



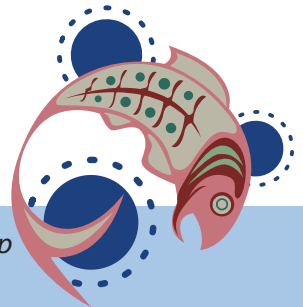
# EAGLEPRESS NEWSLETTER

## Lloyd S. King Graduating Class of 2020



### Vision Statement in Ojibwe:

*Ezhi niigaan waabjigaayewaad Mississaugas of the Credit endaawaad (the vision of these people). Ezhip mino maadzijig (living a joyful life), ezhi waamji-gaazwaad (their identity, how people have identified them), ezhi debwedmowaad (their beliefs), ezhi mimiingaazwaad (what was given to them by Creation, what they always had, their heritage), niigaabminunkiwaad Anishinaabek (is how they always lived as Anishinaabek).*



*Translated by: Nimkew Niinis, N'biising First Nation.*

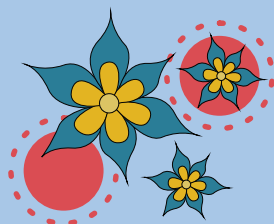


# Eaglepress Newsletter

The Eaglepress newsletter is available for download at [www.mncfn.ca](http://www.mncfn.ca). We encourage members to view the online version rather than subscribing to print to help us care for Mother Earth and save print and postage costs.

The Eaglepress will continue to evolve with new features and information. If you have suggestions for the newsletter, please contact:

Media and Communications Department  
Office: 905-768-5858  
Email: [communications@mncfn.ca](mailto:communications@mncfn.ca)



## Artwork Acknowledgement

LSK Mural: Eaglepress Newsletter acknowledges artist(s) Philip Cote, Tracey Anthony, Rebecca Baird, for use of their artwork for our identifier, marketing and promotional materials.

The original artwork (pictured below) is located in the Library at Lloyd S. King Elementary School.



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## A Message From Chief R. Stacey Laforme

We acknowledge the Creator and the world around us, we acknowledge the many nations that walked this land in the past, the many who walk it today and welcome you to the Treaty Lands and territory of the Mississaugas of the Anishinaabe!

Canada had their Canada Day celebration the month of July and I was invited to do a video greeting (very limited time) by a few cities within our Treaty and Territory.

It is not always easy to find a balance to be able to provide education and awareness of First Nations issues while still maintaining a respectful relationship with those who live upon our lands.

Still it is important especially in these challenging times to provide that education and maintain a movement to relationship development and partnerships.

Below is my quick message

"Aanii Canada

Celebrate for there is much to celebrate

Our people stood side by side in two world wars and other conflicts and much of what you enjoy is a result of their sacrifice. Let us celebrate our ancestors who gave so much so that we could be here today.

Canada believes itself to be a great country and in a lot of ways it is, yet indigenous people paid a high price for confederation and continue to pay it today. Celebrate, but all people need to learn the true history of this land.

Enjoy this moment Canada but never forget there is much work to do for all of us in creating a better, united, loving future for our children.

Let us become the country that Canada claims to be, aspires to be! Let us show the world a better way  
Prayer

*We acknowledge the creator the world around us and our place within it*

*We thank you for the gifts we have been given*

*The gifts of the this world, the insects, the animals, the plants, the people*

*We are thankful for the breath of life, the gift of spirit and energy*

*We ask that you shelter us and guide us in these difficult and challenging times*

*We ask that you protect our elders, our knowledge keepers,*

*For they are the keepers of our wisdom our language and our past*



*We ask that you protect and guide our youth for they seek direction*

*They were born to run and it is a time of stillness, they are our hope, our future*

*We ask that you protect the women of the world*

*For they are the bringers of life and the foundation upon which we build our future*

*We ask that you guide and protect our warriors for they seek direction*

*They serve the will of the people and struggle without that voice, that guidance*

*We ask that you calm and comfort our leaders, we need their logic and their compassion*

*Yet they are overcome with the pain and hurt of the people*

*We ask that you shelter and guide the other people of these lands*

*They are our brothers and sisters, though at times they fail to see us*

*Without them we cannot achieve the purpose for what we were set upon this world*

*We understand that we must stand together, that we must face this dark time in unity*

*We understand that there is a lesson here for all people and we pray that they understand*

*We acknowledge the creator the world around us and our place within it"*

## Let's Learn Anishinaabemowin: July Words

Miin-giizis .....	Berry Moon
aabita-niibino-giizis na .....	July
gizhaate .....	It is hot (weather)
Apiish teg ndo'dewegan? .....	Where is it my drum?
mawinzo .....	s/he picks berries
niibin .....	it is summer
wewebanaabiiwin .....	fishing using a hook, angling
bagizo .....	s/he bathes, goes swimming
danaadizi .....	s/he stays around a certain place

### HISTORICAL TIDBIT

By Darin Wybenga, New Credit Public Library

In 1812, Chief Quinipeno<sup>1</sup>, the principal chief of the Mississaugas at 12 Mile Creek, was concerned as he reflected upon the plight of his people. His once vibrant band seemed to slowly waste away before his very eyes. Times had not been good for the Mississaugas as disease, famine, and death itself seem to be their companions. It seemed that things had begun to go awry when the Mississaugas began negotiating treaties with the British Crown. Expecting to share the land with the newcomers and live their lives as they had always done, the people were sorely disappointed with the advent of the settlers. Farms and settlements sprung up throughout the countryside with fences and ploughed fields that hindered the movements of the people. When attempting to camp on their own territory, angry farmers drove them off sometimes at the point of a gun. The newcomers polluted the waters and took more fish than they needed; hunting worsened as wild game became scarce as more settlers arrived in their lands. His people struggled to feed themselves. Quinipeno had expressed his people's disappointment and disillusionment as she spoke on behalf of the people during treaty

negotiations with the Crown in 18052. The feelings he expressed on behalf of the Mississaugas fell on deaf ears. To make matters worse, the Mississaugas would become involved in the war between Britain and the United States. Quinipeno needed to strengthen his people for the calamitous times they were facing.

Drawing upon the traditions of his people, Quinipeno sought to inspire his band. While alone, during a period of fasting and prayer, the chief had dreamed of a spearhead which was interpreted by him to mean that he was now invincible against arrow, tomahawk, or bullet. Soon after, Quinipeno gathered his people to inspire them with a demonstration of the gift he had acquired in the dream- just as the chief could not now not be overcome by arrow, tomahawk, or bullet, the people would not be overcome by the problems that assailed them. Taking an old tin kettle in his hands, he explained to those assembled that he would use it to catch a musket ball fired at his face. Moving a short distance away, the chief held the kettle before him and commanded one of the warriors to fire. Quinipeno lay sprawled on the grass dead. Rather than providing inspiration, Quinipeno's unnecessary death would erode the peoples' faith in their traditions and help set the stage for the advent of change.

The primary agents of change were the Rev. Peter Jones (Kakkewaquonaby) and Chief Joseph Sawyer (Nawahjegezhegwabe). Under the guidance of Jones and Sawyer, the Mississaugas had become fervent Methodists and began enthusiastically transforming themselves into successful farmers at the Credit River Mission Village. Interestingly, Chief Quinipeno's own grandson, Joseph Quinipeno, born about 1815, caught the spirit of change as it took hold of the people. Joseph would have been one of the first pupils at the schoolhouse when the Mission Village was established. Rev. Peter Jones wrote of Joseph Quinipeno:

*An Indian lad, named Joseph Quenchenau [Quinipeno], belonging to the Credit tribe, showed great love for his books, and was very punctual and attentive at school. But best of all, he loved his Saviour, and regularly, night and morning, offered up his private prayer to God. In the twelfth year of his age he was taken ill, when he committed himself into the hands of his Maker, saying*

he was not afraid to die, for he knew God would take him to heaven. After he was dead, his friends placed all his books, consisting of his Bible, Indian hymn-book, and spelling-book, on the top of his coffin, because he had loved them so much. I was very sorry to lose such a promising boy from our little society; but God saw best to take him, and therefore we must bow to His sovereign will. -from Peter Jones's, *History of the Ojebway Indians*

Joseph Quinipeno, so full of promise, died young and would never witness the achievements of his people during the 19th century. For that matter, neither did his grandfather, Chief Quinipeno, see the changes that raised his people's spirits from despair to hope. One wonders what grandfather and grandson would have thought about the changes that had taken place. Would the grandfather lament the loss of tradition; would the grandson rejoice at the "progress"? If both, were somehow able to see the Mississaugas of the Credit at this point in the 21st Century, what would they say?

To read more of Chief Quinipeno, see Donald Smith's book, *Sacred Feathers; The Reverend Peter Jones*

(Kahkewaquanaby) and the Mississauga Indians.

1. The Dictionary of Canadian Biography provides several spellings of Chief Quinipeno's name including: Quenepenon, Quenebenaw, and Kineubena.
2. Chief Quinepeno participated in the Toronto Purchase and Head of the Lake Treaties. Although both treaties were negotiated in 1805, the Head of the Lake Treaty was ratified as Treaty 14 in 1806.

