



# EAGLEPRESS NEWSLETTER

## Official Launch of the Moccasin Identifier

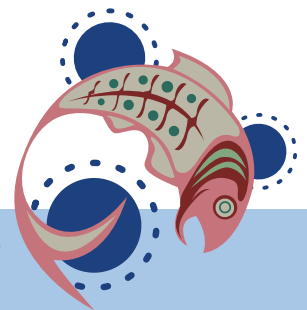


Carolyn King (photo above) held a Charette at the Mississaugua Golf and Country Club in preparation for the official launch of the Moccasin Identifier at the Indigenous Arts Festival held June 18-23, 2019. Story Page 4

## Vision Statement in Ojibwe:

*Ezhi niigaan waabjigaayewaad Mississaugas New Credit endaawaad (the vision of these people). Ezhip mino maadzijig (living a joyful life), ezhi waamji-gaazwaad (their identity, how people have identified them), ezhi debwedmowaad (their beliefs), ezhi mimiingaazwaad (what was given to them by Creation, what they always had, their heritage), niigaabminunkiwaad Anishinaabek (is how they always lived as Anishinaabek).*

*Translated by: Nimkew Niinis, N'biising First Nation.*

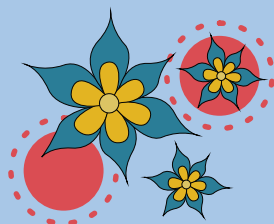


# Eaglepress Newsletter

The Eaglepress newsletter is available for download at **www.mncfn.ca**. We encourage members to view the online version rather than subscribing to print to help us care for Mother Earth and save print and postage costs.

The Eaglepress will continue to evolve with new features and information. If you have suggestions for the newsletter, please contact:

Media and Communications Department  
Office: 905-768-5858  
Email: [communications@mncfn.ca](mailto:communications@mncfn.ca)



## Artwork Acknowledgement

LSK Mural: Eaglepress Newsletter acknowledges artist(s) Philip Cote, Tracey Anthony, Rebecca Baird, for use of their artwork for our identifier, marketing and promotional materials.

The original artwork (pictured below) is located in the Library at Lloyd S. King Elementary School.



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A Message From

## Chief R. Stacey Laforme

June was a very busy month for the Mississaugas of the Credit First Nation.

Much respect to Oakville who on June 17, recognized the treaty relationship with the Mississaugas by erecting a new flag pole and permanently flying the flag of the Mississaugas of the Credit of the Anishnaabe.

The Indigenous Arts Festival was held in Toronto at the Fort York Historic Site during the week of National Indigenous Peoples Day with many activities planned throughout the week. A sunrise ceremony was held at Nathan Phillips Square, the MCFN flag was raised, and the Moccasin Identifier was launched. Congratulations to MCFN Elder Carolyn King on her tireless work on the project and seeing it bloom.

In the afternoon, I travelled to St Catherine's where front line workers were unpacking the recently released MMIWG report. Later on, Commissioners of the National Inquiry into Murdered and Missing Indigenous Women and Girls, discussed the inquiry's final report. At the evening event, activists were joined by participants from the UFCW Canada Young Workers Internship Program (YIP). The celebration also featured my poetry, music by the Big Drum Group and Aqua Nibii Waawaaskone, and a hoop dancing performance by Rhonda Doxtator.

On June 12, I attended Massey College in Toronto for the Historic Gathering of The Queen's Representatives in Canada and First Nations Leaders. MCFN Elder Garry Sault conducted the opening ceremony and I provided opening remarks. Each of the Queen's Representatives along with the First Nation Leaders presented tobacco to elder Garry Sault in ceremony to affirm the Crown/Indigenous relationship and the relationship with the Mississaugas. Later on in the day, I attended a round table meeting on sex trafficking with front line workers in Peel region and two MPPs from the provincial government. The big issue was education for students.

So much happening within the traditional lands of the Mississaugas of the Credit First Nation, but my most important event I attended was watching our youth



of the Mississaugas of the Credit First Nation receive their Grade 8 graduation diplomas during the Lloyd S. King Elementary School Graduation on June 19. I was very proud to see our graduates move on to the next step in their academics. Our community is very proud of you all. Thank you to Valedictorian Ashlee LaForme for the "beyond her years" valedictorian speech.

In the words of Jeff Bezos, the co-founder of Amazon, "There's a difference between gifts and choices. Cleverness is a gift, kindness is a choice", may you carry yourselves throughout life in kindness and let the seven grandfather teachings lead the way.

In closing, I would like to remind all MCFN Members that school is now out for the summer. Please drive safely and watch for children.

Chi-Miigwech

Stacey R. Laforme

## Let's Learn Anishinaabemowin:

### July Words

Aabita-niibino-giizis: Mid Summer Moon  
Mii o'apii aabitawiseg niibin: That is when  
it is the middle of summer  
Mooshkine giizis: Full Moon  
Mno-naakshi: Good evening  
Gchi-gmiwan/Kichi-gimiwan: Heavy rain  
Oojii: House fly  
Ndabwez: I am perspiring  
Gzhaate: It is a hot day  
Mziwe Zaagaa: Mississauga  
Abwii: Paddle

## HISTORICAL TIDBIT

By Darin Wybenga

On August 22, 1865, Mississaugas of the Credit Chief David Sawyer, and several principal men of the band, found themselves at the Six Nations' Council House in order to secure the lands they occupied in Oneida Township. Shortly after arriving on the lands in Tuscarora Township, that they had obtained as a gift from the Six Nations on May 7, 1847, the Mississaugas found themselves in need of additional land. Although no council minutes from either the Six Nations or Mississaugas of the Credit councils have been found documenting the deal, an additional gift of 1200 acres was at some point provided by the Six Nations to meet the requirements of the Mississaugas. It did not take long for the Mississaugas to occupy the southern portion of Concession 1, Lots 1-6, and to establish farms that were quite prosperous. The Census of 1861 recorded that one of the most prosperous farms was that of James McLean and his Mississauga wife, Notinoqua, who occupied the southern half of lot three and built up a farm valued at \$3000; Charles Herkimer, whose lot no. 6 would soon border the village of Hagersville, had transformed his parcel into a farm producing a mixed crop of wheat, oats, barley, peas, and potatoes valued at \$2000. John McCollum's farm on lot no. 1, worth an estimated \$4000, was the most prosperous

farmer on the concession with sixty-six acres of land under cultivation.

The Mississaugas had worked diligently to improve their farms in Oneida, but felt uneasy as to their land tenure. The agreement made with the Six Nations that enabled them live in Oneida was only verbal in nature and no written confirmation of the gift of land existed. Without any documentation, the Mississaugas worried whether the farms they had labored so mightily to improve might somehow be taken from them. In approaching the Six Nations Council, it was hoped that they might receive some assurance that they lands they occupied were truly their own.

The council meeting regarding the matter opened with the usual pleasantries. Chief Sawyer reminded the Chiefs of the Six Nations that the Mississaugas had provided a home for the Six Nations when they had become homeless at the close of the American Revolution, and later, the Six Nations returned the favour to the Credit River people when they, themselves, had faced homelessness in 1847. After reciting his understanding of the agreement by which the Mississaugas held their lands in Tuscarora Township, Sawyer asked the assembled chiefs for clarity regarding their land holdings in Oneida. Responding to Chief Sawyer, the Speaker of the Six Nations' council admitted that a proper understanding regarding the tenure of the Mississaugas should be arrived at, and to that end, wanted to review the agreement by which the Mississaugas held their lands in Tuscarora Township. The council minutes of 1847, detailing the agreement between the Mississaugas and Six Nations, were read before the assembly. David Sawyer, and the band members accompanying him, hoped that the lands granted to his people in Oneida, would be held in the same manner as that in Tuscarora. The minutes having been read, council was adjourned until the next day.

Sawyer addressed the council when it resumed sitting the next day, and after reiterating his peoples' thankfulness for the gift of land granted by the Six Nations, he presented a thinly veiled threat to the assembled chiefs. If his people could not hold the lands in the same manner as they did the lands in Tuscarora, then his people would remove themselves to another location and the Six Nations could pay



for the improvements the Mississaugas had made to the lands. Considering that the improvements made to the lands in Oneida had been substantial, the Six Nations would have owed a hefty sum to the Mississaugas if they did decide to remove themselves elsewhere.

Late in the afternoon, Speaker of the Council, Chief John Smoke Johnson, provided an overview of the relationship between the Six Nations and the Mississaugas of the Credit, and acknowledged the fact that the 1200 acres of land in Oneida Township, while not memorialized in any document, were indeed held by the Mississaugas and they "might feel secure in their possession, and that they would not be interfered with or disturbed; that, they, the Mississaugas, held their lands, both in Tuscarora and Oneida, assured to them just as the Six Nations held their lands." The next day, the Speaker rose to give the authoritative decision of the assembled chiefs:

the Mississaugas would hold their lands in Oneida Township just as they held their lands in Tuscarora. Council unanimously agreed to confirm the gift of the 1200 acres to the Mississaugas with the same understandings as that found in the agreement of 1847.

Chief Sawyer expressed his heartfelt thanks to the council and stated that the friendship between the Six Nations and the Mississaugas of the Credit, "as of old, should never be severed, and that, in accordance with the practice of his ancestors, he would, with the sign of shaking hands, with the Speaker of the Council of the Six Nations, seal their friendship."

To find out more visit the Library and Archives Canada website:

[http://collectionscanada.gc.ca/pam\\_archives/index.php?fuseaction=genitem.displayItem&lang=eng&rec\\_nbr=2083048](http://collectionscanada.gc.ca/pam_archives/index.php?fuseaction=genitem.displayItem&lang=eng&rec_nbr=2083048).

## Call Out to MCFN Members for Anishinaabemowin Language and Culture Audio and Video Recordings



Do you have any Anishinaabe language and cultural recordings? Mini cassettes, tape recordings, vhs tapes, reel to reel etc.?

As part of a bigger project that will commence in the community, Special Events and Culture are looking for any types of Anishinaabe Language and Culture recordings to be digitized and shared with the community.

If you have any, please contact Jai King-Green at 905-768-1133, ext. 232 or by email at [jai.king-green@mncfn.ca](mailto:jai.king-green@mncfn.ca)

# CULTURE AND HISTORY

## Official Launch of the Moccasin Identifier



Carolyn King educating young students on the Moccasin Identifier after the official launch on June 21, 2019.



During Fort York's Indigenous Arts Festival the Moccasin Identifier celebrated a long awaited moment - the official launch of the Moccasin Identifier. After twenty years of grassroots advocacy, trying to help the people of Ontario understand whose land they really stand on, the Mississaugas of the Credit First Nation are the grateful recipients of a grant from the Friends of the Greenbelt Foundation. Thanks to the Friends of the Greenbelt Foundation, we're finally able to realize our long held vision for the Moccasin Identifier. The Friends of the Greenbelt Foundation understand the significance of connecting communities to the Indigenous presence of the Greenbelt and that Truth and Reconciliation can only be achieved through meaningful relationship building with First Nations. This partnership and their support is a step in the right direction and truly a sign of the times. The former elected chief to the Mississauga of the Credit wants images of traditional indigenous moccasins set out into the public eye across Ontario. They will represent Iroquois, Anishnaabe, Huron-Wendat and Cree nations, reminding Canadians that indigenous peoples lived for thousands of years before European people arrived to the land.

There's a motto making the Kings Moccasin Identifier project more driven. "if we, as First Nations, don't get a marker on the ground today, we will be lost forever. Our dream is to see every classroom and citizen of the Greenbelt, Ontario and then all of Canada have

a Moccasin Identifier education kit, with moccasin installations in public places and spaces, so people will forever know whose land they stand on."



Thank you Carolyn King and all of the people involved with the Moccasin Identifier launch!



## Official Launch of the Moccasin Identifier



King first told a group of young children sitting on the grass, King states that children play a key roll in moving the project forward.

Carolyn King gave stencil kits to teachers so that the young students could make the moccasin design on the sidewalks and other areas. These kits include four moccasin stencils, wash-away paint, rollers and a USB stick with information about the Mississaugas.

The Greenbelt Foundation is providing \$183,000 for Kings project, for more than two years.

King had, in an interview said that she had visited 800 students at 10 different schools in Mississauga, Hamilton and

Toronto. She said she will be concentrating on the areas with higher population in students, and community groups, to spread this moccasin image.

Kings reception to the project has been "200%". David Bailey, the County Mayor has asked for a rock with the symbol to put on his desk. King said, "We're getting a lot of requests for it. The ideas are endless about what we can do." Over 150 people painted the moccasins on the Toronto Island sidewalks this past Autumn.

King explained how it was a dot on a map app on people's



cells showing historical places of the Mississauga's and telling its stories, these dots started the Moccasin Identifier project. It was suggested to King that those places should have some king of marker, instead of just being a dot on somebodys phone. King had dismissed the idea of an eagle feather as the symbol after it had came up, she said, "An eagle feather in our world is like the Order of Canada."

But then King thought of a moccasin, she thought a moccasin would best show where indigenous people once walked. King said, "And the idea was born."

