



EAGLEPRESS NEWSLETTER

2018 Fall Harvest



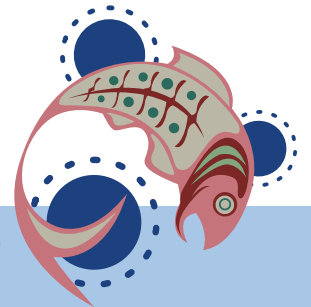
Story on page 10



Vision Statement in Ojibwe:

Ezhi niigaan waabjigaayewaad Mississaugas New Credit endaawaad (the vision of these people). Ezhip mino maadzijig (living a joyful life), ezhi waamji-gaazwaad (their identity, how people have identified them), ezhi debwedmowaad (their beliefs), ezhi mimiingaazwaad (what was given to them by Creation, what they always had, their heritage), niigaabminunkiwaad Anishinaabek (is how they always lived as Anishinaabek).

Translated by: Nimkew Niinis, N'biising First Nation.

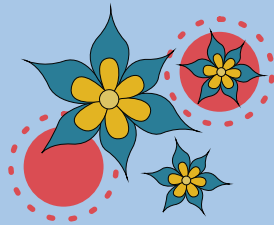


Eaglepress Newsletter

The Eaglepress newsletter is available for download at www.mncfn.ca. We encourage members to view the online version rather than subscribing to print to help us care for Mother Earth and save print and postage costs.

The Eaglepress will continue to evolve with new features and information. If you have suggestions for the newsletter, please contact:

Media and Communications Department
Office: 905-768-5858
Email: communications@mncfn.ca



Artwork Acknowledgement

LSK Mural: Eaglepress Newsletter acknowledges artist(s) Philip Cote, Tracey Anthony, Rebecca Baird assisted by students Eric La-Forme, Rachele King and Jocelyn Hill, for use of their artwork for our identifier, marketing and promotional materials.

The original artwork (pictured below) is located in the Library at Lloyd S. King Elementary School.



WHAT'S INSIDE

A Message from the Chief	1
Culture & History	2
Politics & Governance	16
Community	21
Calendar of Events	24-25
Administration.....	31
Education	32
Ekwaamjigenang Children's	
Centre	33
Employment and Training.....	34
Housing.....	35
Lands, Research & Membership....	35
Media & Communications.....	35
Public Works.....	36
Social & Health Services	37
Sports & Recreation	46
Classified.....	48
Contact Information.....	49
Events Calendar	Back Cover

A Message From Chief R. Stacey Laforme



Recreational Marijuana became legal in Canada as of October 17. The opening of regulated establishments to sell marijuana will not occur until next spring, although you can access sales on line.

Let me say that the enactment of this legislation occurred without proper consultation with this First Nation in regards to opportunities and challenges.

I believe that if factories are growing this commodity upon the Treaty lands of our people using our resources yet again, we should have not only been consulted but revenue resource sharing should have been part of that discussion.

The Mississaugas of the New Credit have no real issue with medical marijuana as we recognize the medical benefits. As a matter of record, the Mississaugas of the New Credit have invested in Weed MD, a regulated medical marijuana producer. The investment will be discussed at an upcoming community meeting but it has brought profits back to the Nation.

The legalization of recreational marijuana is an entirely different matter. We must consider the economic opportunity that this presents and weigh this against potential social issues for our Nation.

This will require further discussion with the Membership. Until we engage further, we will refrain from participating in the industry or enacting laws pertaining to cannabis at this time.

In the meantime, MNCFN will operate on a status quo basis meaning all provincial and federal cannabis laws currently in place will apply until such time as the Nation develops its own cannabis laws.

I personally support medical marijuana because I realize the benefits it has to health.

The Mississaugas of the New Credit First Nation Chief and Council will be discussing the issue of medical marijuana in the weeks and months to come.

We have to do more work before we decide on how to move forward on cannabis laws on our territory.

Miigwetch,

Chief R. Stacey Laforme



Remembrance Day

11 November

Let's Learn Anishinaabemowin: November Words

Add more wood to the fire - Pigidnisen

Bark used for making canoes -

Aninwiigwaas

Cough/He has a cough - Sosdam

He/She is ice fishing - Bigidaabii

Large cast iron pot - Wkaadkik

Mother Earth - Shkakkikkwe

Quilt - Maandoogwaason

To butcher/To make a killing (hunting) -

Ntaage

To speak Indian - Nishnaabemo

Bring me the fish - Biidmooshin giigoonh

HISTORICAL TIDBIT

By Darin Wybenga

November 11, 2018, marks the 100th anniversary of the armistice that ended the fighting of the First World War. For the Mississaugas of the Credit First Nation, the end of the war meant an end to the sacrifices the First Nation had been making in order to help secure an allied victory.

When the conflict began in 1914, the band membership of the First Nation consisted of 286 individuals. During the course of the war, 32 members enlisted for service or, approximately, 11% of the population. By way of comparison, the Canadian rate of enlistment was only 8% of the population. The rate of enlistment is surprising insofar as First Nation men were not compelled by the government to take part in the conflict. Whatever their reason for enlisting, men with the easily recognizable Mississaugas of the Credit surnames of Sault, LaForme, and Tobicoe, amongst others, joined the fight. It might be rightfully said that there is no MNCFN family today that does not have a First World War veteran attached to its family tree.

Of the 32 members that enlisted, only four failed to return from the service. Lt. Cameron Brant and

Maxwell Tobicoe were both killed in the fighting overseas; Joseph Chubb and John Alexander LaForme both died of pneumonia, in Canada, before they were able to reach the battlefields of Europe. Others, such as Albert Crain, Wallace Sterling, and Thomas Secord, were physically wounded during the conflict but were eventually able to return home. Undoubtedly some of our soldiers returned home suffering from "shell shock". Identified today as Post Traumatic Stress Disorder, "shell shocked" was the term used to describe the suffering of those soldiers who were wounded mentally and emotionally under the stresses of war.

The people of New Credit not only gave up their fathers and sons for the war effort, they also gave up their time and financial resources as well. The women of New Credit assisted the Hagersville branch of the Red Cross by knitting and making articles for use of the soldiers at the front. At a public meeting held at the Council House on May 16, 1916, those in attendance unanimously consented to give \$300 for the benefit of the 114th Battalion (Brock's Rangers) – the unit in which 20 New Credit band members had enlisted. A further \$300 was given to the Canadian Patriotic Fund which sought to financially support women and children whose husbands and fathers had went off to fight. Oral history also relates that the people of New Credit gave up a tangible tie to their past at the Credit River Mission village. When making the move from the Credit River to their present location, the mission bell from the church came along with the people. For a number of years the bell was hung on a large pine tree near the 1st line cemetery from where it would call the people of New Credit to Sunday worship. Construction of the New Credit Mission Church saw the bell relocated to the church steeple in 1852. It is thought that at some point during the course of World War One the bell was contributed to a scrap metal drive that took place to gather materials for the war effort. With the contribution of the church bell, a concrete link to the past had been lost to the Mississaugas of the Credit.

The contributions of the people of the Mississaugas of the Credit First Nation illustrated how much the First Nation got behind the war effort. In retrospect, the fact that New Credit got behind the war effort is somewhat ironic in that they contributed to uphold the freedoms that Canadian citizens enjoyed, while being denied many of those same freedoms while living under the shadow of the Indian Act.



You are cordially invited to join us for the
Veteran's Memorial Remembrance Day Service
Sunday, November 4, 2018, at 10:30 a.m.

Service to be held in the Grove by the
Veteran's Monument
2789 Mississauga Road, Hagersville, ON N0A 1H0

Light Luncheon to follow, at 11:00 a.m.
New Credit United Church
2691 Mississauga Road, Hagersville, On, N0A 1H0

Please note this is an outdoor service,
please dress for weather.

For more information contact:

Barb Smoke

905-768-1133

Barbara.Smoke@mncfn.ca



Thank-you for our freedom

The Mississaugas of the New Credit First Nation would like to extend sincere gratitude to all war veterans and members of both the Canadian and United States defence teams. Thank you to all who sacrificed their time; who gave a part of themselves, and in some instances made the ultimate sacrifice, their life, so that we could enjoy the freedoms we do today.

WAR OF 1812

(1812-1815)

Joseph Sawyer
Lawrence Herkimer

AMERICAN CIVIL WAR

(1861-1865)

Daniel Herkimer
Charles Augustus Jones

WORLD WAR I

(1914-1918)

Lt. Cameron Daniel Brant

Pte. Maxwell Tobicoe

Corp. Albert W.L. Crain
Pte. Thomas Secord
Pte. Daniel LaForme
Pte. Herbert LaForme
Pte. John Wesley LaForme

Pte. Samuel LaForme
Pte. Oswald Jacob King
Pte. Wilfred King
Pte. Francis W. Crain
Pte. John H. Crain
Pte. David Herkimer
Pte. George Ira Herkimer
Pte. Solomon Spencer
Pte. Alfred Jones Chubb
Pte. George R. Sault

Percival J. Wood

Pte. Wallace Langford
Sterling

Pte. Joseph Chubb Jr.

Pte. John A. LaForme

Pte. Morley LaForme
Pte. Elias LaForme
Pte. John King
Pte. George Joseph King
Pte. Percy F. King
Pte. Charles Tobicoe
Pte. Elgin Brant
Pte. Jacob LaForme
Pte. Joseph Sterling
Benjamin Chubb
Peter LaForme Jr.
Melvin McDougall
Alexander LaForme
Arthur Henry
Richard Henry

WORLD WAR II

(1939-1945)

Maxwell J. King
Arthur H. Crain
Lewis Elliot King
Jacob S. Brant
Leo Smith LaForme
David Jack LaForme
Norman Spencer
Sgt. Lewis M. LaForme
William M.E. Tobicoe
Frederick W. G. King

Robert Osborne Earl King

Norman Henry

Lawrence Albert LaForme
Oliver Wesley LaForme
Robert C. Brant
Pte. George L. King
James L. LaForme
Norman A. King
Ivan E. LaForme
Wesley Sault
Wilfred R. Crain
Stephen H. Herkimer
Joseph Henry
Pte Hazel Jane King (Hagyard)
Joseph Tobicoe
Charles A. Sault
Earl Wood
Graham King
James Bruce LaForme
Lucy LaForme
Joseph Sault

KOREAN WAR

(1950-1953)

Karl Blake Sault
Gordon M. LaForme
Joseph Sault U.S.

Names in red, Italic are Soldiers that died in the line of duty.

BOER WAR

(S. AFRICA WAR)

(1899-1902)

John Sterling

SERVING IN PEACE-TIME

Lorne W. King
Irving Sault
Lamont Sault
Garner Sault
Orval Sault
Sgt. M. Bryan LaForme
Cpl. A. Mark LaForme
Sonny Wayne Watson
Philip Tobicoe
William Rodger LaForme
Frank S. Bonham (LaForme)
Raymond Walter Schuler
Michelle Ann Sault
Albert E. Sault Sr.
Garry Sault
Albert E. Sault Jr. U.S.
Mike T. Sault U.S.
Marvin R. Doney
Norman Craig
Stephen Bonham
Richard Crain

MNCFN Veteran Bill Tobicoe - Thank you for your Service

Bill Tobicoe is 94 years old and one of the oldest living veterans from Mississaugas of the New Credit First Nation.

Now living in St. George, Utah in a nursing home, Tobicoe was born in Canada and joined the Canadian Armed Forces at age 19 after graduating from Hagersville High School.

He was active in the Second World War, fighting as a gunner with the 15th field artillery from 1943 to 1945.

He was first stationed in England in Salisbury in 1943 where he stayed until June 1944. He was transferred to France on June 22, 1944, two weeks after D-Day.

Shortly afterward, he was transferred to Belgium during the winter of 1944. He fought in the Battle of the Bulge in December of 1944. The Battle of the Bulge lasted from December 16, 1944 to January 25, 1945, and was the last major German offensive campaign on the Western Front during the Second World War.

Tobicoe was on the front lines until May 25, 1945.

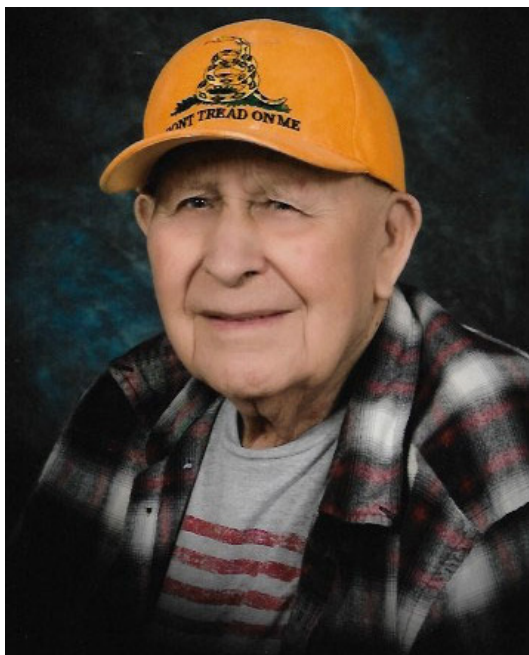
After the war, he took classes to become a brick mason. He worked as a bricklayer both in Canada and the U.S. until he retired at age 80. He worked mostly in the United States, in Buffalo and Phoenix.

In the early 80s, he moved to Australia and worked as a bricklayer there for four years. He came back to Buffalo in the late 1980s. He was an American citizen by that point.

He had problems with alcohol until a fateful court date in April 1961 when a judge directed him to a nearby AA meeting.

"It was the best day of our lives," said his daughter Joan. "Everything after that was good. He helped a whole bunch of people (in AA) for 57 years."

"He's talked all over the world for AA," Joan said, saying her father was a staunch advocate for sobriety.



He doesn't speak much of his wartime experiences, she said, but she does remember one story when he was fighting in Belgium in the winter of 1944.

"It was one of the coldest winters that Belgium had ever seen," she said.

Tobicoe and his fellow soldiers found a chicken coop to use for shelter.

"Somehow, he built a fire to keep them warm," Joan said. Later, they learned, about a few miles away, a number of Canadian soldiers froze to death.

"That's the one he remembers that he talks about," said Joan.

Tobicoe never received any fancy decorations but he was credited with capturing 10 German soldiers. "He doesn't talk about the war very much."

She says her father's biggest contribution has been his staunch support of helping former alcoholics recover through Alcoholics Anonymous.

"His service in AA was probably the most important thing that he did," she said.

Tobicoe had three children – two girls and one boy, who all settled in the States.

In 2004, he lost both of his legs to diabetes and has been in a wheelchair since. A few months ago, he was admitted to a hospice and Joan visits him every day.

