

EAGLEPRESS NEWSLETTER

Historical Gathering Focuses On MNCFN Role in Shaping Canada



Record numbers of people turned out for the 7th Annual Historical Gathering and Cultural Series.



It was the largest turnout ever at the 7th Annual Historical Gathering and Cultural Series Feb. 15 to Feb. 17, hosted by MNCFN Lands, Research and Membership.

Elder Garry Sault welcomed everyone with a traditional opening and MNCFN Chief R. Stacey Laforme thanked the Creator and youth who did the drumming during

Vision Statement in **Ojibwe:**

the opening.

"The youth are the reason we do everything we do," Chief Laforme said.

The three-day gathering saw guests and visitors from across Ontario, including chiefs and councillors from other Mississauga First Nations.

"It (the gathering) started with the traditional story of the Mississaugas of the New Credit First Nation, but it's grown," said Chief Laforme. "It's about so much more than that - it's about the Anishinabe, the Ojibway, the Mississauga people. (cont'd on pg. 22)



Eaglepress Newsletter

The Eaglepress newsletter is available for download at newcreditfirstnation.com; we encourage members to view the online version rather than subscribing to print to help us care for Mother Earth and save print and postage costs.

The Eaglepress will continue to evolve with new features and information. If you have suggestions for the newsletter, please contact:

Deanna Dunham

Media and Communications Director Office: 905 768-5858 Email: deanna.dunham@newcreditfirstnation.com



Chief R. Stacey Laforme and Carolyn King met with artist Hadley Howes about an awareness project in the city of Mississauga.



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MESSAGE FROM THE CHIEF

Message From Chief R. Stacey Laforme

Aanii!

It was a pleasure to welcome guests from across Canada and beyond to the 7th Annual Historical Gathering and Cultural Series. We are very proud of this event which builds awareness of MNCFN and broader Indigenous issues.

The most populous area of Canada, including its largest city, lies within the treaty lands and Territory of the Mississaugas of the Credit. This places us in a prime position to effect real change in the way non-Indigenous people relate with Indigenous people. It is an opportunity we cannot ignore.

At the Historical Gathering guests from other First Nations, the provincial and federal governments, conservation groups, tourism organizations, educational institutions, and private business came to MNCFN to learn about our people. It was an honour to host our guests and we recognize the steps they took toward reconciliation by joining us.

Speakers used this opportunity to educate our guests on MNCFN history including information on our treaties, territory and community.

We also spoke about issues affecting all First Nations. MNCFN member Nancy Rowe informed guests of the tragic fact that 40 Indigenous babies per month are taken from Manitoba hospitals by Child Welfare Services. Videos of these presentations will be available online through MNCFN's YouTube channel.

Members of Council are also working toward reconciliation throughout our territory. We are working with Toronto City Council on the raising of Indigenous flags at Nathan Phillips Square and are exploring the feasibility of an Indigenous District in the city.

As the host First Nation of the Invictus Games and North American Indigenous Games we are building





Chief Laforme speaks to students at LSK Elementary about his feather bonnet.

awareness of the contributions Indigenous people have made and continue to make in military conflict and sport. We also continue to meet with conservation and community groups such as the Oakville Community Foundation on truth and reconciliation.

We continue to be actively involved in advancing human rights. I spoke to thousands at the rally against Islamophobia in Toronto and we supported the Vigil for Missing and Murdered Woman in Hagersville in February. Miigwetch to everyone who participated.

In March, the entire staff of the Ontario Human Rights Commission will visit MNCFN to learn about our community and Indigenous peoples. Seneca College students will also be welcomed here in March.

As we improve the lives of our members at home through wealth creation, education, social programs, and infrastructure improvements, we are also proud of the positive and measurable impact the Mississaugas of the New Credit are having throughout our treaty lands and across Canada.

Chi Miigwetch Chief R. Stacey Laforme

CULTURE & HISTORY

Let's Learn Anishinaabemowin: Spring words...

Clover -	nesoobgak

Green - shaawsko

Gold - ozaawa-zhooniyaa

Lucky - debizi

Daylight - biidaaban

Sun - giizis

Springtime - mnookmig

Flowers - waabigwan

Bloom - baashkaabigwanii

Tree - mitig

Buds - zaagibagaa

Leaf - aniibiish

Bugs - manidoonsag

Weather warms up - abaatemaged

Melt - ningidemagad

Historical Tidbit By Darin Wybenga

The 1884 Rules and Regulations of the Mississaugas of the Credit was a set of by-laws designed to promote good government among the people of the community.

Interestingly, by-law #12 was the longest by-law in the regulations and focused attention on education at New Credit.

Besides dealing with the usual rules for operating a school such as the responsibilities of teachers, the role of trustees, and the conduct of students, the bylaw also provided rewards for parents and guardians that encouraged the diligent attendance of their children at school.

For each child that attended school for 200 days of the school year the parent would receive \$4.00, for each child attending 150 to 200 days-\$2.00, and for each child attending 100 to 150 days-\$1.00.

for their attendance with the student having the highest attendance during the year receiving \$5.00, the student with the second highest attendance - \$4.00, and so on with the student holding the fifth highest attendance receiving \$1.00.

Not only was good attendance rewarded, but so was academic ability. Prizes were awarded in the following subject areas: reading, spelling, writing, arithmetic and geography.

Based on exam results the highest scoring person in each subject area would be awarded \$1.00, the 2nd highest would receive \$0.50, and the 3rd highest would earn \$0.25.

Good conduct by the students was also rewarded as prizes ranging from \$1.25 to \$0.25 were awarded to the top five students with the best deportment.

Not to be left out, students were also awarded prizes

CULTURE & HISTORY

Mural at LSK Elementary School Tells Story of the Mississauga People

The mesmerizing mural spans three walls in the library of LSK Elementary School.

The storied history contained therein is so complex, it takes a person knowledgeable about the history of the Mississauga people to explain all the symbolism in it.

One of those people is Carolyn King, a member of the MNCFN cultural committee and former MNCFN Chief.

"It's what we call our Creation story," said King.

Three artists teamed up to create the magnificent piece: Phillip Cote, Rebecca Baird and Tracey Anthony.

The secondary students - aspiring artists who assisted were Eric Laforme, Rachele King and Jocelyn Hill.

"On the left-hand of the mural is the traditional story of our creation," says King.

The middle wall represents the modern-day and the third wall is about "our revitalization and our future," she said.

The future wall depicts the Great Lakes, and in various spots around southern Ontario, sea shells are strategically placed.

King said, "The shells identify special places, special things that have happened. All these elements have a teaching and it takes a couple of hours to go through the whole thing."

She said, "The whole purpose of this mural is our youth going through this school will get an understanding of who they are; their culture and traditions; what's happening to their community, and they'll go out into the world - they'll know this was part of their life."

The first part of the mural explains the creation of humankind.

"Every people in their belief system has a Creation sto-





The mural at LSK Elementary School takes viewers through a visually stunning history of the Mississaugas of the New Credit people.

ry," said King.

"Man was made in our world from darkness; from the seven fires of Creation," she said.

Man was the seventh and final fire of creation, she said.

The mural also depicts seeds, animals, and humans commingling together.

"All of our life is connected," said King. "Everytime we do one thing, something else is impacted. All things are connected on this earth."

In the making of man, said King, the Creator blew into a megashell and created man and gave him the responsibilities to walk the earth and name everything.

The man and the wolf were given the responsibility to walk the earth and learn about things, she said.

The mural goes through time as the colonizers came and implemented residential schools. It depicts the move of the Mississaugas of the Credit people from the Credit Valley to its present-day location in Southern Ontario.

It depicts the men fighting in WW1 and WW2, living in modern times and the youth sitting with an Elder, learning about their ways and guiding them into the future.