As King said before she would say she's the creator of the Moccasin Identifier project

but the project really belongs to the Mississaugas. The researcher and stencil artist is a man named Philip Cote. To assist with the project the Bata Shoe Museum in Toronto let them have access to the "Amazing Indigenous collection," King said.

While King works on the project, you can contact her at 1-905-517-1925 or her email at [Moccasin.Identifier@mncfn.ca](mailto:Moccasin.Identifier@mncfn.ca).

# Toronto Island Medicine Walk with Joseph Pitawanakwat Sunday, July 7, 2019 1:00 p.m. ~ 5:00 p.m.

Toronto Island – Ward's Island – WIA Clubhouse

Hosted by Toronto Island-Mississaugas of the Credit Friendship Group

### Agenda for the day:

- |                       |  |
|-----------------------|--|
| 10:30 a.m.            | Depart MCFN Administration Building, 2789 Mississauga Road, Hagersville, On.   |
| 12:00 p.m.            | Arrive at the Jack Layton Ferry Terminal (Ferry leaves every 30 mins – will catch the 12:30 Ferry to Ward's Island at the latest)                                      |
| 1:00 p.m.             | Arrivals and meet in front of Ward's Island Association Clubhouse  |
| 1:30 p.m. – 4:45 p.m. | Medicine Walk & Teas with Joseph Pitawanawat<br>(Ferry leaves Ward's Island every 30 mins –<br>Will catch the 4:45 pm Ferry back to the bus to return home by 7:00 pm) |

The Toronto Island-Mississaugas of the Credit Friendship Group is pleased to host a series of events again this year! Event #2 will be a medicine walk facilitated by Joseph Pitawanakwat of Creator's Garden. Come join us for a plant identification walk on Ward's Island and sample a variety of traditional teas and learn their medicinal benefits!

Bus will leave the MCFN Administration Building at 10:30 am with a pick up/drop off stop in Hamilton – McDonalds plaza on Dundurn Street. Bus will return to MCFN Administration Building by 7:00 pm.

Open to interested community members!

Snack on bus will be provided. Participants can also bring their own snacks/lunch or purchase food at the Ferry Terminal or on the Island if needed.

Dress for the weather!

Registration is required for transportation to Toronto and for catering purposes. To register, please contact Caitlin Laforme at 905-768-1133 ext 248 or by email at [Caitlin.Laforme@mncfn.ca](mailto:Caitlin.Laforme@mncfn.ca)



## YARD SALE

Chi-Miigwech to all the MCFN Departments/Units that donated stuff to the Yard Sale on June 15, 2019! The Special Events and Culture Unit raised \$665.00 to go towards our cultural programming for the community! Chi-Miigwech to those that came out to support and a special Chi-Miigwech to Craig King and Leo LaForme for all your help!

The Mississaugas of the Credit Major Events Committee are looking for MCFN Exhibit Workers for the CNE!



The MCFN Exhibit will be open from 10:00 a.m. until closing at 10:00 p.m. from Friday, August 16 to September 2, 2019

Two shifts available: 9:30 a.m. - 4:30 p.m.  
3:00 p.m. - 10:00 p.m.

Location: CNE Grounds, Toronto, Ontario

Honorarium provided. Travel and meal reimbursement according to the MCFN mileage and allowance 2019 chart. Individuals must be reliable and outgoing to deal with large crowds. Must be knowledgeable in MCFN history and culture or willing to learn to answer questions from visitors.

Please contact Caitlin Laforme, Culture and Events Coordinator at 905-768-1133, ext. 248 or by email [caitlin.laforme@mncfn.ca](mailto:caitlin.laforme@mncfn.ca)



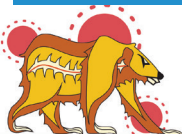
## MCFN MONTHLY GATHERING

Saturday, July 27, 2019  
10:00 am – 1:00 pm  
MCFN Community Centre



### AGENDA

9:30 a.m. Arrivals & morning refreshments  
10:00 a.m. Drum Opening  
10:05 a.m. Opening Prayer  
10:15 a.m. Welcoming Remarks by Chief Laforme  
10:25 a.m. Opening Remarks by Facilitator  
10:30 a.m. MCFN Election Code  
12:00 p.m. Lunch

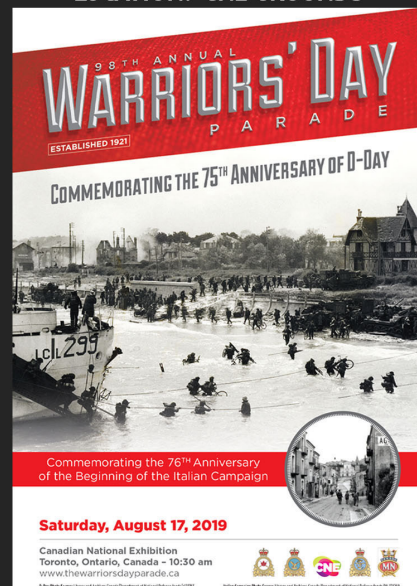


View the meeting live on our **FACEBOOK GROUP** at <https://www.facebook.com/groups/1974534826131680/> Miigwech!

THERE WILL BE NO AUGUST 2019 MONTHLY GATHERING  
ENJOY THE THREE FIRES POW WOW!

The Major Events Committee

**Call Out for First Nations Veterans**  
to participate in the  
98th Annual Warriors' Day Parade at the  
Canadian National Exhibition  
SATURDAY, AUGUST 17 2019 - PARADE BEGINS AT 10:30 A.M.  
LOCATION: CNE GROUNDS



Commemorating the 76th Anniversary of the Beginning of the Italian Campaign

Saturday, August 17, 2019

Canadian National Exhibition  
Toronto, Ontario, Canada - 10:30 am  
[www.thewarriorsdayparade.ca](http://www.thewarriorsdayparade.ca)



If you are interested in participating, please contact  
Caitlin Laforme, Culture and Events Coordinator at 905-768-1133, ext. 248



# CULTURE AND HISTORY

## Indigenous Arts Festival



The Major Events Committee along with the Culture and Special Events Coordinator were on hand for the duration of the festival.

Back Row (L-R): Special Projects Worker Amanda Sault, Special Events and Culture Assistant Jai King-Green, MCFN Councillor Evan Sault, Special Events and Culture Coordinator Caitlin Laforme. Front Row (L-R): Bella Bomberly, Manny Jacko, and Wiley Jacko.

The 7th annual Indigenous Arts Festival was held at Fort York National Historic Site, from June 18 to 23, 2019. The festival is a celebration of traditional and contemporary Indigenous music, dance, theatre, storytelling, film, crafts and culinary experiences of the First Nations, Inuit and Métis peoples of Canada.

The City of Toronto produces The Indigenous Arts Festival, in partnership with the Mississaugas of the Credit First Nation and The Friends of Fort York. The festival is presented by Tim Hortons, with financial support from the Government of Canada and sponsorships from CN, Ontario Lottery and Gaming Corporation (OLG), and Stantec.

The festival offered Indigenous cultural education programming for students from across the Greater Toronto Area from June 18 to June 21, culminating with a weekend of free celebrations including the Na-Me-Res Annual Traditional Pow Wow and evening musical performances on the Garrison Common Main Stage.

Highlights of the festival weekend included the following performances/events on June 21:

The Official Launch of the Moccasin Identifier Project with Carolyn King

Carolyn King, former elected Chief of the Mississaugas of the Credit First Nation, discussed the context, aim, and activities of the "Moccasin Identifier Project", an educational and public intervention project to promote the ongoing presence of First Nations in cities throughout Ontario.

Project of Heart Collaborative Arts Mural

Youth were invited to paint wood tiles in memory of a residential school student. The tiles will become part of a

larger mural that will develop over the course of the festival.

Okitchitaw Indigenous Weapons Experience with George Lepine

Okitchitaw is a unique, powerful, practical martial art system that uses basic, but aggressive combat movements that were employed specifically throughout Plains Indigenous Warfare.

Biidaaban: First Light Interactive VR Project

Rooted in the realm of Indigenous futurism, Biidaaban: First Light, presented by the National Film Board of Canada and House of VR, is an interactive, virtual reality time-jump into a highly realistic and radically different future for Toronto.

Performances on the Tim Hortons Festival Stage included:

- Toronto Métis Jiggers, Toronto's most recognized Métis





## Indigenous Arts Festival (continued)

dance collective

- Fawn Big Canoe, First Nations DJ
  - Brendt Thomas Diabo & the Ramblers, Classic country and Rockabilly band
  - Dave Mowat and the Curbside Shuffle, Blues band
  - Beatrice Deer, Traditional Inuit throat singer
  - Quantum Tangle, JUNO award-winning group
- Highlighted performances/events on June 22 included:

The Pow Wow Experience with Indigenize Our Minds

Participants learned the origin of the Pow Wow and the significance of various dance and regalia styles.

Na-Me-Res Annual Traditional Pow Wow

Thousands of people attended the celebration to enjoy traditional food and watch more than 100 drummers and dancers from across the province perform. Councillor Evan Sault (photo below) opened the Pow Wow.



L-R: MPP - Spadina-Fort York Chris Glover, Toronto City Councillor for Ward 3 Kristyn Wong-Tam, Na-Me-Res Executive Director Steve Teekins, and MCFN Councillor Evan Sault. Photo Credit: Chris Glover, Twitter

On June 23, The Indigenous Arts Festival Market Day took place with more than 30 Indigenous vendors showcasing authentic Indigenous artistry including jewellery, clothing, leather goods, beadwork and more.

Quotes:

"The Mississaugas are proud to work with our partners on bringing you this festival not only for the joy and entertainment it brings. I personally believe the arts have a far greater purpose. It will not be the politicians or warriors who decide the fate of this world – it will be the singers, the dancers, the musicians. The arts bridge gaps in communication, allow for a deeper connection and understanding. The arts are not simply beautiful and entertaining, they are the ultimate in



MCFN member Daniel Secord (in regalia) assisted with the drum while in attendance at the festival.

communication."

- Chief Stacey Laforme, Mississaugas of the Credit First Nation

"The Indigenous Arts Festival provides an opportunity to recognize the historic and present-day contributions of Indigenous peoples. I encourage all residents to join in the celebrations at Fort York National Historic Site."

- Mayor John Tory

"The festival highlights the diverse talent in Toronto's Indigenous communities and gives visitors an insightful look into the Indigenous perspective and experience. I am sure Torontonians will enjoy the extensive mix of performances and events scheduled for the weekend."

– Deputy Mayor Michael Thompson (Councillor for Ward 21 Scarborough Centre), Chair of the Economic and Community Development Committee

"The Indigenous Arts Festival is a powerful celebration of Indigenous people and culture. Being a welcoming place



## Indigenous Arts Festival (continued)



Education days were scheduled at the festival and Geoffery Daybutch (photo above) speaks about the treaties and wampum belts.

that celebrates diversity is at the heart of our culture at Tim Hortons – one that we live each and every day. As a presenting sponsor, Tim Hortons is proud to play a part in bringing this important celebration of Indigenous culture to Torontonians."

- Mike Hancock, Chief Operating Officer, Tim Hortons

"Art is a universal language that brings people together bridging the gaps, connecting people on an emotional and spiritual level and transcends boundaries of culture and language."

- Kim Wheatley, Artistic Curator, The Indigenous Arts Festival

"The City of Toronto's Indigenous Affairs Office is excited to support The Indigenous Arts Festival in celebrating vibrant and diverse Indigenous communities in and around Toronto."

- Selina Young, Manager, Indigenous Affairs Office, City of Toronto

Fort York National Historic Site is one of 10 Toronto History Museums operated by the City. Since 1793, Fort York has been an important military location and is where Toronto

was founded as an urban place. Located in the heart of downtown Toronto, this 43-acre site is home to Canada's largest collection of original War of 1812 buildings. Fort York offers permanent and temporary exhibits, ongoing programming and events, site tours and more. More information is available at <https://www.toronto.ca/explore-enjoy/history-art-culture/museums/fort-york-national-historic-site/>.

Fort York is a 43-acre national historic site located in the heart of downtown Toronto. Referred to as Toronto's founding landscape, Fort York National Historic Site is also a Heritage Conservation District, a registered archaeological site, and home to Canada's largest collection of original War of 1812 buildings.

The Mississaugas of the Credit First Nation would like to thank our Major Events Committee, our Special Events and Culture and all of their volunteers who made the festival a success.







# MISSISSAUGAS OF THE CREDIT 33rd ANNUAL

## THREE FIRES HOMECOMING POW WOW AND TRADITIONAL GATHERING AUGUST 24 & 25, 2019 LOVING MOTHER EARTH

Entertainment Night in Partnership with CKRZ 100.3FM  
**ENTERTAINMENT NIGHT FEATURING: RESILLUSION, BIG JOE,  
JOSH MILLER, MARK LAFORME AND DWAYNE LAFORME!**

**August 23, 2019 from 5:00 p.m.-10:00 p.m.**

**Donations welcome and please bring a non-perishable food item for the local foodbank!**

*Join us as we celebrate our culture with*

**\* DRUMMING \* DANCING \* ARTS & CRAFTS \* NATIVE PLANT GARDEN \* EXHIBITS**

**New Credit Indian Reserve**

**R.R. #6, Blue # 2789 Mississauga Road, Hagersville, Ontario**

**For GPS coordinates: Long 80 deg 5 min 41 sec, Lat 43 deg 0 in 0 sec**

**Bring your feast bundles and re-fillable water bottles;  
water stations will be on site**

**Admission: \$5/person - 6 years and under - FREE**

**For further information contact the**

**New Credit Cultural Committee @ (905) 768-3067 [info@newcreditcc.ca](mailto:info@newcreditcc.ca)**

**[www.newcreditcc.ca](http://www.newcreditcc.ca)**



# Hand Drum Singing Practice Manitou Mkwa Singers

Every Wednesday evening in July

July 3, 10, 17, 24 & 31, 2019  
6:00 – 8:00 p.m.