## TEMPORARILY CLOSED





**MCFN continues to operate essential services only and will remain closed until:**

» Aug 4 «



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**First Peoples Law**

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DEADLINE:  
JULY 31, 2020

Open to Indigenous law students  
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Happy National Indigenous Peoples Day





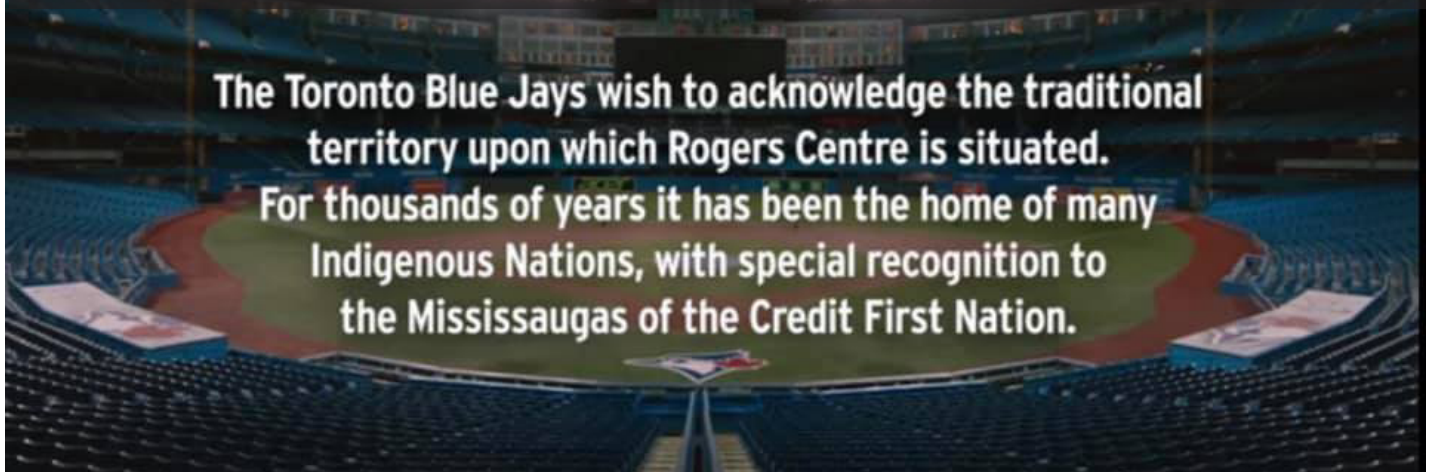
From the Mississaugas of the Credit First Nation  
Photo: MCFN Media & Communication Department  
2019 Three Fires Powwow & Traditional Gathering

# CULTURE AND HISTORY

## National Indigenous Peoples Day Celebrations

On National Indigenous Peoples Day, the Toronto Blue Jays and Jays Care Foundation recognize the rich and enduring history of Indigenous peoples with a video that can be viewed on their facebook page at <https://www.facebook.com/BlueJays/videos/290720302310050/>

The capture below is from the introduction of the video. Miigwech to the Toronto Blue Jays and the Jays Care Foundation.



**Garry Sault**

**Ojibwe Elder - Mississaugas of the Credit First Nation**

- Water ceremony and song, followed by a berry teaching, with Kim Wheatley, Anishinaabe Grandmother, Turtle Clan and Traditional Ancestral Knowledge Keeper from Shawanaga First Nation
- Welcome from Chief Stacey Laforme of the Mississaugas of the Credit First Nation
- Messages from Mayor John Tory and Councillor Mike Layton, member of the Aboriginal Affairs Advisory Committee
- Big Drum Honour Song performed by the Black Bull Moose Singers, a traditional Indigenous singing group of the Anishnawbe and Oneida First Nations

This video can be viewed at <https://youtu.be/Y-02WG6K9ME>

This year, the City of Toronto presented a virtual celebration for National Indigenous Peoples Day. This year's program included:

- Prayer from Elder Garry Sault of the Mississaugas of the Credit First Nation, including offering of medicines (smudging)

Chief Laforme also provided words for the City of Mississauga to celebrate National Indigenous Peoples Day. This video can be viewed at <https://youtu.be/SbBLRJP4et8>



# HELPFUL INFORMATION: ROLES AND RESPONSIBILITIES

**Class Counsel, the Claims Administrator and Canada are all independent and have separate roles and responsibilities under the Federal Day School Class Action Settlement and Claims Process:**

Call Class Counsel for legal support and help filling out the Claim Form at: 1 (844) 539-3815  
Call the Claims Administrator for the status of your claim at: 1-888-221-2898

## Claims Administrator (Deloitte)



- Court-appointed body that receives and reviews Claim Forms
- Determines Claimant eligibility and level of compensation
- Updates Claimant on status of a claim

## Government of Canada



- Established, operated, maintained, and controlled Federal Indian Day Schools and Federal Day Schools
- Pays compensation to eligible Claimants vis-à-vis the Claims Administrator
- May review level 2 to 5 claims received by the Claims Administrator

## Class Counsel (Gowling WLG)



- Court-appointed lawyers for all Class Members\*
- Provides free legal advice to Class Members regarding the Claims Process\*\*
- Advises Claimants on level section

\*unless Class Member has hired separate legal counsel

\*\*as above

## Third Party Review (Independent Assessor)



- Provides independent assessment of claims\*
- Makes final decision on level of compensation or will refer claim to Exceptions Committee to make a final decision

\*Claimant may request the assessment only after a Reconsideration by the Claims Administrator

## Dream Catcher Kits

brought to you by the Stay At Home Initiative

On Tues., Jun 23, dream catcher kits were distributed via curbside pickup at the MCFN Community Centre. This was another initiative provided to the community by the Stay At Home Initiative.



If you were unable to register for this initiative, listed below are the supplies you will need and the instructional video on how to make your dreamcatcher can be found on the MCFN Early On page at <https://www.facebook.com/318115632396009/posts/634438797430356/?vh=e>

- 5 inch Hoop
- 125 inches of sinew
- 65 inches of hide lace (approx. 3/8 inches wide)

or ribbon.

- 3 small silver cones
- 9-12 small feathers
- 12 pony beads

Here are some of the finished dreamcatchers.



Dreamcatcher completed by Carly Szabo and family (left) Vince and Beverley Herkimer (right).



### Lauren Porter to Quarantine Dance Specials 2020

On June 1, MCFN Member Lauren Porter danced for healing during these trying times. Here are her words.

Aanii! My name is Lauren Porter, and I am from Mississaugas of the Credit First Nation in Ontario, Canada. Today I am dancing for everyone and anyone who needs healing during these times. #Dance4ThePeople #KeepThePeopleDancing #TheWorldNeedsOurPrayers

Lauren's video can be viewed at

<https://www.facebook.com/Boss.Kitty.Meow/videos/2663928823843932/>



**Youth Initiative - reconnect to  
the land, language, culture,  
strengthen and deepen your  
relationships within and across  
Michi Saagiig.**



**Contact Veronica King-Jamieson  
(289) 440 - 8672  
planning community activities,  
with knowledge keepers, Elders  
a budget, etc.**

# COMMUNITY INITIATIVES

## Boozhoo meet Valarie King – Owner of Dancing Moon

Valarie King has resided on the Mississaugas of the Credit First Nation all her life. Valarie is the daughter of the late George & Ida King and the mother of seven children and seven grandchildren.

Valarie has completed the following formal academic programs:

Early Childhood Education, Reflexologist, Chartered Herbalist, Essential Oils, Small Business Diploma, Social work Diploma, Bachelors Women's Studies, Bachelors Health Studies, Minor in Indigenous Studies, Masters Indigenous Social Work, and currently working on another Herbalist Program

Over 30 years ago, Val began learning about medicines, healing and teachings and has hosted workshops in her home. When Valarie's grandmother passed, Val took care of the feast and after had a dream of a line of Elders showing her herbals and a dream of what the Holistic Centre looked like. Along with the study of herbs and medicines Valarie started



full moon ceremonies which was brought back to the communities concerning teachings of women's connection to the water and Mother Earth. She also holds sweats and rites of passage for women. Currently Valarie has some herbal products available as well as providing services that offer healing.

Valarie and her family offer drumming and singing and travel all over both Northern and Southern Ontario. The drumming and singing is used for openings and closing of gatherings and most recently due to COVID-19, the drumming and singing is offered via the internet.

You can find more information on facebook "Dancing Moon" at <https://www.facebook.com/DancingMoonH/>

Her shop is located at 2940 Mississauga Road, R.R. #6, Hagersville, Ontario N0A 1H0

Miigwech for all you do for your community to culturally enhance the spirit of the Anishinaabe.



**Challenge  
ACCEPTED**

**WE ARE  
NOT THERE  
YET!  
PLEASE CONSIDER  
DONATING  
MIIGWECH!**

**THE GOAL:  
IF 500 PEOPLE DONATE  
\$10 TO THE  
NEW CREDIT CANCER  
SUPPORT GROUP,  
CHIEF LAFORME IS  
GETTING EGGED!**



Chief Stacey Laforme has graciously agreed to be egged if the goal is met! Margaret Sault will be accepting etransfers on behalf of the New Credit Cancer Support Group. You can etransfer her at: [margaret.sault@mncfn.ca](mailto:margaret.sault@mncfn.ca)

Once the goal is reached, Councillor Julie LaForme will use two dozen eggs obtained from local business King's Heritage Farm (Katharine Brown). Julie's son Grant LaForme will video the egging and post to all those who have contributed to this great cause.

The Cancer Support Group is comprised of several local volunteers who have taken on the task of helping those who are impacted by this terrible disease. The group began in 2018 and offers education and support services to all. Please help them help others by contributing to this much need support group. please share this post so we can reach our goal.





## **Recognizing MCFN Inspirational Role Models**

**Who do you admire? Who inspires you? Who brings pride to our Nation?**

**Help recognize MCFN outstanding achievers.**

A Recognition Awards Committee has been established and will need your help to identify members who should be presented with a special recognition award.