"He's kind of up and down," says Joan. "He's stable enough. He can't get around by himself. He's stubborn. We're happy that Bill is getting some recognition."

The Mississaugas of the New Credit First Nation thanks Bill Tobicoe and all of our veterans for their service.



Commemorating the New Credit School 1965 - 2018



Everyone Welcome

TUESDAY, NOVEMBER 13, 2018

6:00 - 9:00 P.M.

**MNCFN COMMUNITY CENTRE
659 NEW CREDIT ROAD**

THE NEW CREDIT SCHOOL IS BEING DEMOLISHED. THIS BUILDING WAS A SIGNIFICANT PART OF OUR LIVES AT NEW CREDIT, SO TO COMMEMORATE IT, WE ARE HOSTING A COMMUNITY EVENT TO SHARE STORIES, PICTURES AND HAVE A POTLUCK DINNER TOGETHER.

FORMER STUDENTS, COMMUNITY MEMBERS ARE INVITED TO BRING YOUR PICTURES, PHOTO ALBUMS, STORIES AND YOUR FAVOURITE MEAL TO COMMEMORATE THE NEW CREDIT SCHOOL.

FOR MORE INFO, CONTACT: CAROLYN KING, 905-768-5147 (H), OR 905-979-4317 (C) OR EMAIL CAROLYNK@EXECLINK.COM.

Special Events and Culture Department presents the
2018-2019 National Film Board Wide Awake Indigenous Film Series

Showcasing HI-HO MISTAHEY!

EVERY CHILD NEEDS TO HAVE A GOOD SCHOOL
A FILM BY ALANIS OBOMSAWIN

Friday, November 23, 2018

6:00 p.m. - 8:00 p.m. MNCFN Community Centre



In this feature-length documentary, Alanis Obomsawin tells the story of Shannen's Dream, a national campaign to provide equitable access to education in safe and suitable schools for First Nations children. Strong participation in this initiative eventually brings Shannen's Dream all the way to the United Nations in Geneva.

**Donations to the Hagersville Food Bank
will be greatly appreciated.
Light Refreshments**

**Please contact Caitlin Laforme if you require more information
at 905-768-1133, ext. 248 or by email caitlin.laforme@mncfn.ca**



MNCFN MONTHLY GATHERING

**Saturday, November 24, 2018
10:00 am - 1:00 pm
MNCFN Community Centre**



AGENDA

MNCFN Toronto Purchase Trust

Please note that there will be no Monthly Gathering for December 2018 due to the holiday closure. Have a safe and happy holiday!



View the meeting live on
Facebook by joining our closed group "MNCFN
Membership." Miigwetch!

**NEXT MONTHLY GATHERING:
SATURDAY, JANUARY 26, 2019**

Anishinaabemowin Classes

Every Wednesday evening from
September 12 - December 19, 2018
5:00 p.m. - 7:00 p.m.
MNCFN Community Boardroom
at the Community Centre

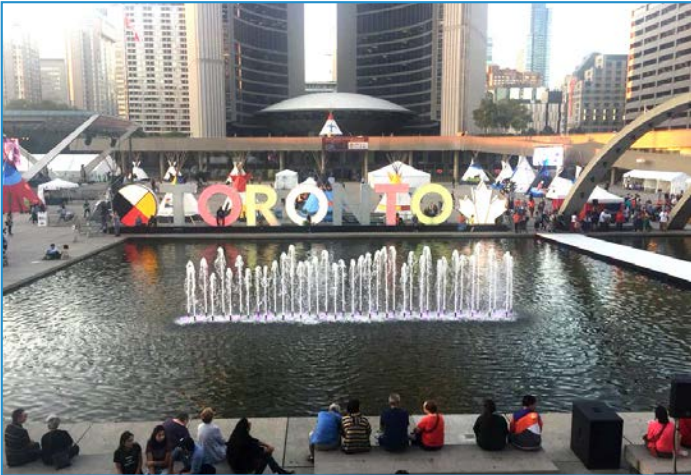
Mr. James Shawana
will be providing
Anishinaabemowin
Classes to the
community.
We strongly encourage
families to participate
together, especially if
children attend LSK!

For more information, please
contact Caitlin Laforme at
905-768-1133, ext. 248 or email
caitlin.laforme@mncfn.ca

This is a free event, call, email or
simply drop in.
Open to all interested in learning!
Dinner provided for Language
Class participants

Indian Residential School Legacy Celebration

The Indian Residential Schools Survivors Legacy Celebration was held at Nathan Phillips Square from October 9 – 11, 2018. The aim of the celebration was to spread awareness about residential school survivors and community resilience. The event was a collaboration between Toronto Council Fire Native Cultural Centre, the Province of Ontario and the City of Toronto.



The event day began with a sunrise ceremony followed by a grand entry dance around the square. There were approximately 20 painted teepees set up around the square that offered educational programming and drop-in workshops. Also in the square was an Indigenous Marketplace and food vendors.

The event also included the unveiling of a scale model of a commemorative sculpture in response to the Truth and Reconciliation Commission's Call to Action 82, which calls on provincial and territorial governments

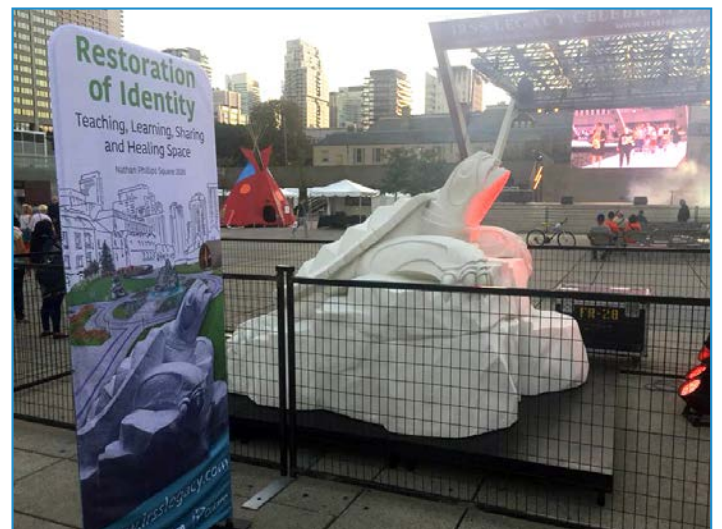


to commission residential school monuments within each capital city to honour survivors and children who were lost to their families and communities. The vision will consist of an Indigenous healing garden at Nathan Phillips Square centred around the sculpture.

The sculpture is a female turtle crawling over top of a boulder, to signify overcoming struggle. The shell of the turtle has tiles to represent the 13 moons and 28-day cycle. Turtles are symbolic within multiple First Nations creation stories. Anishinaabe artist Soloman King was commissioned to create the sculpture.

Later in the evening, the Restoration of Identity Reaffirmation Walk took place with many survivors honoured and was a very solemn moment of recognizing the struggle and hardship these people had to endure.

A red drum also sat for anyone to write a message towards reconciliation.



CULTURE AND HISTORY

Moccasin Identifier on Toronto Island



October 14, 2018 The Moccasin Identifier Project on Toronto Island

MNCFN would like to thank the Toronto Island Friendship group for their hospitality in collaborating on three outings to the Island. Miigwetch



On Sunday, October 14, 2018, Mississaugas of the New Credit First Nation and the Toronto Island Friendship Group held a joint presentation of the Moccasin Identifier Project on the beautiful and sacred Toronto Island. This was the third and final event for this year coordinated by both organizations.

This particular workshop event was open to participants of all ages to stencil images of moccasins and other First Nations footwear at locations throughout the Toronto Island Park led by Carolyn King, former elected Chief of the Mississaugas of the New Credit First Nation. This project has been done in other communities within the MNCFN treaty territory (including Trillium Park at Ontario Place) and aims to create a visual reminder to recognize and honour that we are on the traditional territory of indigenous peoples. Bringing this workshop to Toronto Island Park also presented the opportunity to engage with the park space creatively and thoughtfully. This workshop is especially suitable for school-age children and their parents.

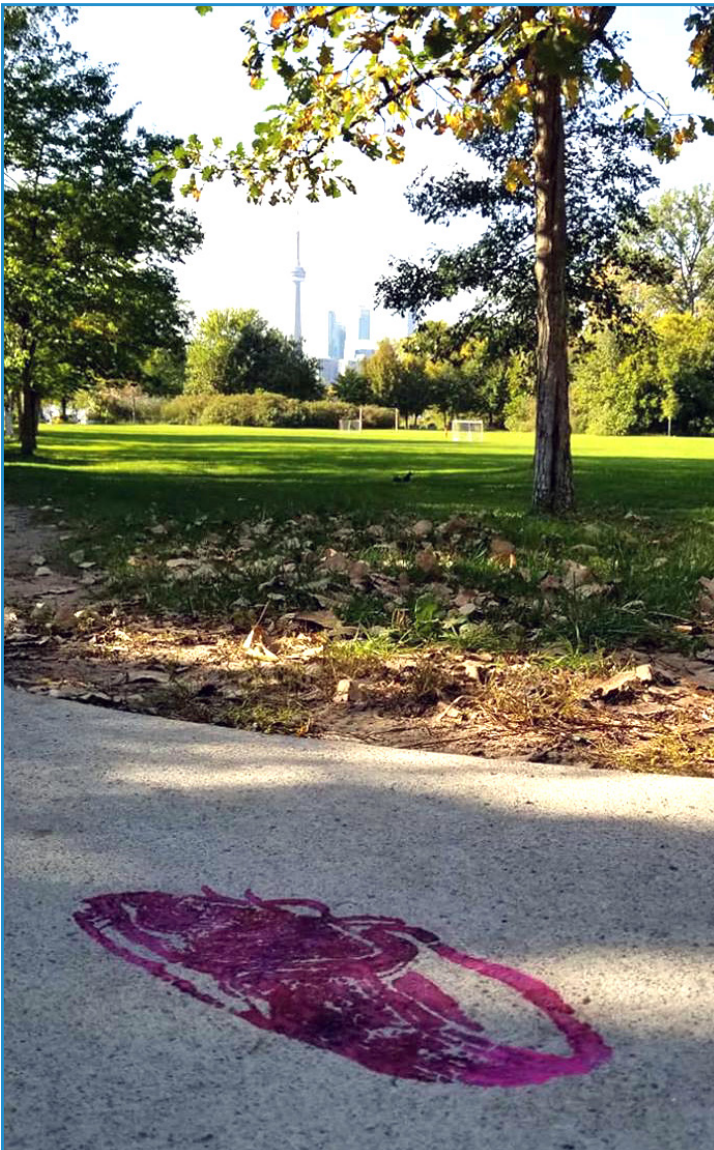
This final event was a beautiful day to paint Moccasin

Identifiers around Ward's Island!

Miigwetch to Carolyn King for sharing her vision, the history of how the project came to be and the importance of sharing with others what this marker means.

Miigwetch to the Toronto Island Friendship group for their hospitality during these three events! MNCFN looks forward to working on future events and continuing this relationship building with our communities.







Fall is the time when First Nation, Metis and Inuit peoples prepared for the long winter ahead. Fall Harvest activities include wild rice, bird, hide, meat, and fish preparation; the process of gathering teas, medicines, foods; storytelling and jigging; and the making of moccasins, snowshoes, fishnets, jams, and bannock. The different techniques used by many elders have been developed and passed down for generations, for thousands of years. The creator has given the gifts we need to live the good life. Our education must be designed to teach all learners to thrive in today's world with the attitudes, skills, knowledge and intention to be Anishinaabe, rooted in a relationship to the total environment.

The land and water provide many sources of food. Many traditional Aboriginal foods are based on pure ingredients that are meant to nourish the body and mind. The natural ingredients used from the local environment make the dishes well-balanced in order to keep the metabolism working well. Geese, duck, and partridge are examples of wild birds hunted for sustenance.



Fall Harvest

Bannock was made when flour was introduced into this area and continue to do so today. You can bake bannock in the oven or fry it in a pan. Regardless of how it is cooked, bannock is a tasty treat! When in the bush, you have little other options besides cooking bannock on a stick. It is great because there are no dishes to clean.



Some people, when telling fish stories, think the hardest part to fishing is catching the fish! However, preparing a fish for eating takes skill and practice. Fish have very fine bones located in various parts of the meat that can be removed. This skill was taught at the harvest.

Where there's smoke, there's well-flavored meat. Smoking is slowly cooking food indirectly in the presence of a fire. Hunting and trapping are important traditional activities that we must participate in to prepare for the long winter ahead. Dried meat was easy to transport, lasted long, and provided the necessary nutrients and proteins required for daily life.

Wild rice is an annual aquatic grass that produces seed. It is a delicious and nutritious source of food for wildlife and people. There are many things that need to be done before you can eat the wild rice. There are



CULTURE AND HISTORY

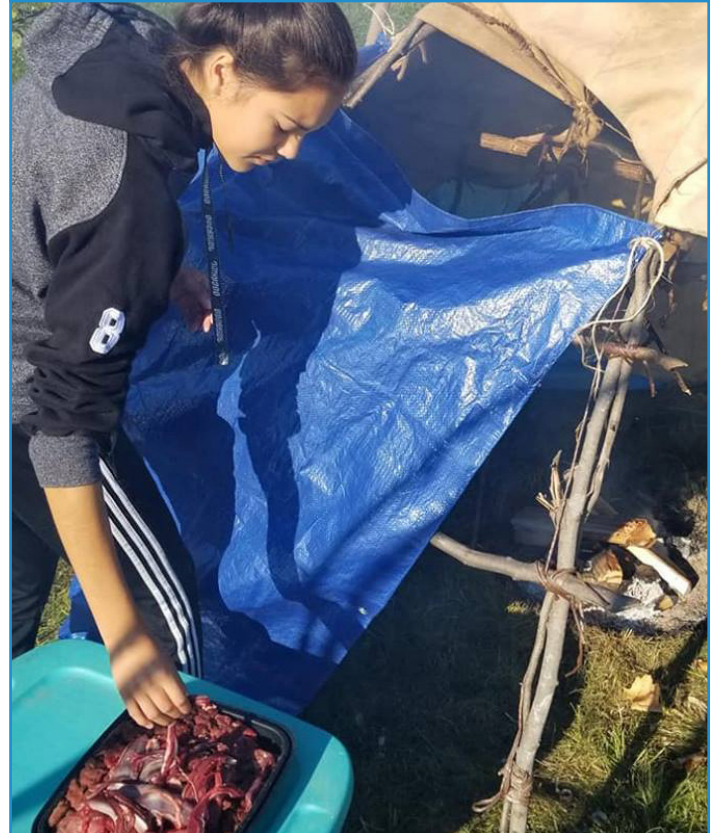
Fall Harvest

five stages taught at the harvest to prepare the rice; drying, roasting, dancing, winnowing, and cleaning. Each stage plays an important role to process the rice and make it ready for cooking.

