, midwife or healthcare provider. Your local public health unit, health centre, Friendship Centre or provincial/territorial Ministry of Health can all provide you with help, information and advice.

In preventing FASD and improving outcomes for those who live with it, no one single organization, community group or government can work alone. It is a complex disability that requires a strong commitment to working together.

### Government of Canada's Role

The Government of Canada has initiated many projects to deal with the impact of alcohol use during pregnancy.

In 2003, Health Canada released FASD: A Framework for Action to guide the development and implementation of collaborative efforts to address the issues associated with FASD. When Canada's Drug Strategy was renewed in 2003, investments helped develop and distribute the diagnostic guidelines and planning tools to guide earlier assessment.

In 2005, Fetal alcohol spectrum disorder: Canadian guidelines for diagnosis was published in the Canadian Medical Association Journal (CMAJ) through support from the Public Health Agency of







Health Canada Santé Canada

## It's Your Health

Canada and the First Nations and Inuit Health Branch of Health Canada. See the Need More Info? section to obtain a copy of the guidelines.

Health Canada's First Nations and Inuit Health Branch provides community-based programming to reduce FASD births and improve the quality of life for those affected by FASD. Programs include:

- training for community health workers and early childhood educators to increase community awareness;
- helping communities develop local plans to reduce FASD
- supporting mentoring projects that pair pregnant at-risk women with community members who have had similar experiences.

Other Government of Canada departments or agencies that have invested in a range of FASD activities include Justice Canada; Canadian Institutes for Health Research; Indian and Northern Affairs Canada; Human Resources and Social Development Canada; and Public Safety and Emergency Preparedness Canada.

### Need More Info?

For more information on FASD, visit these web sites.

Public Health Agency of Canada - National FASD Initiative  
[www.publichealth.gc.ca/fasd](http://www.publichealth.gc.ca/fasd)

Health Canada, First Nations and Inuit Health Branch, Fetal Alcohol Syndrome/Fetal Alcohol Effects

Program  
[www.hc-sc.gc.ca/fnih-spni/famil/preg-gros/intro\\_e.html](http://www.hc-sc.gc.ca/fnih-spni/famil/preg-gros/intro_e.html)

Health Canada, First Nations and Inuit Health, Substance Abuse and Treatment of Addictions  
[www.hc-sc.gc.ca/fnih-spni/substan/index\\_e.html](http://www.hc-sc.gc.ca/fnih-spni/substan/index_e.html)

For more on FASD projects funded by the Public Health Agency of Canada:

The FAS/Eout project sponsored by the Canadian Institute of Child Health  
[www.faseout.ca/eng/home.htm](http://www.faseout.ca/eng/home.htm)  
 provides access to FASD training modules, contacts for trainers across Canada and a Guide to assist organizations in developing an action plan on FASD prevention, diagnosis and intervention.

A database of the latest information and events on FASD has been developed through a project with the Canadian Centre on Substance Abuse at:  
[www.ccsa.ca/CCSA/EN/Topics/Populations/FASDIntroduction.htm](http://www.ccsa.ca/CCSA/EN/Topics/Populations/FASDIntroduction.htm)

The Victorian Order of Nurses, Atlantic Region, developed a concise guide for parents called "Let's Talk FASD" that is available through their web site at:  
[www.von.ca/FASD/index.html](http://www.von.ca/FASD/index.html)

For more on Fetal alcohol spectrum disorder: Canadian guidelines for diagnosis or a copy of the guidelines in PDF along with articles about the diagnostic process, visit the CMAJ web site:  
[www.cmaj.ca/cgi/search?andorexactfulltext=and&resource-type=1&disp\\_type=&sortspec=relevance&fulltext=fasd&submit.x=12&submit.y=6](http://www.cmaj.ca/cgi/search?andorexactfulltext=and&resource-type=1&disp_type=&sortspec=relevance&fulltext=fasd&submit.x=12&submit.y=6)

For more information about FASD, call a toll-free number, 1-800-559-4514. A bilingual information specialist is available at this number through the Canadian Centre on Substance Abuse (CCSA).