Nominees must be Individuals who :

- Are members of the Mississaugas of the Credit First Nation.\*
- Have made an important contribution to our Nation.
- Demonstrate outstanding achievements
- Are a role model for others.

There will be two awards presented in 2020. Nominations will be open April 1st to September 1st. The forms will be available on the website, at community events and in the Newsletter.

### **Trailblazer Award**

This award recognizes an individual who has provided service to the MCFN by increasing MCFN profile or status with external communities, influencers and partners.

### **Community Volunteer Award**

This award recognizes an individual who has shown outstanding generosity, resulting in service or support to MCFN through their time, actions, talents and dedication.

\*Awards can be made posthumously to family members.

\*Current elected Council members are not eligible

## **Message from The Recognition Committee**

Nominations are open for the 2020 Recognition Awards. The Trailblazer Award and the Community Volunteer Award will recognize MCFN Members who have made an important contribution to our Nation and whose outstanding achievements serve as role models for others.

Details of the Awards and Nomination forms are available on the MCFN website and are circulated with the hard copy of the Newsletter.

Completed forms should be put in a sealed envelope and addressed to the Recognition Committee marked Confidential to be opened by a member of the Recognition Committee only.

Completed Nominations forms can be mailed or dropped off at the Band Administration office. There is a mail box in the entrance between both sets of doors at the Administration Office.



## Announcement 2020-2021 Incoming Senior Fellow to Massey College



# MASSEY COLLEGE

*in the University of Toronto*

Please join us in celebrating the 2020-2021 Incoming Senior Fellow to Massey College! As Senior Fellow Members, these leaders will contribute to the intellectual life of the College.

Harry LaForme is currently Senior Counsel at Olthuis Kleer Townshend LLP. He is an Anishinabe of the Mississaugas of the Credit First Nation, Ontario. In November 2004, he was appointed a judge of the Ontario Court of Appeal. He is the first Indigenous judge appointed to an appellate court in Canada's history. Judge LaForme has published numerous articles on issues related to Indigenous law and justice. He speaks frequently on Indigenous issues, Indigenous law, constitutional law, and civil and human rights.

A member of the Mississaugas of the Credit First Nation, LaForme is the first appellate court judge in Canadian history with a First Nations background.



*Congratulations to The Hon. Harry LaForme*



The Ontario Provincial Police - Haldimand County honours National Indigenous History month. "The OPP is proud of the relationship we have built over the years with our indigenous communities. We will strive and continue to build on these relationships in the community and beyond" Haldimand County OPP detachment Staff Sergeant Belinda Rose (left) here with Inspector Phil Carter (left). Photo credit - OPP.

# COMMUNITY INITIATIVES

## Indigenous Solidarity Celebration Giveaway brought to you by the Stay At Home Initiative



The Solidarity Day Celebration Kit Giveaway occurred on Saturday, June 20. Pictured are members of the group distributing the kits.

The Nation hopes you enjoy all your gifts!

(L-R Katharine Brown, Shelly King, Leslie Maracle)  
Photo credit: Chief Stacey Laforme

### A new Instagram account for MCFN youth MCFIRSTNATIONYOUTH



#### IMPORTANT ANNOUNCEMENT!

In an effort to further connect our young folks who are physically isolated right now, we created an Instagram page to support each family's infusion of meaning, hope, purpose, and belonging in to their young people's Covid-affected lives. You'll find daily posts such as #motivationalmondays, where we're highlighting uplifting messages by FNMI youth from around Canada, and #thankfulthursdays where we'll introduce free calming apps and resources to reduce anxiety. We're also looking to give away some sweet prizes to youth who are engaging on the platform! See you on IG!



<https://www.instagram.com/MCFirstNationYouth/>

This initiative is brought to you by the Child and Youth Mental Health Team at MCFN Social and Health Services  
Any inquiries, please contact Nicola Gladwell 1(905)979-0557

### Community health continues to be a priority, please continue to:



Avoid any gatherings over five people.



Practice social distancing.



Wash hands frequently and thoroughly.



Avoid touching your eyes, nose and mouth.



Wear a mask where physical distancing is unavoidable.



## Hamilton Niagara Haldimand Brant Regional Cancer Care Program

Hamilton Niagara Haldimand Brant Regional Cancer Care Program (HNHB) Cancer Care Ontario and Reclaiming Wellbeing Committee has come up with some resources they want to share to let the MCFN community know they are still here during the pandemic and that Debra Jonathan is our new Regional Indigenous Cancer Lead



Deborah Jonathan works with the Hamilton Niagara Haldimand Brant (HNHB) Regional Cancer Program as the Regional Indigenous Cancer Lead to support cancer care for Indigenous people across the Region. Her work covers cancer prevention, diagnosis, treatment, recovery

and palliative care. The Lead role is one of three dedicated roles in the region that supports Indigenous priorities in cancer care. The role of the Lead is to engage and collaborate with provider and community partner across the region to bridge patient and provider understanding of Indigenous cancer control, implement the Indigenous Cancer Plan and advocate for addressing the health needs of Indigenous people in the HNHB region.

### What is your Regional Role?

I am the Regional Indigenous Cancer Lead for Hamilton Niagara Haldimand Brant Region.

### What is your day job?

I was the Nurse in Charge for the Six Nations of the Grand River First Nations Community for 12 years; and have recently stepped into a new role as the A/Zone Nurse Manager for Southern Ontario, First Nations & Inuit Health Branch, Indigenous Services Canada.

### Why is cancer screening important?

Cancer screening is important because it saves lives. First Nations people are among those that

are at highest risk for various types of cancer and so many times our first visit with patients is when they are well into the disease and at the later stages. We can do so much more to help, when we can screen and catch cancer early, initiate treatment, provide support and make lifestyle changes. Let's be proactive and not reactive to this disease; and together let us change the course of this disease to a positive one for First Nations people.

### What is a positive thought that you would like to share?

I am going to share a saying that my late grandmother always told us as teens growing up – "It's okay to look back – but don't stare". She encouraged us to accept our mistakes in life as moments that have made us stronger and wiser; and not to dwell on the past. Focus on what is ahead of you and anticipate the future to be the greatest moments of your life.

### What do you do to decompress?

To decompress, I like to take early morning walks, watch the sun rise and thank the Creator for another day.

Deborah is also an active member of the Reclaiming Well-Being: Cancer Free Lives Committee. The purpose of the Committee is to provide guidance and advice to HNHB Cancer Program to ensure that cancer prevention and screening programs, through to palliative care and survivorship services continuously improve and evolve to meet emergent needs identified by the Six Nations and MCFN communities.

**STAY SAFE**

together we will get through this

*Pick up for MCFN Community Picnic Giveaway will be at MCFN Social and Health Services Garage, please remain in your vehicles.*

ON RESERVE BULK FOOD PACKAGES



On Reserve Bulk Food Packages: If you are interested in receiving part of a bulk food purchase, please call **905-768-1133** and leave a message with your name and contact number. Alternatively, you can send the necessary information to **Admin.Clerk@mncfn.ca** These bulk food packages will consist of dry goods split and bagged by the COVID-19 Working Group, who will be adhering to the necessary Safe Food Handling procedures. Pick up procedures will be contactless, similar to the garden boxes.

\*\* please note, the image above is used for advertising purposes and is not a representation of the actual packages.



**Giveaway**

**July 10, 2020 \* 12:00 p.m. to 3:00 p.m.**



## Pick Your Own Strawberries brought to you by the Stay At Home Initiative



Many MCFN Members enjoyed the Pick Your Own Strawberries initiative. The berries were plentiful and many Members braved the heat to pick their free flat of strawberries compliments of the Stay at Home Initiative.

## Councillor Evan Sault, Pillar Two Lead, Nation Well-Being and Wellness

Aanii All,

I hope all MCFN Members are enjoying their summer as much as possible considering the unique and unusual time we've been living in since mid March. By saying that, I also hope all MCFN Members are keeping safe and staying as healthy as possible.

It's been a very busy time since March. As Council lead of Pillar 2: Nation Well-Being and Wellness, much time is spent responding to the obstacles and difficulties that COVID-19 has presented to MCFN. I regularly attend the MCFN COVID-19 Working Group meetings and help in all COVID-19 duties and tasks to ensure that the health and safety of MCFN and MCFN Members are maintained during this pandemic. I continue to work with our health partners: **McMaster Hospital, De dwa da dehs nye>s (Hamilton/Brantford Aboriginal Health Centres) and Indigenous Health Strategy Specialists**, who all continue to provide MCFN with personal protective equipment (PPE), necessary supplies and information. I've worked and met directly with **Hydro One, Global Medic and the United Way** on providing assistance with the Health and Food Care Packages for each household in the community and also financial assistance towards MCFN Community COVID-19 Project Initiatives.

I've been meeting weekly and on an emergency basis during this pandemic with our **OPP (Ontario Provincial Police)** representatives in regards to: COVID-19 information and community safety, and I again requested increased OPP presence and patrolling here in the community. I will provide further updates upon availability.

I met with **Indigenous Services Canada (ISC)** and discussed the possibility and potential of any future COVID-19 relief funds for MCFN. I will provide further updates upon availability.

### Outside of COVID-19 responsibilities:

I attended the **Niagara Reinforcement Line (NRL) Advisory Committee** meetings in March and June as a member of the **MCFN Negotiations Team**. Just as a reminder, MCFN is a 20% shareholder of the NRL, along with Six Nations (25%) and Hydro One (55%).