Chi-Miigwetch to everyone who came out to our 2nd Annual Fall Harvest! It was a great day for learning and sharing and of course eating!!

Chi-Miigwetch to Mark Sault for leading this and preparing all year for our community. To Sal Sault, Dawn Perry, Tim and Leslie Maracle, Fred King, Luke Rouillard, Blake Sault, Jordan Jamieson, Eric Sault, Dayna Sault and Amanda Sault for helping out and sharing your knowledge with the community! And to those who donated, chi-miigwetch to Matt LaForme for the geese!

We look forward to Fall Harvest next year!!



Fall Harvest



CULTURE AND HISTORY

Secret Path Week - Walk For Wenjack



Chief Laforme pictured here with Patrick Downie, brother of Gord Downie, Sarah Midanik, President and CEO of the Gord Downie and Chanie Wenjack Fund. Photo credit: Facebook



For over 150 years, residential schools operated in Canada. Over 150,000 children attended these schools. Many never returned. Often underfunded and overcrowded, these schools were used as a tool of assimilation by the Canadian state and churches. A very cruel experiment. Thousands of students suffered physical, mental, and sexual abuse. All suffered from loneliness and a longing to be home with their families. The damages inflicted by these schools continue to this day.

One of those students was Chanie "Charlie" Wenjack, and we have been especially moved by his story. Chanie was born January 19, 1954. He died October 22, 1966, near Redditt, ON. An Anishinaabe boy, at age 12 he ran away from his residential school and subsequently died from hunger and exposure to the weather. All Chanie wanted was to go home, which was over 600 km away in Ogoki Post on the Marten Falls First Nation. His death sparked national attention and the first inquest into the treatment of Indigenous children in Canadian residential schools.



Inspired by the "Secret Path" story and Gord Downie's humility, sincerity, and determination to tell the story of all youths from the residential school era who never made it home, many came together to participate in a spiritual journey called #walkforwenjack in Toronto, ON. The Walk For Wenjack first set out on Nov 20-21, 2016 and retraced the steps of Chanie Wenjack. It started at the Cecillia Jeffrey Indian Residential School in Kenora, ON, and continued to Redditt, ON for a ceremony representing Chanie's final resting spot near Farlane, ON.

Secret Path Week was Oct 17-22, 2018 and is a national movement commemorating the legacies of Gord

Secret Path Week - Walk For Wenjack

Downie and Chanie Wenjack. The Gord Downie and Chanie Wenjack Fund would like to inspire Legacy Schools, Legacy Space partners, and all Canadians to use this week to answer Gord Downie's call to action to "do something."

In partnership with Evergreen Brick Works, the event was held on Oct 21, 2018 on the land of the Mississaugas of the New Credit (Toronto).

If you would like to know more information about the fund, please visit: <https://www.downiewenjack.ca/our-story/the-gord-downie-chanie-wenjack-fund>

If you would like to view Chanie's Life Journey, please visit: <http://mbed.maps.arcgis.com/apps/MapJournal/index.html?appid=9c1620612f7243f89c2ae74512945a06>



Walter Cooke Wisdom Keeper Award

Created in 2015, this award recognizes the significant and continuous service to the Indigenous Community of an individual whom consistently demonstrates The Seven Grandfather Teachings, The Good Mind and Traditional Ways of Knowing and Being.

It is awarded annually to an individual who has demonstrated the above values in their everyday life and their work for the people. It was presented at De dwa da dehs nye>s Aboriginal Health Centre's annual October Moon Gala this past October. Nominees should have demonstrated at least three of the following, over a period of years:

- Significant, remarkable and continuous service to the Indigenous Community
- Wisdom, Love, Respect, Bravery, Honesty, Humility, Truth
- Integrity, generosity of spirit and collaboration
- Has a willingness to freely and openly share their Traditional knowledge in a way that benefits and promotes healing the Indigenous community
- Teaches and practices cultural and traditional values, customs and knowledge
- Volunteers in community organizations and groups
- Promotes a healthy lifestyle
- Teaches and interacts with youth.

Drum roll please.....and this year's recipient of the Walter

Cooke Wisdom Keeper Award is Mississaugas of the New Credit First Nation Chief R. Stacey Laforme, in recognition of one's capacity to exemplify significant and continuous services to our community by demonstrating integrity, generosity of spirit, humility, courage, collaboration, "The Good Mind", and traditional ways of knowing and being. Congratulations Chief Laforme!



Chief Laforme receives the Walter Cooke Wisdom Keeper Award. Pictured here with Chief Laforme is Pat Mandy, who presented the award. Photo credit: De dwa da dehs nye>s Aboriginal Health Centre.

Overview of Ontario Laws on Marijuana

Recreational cannabis was legalized on October 17, 2018 by the Federal Government. Ontario's Government for the People has put rules in place to keep cannabis out of the hands of children and youth, keep our roads safe and combat the illegal market.

Ontario now has laws in place (after extensive public and stakeholder engagement) about how, where and who can buy and possess cannabis in the province. The government is also moving forward with a tightly regulated private retail model for cannabis that would launch by April 1, 2019.

Medical cannabis will continue to be subject to different rules **than recreational cannabis**.

Minimum age is 19

You must be 19 and older to buy, use, possess and grow recreational cannabis. This is the same as the minimum age for the sale of tobacco and alcohol in Ontario.

Where to use it

The government has enacted the following rules for using cannabis, both medical and recreational.

Where you can smoke and vape cannabis*

Private residences – this does not include residences that are also workplaces (e.g. long-term care and/or retirement homes)

- **Many outdoor public places** (e.g. sidewalks, parks)
- **Designated guest rooms** in hotels, motels and inns
- **Residential vehicles and boats** that meet certain criteria (e.g. have permanent sleeping accommodations and cooking facilities, and are parked or anchored)
- **Scientific research and testing facilities** (if the cannabis use is for scientific research and testing purposes)
- Controlled areas in:
 - long-term care homes
 - certain retirement homes
 - residential hospices
 - provincially-funded supportive housing
 - designated psychiatric facilities or veterans' facilities

*Additional restrictions on smoking and vaping may exist in municipal bylaws, lease agreements, and the policies of employers and property owners.

Where you cannot smoke or vape cannabis

Indoors

You cannot smoke or vape cannabis in:

- **indoor common areas** in condos, apartment buildings and university/college residences
- enclosed public places and enclosed work places

- **non-designated guest rooms** in hotels, motels and inns

Schools and places where children gather

You cannot smoke or vape cannabis:

- at school, on school grounds, and all public areas within 20m of these grounds
- on children's playgrounds and public areas within 20m of playgrounds
- in child care centres, or where an early years program is provided
- in places where home child care is provided — even if children aren't present

Hospitals, hospices, care homes and other facilities

You cannot smoke or vape cannabis:

- within 9m from the entrance or exit of hospitals (public/private), psychiatric facilities, long-term care homes, independent health facilities
- on outdoor grounds of hospitals (public/private) and psychiatric facilities
- in non-controlled areas in long-term care homes, certain retirement homes, provincially-funded supportive housing, designated psychiatric or veterans' facilities, and residential hospices

Publicly owned spaces

You cannot smoke or vape cannabis in publicly-owned sport fields (not including golf courses), nearby spectator areas and public areas within 20m of these areas.

Vehicles and boats

You cannot consume cannabis (smoking, vaping, eating) in a vehicle or boat that is being driven or is at risk of being put into motion.

Other outdoor areas

You cannot smoke or vape cannabis:

- in restaurants and on bar patios and public areas within 9m of a patio
- on outdoor grounds of specified Ontario government office buildings
- in reserved seating areas at outdoor sports and entertainment locations
- on grounds of community recreational facilities, and public areas within 20m of those grounds
- in sheltered outdoor areas with a roof and more than two walls which the public or employees frequent, or are invited to (e.g. a bus shelter)

Driving

Driving impaired by cannabis is illegal and dangerous. Cannabis, like many other drugs, slows your reaction time

and increases your chances of being in a collision.

If a police officer finds that you are impaired by any drug, including cannabis, you will face serious penalties, including:

- an immediate licence suspension
- financial penalties
- possible vehicle impoundment
- possible criminal record
- possible jail time

Police officers have tests to determine if you are impaired and are now also authorized to use oral fluid screening devices at roadside to help enforce the law.

Learn what counts as impaired driving and the penalties you could face for it.

Zero tolerance for young, novice and commercial drivers

You are not allowed to have any cannabis in your system (as detected by a federally approved oral fluid screening device) if you are driving a motor vehicle and:

- you are 21 or under
- have a G1, G2, M1 or M2 licence
- the vehicle you are driving requires an A-F driver's licence or Commercial Vehicle Operator's Registration (CVOR)
- you are driving a road-building machine

Learn more about zero tolerance for young, novice and commercial drivers.

Where to buy recreational cannabis

People 19 and over are able to purchase cannabis online through the Ontario Cannabis Store (OCS.ca). Online orders will be delivered safely and securely. Consumers will be required to verify their age to accept delivery and no packages will be left unattended at the door.

You are permitted to purchase up to 30 grams (about one ounce) of dried recreational cannabis at one time for personal use.

The Ontario Cannabis Store website is the only legal option for purchasing recreational cannabis. It follows strict rules set by the federal government.

The government is also moving forward with a tightly regulated private retail model for cannabis that will launch by April 1, 2019. The Alcohol and Gaming Commission of Ontario is the provincial regulator authorized to grant store licences. The Ontario Cannabis Store will be the exclusive wholesaler to these stores. Private stores will be introduced with strict controls to safeguard children and youth and combat the illegal market.

How much cannabis you are able to possess

You are able to have a maximum of 30 grams (about one ounce) of dried cannabis in public at any time.

Growing cannabis

You are able to grow up to four plants per residence (not per person).

Rules for the workplace

Ontario has strict rules in place to make sure workplaces are safe.

Consuming recreational cannabis in the workplace remains illegal after legalization on October 17, 2018.

Employers (and supervisors):

- need to know the rules for medical cannabis
- are required to address workplace hazards, under the Occupational Health and Safety Act (OHSA)

Employees and workers:

who are unable or unfit to work safely could be a hazard to themselves or to others in the workplace

have a duty to perform work safely and to report any hazards to their supervisor or employer under the OHSA

See additional rules related to cannabis use in the workplace, including for commercial driving, where you can use recreational cannabis and using medical cannabis in the workplace.

Medical cannabis

Medical cannabis is subject to different rules than recreational cannabis. The production and sale of medical cannabis is regulated exclusively by the federal government.

If a health care professional has already authorized you to use cannabis for medical reasons, your access has not changed now that recreational cannabis is legal.

The only way to purchase medical cannabis is from:

- a federally licensed producer online
- by written order
- over the phone and delivered by secure mail

You can also receive a licence from Health Canada to grow medical cannabis on your own, or designate someone else to grow it on your behalf.

Learn more about accessing cannabis for medical purposes.





Re: Legalization of Recreational Marijuana in Canada

For immediate release

Thursday, October 18, 2018

(Hagersville, Ont.) - With recreational marijuana now legal in Canada as of October 17, please be advised that the Mississaugas of the Credit First Nation (MCFN) is working toward a community-wide approach to cannabis legalization and its potential impacts, economically, socially and medically.

MCFN is aware of the ramifications of legal cannabis and has been working to address its considerable business and health opportunities and its social impacts which could directly affect our nation.

We are in the process of engaging membership on this very important issue. Until we have further engagement, we will refrain from participating in the industry or enacting laws pertaining to cannabis at this time.

“The Mississaugas of the Credit First Nation Chief and Council will be discussing the issue of medical marijuana in the weeks to come,” said Chief R. Stacey Laforme. “We have to do more work before we decide on how to move forward on cannabis laws on our territory.”

In the meantime, MCFN will operate on a “status quo” basis, meaning all provincial and federal cannabis laws currently in place will apply until such time as the community develops its own cannabis laws.

For media inquiries, please contact:

Donna Duric, Media and Communications Director
Phone: 905-768-5858
Email: Donna.Duric@mncfn.ca

-34-



Mississaugas of the New Credit First Nation
2789 Mississauga Road RR 6, Hagersville, Ontario N0A 1H0



Phone: (905) 768-1133
Fax: (905) 768-1225

Executive Finance Council, September 24, 2018

New Administration Building

Executive Finance Council authorized the Public Works Department to award professional consulting services contract for the design, tender and construction of the new administration building to IBI Group of Waterloo, Ont. in the amount of \$242,700.

Regular Council, October 15, 2018

Community Centre Generator Repair

The generator at the Community Centre needs to be repaired. Council approved the purchase, commissioning and testing of a new engine and associated connection fees for a total project cost not to exceed \$30,000. Dollars to come from Gaming Fund.

OPP Monthly Incident Report

-911 Call X 2: Officer attended, no emergency, phone line problem, Bell contacted for repair. Second call for ambulance, victim reported a fall and needed medical assistance.

-Assault X 2: Both related to domestic relationships, cleared by charges.

-Attempted Threat X 2: Requesting crisis assistance, which was provided.

-Community Service X 7: Provincial Liaison Team members meeting and activities.

-Family Disputes X 4: Verbal and minor assault among family members.

-Fire: Vehicle fire, driver noticed smoke due to mechanical issue while driving.

-Found property: envelope with \$300 found.

-Fraud X 2: Attempted blackmail via internet. Victim advised to delete account. Cellular call from CRA received advising that a lawsuit would commence if victim didn't pay.

-Mental health: Caller located in hospital.

-Motor Vehicle Recovered: caller reporting location of stolen vehicle.

-Motor Vehicle Collisions X 2: vehicle in ditch, related to recovered stolen vehicle, then fail to remain. Suspected driver located and charged.


-Noise complaint: report of four gunshots from the field by the lagoon. Area patrolled with negative results.

-Well-being check: caller concerned for health of family member. Officer checked residence and found person in good health.

-Police assistance/information X 4: calls seeking advice and information.

-Suspicious vehicle: caller reporting vehicle on the side of Mississauga Road and occupants appear to be screaming at each other. Area patrolled with negative results.

-Traffic complaint: possible impaired driver, white pickup truck that almost struck another vehicle. Area patrolled with negative results.



CRAFTING FOR INCOME


Blended Learning

DECEMBER 3 – 13, MON – THURS (1PM – 3PM)
 2160 FOURTH LINE, OHSWEKEN
 ACHIEVEMENT CENTRE CLASSROOM


This course is designed to teach the student basic crafting techniques. This class will also explore costing and how to promote and market your craft. Discover if crafting is right for you to pursue as a small business.