For additional articles on health and safety issues go to the It's Your Health Web site at:  
[www.healthcanada.gc.ca/iyh](http://www.healthcanada.gc.ca/iyh)

You can also call toll free at 1-866-225-0709 or TTY at 1-800-267-1245\*

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# SNOW REMOVAL TENDER



**The Mississaugas of the Credit First Nation Social and Health Services Department is accepting Tenders for Snow Removal for the 2019/20 winter season.**

**Snow removal will be for community members who currently access Long Term Care Services (i.e. Homemaking, Personal Care, Meals on Wheels). Snow removal will also be available to band members 60 years of age and over.**

**Bid Package is to include:**

- **Rate per driveway (to include driver plus equipment) for approximately fifty (50) driveways, which is approximately five (5) miles.**
- **The different equipment and machinery owned and operated for snow removal.**
- **Proof of insurance.**
- **Proof of licence to operate stated equipment and machinery.**
- **Identification of individuals(s) that will be employed to assist bidder and proof of licence of the individual(s) to operate stated equipment and machinery.**

**Please submit sealed bids to:**

**Mississaugas of the Credit First Nation  
2789 Mississauga Road, R.R. #6  
Hagersville, ON N0A 1H0  
2019/2020 Snow Removal Bid  
Attention: Rachelle Ingrao, Director of Social and Health Services**

**The Mississaugas of the Credit First Nations will accept bids up to 12 noon on Friday, October 25, 2019.**



Social and Health Services Department  
Mississaugas of the Credit First Nation  
659 New Credit Road, Unit 2, R.R. #6 Hagersville, Ontario N0A 1H0



Phone: (905) 768-1181

## SEPTEMBER HOME COMMUNITY CARE CALENDAR

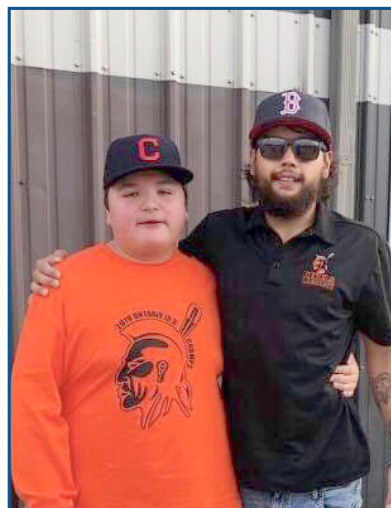
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
02 LABOUR DAY HOLIDAY	03 FOOTCARE WOMEN'S ALL DAY SHOP	04 FOOTCARE	05 FOOTCARE	06 FOOTCARE EUCHRE
09 FOOTCARE	10 CRAFT DAY	11	12 MEN'S ALL DAY SHOP	13 EUCHRE
16 Social and Health Caring Together Week Event 5-8pm at Community Hall	17	18	19 SENIORS OUTING	20 EUCHRE
23	24 ADULT SOCIAL	25	26	27 EUCHRE
30				

### Rebels Fall Short in Quest for Founders Cup

It has been five years since the Six Nations Rebels have hoisted the Ontario Junior B Lacrosse League title. That drought came to an end as the Rebels defeated Akwesasne Indians 9-7 in Game 5 of the Ontario Junior B Lacrosse league finals to complete the series comeback and make their birth into the Founders Cup final. Six Nations general manager Scott Maracle was emotional after Wednesday's win because the Rebels had dedicated the season to his brother and former team president, Wray, who died in March after a four-year battle with cancer.

Fans on both sides of the border are extremely proud to have two Indigenous teams in the Ontario championship and it was a shame someone had to lose.

MCFN member Chayton King played an important role in the team's offence. King was tied in 5th place in overall scoring throughout the tournament with 8 goals, 10 assists with 6 games. The Rebels would find their team facing the Calgary Shamrocks who they had already defeated in round robin play by a



score of 19 - 3.

The Shamrocks built a five-goal advantage in the final and held on to defeat Six Nations Rebels 16-15. It is the first time in 10 years (Calgary Mountaineers in 2009) a team outside of Ontario captured the gold medal.