Location:

In the Grove  
(behind the Library)  
2789 Mississauga Road,  
Hagersville, Ontario

This event is open to all interested!  
No registration is required, however donations to the  
Hagersville Food Bank will be accepted.

Bring your hand drums and rattles!  
Light refreshments will be served.

Final Drum practice will be on July 31st  
with a potluck! Bring your favourite dish!

For more information, please contact Jai King-Green  
at 905-768-1133, ext. 232 or by email [jai.king-green@mncfn.ca](mailto:jai.king-green@mncfn.ca)



## Beaded Strawberry Workshop



On June 16, MCFN Special Events and Culture hosted a Beaded Strawberry Workshop. This workshop was very well received with 15 participants attending. Facilitator Naomi Smith was amazing and MCFN may be looking at bringing her back for future workshops!



## ECC Hosts Annual Children's Pow Wow



On June 18, Ekwaamjigenang Children's Centre hosted their annual Children's Pow Wow. Chi-miigwech to the many people who assisted in making this pow wow such a wonderful event each year.



# CULTURE AND HISTORY

## Councillor Veronica King-Jamieson Visits Eagle Plains Public School

Thank you so much to the @mncfn for taking the time to visit with Ss in @Hartmans\_Eagles @eagleplainsps & to build this important community relationship & helping our Ss understand the importance of Truth & Reconciliation & protecting Mother Earth. @PeelSchools @JaySugunan



Early in June, Councillor Veronica King-Jamieson visited the Grade 5/6 class at Eagle Plains Public School. King-Jamieson was overwhelmed by their kindness. The class raised and donated \$580.00 to Lloyd S. King Elementary school through their Christmas craft sale.

## MCFN Flag to Permanently Fly at Oakville's Town Hall



On April 2, Oakville's Town Council voted unanimously to install a new flagpole to permanently fly the Mississaugas of the Credit flag at Oakville's Town Hall. Oakville is located on the Treaty Lands of the Mississaugas of the Credit First Nation. The permanent Mississaugas of the Credit flag was raised at Town Hall with Chief Stacey R. Laforme on June 17, the same date as the Strawberry Moon.



## Historic Gathering of The Queen's Representatives in Canada



On Wednesday, June 12, 2019, at Massey College in Toronto, Ontario, a historical gathering of The Queen's representatives in Canada along with the Territorial Commissioners and National Chief Perry Bellegarde of the Assembly of First Nations.



An historic gathering of The Queen's representatives in Canada along with the Territorial Commissioners and National Chief Perry Bellegarde of the Assembly of First Nations took place at the recently designated Chapel Royal of Massey College in Toronto.

The Governor General of Canada, Lieutenant Governors, and Territorial Commissioners met for an annual conference by paying tribute to the unique and enduring relationship between the Crown and First Nations people in an historic early morning ceremony as a symbol of their commitment to reconciliation.

Ontario's lieutenant-governor told a gathering at Massey College in Toronto on June 12, 2019 that recent reports about Indigenous people in Canada show "a lot of hurt remains."

Lt. Governor Elizabeth Dowdeswell said continuing dialogue and listening is needed on the path toward reconciliation.

She made the comments at an historic gathering that included MCFN Chief Stacey Laforme, Elder Garry Sault, Gov. Gen. Julie Payette, lieutenant governors, territorial commissioners and AFN Chief Perry Bellegarde.



Chief Stacey Laforme, National Chief Perry Bellegarde, MCFN Elder Garry Sault, and Lieutenant Governor of Ontario Elizabeth Dowdeswell



## Historic Gathering of The Queen's Representatives in Canada

"The report of the Truth and Reconciliation Commission and its 94 calls to action, and more recently, the final report of the National Inquiry into Missing and Murdered Indigenous Women and Girls and its 231 calls for justice, makes clear that a lot of hurt remains," she said.

"There is so much that all we must do, but particularly, those of us with a platform, if we are going to continue to be resilient in the years ahead."

She continued:

"We can foster dialogue, not just debate. Deliberation, not just consultation. Such civic engagement is fundamental to democracy, which, like reconciliation, is really about how we choose to live together," she said.

Julie Payette, Governor General of Canada, said:

"Reconciliation goes to the heart of dialogue and listening, and that we have to continue to do."

Elder Garry Sault began the ceremony early in the morning with the lighting of a sacred fire.



The Ontario Heritage Trust unveiled a commemorative plaque in English, French and Ojibwe during the event.





## Councillor Erma Ferrell

### Pillar Five Lead - Striving to be an Independent and Sovereign People

**Council Meetings** – attended all regular scheduled meetings since the last newsletter.

**Special Meetings** – On June 08, 2019, I travelled to the Georgetown Highland Games – the major events committee had an information booth. It was great to see our flag flying at this event.

Major Events Committee met on June 13, 2019 to review the activities planned for the next few months. June 17, 18, and 19, our Chief & Council met to continue work on our strategic plans. Our special meetings allow us to review areas of political importance and discuss strategies on how we continue to address areas of concern for our membership.

During our special meeting we took time out to walk in the Grand Entry for our Children's Pow Wow in our Community Centre. Thank you to the staff of Ekwaamjigenang Children's Centre for the invitation.

#### Grade 8 Graduation Ceremony

June 19, 2019 – It was an honour to be invited to the Grade 8 Graduation Ceremony. Thank you to all of the staff of our Lloyd S. King Elementary School for your guidance and teachings throughout the years our graduates have been in your care.

To all of the Grade 8 graduates, I wish you well in your goals, and future academic plans.



May 13, 2019 – Our Flag was presented to Anne Scotton, Regional Director of Indigenous Services by Chief Laforme at the Ontario Joint Gathering. Indigenous Services Canada hosted a Joint Gathering of Indigenous, federal and provincial key partners to share the progress being made in advancing our mutual priorities. The second annual conference is an opportunity to build relationships, and share priorities, successes, and concerns. This province-wide meeting for First Nation Chiefs, representatives from Tribal Councils, Indigenous Representative Organizations and other Indigenous-led organizations was hosted by Indigenous Services with logistical support from Nokiwin Tribal Council.



# SAVE THE DATE

## Tri-Counties Indigenous Justice Conference

### OCTOBER 29 & 30, 2019

Mississaugas of the Credit Community Centre  
659 New Credit Road, Hagersville, On.

Tuesday, October 29, 2019

- KEYNOTE ADDRESS
- Reconciliation for the Future - OCJ ACJ and Hon. Harry LaForme
- KEYNOTE PANEL – Moderator J. Gethin Edward
- Reconciliation Challenges, Psychological Barriers and Active Responses – Question Period
- TERMINOLOGY IN COURTS – International Year of Language – Lisa VanEvery
- IMPACTS OF RESIDENTIAL SCHOOLS – Attendees and Generational Survivors
- WORLDVIEW CONSIDERATIONS – Western/Indigenous in a Courtroom
- Social

Wednesday, October 30, 2019

- KEYNOTE ADDRESS
- Reconciliation for the Future – Elder and Youth Voices
- COUNSEL PANEL AND DISCUSSION
- MOCK INDIGENOUS BAIL HEARING
- PANEL: Indigenous Voices and the Family – Justice Impacts
- PANEL: Indigenous Court Supports
- BREAKOUT TABLES with Judiciary/ Crown/Defense/Court Supports/ Community
- WRAP UP SUMMARY/ RECOGNITIONS – Ian McCuaig



**Keynote Speaker**  
**Justice Harry LaForme**

*\*\* Dates, times, topics and presenters subject to change without notice*

**REGISTRATION FEE \$125.00**

**For more information, please contact  
Veronica King-Jamieson at [veronicak@mncfn.ca](mailto:veronicak@mncfn.ca)  
or call 905-869-5753**





## Councillor Evan Sault, Pillar Two Lead - Nation Well-Being and Wellness and Monthly Update



# The Major Events Committee

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## IS SEEKING A YOUTH COMMITTEE MEMBER

### The Mississaugas of the Credit Major Events Committee

### CALL FOR A YOUTH COMMITTEE MEMBER

The MCFN MEC is seeking applications for:

- 1 Youth MCFN member (18-29 years old)
  - 1 year term

Meetings are usually held monthly from 4:30 pm – 6:30 pm with special meetings added as required. Honorariums of \$150 per meeting/per member will be provided. Travel and participation in Major Events will be required.

If you are interested in applying for a seat on the Major Events Committee, please send a letter expressing your interest in this committee outlining:

- Status as MCFN band member
- Why you are interested in participating in the MCFN Major Events Committee
- Indicate what member position term you are applying for
- Any experience working with event organizers on MCFN or within MCFN's Treaty Lands and Territory
- Experience working in a committee setting in the last three years

Please send applications by **July 12, 2019 at 4:30 p.m.** to:

Caitlin Laforme – Lead Administration for the Major Events Committee

Email: [caitlin.Laforme@mncfn.ca](mailto:caitlin.Laforme@mncfn.ca)

or

Mail-In/Delivery:

MCFN Administration Building

2789 Mississauga Road, Hagersville, ON, N0A 1H0

Attention: Caitlin Laforme, Major Events Committee

# COMMUNITY INITIATIVES

## Hamilton Health Sciences Unveils Indigenous Signs of Welcome

"Hamilton Health Sciences is privileged to provide care on the lands the indigenous peoples have called home for thousands of years. We recognize and respect the presences and stewardship of all Indigenous peoples as keepers of this land". In recent years, Hamilton Health Sciences (HHS) has had several opportunities to work with Indigenous leaders and communities and to seek advice and to help shape our work. One of the outcomes was the land statement above. Another is the Signs of Welcome project. Part of the hospitals broader Indigenous care and service plans which includes elements including staff training, education, and policies to support the integration of traditional medicine in our care. Overall, the hospital is working towards making our hospital a more welcoming and supporting place for Indigenous people and families. This effort draws us closer to the Indigenous communities we serve providing opp to deepen our mutual understanding and relationships.

Rob MacIsaac, CEO of HHS states it isn't about unveiling beautiful artwork, it is about Hamilton making a more sincere effort to get better at listening to and learning from Indigenous patients and families. A lot of engagement towards making Hamilton Health Sciences a place that is welcoming and respectful.

On permanent display throughout HHS Centres across Hamilton, Signs of Welcome marks a milestone on HHS's journey to a greater cultural understanding and awareness. Most importantly, HHS hope and believe these signs will create an inclusive environment for everybody. Most

importantly, the hope is building trust and providing comfort for Indigenous patients and families.

MCFN Pat Mandy was in attendance in place of Chief Laforme who was unavailable for the unveiling. "I think the paintings and land acknowledgement is really important. The relationship development takes us down the path of reconciliation". One of the things Pat thought about when she was aware she would be attending the event is planning for our next seven generations. It's all about the children and the children's future.



We are privileged to provide care on lands that Indigenous peoples have called home for thousands of years.



**MOCCASIN IMAGES:** The image of three moccasins is adapted from artwork created by Philip Cote for the Moccasin Identifier Project, founded by Carolyn King, former elected Chief of the Mississaugas of the Credit First Nation. The project aims to create a visual reminder to recognize and honour traditional territory of Indigenous peoples. Some of these

images have been engraved into stone walls at Trillium Park (Ontario Place). Philip Cote is Shawnee, Lakota, Potawatomi and Ojibway from Moose Deer Point First Nation and a graduate the Ontario College of Art and Design.



We are privileged to provide care on lands that Indigenous peoples have called home for thousands of years.



**TURTLE AND SEVEN GENERATIONS:** Created by Tracey Anthony, Turtle and Seven Generations includes the image of a turtle. The feather on its back has seven segments, reflecting the Seven Generations principle that the decisions we make today should result in a sustainable world seven generations into the future. The four

legs represent the "Four Directions" such as those found in the Medicine Wheel. Tracey Anthony's mother is Mississauga (Ojibway) from the Mississaugas of the Credit First Nations reserve. His father was Delaware (Lenni Lenape) from the Six Nations reserve. In his artwork, Tracey incorporates Ojibway, Delaware, and Iroquoian influences.

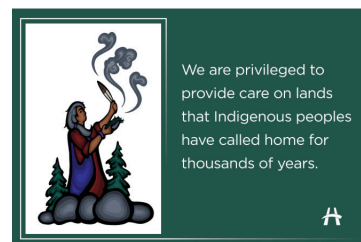


We are privileged to provide care on lands that Indigenous peoples have called home for thousands of years.