POLITICS & GOVERNANCE

Aboriginal Title Claim to Waters Within the Traditional Lands of MNCFN



In September of 2016 the Mississaugas of the New Credit First Nation filed an Aboriginal Title Claim to Waters within the Traditional Lands of the Mississaugas of the New Credit. This claim was discussed with MNCFN members and their immediate families at the February 25th MNCFN Monthly Gathering. Members are encouraged to provide their input to chief and council.

The Mississaugas of the New Credit First Nation asserts that we have unextinguished Aboriginal title to all water, beds of water, and floodplains contained in our 3.9 million acres of treaty lands and Territory. There is no mention of water in any of the Treaties between the Mississaugas of the Credit First Nation and the crown but for surrender #23 which we allege is invalid. mains committed, as we have been for generations, to utilizing, protecting and caring for the waters in a holistic way that promotes continued sustainability. Our people continue to revere water as a spiritual being that must be accorded respect and dignity.

As stewards of the lands and waters, we advocate for a healthy environment for the people and wildlife that live within our treaty lands and territory. We want to maintain and strengthen positive relationships with the people who share our treaty lands and territory.

Please visit newcreditfirstnation.com to view MNCFN's Aboriginal title claim to waters within the Traditional lands of the Mississaugas of the New Credit.

The Mississaugas of the New Credit First Nation re-

POLITICS & GOVERNANCE

MNCFN Eyeing Indigenous Business District in Toronto

The Mississaugas of the New Credit First Nation is on a journey toward economic self-sufficiency. Wealth creation, in the form of developing own-source revenue, will allow for the improvement of the overall holistic well-being of our First Nation.

Our outlook and ambition in the area of economic development is driven by the desire to provide a better future economically, culturally, and socially for our members, both current and those of the next seven generations.

Wealth Creation is a catalyst to seeing positive change happen for our First Nation. It is one of the seven key pillars that were identified in the strategic plan for MNCFN; however, wealth creation is more like a tower of strength.

As the anchor and critical core, the wealth creation pillar is responsible for not only supporting the other strategic pillars but responsible for setting the foundation for the growth of our First Nation overall.

Each one of us, including you, has many innovative ideas for new projects, programs and services, or suggestions for improvements that we would like to see happen.

Maybe you would like to see all MNCFN students receive funding for college and university every year, regardless of priority or geographic location. Maybe at some point in the future you would like to see a clinic that focuses on mental health research and initiatives. The



reality is that we need the resources to bring those ideas to life.

Allowing ourselves to participate in the business world will generate revenue for our First Nation that can be used to realize our ideas and improve our surroundings.

Chief and Council recognizes the need to be active in the business environment and maximizing the potential in opportunities that present themselves. Acknowledging that we needed to start somewhere, Chief and Council along with our consultant, *Deloitte*, spent three days in a "Wealth Creation Lab" going through a series of exercises focused on identifying opportunities in different industries. This resulted in the discovery of 41 opportunities in 11 industries, from green energy to retail. ing our options. Eleven industries were filtered through a set of criteria to identify the top four. Within those industries, we have started to capitalize on specific opportunities. Among these opportunities under review is the creation of an Indigenous Business District in downtown Toronto.

Ongoing updates and information will be provided on our web site and future issues of the newsletter.

-Miigwetch Casey Jonathan Chair, MNCFN Economic Development Committee

From there, we began prioritiz-

POLITICAL GATHERINGS

Chief and Council regularly participate in meetings and other gatherings to further MNCFN objectives. Below is a list of meetings that members of council have attended from Jan. 23 to Feb. 17, 2017.



Election Code of Conduct Review Jan. 23 CLJ, MS, ES, VKJ, CJ, SL, RSL

Major Events Committee Jan. 25 SL, ES, CJ

Wealth Creation Kick-off Part 1 Jan. 23 CLJ, SL, MS, ES, RSL

Regular Council Jan. 23 CLJ, VKJ, SL, MS, ES, CJ, RSL

Strategic Plan Review Jan. 24 CLJ, VKJ, MS, ES, CJ, SL, RSL

Indigenous Knowledge Keepers -**GNB** Committee Jan. 24 CJ

Negotiations Team Meeting Jan. 25 CJ

ITC Meeting Jan. 25 MS

Wealth Creation Meeting Jan. 26 SL

Alternative Roots Funding Meeting Jan. 26, Feb. 9 VKJ, CJ

Meeting with Social & Health Services Jan. 27 VKJ

Treaty and Aboriginal Rights Committee Jan. 27 CLJ, MS, CJ

Chief R. Stacey Laforme met with German **Consul General** Peter Fahrenholtz.

Wealth Creation Jan. 27 CLJ, RSL

Monthly Gathering Jan. 28 CLJ, VKJ, SL, MS, EF, CJ, ES, RSL

Executive Finance Council Jan. 30 CLJ, VKJ, SL, MS, ES, CJ, RSL

NAIG Volunteer Committee Meeting Jan. 30 VKJ, SL

POLITICAL GATHERINGS





Councillor Evan Sault and community members discuss the Indigenous Business District in Toronto at a community meeting Jan. 31.

Indigenous Business District Community Meeting Jan. 31 VKJ, CJ

Wealth Creation Kick-off Part 2 Jan. 31 CLJ, SL, EF

City of Brantford - City Council Meeting Jan. 31 MS

Major Events Committee Feb. 1 VKJ, SL, ES, CJ

Historical Gathering Planning Committee Feb. 1 MS

Brant FACS Meeting Feb. 2 VKJ Ganawenjigejik Niibi Bemaadiziwin Committee Meeting Feb. 3 CJ

Water Committee Meeting Feb. 3 CLJ, MS

Wealth Creation Feb. 3 CLJ, SL

Infrastructure & Development Council Feb. 6 CLJ, VKJ, SL, MS, ES, CJ, RSL

Hamilton, Halton, Brant Regional Tourism Association Meeting Feb. 7 VKJ

NAIG Meeting Feb. 7 VKJ, ES Major Events Committee Feb. 7 VKJ, ES

INAC Conference Call Re: Waterline Feb. 7 CLJ, SL, RSL

INAC Conference Call Re: Economic Development Feb. 7 CLJ

Patient and Family Advisory Committee at West Haldimand General Hospital Feb. 8 MS

MNCFN/Deloitte Meeting Feb. 8 ES, RSL

POLITICAL GATHERINGS

MNCFN/Toronto Relationship-Building Feb. 8 ES, RSL Wealth Creation Meeting Feb. 14 CLJ

Canada 150 Planning Meeting Feb. 8 ES, RSL

Truth and Reconciliation Planning - Education Meeting Feb. 9 CJ

LSK School Hockey Tournament Feb. 10 MS, ES

Meeting with local radio stations, Elders and fire keepers Feb. 10 VKJ

Wealth Creation Meeting Feb. 10 CLJ

MNCFN/CNE Relationship-Building Feb. 10 ES

MNCFN/CN Rail Feb. 10 ES

Education and Social Services Council Feb. 13 CLJ, VKJ, SL, ES, CJ, RSL

Provincial Government Meeting on Water Claim Feb. 13 MS, RSL Wealth Creation Meeting Feb. 17 CLJ, SL Meeting with German Consul

Meeting with German Consul General Feb. 17 RSL

Legend

RSL - Chief R. Stacey Laforme CLJ - Councillor Casey Jonathan CJ - Councillor Cathie Jamieson EF - Councillor Erma Ferrell ES - Councillor Evan Sault MS - Councillor Margaret Sault SL - Councillor Stephi LaForme VKJ - Councillor Veronica King-Jamieson





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COUNCIL MEETINGS

Regular Council January 23rd

Community Trust

The community trust agreement, as amended on September 24th, 2015 was approved for Council signature.

Communications Plan for Radio

The Media and Communications Director was directed by Council in December to present a communications strategy regarding CKRZ and Jukasa radio. A plan was presented and noted that it would be revised as part of the overall MNCFN communications strategy.

