

Statement from the Mississaugas of the Credit First Nation On COVID-19

January 14, 2021

The MCFN Chief and Council and the COVID-19 Working Group are continuing to actively take precautions and actions to address the potential impacts of COVID-19 within our Nation.

At this time, we have no active case of COVID-19 in the community. Milgwech for your diligence in keeping our community safe.

Provincial Stay at Home Order

As you are aware, Ontario has issued an emergency stay at home order under the *Emergency Management and Civil Protection Act.* This requires individuals to stay in their homes and only travel for essential matters, including groceries, doctor's appointments and other medical requirements. The MCFN Council have already implemented many of these requirements for our community to ensure the health and well-being of our Members.

MCFN Lockdown

The current lockdown will be in effect until January 25th, 2021. During this period, please note the following:

- MCFN Operations will continue to be restricted to **operational services only**;
- External contractors will not be permitted in MCFN buildings during this time;
- Programs may proceed with **on-reserve** program pickups, pending staff adhere to enhanced COVID-19 safety protocols (this will be reviewed if the lockdown is extended);
- Necessary SHS programming will continue, with **enhanced COVID-19 precautions** in place, including the Flu Shot Clinic, the Immunization Clinic and foot care for seniors;
- All **in-person programming will be cancelled** for the duration of the lockdown and virtual programming will take place whenever possible;
- Offices will **not** be open to the public. Operational staff will be the only personnel entering the workplace.
- Administration will act as the primary source of in-person contact for the membership and the phone line will be manned by a receptionist from 8:30 a.m. to 4:30 p.m., Monday through Friday, not including the one hour lunch period of 12:00 p.m. to 1:00 p.m.;





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- If you require Social and Health Programs, you can contact their land line at 905-768-1181, and leave a voice mail **at the applicable extension** of the relevant party. These messages are then relayed to the staff member via email.
- LMR will be deemed essential for Community Wellness applications and on-reserve status cards;
- External businesses will be provided with a MCFN letter signed by the Chief regarding Public Health recommendations, in terms of indoor gatherings and COVID protocols.

If you require emergency Administrative support, please contact Kailey Thomson, Chief Operating Officer at 905-979-2957. You also have the option to reach out to any member of Council. If you require other information or supports, please visit our website and social media for relevant contact numbers and resources.

Lockdown Recommendations

During the MCFN lockdown, it is highly recommended that people restrict their contact with the people who live in their own home. For those who live alone, it is recommended that you limit your contact to one close household. It is also recommended that you limit your trips to those of an essential nature only, that being groceries, pharmacy and if necessary, to work. Travel outside of our region is discouraged and out of Province travel is not recommended.

Please ensure that you are wearing a 3-ply mask that covers your mouth, nose and chin, whenever you are in a situation where you are in contact with others and especially if you are unable to maintain the 2m (6 feet) social distancing. Scarves and bandanas are not deemed sufficient. Please remember to change your mask if it becomes soiled or damp. Hand washing or sanitizing is also of critical importance.

Please refrain from any public gathering and opt for curbside pick up or delivery whenever possible. Virtual gatherings are highly recommended and can serve as a platform to connect with others in a safe manner.

Ensure you practice good respiratory hygiene. Cover your cough or sneeze with your bent elbow or tissue, then dispose of the tissue immediately. Avoid touching your eyes, nose and mouth.

If you so choose, the COVID Alert App is available for download. This is a free exposure notification app used to protect yourself and loved ones. More information is available at the following address:

https://www.canada.ca/en/public-health/services/diseases/coronavirus-disease-covid-19/covid-alert.html

Finally, if you feel ill, limit your contact with others in the household. If you have a fever, cough and difficulty breathing, seek medical attention and follow their instructions.





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Public Health Information

If you are experiencing symptoms of COVID-19, please contact the following public health offices and follow their instructions:

- Haldimand Norfolk Health Unit COVID-19 Hotline 519-426-6170, ext. 9999
- Six Nations COVID-19 Assessment Centre 1-855-977-7737 or 226-446-9909
- Brant County Public Health 519-751-5818 or via email at covid.assessment@bchsys.org
- Outside of regular business hours, you can contact Telehealth Ontario at 1-866-797-0000.

Please note, the MCFN Community Health Office is not a Public Health Office, although it does assist with contact tracing and wellness checks for those who reside on MCFN.

We cannot stress enough, how important it is to follow the Public Health guidelines. We learned during the first wave, that we can effectively curve the spread of COVID-19 when we work together. Let's keep our community safe and ring in a much better and safer 2021.

The MCFN Chief and Council are responsible for making decisions that impact the Membership. If you have any concerns, please contact any member of the table.





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