**DELIVERANCE OF SKY WOMAN:** This image by Arnold Jacobs depicts Sky Woman, the mother goddess, descending to earth. Waterbirds carry her down to the sea and set her on the back of a turtle (Turtle Island) which becomes her home. Arnold Jacobs is an Onondaga artist raised within the traditional culture

and language of Six Nations of the Grand River territory, where he resides with his family. His works are an expression of his connection to his spirituality. His symbols of the earth and sky, water, wind, thunder, moon and sun, along with other related themes depicts the traditional ways of the Haudenosaunee, their clans and culture.



We are privileged to provide care on lands that Indigenous peoples have called home for thousands of years.



**ELDER WITH SMUDGE BOWL:** The image of an Elder with a smudge bowl and eagle feather has been adapted by artist Jay Havens from the mural he created for Makayla's Room at McMaster Children's Hospital. Jay Havens is a multi-disciplinary artist of Haudenosaunee-Mohawk and Scottish-Canadian ancestry and

proud member of the Six Nations of the Grand River, Mohawk Bear Clan.



## NC Biodiversity



As part of understanding biodiversity and knowing the area we live in, it is important to track weather and understand the patterns occurring in the weather around us. After finishing my first year in Conservation Biology at Trent University, I started working with NC Biodiversity as

Lead Gardener. Since May I have been keeping a record of Rainfall with two rain gauges placed in the garden around the Old Council House. Recently, to expand our understanding of the weather we purchased and installed a Weather Station near the Old Council House. This new weather station can now track: Temperature, Humidity, Wind Speed and Direction as well as Rainfall on MCFN. I was inspired to start tracking the weather by my great grandfather, Mr. Lloyd S. King, but many knew him as Mr. King. He used to, in the house I live in now, keep track of the weather on MCFN and Hagersville for Environment Canada. Back then he would have to go out every day to a white wooden box containing thermometers, to write down the weather conditions on that day recording Temperature, Wind Direction and Speed and sending this information to Environment Canada. Today with the current weather station we use, and others used by Environment Canada, data is collected and compiled automatically and put into spreadsheets that then can be uploaded to the computer and viewed. In viewing this data, we can see the weather patterns in our area and in looking at past data, such as Mr. King's, we can see

how the climate has shifted and changed over time. He collected over forty years of data and Environment Canada recognized his work and presented him with a plaque. His data has been very important in many applications, not just for MCFN but also for all of Ontario. The work of him and others; in the past, now and into the future, is vital to our understanding of the earth. By Myles Brown

### Attention fellow bird watchers!

This bird was found dead on New Credit Road over Father's Day weekend. It is a Northern Flicker, a migratory woodpecker spending time here in Ontario. Identified by Carla P Campbell.

Northern Flickers are large, Brown woodpeckers with black barring on the back and black spots on the belly. They are easily recognized in flight by their bright white rump. They also have a large black crescent-shaped mark on the breast with underwings that are yellow or red, depending on the subspecies. Generally, "yellow-shafted" are found in Eastern and Northern North America, and "Red-shafted" in the West and South through Mexico. They nest in cavities but are often seen feeding on the ground in lawns, where they eat lots of ants and worms.



### Are you successful in growing tobacco?

Open to our MCFN community members. Pick up a small packet of tobacco seeds. Plant and care for the seedlings. Bring back half of your harvest to our office by October 11, 2019.

**14 seed packets of tobacco are available at 2789 Mississauga Rd Building 2, Old Council House (OCH).**

Please contact New Credit Cultural Committee at (905) 768 3067 and ask for Carla Campbell or Myles Brown.



# COMMUNITY INITIATIVES

## PRIDE PARADE



On Sunday, June 23, 2019, MCFN Culture and Special Events staff, along with interested MCFN members, joined with UFCW (United Food and Commercial Workers) to participate in the 2019 Annual Pride Parade held in Toronto.

The colourful event celebrated diversity and intersectionality with Indigenous LGBTQIP2SAA representation along the streets of Canada's largest city. The acronym stands for lesbian, gay, bisexual, transgender, queer, questioning, intersex, pansexual, two-spirit (2S), androgynous and asexual.

The annual event celebrates and recognizes the achievements, struggles, personhood, rights and individuality of all LGBTQIP2SAA people in light of ongoing efforts to advocate for societal protection and acceptance of LGBTQIP2SAA people.

The event was held on MCFN Traditional and Treaty Territory, namely Treaty 13 with the Mississaugas of the Credit First Nation.



Pride Toronto faced backlash after a photo of its "land acknowledgement" statement at the event drew swift criticism for erasing Indigenous identity by failing to mention any Indigenous nations that traditionally occupied the land.

The land acknowledgement read: "Take a moment to

connect with the land that you are currently standing on. Now introduce yourself spiritually; build a relationship with Mother Earth that provides for all our relations. No matter what part of Mother Earth our family originates from, we all have a relationship and a responsibility to the land. Let's build a healthy relationship together."

Pride said the statement was written by an Indigenous person, prompting further criticism for "throwing" the person "under the bus" while failing to take responsibility for the botched land acknowledgement.

The organization eventually apologized in a statement. In its statement Monday afternoon (June 24), the organization said, "Pride Toronto would like to take full responsibility of this and apologize to our 2SLGBTQIA+ Indigenous communities, and to acknowledge that there is more work to be done in our efforts to be intersectional, radically anti-racist, and anti-oppressive.



"We recognize the impact extends directly to the erasure of identities, communities and the histories of 2SLGBTQIA+ Indigenous communities."

Despite the poorly-worded land acknowledgement, many people from the Indigenous 2SLGBTQIA+ community came out with beautifully-made signs written in Anishinaabemowin and fun was had by all. Please peruse beautiful photos from Pride 2019, taken by MCFN Special Events and Culture Assistant Jai King-Green and Councillor Cathie Jamieson on our Facebook page.





## Employment Opportunities

### Community Wellness Worker (Casual)

The Community Wellness Worker is responsible for providing community support services to the community by delivering primary prevention and community based wellness programming as assigned. As well, the position is responsible for implementing a prevention based after school program, as well as Summer and March break Programs and other Programs, as deemed necessary by the Supervisor of Community Support

Closing Date: July 18, 2019 at 12:00 p.m.

### Cultural Facilitator

The Cultural Facilitator is responsible for providing program facilitation related to the Anishnaabe cultural teachings for the purpose of providing a culturally enriched learning environment through language, play and various formal and informal activities, to be delivered to the children, parents, staff and students of both the on and off reserve EarlyON Child and Family Programs.

Closing Date: July 18, 2019 at 12:00 p.m.

### Anishnaabemowin Instructor Ekwaamjigenang Children's Centre (ECC)

To increase the use of Anishnaabemowin with the children, teachers and parents at Ekwaamjigenang Children's Centre by working with the Registered Early Childhood Educators to prepare and deliver an Anishnaabemowin Program that completely reflects the children's developmental needs and contributes to the effective operation of the child care program while promoting and implementing practices of Anishnabe heritage in a manner that will increase the use of Anishnaabemowin.

Closing Date: July 18, 2019 at 12:00 p.m.

### After School Program Assistant

The After School Program Assistant is responsible for assisting the Community Wellness Worker with the afterschool care of attendees of the MNCFN afterschool program.

Open Call for resumes

### Casual Supply Teacher

The teacher is responsible for ensuring that each child has an opportunity to reach his/her maximum potential through the creation and implementation of suitable programs and teaching styles to meet individual student needs. The teacher will treat all students in a fair and equitable manner. The teacher will adhere to the Ontario College of Teachers Foundations of Professional Practice, including Ethical Standards for the Teaching Profession, Standards of Practice for the Teaching Profession and the Professional Framework for the Teaching Profession.

Closing Date: Open Call for interested applicants

### Casual Receptionist - updated January 2019

Provides central reception to staff, Council, and guests at the Band Office, maintain the reception area, mail room and communications room (logging incoming/outgoing mail, distributing mail to relevant departments and updating general information materials in the office, orders office supplies as required, maintaining inventory, logging and distributing general materials such as purchase orders, expense claims and invoice requests.

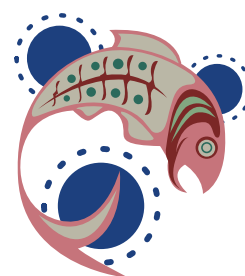
Closing Date: Open Call

### Casual Registered Early Childhood Educator After School Program

The Registered Early Childhood Educator After school Program worker is responsible for providing after school care for the five-year-old attendees of the After School Program.

Closing Date: Open Call

***For detailed job descriptions and to apply, please visit [www.mncfn.ca/job-board](http://www.mncfn.ca/job-board)***



# JULY 2019 MCFN CA

Monday	Tuesday	Wednesday	Thursday
1	2 Summer Youth Camp Summer Day Camp Session 1	3 Summer Youth Camp Summer Day Camp Session 1 Hand Drum/Singing Practice	4 Summer Youth Summer Day C
8 Break Into Business Camp Summer Day Camp Session 1	9 Break Into Business Camp Summer Youth Camp Summer Day Camp Session 1 Summer Day Camp Registration for Session 2	10 Break Into Business Camp Summer Youth Camp Summer Day Camp Session 1 Summer Day Camp Registration for Session 2 Hand Drum/Singing	11 Break Into Busi Summer Youth Summer Day C MCFN Cancer S
15	16 Summer Youth Camp	17 Summer Youth Camp Hand/Drum Singing Practice	18 Summer Youth
21 Summer Day Camp Session 2	22 Summer Youth Camp Summer Day Camp Session 2	23 Summer Youth Camp Summer Day Camp Session 2 Hand Drum/Singing Practice	24 Summer Youth Summer Day C MCFN Cancer S
28 Summer Day Camp Session 2	29 Summer Youth Camp Summer Day Camp Session 2	30 Summer Youth Camp Summer Day Camp Session 2 Summer Day Camp Registration for Session 3 Hand Drum/Singing Practice	31 Summer Youth Summer Day C Summer Day C Registration for

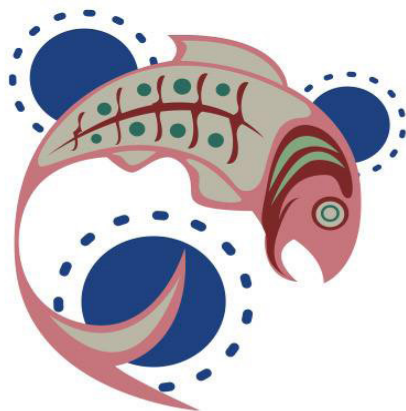


# LENDAR OF EVENTS

Thursday	Friday	Saturday	Sunday
Camp Camp Session 1	5 Summer Day Camp Session 1	6	7 Toronto Island Medicine Walk with Joseph Pitawanakwat
Business Camp Camp Camp Session 1 Support Group	12 Break Into Business Camp Summer Day Camp Session 1	13 Community Picnic	14
Camp	19	20	21
Camp Camp Session 2 Support Group	25 Summer Day Camp Session 2	26 MCFN Monthly Gathering	27
Camp Camp Session 2 Camp Session 3			

## DEPARTMENT OF CONSULTATION AND ACCOMMODATION

For those who have completed the fish consumption survey, YOUR TIM HORTONS GIFT CARD IS READY! Please come to the Department of Consultation and Accommodation (DOCA) at 4065 Hwy#6, Hagersville, Ontario to pick up your card. For those MCFN members who do not live in the area but participated in the survey, please call DOCA 905-768-4260 to make arrangements for mail delivery. Link to survey: <http://mncfn.ca/fish-consumption-survey/>  
Again, miigwech for completing the survey!



# FISH CONSUMPTION SURVEY

### ABOUT THE FISH CONSUMPTION SURVEY:

You're invited to complete the "Fish Consumption" survey. This information is being gathered by the Mississaugas of the Credit First Nation (MCFN) - Department of Consultation and Accommodation (DOCA) in collaboration with the Niagara River, Hamilton Harbour and Toronto Remedial Action (RAP). The RAP is a partnership-based group that works on improving water quality and ecosystem health of a Great Lakes Area of Concern since 1987.

### *Your input is important!*

The survey will provide valuable information to guide monitoring efforts in the waters of the Niagara River, Hamilton Harbour, and Toronto Waterfront. By knowing what fish people prefer to eat, scientists can better target the fish collected and tested for contamination. This information helps everyone make better decisions about eating safe fish.

The survey will take about 10 minutes to complete. We value your feedback and thank you in advance for your interest and time. The survey results belong to MCFN and will be kept at the DOCA. At the end of the survey, you have the option to provide your contact information for an appreciation gift.....a Tim Hortons gift card!



To access the survey, you will need to go to [www.mncfn.ca](http://www.mncfn.ca) website, click on the Band Member registration, then look for the "Fish Consumption Survey" link, click on it and begin the survey. If you are not yet registered on the MCFN Band Member registration site, it may take a few days to become registered. Please note the Fish Consumption Survey will be on line from March 29 to August 30, 2019 and there will be plenty of time for you to come back to the website and participate!