Regular council determined that this was an administrative issue and would be determined by the Media and Communications Department.

Executive Finance Council January 30th

Ontario Sport and Recreation Communities Fund

Council authorized Chief Laforme to sign an application form for the Ministry of Tourism, Culture and Sport – Ontario Sport and Recreation Communities Fund. If the grant application is successful, MNCFN Social and Health Services will administer the project.

Monthly Gathering Agenda

The February, 2017 monthly gathering agenda was approved with the reduction of the Water Claim presentation to 15 minutes with the remainder of the meeting dedicated to the 7th pillar of the strategic plan.

New MNCFN Website

The Media and Communications Director (MCD) provided Council with an overview of the new MNCFN website. Councillors were directed to set up individual meetings with the MCD to review in detail.

Audit Proposals

MNCFN Executive Finance Council authorized a request for proposals for external audit services to be sent to at least three audit firms.

Salary Impact Report

Direction was given to the human resources manager to prepare a salary impact report to council on approved changes to the various salary grids and positions over the course of the current fiscal. A total of 8 new positions were created: 1 in consultation and accommodation, 1 in media and communications, 1 in education, and 5 custodial positions in public works. Council acknowledged the report.

Sharing Our Land

The Six Nations Lands and Resources Department invited 2 MNCFN representatives to "Sharing the Lands II", a gathering for the First Nations communities within Southern and Central Ontario. The goal of the meeting is to continue to educate each other on territorial lands and to decipher and create a digital map of the overlapping land interests and to strategize opportunities for working together in these overlapping lands. MNCFN Executive Finance Council assigned the Director of Accommodation and Consultation and Councillor Margaret Sault to attend the event on March 1st and 2nd.

Set Funding to Block Funding BCR

A band council resolution is required in order for MNCFN to transition from a set funding model to a block funding model as it relates to Health Canada, First Nations and Inuit Health Branch dollars, effective April 1, 2018.

Items Requiring Immediate Attention

A motion is required in order to authorize MNCFN Public Works to proceed with obtaining quotes to address the immediate issues associated with MNCFN assets. Immediate issues include furnace replacement in the Library, Education Building, and Church Dining Hall; removal of the existing chimneys in on the old council house and overall maintenance on other buildings.

Lunch & Learn

Tuesday, March 21st, 2017 12:00 – 1:00 PM Social & Health Services (Lower Level) Come enjoy lunch with us while we learn and discuss nutrition!

> Light lunch provided! Bring your feast bag if you have one!

Contact Leslie to register as limited space is available - (905)768-0141

MNCFN



Saturday, March 25, 2017 10:00 am - 1:00 pm **MNCFN Community Centre** 659 New Credit Road, Building #4

Toronto Purchase Trust

Hot Lunch Provided Please bring a non-perishable food item for donation to a local food bank. Miigwetch!

Traditional Family Parenting Program March 1st, 8th, 16th, 22nd, 29th, 2017 5:30 pm - 9:00 pm Social and Health Services (Teen Room)

New Credit Family Support Unit is offering this 5 module program on Traditional Family Parenting.

Open to all parents, grandparents, aunties and uncles! Light supper and snacks provided. Bring your feast bag if you have one!

Childcare available if you call by 4:00 pm the day before program.

Contact Leslie Sault to register at 905-768-0141

OUTREACH

MNCFN Outreach Activities



Chief Laforme drew a wide round of applause as he spoke about

Unitarian Universalist Congregation Date: Jan. 22 Location: Hamilton Councillor Margaret Sault spoke to the congregation.

Canadian Council for Aboriginal Business

Date: Feb. 2 Location: Toronto Chief R. Stacey Laforme welcomed guests to the gala which was also attended by Councillors Stephi Laforme and Casey Jonathan.

Chief Speaking at Osgoode Hall

Date: Feb. 3 Location: Toronto Chief R. Stacey Laforme addressed a crowd of students at Osgoode Hall law school.

Rally Against Islamophobia

Date: Feb. 4, 2017 Location: Toronto Chief R. Stacey Laforme attended a rally denouncing Islamophobia and spoke about peace and acceptance. Institute of Public Administration Leadership Conference Date: Feb. 6 Location: Toronto Chief R. Stacey Laforme spoke on a panel on Truth and Reconciliation: our role, as an individual and as an organization.

APTN Airs MNCFN Claims Process Story

Date: Feb. 10 Location: Toronto and MNCFN The piece brought attention to issues with the claims process.

What's Left of Us

Date: Feb. 11 Location: Woodland Cultural Centre, Brantford Councillors Veronica King-Jamieson and Cathie Jamieson attended a performance of "What's Left of Us" at the Woodland Cultural Centre.

We Are All Treaty People

Date: Feb. 13 Location: Oakville Chief R. Stacey Laforme spoke on Truth and Reconciliation, with famed Inuit singer Susan Aglukark. Hosted by Oakville Community Foundation.

OUTREACH

MNCFN Outreach Activities





Chief R. Stacey Laforme spoke at "We Are All Treaty People" with renowned singer Susan Aglukark.





Chief R. Stacey Laforme spoke at Osgoode Hall law school Feb. 3.

Employment Opportunities

Casual Custodian

Cares for the Mississaugas of the New Credit First Nation's buildings and equipment to ensure the health, safety and security of the public and staff by performing custodial duties, minor maintenance and other miscellaneous duties in order to ensure that the Mississaugas of the New Credit buildings and facilities are maintained in a healthy, safe and sanitary manner.

Casual/on-call Reception Relief

Provide central reception to staff, Council and guests at the Band Office. Maintain the reception area, mail room and communications room (logging incoming/ outgoing mail, distributing mail to relevant departments).

Closing Date: Open Call

Closing Date: Open Call

Casual Worker - Public Works

Duties may include, but will not be limited to: lawn maintenance, building and/or rental unit cleaning and/ or maintenance, snow removal, water meter reading, etc.

Closing Date: March 31, 2017, 4:00 p.m.

Casual Supply Teacher

The teacher is responsible for ensuring that each child has an opportunity to reach his/her maximum potential through the creation and implementation of suitable programs and teaching styles to meet individual student needs. The teacher will treat all students in a fair and equitable manner. The teacher will adhere to the Ontario College of Teachers Foundations of Professional Practice, including Ethical Standards for the Teaching Profession, Standards of Practice for the Teaching Profesion and the Professional Framework for the Teaching Profession. A copy of detailed job descriptions may be obtained at the MNCFN Agimaw Gamig Administration Building or via email at Kerri.King@newcreditfirstnation.com.



Every Tuesday Evening 5:00 – 6:00 PM Lloyd S. Hing Elementary School – Gym Drop in for a relaxing and great workout! Contact Leslie or Fanice at 905-768-0141 for more information!

Closing Date: Open Call

CONSULTATION & ACCOMMODATION

New Traffic Lights Coming to First Line and Hwy. 6



During the 2017 year, the Ontario Ministry of Transportation (MTO) will commence work on the installation of a traffic light at the intersection of Hwy #6 and First Line road.

Highway 6 will be widened at the intersection to allow for turn lanes and medians will be installed in the centre of Hwy 6, one each on the north and south sides of First Line. (See photo as a reference).



We are seeking more details from MTO, i.e. – work schedule, potential service interruptions, potential traffic disruptions, etc.

To date, MTO has not been able to say with certainty when the actual traffic light will be installed; nonetheless, we have been told that work will begin in 2017.

The Department of Consultation and Accommodation will keep the community members informed as more information becomes available.



DOCA anticipates construction will begin on the busy intersection in 2017.