I've continued to have meetings with **Hydro One** in regards to negotiating the **5% of the Niagara**



### Reinforcement Line (NRL) owed to MCFN.

A letter has been signed by the Chief and sent to **Hydro One** as we approach the final stages in this negotiation.

I had a meeting with the **Grand Erie Big Brothers/Big Sisters Coordinators** in June. This preliminary discussion took place seeking possible opportunities to bring the Big Brothers/Big Sisters service here to MCFN. I will provide further updates upon

availability.

Since March, I've attended and participate in ongoing meetings in regards to bringing fibre optics/internet connection here to the MCFN community. Further updates will be provided upon availability.

The Pillar Two and Pillar Six **MCFN Community Safety Strategy Working Group** met twice in June to strategize plans for our own community policing. Further updates will be provided upon availability.

### MCFN Major Events Committee:

**The Canada Summer Games 2021** are taking place on Treaty Lands and Territory of MCFN in the Niagara Region during August 2021. As chair of the MCFN Major Events Committee (MEC), I've scheduled numerous MEC meetings since April to ensure that MCFN is appropriately participating and involved in the Canada Summer Games 2021. I sit on the **Indigenous Partnerships Council of the Canada Summer Games 2021**, where I bring our MEC suggestions and recommendations to the table at the **Indigenous Partnerships Council Meetings**. I will provide further updates upon availability. Just a reminder that **ALL events that MEC annually participates in, in our Treaty Lands and Territory have been cancelled for 2020 due to the COVID-19 pandemic**.

If any of my fellow MCFN Members have any questions or concerns, please don't ever hesitate to reach out and contact me either by phone, text or email.

Take care and please remain safe and healthy during this time.

Chi-Miigwech

Councillor Evan Sault

Mississaugas of the Credit First Nation

2789 Mississauga Rd.

R.R. 6 Hagersville, Ontario N0A 1H0

Phone: 905 869 5767

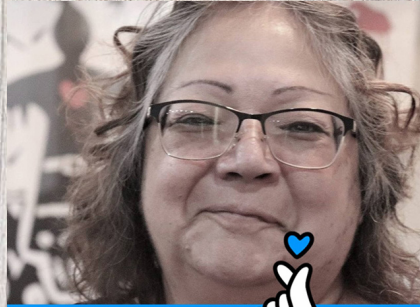
Councillor Veronica King-Jamieson, Pillar Four, Education and Awareness

Aaniin

Miigwech for another day to be with my family, friends, community and all my relations.

Hope this finds you well during this time.

Please call or text if you need anything – call (905) 869 – 5753 or email [veronicak@mncfn.ca](mailto:veronicak@mncfn.ca)



I am currently scheduling interviews with MCFN Members on Pillar Four Education and Awareness and I would love to chat with you.

As an incentive for taking the time to chat with me, I am offering \$5.00 gift certificate.

**Michi Miigwech, Councillor Veronica King-Jamieson**

## Councillor Erma Ferrell, Pillar Five Lead, Cultural Awareness, Communication and Outreach

### MEETINGS ATTENDED

COUNCIL MEETINGS: May 12, May 19, May 26 sick day, June 2, June 3, June 9, and June 16.

Since June 2, Chief and Council have resumed meeting in the MCFN Community Centre (using protective masks when necessary and sitting at least six feet apart).



the Mississaugas of the Credit First Nation community. These are only preliminary discussions and there are no promises at this time that the project will be affordable for the Nation without additional funding provided by Government entities.

June 18, 2020, a conference call with Hydro One Staff, and the leads for the Niagara Reinforcement Line Advisory Committee to review the latest revenue projections on the

profits to be provided to the Toronto Purchase Trust. The COVID-19 pandemic has affected the revenue due to business closure and reduction in staff, leading to the need for less electricity. It is anticipated that the next calendar year will make up for any possible losses in 2020.

### SPECIAL MEETINGS

Conference calls with outside organizations continue, some members participate via video link others via telephone.

### HYDRO ONE

June 4, 2020, a conference call with Hydro One staff on the five percent additional revenue Hydro One has agreed to discuss for the Mississaugas of the Credit's First Nation's equity in the Niagara Reinforcement Line.

### THE MAJOR EVENTS COMMITTEE MEETING

The Major Events Committee monthly meeting has been delayed until the week of June 22.

Thank you to all of our essential staff and our Coronavirus Committee for all of their hard work.

### NIAGARA 2021 CANADA SUMMER GAMES

June 10, 2020, a conference call with the Niagara 2021 Canada Summer Games and how the Mississaugas of the Credit can participate to share their history, culture and traditions. I was unable to participate in this call as the Niagara Committee had difficulty in linking us; however, they have promised to forward the minutes from the meeting to keep our First Nation informed of the progress for the 2021 Game Summer Games.

### HYDRO ONE

June 17, 2020, a conference call with Hydro One staff on the possibility of bringing fibre optics to

Victim Services want you to know during these uncertain times  
YOU are NOT alone. YOU MATTER.

*We know everyone's emotional  
and physical health is being impacted.*

*We also know personal tragedies and crimes  
such as sexual assault, domestic violence  
and human trafficking continue to occur.*

*We want you to know we are HERE for YOU.*

Victim Services of Haldimand Norfolk Mississaugas of the Credit First Nation continue to offer our services while maintaining required safety measures.

YOU are NOT alone.

For support please call 1-800-264-6671





## Statement from the Mississaugas of the Credit First Nation On COVID-19

June 6, 2020

The MCFN Chief and Council and the COVID-19 Working Group are actively taking precautions and actions to address the potential impacts of COVID-19 within our Nation.

Currently, the MCFN have no active cases of COVID-19 in the community. Miigwech for your continued diligence in following the personal precautions aimed to protect one another from this virus.

1. Council Meetings: As part of the return to work plan, the MCFN Chief and Council have resumed their in-person meetings. Social distancing is being adhered to and Council are wearing cloth face masks when necessary. At this time, the public are asked to refrain from attending the meetings to ensure adequate space for this necessary business.
2. Gradual Return to Work: An extensive return to work policy is currently being drafted for the organization. Earlier this week, Council approved the return to work for the MCFN Field Liaison Workers, provided adequate safety precautions can be established. The general closure of all MCFN operations has been extended to July 6 and will be reassessed as required. Essential services will continue as per previous correspondence. As a reminder, we are promoting the use of on-line banking at this time.
3. On Reserve Businesses: As part of the re-opening strategy, the MCFN Council and business owners will be working together on implementing best practices for ensuring the safety of the community, especially when it relates to tobacco sales.
4. On Reserve COVID-19 Survey: The COVID-19 Working Group is interested in obtaining your opinions on how the operations of the First Nation should resume. We want to know how you see programs and services re-opening, as well as the precautions and safeguards our community businesses need to implement to ensure everyone's safety. In the next few weeks MCFN will be calling a sampling of households and will be distributing a survey for members to contribute to the plan.
5. Father's Day Craft: A special stay at home craft activity is being planned for Father's Day. Please contact Shelly King at 905-928-9964 or Leslie Maracle at 519-717-7205 to register by June 12. Pick up will take place on June 18 and 19, from 12:00 p.m. until 3:00 p.m. Keep an eye out for the next stay at home initiative.

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### Chief and Council

Mississaugas of the Credit First Nation  
2789 Mississauga Road, R.R. #6 Hagersville, Ontario NOA 1H0



Phone: (905) 768-1133  
Fax: (905) 768-1225

6. **Off Reserve Gift Cards:** These cards cover the period of March through June. We have now received our latest order and will be sending cards to those who were on the waiting list. Please note, these cards are designated as one per household. Please contact Kerri King at [kerri.king@mncfn.ca](mailto:kerri.king@mncfn.ca) for additional information.
7. **On Reserve Bulk Food Packages:** If you are interested in receiving part of a bulk food purchase, please call 905-768-1133 and leave a message with your name and contact number. Alternatively, you can send the necessary information to [Admin.Clerk@mncfn.ca](mailto:Admin.Clerk@mncfn.ca). These bulk food packages will consist of dry goods split and bagged by the COVID-19 Working Group, who will be adhering to the necessary Safe Food Handling procedures. Pick up procedures will be contactless, similar to the garden boxes.
8. At this time, the Band Administration main line is voice mail only. If you need immediate assistance, please contact Kailey at 905-979-2957 or Kerri at 289-527-0364 and they will be able to refer you to the relevant departmental contact.

The MCFN Chief and Council and the MCFN COVID-19 Working Group would like to remind everyone to take personal precautions to reduce the spread of COVID-19 in our community. These include:

- Regular hand washing with soap and warm water or an alcohol-based hand cleanser.
- Avoid touching your eyes, nose and mouth.
- Maintain social distancing and ensure you practice good respiratory hygiene. Cover your cough or sneeze with your bent elbow or tissue, then dispose of the tissue immediately.
- Be cognizant of travel advisories and limit your exposure to large gatherings.
- If you feel ill, stay home. If you have a fever, cough and difficulty breathing, seek medical attention and follow their instructions.

If you are experiencing symptoms, contact the following public health offices and follow their instructions:

- Haldimand Norfolk Public Health – 519-426-6170, ext. 9999
- Six Nations Public Health – 519-445-2672
- Brant County Public Health – 519-753-4937
- Outside of regular business hours, you can contact Telehealth Ontario at 1-866-797-0000.

Please note, the MCFN Community Health office is not a public health office, although it does assist with contact tracing and wellness checks.