Learn how to: Make a craft upon completion of activities
 Maintain simple bookkeeping
 Market your craft

If you or someone you know, could use this FREE service, please call: 519-445-0023, ext. 6902, text: 226-240-2554 or email: angel@snpolytechni.com



Achievement
Centre



POLITICS AND GOVERNANCE

Veronica King-Jamieson,

Pillar Four Lead - Education and Awareness and Monthly Update

Aaniin Nanaboozhoo (Hello), Councillor, Veronica King-Jamieson, B.Ed. OCT, **nindizhinikaaz** (is my name), Mississaugas of the Credit First Nation, ndinjaba, mukwa dodem niinda'aw (bear is my clan). October 2018



by BCR for their involvement in the Collective. The Collective's authority is derived from our member nations' inherent, Indigenous, treaty and constitutionally recognized rights to self-determination over education as the first peoples of Canada..."

Highlights

Youth Matter – sessions to review initiatives such as Youth Exchanges with other Mississauga Nation, Youth Council, Youth Celebrations, Rising Youth \$1,500.00 funding application for each Youth, call for more information on the next scheduled session. (905) 869-5753

Chi Miigwetch (Big Thank You) for taking the time to read this section of the newsletter. *Baamaapii* (until later), *Gi zah gin* (I love you), *Manajiwini* (respect) all our Anishinaabe(g) (Ojibwe people(s))

October 25, 2018 received the MNCFN award from Heritage Mississauga, "At The Credits Award Gala" in Mississauga – (see photo on page 28)



Pillar 4 Education and Awareness

Work-plan / priority action items:

- 4.1 Education Authority Board – draft terms of reference for (Education Board) in progress
- 4.2 Education Curriculum – in progress, collaboration & engagement for curriculum documents.

Next steps:

Council Strategic Plan for Pillar 4 Education and Awareness, to schedule meeting for Oct. 2018

Introduction of resource people to Pillar 4

Kerri King, M. Karl King, Lisa King, Val King

Programs & Services link to Education & Awareness

MNCFN Children's Centre – Supervisor

MNCFN Social Services – Director

Resources as needed

Life Long Education & Awareness (Birth to Death – programs/services)

Relevant education:

First Nation With School Collective (FNWSC) ... "The First Nations with Schools Collective (FNWSC) is a group of eight First Nations in Ontario working together to return jurisdiction over education to their respective communities. Their participation is guided by the Participation Agreement and sanctioned

SAVE THE DATE!
Friday, December 7, 2018
Symposium on the Importance of Indigenous Education in Ontario Classrooms
University of Toronto Mississauga

To Register - please visit:

<https://www.eventbrite.ca/e/symposium-on-the-importance-of-indigenous-education-in-ontario-classrooms-tickets-50015777537>

For more information, please contact:

1. Councillor Veronica King-Jamieson, B. Ed, OCT (905) 869-5753 or email: VeronicaK@mncfn.ca
2. Dr. Sherry Fukuzawa, RRT, Ph.D. Associate Chair, Department of Anthropology s.fukuzawa@utoronto.ca

- Sunrise ceremony by MNCFN elder
- Chief Stacey LaForme: Opening remarks and land acknowledgment of the Treaty Lands and Territory of the Mississaugas of the Credit.

Honoured guest speakers:



Justice Harry LaForme



Senator Murray Sinclair



UNIVERSITY OF
TORONTO
MISSISSAUGA



Hosted by:
Mississaugas of the
Credit First Nation

New Mural at Garden and Roncesvalles Nearing Completion



Toronto, ON. On Saturday, October 20, 2018, the official launch and ribbon cutting for a new mural at Garden and Roncesvalles Avenue. The mural was designed by lead artist Philip Cote. Photo credit: Veronica Feihl

For the last four months, during a record heat wave followed by a week of rain, we have watched the creation of a new mural on a large 24 foot by 106 foot wall at the corner of Garden and Roncesvalles Avenue. Locals, visitors and users of the bordering Bike Share Station have seen the brightly coloured elements and symbols emerging amidst scaffolds and tents, accompanied by buskers and a growing contingent of sparrows and fellow urban creatures. Local mural artist Jim Thierry Bravo has completed his portion. Lead artist Philip Cote and his assistant Nelly Torossian continue to work hard to complete the remaining third of the mural, encouraged by the positive response of enthusiastic onlookers.

Detail of 8th Fire Mural in progress at Garden and Roncesvalles by lead artist Philip Cote and local artist Jim Thierry Bravo. This section accounts for 1/15th of the wall.

The design concept of the mural reflects the thematic framework set out by our BIA's Street Advisory Committee. These themes include: Nature in the City, the Urban Community, and the interconnected concepts of Legacy, Sustainability and Stewardship.

We have stories of prophets who came to the people

a millennium ago to give visions of the future that would come in stages called the Seven Fires. In recent times there has been a talk of an Eighth Fire in which the ancestor prophets say that to light the Eighth Fire Indigenous People will come forward with their knowledge connecting with the western knowledge and from this union a new people will emerge lighting the Eighth and final Fire. This will begin the golden age of peace.

"My work reflects this same importance of sharing the story of ancient Anishinaabe footsteps that crossed Roncesvalles in days gone by. It's inspiring to know that we the Anishinaabe Peoples are still here sharing stories/oral histories much as our ancestors did for thousands of years and thus bringing the values of our culture into the present day ..."

~ Philip Cote

Philip Cote and Jim Thierry Bravo were commissioned to collaborate on a mural for Roncesvalles Village. In the cool hours of the day, you could find them painting the wall on the north east side of Roncesvalles and Garden Ave. They worked through July until finished. The official launch was on October 20, 2018.

COMMUNITY

In the twilight, Philip Cote adds finishing touches on the bear at 149 Roncesvalles Avenue. Photo credit: Veronica Feihl



Cote and Bravo's design concept reflects the thematic framework set out by the RVBIA's StreetArt Advisory Committee. These themes include: Nature in the City, the Urban Community, and the interconnected concepts of Legacy, Sustainability and Stewardship. Their collaboration also draws on some of the insights gleaned from several community consultations. These affirmed that the people of Roncesvalles love being so close to High Park and Lake Ontario. They cherish all the trees and the gardens that make this a healthy and lovely place to live. Locals and visitors alike appreciate the sense of community, the village vibe, and tender loving care you can feel here.

Cote and Bravo bring together the sensibilities of a First Nations artist with those of a first generation Canadian artist. Bravo's family immigrated to Canada in 1985 and settled in Toronto when he was young. Both have lived on Roncesvalles Avenue and are well known mural artists in this City. They have witnessed how the neighbourhood has changed in the past 30 years.

For example, Roncesvalles Village has much fewer Polish residents and businesses than it once did, but many people of Polish heritage enjoy celebrating their cultural roots here. In fact, our BIA still runs the two-day Roncesvalles Polish Festival each September. "The demographics of urban neighborhoods can change rapidly," says RVBIA Chair Len McAuley, "so we must find ways to celebrate the culture of the new community of residents and businesses that have settled here more recently. Likewise, it is time to acknowledge that for thousands of years before the arrival of the British, Irish and Scottish to this area that is now called Roncesvalles Village, there thrived

indigenous people whose tribes made up the First Nations." These included the Anishinaabek, Wendat, Mississauga and Haudenosaunee, among others before them. "Their shared ethos was—and still is—to serve as stewards of the land for future generations. Their stories reflect this."

"People around the world have become more aware of the environmental impact of industrial waste and careless human lifestyles," says RVBIA Manager, Veronica Feihl. "And, consequently of our responsibility to protect the air, water and soil along with nature's rich variety of plants and animals that form healthy ecosystems. Not just for our own sake but for our descendants," she adds. "So there is something to be learned from the First Peoples who lived on this land for ages before the newcomers arrived. Here's an opportunity to look and listen, while enjoying some time in the neighbourhood."

The BIA will provide online video and audio clips of the work in progress and hopes to share some of the stories and meaning behind the symbols on this mural.

PHILIP COTE ARTIST STATEMENT

The vision of my work starts with a journey into Indigenous history of this land that dates back 130,000 years and maybe even 200,000 years. The first humans in North America we call the Original People also known as the Anishinaabe "From whence lowered the original man".

On the design of this mural we have first man and woman taking that first journey across the land and in communion with all life as displayed here by the animals, plants and the Anishinaabe Spirit World.

The design is deeply connected to the creation story of the Anishinaabe as this design with all its black lines speak about the beginning of the universe. In the beginning there was a great black void and in that void there was a spirit who sent out thoughts into the Universe. When no response happened, those thoughts were called back, and the creator said create light as you come back to me. Thus all the stars were born and from them planets were formed. At the moment we have light and dark in the Universe, for Anishinaabe people believe we are all made of light and dark physical and spirit.

The painted imagery is in the style of woodland painting first created by Norval Morrisseau, an

Anishinaabe artist and visionary. His work brought the Anishinaabe (first people's) world into public space in the 1960s. Norval had a deep understanding of the history of the Anishinaabe and created such a stir in the western culture at that time — and in his own community, which was upset that he shared those secret stories with the outsiders. His work describes the culture and mystery of the Anishinaabe people that gives everyone a clearer understanding of who these first people really are.

We have stories of prophets who came to the people a millennium ago to give visions of the future that would come in stages called the Seven Fires. In recent times there has been talk of an Eighth Fire in which the ancestor prophets say that to light the Eighth Fire Indigenous People will come forward with their knowledge connecting with the western knowledge and from this union a new people will emerge, lighting the Eighth and final Fire. This will begin the golden age of peace.

My work reflects this same importance of sharing the story of ancient Anishinaabe footsteps that crossed Roncesvalles in days gone by. It's inspiring to know that we the Anishinaabe Peoples are still here sharing stories/oral histories much as our ancestors did for thousands of years and thus bringing the values of our culture into the present day and breaking down the stereotypes and racism that still prevails today. I am happy to be part of these changes in our country called Canada.

JIM BRAVO ARTIST STATEMENT

I have been given a great and honorable artistic challenge. Artistic collaborations are a delicate dance of two visions. My vision for this design comes, I hope, as a sensitive and complimentary response to Mr. Cote's narrative on the First and Founding Peoples of this region of our City/Province, etc. Through an interplay of bold, highly stylized and graphic illustration (as a method through which to correspond with Cote's Woodlands approach) I have chosen to present a take on what I feel are the three founding attributes of what is at present known as Ward 14/Parkdale-High Park. These three attributes are the waterfront, the long-standing local architecture which has witnessed the coming and going of many different settlers, and the wide natural array of trees, flowers and plant life. The arrangement of the word "Roncesvalles" is designed to

invoke a feeling of movement, change, development, space and inclusion, but ultimately that something is about to eventually settle down – only to be carried off again through progress, symbolized by the land rising out of the water. I have decorated the word with flowers and plants found in the area and it is these swooping components that propel the word — and thus the community — into the present day. On close inspection various "umbilical" lines stemming to and from the text are placed as connection portals to Mr. Cote's surrounding narrative.

Philip Cote's works and CV can be viewed at: www.tecumsehcollective.wixsite.com/philipcote


Jim Thierry Bravo's works and CV can be viewed at: www.JimBravopaintings.weebly.com

DRAFT DESIGN CONCEPT

This design concept by Philip Cote and Jim Thierry Bravo is close to final. There are a few more changes to come including to the lettering of "RONCESVALLES" and the plants and foliage that are intertwined; removal of the blue waves above the moose and buffalo; addition of a forested landmass rising on the right side and some additional details. The final changes will be made directly on the mural. There are seven windows and two doors in the wall to work around. The pharmacy window on the left painted by a previous artist will be retained at the request of the business owners. Photo credit: Veronica Feihl. Article compliments of <https://roncesvallesvillage.ca/philip-cote/>



MNCFN November

Sun	Mon	Tue
28	29	30
Oct 18 - Nov 30, 2018 Christmas Basket Registration, Daily except weeks		
4	5	6
Oct 18 - Nov 30, 2018 Christmas Basket Registration, Daily except weeks		
10 am - 12 pm Veteran's Memorial Remembrance Day Service, In the Grove Veterans Monument	5-6 p.m. Zumba, LSK 5:30 - 8 pm... Family Parenting 5 Module Program, MNCFN SS 6-7 pm Sports Night - Fencing, LSK 6-9 pm Women's Sharing Time, MNCFN SS	5-6 pm Yoga, LSK 6:30-7:30 pm Sensible Warrior Kwe CSR Office
11	12	13
Oct 18 - Nov 30, 2018 Christmas Basket Registration, Daily except weeks		
Remembrance Day 	5-6 pm Zumba, LSK Gym 5:30 - 8 pm... Family Parenting 5 Module Program, MNCFN SS 6-7 pm Sports Night - Fencing, LSK 6-9 pm Women's Sharing Time, MNCFN SS	5-6 pm Yoga, LSK 6-9 pm Commemorating the New Credit School MNCFN CC
18	19	20
Oct 18 - Nov 30, 2018 Christmas Basket Registration, Daily except weeks		
	5-6 pm Zumba, LSK Gym 5:30 - 8 pm... Family Parenting 5 Module Program, MNCFN SS 6-7 pm Sports Night - Fencing, LSK 6-9 pm Women's Sharing Time, MNCFN SS	5-6 pm Yoga, LSK 6:30-7:30 pm Sensible Warrior Kwe CSR Office
25	26	27
Oct 18 - Nov 30, 2018 Christmas Basket Registration, Daily except weeks		
	5-6 pm Zumba, LSK	5-6 pm Yoga, LSK

Calendar of Events

Wed	Thu	Fri	Sat
31	Nov 1	2	3
<p>nds, 8:30 a.m. - 4:30 p.m., Register at Social and Health Services Building</p>			10-11 amYoga, LSK
	12 - 3 pm....Quilting 101CSR office 5-7 pm.....MNCFN Cancer SupportGroup, MNCFN SS/GP		
7	8	9	10
<p>nds, 8:30 a.m. - 4:30 p.m., Register at Social and Health Services Building</p>			10-11 amYoga, LSK 10:30 am - 2:30 pm..SeniorsChristmasBazaarMNCFN CC
h Support, MNCFN SS ool Skating, GPA abemowin Classes CC BR rogram SS			
14	15	16	17
<p>nds, 8:30 a.m. - 4:30 p.m., Register at Social and Health Services Building</p>			10-11 amYoga, LSK 10 am - 4 pm .MNCFN BusinessShowcase,MNCFN CC
or Life, Cancer MNCFN CC abetes Day CC m Support, MNCFN SS Our New Life, SS ool Skating, GPA abemowin Classes CC BR rogram SS	10 am -2 pm...Career Fair, MNCFN CC 12-3pm.....Quilting 101, CSR Office 4 - 7 pm.....Job Fair, MNCFN CC 5-7 pm.....MNCFN Cancer SupportGroup, MNCFN SS/GP 8-9 pm.....ADHD Workshop Part 1MNCFN SS	1 - 8 pm.....MNCFN BusinessShowcase, MNCFN CC	
21	22	23	24
<p>nds, 8:30 a.m. - 4:30 p.m., Register at Social and Health Services Building</p>			10-11 amYoga, LSK 10am-1pmMNCFN MonthlyGathering, MNCFN CC
Flu Clinic SS m Support, MNCFN SS ool Skating, GPA abemowin Classes CC BR rogram SS	5-8 pm..... Addictions Awareness, MNCFN CC 8-9 pm.....ADHD Workshop Part 2MNCFN SS	6 - 8 pm.....National Film BoardWide Awake IndigenousFilm SeriesHi-Ho MistateyMNCFN CC	
28	29	30	Dec 1
<p>nds, 8:30 a.m. - 4:30 p.m., Register at Social and Health Services Building</p>			
h Support, MNCFN SS Our New Life, S ool Skating, GPA abemowin Classes CC BR rogram S	12-3 pmQuilting 101,CSR Office		

COMMUNITY

MNCFN member and Fort Erie resident Saves Man from Drowning



Scott Phillip Crain is being credited with saving the life of a drowning man in the Niagara River on September 4, 2018. The dramatic rescue was caught on camera by nearby pedestrians.