Education Updates Dates to Remember

Lloyd S. King Elementary School

Mar. 1st-Grade 5/6-Curling & Bowling Mar. 2nd-Grade 4/5-Taquanyah Nature Centre Mar. 6th-Grade 1/2 & 3-Westfield Heritage Centre Mar. 7th-Grade 5/6-Backus Conservation Centre Mar. 10th-Grade 3-Backus Conservation Centre Mar. 13th-17th-March Break Mar. 22nd-Grade K-3-Dream Catcher & the Seven Grandfathers Play Mar. 23rd-Chicopee Tube Park-All Grades Mar. 24th-K-Magnet Workshop Mar. 30th-Future Aces in Toronto

Hagersville Secondary School

Mar. 9th-Interim Report Cards Mar. 10th-Black Light Dance - period 3 & 4 Mar. 13th-17th-March Break Mar. 22nd-Parent/Teacher Interviews – 6 PM Mar 30th-Ontario Secondary School Literacy Test (OS-SLT)

Post-Secondary

The deadline for fall/winter start is April 30th. Students

Lloyd S. King Elementary School Public Speaking Winners

Congratulations to the LSK students for the wonderful effort on their speeches. The following students won for their divisions:

Primary Division:

1st Place: Clayton Jacobs/Grade 3 -"Guitars" 2nd Place: Grace Martin/Grade 2 -"Hockey"

Junior Division:

1st Place: Shantel Sault/Grade 6 - "Global Warming" 2nd Place: Brianna King/Grade 5 - "I Don't Want to do a Speech"

Intermediate Division:

1st Place: Dana Sault/Grade 8 - "Managed Alcohol Program"

2nd Place: Lauren Porter/Grade 7-"Chernobyl Disaster"

must submit a new application each year. The applications are on the Mississaugas of the New Credit website or one can be mailed or emailed by contacting the education department at (905) 768-7107.

The deadline for applying for the MNCFN 2016 graduation award is March 30, 2017. If you graduated in 2016 from the elementary, high school, college or university level; contact the education department or send in the application along with a copy of your status card and a copy of your diploma or final transcript that states you graduated in 2016 to apply.

The Community Discussion on Education will be held on March 4th from 9am to 4pm at the Community Centre. Open to MNCFN parents/guardians, students, grandparents and community members. Scheduled topics are: First Nations Vision, First Nations Principles, First Nations Education Standards and Funding Allocation Methodology.

Lunch will be provided! Door prizes to be won! Call Education for more info 905-768-7107.



Segment D – Funding Allocation Methodology Lunch to be provided! Door Prizes to be won! For more information,

contact the Education Department at 905-768-7107.

EDUCATION

Congratulations MNCFN Grads - 2016!

Dominic Baillie Mackenzie General Sean Herkimer Kendra Hill Hunter Kerst Brett LaForme Xylem LaForme Arielle MacDonald Roma Mare Caleb Martin Greg Porter Andrew Reid Nathaniel Sault Isaac Sawyer Hunter Tóbicoe Natasha Truckle

Cody Bushell Jamés Campbell Abby La Chapelle Alex Dalton Matthew Dolan Denielle Gouthro Andrew Hartsgrove Autumn Henry Karissa Johnson Zachary LaForm Holly LaForme Zachary LaForme Jennifer Lankester Cody McLellan Taylor Myke Nýkolyná Sault Quintón Sault Benny Sawyer Victoria Spidel Angelica Taylor Levi Watson Hayley Watson

Julia Bomberry Jade Bonham Katharine Dalton Alysha Greene Alicia Hartsgrove Brooke Henderson Jason Herkimer Daniel King Ryan King-Augustyniak Lacey King-Smith John LaForme Alicia Moffat Rebecca Rosselli Samantha Rowe Angela Sault

Rachel Urquhart-Secord

Elementary

Lloyd S. King Elementary School
Lloyd S. King Elementary School Westlynn Public School
Westlynn Public School
Lloyd S. King Elementary School
Lloyd S. King Elementary School
Lloyd S. King Elementary School
Lloyd S. King Elementary School
Lloyd S. King Elementary School
Park Lawn Junior Middle School
Lloyd S. King Elementary School
Lloyd S. King Elementary School
Lloyd S. King Elementary School
Lloyd S. King Elementary School
Lloyd S. King Elementary School
Llovd S. King Elementary School
Waterford Public School

High School

High School Tollgate Technological Skills Centre Hagersville Secondary School Delhi District Secondary School Holy Trinity Catholic High School Dunnville Secondary High School St. Catharines Collegiate Institute Grand Erie Learning Alternatives Turning Point Alternative Education Hagersville Secondary School Central Dufferin District High School Hagersville Secondary School Granite Ridge Education Centre Granite Ridge Education Centre Holy Trinity Catholic High School Hagersville Secondary School Hagersville Secondary School Hagersville Secondary School Central High School Grand Erie Learning Alternatives Hagersville Secondary School St. Michaels School

College Conestoga College Grand Health Academy Mohawk College Mohawk College Georgian College Georgian College Mohawk College Niagara College Liaison College Mohawk College George Brown College Trillium College Niagara Career & Technical Education Centre Seneca College Fanshawe College

Post Graduate The University of Sydney

New Credit, ON Toronto, ÓN New Credit, ON Waterford, ON

Brantford, ON Hagersville, ON Delhi, ON Simcoe, ON Dunnville, ON St. Catharines, ON Brantford, ÓN Hamilton, ON Hagersville, ON Shelburne, ON Hagersville, ON Hagersville, ON Waterford, ON Sharbot Lake, ON Simcoe, ON Hagersville, ON Hagersville, ON Hagersville, ON Ancaster, ON Brantford, ON Hagersville, ON Victoria, BC

Kitchener, ON Hamilton, ON Hamilton, ON Hamilton, ON Barrie, ON Orillia, ON Hamilton, ON Welland, ON Brantford, ON Hamilton, ON Toronto, ON St. Catharines, ON Medina NY Toronto, ON London, ON

New South Wales, AU

EMPLOYMENT & TRAINING



ATTENTION JOB SEEKERS

Are you looking for employment and training opportunities? We're here to help! Complete the Mississaugas of New Credit

Employment and Training intake form on Higher/Me and a representative will be in touch to discuss your employment goals.

By completing the intake form on HigherMe, you'll be added to our 'talent pool' where algorithms will be created to connect you with opportunities for employment positions advertised by Canada's top businesses!

to complete an intake assessment, text
MNCET
to
+1647-556-6220
Higherine.com



Community Kitchen Thursday March 16, 2017, 1:00 - 3:00 PM Social & Health Services (Lower Level)

Community Kitchen is a great program for anyone who would like to eat healthier or who would like to learn how to cook.

Healthy eating is a prevention for diabetes! Come out to learn new recipes and tips for cooking, to share your knowledge with others and try something new! Please bring a container so you can take your delicious, healthy meal home.

To register or for more information contact Leslie Sault at (905)768-0141 **Employment and Training Seeking Input on Survey**

AKE OUR SURVE

Take 10 minutes to complete our survey and be entered into a draw to win \$500

WIN

Requirements:

Participants must be New Credit band members. Survey must be fully completed and signed. Previously completed the survey? Update your survey and you will also be entered into the \$500 draw. Must be 18 years of age or older

Surveys must be received by March 31, by 4:00 pm. Phone: (905) 768-1181 ext. 223 Email: michele.king@newcreditfirstnation.com http://www.newcreditfirstnation.com/newsevents

Principal Goal:

To establish and continuously update a database that reflects the education and employment experience of the Mississaugas of the New Credit First Nation (MNCFN) band members. What is this for?

The information helps MNCFN to better understand the skills, education and training that members have to offer. This helps to plan for future economic development opportunities. Why should I do it? This is a chance to show your skills and abilities to help grow your community.

This may lead to new training and employment opportunities for you. Where does the information go?

Your personal information stays at Employment and Training and it will not be released without your consent.

Who sees the information? Only those authorized by the Chief and Council will see the information. When is the draw?