The MCFN Chief and Council are responsible for making decisions that impact the Membership. If you have any concerns, please contact any member of the table.

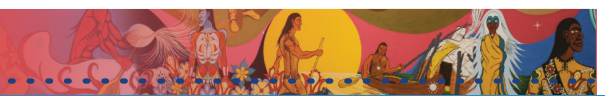


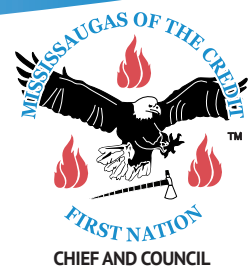
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## Statement from the Mississaugas of the Credit First Nation On COVID-19

June 14, 2020

The MCFN Chief and Council and the COVID-19 Working Group are actively taking precautions and actions to address the potential impacts of COVID-19 within our Nation.

Currently, the MCFN continue to have no active cases of COVID-19 in the community. Miigwech for your continued diligence in following the personal precautions aimed to protect one another from this virus.

1. Tobacco Sales Resume: Effective Monday, June 15, all tobacco retailers on MCFN will be permitted to resume tobacco sales. Social distancing rules will be in effect, stores will allow a maximum of two customers in at one time and hand sanitizer must be available for patron usage.
2. Council Meetings: As part of the return to work plan, the MCFN Chief and Council have resumed their in-person meetings. Social distancing is being adhered to, and Council are wearing cloth face masks when necessary. At this time, the public are asked to refrain from attending the meetings so we can ensure adequate space for this necessary business.
3. On Reserve COVID-19 Survey: The COVID-19 Working Group is interested in obtaining your opinions on how the First Nation operations should resume. We want to know how you see the program and services re-opening, as well as the precautions and safeguards our community businesses need to implement to ensure everyone's safety. In the next few weeks, calls will be made to a sampling of households and surveys will be distributing for members to contribute to the plan.
4. On Reserve Bulk Food Packages: If you are interested in receiving part of a bulk food purchase, please call 905-768-1133 and leave a message with your name and contact number. Alternatively, you can send the necessary information to Admin.Clerk@mncfn.ca These bulk food packages will consist of dry goods split and bagged by the COVID-19 Working Group, who will be adhering to the necessary Safe Food Handling procedures. Pick up procedures will be contactless, similar to the garden boxes.
5. MCFN Payment Arrangements: As a reminder, the First Nation is encouraging all payments to be made on-line. Please note that the payee name is now Mississaugas of the Credit FN. For all existing on-line customers, your institution will automatically update the file to reflect this name change. There is no action required on your part. Communication will be forthcoming as to how in-person payments will resume when the organization opens.

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6. On Reserve Care Package: Please note that the final on-reserve care package will be delivered on Thursday, June 18. This delivery will be another fresh food basket, as well as a donation from Global Medix. Please ensure you have your pets tied up to ensure the safety of the COVID-19 Working Group.
7. Off Reserve Gift Cards: Please note, that any remaining requests for off reserve gift cards must be received by Friday, June 19. These cards are designated as one per household and cover the period of March through June. You must provide your full name, registry number, mailing address and identify the number of people in your household. Please contact Kerri.King@mncfn.ca to register. Please note that due to a mail delay, some members are just receiving cards that were sent out in April. There have also been a few cards that have also been returned to the First Nation as undeliverable. If you initially called in to register, and have not received your gift card, please contact Kerri at 289-527-0364 and confirm your address.
8. LSK Graduation Parade: On June 17, beginning at 6:00 p.m., the Grade 8 graduating class will be participating in a recognition parade to celebrate and honour their time at LSK. Please take a moment to congratulate this group of future leaders on a job well done.
9. Group Gatherings: It is recognized that the Province has increased the group gatherings to up to ten people. MCFN Chief and Council are requesting the community continue being diligent for a few more weeks and limit their exposure to groups larger than 5 people.
10. MCFN Organization: The MCFN organization is set to potentially resume operations as of July 6. Staff will be brought back on a gradual basis, once all health and safety matters are addressed and the comprehensive COVID-19 Return to Work plan is complete. We ask the community continue to remain patient with the programming as we prepare for the “new normal.”
11. At this time, the Band Administration main line continues to be voice mail only. If you need immediate assistance, please contact Kailey at 905-979-2957 or Kerri at 289-527-0364 and they will be able to refer you to the relevant departmental contact.

The MCFN Chief and Council and the MCFN COVID-19 Working Group would like to remind everyone to take personal precautions to reduce the spread of COVID-19 in our community. These include:

- Regular hand washing with soap and warm water or an alcohol-based hand cleanser.
- Avoid touching your eyes, nose and mouth.
- Maintain social distancing and ensure you practice good respiratory hygiene. Cover your cough or sneeze with your bent elbow or tissue, then dispose of the tissue immediately.
- Be cognizant of travel advisories and limit your exposure to large gatherings.
- If you feel ill, stay home. If you have a fever, cough and difficulty breathing, seek medical attention and follow their instructions.
- No group gatherings of more than 5 people.

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The MCFN Chief and Council are responsible for making decisions that impact the Membership. If you have any concerns, please contact any member of the table.



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## A Message to Massey College, Chief R. Stacey Laforme

To Massey College,

I hope that you are all safe, I want you to know you are in my thoughts and prayers.

This is a difficult time for everyone made worse so because of the racism and discrimination that is a large part of our world.

My people fight for our place in Canada every day, from poverty and discrimination, missing and murdered women, suicides, theft of our children, it is a struggle for us and we will prevail because we must.

Yet I never forget that we are not the only ones struggling with violence and hate in Canada and the world. I will always stand and support my brothers and sisters who struggle in a world that doesn't embrace diversity. I shudder to think of a world where we are all the same, uniqueness and diversity are how we grow, how we become better tomorrow than we were today.

We need to be heard. You see the voice that is prominent across this world is one of isolation and fear, it teaches hate and contempt. If we allow it to be the only voice then soon there will be no room for any other voices. We must stand and our voice of unity and inclusiveness must be heard. We cannot be silent we must show the people of this world that there is a stronger voice that must be heeded one of unity inclusion and love, we must say you do not represent us you are not who we of this world are, for we cannot leave the fate of our children, our future in the hands of those who teach fear, divisiveness and hate.

On common ground

No one thing, can define us

For we are complex creatures, dreamed in the mind of the creator

We laugh when we should cry

We cry when we should laugh

We joke when in pain

We smile because tears could consume us

We love unconditionally and totally

We understand that family should come first

Yet family is not defined, solely by blood

We are quick to anger, yet no one forgives faster

We are loyal and we are strong

When we commit, we are unwavering

We have survived much, but do not mistake

adaptation for resignation

You will always see us, for we will always be here

Standing for what we believe in, standing beside each other

Doing what is right for our children, our future

We remember our obligation to our mother the earth

And we remember our place upon her

We are a proud people and honorable people

We do not always do right, for we are human

And prone to the follies of humanity

Yet we strive to be better, to make each other better

To make the world a better place for the children

I know the Creator smiles upon us, no matter where we are, or what we do

For the love of a child is unconditional

No matter where life takes you, walk proud

I am sure that everyone hears or sees something of themselves in those words and that teaches us that no matter how far apart we may seem we are never so far that we cannot find common ground.

Not enough to share knowledge we must raise consciousness.

Be safe, be heard!

Miigwech

Honorary Senior Fellow Massey College

Chief R. Stacey Laforme



**MASSEY COLLEGE**

*in the University of Toronto*



# Safer Participation in a Peaceful March During COVID-19



We understand that people are hurting and voices need to be heard. We are listening. Take care of one another and be as safe as possible.

## DURING

- Wear a cloth mask at all times.
- Wear ear plugs or noise protectors.
- Maintain physical distancing (2 metres) as much as possible.
- Make noise with drums or thunder sticks, as shouting can increase the spread of droplets
- Regularly clean your hands.
- Avoid sharing with others (i.e., food, water, posters, etc.).

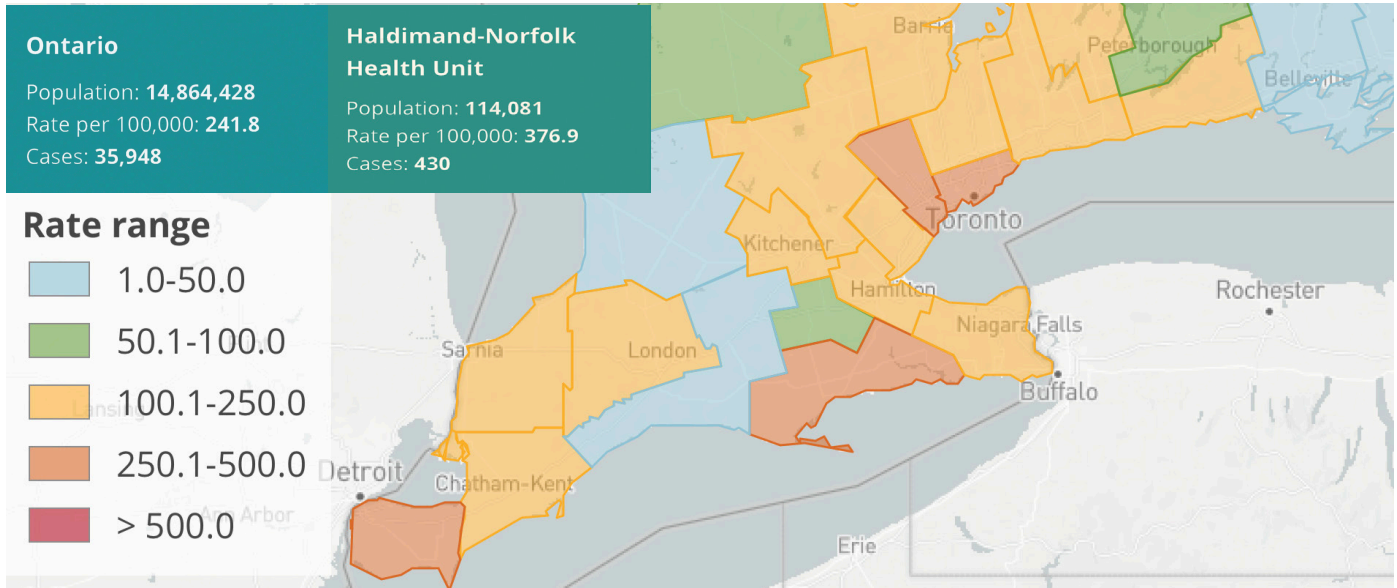
## AFTER

### AVOID PARTICIPATING IF...

- Remove and wash your clothes immediately.
- Shower as soon as you can.
- Disinfect any materials that you carried.
- Monitor yourself for symptoms of COVID-19 and go for testing if needed.
- You are sick or experiencing symptoms of COVID-19.
- You have a pre-existing condition or are in an at-risk group for COVID-19.
- You are in close contact with high-risk individuals.