In the video, the drowning man appeared fatigued, barely moving in the middle of the powerful river, when a boat operated by Crain appeared on the scene.

Crain brought the boat close enough to the man to enable a rescue and Crain lowered a ladder from the boat, grabbing the man by his arms and holding onto him as he guided him toward the ladder.

According to WKBW in Buffalo, there are signs warning people not to swim in the river but there may have been a language barrier that caused the man to be unaware of the danger.

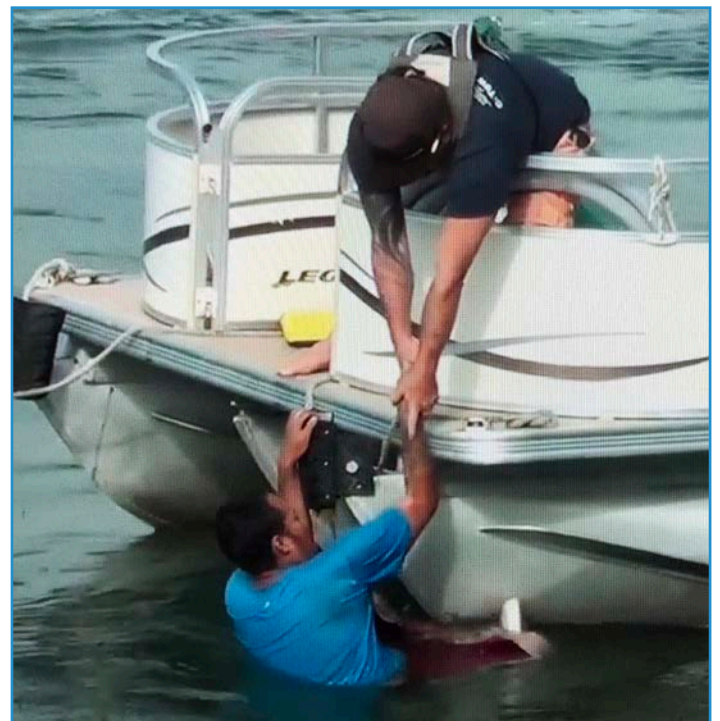
The radio station reported the rescued man went swimming in the river to cool off. Crain owns a business called C-Tow and was on the Niagara River safeguarding construction workers who were working on a bridge over the river when he noticed the drowning man.

To view the video footage of the rescue, go to <https://www.wkbw.com/news/man-rescued-from-niagara->

river-after-jumping-in-to-cool-off

“We’re all very proud of him,” said his aunt, Laurie Anez.

Mississaugas of the Credit First Nation Chief and Council officially recognized him for his heroism with a congratulatory letter.





EVERY CHILD MATTERS ORANGE SHIRT DAY - September 28, 2018
MNCFN even had young Naomie King (middle right photo) who attends school at St. Anns Hamilton Catholic Elementary School participate. Naomie was kind enough to send in her picture with her mom Brittany King. Departments who participated were LSK (top), Social and Health Services (Middle Left) and ECC (bottom).



COMMUNITY

High Table: Celebrating Indigenous Culture

On October 19, 2018, Massey College in the University of Toronto hosted the "High Table: Celebrating Indigenous Cultures". MNCFN Councillors Veronica King-Jamieson, Stephi Laforme along with elder Carolyn King attended the event with King-Jamieson as the Chief's alternate delivering the MNCFN land acknowledgement.



Mississaugas of the New Credit Cultural and Heritage Award

This award is presented to a member from any community who has demonstrated a commitment to awareness and preservation of the Mississaugas of the New Credit culture, traditions, community and heritage.

This year's recipient is Veronica King-Jamieson, who is an Ojibway woman and with great pride is from the Mississaugas of the New Credit First Nation. She is the alternate to Chief R. Stacey Laforme in his absence for various functions within the Mississaugas of the New Credit Territory and Treaty lands. She is married and has six children, nine grandchildren and one great grandson on the way. She has worked in her community for over thirty years with various indigenous organizations. Her passion is dedicated to projects focusing on youth, culture, identity, and traditional teachings.

On behalf of the Mississaugas of the New Credit First Nation, a big congratulations to Veronica on a well deserved award.



Mississauga, ON. October 25, 2018 - Veronica King-Jamieson pictured with her husband Kim, was the recipient of the Mississaugas of the New Credit Cultural and Heritage Award. Photo credit: Stephi Laforme

Information on Cannabis and Drug Paraphernalia Presentation

On October 4, 2018, MNCFN Social and Health Services Mental Health Department hosted a presentation on Cannabis and Drug Paraphernalia at the community centre. The presentation focused on drug education and awareness and keeping yourself safe and informed in areas such as:

- How to identify paraphernalia and what do you do.
- What are the different types of drugs uses. There are: healthy drugs and not healthy drugs meaning some people use drugs for pain relief, anxiety, etc. while others use it for to get high.
- What are some commonly used drugs in the community.
- Methods of ingesting drugs.
- Drug paraphernaia - the equipment used to ingest drugs. Many various types exist and most people usually cannot identify them as paraphernalia.

The workshop also identified what you should do if you find drug paraphernalia. Number one rule and most important is you do not touch it.

1. Do not touch it.
2. Tell a teacher, parent, adult, or call the police.
3. Stay away from the area where the drugs were found.
4. Make sure no one goes near it.
5. Do not do not encourage other people to go have a look at it.
6. Number one is repeated again because of the importance - DO NOT TOUCH IT as there are health risks involved such as HIV Aids, Hepatitis B, and Hepatitis C.

The workshop also reviewed workplace policy surrounding marijuana and how drug paraphernalia is properly handled. To mitigate your risks, be proactive, be educated and be prepared.

The second part of the workshop explained basic cannabis information as it is information all communities should know with the legalization of recreational marijuana. Presenters explained what is the difference between THC and CBD and information on recreational marijuana versus medical marijuana.



Brody Thomas and Cam Sault were presented thank you gifts for their very informative presentation to the MNCFN community.

That THC is what creates the high while CBD is highly valued for its medical benefits. The presentation also explained the different types of cannabis and the effects of each.

- Sativa
- Indica
- Hemp

The presenters provided information on the effects, signs, and symptoms of using recreational marijuana. Research has shown that the use of marijuana has both shown positive and negative results.

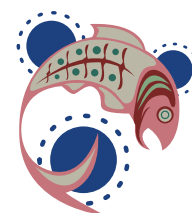
To be more informed, please view the entire video presentation on our Facebook page at the following links:

Part One:

<https://www.facebook.com/MNCFN/videos/483548345487356/>

Part Two:

<https://www.facebook.com/MNCFN/videos/1752057998256188/>



MNCFN Starts Cancer Support Group

Mississaugas of the New Credit First Nation is in the midst of forming a much-needed cancer support group here on the reserve.

Throughout 2017, Mississaugas of the New Credit First Nation Social and Health Services Department distributed and collected surveys to the community in order to gauge interest in a cancer support group. Out of that, the group has begun organizing to form a dedicated cancer support group in the community, serving MNCFN community members affected by cancer.

Out of those that responded, 79 said that cancer has affected them or a family member while 32 said it hadn't.

The survey questioned if people believed a cancer support group would be beneficial to the community to help those diagnosed with cancer have someone to talk to and not feel alone in their journey.

Respondents felt that a cancer support group would be beneficial to people as a care provider, a family member of a survivor, a family member of a patient, and as a family member as a care provider.

Respondents felt they that having support 24/7 in their own community was more beneficial than going to a support group in another community.

The idea for a cancer support group was formed in December 2017 and since then, a core group of community members have been working to make the group a reality, with talks, meetings and fundraisers.

It is the intent of the group to gather and distribute resources for all types of cancer, serve as a repository of information for individuals and their families, organize and deliver pertinent workshops and guest speakers, organize and host fundraisers, organize outings/tours/off-site activities, share stories and experience, and provide positive group support for individuals and families.

The group recently held a logo and naming contest and voting with the winner announced on Oct. 18. Kate Laforme won the logo contest. They also held

a successful fundraising event on Oct. 5, 2018 at the MNCFN Community Centre. They raised \$1,029. Funds are used to help support the group and keep it running.

The cancer support group is important because everyone is or will be affected by the disease at some point in their lives and resources should be made available to cancer patients and survivors.



MNCFN CANCER SUPPORT GROUP LOGO CONTEST!
And the winner is.....

#2 Kate Laforme!!



MNCFN Cancer Support Group has decided on a winner of the Name and Logo contest. Thank you for the feedback and voting on our Facebook page and a big thank you to all that made a submission in the contest.

Employment Opportunities

After School Program Program Assistant

The After School Program Assistant is responsible for assisting the Community Wellness Worker with the afterschool care of attendees of the MNCFN afterschool program.

Closing Date: Open call for resumes

Casual Supply Teacher

The teacher is responsible for ensuring that each child has an opportunity to reach his/her maximum potential through the creation and implementation of suitable programs and teaching styles to meet individual student needs. The teacher will treat all students in a fair and equitable manner. The teacher will adhere to the Ontario College of Teachers Foundations of Professional Practice, including Ethical Standards for the Teaching Profession, Standards of Practice for the Teaching Profession and the Professional Framework for the Teaching Profession.

Closing Date: Open Call for interested applicants

Full-Time and Part-Time Gas Attendants

Under the direction of the Working Manager, the Gas Attendant is responsible for the day-to-day selling of fuel and fuel products at New Credit Variety & Gas Bar; and for additional related duties as assigned by the Working Manager.

Closing Date: Open Call

Full-Time and Part-Time Cashiers

Under the direction of the Working Manager, the Cashier is responsible for the day-to-day selling of fuel products, and in-store merchandise at New Credit Variety & Gas Bar; and for additional related duties as assigned by the Working Manager.

Closing Date: Open Call

Casual Receptionist

Provides central reception to staff, Council, and guests at the Band Office.

Closing Date: Open Call

Casual Registered Early Childhood Educator After School Program

The Registered Early Childhood Educator After school Program worker is responsible for providing after school care for the five-year-old attendees of the After School Program.

Closing Date: Open Call

For detailed job descriptions and to apply, please visit www.mncfn.ca/job-board



DONATION REQUEST FOR
LLOYD S. KING ELEMENTARY SCHOOL

ANNUAL CHRISTMAS BAZAAR

Saturday December 1ST 2018
Our students need your help!

Donations of the following items would be greatly appreciated to make our fundraiser a success:

-  **Items for our Auction table (min \$10 value)**
-  **Items for our Bake Table**
-  **Cash donations!**



LLOYD S. KING ELEMENTARY SCHOOL
PRESENTS OUR 2ND

ANNUAL CHRISTMAS BAZAAR

Saturday December 1ST 2018

10:00am – 2:00pm

Lloyd S. King Elementary School
659 New Credit Road, Bldg #3

VENDORS

FOOD BOOTH

CRAFTS BY STUDENTS

RAFFLES

ANISHNAABE AUCTION

DOOR PRIZES

FREE ADMISSION!

For more info call LSK
at 905-768-3222

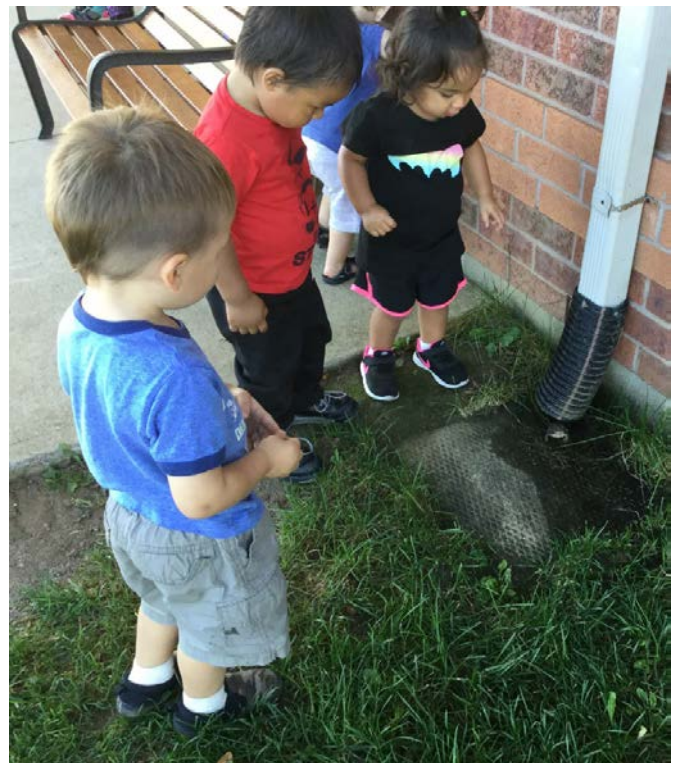
In the Preschool 2 Room, our friends are very interested in all the construction vehicles that are helping to build new play structures. They have also been watching the lawnmower cut the grass.



The Preschool 1 Room children have been making slime, painting with cars and freeze dancing.



The JKs have been finding snails and grasshoppers in the playground. Inside they have been experimenting with food colouring, baking soda, water and vinegar.