If you would prefer to come to the DOCA office to complete a paper survey or do it over the phone, please contact Fawn Sault at 905-768-4260 (DOCA) or by email at [fawn.sault@mncfn.ca](mailto:fawn.sault@mncfn.ca). Any other questions, please contact Caron Smith at 905-768-4260 or by email at [caron.smith@mncfn.ca](mailto:caron.smith@mncfn.ca)

If you would like more information on the Hamilton Harbour, Niagara River or Toronto Remedial Action Plans, please contact or visit the following websites:

Natalie Green  
Niagara River Remedial Action Plan  
[ngreen@npca.ca](mailto:ngreen@npca.ca)  
905-788-3135, ext. 243

Kristin O'Connor  
Hamilton Harbour Remedial Action Plan  
[Kristin.oconnor@canada.ca](mailto:Kristin.oconnor@canada.ca)  
905-336-6278

Valerie Francella  
Toronto and Region  
Remedial Action Plan  
[Valerie.Francella@trca.on.ca](mailto:Valerie.Francella@trca.on.ca)  
416-661-6600, ext. 5322



## Fish populations are on the rise in the Toronto Area



Silver Redhorse

Chinook Salmon

Smallmouth Bass

Fish of Toronto and region jurisdiction (TRCA, 2018)

Good news! Abundance of fish along the Toronto and Region waterfront is increasing and most resident fish are now safe to eat. During 2018 field monitoring, juvenile Northern Pike were found in the northernmost coastal marsh of Duffins Creek. This finding indicates that Northern Pike are using this marsh for spawning and as nursery habitat! A few regionally rare species were also captured last year. A Bigmouth Buffalo, a Quillback and a Silver Redhorse were caught during routine boat electrofishing monitoring in the Don River. In the watersheds, an American Brook Lamprey, a native freshwater non-parasitic fish was also found. The fish were discovered by the Toronto and Region



Juvenile Northern Pike observed in Duffins Creek Northeast Lagoon (TRCA, 2018)

Conservation Authority's (TRCA) Environmental Monitoring and Data Management team that collects long-term fisheries data across the Toronto regional waterfront, and within nine river watersheds. For more information visit <https://trca.ca/conservation/environmental-monitoring/>

As for fish consumption, surveys of over 200 individuals conducted in Spring and Summer 2018 found that 30% of anglers eat fish caught along the Toronto Waterfront. The most commonly eaten fish were Chinook Salmon, Largemouth Bass and

Common Carp. Over the last two decades, fish have generally become safer to eat in the Toronto area. You can find the most current advisories for waters across Ontario in the Ontario Ministry of the Environment, Conservation and Parks Guide to Eating Ontario Fish 2017-18.



Toronto Waterfront Fish Consumption Surveys (TRCA, 2018)

Do you catch or eat fish along the Toronto waterfront, Hamilton Harbour or in the Niagara River? Don't forget to fill out our fish consumption survey. By knowing which fish people prefer to eat, efforts can be better focused on monitoring, research, and education related to fish consumption in those locations. You'll receive a thank you gift!

# EARLYON PLAY AND LEARN DROP IN



**MCFN EarlyON Child and Family Programs**  
Join us for a fun play filled experience at our Play and Learn Drop-In Centre's  
**SUMMER HOURS**

**LOCATION: Hagersville Secondary School**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9:00 a.m. – 11:30 a.m. CLOSED CANADA DAY HOLIDAY	12:30 p.m. – 2:30 p.m. 5:00 p.m. – 7:00 p.m.	9:00 a.m. – 11:30 a.m.	10:00 a.m. – 2:00 p.m.	9:00 a.m. – 12:00 p.m.

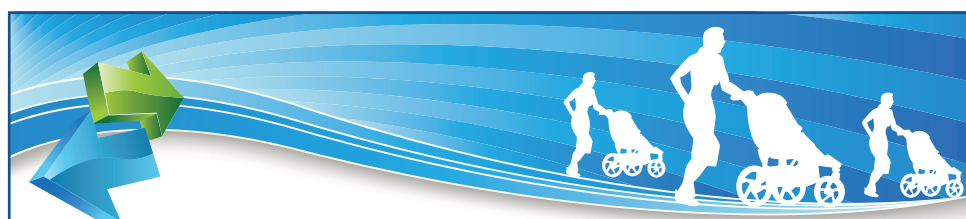
**\*\*NEW LOCATION\*\* Lloyd S. King Portable**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1:00 p.m. – 3:00 p.m. CLOSED CANADA DAY HOLIDAY		1:00 p.m. – 3:00 p.m.		

All parents and caregivers are welcome with children aged 0-6 years old. Older siblings up to age 12 are welcome to attend with their younger siblings.

PLEASE NOTE THE EARLYON IS A **DROP-IN AND PLAY** NOT A DROP-OFF!

Follow us on Facebook MCFN EarlyON



You're invited to **STROLLER FIT**  
**for Moms & Babies!**

*when:*

Monday, July 8th at 9:30am - every Monday for 6 weeks!

*where:*

MCFN EarlyON Hagersville Secondary School

*register:*

Sign up with our RECE's or program staff!

Email: [katharine.brown@mncfn.ca](mailto:katharine.brown@mncfn.ca)

Call: 289-758-5599

- get fit • have fun • time out with your baby • designed for all fitness levels • it's FREE! \*
- social time with other Moms • friendly support
- child care for older sibling

\* FREE registration for families registered & attending MCFN EarlyON



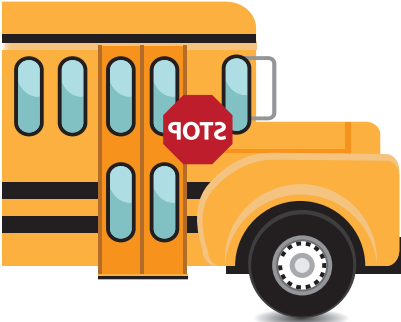


## REGISTRATIONS FORM



## LSK 2019 – 2020 Registration

Registration forms for the upcoming 2019 – 2020 school year can be dropped off at LSK until June 28th, 2019. After June 28th, registration forms can be dropped off at the Education Office located at 6 First Line.



## 2019 – 2020 Bussing Information

Students entering grade 9 in September should contact the Education Office, no later than July 12, 2019, with their address and secondary school name.

All other high school students please contact the Education Office, prior to July 12, 2019, **ONLY IF** your address or secondary school has changed.



## 2019 – 2020 Post Secondary Students

## 2019 – 2020 Post Secondary Students

Please ensure you have submitted all of the necessary documentation to the Education Office. It is YOUR responsibility to ensure your application is complete.

Post Secondary students please ensure the Education Dept has your current email and phone number on file. The education department frequently sends communication by email.

# Have a safe and happy summer!

## LSK Students Strawberry Trip to Brantwood Farms



On June 19, 2019, Lloyd S. King students travelled to Brantford Farms. Classes participating were Kindergarten and Grade 5/6. The classes had a great time picking (and eating) some delicious strawberries.

This was especially important because these strawberries were used for the school's Strawberry Social on June 20, 2019.

Thank you to all the students for helping make the Strawberry Social the success.

We are sure that the students had fun out of the classroom and in the berry patch!





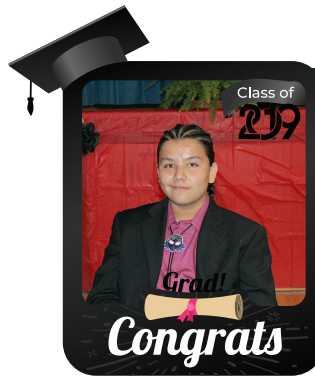
## Lloyd S. King Elementary Grade 8 Graduation



*Adam Borisuk*



*Julius Brown*



*Marcus Henry*



*Kamryn Hess*



*Paige Kerst*



*Valedictorian Ashlee LaForme*



*Brian LaForme*



*Alexander Sault*

On June 19, 2019, Lloyd S. King Elementary School held their Grade 8 graduation ceremony. What a beautiful evening to celebrate the success of our students as they continue on their educational journey. Awards were also given to the graduates along with their Grade 8 graduation diplomas and the awards were given as follows:

Academic - West Medicine Wheel

Ashlee LaForme

Athletic - East Medicine Wheel

Ashlee LaForme

Arts - South Medicine Wheel

Adam Borisuk

Mino Bimaadziwin - North Medicine Wheel

Marcus Henry

Anishinaabemowin Award

Ashlee LaForme

Most Improved Student

Marcus Henry

Graduation Award

Ashlee LaForme

Valedictorian Award

Ashlee LaForme



**On behalf of the Mississaugas of the Credit First Nation, we give thanks to our Class of 2019 and wish them all the best in their future endeavours! Chi-Miigwech!**



## Lloyd S. King Elementary Awards



**Athletic - East Medicine Wheel Award recipients**  
Grade 7 Tana King, Grade 5/6 Emily Campbell, Grade 4/5 Bella Laforme, Grade 3/4 Braedy Francis, Grade 2 Stanford Wythe, Grade 1 Bo Hill, KG Bowen Bacher



Congratulations to the recipients of this year's student awards.



**Mino Bimaadziwin North Medicine Wheel Award recipients**  
Grade 7 Summer Brant, Grade 5/6 Jordan Hill, Grade 4/5 Leland Henry-Day, Grade 3/4 Micah Sault, Grade 2 Manny Jacko, Grade 1 Mabelle Hill, KG Jaxon Bennett



**Arts - South Medicine Wheel Award recipients**  
Grade 7 Ozawaa Secord, Grade 5/6 Skyler Martin-King Grade 4/5 Chantelle Wythe, Grade 3/4 Wiley Jacko, Grade 2 Easton M., Grade 1 Taryn Hill, KG Kori Johns

MCFN would also like to congratulate all students of Lloyd S. King Elementary School on moving forward to the next grade.



**Anishinaabemowin Award recipients**  
Grade 7 Rayly Laforme Grade 5/6 Kya MacDonald Grade 4/5 Gavin Porter Grade 3/4 Mariah Sawyer, Grade 2 Angel LaForme, Grade 1 Sylken Smith KG Ava Hess



**Academic - West Medicine Wheel award winners**  
Grade 7 Aiden Laforme, Grade 5/6 Jayce General, Grade 4/5 Lillian Martin, Grade 3/4 Gracie Hill, Grade 2 Kaiah King, Grade 1 Genevieve Martinson-Sault, KG Ellie MacDonald

Please have a safe and fun-filled summer!



**Most Improved Award recipients**  
Grade 7 Eli Brant (Absent) Grade 5/6 Dayten Hill, Grade 4/5 Jody Henry-Day, Grade 3/4 Austin King, Grade 2 Gracie LaForme, Grade 1 Karter McKenzie, KG Kiesha Nicholas-King

## Great Art for Great Lakes/Song for the Water



On June 12, 2019, Logan Staats attended LSK to collaborate with approximately 250 students from various elementary schools to write a beautiful song to express how they feel about water.

At the end of our Song for the Water Project, Staats will record the song and film a music video and screen the video and perform the song live at a concert. All writers and participants of the song will also be invited to the concert! A short documentary of the whole adventure will also be produced! The best way for everyone to keep up with the song as it gets written, is by following Staats on social media. If you don't use social

media, teachers will be kept up to date, and they can let you know when the song is done, when the video is done and when the live performance will be! MCFN is looking forward to the finished song and we thank all students who participated in collaborating with Staats!





The Infants have enjoyed stacking everything in the room and seeing what they can stack on push toys to walk with. They have also been drumming all together in their little group of three.

The Toddlers are still worm hunters and search every day for their slimy worm friends. They have also been feeding their worms and learning what worms like to eat.

The Preschool 1 Room children have been trying out their green thumbs in gardening. Can't wait to see what will grow.

The Preschool 2 friends are really into building big train tracks and role playing that they are cats. Also telling their own stories using the felt board with props.

The JKs released their butterflies and Ethan had a butterfly land by his ear. They also just took part in their

graduation ceremony-Congratulations Graduates, we wish you all the best as you head into "Big School".



Thank you to all who supported the ECC Garage Sale that was held on June 15, 2019. It was a success! Chi-migwech!



## Welcome 2019 Summer Students!

The 2019 Summer Student program has begun and MCFN has hired many students this year. Please help us in welcoming all students in their respective placements.

Public Works: Brett L.

Day camp: Caleb M.

Day camp: Arielle M.

Day camp: Noah C.

Children's Centre: Alexis K.

Children's Centre: Jade K.

Communications: Halle M.

Lead Gardener: Myles B.

TRCDC Special Projects Assistant: Rochelle K.

Cultural and Bio Diversity Assistant: Xylem L.

OPP P.E.A.C.E. Program: Josh S.

Sports and Recreation Assistant: Ryann L.

Library/Storyteller: Ashton C.

Cultural Coordinator: Angela S.

Remember all the benefits of hiring a student! It can provide time-management skills necessary for academic success. It provides valuable career-related experience that assist students to clarify goals, acquire skills and self-confidence, and build a network of contacts!

Good luck to all MCFN summer placements!



Take 10 minutes to complete our Band Member Survey and be entered into a draw to win \$500

### Requirements:

- Participants must be Mississaugas of the Credit First Nation band members.
- Survey must be fully completed and signed.
- Previously completed the survey? Update your survey and you will also be entered into the \$500 draw.
- Must be 18 years of age or older.

Surveys must be received by August 31st 2019 by 11:59 pm.