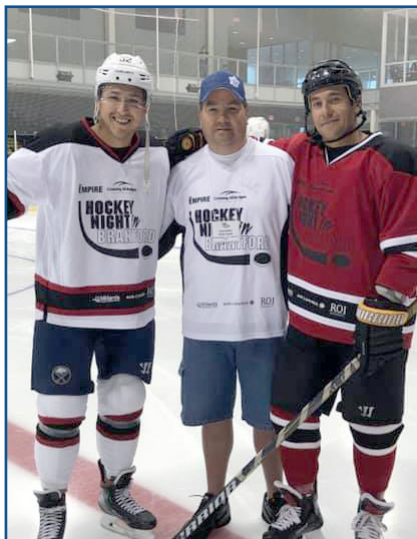
King would also be named Player of the Game! In gentleman form, King would present an MCFN Youth who was in attendance at the game with his gloves, stick and helmet. What a true ambassador to the game of lacrosse and his community. MCFN is sending King a huge congratulations on his athletic achievement.



## Hockey Night In Brantford

On Aug. 14, 2019, MCFN was invited to participate in Hockey Night in Brantford.

Current NHL players Adam Henrique of the Anaheim Ducks and Zac Dalpe of the Columbus Blue Jackets, captained two teams that played a two-period abbreviated game.



They were joined by fellow NHLers Brandon Montour and Jake Dotchin and former NHL player Jay Wells. Filling out one of the team rosters was MCFN member Cameron Sault who along with Councillor Evan Sault were able to have a quick chat with Six Nations Brandon Montour, who currently plays for the Buffalo Sabres. Councillor Sault also had a quick chat with former Speaker of the House and MPP Dave Levac and it looks to be something very funny!



## FREE GOLF LESSONS



Tuesday evenings in August, MCFN Social and Health Services hosted free golf lessons. Organizer Beth King said she had an amazing response to this activity with some on a waiting list. Look at for this next summer!

## UPCOMING EVENTS



### Breastfeeding Support Group

Meet the 2nd Thursday of each month at Social & Health Services  
659 New Credit Road, Hagersville  
Time: 12:00 p.m. – 1:30 p.m.

Breastfeeding Support Group will not be offered for the months of July & August. The group resumes September 12, 2019 from 12:00 – 1:30 pm at Social & Health Services. Please contact Laura Lee, CHR; Beth, HBHC or Maggie, RN if you require assistance or if you have questions at 905-768-1181.



### Open Meeting MCFN Cancer Support Group

Open Meeting MCFN Cancer Support Group It is the intent of the group to gather and distribute resources for all types of cancer, serve as a repository of information for individuals and their families, organize and deliver pertinent workshops and guest speakers, organize and host fundraisers, organize outings/tours/off-site activities, share stories and experience, provide positive group support for individuals and families. Meetings are every other Thursday, from 5:00 p.m. - 7:00 p.m. at MCFN Social and Health Services The Gathering Place. Meeting this month on September 5 and 19, 2019.

# Spay, Neuter and Pet Wellness Clinics September 23, 24, 25, 2019 MCFN Community Centre



8:00 a.m. - 4:30 p.m.  
Pre-Paid Spay/neuter  
surgeries by appointment only  
5:00 p.m.- 7:45 p.m.  
Pet wellness appointments

Spay/Neuter:  
\$160 per dog  
\$90 per cat  
Pet Wellness vaccines  
per animal  
\$10 MCFN members  
\$25 non-members

## OPEN TO ALL COMMUNITY MEMBERS

Your pet will be updated on all appropriate vaccines with the purchase of a spay/neuter at no extra charge. Flea, tick and pro-heart preventative medications will be available to purchase at extra charge. Please bring cash with you the day of appointment.