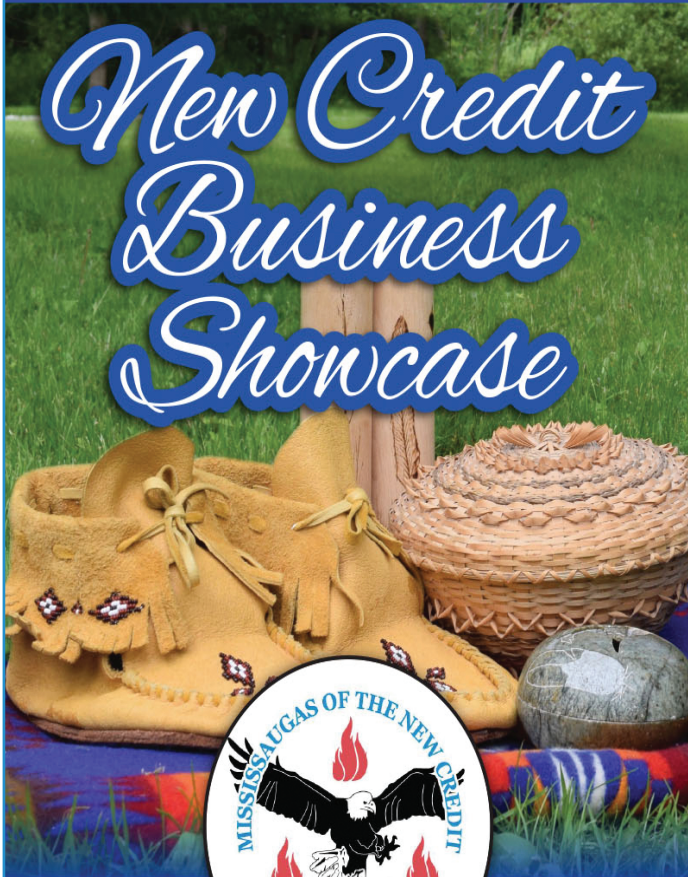
The Toddler Room children attending the drum social at LSK had so much fun dancing. Outside they found a frog, which made them hop around.



The Infant Room friends have been enjoying going for a run on the LSK track. Also they have been exploring pumpkins and gourds.

Start your shopping at the...

New Credit Business Showcase



FRIDAY NOVEMBER 16TH, 2018
1 pm - 8 pm

SATURDAY NOVEMBER 17TH, 2018
10 am - 4 pm



New Credit Community Centre
659 New Credit Road, Building 4
Hagersville, ON NOA 1H0

Vendor Information please contact:
**NEW CREDIT
EMPLOYMENT & TRAINING**
905-768-1181 • ext. 223



Come explore the possibilities!



CAREER FAIR
THURSDAY NOVEMBER 15TH, 2018
10 AM - 2 PM

JOB FAIR
THURSDAY NOVEMBER 15TH, 2018
4 PM - 7 PM

NEW CREDIT COMMUNITY CENTRE
659 New Credit Road • Building 4

Booth Information please contact:
NEW CREDIT EMPLOYMENT & TRAINING
905-768-1181 • ext. 223



Canada 

PUBLIC WORKS

SOLID WASTE / RECYCLING

➤ Reminders:

- LSK School Gymnasium/Rooms WILL NOT be rented during the summer months to allow major cleaning and maintenance items to take place in preparation for the new school year.
- September 30th (annually) will be the final day for all rentals of the Concession Stand and/or Ball Diamond due to winter maintenance preparation.
- Please make sure all the garbage and recyclables are located in designated areas, all custodians/staff/residents please ensure it is properly set out for pick-up at curbside prior to 8:00 am on collection day.
- DO NOT leave the garbage and recycling out overnight to prevent animals from rummaging through it and/or blowing debris causing an unsightly First Nation.

ROADS/BRIDGES

- McIntosh Perry has submitted 60% design package to Indigenous Services Canada (ISC) for review and continue to work on final design for the rehabilitation of Bridge #13 for the 2019 construction season. Public Works Department is awaiting confirmation of construction funding from ISC for this project.

WATER/WASTEWATER

- Just a reminder for all residents NOT to be flushing diapers, baby wipes, feminine hygiene products, cooking grease, toys or any other garbage down the drains. The flushing of these products causes an increase to maintenance costs for the First Nation.
- To all band member residents who wish to participate in the Waterline Expansion Project along Tuscarora Road #251, Second Line Road #136 and Cayuga Road (Ojibway) #272 Public Works Department is asking to please return the completed forms to Public Works Department as soon as possible. If you require another "Consent Form", please contact Public Works Department at 905-768-1133 Ext. 238.

BUILDINGS

- Community Centre - Generator
 - MNCFN approved Public Works Department to replace the back-up generator at the Community Centre that expired. A new diesel generator will be installed at this location as this facility plays an active role as the Reception Centre in the Emergency Response Plan for MNCFN. Sommers Generator Systems is scheduled to repair the expired generator that will be utilized for back-up power for Lift Station #1 to ensure

uninterrupted sewage operation.

- Demolition of Administration Building 1 & Removal of Septic Field
 - McGowan Insulation Ltd. are finishing the "Asbestos and Mold Remediation" with monitoring by Pinchin Ltd. & PWD. Next stage PWD will finalize Terms of Reference to retain a demolition contractor to demolish the building and remove the septic field.
- New Administration Building
 - Public Works Department awarded IBI Group from Waterloo, Ontario the Professional Services Agreement for the design of the new administration building. October 25th & 26th IBI Group will be garnering input from departments for consideration of needs for an effective work place environment. Chief and Council will have the opportunity for their engagement session on October 29, 2018. Next step for Pillar 6 Lead, Chief and Council and Public Works Department will be to lobby funding agencies to obtain dollars before the 2019 fiscal to construct the project.
- Enterprise Building, Rumpus Hall & Agimaw Gamig Administration Building
 - Security camera installations are complete for these listed assets above with the exception of Roads Garage requiring a defective camera replacement and Community Centre requiring final software configuration.
- LSK Elementary School
 - The "special" project (Roof Replacement) was completed October 19, 2018. For your own safety when visiting LSK School students, staff and visitors please stay clear of the "construction area".

OTHER:

- Visitors/Membership/Staff that observe any asset deficiencies can fill out a Work Order Request Concern Form at Agimaw Gamig Reception and/or by calling the Public Works Department Director. **HEALTH & SAFETY IS EVERYONE'S RESPONSIBILITY.**
- Departments choosing to utilize MNCFN Facilities (Community Centre, Ball Diamond etc.), please follow the rental policy procedure (minimum seven (7) days advance notice) through Sustainable Economic Development Department to ensure all your event needs are attended to and to prevent conflicts, miscommunication or scheduling delays. LSK School Gymnasium rentals please call the school Secretary/Office Manager directly 905-768-3222.

How Can We Help? Understanding Mental Health and Supporting Loved Ones

Each year, millions of people face the reality of living with a mental health condition. ... That is why each year, during the first week of October, participants across the country raise awareness of mental illness.

On October 10, 2018, MNCFN Social and Health Services hosted an information event - How Can We Help? Understanding Mental Health and Supporting Loved Ones.

Mental illness refers to a wide range of mental health conditions — disorders that affect your mood, thinking and behavior. Examples of mental illness include depression, anxiety disorders, schizophrenia, eating disorders and addictive behaviors. Many people have mental health concerns from time to time.

The Importance of Mental Health Awareness

Untreated, mental illness can contribute to higher medical expenses, poorer performance at school and work, fewer employment opportunities and increased risk of suicide.

5 Warning Signs of Mental Health Risk:

- A change in personality. If someone is acting like a very different person, or not acting or feeling like themselves, this is a warning sign.
- Uncharacteristic Anxiety, Anger, or Moodiness.
- Social Withdrawal and Isolation.
- Lack of Self-Care or Risky Behaviors.
- A Sense of Hopelessness or Feeling Overwhelmed.

With proper treatment, however, most people who have a mental illness can and do go to work every day. The key to living a normal life is to recognize the problem and then tap the resources that help you manage or overcome it.

There are more than 200 classified forms of mental illness. Some of the more common disorders are depression, bipolar disorder, dementia, schizophrenia and anxiety disorders.

Again, we urge you to view the video presentation on Mental Health on our FB page from the presentation.



MNCFN Mental Health Worker Faith Rivers presents a gift of thanks to Lill Petrella for her informative presentation on Mental Health.



MNCFN FLU CLINIC

Wednesday, November 21, 2018
10:00 a.m. - 3:00 p.m.
MNCFN Social and Health Services Building

Shot
GET YOUR FLU
FREE VACCINATION

Please call LauraLee Kelly, at the Community Health Program, 905-768-0141 to book an appointment or you can drop in. This free vaccination clinic is open to all community members. Please bring your yellow immunization cards, if you do not have one, one will be provided.

Helpful Tips during the Flu Season

- Wash your hands often, with soap and water or an alcohol-based hand rub.
- Stay home from school/work when you are sick.
- Cough/sneeze into your elbow or sleeve, NOT your hands.
- Clean and disinfect commonly touched items at home/work (e.g. Door Knobs, hand rails, light switches, desks/counter tops. Telephone, cell phones).
- **GET YOUR FLU SHOT, GET IT EARLY!!**

SOCIAL AND HEALTH SERVICES

Baby Fair

The MNCFN Baby Fair was held on Saturday, October 13, 2018 at the MNCFN Community Centre and was for all things bump, baby and beyond!

There was something for everyone at this great parent and baby event. Many booths were on hand from information on prenatal, babies, breastfeeding, toddlers and preschoolers. Special guests included Elsa, Poppy, and Paw Patrol's Skye and Chase that the little ones absolutely loved. They were also kept very busy with the trackless train as well. As an added bonus, there were many door prizes up for grabs. The Fair was a great success and organizers look forward to next year's activities. It is an event you do not want to miss out on because all the resources are under one roof. See you next year.



SOCIAL AND HEALTH SERVICES

Community Halloween Party

Congratulations to all the contest winners at the annual Halloween party!



SOCIAL AND HEALTH SERVICES

"5 steps to mindful parenting and picking battles before you need to"

Finding your way with ADHD in your home

Two evening workshop for parents of children with focusing challenges and ADHD

Part 1: November 15, 2018

Part 2: November 22, 2018

8:00 p.m. - 9:00 p.m.

Social and Health Services Bldg.
(OTN Machine Webcast Viewing)



ADHD

All families are welcome - webcast is for caregivers, free child care on site is available

Springboard Clinic's Laura MacNiven is hosting a two session online mini-series for parents of ADHD children. In two 60 minute sessions, she will walk you through strategies like "being an ADHD detective, 5 steps to mindful parenting and picking battles before you need to". Offering an opportunity to take stock of where you are, and think about where you are going, these two sessions are designed to help you find new energy and a clearer headspace to take back to your everyday parenting. Multiple family members are encouraged to participate, and this content is suitable for parents with children of all ages. Note: Please set aside 50 minutes to do some reflective work in between the two sessions.

How to Register:

Please call or email to RSVP
(905) 768-1181 Ext. 250
karen.campbell@mncfn.ca

This workshop is free!

*Please RSVP - numbers required for childcare and snacks.
Light refreshments available*

Open Meeting MNCFN Cancer Support Group Thursday, November 1 & 15, 2018

5:00 - 7:00 p.m.

MNCFN Social & Health Services
The Gathering Place (formerly the Teen Room)

It is the intent of the group to gather and distribute resources for all types of cancer, serve as a repository of information for individuals and their families, organize and deliver pertinent workshops and guest speakers, organize and host fundraisers, organize outings/tours/off-site activities, share stories and experience, provide positive group support for individuals and families.

Light refreshments provided.

Cancer Awareness



MNCFN Social and Health Services
Building - Lower Level

2018

AGENDA

- | | |
|-------------------------|--|
| 9:30 a.m. | Registration and Light snacks |
| 10:00 a.m. - 11:00 a.m. | Gestational Diabetes and Cultural Teachings surrounding Pregnancy and Childbirth |
| 11:00 a.m. - 12:00 p.m. | Foot Care Bingo |
| 12:00 p.m. - 1:00 p.m. | Lunch |
| 1:00 p.m. - 2:00 p.m. | Open Discussion on Diabetes and closing/Door Prizes |

THIS FREE EVENT IS OPEN TO ALL * LIGHT LUNCH & REFRESHMENTS DOOR PRIZES



TO REGISTER, PLEASE CALL OR EMAIL:
Laura-Lee Kelly, Community Health Rep,
Community Health Department 905-768-0141,
ext. 241 or email laura.leekelly@mncfn.ca




AFTER SCHOOL SKATING PROGRAM

Starts Wednesday, October 24, 2018
Every Wednesday 4:00 p.m. - 4:50 p.m.
Gaylord Powless Arena Ending March 27, 2018

You may pick up your child/ren up at the arena by 5:00 p.m.

NOTE: If you are picking your child up at the arena, you must inform a Community Support staff prior to leaving or at Social and Health Services parking lot by 5:15 p.m.

Community Support staff will be transporting all After School participants from the school to the arena. Those participants who aren't skating on that day will be supervised off the ice by a Community Support staff.

We look forward to seeing you there!
New Credit Community Members are welcome to come and skate!
ALL SKATERS MUST WEAR A HELMET!

Christmas Basket Registration

8:30 a.m. - 4:30 p.m. daily

Social & Health Services Building

Registration Deadline: November 30, 2018

How to register:

- All applications must be completed at the Social and Health Services building and you must provide proof of income at the time of the application.
- Must be in receipt of Social Assistance (Ontario Works, Ontario Disability Support Program) or be considered low income.

Other Details:

- All applicants must reside in the Mississaugas of the New Credit First Nation Community
- Recipients must be having dinner at their home
- One Christmas Basket per eligible household.

If you require further information, please contact Lindsay Sault or Michelle LaForme at Ontario Works at 905-768-1181



Family Parenting 5 Module Program

Monday evenings

October 22, 29 &

Nov 5, 12, 19, 2018

5:30 pm - 8:00 pm

MNCFN Social and Health Services



TRADITIONAL FAMILY PARENTING
BLENDED FAMILY
HEALTHY RELATIONSHIPS
GRIEF & LOSS
UNDERSTANDING SELF

This is a free program, but space is limited!

Hosted by two certified Addiction Specialists from Native Wind Consulting: Sherri-Lyn Hill & Dennis Fitzpatrick
Please call Pat Jamieson at 905-768-1181 to register



Men's Program



**Every Wednesday evening
from 6:00 p.m. - 8:00 p.m.**

**MNCFN Social Services - Lower Level
469 New Credit Road, Hagersville, ON**

This weekly program is for all men!
Bring your positive attitude and drop in for an evening to share and learn!
Light refreshments will be available.
Childcare is available, please call before 12 pm on the day of program if needed.