To receive a survey please contact:

Michele King, Employment and Training

Phone: (905) 768-1181 ext. 223

Email: [michele.king@mncfn.ca](mailto:michele.king@mncfn.ca)

Band member surveys form available online at:

<http://mncfn.ca/employment-training-2/>



Save the Date! February 18–21, 2020

The 10<sup>th</sup> Annual Historical Gathering & Gala  
hosted by Mississaugas of the Credit!

Gala Evening February 18, 2020 music &  
entertainment, Historical Gathering to follow  
February 19–21, 2020.

Please plan to attend! Gala Information, Agenda  
and Registration forms will be available soon.

If you have any question please email  
[HistoricalGathering@mncfn.ca](mailto:HistoricalGathering@mncfn.ca)



## Community Businesses Advertise Free in the Eaglepress

Aanii: we have frequent requests for advertising in our classifieds page. The classified page is a useful spot to announce births, deaths, anniversaries, family reunions, birthday wishes, etc. It's a great spot for personal advertisements.

However, we believe local businesses deserve special attention, too. We want to encourage community members to shop locally. There are many wonderful local start-up businesses and at-home businesses that our enterprising community members are running.

We believe it's important that local businesses get the recognition and visibility they deserve. Whether you're looking for a local auto mechanic or a caterer, the Mississaugas of the Credit First Nation has no shortage of talented and skilled business people to help with your needs.

Instead of advertising on the classified page, we are introducing a new business page that will run in every issue of the Eaglepress to advertise businesses run by MCFN every month, free of charge.

The page will be a permanent feature of the Eaglepress

and the business ads will be beautifully designed by our in-house graphic designer, Jacquelyne Martin. Your ad will have a permanent spot in the Eaglepress Newsletter on the business page, so community members will always know where to find you.

The page is open to businesses run only by Mississaugas of the Credit First Nation members.

Please contact us at [communications@mncfn.ca](mailto:communications@mncfn.ca) or by phone at 905-768-5858 if you wish to have your business permanently featured on the new business page.

Chi Miigwech,  
MCFN Media and Communications Department



## INTRODUCING

## MCFN Business Directory Page

To have your business included on our new MCFN Business Directory Page, please send your original artwork, business card by dropping it off at the Media and Communications office at 468 New Credit Road, Hagersville, Ontario or you can send it by email at [communications@mncfn.ca](mailto:communications@mncfn.ca)

ANY QUESTIONS?

GIVE OUR DEPARTMENT A CALL AT  
905-768-5858

# PUBLIC WORKS

## SOLID WASTE / RECYCLING

- Public Works Department (PWD) issued a "Request for Proposals" in preparation of retaining a new third party collection company for Solid Waste and Recycling prior to October 2019. Closing date for the submissions is July 26, 2019 at 3:00 pm.

### ➤ Reminders:

Please make sure to place all the garbage and recyclables in designated areas, all custodians/staff/residents please ensure proper set out for pick-up is on the SHOULDER of the roadway prior to 8:00 am on collection day. DO NOT leave the garbage and recycling out overnight to prevent animals from rummaging through it and/or blowing debris causing an unsightly First Nation.

## ROADS/BRIDGES

- Rehabilitation of Bridge #13 project tendering process is complete. PWD received three (3) submissions. McIntosh Perry and PWD recommended the contract be awarded to Premier Concrete Inc., a company located at Londesborough, Ontario capable of executing the construction phase of the project. A project kick-off meeting occurred on June 26, 2019. With the assistance of Media & Communications Department, PWD provided ample notice/reminders regarding the closing of Mississauga Road (between New Credit Road and Tuscarora Road). The road closing will provide cost saving measures for the project. The band membership, Chief and Council, Departments, Emergency Services (Haldimand County Fire, Ambulance, OPP, Six Nations Public Works Department and Emterra Environmental) have been notified of the up-coming closure. More information can be viewed on MCFN Website – Public Works Department section of the website and/or calling the PWD office (905) 768-1133 Ext. 238.

## EQUIPMENT

- PWD budget is pending MCFN Council approval.

## WATER/WASTEWATER

- Just a reminder for all residents NOT to be flushing diapers, baby wipes, feminine hygiene products, cooking grease, toys or any other garbage down the drains. The flushing of these products causes an increase to maintenance costs for the First Nation.

- A previous project team meeting was very productive and all parties were agreeable to include Six Nations of the Grand River (SNGR) membership

to allow waterline connections. These additional numbers support the Level of Service Standards (LOSS) requirements of Indigenous Services Canada (ISC) justifying the project from Federal/Provincial Funding perspective, which benefits two (2) First Nations. Project is awaiting finalized information from ISC Officials.

## BUILDINGS

- MCFN Council - Pillar 6 Lead – Strategic Plan

- With limited office space, available and expanding departments PWD and Nathan Hill of OFNTSC collaborated to provide three (3) building assessments under the PWD. These assessments were presented to MCFN Council to determine plans for these assets. PWD received authorization to proceed with renovation to the Rumpus Hall however, the Dining Hall (Church) and Portable were postponed until a more detailed discussion could take place from an overall planning perspective. PWD has not received a final copy of Pillar 6 Terms of Reference to date.

- New Administration Building

- Design Stage and Tender Documents final review took place at IBI Group's office on June 11, 2019 are complete for this project. Pro-active lobbying efforts for Pillar 6 Lead, Chief, Council, and Public Works Department to secure construction dollars are required. Note that periodic building code review and changes will require a full review of these completed documents for compliance if delays are experienced from design to construction stage.

- LSK Expansion Committee

- No information to report

## OTHER:

- MCFN's Fire Protection and Emergency Services Agreement is scheduled for renewal in September 2019. A meeting with Haldimand County Emergency Services occurred on May 1, 2019. PWD is awaiting a "draft" of the renewal agreement for review from Haldimand County Emergency Services.

- Visitors/Membership/Staff that observe any deficiencies are asked to fill out a Work Order Request Concern Form at Agimaw Gamig Reception and/or by calling the Public Works Department Director.

HEALTH & SAFETY IS EVERYONE'S RESPONSIBILITY.



# SOCIAL AND HEALTH SERVICES

## Brant Children's Aid Society Honour MCFN Member Leona King



The Brant Family & Children's Services held their 124th Annual General Meeting last evening (June 17, 2019). MCFN member Leona King was honoured with an award for her 20 years of service as a Foster Parent. The award was given to her by Vernon Payne, a Brant FACS Board Member.

*"Although I'm not their mother  
I care for them each day,  
I cuddle, sing and read to them,  
And watch them as they play.  
I see each new accomplishment,  
I help them grow and learn.  
I understand their language,  
I listen with concern.  
They come to me for comfort,  
And I kiss away their tears,  
They proudly show their work to me,  
I give the loudest cheers!  
No, I'm not their mother,  
But my role is just as strong.  
I nurture them and keep them safe,  
Though maybe not for long.  
I know someday the time will come,  
When we will have to part.  
But I know each child I cared for,  
Is forever in my heart"*  
Author Unknown

## Summer Day Camp Registration Dates

**These camp sessions are for children ages 6 - 12.**

**Cost is \$20 per child.**

Registration forms to be filled out on registration dates.

Please bring your children's status card, health card, and cash payment.

MCFN members will have priority.

**Session 2: July 22 to August 2, 2019**  
Registration is July 9 and July 10, from 5:30 p.m. - 7:00 p.m.

**Session 3: August 12 to August 23, 2019**  
Registration is July 30 and July 31 from 5:30 p.m. - 7:00 p.m.

**ALL REGISTRATION DATES WILL BE HELD AT THE MCFN SOCIAL AND HEALTH SERVICES BUILDING**

For any further information, please contact Shelly King, Hayli Sault or Jesse Sault at 905-768-1181

## Screen for Life

### Cancer screening sees what you can't

**Have you never had a mammogram done?**  
**Can you not remember the last time you had a pap test?**  
**Have you ever had colon screening?**  
**Need help to Quit Smoking?**  
**Come visit us – all you need is your health card!**

**MCFN Community Center (659 New Credit Rd.)**  
**From 9:00am-3:00pm**  
**Mon. July 22<sup>nd</sup> & Thurs. August 8<sup>th</sup>**

\*dates and times subject to change

**Call to book your appointment today!**  
**☎ 1-855-338-3131 or 905-975-4467**

CCO Hamilton Niagara Haldimand Brant Regional Cancer Program  
in partnership with Cancer Care Ontario

[www.hnhbscreenforlife.ca/schedule](http://www.hnhbscreenforlife.ca/schedule)  
[www.facebook.com/screenforlifecoach](https://www.facebook.com/screenforlifecoach)

**Receive a FREE gift when you visit the Coach**



# SOCIAL AND HEALTH SERVICES

## Father's Day Celebration

On June 12, 2019, MCFN Social and Health Services hosted the Father's Day Dinner complete with a hearty meal of roast beef, pulled pork and cold salads. All Dads received a free gift at the event! A draw was held and the grand prize winner was George Tobicoe (right photo). He won 2 night passes for a family of 4 to attend the Summer Nationals at the Ohsweken Speedway. Karl King won 2nd prize with a the 1 night pass. The kids were able to make their father's some crafts at the event as well as family photographs! We hope all Dad's enjoyed the evening!





## JULY HOME COMMUNITY CARE CALENDAR

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
01  CANADA DAY HOLIDAY	02 client care WOMEN'S ALL DAY SHOP	03 Client care	04 client care	05 client care  EUCHRE
08 FOOTCARE Client care	09 FOOTCARE Client care  CRAFT DAY	10 FOOTCARE Client care	11 FOOTCARE Client care MEN'S ALL DAY SHOP	12 FOOTCARE Client care EUCHRE
15 client care	16 client care	17 client care	18 client care	19 client care  EUCHRE
22 client care	23 client care	24 client care	25 client care	26 client care  EUCHRE
29 client care	30  Caledonia Grand River Dinner Cruise 1130 - 430	31 client care		



MCFN COMMUNITY HEALTH TEAM IS PROVIDING

# FREE GOLF LESSONS

**August 6, 13, 20 & 27, 2019 (Tuesdays)**  
**Fescue's Edge Golf Course, Scotland**

**Group 1 – 5:30 - 6:30**  
**Group 2 – 6:30 – 7:30**

Limited space – REGISTRATION IS REQUIRED by July 31, 2019  
 Families are encouraged to participate and learn a new sport.  
 MCFN Members have first priority

Participants who attend all 4 lessons will receive  
 a free round of 18 holes at Fescues Golf Course.

*Fescue's Edge Golf Club is a championship course located in Scotland, ON just minutes outside of Brantford.  
 Instruction will be given on golf basics, driving, chipping and putting by Braun Avarell, CPGA Professional.  
 Wear comfortable clothing and bring golf clubs if you have them.  
 Clubs available if needed.*

**TO REGISTER, please contact Laura Lee Kelly, CHR or Beth King, HBHC  
 at 905-768-1181 or by email at [lauralee.kelly@mncfn.ca](mailto:lauralee.kelly@mncfn.ca) or [beth.king@mncfn.ca](mailto:beth.king@mncfn.ca)**



# SOCIAL AND HEALTH SERVICES

## MCFN Archery Tournament



Congratulations to all participants and category winners in this years Archery Tournament. Special thank you to the MCFN Social Services Community Support Haylie Sault, Jesse Sault and Shelly King for organizing the yearly tournament and practices. Practices were held throughout the month of May in preparation for the tournament.



MCFN held it's Archery Tournament on Saturday, June 8, 2019 and the results are as follows:

### 7-8 Boys/Girls

1st Chase Myke -- 2 points

### 9-10 Boys/Girls

1st Rawennahtyes Rastawenserenhtha - 53 points

2nd Vlora Kercanaj - 30 points

3rd Mitchell King - 18 points

### 11 – 12 Girls/Boys

1st Treyanna Green - 28 points

2nd Rianne McNeil - 20 points

### 18 & up Ladies/Gentlemen

1st Wes Thomas - 59 points

2nd Ameilia Anderson - 56 points

3rd Lance Logan-Keye - 29 points

### Compound Bow Category

1st Justin Lee - 154 points

2nd Abbey LaForme - 105 points

### Door Prize Winners: \$50.00 Triggers & Bows

1. Chase Myke
2. Abbey LaForme
3. Rianne LaForme
4. Vlora Kercanaj
5. Treyanna Green





## Victory at the International Brazilian Jiu Jitsu Federation World Championship as MCFN Member Hanna Grace Sault-Hartwick wins GOLD!!!

*Jiu Jitsu Competition by Hanna Grace Sault-Hartwick*

Jiu Jitsu competition is not what most assume it to be. It is not kata where judges sit and watch you put on a good show of beating up the air. In Jiu Jitsu, you do not aim to impress.

In Jiu Jitsu, you battle.

The International Brazilian Jiu Jitsu World Tournament is formal; it is the pinnacle of the sport. It is bigger—louder. I compete on Friday, May 31st, 2019.

It's around 13:30. The Walter Pyramid rises up from outside my Uber window. I watch as it approaches—cobalt blue and sturdy, the passing palm trees a blur. I'd put music in my ears, so there were other words in my head besides doubt and worries. I knew I was ready; I didn't need to be second-guessing myself.

I check-in. They stamp my wrist in red ink, all in capital letters: WORLDS.