If you have any questions, please contact Maggie Copeland, CHN, MCFN Community Health Program at 905 768 0141 ext. 239

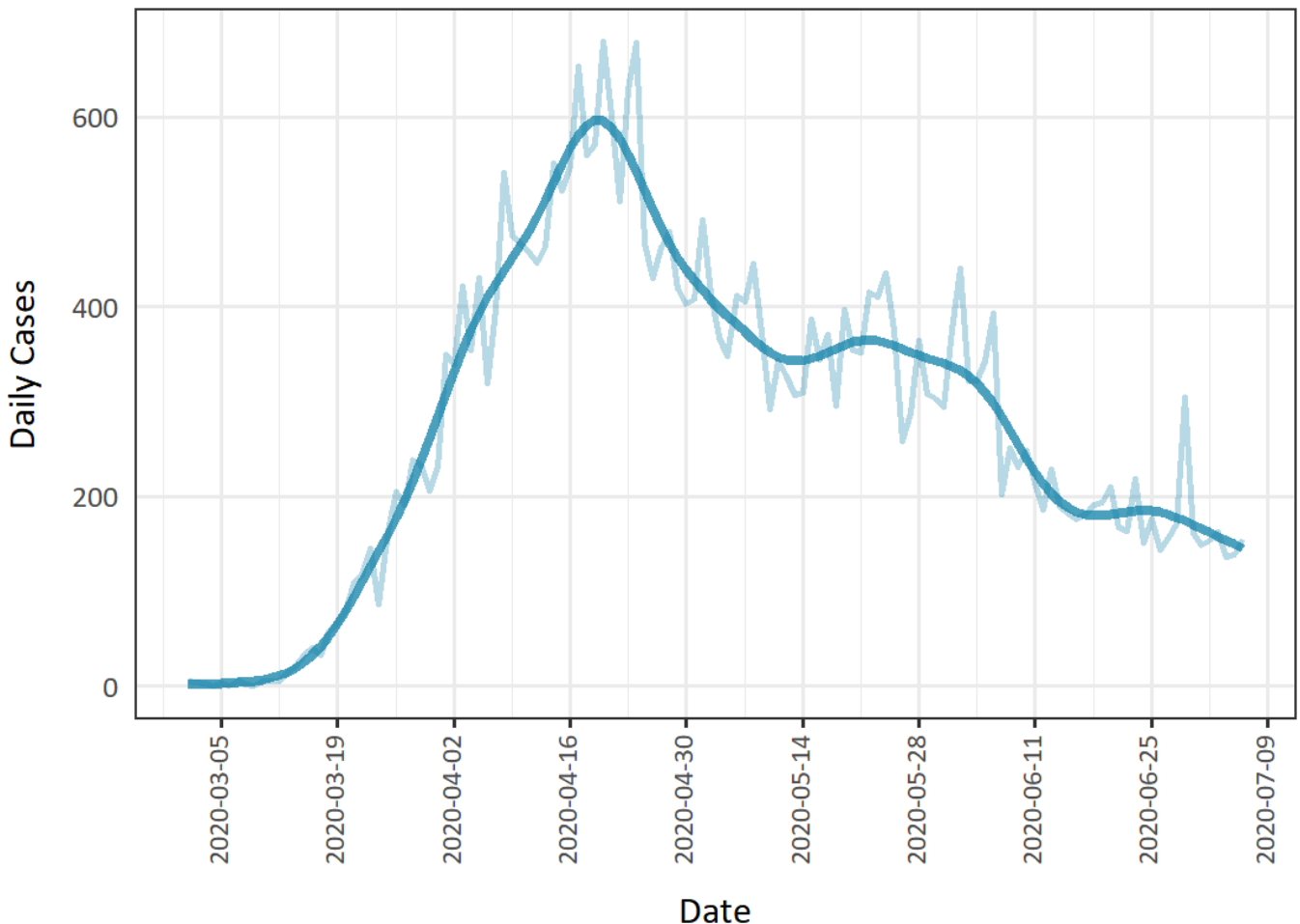
## COVID-19



### Ontario

We are flattening Ontario's epidemic curve. We must keep up with our COVID-19 safety measures. Please do not be complacent in your prevention precautions. The virus remains in Ontario, but everyone did a great job keeping our community safe!

### Epidemic Curve: Ontario



Note: the date used in this graph is the public reporting date

## Employment Opportunities

### Public Works – Casual Worker

This casual worker position will be required to fill-in at Community Centre and LSK Caretaker positions which require a Vulnerable Check, in addition to Custodian absenteeism. Duties may include, but will not be limited to lawn maintenance, building and/or rental unit cleaning and/or maintenance, snow removal, water meter reading, etc.

Closing Date: Open Call

### Childcare Casual RECE and EarlyON Facilitator

The RECE will supervise the children in the assigned classroom in accordance with the philosophy and program statement of the Ekwaamjigenang Children’s Centre, maintaining compliance with all provincial and federal legislation requirements. The EarlyON Facilitator will be responsible for creating the development and delivery of inclusive and culturally responsive and appropriate learning environment that reflects effective practices; facilitating developmentally appropriate, educational, supportive and interactive programs that address unique community needs.

Closing Date: Open Call

### Casual Supply Teacher

The teacher is responsible for ensuring that each child has an opportunity to reach his/her maximum potential through the creation and implementation of suitable programs and teaching styles to meet individual student needs. The teacher will treat all students in a fair and equitable manner. The teacher will adhere to the Ontario College of Teachers Foundations of Professional Practice, including Ethical Standards for the Teaching Profession, Standards of Practice for the Teaching Profession and the Professional Framework for the Teaching Profession.

Closing Date: Open Call

### After School Program Assistant

The After School Program Assistant is responsible for assisting the Community Wellness Worker with the afterschool care of attendees of the MCFN afterschool program.

Closing Date: Open Call for Resumes

### Casual Receptionist Updated January 2019

Provides central reception to staff, Council, and guests at the Band Office, maintain the reception area, mail room and communications room (logging incoming/outgoing mail, distributing mail to relevant departments and updating general information materials in the office, orders office supplies as required, maintaining inventory, logging and distributing general materials such as purchase orders, expense claims and invoice requests.

Closing Date: Open Call

### Casual Registered Early Childhood Educator – Afterschool Program

The Registered Early Childhood Educator – Afterschool Program worker is responsible for providing afterschool care for the five year old attendees of the Afterschool Program.

Closing Date: Open Call

***For detailed job descriptions and to apply, please visit [www.mncfn.ca/job-board](http://www.mncfn.ca/job-board)***

Tobacco sales to resume on June 15, 2020 with the following precautions in place

**YOUR HEALTH IS OUR #1 PRIORITY**

- ✓ Limiting staff contact with the public
- ✓ Staff should be using PPE such as gloves, masks and practice regular hand sanitizing
- ✓ Sanitize gas pumps on a regular basis
- ✓ Access to stores will be limited to up to 2 people at a time
- ✓ Drive through windows will be utilized where available
- ✓ Debit/credit transactions preferred
- ✓ Maintain safe traffic and parking control