The draw will take place on April 3rd.

Where do I get a survey?

Online at http://www.newcreditfirstnation.com/newsevents Request a copy of the survey by contacting michele.king@newcreditfirstnation.com

Wellness Group

Tuesday March 7th, 2017 1:30PM – 3:00PM, 6:00PM – 7:30PM Social and Health Services (Lower Level)

This group is open to everyone who wishes to increase their knowledge of diabetes. Diabetes effects everyone in different ways. Sharing experiences/ knowledge is most welcome! Join us as we learn how to read nutrition labels and how to plan menus! Light refreshments will be available.

Childcare can be arranged for the evening session with 24 hour notice. Please contact Leslie at 905-768-0141 for more information.

EMPLOYMENT & TRAINING

EKWAAMJIGENANG CHILDREN'S CENTRE

Gaa Kiin Oohmawaag (And this is how learning happens...)

Three buckets were sitting on the table with different items inside. Nevayah picked up the bucket with the clothes pins in and sat on the floor with it.

She picked up a clothes pin and laid it on the floor; she then picked up four more clothes pins and laid them on the floor beside each other. She then picked up another clothes pin from the bucket and slid it over the edge of the bucket. Sienna was watching her.

She slid another clothes pin over the edge and Kennedy came and sat beside her and also started placing the clothes pins over the edge of the bucket. Sienna reached from where she was picked up a clothes pin and looked at it and placed it over the edge of the bucket.

The girls continued putting the clothes pins over the bucket edge until there was no more room. Sienna then grabbed another bucket and continued placing the clothes pins she had in her hand over the edge of the new bucket.

Kennedy and Nevayah removed all the clothes pins from the first bucket and started all over again. The





Nevayah, Sienna and Kennedy are great friends from Preschool One.

children worked together with the same goal. They used their eye-hand coordination skills in this activity while they explored the objects and how they work.

Ojibwe Words for February

Love-gii-zaagin (key-zak-in) Heart-ode (o'day) Red-miskwaa (miss-k-wah) February-Namebini Giizis (Numb-eh-bin-I Key-zis) Friend (female)-niijikwe (knee-jii-kwe) Friend (male)-niijikiwenh (knee-jii-key-way)



HOUSING

MNCFN Housing Internship Program

The MNCFN Housing Department is helping Indigenous youth gain valuable work experience and a sense of accomplishment and self-esteem with its Housing Internship Initiative for First Nations and Inuit Youth (HIIFNIY).

HIIFNIY is a youth employment initiative providing work experience and on-the-job training for First Nations and Inuit youth.

The goal of the program is to assist youth in pursuing long-term employment in the housing sector.

MNCFN Housing is actively involved in the program, with two current interns who are learning the ropes from Housing Program Director Lorraine LaForme and Technical Resource Manager Raymond Hill-Johnson.

Some of the work the interns have been assisting with include housing applications, drafting letters, invoices, payments and even a bit of budgeting.



LaForm interns Alicia Sault and Thomas and Rav mond Hill Iohnson.

"It's a big help," says LaForme. "I can focus on a lot of other stuff."

She said the youth feel a sense of satisfaction from having a job they can take pride in.

"They're proud they've got a good job. It's a really good program."

Updates and tips from the **Technical Resource Manager**

Preventing Mould

Since we are now in the midst of winter, now would be a good time to identify and manage moisture in your house. One way is to ensure your eavestroughs and downspouts are in place to get water away from the foundation/basement.

Other tips: make sure the bathroom and kitchen fans are working and clear to exhaust inside air; cover boiling pots; repair leaky pipes; wipe and wrap un-insulated pipes; replace caulking around windows and doors where it is cracked; and avoid hanging clothes in the house to dry them.

Vent the clothes dryer to the outside and check the piping is not blocked.

Store items in your basement with plastic bins with lids, instead of cardboard boxes.

Keep your basement tidy and move items more to the centre of the room to keep air moving freely around them.

Keep baseboard heaters and vents clear.

These are just a few things to be aware of, with the focus on keeping the air moving in your house.

LANDS, RESEARCH & MEMBERSHIP

Record Turnout at 7th Annual Historical Gathering

I think our future lies in the recognition that the Anishinabe people are a nation of people just as the Mississaugas are a nation underneath that. We truly care for all indigenous people all across this land."

Grand River Conservation Authority board member and Mayor of North Dumfries Township Sue Foxton brought greetings from the board.

The gathering focused on MNCFN; their lands, their water, their people and their role in shaping Canada over the past 150 years - pre-confederation, confederation, and post-confederation.

Various notable speakers educated audience members in the areas of culture, history, constitutional law, Anishinabe governance, women's roles, the environment, wampum belts, treaties, archaeology, and land claims.

The first two days were capped off with a tour of the wondrous and colourful mural adorning the walls of LSK Elementary School library. MNCFN volunteer and former Chief Carolyn King took event participants on a walk back through time as she explained the symbolism behind the mural and how it tells the story of the MNCFN people - from Creation to where the people are today.

The event was timely, as Canada celebrates its 150th anniversary of confederation this year. The conference focused on the significance of confederation and how that impacted the formation of this country and the role MNCFN people played in shaping this country.

Liberal MPP Dave Levac, who moderated a discussion session between Justice Harry LaForme and Dr. Peter H. Russell, professor emeritus and noted author who has penned various books on politics.

Levac who identifies as Metis - said he was proud and honoured to learn of his heritage - "precisely what you are doing right now" he told audience members.

He paid special homage to Elders for "surviving in a white man's world that attempted to assimilate you."

"For me, these events (like the historical gathering) deserve credit for the way in which they've (Indigenous people) decided to fight back."



Elder Garry Sault welcomed everyone with a traditional opening and explained the significance of various wampum belts during a presentation.

Councillor Margaret Sault, who has been involved in organizing the historical gathering since the beginning, paid homage to the memory of Dr. Allan Sherwin, who played a large part in educating others about the history of the Mississaugas.

Dr. Donald Smith, a prominent historian and author of books on MNCFN history, kicked off the conference with a look at the storied history of Catherine Sutton (Nahnebahwequay).

He said Sutton "encapsulates" the whole history of the Credit Mission. She lived from 1824-1865.

Nahnebahwequay was a courageous woman who fought for land claims, said Smith, while raising a family and being bilingual.

She even met with Queen Victoria in her quest to address the concerns she had with land rights issues back home. She died at the age of 41.

The gathering concluded with a look at land claims by Kim Fullerton, legal advisor to MNCFN.

Please visit MNCFN's YouTube channel to see videos of the Historical Gathering presentations.

LRM-MRP

Information on MNCFN Matrimonial Real Property Law



MNCFN MRP Law Subsection 89(1) of the Indian Act

3.13 This Law applies despite subsection 89(1) of the Indian Act.

Indian Act, Section 89 (1) "Subject to this Act, the real and personal property of an Indian or a band situated on a reserve is not subject to charge, pledge, mortgage, attachment, levy, seizure, distress or execution in favour or at the instance of any person other than an Indian or a band."

INDIAN ACT

Restriction on mortgage, seizure, etc., of property on reserve. Section 89 (1) Subject to this Act, the real and personal property of an Indian or a band situated on a reserve is not subject to charge, pledge, mortgage, attachment, levy, seizure, distress or execution in favour or at the instance of any person other than an Indian or band.

MNCFN MRP Law

"WHEREAS the resolution of Matrimonial Real Property issues within the Mississaugas of the New Credit First Nation can be resolved based upon the 'Governing Principles' accepted by our First Nation. We must consider the following guiding principles:

Our lands are collectively held in trust for future generations. We have inherent responsibilities in relation to our lands and all living creatures on it. Individuals may have specific entitlements, but ultimately our lands are for the collective benefit.

Our children are our future generation and they have the right to practice their customs, traditions and practices on our traditional territories.