My gi bag is a solid weight on my back as I walk in. I breathe in the energy as we enter: the barrage of cheering Portuguese and English, and the bustle of people. This competition is like a roaring wave, and when it sweeps into you... you have to settle into it, or drown in the energy. It's tiring, being here. I will not be tired.

I raise my chin and walk steadily to the fenced edge so I may look down at the Jiu Jitsu Tournament. The entire arena is a square, with balconies lining two sides, as the other two are opposing sets of seats. Those seats are canary-yellow and—in classic arena design—are plastic and unforgiving. They lead down to a blocked off strip of floor, where Ring Coordinators are posted, monitoring screens that record points, penalties, and victories.

And then, at last, at the very bottom, is where all the magic happens: The mats.

They are golden-yellow and cobalt-blue; and slippery as can be. High above them is the pointed tip of the pyramid ceiling.

This is where I will fight.

I breathe in again. I'm ready, I tell myself again. I can sense it. I've trained for this.

Sweat for this. Fought for this, again and again and again. I'm ready.~

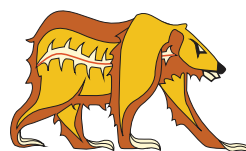
They call me early.

I am supposed to fight around 16:20, but the time changes so it's closer to 16:00.

At 14:45, I don my gi. I imagine that I am wrapping myself in armour. My gi pants are tied tight, my fingers nimble. Then comes my gi top, sturdy and soft and hard all at once. I will



On May 31, 2019, Hannah Grace Sault-Hartwick celebrates with her mother Sandy Hartwick after capturing gold in the Juvenile 1 Blue Belt Heavy Female division.



continued on next page

## Victory at the International Brazilian Jiu Jitsu Federation World Championship as MCFN Member Hanna Grace Sault-Hartwick wins GOLD!!! (continued)

be sturdy like it. I will be unbreakable. Lastly comes my belt, a brace between my thoracic and lumbar back; I know my belt will keep my spine iron strong.

I calm myself with the familiar routine. Yet I am still shaking a little as I walk down the steps to the warmup mat. I can feel my fingertips trembling as I sling my bag over my shoulder.

That's okay. The adrenaline is a steady hum in my veins now; I focus on controlling it. The trick is nurturing that adrenaline by readying yourself. But the key is to not be too ready, or else your adrenaline crashes, leaving you exhausted.

The warmup mat is crowded. The faces are focused, but everyone is limned with a nervous energy. I claim a spot and begin moving. My body remembers pieces of movement from different places—dynamic stretches from parkour, bits of movement from my S&C training, and maneuvers from the Jiu Jitsu warmup. My teammate, Amreek, lets me be, but also tells me what's next: the process of weighing-in. Of getting my gi measured, and of waiting in the bullpen.

"You can go when you're ready," he says. "They've called you."

I nod. I continue moving. I breathe in. Once.

I'm ready.

I grab my backpack, and slip on my sandals. I fidget a bit with my ID—it's strung around my neck in an IBJJF-issued lanyard.

"I can't go into the bullpen with you," Amreek tells me. It's the Jiu Jitsu way: you walk in alone. You fight alone. It's just you, and your opponent. Someone always wins; and someone always loses.

I nod once more. "Tell me the process again," I say. "One more time please." He does.

I'm ready for the bullpen.

I head towards it. I'm ready.

The waiting is the hardest.

I know who my opponent is. I've honed in on her. She's quite a bit shorter than I am, but stockier. She will be aggressive. Try to be overwhelming.

I've handled overwhelming before. I wrestle with that everyday. I wrestle with grown men everyday.

You've fought for this, I remind myself, forcing a powerful breath from my mouth. I make sure to keep moving, from one foot to the other. It keeps the restless energy at bay.

Her dad is there with her, on the other side of the fence. He gives her last minute advice. Keep your head up, he is saying, and miming. This proves my prediction: she will go for takedowns.



Our eyes meet once.

She looks away first. ~

The ring coordinator is asking for me.

"Hanna Grace," she calls.

So rarely am I called that, except by those who know me intimately, that it takes me a moment.

The music pounding in my ears doesn't help either. I gather my bag, make a mental checklist.

I ate after I weighed in; I've had enough water.

I've trained for this.

The ring coordinator asks for my ID. I hand her my lanyard, concealing

the shakiness in my

fingers as my opponent hands over hers as well.

The ring coordinator guides us to our mat. Mat 5—I know where we are going. My mom and Amreek are already there, both a little frenetic. After awhile, you get more nervous watching people you know compete rather than competing yourself.

The clock is ticking down on the match before us. 3 minutes. I don't want to wait that long. I've been aching to compete since an hour ago. I've been ready since this morning. I bounce a little, adjusting to the noises of the mat. Adjusting to the presence of the silent refs, who are solid shadows in black suits. Hand signals convey the points to those operating the screen.

I am ready. There is no place I would rather be.

I turn my music off. Take a sip of water. My opponent's



## Victory at the International Brazilian Jiu Jitsu Federation World Championship as MCFN Member Hanna Grace Sault-Hartwick wins GOLD!!! (continued)

dad is telling her she's ready. He's like a gnat buzzing in the corner of your ear, just to the outside of my peripheral. His voice is naturally loud—a good coach's voice. He says that she's trained for this. I have too, I think. It's a ferocious thought. I've trained for this.

I can win. I believe it.

The main referee signals us onto the mat. I bow. Shake his hand. Bow to the other to refs. Shake my opponent's hand. My body recognizes this. It happens fast; it's sped up. You have no time to stop before the ref says, "Fight!"

He backs away because my opponent and I don't stop. We fight.

She is exactly as I expected.

I wrap a Guillotine choke around her and she drives, taking me down and slamming me to the mat. I can't breathe and my chest feels drawn and dizzy, because she slammed straight into my solar plexus. In a different time, I would have let go of the choke I had on her; I would have focused on breathing first and foremost. But this is Worlds.

And I am not one to give up that easily.

I heave in laboured breaths as I try to finish the choke, my guard wrapped tight around

her. Amreek is yelling to finish it. I could submit her, right now. I clench tighter on the choke.

I have competed and fought and done this enough to know when the choke is not a for sure tap. I do not let go nor lessen the choke however, because the minute you let up, you lose; blood begins to rush back to your opponent's brain.

Her head slips out anyway.

She's fighting to get her posture back. My vision is narrowed enough on the fight that I don't see the ref award her two points for the takedown, but I know she gets them. And her being up on points means she could win.

When I was younger, this was the moment I would make or break the match. This was the tipping point where I would either believe in myself and fight, or I would give up. Competing is not easy. It is tiring. It hurts. If you think too much, you spiral. You lose.

You have to fight.

You have to fight in life, and in competition. But fighting is always a choice.

She is straining to get her posture back. I have the overhook to control that, but she's putting pressure on my legs. I know they can tire, and if she breaks open my guard and passes, she will smother me. She wants this; I can feel it in each tremor of her muscles.

This is my tipping point.

I choose to fight.

For myself, for how far I've come.

I can sweep her. Or I can submit her again.

It simply is the truth.

I fight for it.

I try a submission. She sees it coming, and defends. I'm quick to move, again and again and again. I fight for a sweep, which she quickly recovers from.

I'm understanding her base—the way she moves. I know this. I've done this for half my life. I've swept adults when I was twelve.

I know her base. I know how she moves. I use it.

One sweep attempt.

It doesn't work.

I move again.

I know the grips.

I make a decision, and then my body is moving, and I am not thinking, and there is symmetry and beauty and no resistance because it is perfectly executed, and I have swept her over and sealed on mount atop her.

She immediately bucks—if she gets me off in three seconds, I don't get points. SEAL, HANNA, Amreek is roaring.

She isn't getting me off. I won't let her.

Two points for the sweep. Four for mount control. I have six points. She has two.

I will win.

I could talk about the philosophy of Jiu Jitsu for hours, but to keep it brief, I shall tell you there is nothing more calming than the flow it brings you. Jiu Jitsu is chess, and to win you must be cerebral to understand the sport. It is one move that may be countered by the other; it is the sport where the simple placement of a grip can make or break the technique. But the flow—it comes when you have already thought, when your brain and your body perfectly synchronize. The flow is balance, and it is perfect calm. You can feel that flow when competing, except it is sped up and honed to a knife's edge.

This flow comes with the understanding of your opponent's flow. And my opponents—well, she has not broken. You can always feel the will to fight in people's movements, and you can always see it in their faces when they break. Breaking is the saddest thing.

I commend her for never laying down; I commend her for never stopping. She fought until the very end.

I did too.

At one point, she moves just enough that I may attempt a mounted triangle. She sees it coming, and powers her

## SPORTS AND RECREATION

### Victory at the International Brazilian Jiu Jitsu Federation World Championship as MCFN Member Hanna Grace Sault-Hartwick wins GOLD!!! (continued)

way through; I use the momentum to roll us to a normal triangle from guard.

We're out of bounds.

The ref stands us up, awarding me two points for my submission attempt.

I have eight points. She is at two.

I'm so tired. My muscles have that weightlessness feeling where they are too tense and shaky. I'm so tired. My body is being pushed.

This is another tipping point. If she takes me down, she could win. No. I know she's capable. I know I'm capable.

I just have to fight for it.

When I am on mount, I do not stall. I fight for a submission. She fights to escape.

She shoots for a takedown, and I defend with everything left in me. Again and again she goes.

"Thirty seconds left, Hanna!" Amreek is yelling.

I am pushed out of bounds by her takedown attempts and my defense.

I am so tired. But I can win. We both feel it in our bones—I can tell she is

tiring too. We're both fighting, hungry for that gold medal.

The ref resets us.

"Come on!" Her dad is yelling her name. "Drive! You can finish that takedown."

I sprawl, again and again.

She takes me into the TV, driving hard.

"ELEVEN SECONDS!" Amreek is yelling. I can win. "You're up on points Hanna!"

We're both exhausted. But both our eyes still burn bright.

We're in the middle of the mat.

She shoots again. I sprawl hard, stuffing her attempt. She continues to push—we're out of bounds again.

"THREE SECONDS!"

It is a few wild heartbeats.

And I am crying, I think, except I am not, because it rushes to me; all the energy and exhaustion and the sudden knowledge that I won. I hug her, breathlessly, saying "thank you." Trying to remember to breathe normally

again.

The ref pulls us in line; I am on the right, and she is on the left.

I won. It is elation.

My hand is raised. High up in the air, right towards that pointed ceiling.

This is why, I am thinking. This is why we fight.

The screen sprawls across with the letters:

HANNA GRACE SAULT-HARTWICK – VICTORY!

But I don't see it. All I see is myself, eight years old, and myself now. And how far I've come.

This is why, I think again.

~\*~

"VIVERE MILITARE EST" To live is to fight

"Hanna competed at the largest tournament in the world for Jiu Jitsu (the International Brazilian Jiu-Jitsu Worlds Federation). And she won gold. Congratulations to this amazing girl and we are so proud to have her on the team!" is what Pacific Top Team Martial Arts proudly had to say about their world champion.



On behalf of the Mississaugas of the Credit First Nation, we offer our biggest **CONGRATULATIONS TO OUR INTERNATIONAL BRAZILIAN JIU JITSU FEDERATION WORLD CHAMPION HANNA GRACE SAULT-HARTWICK!!!!**

MCFN is very proud of Sault-Hartwick's determination and accomplishments this past month and we wish her much success in future world competitions.





# Spay, Neuter and Pet Wellness Clinics

**September 23, 24, 25, 2019**

**MCFN Community Centre**



**8:00 a.m. - 4:30 p.m.**

**Pre-Paid Spay/neuter  
surgeries by appointment only**

**5:00 p.m.- 7:45 p.m.**

**Pet wellness appointments**

**Spay/Neuter:**

**\$160 per dog**

**\$90 per cat**

**Pet Wellness vaccines  
per animal**

**\$10 MCFN members**

**\$25 non-members**

**OPEN TO ALL COMMUNITY MEMBERS**

Your pet will be updated on all appropriate vaccines with the purchase of a spay/neuter at no extra charge. Flea, tick and pro-heart preventative medications will be available to purchase at extra charge. Please bring cash with you the day of appointment.

**To schedule your pet's appointment, please call  
MCFN Community Health Program at 905-758-0141**

MCFN Social and Health Services presents the Annual

# Community PICNIC

## AND DESSERT POTLUCK

Saturday, July 13, 2019

**DOOR PRIZES!**

**12:00 p.m. - 3:00 p.m.**

**MCFN Ball Diamond**

**Bingo • Bouncy Water Slide • Door Prizes • Tug of War • Face Painting • Door Prizes • Meal & Drinks • Kids Obstacle Course • Photobooth • Dessert Potluck**

This free picnic is open to all

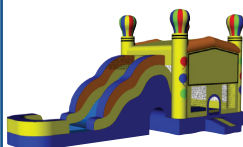
MCFN Families and Residents!

Bring a dessert to share!

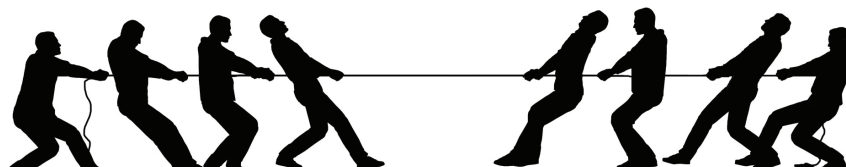
There will be a bouncy water slide if children wish to bring a change of clothes.