To schedule your pet's appointment, please call  
MCFN Community Health Program at 905-768-0141





*Secords  
Crafts*

Mississaugas of the  
New Credit First Nation  
3238 Second Line Road,  
Hagersville, Ont. NOA 1H0  
(905) 768-9310 • (905) 768-5713



Hailing from & proudly ready to serve the Six Nations  
& MCFN area, we present to our people. Mowing -  
Weed Eating - Ditch Clean Up. For an estimate and/  
or booking contact 226-802-2391

**Dreamcatcher Florals by  
Dianne**



8 Anishnabek Street  
New Credit Reserve

1-905-768-9555  
email: diannelaforme@hotmail.com

**TASTY DELIGHTS**  
*by Char Wilson*  
905.869.5178  
FRESH FOOD FRIENDLY SERVICE  
[www.facebook.com/tastydelightsbycharwilson](http://www.facebook.com/tastydelightsbycharwilson)



Offering lunch time delivery to local area. Everything  
homemade....burgers, corn soup, chili, sconedogs,  
salads, fruit, veggie and kabossa trays and more.  
Call to place order....732 New Credit Rd.  
Hours 11am to 3pm for lunch, 4pm to 7pm for  
dinner

The Media and  
Communication  
Department has MCFN  
merchandise for sale!

We are open for  
business Monday to  
Friday,  
8:30 a.m. - 4:30 p.m., 468  
New Credit Road

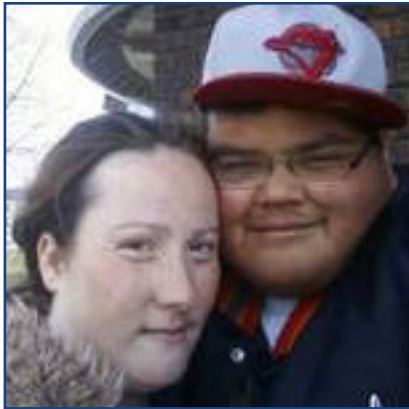
**Please contact the Media and Communication Department if you wish to have your business advertised on our business page.**

# CLASSIFIEDS

## OBITUARIES

STAATS: Brodie Cameron

It is with heavy hearts the family of Brodie Cameron Staats announces his sudden passing on Wednesday, August 21, 2019, long time partner of Angela Miller. Father of Emily Miller, Alex and Dante. Sadly missed by his mother Amie, step-father Keith, brother Charles, step-sister Nikki-Lee, step-brother Wray, and special aunt Vicky Staats. Predeceased by father Daniel Staats, grandparents Delores LaForme and Oliver Wesley LaForme, Pauline Staats and Charles Staats, sister Chantel-Marie Jean Staats, Daniel Staats Jr., special uncle Andrew Staats and missed by several aunts and uncles. Service is as follows: Styres Funeral Home 1798 4th Line Rd., Ohsweken. Visitation from 11 am. to 1 pm. with service to follow at 1 pm. Saturday, August 24, 2019. Interment at New Credit Cemetery. [www.rhbanderson.com](http://www.rhbanderson.com)



## Breakfast Fundraiser for Dawn Clarke

Dawn has been unable to work due to health issues. Our family would really appreciate the community's support.

Date: Sunday, September 15, 2019

Time: 8:00 AM - 11:00 AM

Location: New Credit United Church

Price: \$10.00 - adults & \$5.00 - children under 10  
one drink included (juice or coffee)

50/50 tickets are available in advance & during the breakfast  
\$2.00 each or 3 for \$5.00

Contact: Elissa @ (289) 441-8609 to get yours!

Donations can be made via e-transfer to [elissa\\_maracle@hotmail.com](mailto:elissa_maracle@hotmail.com)

or cash donations can be picked up by texting (289) 680-8562

Loonie table during the breakfast



## FREE TRAINING

for adults 19 years of age and older

### CRAFTING for INCOME FUNDAMENTALS\*

September 24 – October 3, 2019

Tues. Wed. & Thurs. (1:00pm – 3:00pm)

Learn how to make a new craft (feather fan)  
Maintain simple bookkeeping  
How to market your finished product.

### COMPUTER CONFIDENCE

October 22 – 31, 2019

Tue. Wed. & Thurs.

1:00pm – 3:00pm

Navigate toolbars  
Windows and menus  
Search the web  
Communicate with e-mail  
Create documents  
Save and print

### PREPPING FOR THE HOLIDAYS\*

November 12 – 21, 2019

Tues. Wed. & Thurs. (1:00pm – 3:00pm)

Learn simple skills to plan and prioritize spending,  
Research DIY gifts and community events, Budget  
friendly recipes, Make a holiday gift to take.