Contact Stephanie D. LaForme
at 905-768-1181, ext. 224 for more information.

Women's Sharing Time

Starts September 24, 2018

Every Monday from 6:00 p.m. - 9:00 p.m.

MNCFN Social Services Lower Level

Bring your positive attitude and drop in for an evening to share, learn and create!

This program runs weekly and is for all women!

Information sharing and making crafts to take home.
Light refreshments will be available.

Childcare is available if requested by 12 pm on day of group if required.

Contact Stephanie D. LaForme
at 905-768-1181, ext. 224 for more information.

Preventing Fetal Alcohol Spectrum Disorder

The Issue

Drinking alcohol during pregnancy can seriously harm an unborn baby. Each year in Canada, it is estimated that nine babies in every 1,000 are born with Fetal Alcohol Spectrum Disorder (FASD). The birth defects and developmental disabilities that result from FASD are preventable by avoiding alcohol during pregnancy.

Background

Fetal Alcohol Spectrum Disorder (FASD) is an umbrella term used to describe the range of disabilities and diagnoses that result from drinking alcohol during pregnancy. The impact and effects of FASD vary. Specific birth defects and the degree of the disability can depend on how much alcohol was drunk, how often and when during the pregnancy; they can also depend on the state of health of the pregnant woman. No amount or type of alcohol during pregnancy is considered safe.

It is estimated that in Canada, more than 3,000 babies a year are born with FASD, and about 300,000 people are currently living with it. Research suggests that the occurrence of FASD is significantly greater in Aboriginal populations, and in rural, remote and northern communities. Prevention, identification and intervention efforts are key to improving this situation.

A large number of pregnancies in Canada are unplanned, meaning that a large number of women in the early stages of their pregnancies - not knowing they are pregnant - may use alcohol and unknowingly cause damage.

If you suspect that a family member may have FASD, talk to your doctor about having him/her diagnosed. An early diagnosis can lead to interventions which will minimize the impact of FASD.

FASD is a national public health, education, economic and social concern as those affected suffer a lifelong disability and may need lifelong support. A great deal has been learned about the best way to prevent future births affected by alcohol and how to help those who live with FASD. From 2002 to 2006, the Public Health Agency of Canada (PHAC) funded several projects on

FASD and how to help those who live with it.

Health Effects of FASD

Those who live with FASD may have mild to very severe problems with their health. They may have delays in their development, intellectual problems and problems in their social lives.

Examples of these include:

- learning disabilities, particularly in mathematical concepts;
- difficulty understanding the consequences of their actions;
- depression;
- obsessive-compulsive disorder;
- physical disabilities such as kidney and internal organ problems; and
- skeletal abnormalities such as facial deformities.

There is no cure for FASD. People live with FASD for their entire lives, so early intervention is key to minimizing the disabilities associated with it.

Other effects of FASD

When they hear about the impact of drinking alcohol during pregnancy, many parents or care-givers wonder what to look for, especially if their family members have behavioural or medical problems that don't respond to treatment. Those with FASD may have difficulties such as:

- handling money or telling time;
- thinking things through and reasoning;
- learning from past experiences and not repeating mistakes;
- remembering things like appointments; or
- interacting with other people and getting along with others in a socially appropriate manner; or
- dealing with everyday tasks such as holding a job, buying food or paying rent.

People with FASD may need life-long support to deal with these difficulties.

Secondary disabilities

Diagnosis, particularly an early diagnosis, and an effective management plan for on-going supports can help prevent people with FASD from developing secondary disabilities, such as:

- mental health problems (like depression or obsessive-compulsive disorder);
- dropping out of, or disrupting, school;
- trouble with the law;
- chronic unemployment;
- alcohol and drug problems; and
- homelessness.

If FASD is suspected, it is important that a trained doctor do a medical diagnosis to rule out other medical conditions that might be treatable. Diagnosis also involves a team of professionals who assess the psychological, speech and everyday functioning of the individual. Diagnosis and early intervention and support can help people with FASD lead more productive lives.

Despite their disabilities, people with FASD have many positive qualities and can enjoy very successful lives.

Minimizing Your Risk

FASD can be prevented by following these steps.

- More than 50 per cent of pregnancies are thought to be unplanned, and, in the early stages, most women do not know that they are pregnant. If you are pregnant, or planning to become pregnant in the near future, do not drink alcohol. No amount or type of alcohol is considered safe.
- If you have sex and are not using birth control, avoid drinking alcohol.
- If you are worried about your alcohol use, talk to your doctor, community health nurse, midwife or healthcare provider. Your local public health unit, health centre, Friendship Centre or provincial/territorial Ministry of Health can all provide you with help, information and advice.

In preventing FASD and improving outcomes for those who live with it, no one single organization, community group or government can work alone. It is a complex disability that requires a strong commitment to working together.

Government of Canada's Role

The Government of Canada has initiated many projects to deal with the impact of alcohol use during pregnancy.

In 2003, Health Canada released FASD: A Framework

for Action to guide the development and implementation of collaborative efforts to address the issues associated with FASD. When Canada's Drug Strategy was renewed in 2003, investments helped develop and distribute the diagnostic guidelines and planning tools to guide earlier assessment.

In 2005, Fetal alcohol spectrum disorder: Canadian guidelines for diagnosis was published in the Canadian Medical Association Journal (CMAJ) through support from the Public Health Agency of Canada and the First Nations and Inuit Health Branch of Health.

Health Canada's First Nations and Inuit Health Branch provides community-based programming to reduce FASD births and improve the quality of life for those affected by FASD. Programs include:

- training for community health workers and early childhood educators to increase community awareness;
- helping communities develop local plans to reduce FASD; and
- supporting mentoring projects that pair pregnant at-risk women with community members who have had similar experiences.

Other Government of Canada departments or agencies that have invested in a range of FASD activities include Justice Canada; Canadian Institutes for Health Research; Indian and Northern Affairs Canada; Human Resources and Social Development Canada; and Public Safety and Emergency Preparedness Canada

Need more information? Contact the Community Health Program at the Social and Health Service Department at 905-768-0141.

Referenced from Catalogue # H13-7/17-2006E-PDF ISBN # 0-662-44064-1

© Her Majesty the Queen in Right of Canada, represented by the Minister of Health, 2006

https://www.canada.ca/content/dam/hc-sc/migration/hc-sc/hl-vs/alt_formats/pacrb-dgapcr/pdf/iyh-vsv/diseases-maladies/fasd-etcaf-eng.pdf

SOCIAL SERVICES

November Home & Community Care Calendar

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 LAUNDRY CLIENT CARE	2 EUCHRE	3 SN BAZAAR
5 FOOTCARE CLIENT CARE	6 FOOTCARE WOMENS ALL DAY SHOP Client Care Laundry	7 FOOTCARE LIST SHOP CLIENT CARE	8 MENS ALL DAY SHOP FOOTCARE Client Care Laundry	9 FOOTCARE EUCHRE	10 NC BAZAAR 1030- 230 Comm. Centre
12 CLIENT CARE	13 CRAFT DAY Client Care Laundry	14 LIST SHOP CLIENT CARE	15 SENIORS OUTING Client Care Laundry	16 EUCHRE	17
19 CLIENT CARE	20 CHRISTMAS SHOPPING Client Care Laundry	21 LIST SHOP CLIENT CARE	22 CLIENT CARE LAUNDRY	23 EUCHRE	24
26 Client Care	27 ADULT SOCIAL CLIENT CARE	28 LIST SHOP CLIENT CARE	29 CLIENT CARE LAUNDRY	30 EUCHRE	

Seniors Christmas Bazaar
 Saturday, November 10, 2018
 10:30 a.m. - 2:30 p.m.
 MNCFN Community Centre

DOOR PRIZES
 THROUGHOUT
 THE DAY!!

One Table per registrant. Registrants must
 donate one item from their table to go towards
 the door prizes.

Please call in to either Amanda Snow or Fran
 LaForme to register for a table 905-768-1181

Respected community leader encourages Mobile Cancer Screening Coach services



Turning 50 was a landmark birthday for Mark Sault.

"I quit smoking at 50," said Mark, now 66-years-old. The almost two decades that have followed held other milestones for the Mississaugas of the New Credit First Nation resident, including becoming a respected pipe carrier who acts as a role model and leader in his community.

The pipe was passed on to Mark by the late Dr. Richard Lyon, a Couchiching First Nation band member who died of cancer in 2005. Dr. Lyon was an esteemed elder and pipe carrier who received numerous citizenship and other awards locally, provincially and nationally.

"We were very good friends," said Mark, a retired Anishinaabe educational administrator. "It's an honour to carry the pipe for him."

Mark's leadership roles also include promoting healthy lifestyle choices, such as encouraging men and women in his community to make time for screening tests to check for signs of colon, breast and cervical cancer. Screening can find cancer early, when it's easier to treat.

Colon, breast and cervical screening tests are available from healthcare providers, such as family doctors or nurse practitioners. They are also available on the Mobile Cancer Screening Coach, which makes regular visits to Mississaugas of the New Credit First Nation and Six Nations of the Grand River territories. A team of Regional Cancer Program registered nurses, medical radiation technologists and a booking clerk staffs the Coach.

The Coach offers:

- Cancer risk assessments to determine which cancer screening tests are needed
- Mammograms for women ages 50-74 through the Ontario Breast Screening Program (OBSP)

- Pap tests for women ages 21-69 through the Ontario Cervical Screening Program (OCSP)
- Take-home test to screen for colon cancer, for men and women ages 50-74, through the Colon Cancer Check program (CCC)
- Support to quit smoking

Mark completes the take-home screening test for colon cancer. It involves collecting tiny samples of fecal matter and mailing those samples to a lab for testing. If the test comes back positive, the next step is a colonoscopy for a closer look.

"If you can prevent getting colon cancer, why not take the test?" said Mark, who has never had the test come back positive and continues to take it every two years for prevention/early detection.

"I wouldn't wish cancer on anyone," said Mark, a prostate cancer survivor.

Colon cancer is highly treatable when caught early. In fact, when caught early, nine out of every 10 people with colon cancer can be cured. In its later stages, the outcomes are much worse.

For more information on cancer screening and the Coach, please visit hnhbscreenforlife.ca

Screen for Life

Cancer screening sees what you can't



Have you never had a mammogram done?
Can you not remember the last time you had a pap test?
Come visit us & get screened –
all you need is your **health card!**

MNCFN Community Centre
659 New Credit Rd., Building 4
9:00AM to 3:00PM
Wednesday, November 14th, 2018

*dates and times subject to change

Call to book your appointment today!
☎ 1-855-338-3131 or 905-975-4467


www.hnhbscreenforlife.ca/schedule
 www.facebook.com/screenforlifecoach

Receive a FREE gift when you visit the Coach

SOCIAL SERVICES

Embracing Our New Life

NOVEMBER 14 & 28, 2018

Recurring event every 2nd & 4th Wednesday of each month

1:00 p.m. - 3:00 p.m.

• Social & Health Services - Turtle Room

This group is open to all in recovery or wishing to pursue recovery from addictions. This is a support group open to the community to come feel safe and get supports with addiction.

Light snacks will be provided.

For more information, please contact Michelle Laforme at 905-768-1181, ext. 242 or email Michelle.Laforme@mncfn.ca

HALDIMAND/NORFOLK VICTIM SUPPORT SERVICES

WEDNESDAYS IN NOVEMBER

10:00 a.m. - 2:00 p.m.

BY APPOINTMENT ONLY

MNCFN SOCIAL AND HEALTH SERVICES

A message from Victim Services Haldimand Norfolk New Credit:

"We offer one-on-one assistance to help deal with the problems arising from a criminal or traumatic incident or situation.

Our representatives work closely with community agencies to provide an efficient and comprehensive service to ensure that the needs of each victim are properly met.

We provide Mobile Emergency Response System (MERS) alarms to those at high risk of domestic violence and sexual assault. We provide immediate financial compensation to victims of the most violent crimes for counselling, funeral and emergency expenses through the Victim Quick Response Program (VORP)."

TO BOOK YOUR APPOINTMENT WITH VICTIM SERVICES, EMAIL vshn@victimserviceshn.com

Sports and Recreation

Sports Night - Fencing

Mondays, November 5, 12 & 19, 2018

Sports night is open to anyone 12 years and older

Lloyd S. King Elementary School

6:00 p.m. - 7:00 p.m.

Wear comfortable clothes and bring water
Healthy snacks provided

To register, please call Andrea King-Dalton at 289-527-0009 or email at andrea.king-dalton@mncfn.ca

Program made possible by the Ontario Opportunities Fund

FUTURE INDIGENOUS LEADERS

CALL OUT FOR MNCFN YOUTH - AGES 15-29 YEARS

Prince's Trust Canada (www.princestrust.ca) is co-hosting an event with The Economic Club of Canada (<https://www.economicclub.ca/>) on Tuesday November 13th, 2018 from 11:00 a.m. to 3:00 p.m. entitled: Indigenous Leadership in Canada. The target audience will be young, Indigenous women between the ages of 15 and 29 years old.

The event is being held at the Marriott Downtown Toronto. The young indigenous leaders will have an opportunity to sit with local business and corporate representatives and government officials in a "lunch meeting" setting. There will be a panel of presenters/speakers including: Buffy Saint Marie; Carol Anne Hilton, and Maatalii Okalik. The suggested topics for discussion will be: #MeToo (movement), #MMIW (Murdered and Missing Indigenous Women), Water Quality and Scarcity, Climate Change, and Missing Voices of Indigenous Women in Canada.

There are 20 free spots available to our Youth (chaperones and program administrators will be accommodated outside this number). Transportation will be provided.

If you are interested in the fantastic opportunity, please contact Andrea King Dalton at 289-527-0009 or email andrea.king-dalton@mncfn.ca

Sensible Warrior Kwe - Come and Reclaim Yourself!

Every other Tuesday starting October 9, 2018 and running until December 18, 2018

October 23, 2018 November 6, 2018
November 20, 2018 December 4, 2018
December 18, 2018
6:30 - 7:30 p.m.

MNCFN Sports and Recreation offices
2789 Mississauga Road behind the Community Gym

*Open to women of all ages * Healthy snacks and water provided
* CHILD CARE AVAILABLE! *
Come as you are!*

With the focus of creating a balanced approach to weight loss and active living, the program is for women looking to improve their overall health and well being in a fun supportive environment. You can set individual goals! Come join us twice a month for some you time!