Bring your Feast Bundle for an extra door prize ticket!

Musical entertainment provided by the Jesse Murphv Trio.



**BOUNCY TIME**



**If you require further information, please contact Erin Clarke at 905-768-1181**



# UPCOMING EVENTS



## Breastfeeding Support Group

Meet the 2nd Thursday of each month  
at Social & Health Services  
659 New Credit Road, Hagersville  
Time: 12:00 p.m. – 1:30 p.m.

Breastfeeding Support Group will not be offered for the months of July & August. The group will resume September 12, 2019 from 12:00 – 1:30 pm at Social & Health Services. Please contact Laura Lee, CHR; Beth, HBHC or Maggie, RN if you require assistance or if you have questions at 905-768-1181.



## Open Meeting MNCN Cancer Support Group

Cancer Awareness

Open Meeting MCFN Cancer Support Group It is the intent of the group to gather and distribute resources for all types of cancer, serve as a repository of information for individuals and their families, organize and deliver pertinent workshops and guest speakers, organize and host fundraisers, organize outings/tours/off-site activities, share stories and experience, provide positive group support for individuals and families. Meetings are every other Thursday, from 5:00 p.m. - 7:00 p.m. at MCFN Social and Health Services The Gathering Place. Meeting this month on July 11 and 25, 2019.

## Men's Program



The Men's Program have concluded their programming for the summer. Next sessions to start in October, 2019. Chi-miigwech to all our participants and we will see you in the fall.



## MCFN SEEKING SAFETY

The MCFN Seeking Safety will not be offered during the summer months. Please watch for future flyers on the next start up date.



## Women's Sharing Time

The Women's Sharing Time have concluded their programming for the summer. Next sessions to start in October, 2019. Chi-miigwech to all our participants and we will see you in the fall.



Please be advised there is no Zumba during the summer break 2019 starting June 30, 2019. Classes will resume in September during the next school year.

**PLEASE BE ADVISED THAT YOGA IS CANCELLED FOR THE MONTH OF JUNE. FURTHER THERE WILL BE NO YOGA THROUGHOUT THE SUMMER.**

# COMMUNITY CLASSIFIEDS

**Department of Consultation  
and Accommodation**

**SUMMER OPEN HOUSE**

**Friday, July 19, 2019**  
**4:00 p.m. - 7:00 p.m.**

**4065 Hwy 6, Hagersville (next to Don Hyde Marine)**



**Come out and talk to proponents  
and check out programs offered  
through MCFN!!**

Event is weather permitting. Please dress for weather, event being held outside.  
This is a family event. Children must be supervised.

## Free BBQ Supper!



**Activities Include:**

Face Painting, Pony Drawn Cart  
Ride, Petting Zoo, Craft Table,  
PRIZES and EARTH RANGERS!

**For more information, please contact Fawn Sault at  
905-768-4260, or by email [fawn.sault@mncfn.ca](mailto:fawn.sault@mncfn.ca)**

*The Media and Communication Department has MCFN  
merchandise for sale!*

*We are open for business Monday to Friday,  
8:30 a.m. - 4:30 p.m., 468 New Credit Road*

**TASTY DELIGHTS**  
*by Char Wilson*

905.869.5178

FRESH FOOD FRIENDLY SERVICE

[www.facebook.com/tastydelightsbycharwilson](http://www.facebook.com/tastydelightsbycharwilson)



Offering lunch time delivery to local area. Everything  
homemade....burgers, corn soup, chili, sconedogs,  
salads, fruit, veggie and kabossa trays and more.

Call to place order....732 New Credit Rd.

Hours 11am to 3pm for lunch, 4pm to 7pm for  
dinner

**King Green**



**Lawn Care**

Hailing from & proudly ready to serve the Six Nations  
& MCFN area, we present to our people. Mowing -  
Weed Eating - Ditch Clean Up. For an estimate and/  
or booking contact (226) 802 - 1411

**Classified Ads are due the 3rd  
Friday of every month. Please  
have your submissions into the  
Media and Communications  
Department no later than 4:30  
p.m. on the 3rd Friday.**

**Dreamcatcher Florals by  
Dianne**



8 Anishnabek Street  
New Credit Reserve

1-905-768-9555

email: [diannelaforme@hotmail.com](mailto:diannelaforme@hotmail.com)





# CONTACT INFORMATION

Mississaugas of the Credit First Nation  
2789 Mississauga Road, Hagersville, ON N0A 1H0



<https://www.facebook.com/mississaugasofthecreditfirstnation/>  
[www.youtube.com/channel/UCLl\\_99l\\_p8-aAmCM4SEXkgQ](http://www.youtube.com/channel/UCLl_99l_p8-aAmCM4SEXkgQ)



@mcfn

## Chief R. Stacey Laforme

905-979-9254

Email: [Stacey.Laforme@mncfn.ca](mailto:Stacey.Laforme@mncfn.ca)

## Councillor William Laforme

905-869-5798

Email: [BillL@mncfn.ca](mailto:BillL@mncfn.ca)

## Councillor Cathie Jamieson

905-869-5761

Email: [CathieJ@mncfn.ca](mailto:CathieJ@mncfn.ca)

## Councillor Erma Ferrell

905-869-5760

Email: [ErmaF@mncfn.ca](mailto:ErmaF@mncfn.ca)

## Councillor Evan Sault

905-869-5767

Email: [EvanS@mncfn.ca](mailto:EvanS@mncfn.ca)

## Councillor Larry Sault

905-869-5805

Email: [LarryS@mncfn.ca](mailto:LarryS@mncfn.ca)

## Councillor Veronica King-Jamieson

905-869-5753

Email: [VeronicaK@mncfn.ca](mailto:VeronicaK@mncfn.ca)

## Councillor Stephi L. LaForme

905-869-5763

Email: [StephiL@mncfn.ca](mailto:StephiL@mncfn.ca)

## DEPARTMENT CONTACTS

### Administration:

Phone: 905-768-1133

### Consultation and Accommodation:

Phone: 905-768-4260

### Education:

Phone: 905-768-0100

### Ekwaamjigenang Children's Centre:

Phone: 905-768-5036

### Employment and Training:

Phone: 905-768-1181 ext. 223

### Housing:

Phone: 905-768-1133 ext. 227

### Lands, Membership and Research:

Phone: 905-768-0100

### Media and Communications:

Phone: 905-768-5858

### Ontario Works:

Phone: 905-768-1181 ext. 225

### Public Works:

Phone: 905-768-1133

### Social and Health Services:

Phone: 905-768-1181

### Sustainable Economic Development:

Phone: 905-768-1133, ext. 244

## EMERGENCY CONTACTS

### Brandon Hill, Infrastructure Manager:

905 517-7900

### Matthew Sault, Infrastructure Assistant:

905 971-2982

### Raymond Hill-Johnson, Technical Resource Manager

519-865-3883

### Fire Department: 905 318-5932

### Police Department (Cayuga): 905 772-3322

### Roads Garage: 905 768-1133 ext 243

# MCFN JULY 2019 EVENT CALENDAR

Date	Event	Location	Time
2-Jul	Summer Youth Camp	MCFN Sports and Recreation Room	10:00 a.m. - 4:00 p.m.
2-Jul	Summer Day Camp	MCFN Social & Health Services - Lower Level	8:30 a.m. - 4:30 p.m.
3-Jul	Summer Youth Camp	MCFN Sports and Recreation Room	10:00 a.m. - 4:00 p.m.
3-Jul	Summer Day Camp	MCFN Social & Health Services - Lower Level	8:30 a.m. - 4:30 p.m.
3-Jul	Hand Drum, Singing Practice	Three Fires - in front of Council House	6:00 p.m. - 9:00 p.m.
4-Jul	Summer Day Camp	MCFN Social & Health Services - Lower Level	8:30 a.m. - 4:30 p.m.
4-Jul	Summer Youth Camp	MCFN Sports and Recreation Room	10:00 a.m. - 4:00 p.m.
7-Jul	Toronto Medicine Walk	Toronto Island - Ward's Island	1:00 p.m. - 5:00 p.m.
8-Jul	Summer Day Camp	MCFN Social & Health Services - Lower Level	8:30 a.m. - 4:30 p.m.
8-Jul	Break Into Business Camp	MCFN Community Centre	9:00 a.m. - 4:00 p.m.
9-Jul	Summer Youth Camp	MCFN Sports and Recreation Room	10:00 a.m. - 4:00 p.m.
9-Jul	Break Into Business Camp	MCFN Community Centre	9:00 a.m. - 4:00 p.m.
9-Jul	Summer Day Camp	MCFN Social and Health Services	8:30 a.m. - 4:30 p.m.
9-Jul	Summer Day Camp Registration	MCFN Social and Health Services	5:30 p.m. - 7:00 p.m.
10-Jul	Summer Youth Camp	MCFN Sports and Recreation Room	10:00 a.m. - 4:00 p.m.
10-Jul	Hand Drum, Singing Practice	Three Fires - in front of Council House	6:00 p.m. - 9:00 p.m.
10-Jul	Summer Day Camp	MCFN Social & Health Services - Lower Level	8:30 a.m. - 4:30 p.m.
10-Jul	Break Into Business Camp	MCFN Community Centre	9:00 a.m. - 4:00 p.m.
10-Jul	Summer Day Camp Registration	MCFN Social and Health Services	5:30 p.m. - 7:00 p.m.
11-Jul	Break Into Business Camp	MCFN Community Centre	9:00 a.m. - 4:00 p.m.
11-Jul	Summer Day Camp	MCFN Social & Health Services - Lower Level	8:30 a.m. - 4:30 p.m.
11-Jul	Summer Youth Camp	MCFN Sports and Recreation Room	10:00 a.m. - 4:00 p.m.
11-Jul	MCFN Cancer Support Group	MCFN Social & Health - The Gathering Place	5:00 p.m. - 7:00 p.m.
12-Jul	Summer Day Camp	MCFN Social & Health Services - Lower Level	8:30 a.m. - 4:30 p.m.
12-Jul	Break Into Business Camp	MCFN Community Centre	9:00 a.m. - 4:00 p.m.
13-Jul	Community Picnic	MCFN Baseball Diamond	12:00 p.m. - 3:00 p.m.
16-Jul	Summer Youth Camp	MCFN Sports and Recreation Room	10:00 a.m. - 4:00 p.m.
17-Jul	Summer Youth Camp	MCFN Sports and Recreation Room	10:00 a.m. - 4:00 p.m.
17-Jul	Hand Drum, Singing Practice	Three Fires - in front of Council House	6:00 p.m. - 9:00 p.m.
18-Jul	Summer Youth Camp	MCFN Sports and Recreation Room	10:00 a.m. - 4:00 p.m.
22-Jul	Summer Day Camp	MCFN Social & Health Services - Lower Level	8:30 a.m. - 4:30 p.m.
23-Jul	Summer Youth Camp	MCFN Sports and Recreation Room	10:00 a.m. - 4:00 p.m.
23-Jul	Summer Day Camp	MCFN Social & Health Services - Lower Level	8:30 a.m. - 4:30 p.m.
24-Jul	Summer Youth Camp	MCFN Sports and Recreation Room	10:00 a.m. - 4:00 p.m.
24-Jul	Summer Day Camp	MCFN Social & Health Services - Lower Level	8:30 a.m. - 4:30 p.m.
24-Jul	Hand Drum, Singing Practice	Three Fires - in front of Council House	6:00 p.m. - 9:00 p.m.
25-Jul	Summer Day Camp	MCFN Social & Health Services - Lower Level	8:30 a.m. - 4:30 p.m.
25-Jul	Summer Youth Camp	MCFN Sports and Recreation Room	10:00 a.m. - 4:00 p.m.
26-Jul	Summer Day Camp	MCFN Social & Health Services - Lower Level	8:30 a.m. - 4:30 p.m.
25-Jul	MCFN Cancer Support Group	MCFN Social & Health - The Gathering Place	5:00 p.m. - 7:00 p.m.
27-Jul	MCFN Monthly Gathering	MCFN Community Centre	10:00 a.m. - 1:00 p.m.
29-Jul	Summer Day Camp	MCFN Social & Health Services - Lower Level	8:30 a.m. - 4:30 p.m.
30-Jul	Summer Day Camp	MCFN Social & Health Services - Lower Level	8:30 a.m. - 4:30 p.m.
30-Jul	Summer Youth Camp	MCFN Sports and Recreation Room	10:00 a.m. - 4:00 p.m.
30-Jul	Summer Day Camp Registration	MCFN Social and Health Services	5:30 p.m. - 7:00 p.m.
31-Jul	Summer Youth Camp	MCFN Sports and Recreation Room	10:00 a.m. - 4:00 p.m.
31-Jul	Summer Day Camp Registration	MCFN Social and Health Services	8:30 a.m. - 4:30 p.m.
31-Jul	Summer Day Camp	MCFN Social & Health Services - Lower Level	8:30 a.m. - 4:30 p.m.
31-Jul	Hand Drum, Singing Practice	Three Fires - in front of Council House	6:00 p.m. - 9:00 p.m.