### GED MATH INTRO

December 3 – 19, 2019

Tue. Wed. & Thurs.

1:00pm – 3:00pm

\* Introduces essential skills in GED math.  
\* These basics skills are foundational steps in  
pursuing the GED for further education or  
employment.

Enrollment based on suitability.  
Adults looking for work, further  
education or training.

To register or for more information, please call: 519-445-0023 ext. 6902,  
or text: 519-757-5989, or email: [snac2160@gmail.com](mailto:snac2160@gmail.com)

**EMPLOYMENT  
ONTARIO**  
Funding by MTCU

**Classified Ads are due the 3rd Friday of every month. Please have your submissions into the Media and Communications Department no later than 4:30 p.m. on the 3rd Friday.**





# CONTACT INFORMATION

Mississaugas of the Credit First Nation  
2789 Mississauga Road, Hagersville, ON N0A 1H0



<https://www.facebook.com/mississaugasofthecreditfirstnation/>  
[www.youtube.com/channel/UCLI\\_99I\\_p8-aAmCM4SEXkgQ](http://www.youtube.com/channel/UCLI_99I_p8-aAmCM4SEXkgQ)



@mcfn

## Chief R. Stacey Laforme

905-979-9254

Email: [Stacey.Laforme@mncfn.ca](mailto:Stacey.Laforme@mncfn.ca)

## Councillor William Laforme

905-869-5798

Email: [BillL@mncfn.ca](mailto:BillL@mncfn.ca)

## Councillor Cathie Jamieson

905-869-5761

Email: [CathieJ@mncfn.ca](mailto:CathieJ@mncfn.ca)

## Councillor Erma Ferrell

905-869-5760

Email: [ErmaF@mncfn.ca](mailto:ErmaF@mncfn.ca)

## Councillor Evan Sault

905-869-5767

Email: [EvanS@mncfn.ca](mailto:EvanS@mncfn.ca)

## Councillor Larry Sault

905-869-5805

Email: [LarryS@mncfn.ca](mailto:LarryS@mncfn.ca)

## Councillor Veronica King-Jamieson

905-869-5753

Email: [VeronicaK@mncfn.ca](mailto:VeronicaK@mncfn.ca)

## Councillor Stephi L. LaForme

905-869-5763

Email: [StephiL@mncfn.ca](mailto:StephiL@mncfn.ca)