Our government is responsible for ensuring that the customs, traditions and practices of our Nation are respected.

Our conflict resolution principles address individual harm and community harm and look at each of these relationships in a holistic manner with the goal of restoring balance for our Nation."

For more information or to address any questions or concerns please contact the MRP Unit:

Kelly Szczesniak—MRP Assistant 905-768-1133 ext. 234

MEDIA & COMMUNICATIONS

Media and Communications Unveils New MNCFN Web site



Newcreditfirstnation.com will have a new look in March! The new website is loaded with features and will continue to expand with comprehensive information on programs and services, cultural and historical content, and updates from chief, council, and departments in a variety of engaging mediums. Here are some features included in the initial website:

MNCFN Events Calendar

The Events Calendar provides three viewing options and allows visitors to download individual events or all events in a month directly to their computer or mobile device. The MNCFN Events Calendar is compatible with google, ical, or outlook calendars.

Member Access

Members will be asked to register on the new website. Navigation has been improved to provide a seamless experience for members. Instead of having a "members only" section, members only content will be organized by topic throughout the website and identified as members only content. Visitors that are not registered on the website will be invited to register or return to the home page.

Email Subscriptions

Website visitors may choose to subscribe to website "Categories". For example, visitors may choose to subscribe to culture and history updates only or may choose to subscribe to updates from Education and ECC only. Any updates in the selected categories will be emailed to subscribers daily. Visitors may subscribe from the bottom of any page or by clicking subscribe on the sidebar of any page.

Search Options

Each MNCFN department has its own sidebar with departmentspecific pages, events list, and contact information. In addition to straightforward navigation across the top of all pages, related posts are included at the bottom of each page. Visitors may also search for information through the search field in the top right of each page, or by Category or Topic, both of which are available at the bottom of each page.

ONTARIO WORKS

Reminder from MNCFN Ontario Works - Income Tax Time

This is a reminder that tax season is quickly approaching.

All T5007 slips will be mailed; however, if you do not receive your slip in the mail you may contact Lindsay Sault, MNCFN Ontario Works caseworker, at: 905-768-1181 x. 225 to request another slip for pick-up. The deadline to file taxes is April 30, 2017.

Food Bank Donations Needed

The Mississaugas of the New Credit First Nation, Ontario Works office, wants to remind members that the Hagersville Food Bank is here to help low income individuals, and that they are also seeking donations.

The Hagersville Food Bank has been helping low-income households since December 2012 and serves six designated rural routes including all of the MNCFN.

The Food Bank is located at 5 Marathon Street (the old Tim's Tire location) in Hagersville. It is behind Cheerful Charlie's Chip Wagon and directly across Highway 6 from Tim Hortons.

The coordinator of the Food Bank is Janice Schweder, who initiated the start-up of this facility upon her retirement from Hagersville Secondary School.

Janice can be contacted on Thursdays at 289-758-3789 or you can leave her a message.

All clients who wish to access the Food Bank must meet the following criteria:

- 1. Must be low-income.
- 2. Must complete the registration process on-site.

3. Provide proof of all sources of income and proof of monthly expenses.

4. Must provide birth certificates and Status Cards for all members of the household.

5. All clients must inform the Food Bank of any

changes to their personal information.

6. All clients must re-register at the end of every year.

7. The Food Bank is open every Thursday from 12 p.m. to 4 p.m.

The Food Bank is also seeking donations.

If you wish to make a donation to the Hagersville Food Bank, the Mississaugas of the New Credit First Nation has been requested to donate the following items:

- Red jam (strawberry, raspberry)
- Canned fruit
- Peanut Butter

Donations can be taken directly to the food bank or dropped off with Lindsay Sault at the Social and Health Services building, Monday to Friday 8:30 a.m. to 4:30 p.m. If you have any questions, Lindsay can be contacted at: (905) 768-1181 x. 225.



ONTARIO WORKS

PUBLIC WORKS

Public Works Seeking a Casual Worker

Public Works Department Casual Worker

Résumés will be accepted until March 31, 2017, 4:00 p.m. (local time) for the position of Public Works Department Casual Worker(s) for the upcoming 2017/18 fiscal year.

Eligible applicants with knowledge of general building maintenance, lawn care, with a valid G and/or DZ Driver's License will be an asset and provide a current police check. <u>Note: Should you want to be on</u> <u>as a casual worker for the LSK caretaker a Vulnerable Sector Check</u> <u>is required</u> (refer to Employment & Training for assistance).

Duties may include, but will not be limited to lawn maintenance, building and/or rental unit cleaning and/or maintenance, snow removal, water meter reading, etc.

Please submit résumé & a cover letter to:

MNCFN Public Works Department

agimaw gamig (Administration Building)

R.R. # 6 (2789 Mississauga Rd.)

Hagersville, Ontario

N0A 1H0

Attention:

MNCFN Public Works Department – Casual Worker

MNCFN COMMUNITY TRUST

ANNUAL GENERAL MEETING

Please join us for our Annual Community Meeting and Elections. There will be updates on our activities over the past year and information on the growth of our invested trust funds. Feel free to ask questions and learn more about your Community Trust from those who are entrusted with the responsibility for managing it on your behalf.

<u>Where?</u> New Credit Community Centre

<u>When?</u> Saturday April 1, 2017 I lam to Ipm

What is Happening?

STNA

- I) Community Trust 2016 Activities Update
- 2) Invested Funds Management Update
- 3) Trustee Elections (2 Positions)

If you are interested you must be a MNCFN Band Member, be at least 30 years of age, at least be a High School or Equivalency Graduate and; Reside within the New Credit Reserve. You must also verify all of the above criteria. Please contact the Community Trust office for any further information.

LUNCH and Refreshments Will be Provided

	468 New Credit Road,	Phone: 905-768-4908
Website mncfncommunitytrust.com	RR6	Toll Free 1-866-253-8671
Email mncfncommunitytrust@on.aibn.com	Hagersville, Ontario	Fax: 908-768-4909

S&HS COMMUNITY SUPPORT

Little Eagles Give It Their All **At LSK Hockey Invitational**



The Little Eagles (blue) try to wrestle control of

The LSK Little Eagles put forth a valiant effort during the 19th annual New Credit Hockey Invitational on Feb. 10 at Gaylord Powless Arena in Ohsweken.

The tournament, organized by Social and Health Services - Community Support - was started to give the kids in the community a chance to experience playing organized ice hockey on a team.

"A lot of the students who sign up don't play hockey on a team during the winter, so it is an opportunity for those who would like to try the sport - all in the name of fun," says Hayli Sault, community wellness worker.

"We invite elementary schools from five other first nations (Delaware, Walpole Island, Oneida, Kettle & Stoney Point, and Chippewa) to bring children/ youth from their communities to participate," she said. "Our hope is that the students have fun, possibly build relations with other First Nations children, and enjoy some healthy competition through the game of hockey."

Standing Stone School from Oneida won the primary division.

Delaware and Walpole met up in the championship for the juniors and handed Walpole their first loss of



The Little Eagles and Delaware fight for control of the puck heading toward Delaware's net.

the tournament with a score of 3-2, which forced an extra game as they needed to be beat twice.

In the end Walpole came out as this year's junior champs with a score of 2-1 against Delaware.

The LSK Little Eagles put forth a valiant effort during their final match against Delaware, and walked away with their heads held high after the 9 -1 loss.

S&HS - COMMUNITY SUPPORT

Addictions Awareness Event: Nobody Chooses Addiction

Addiction has touched almost every family in the com- brain. munity in some way.

Addiction is described as a "compulsive seeking and obtaining of a substance while behavior increasingly becomes out of control."

Those are the words of Dr. Jim Cullen, a registered psychotherapist, who shared his extensive knowledge on addictions with the community during a presentation in February.