To register, call, text or email Andrea King-Dalton
at 289-527-0009 andrea.king-dalton@mncfn.ca

THIS PROGRAM WAS MADE POSSIBLE THROUGH THE ONTARIO OPPORTUNITIES FUND

Quilting 101 – Table Runner

**Open to all skill levels
Adults only
Learn to quilt a table runner
just in time for the Holidays!!**

Light snacks will be available.

When: Thursday, November 1, 15, & 29, 2018
12:00 - 3:00 p.m.

Where: MNCFN Community Sports and Recreation office
2789 Mississauga Road behind Community Gym

To register, please call, text or email Andrea King-Dalton at
289-527-0009 andrea.king-dalton@mncfn.ca

THIS PROGRAM IS MADE POSSIBLE THROUGH THE ONTARIO OPPORTUNITIES FUND

YOGA

LSK GYMNASIUM

Tuesdays - 5:00 p.m. - 6:00 p.m.
Saturdays - 10:00 a.m. - 11:00 a.m.

No registration is required.
EVERYONE IS WELCOME

Please wear comfortable clothing, bring a yoga mat if you have one and water!

If you require further information, please contact Andrea King Dalton at 289-527-0009

OBITUARY

KING (HILL): Ferne E.
August 18, 1951 - October 17, 2018

Peacefully at home on Wednesday October 17, 2018 with her family by her side, Ferne passed away at the age of 67. A loving mother of Marcy, Art, and Clyde (Fiona). Nana of Ryan, Shani, Holly, Blaze, Ben & Jaden, Artyna, A.J., Jakk, Ray Nimkii, and Harlee. Great Nana of Kayden, Teagan, and Hayden. Dear sister of Darren "Dunks" & Paula, Tony "Balog", Jason "Snake", Dwight "Roger", Earla & Henry, and Johnny & Trisha "Gump". Predeceased by brother Michael "Seek", mother Clara "Geebee" Hill & her partner John Vanderhorst "Dutchie". Also survived by many nieces & nephews, great nieces & nephews, and special friends Joanne Sault, Dean LaForme, Sandra Hill, Ruby Bomberry, and Trudy Jones. She will be lovingly remembered and deeply missed by her family and friends. The family honoured her life with visitation at 227 Chiefswood Road, Six Nations after 2 pm. Friday where funeral service was held on Saturday, October 20, 2018 at 2 pm. Cremation followed. Burial of her ashes will take place at a later date at the family cemetery on Townline. Please join the family for food and beverages at Mississauga of New Credit Social Services Building, Lower Level. www.rhbanderson.com



Mini Bazaar

11am to 4pm

Sun Oct 28th, Sun Nov 11th, 18th and 25th

New Credit United Church Hall

2691 Mississauga Rd., Mississaugas of the Credit First Nation.

South of Caledonia, just outside of Hagersville, ON

Open to the Public. No pets.

Bead and leather work ; yarn creations ; KC Sweets, Saving our Stories, Carla's Cakes and more..., Dancing Moon Holistic ; Alouette and Tupperware vendors.

Hot meal available. Varied pricing.

Also, be sure to check out New Credit and surrounding local businesses at this event:

Nov 16	New Credit Business Showcase, 659	1pm-8pm
Nov 17	New Credit Road, Bldg #4, Hagersville, ON	10am 4pm

BIRTHDAY



Krystara Thomas – Nov 24

Heather Kerst, Henry LaForme, Little Bill LaForme,
Devon Jamieson – Nov 22

Shaye LaForme Nov 28

Wendy LaForme – Nov 30

Wanted

ALL UNWANTED Bikes, Lawnmowers, Lawn Tractors, Boats & Motors, ATV's etc. Please phone John at 905-768-9898.

OPEN JAM Chiefswood Fellowship Saturday, November 17, 2018 1:00 p.m.

506 Fourth Line Road, 5 km. west of
Ohsweken

Six Nations of the Grand River
Door prizes, Silent Auction, Fun,
Food, Fellowship.

Bring a friend and your instrument
and enjoy the best in local talent --
Nashville North.

Potluck Lunch

For more information, please call Phil 905-768-5442



CONTACT INFORMATION

Chief R. Stacey Laforme

905-979-9254

Email: Stacey.Laforme@mncfn.ca

Councillor William Laforme

905-869-5798

Email: BillL@mncfn.ca

Councillor Cathie Jamieson

905-869-5761

Email: CathieJ@mncfn.ca

Councillor Erma Ferrell

905-869-5760

Email: ErmaF@mncfn.ca

Councillor Evan Sault

905-869-5767

Email: EvanS@mncfn.ca

Councillor Larry Sault

905-869-5805

Email: LarryS@mncfn.ca

Councillor Veronica King-Jamieson

905-869-5753

Email: VeronicaK@mncfn.ca

Councillor Stephi L. LaForme

905-869-5763

Email: StephiL@mncfn.ca

DEPARTMENT CONTACTS

Administration:

Phone: 905-768-1133

Consultation and Accommodation:

Phone: 905-768-4260

Education:

Phone: 905-768-0100

Ekwaamjigenang Children's Centre:

Phone: 905-768-5036

Employment and Training:

Phone: 905-768-1181 ext. 223

Housing:

Phone: 905-768-1133 ext. 227

Lands, Research and Membership:

Phone: 905-768-0100

Media and Communications:

Phone: 905-768-5858

Ontario Works:

Phone: 905-768-1181 ext. 225

Public Works:

Phone: 905-768-1133

Social and Health Services:

Phone: 905-768-1181

Sustainable Economic Development:

Phone: 905-768-1133

EMERGENCY CONTACTS

Brandon Hill, Infrastructure Manager:

905 517-7900

Matthew Sault, Infrastructure Assistant:

905 971-2982

Fire Department: 905 318-5932

Police Department (Cayuga): 905 772-3322

Roads Garage: 905 768-1133 ext 243

MNCFN NOVEMBER 2018 EVENT CALENDAR

Date	Event	Location	Time	Page #
1-Nov	Quilting 101	MNCFN Sports and Recreation office	12:00 p.m. - 3:00 p.m.	45
1-Nov	MNCFN Cancer Support Group	MNCFN Social and Health Services	5:00 p.m. - 7:00 p.m.	38
3-Nov	Yoga	LSK Gymnasium	10:00 a.m. - 11:00 a.m.	45
4-Nov	Veteran's Memorial Remembrance Day Service	In the Grove Veterans Monument	10:30 am - 12:00 pm	3
5-Nov	Zumba	LSK Gymnasium	5:00 p.m. - 6:00 p.m.	n/a
5-Nov	Family Parenting 5 Module Program	MNCFN Social and Health Services	5:30 p.m. - 8:00 p.m.	39
5-Nov	Women's Sharing Time	MNCFN Social and Health Services Lower Level	6:00 p.m. - 9:00 p.m.	39
5-Nov	Sports Night Fencing	LSK Gymnasium	6:00 p.m. - 7:00 p.m.	44
6-Nov	Yoga	LSK Gymnasium	5:00 p.m. - 6:00 p.m.	45
6-Nov	Sensible Warrior Kwe	MNCFN Sports and Recreation office	6:30 p.m. - 7:30 p.m.	45
7-Nov	Haldimand/Norfolk Victim Support Services	MNCFN Social Services BY APPOINTMENT ONLY	10:00 a.m. - 2:00 p.m.	44
7-Nov	After School Skating Program	Gaylord Powless Arena	4:00 p.m. - 4:50 p.m.	38
7-Nov	Anishinaabemowin Classes	MNCFN Community Centre Boardroom	5:00 p.m. - 7:00 p.m.	6
7-Nov	Men's Program	MNCFN Social Services	6:00 p.m. - 8:00 p.m.	39
10-Nov	Yoga	LSK Gymnasium	10:00 a.m. - 11:00 a.m.	45
10-Nov	Seniors Christmas Bazaar	MNCFN Community Centre	10:30 a.m. - 2:30 p.m.	42
12-Nov	Zumba	LSK Gymnasium	5:00 p.m. - 6:00 p.m.	n/a
12-Nov	Family Parenting 5 Module Program	MNCFN Social and Health Services	5:30 p.m. - 8:00 p.m.	39
12-Nov	Women's Sharing Time	MNCFN Social and Health Services Lower Level	6:00 p.m. - 9:00 p.m.	39
12-Nov	Sports Night Fencing	LSK Gymnasium	6:00 p.m. - 7:00 p.m.	44
13-Nov	Yoga	LSK Gymnasium	5:00 p.m. - 6:00 p.m.	45
13-Nov	Commemorating the New Credit School	MNCFN Community Centre	6:00 p.m. - 9:00 p.m.	6
14-Nov	Screen for Life Cancer Coach Bus	MNCFN Community Centre	9:00 a.m. - 3:00 p.m.	43
14-Nov	World Diabetes Day	MNCFN Social and Health Services Lower Level	9:30 a.m. - 2:00 p.m.	38
14-Nov	Haldimand/Norfolk Victim Support Services	MNCFN Social Services BY APPOINTMENT ONLY	10:00 a.m. - 2:00 p.m.	44
14-Nov	Embrace Our New Life	MNCFN Social and Health Services Turtle Room	1:00 p.m. - 3:00 p.m.	44
14-Nov	After School Skating Program	Gaylord Powless Arena	4:00 p.m. - 4:50 p.m.	38
14-Nov	Anishinaabemowin Classes	MNCFN Community Centre Boardroom	5:00 p.m. - 7:00 p.m.	6
14-Nov	Men's Program	MNCFN Social Services	6:00 p.m. - 8:00 p.m.	39
15-Nov	New Credit Business Showcase - Career Fair	MNCFN Community Centre	10:00 a.m. - 2:00 p.m.	34
15-Nov	Quilting 101	MNCFN Sports and Recreation office	12:00 p.m. - 3:00 p.m.	45
15-Nov	New Credit Business Showcase - Job Fair	MNCFN Community Centre	4:00 p.m. - 7:00 p.m.	34
15-Nov	MNCFN Cancer Support Group	MNCFN Social and Health Services	5:00 p.m. - 7:00 p.m.	38
15-Nov	ADHD Workshop Part 1	MNCFN Social and Health Services	8:00 p.m. - 9:00 p.m.	38
16-Nov	New Credit Business Showcase	MNCFN Community Centre	1:00 p.m. - 8:00 p.m.	34
17-Nov	Yoga	LSK Gymnasium	10:00 a.m. - 11:00 a.m.	45
17-Nov	New Credit Business Showcase	MNCFN Community Centre	10:00 a.m. - 4:00 p.m.	34
19-Nov	Zumba	LSK Gymnasium	5:00 p.m. - 6:00 p.m.	n/a
19-Nov	Family Parenting 5 Module Program	MNCFN Social and Health Services	5:30 p.m. - 8:00 p.m.	39
19-Nov	Sports Night Fencing	LSK Gymnasium	6:00 p.m. - 7:00 p.m.	46
19-Nov	Women's Sharing Time	MNCFN Social and Health Services Lower Level	6:00 p.m. - 9:00 p.m.	39
20-Nov	Yoga	LSK Gymnasium	5:00 p.m. - 6:00 p.m.	45
20-Nov	Sensible Warrior Kwe	MNCFN Sports and Recreation office	6:30 p.m. - 7:30 p.m.	45
21-Nov	MNCFN Flu Clinic	MNCFN Social and Health Services	10:00 a.m. - 3:00 p.m.	35
21-Nov	Haldimand/Norfolk Victim Support Services	MNCFN Social Services BY APPOINTMENT ONLY	10:00 a.m. - 2:00 p.m.	44
21-Nov	After School Skating Program	Gaylord Powless Arena	4:00 p.m. - 4:50 p.m.	38
21-Nov	Anishinaabemowin Classes	MNCFN Community Centre Boardroom	5:00 p.m. - 7:00 p.m.	6
21-Nov	Men's Program	MNCFN Social Services	6:00 p.m. - 8:00 p.m.	39
22-Nov	Addictions Awareness Event	MNCFN Community Centre	5:00 p.m. - 8:00 p.m.	n/a
22-Nov	ADHD Workshop Part 2	MNCFN Social and Health Services	8:00 p.m. - 9:00 p.m.	38
23-Nov	NFB Series - Hi-Ho Mistatey	MNCFN Community Centre	6:00 p.m. - 8:00 p.m.	6
24-Nov	Yoga	LSK Gymnasium	10:00 a.m. - 11:00 a.m.	45
24-Nov	MNCFN Monthly Gathering	MNCFN Community Centre	10:00 a.m. - 1:00 p.m.	6
26-Nov	Zumba	LSK Gymnasium	5:00 p.m. - 6:00 p.m.	n/a
27-Nov	Lands, Membership and Research Department is closed for staff training			
27-Nov	Yoga	LSK Gymnasium	5:00 p.m. - 6:00 p.m.	45
28-Nov	Lands, Membership and Research Department is closed for staff training			
28-Nov	Haldimand/Norfolk Victim Support Services	MNCFN Social Services BY APPOINTMENT ONLY	10:00 a.m. - 2:00 p.m.	44
28-Nov	Embrace Our New Life	MNCFN Social and Health Services Turtle Room	1:00 p.m. - 3:00 p.m.	44
28-Nov	After School Skating Program	Gaylord Powless Arena	4:00 p.m. - 4:50 p.m.	38
28-Nov	Anishinaabemowin Classes	MNCFN Community Centre Boardroom	5:00 p.m. - 7:00 p.m.	6
28-Nov	Men's Program	MNCFN Social Services	6:00 p.m. - 8:00 p.m.	39
29-Nov	Lands, Membership and Research Department is closed for staff training			
29-Nov	Quilting 101	MNCFN Sports and Recreation office	12:00 p.m. - 3:00 p.m.	45

Oct 13 - Nov 30 Christmas Basket Registration. Social and Health Services Building. 8:30 a.m. - 4:30 p.m. Monday to Friday

4 Traditional Justice for Mississaugas Information Sessions in the MNCFN treaty territory

Tentative dates for remaining information sessions are:

- November 29, 2018 - Woodstock, ON
- January 24, 2019 - Milton, ON
- February 28, 2019 - Mississauga, ON

Members living in these surrounding area who weren't able to make our 2-day conference event can attend any of these events and is also open to all MNCFN members.

If you would like more information, please contact Laura Jamieson via email: ipc.coordinator@outlook.com or Veronica King-Jamieson at 905-869-5753 or by email: veronicak@mncfn.ca

Mississaugas of the New Credit First Nation
2789 Mississauga Road, Hagersville, ON N0A 1H0



www.facebook.com/MNCFN



@mncfn



www.youtube.com/channel/UCLI_99L_p8-aAmCM45EXkgQ