## DEPARTMENT CONTACTS

### Administration, Culture and Special Events:

Phone: 905-768-1133

### Consultation and Accommodation:

Phone: 905-768-4260

### Education:

Phone: 905-768-0100

### Ekwaamjigenang Children's Centre:

Phone: 905-768-5036

### Employment and Training:

Phone: 905-768-1181 ext. 223

### Housing:

Phone: 905-768-1133 ext. 227

### Lands, Membership and Research:

Phone: 905-768-0100

### Media and Communications:

Phone: 905-768-5858

### Ontario Works:

Phone: 905-768-1181 ext. 225

### Public Works:

Phone: 905-768-1133

### Social and Health Services:

Phone: 905-768-1181

### Sustainable Economic Development:

Phone: 905-768-1133, ext. 244

## EMERGENCY CONTACTS

### Brandon Hill, Infrastructure Manager:

905 517-7900

### Matthew Sault, Infrastructure Assistant:

905 971-2982

### Raymond Hill-Johnson, Technical Resource Manager

519-865-3883

Fire Department: 905 318-5932

Police Department (Cayuga): 905 772-3322

Roads Garage: 905 768-1133 ext 243

# MCFN SEPTEMBER 2019 EVENT CALENDAR

Date	Event	Location	Time
2-Sep	Labour Day - All MCFN Buildings Closed	MCFN Community	
4-Sep	Free Golf Lessons	Fescue's Edge Golf Course, Scotland	5:30 P.M. - 7:30 P.M.
9-Sep	Red Socks Rock	MCFN Social and Health Services	8:30 A.M. - 4:30 P.M.
10-Sep	Paint Night	MCFN Social and Health Services - Lower Level	5:00 P.M. - 8:00 P.M.
16-Sep	Caring Together Week - Bingo	MCFN Community Centre	5:00 P.M. - 7:00 P.M.
17-Sep	Caring Together Week - Bouncy Castles	MCFN Community Centre	5:00 P.M. - 7:00 P.M.
18-Sep	Caring Together Week - Touch a Truck/Western Theme	MCFN Community Centre	5:00 P.M. - 7:00 P.M.
18-Sep	Honouring Healthy Relationships	MCFN Community Centre	9:30 A.M. - 1:30 P.M.
19-Sep	Caring Together Week - Biidaaban First Light Virtual Reality	MCFN Community Centre	5:00 P.M. - 7:00 P.M.
20-Sep	Caring Together Week - Glow in the dark video dance	MCFN Community Centre	5:00 P.M. - 8:00 P.M.
21-Sep	Ribbon Skirt And Teachings Workshop	MCFN Social and Health Services - Lower Level	10:00 A.M. - 4:30 P.M.
22-Sep	Ribbon Skirt And Teachings Workshop	MCFN Social and Health Services - Lower Level	10:00 A.M. - 4:30 P.M.
23-Sep	Prepaid Spay/Neuter	MCFN Community Centre	8:00 A.M. - 4:30 P.M.
23-Sep	Wellness Clinic	MCFN Community Centre	5:00 P.M. - 7:45 P.M.
24-Sep	Prepaid Spay/Neuter	MCFN Community Centre	8:00 A.M. - 4:30 P.M.
24-Sep	Wellness Clinic	MCFN Community Centre	5:00 P.M. - 7:45 P.M.
25-Sep	Prepaid Spay/Neuter	MCFN Community Centre	8:00 A.M. - 4:30 P.M.
25-Sep	Wellness Clinic	MCFN Community Centre	5:00 P.M. - 7:45 P.M.
27-Sep	Watercolor Workshop	MCFN Community Centre	10 A.M. - 2:00 P.M.
28-Sep	MCFN Monthly Gathering	MCFN Community Centre	10:00 A.M. - 1:00 P.M.
29-Sep	The Moccasin Identifier Project on Toronto Island	Toronto Island	1:00 P.M. - 5:00 P.M.

West Nile Virus Surveillance Program

Caring Together  
Week Sept. 16-20

## Caring Together Week 2019

SEPTEMBER 16 - 20, 2019 at the MCFN Community Centre

**MONDAY**  
SEPTEMBER 16  
5 - 7 p.m.

Sponsored by:  
Social & Health Services



**Activities:**

Bingo  
Inflatables  
Face Painting  
Caricature Artist  
Live Entertainment

**Dinner:**

Beef on a Bun  
(Strodes)

**TUESDAY**  
SEPTEMBER 17  
5 - 7 p.m.

Sponsored by:  
Ekwaamjigenang &  
EarlyOn



**Activities:**

Bouncy Castles with  
Claudhoppers  
EarlyOn Pop Up inside the  
Community Centre  
Surprise Guest!

**Dinner:**

Pita Pit Wraps

**WEDNESDAY**  
SEPTEMBER 18  
5 - 7 p.m.

Sponsored by:  
Chief, Council &  
Band Administration



**Activities:**

Touch a Truck, Obstacle  
Course, Country & Western  
Theme (best costume  
prize), Bouncy Castle,  
crafts.

**Dinner:**

Pizza

**THURSDAY**  
SEPTEMBER 19  
5 - 7 p.m.

Sponsored by:  
Special Events, Cultural  
Committee, Education/LSK



**Activities:**

"Biidaaban" First Light  
Virtual Reality, Family  
oriented cultural  
craft tables, Moccasin  
Identifier, Bone & Toggle

**Dinner:**

Indian Tacos  
Strawberry Juice  
Indian Cookies

**FRIDAY**  
SEPTEMBER 20  
5 - 8 p.m.

Sponsored by:  
DOCA



**Activities:**

Glow in the Dark Video  
Dance Party, Decorate  
your t-shirt with glow in  
the dark paint!

**Dinner:**

Spaghetti Dinner with  
Caesar Salad and  
dinner roll.