Community members came out to learn about the role brain chemicals and trauma play in the formation of addictions, and what sort of treatments work in treating the disease during the "Addictions Awareness" event held by Social and Health Services - Community Support, on Feb. 3, 2017 at the MNCFN Community Centre.

Addiction has now been recognized as a medical disease, Cullen says, but no specific cause has been found. Instead, addiction is caused by a combination of genetics, environment and stress.

The three main neurotransmitters involved in addiction - serotonin, noradrenalin, and dopamine - exist in a balance.

What the person is most likely to be addicted to is dependent on what neurotransmitter is the most out of balance, says Cullen.

Stress is a key trigger for most addictions. According to Cullen's presentation, stress throws off the brains' homeostasis (natural balance) and significantly increases the risks that the person will turn to addictive self-medicating behavior.

Reward and pleasure pathways in the brain also play a role in the formation of an addiction.

Cocaine's chemical formula mimics dopamine's formula. Other drugs that may mimic dopamine are methamphetamine, Dexedrine, Ritalin and Adderall.

For an addict, even the sight of a place or object they have used to receive or do drugs can send and release dopamine down the pleasure highway.

Odors can trigger the same response. Once the response is triggered, the brain wants the real deal and this is when the craving kicks in.

Treatment must be immediately accessible and highly structured within the first 1-3 months, according to Cullen.

Cullen said that about 90 per cent of people who abuse substances are self-medicating some kind of trauma.

"Nobody chooses to become an addict," he said.

He also adds it's important to recognize that addiction is a co-morbid disease and that underlying mental health issues - such as depression - must be treated, in addition to the addiction. Treatment must include both group and individual support.

Cullen stressed the importance of family, friends, and community support for the person working to overcome an addiction.

He also said treatment options should include traditional practices as well as western medical models.

Councillor Evan Sault, who attended the event, said, "I'm always appreciative of the Social and Health Services department for providing such important presentations on issues affecting our First Nations people," he said. "The presentation was very informative and once again, served an important role in educating our members and creating awareness for the community."

Many drugs mimic natural "feel-good" chemicals in the

S&HS - FAMILY SUPPORT

Mental Wellness Pamper Day

Friday, March 10, 2017 10:00 am – 3:00 pm MNCFN Community Centre

New Credit Mental Health Unit welcomes everyone to come out and get pampered! Wear comfy clothing and relax while getting pampered with the following services:

Haircuts Pedicures Up Do's Readings Massage Make Up Application Manicures Reflexology

> Healthy Snacks and refreshments Door prizes to be won!



Registration is required – please contact Social & Health Services at 905-768-1181 and ask to speak to Kari Ivany

ZUMBA CLASSES

Every Monday and Thursday evening 6:00 – 7:00PM MNCFN Community Centre

New Credit Community Health is offering free Zumba classes!

Drop in to have fun and get a great workout! Make sure you wear comfortable clothing and shoes!

EMBRACING OUR NEW LIFE

Are you looking to keep yourself occupied in your

recovery or seeking recovery?

March 9th and March 23rd, 2017 6:30 PM - 9:00 PM

Social & Health Services Building (Lower Level)

Embracing Our New Life is a great program to help you succeed by offering coping skills/ strategies and cultural activities to celebrate living a clean lifestyle.

This program is on-going and held every other Thursday! Healthy Refreshments Available! Drop Ins are Welcome! Door Prizes to be won! Contact Tanva at 905-768-1181 Ext 230 or

email: Tanya.Laforme@newcreditfirstnation.com

AQUARIUM CANADA

Trip to Ripley's Aquarium

Wednesday, March 15, 2017 Departing from Social and Health Services at 1:00 pm Returning to Social and Health Services at approximately 7:30 pm

MNCFN members will have priority on a first come, first serve basis as bus seating is limited. A food voucher for Ripley's Café will be provided – one per person. Chaperone's must be 18 years of age or older. Call 905-768-1181 to register with Lindsay Sault or Laura-Lee Kelly by March 3, 2017.



S&HS - HOME AND COMMUNITY CARE

at 905-768-0141 Ext 241 or email: LauraLee.Kelly@newcreditfirstnation.com.

Helping Clients With Shopping

Once a month, staff at Social and Health Services -Home and Community Care take their clients out shopping.

It's a time for clients to get their necessary shopping done, but it's also a time for socialization.

The program entails a day of shopping for clients who may not have access to a vehicle, or who may have trouble walking or with their vision.

Those issues can make a seemingly simple task like grocery shopping more difficult.

Personal Support Workers in the Home and Community Care Unit drive clients to a shopping centre of their choice, in one of the surrounding towns or cities, and assist them with picking out their groceries or clothes.

There is no age range for who is eligible for the program, but they must be MNCFN members.

"This is their little outing; their social time," says PSW Tara White. "They're really happy because they get to go out."

The all-day shopping outings take place on different days for men and women.

"Women take longer to shop," says White. "The men just want to get in and get out."

If you'd like to sign up for the program or have questions, you can call the Home and Community Care Unit and ask to speak to an RN or RPN.

You can reach the Social and Health Services - Home and Community Care Unit at 905-768-1181.



March Break Blitz trip to Flying Squirrel!



Social and Health Services by calling 905-768-1181

Home and Community Care Programming - March 2017

Thurs Mar 02 - Men's all day shop Tues Mar 07 - Women's all day shop Fri Mar 03, 10, 17, 24, 31 - Euchre Tues Mar 14 - Craft Day Tues Mar 21 - Seniors Outing Tues Mar 28 - Seniors Social

SUSTAINABLE ECONOMIC DEVELOPMENT Community Energy Survey

As of January, MNCFN's Sustainable Economic Development (SED) Department has began conducting the Community Energy Plan surveys around the community, and they are going very well.

The survey consists of 26 questions (mostly multiple choice) about energy use in your home. SED is using the data collected to identify what type of education our community needs on energy, to recognize ways that we can reduce our energy consumption as individuals and as a whole community, and to distinguish what our community thinks about conservation and renewable generation projects in the future.

SED is looking for a lot of participation for this survey from MNCFN residents, so they can get an accu-

rate representation of the community. They want to hear community members' comments and concerns on their current energy use and/or suggestions on how we, as a community, can reduce our energy consumption. Throughout the month, SED will go door to door with the surveys until March 31st.

Every household that completes a survey will be entered into a draw to win an iPad Mini and a \$50 iTunes card.

If you would like to schedule a date/time to complete a survey or have any questions/concerns, please contact Jazmin Sault at (905)-768-1133 or jazmin.sault@ newcreditfirstnation.com.

First Nation Conservation Program

Since the beginning of February, SED has started conducting a new project called the "First Nation Conservation Program", which is offered by Hydro One. The FNCP provides energy-efficient upgrades, such as light bulbs, appliances, and even insulation to help community members save energy. This assistance is offered at no cost to individuals. These upgrades can include LED light bulbs, Smart power bars, low flow showerheads, Energy Star certified refrigerators, freezers, dehumidifiers, window air conditioners, programmable thermostats, attic and basement insulation, and more.

There are more than 3,400 homes in First Nation Communities across Ontario that have already taken part in the program to improve energy efficiency and save electricity. If you would like to schedule a date/ time to fill out an application or have any questions/ concerns, please contact Jazmin Sault at (905)-768-1133 or jazmin.sault@newcreditfirstnation.com.



COMMUNITY INITIATIVES

Missing and Murdered Indigenous Women and Girls Honoured at MNCFN Vigil



*

Mya King-Green, Jai King-Green and Councillor Cathie Jamieson sang a touching fire song.

It was a poignant evening of sharing, support, singing, drumming and feasting in honour of missing and murdered indigenous women and girls (MMIWG).