# EDUCATION

## LLOYD S. KING ELEMENTARY SCHOOL'S 2020 YEAR-END AWARDS RECIPIENTS

NORTH ~ SPIRITUAL Exemplifies living a good life according to Anishinaabek teachings.	
Kindergarten – Kalli Isaacs & Teddy Martin-King Grade 1/2 – Colleen Montour & Jaxon Bennett Grade 2/3 – Taryn Hill & Bo Hill Grade 3/4 – Kaiah King & Manny Jacko	GRADE 5/6 – Chantelle Wythe & Hanson King GRADE 6/7 – Bella LaForme & Chiichaak Secord GRADE 7 – Jayse General & Timothy Sault GRADE 8 – <i>To be announced at graduation in the fall.</i>
WEST ~ MENTAL Exemplifies strength and effort in overall academics.	EAST ~ PHYSICAL Exemplifies strength and effort in sports, sportsmanship, physical education and healthy living.
Kindergarten – Andy LaForme & Elijah General Grade 1/2 – Ellie McDonald & Nathan LaForme-Poore Grade 2/3 – Genevieve Martinson-Sault & Cheveyo Blasdel Grade 3/4 – Gracie Hill & Tyson LaForme-Poole GRADE 5/6 – Camilla Sault & Chandler McKenzie GRADE 6/7 – Treyanna Green & Clayton Jacobs GRADE 7 – Emily Campbell & Keaton Jonathan GRADE 8 - <i>To be announced at graduation in the fall.</i>	Kindergarten – Kalli Isaacs & Ryan Sault Grade 1/2 – Payton LaForme & Bowen Bacher Grade 2/3 – Mabelle Hill & Aven Sawyer Grade 3/4 – Sarah Longboat & Garrett Longboat GRADE 5/6 – Wiley Jacko & Caleb Brant GRADE 6/7 – Kya MacDonald & Chase Maracle GRADE 7 – Emily Campbell & Avere Sault GRADE 8 - <i>To be announced graduation in the fall.</i>
SOUTH ~ SOCIAL/EMOTIONAL Exemplifies strength and effort in music, dance, drama, visual arts and social interactions.	
Kindergarten – Kennedy Longboat & Connor LaForme Grade 1/2 - Kori Johns & Richard McKenzie Grade 2/3 – Layla Sault & Garry Sault Grade 3/4 – Allison Cochrane & Ethan Wybenga-LaForme	GRADE 5/6 – Chanel Blasdel & Kyle Johns GRADE 6/7 – Skyler Martin-King & Boden LaForme GRADE 7 – Emma Brant & Jordan Hill GRADE 8 – <i>To be announced at graduation in the fall.</i>

MOST IMPROVED Exemplifies great effort in school activities resulting in improved achievement.
Kindergarten – Tehyah Wythe & Declan LaForme Grade 1/2 – Jeremiah LaForme-Hill Grade 2/3 – Ciaran Martin Grade 3/4 – Jared LaForme GRADE 5/6 – Hailey McKenzie-Garlow GRADE 6/7 – Ian LaForme GRADE 7 – Jayse General GRADE 8 - <i>To be announced at graduation in the fall.</i>

ANISHINAABEMOWIN Exemplifies strength and effort in reading, writing, listening to, and speaking Anishinaabemowin.
Kindergarten - Peyton Maracle & Ryan Sault Grade 1/2 - Ellie McDonald & Nathan LaForme-Poore Grade 2/3 - Genevieve Martinson-Sault & Bo Hill Grade 3/4 - Sarah Longboat & Jared LaForme GRADE 5/6 - Charlee LaForme & Hanson King GRADE 6/7 - Kya MacDonald & Chase Maracle GRADE 7 - Jayse General & Jordan Hill GRADE 8 - <i>To be announced at graduation in the fall.</i>

<p>Gracie King Memorial Award ~A Quiet Confidence~ Recognizes a grade 6 student who exemplifies "A Quiet Confidence" by staying strong in Anishinabek values and demonstrating humility and love.</p>
Lillian Martin

<p>Grade 8 Valedictorian, Grade 8 Graduation Award, and Principal's Award</p>
<i>To be announced at graduation in the fall.</i>

# CONGRATULATIONS GRADUATES 2020



**ELI BRANT**

Eli, we have so much pride for all that you are, all that you have been, and all that you will be. Congratulations on your special day! Love, Mom and Dad



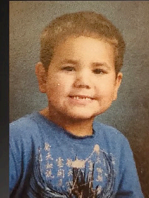
**SUMMER BRANT**

There are not enough words to express how I feel from the time you were a baby to grow into a beautiful young lady. I am so very proud of you and please never let anyone or anything stand in your way in achieving your goals. Remember we love you and will always stand beside you through good and bad. As you follow through with your dreams remember my arms will always be open for you and looking forward in the great accomplishments you do in your life time. Love Mom and Caleb



**JAMES DARLING**

MY WISH, FOR YOU,  
IS THAT THIS LIFE  
*becomes all that you want it to be,*  
YOUR DREAMS STAY BIG,  
*and your worries stay small,*  
YOU NEVER NEED TO CARRY MORE  
*than you can hold,*  
AND WHILE YOU'RE OUT THERE  
*getting where you're getting to,*  
I HOPE YOU KNOW  
SOMEBODY LOVES YOU,  
*and wants the same things too,*  
THIS IS MY WISH.



**KAYDEN HEARN**

YOUR FUTURE DOESN'T LIE AHEAD OF YOU,  
WAITING TO HAPPEN,  
IT LIES DEEP INSIDE OF YOU,  
WAITING TO BE DISCOVERED.



CONGRATULATIONS GRADUATES

2020



CIRA HENRY

*Your life is your story and the adventure ahead of you is the journey to fulfill your own purpose and potential.*  
Kerry Washington



AUSTIN IVANY

We are super proud of you son! Congratulations and good luck in highschool.

Love,  
Your Family



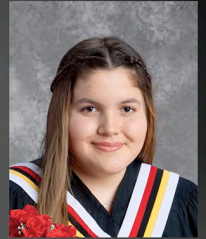
TANA KING

*I hope your dreams take you... to the corners of your smiles, to the highest of your hopes, to the windows of your opportunities, and to the most special places your heart has ever known.*



TEHYA KING

We are so proud of the young woman you have become. High school will bring many challenges, be yourself, remember all you have learned at ISK, set goals and do your best!! We love you very much!



AIDEN LAFORME

I hope you know how proud we are of you and keep on shining like only you can!!!

Love Mom, Dad, Raven, Bella and Gracie



RAYLYN LAFORME

*"The future belongs to those who believe in the beauty of their dreams."*

ELEANOR ROOSEVELT



SCARLET SAULT

Congratulations to you on your graduation day. You are such a beautiful young lady and time sure does go by so fast. Keep looking ahead, keep smiling, stay true to yourself. Love you!

Love Your Family

*"If you can imagine it, you can achieve it, if you can dream it, you can become it."* William Arthur Ward



OUAID SAULT

I hope you know how much you are loved! I hope you continue to be gentle and kind. Get ready to have the time of your life. High school can be challenging, but it can also be a lot of fun!

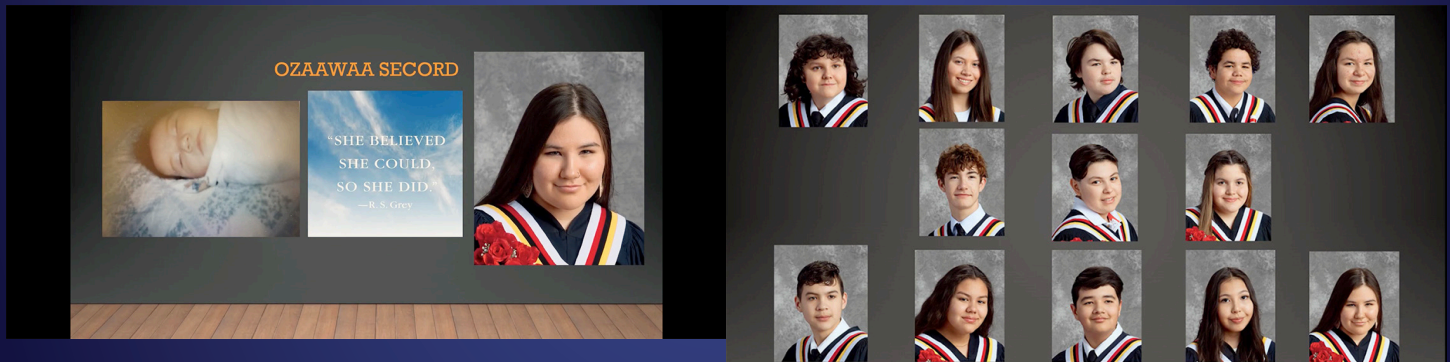
Don't be afraid to take healthy risks. You never know how things might turn out. Focus on getting an education. Never underestimate the power of a nap.

Always remember that no matter what happens along your path, I'll always be here to support you and cheer you on!  
Love, mom.





# CONGRATULATIONS GRADUATES 2020



Your eighth-grade graduation is finally here. It's the biggest day you've waited for all year. Hold your head high and try not to cry. Have your parade and reach for the sky! Please enjoy the video of the 2020 Lloyd S. King Grade 8 Graduates! Visit: <http://mncfn.ca/presenting-the-2020-lloyd-s-king-grade-8-graduates/>

## 2020 Graduation Awards

### GRADUATION AWARD POLICY AND PROCEDURES

#### GOAL

The Mississaugas of the Credit First Nation (MCFN) graduation award started in 2005 sought to reward MCFN's students for their academic achievements.

#### POLICY

The MCFN Community Trust was established in April of 1997, as a result of an agreement between the MCFN and the Government of Canada. The agreement settled an outstanding Land Claim and the settlement money was set aside in trust for use and benefit of the community as a whole, for now and in the future. The trust funds are managed under the direction of a formal Trust Agreement and administered by eight Trustees and a General Manager.

The MCFN Education Department, in partnership with the MCFN Community Trust, has created the Graduation Awards Program for the student members of the First Nation. The program provides monetary awards, tiered based on the level of education the student accomplishes. From the elementary student to the post-graduate all are rewarded for their graduation from their



programs. The program is open to all members regardless of residency. All members who attend an educational institute are eligible for a one time per educational level payment. No other application or payments will be given for any other years other than that currently given.

The Education Department applies to the MCFN Community Trust yearly for the

continuation of this program.