The 6th annual MNCFN vigil saw community members and supporters honour missing and murdered indigenous women and girls with signs, singing and drumming at the main intersection in Hagersville before heading over to the MNCFN community centre grounds. Ken King had earlier lit a sacred fire at the community centre grounds before the group departed for Hagersville. The group enjoyed a feast at the Social and Health Services building, while family members of MMIWG shared their stories and personal struggles of how losing their loved ones has impacted their lives.

A video was played that highlighted some of the statistics surrounding MMIWG: 1,017 aboriginal women have been murdered; another 164 are still considered missing. The rate of homicide per 100,000 is 4.45 for aboriginal women compared to 0.90 for non-aboriginal women. Aboriginal women account for 4.3% of the overall Canadian female population, but account for 11.3% of the cases of missing women and represent 16% of female homicides.

The video was made by Wanda Jamieson, a family member affected by MMIWG, and a group of students studying social services at McMaster University.

Valarie King, organizer of the event, asked, "How do we help the MMIWG and families? The answer is to keep singing dancing and feasting. This is all part of a spiritual connection. When we are healing, they are healing; when we are singing, they are singing. When we are feasting they are feasting. Songs are like prayer. The spirits of all the MMIWG are present when these type of gatherings are held and we have to be mindful of this."

Councillor Cathie Jamieson did a traditonal opening address before the group had a feast, and she and Jai King-Green spoke about how MMIWG has impacted them and indigenous communities.

"Even though it hasn't happened in my immediate family, it still affects me. It still affects all of us, whether

COMMUNITY INITIATIVES

Missing and Murdered Indigenous Women and Girls Honoured at MNCFN Vigil

you're indigenous or not," said The national inquiry into MMI-King-Green. WG, which kicked off last August,

Councillor Cathie Jamieson said, "Directly or indirectly, you're affected. We shouldn't have to be in that state of worrying about our nieces, our nephews, our sisters, our mothers, anybody - going missing. My biggest question is always, why? Why does it happen?"

She said there is still a spiritual connection with the women, that they are still here in spirit.

The women sang a beautiful and uplifting fire song to let the women know they have not been forgotten and they are not alone.

King organizes vigils twice a year on MNCFN, around Valentine's Day and on October 4th, the same times other nations do them across turtle island. This vigil was sponsored by MNCFN Social and Health Services. There were four families present affected by MMI-WG.

Gail Obediah, along with back-up singers, sang a song dedicated to MMIWG and gave each family a newly-released CD.

Danielle Boisseneau, a land and water activist from Garden River, provided some inspirational words. The national inquiry into MMI-WG, which kicked off last August, is just starting to bring together some of the families of MMIWG to tell their stories to government officials to find justice and healing.

There are seven local families di-

rectly affected by the issue - six from Six Nations and one from MNCFN.

King said if anyone wishes to get involved with the issue of MMI-WG or wants to help out or volunteer, please contact her via email or cell.



We'll also show you how to use your new upgrades and give you advice on more ways to save energy.



CHIEF & COUNCIL CONTACT INFORMATION

Chief R. Stacey Laforme

Office: 905-768-1133 Email: Stacey.Laforme@newcreditfirstnation.com

Councillor Casey Jonathan

Cell: 905-650-2204 Email: CaseyJ@newcreditfirstnation.com

Councillor Cathie Jamieson Cell: 905-912-8940

Email: CathieJ@newcreditfirstnation.com

Councillor Erma Ferrell

Home: 905-768-3543 Email: ErmaF@newcreditfirstnation.com

Councillor Evan Sault

Cell: 519-770-7371 Email: EvanS@newcreditfirstnation.com

Councillor Margaret Sault

Home: 905-768-3615 Cell: 905-807-5377 Email: MSault@newcreditfirstnation.com

Councillor Veronica King-Jamieson

Cell: 289-440-8672 Email: VeronicaK@newcreditfirstnation.com

Councillor Stephi L. LaForme

Cell: 226-206-0431 Email: StephiL@newcreditfirstnation.com

DEPARTMENT CONTACTS

Administration: Phone: 905-768-1133

Consultation and Accommodation: Phone: 905-768-4260

Education: Phone: 905-768-7107

Ekwaamjigenang Children's Centre: Phone: 905-768-5036

Employment and Training: Phone: 905-768-1181 ext. 223

Housing: Phone: 905-768-1133 ext. 227 Lands, Research and Membership: Phone: 905-768-0100

Media and Communications: Phone: 905-768-5858

Ontario Works: Phone: 905-768-1181 ext. 225

Public Works: Phone: 905-768-1133

Social and Health Services: Phone: 905-768-1181

Sustainable Economic Development: Phone: 905-768-1133

EVENT CALENDAR

DATE	EVENT	LOCATION	TIME	PG.
Mar 1	Community Skate	Gaylord Powless Arena	4-4:50 pm	
Mar 1	March Break Camp Registration	S&HS Teen Room	5:30-7 pm	
Mar 1	Traditional Family Parenting Program	S&HS Teen Room	5:30-9 pm	12
Mar 2	Zumba	MNCFN Community Centre	6-7 pm	30
Mar 4	Community Discussion on Education	MNCFN Community Centre	9 am-4 pm	17
Mar 6	Zumba	MNCFN Community Centre	6-7 pm	30
Mar 7	Yoga	LSK Gym	5-6 pm	15
Mar 7	Wellness Group	S&HS - Lower Level	1-3 pm; 6-8 pm	19
Mar 8	Community Skate	Gaylord Powless Arena	4-4:50 pm	
Mar 8	Traditional Family Parenting Program	S&HS - Teen Room	5:30-9 pm	12
Mar 9	Embracing Our New Life	S&HS - Lower Level	6:30-9 pm	30
Mar 9	Zumba	MNCFN Community Centre	6-7 pm	30
Mar 10	Mental Wellness Pamper Day	MNCFN Community Centre	10 am-3 pm	30
Mar 13	Zumba	MNCFN Community Centre	6-7 pm	30
Mar 13	March Break Bingo	MNCFN Community Centre	6-7:30 pm	30
Mar 14	Yoga	LSK School Gym	5-6 pm	15
Mar 14	Internet Safety Information Session	MNCFN Community Centre	5-7:30 pm	10
Mar 15	Trip to Ripley's Aquarium	Ripley's Aquarium - Toronto	1-7:30 pm	30
Mar 15	Community Skate	Gaylord Powless Arena	4-4:50 pm	
Mar 16	Community Kitchen	S&HS - Lower Level	1-3 pm	19
Mar 16	Traditional Family Parenting Program	S&HS - Teen Room	5:30-9 pm	12
Mar 16	Zumba	MNCFN Community Centre	6-7 pm	30
Mar 17	Trip to Flying Squirrel	Flying Squirrel - Hamilton	6-7 pm	31
Mar 20	Zumba	MNCFN Community Centre	6-7 pm	30
Mar 21	Yoga	LSK School Gym	5-6 pm	15
Mar 21	Lunch and Learn	S&HS - Lower Level	12-1 pm	12
Mar 21	FASD Forever with Jeff Noble	MNCFN Community Centre	5:30-8 pm	31
Mar 22	Community Skate	Gaylord Powless Arena	4-4:50 pm	
Mar 22	Traditional Family Parenting Program	S&HS - Teen Room	5:30-9 pm	12
Mar 23	Zumba	MNCFN Community Centre	6-7 pm	30
Mar 23	Embracing Our New Life Program	S&HS - Lower Level	6:30-9 pm	30
Mar 25	MNCFN Monthly Gathering	MNCFN Community Centre	10 am-1 pm	12
Mar 27	Zumba	MNCFN Community Centre	6-7 pm	30
Mar 28	Yoga	LSK School Gym	5-6 pm	15
Mar 29	Community Skate - last skate	Gaylord Powless Arena	4-4:50 pm	
Mar 29	Traditional Family Parenting Program	S&HS - Teen Room	5:30-9 pm	12

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