#### PROCEDURES

1. Awards are based on the calendar year (January-December). Awards will be processed once the application has been approved by the Community Trust.
2. The recipient will receive a graduation certificate along with a cheque honouring their achievement and signed by both the Chief and the Chairperson of the Community Trust.
3. Applications for the calendar year will be accepted until March 31 yearly.

The application can be found on our website at [www.mncfn.ca](http://www.mncfn.ca)

# CONGRATULATIONS GRADUATES 2020



## MCFN Ontario Works Reporting Requirements for August 2020 Assistance



**Report to the Case Worker between July 16 to July 24**

- **The Case Worker must receive a report from all Ontario Works recipients.**
- **Reporting can be completed by text message, telephone, or email.**
- **Any reports completed after the deadline of July 24 will be considered late. Please note that regular assistance cheques are being processed on Wednesdays only.**



**Ontario Works Department**  
Mississaugas of the Credit First Nation  
659 New Credit Road, Unit 2, R.R. #6 Hagersville, Ontario N0A 1H0

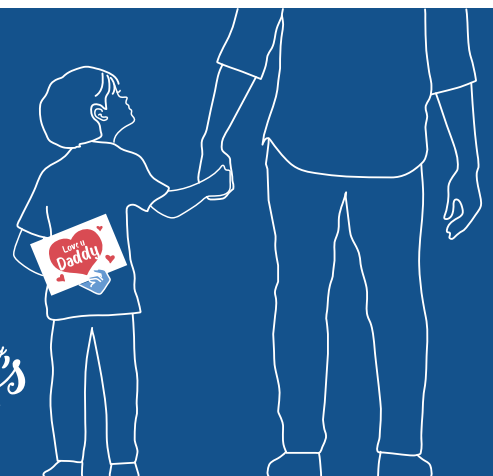


Phone: (905) 768-1181, ext. 225



We hope all the Fathers out there enjoyed their Father's Day craft to make at home!

*Happy  
Father's  
Day*



From the Mississaugas of the Credit First Nation!

mental health

**YOU**  
*matter*

**YOU ARE NOT ALONE**

**24 hour Helplines**

<b>Victim Services of Haldimand--New Credit</b>	<b>1-800-264-6671</b>
<b>First Nations &amp; Inuit Hope for Wellness Help Line</b>	<b>1-855-242-3310</b>
<b>Six Nations Crisis Line</b>	<b>1-866-445-2204</b>
<b>Kids Help Phone</b>	<b>1-800-668-6868</b>
<b>St. Leonard's Community Services</b>	<b>1-866-811-7188</b>
<b>Crisis Assessment &amp; Support Team (CAST)</b>	<b>1-866-487-2278</b>
<b>Ontario Mental Health Help Line</b>	<b>1-866-531-2600</b>
<b>Ontario Drug &amp; Alcohol Helpline</b>	<b>1-800-564-8603</b>

If you require assistance during these challenging times or just need to talk with someone please contact Faith Rivers at 905-536-7863. She is available Monday to Friday from 8:30 a.m. to 4:30 p.m. For after-hours assistance, please contact any one of the services listed above.





## CHILDREN'S MENTAL HEALTH PROGRAM

Monday to Friday 8:30-4:30pm

Rebecca Brown 905-975-1189

Phone/Text: 905-975-1189, Samsung Duo or Whatsapp: 905-975-1189,  
Zoom via person link, Email: Rebecca.Brown@mncfn.ca

Aanii! A friendly reminder that our Children's Mental Health Program has adapted to online/telephone counselling for children, youth and families. Times can be tough with changes to routines, hang outs with friends, news, social movements, travel, school, graduation...the list goes on. It's okay to feel down or overwhelmed with everything going on, but it doesn't mean we have to stay in that feeling. You are worthy of mental wellness and we are here to help.

For help after hours call any one of the numbers below:

- Hope for Wellness Helpline: online chat or call for mental health counselling and crisis intervention to all Indigenous peoples: 1-855-242-3310
- Six Nations Crisis Line 1-866-445-2204
- Kids Help Phone - online chat or call 1-800-668-6868 to speak to a counsellor
- Transgender Crisis Line: 1-877-330-6366
- The Trevor Project - provides crisis and suicide support for LGBTQ youth, 1-866-4-U-TREVOR (1-866-488-7386).

Don't forget to keep a look out for mental wellness resources on the MCFirstNationYouth Instagram account

<https://www.instagram.com/MCFirstNationYouth/>



# Stay Cool Without Air Conditioning

Stay hydrated

Take a cold shower or bath

Use cold wash cloths on your neck & wrists

Use box fans if you have one

Close your curtains or blinds

Sleep in breathable linens

Sleep in the basement if you have one

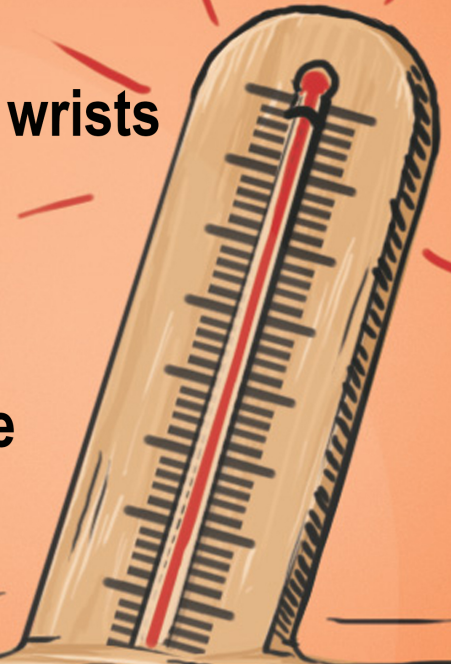
Close the doors of unused rooms

Use the exhaust fan in your kitchen

and/or bathroom

Cook in the morning, with a slow cooker or outside

Enjoy frozen treats



## CAUTION! POISONOUS PLANTS

### GIANT HOGWEED

**POISONOUS:** Yes, do not touch this plant.

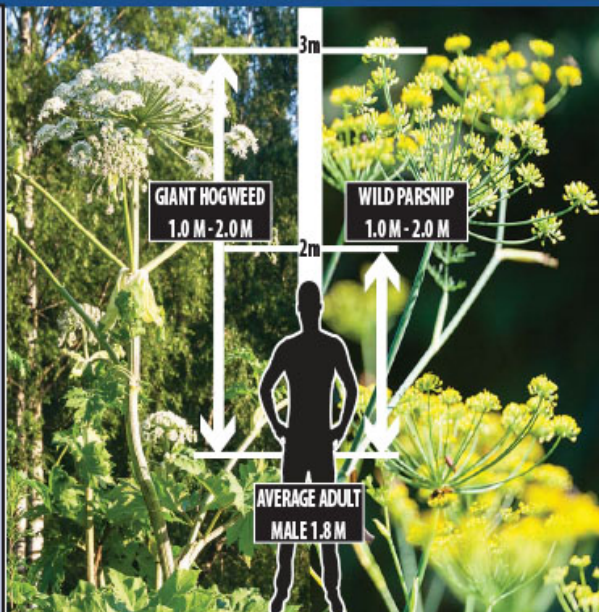
**HEIGHT:** 1 to 5.5 metres

**LEAVES:** Large, deeply cut with sharp coarse teeth reaching widths in excess of 1 metre.

**STEMS:** Covered in coarse, whisker-like hairs with red/purple spots.

**FLOWERS:** White, umbrella shaped, up to 1.2 metres across.

**CAUTION:** If you come in contact with this plant, you could experience severe burns to your skin. Contact with eyes can cause temporary or permanent blindness.



### WILD PARSNIP

**POISONOUS:** Yes, do not touch this plant.

**HEIGHT:** 1 to 2 metres

**LEAVES:** Pinnately compound with 2-5 pairs of opposite, sharply toothed leaflets.

**STEMS:** Completely smooth and reddish/green in colour

**FLOWERS:** Yellow, umbrella shaped, 10-20 cm across. Similar in appearance to dill.

**CAUTION:** If you come in contact with this plant, you could experience severe burns to your skin. Contact with eyes can cause temporary or permanent blindness.

# Sun Safety



Choose a sunscreen with...

- Broad-spectrum (protects against both UVA and UVB rays)
- SPF 30 +
- water resistant

\* CHECK THE EXPIRY DATE

Apply sunscreen 15 minutes before going outside.

Re-apply every 2 hours or more often... especially if swimming, toweling off, or sweating heavily.

Keep babies out of the HEAT & DIRECT SUNLIGHT whenever possible.

Ask a health professional about using sunscreen on babies less than 6 months old.

Use a wide-brimmed hat.

Use loose, lightweight clothing.

Keep babies well hydrated.

Consider testing your sunscreen on a small patch of skin.



If your skin develops a rash, becomes itchy, or otherwise reacts:

- Stop using the product
- Talk to your health professional if you have questions or concerns OR
- Choose a product with different ingredients



For an ADULT

Use about 7 tsp (35ml) for the entire body. 1 tsp for:

- Face and neck
- Each arm and leg
- Front
- Back

DON'T FORGET often missed areas: tops of ears, nose, shoulders, feet, scalp (if hair-challenged) ... Use a sunscreen lip balm to protect your lips, too!

For more information, contact the MCFN Community Health Program 905-768-0141.



**Tye-Dye Kits - T-shirts**

**July 24, 2020**

**12:00 p.m. - 3:00 p.m.**

**MCFN Social and Health Services  
Garage**

**This is brought to you by  
the Stay At Home Initiative!  
Please register by calling or texting  
Shelly at 905-536-9864**

**Registration is from  
8:30 a.m. to 4:30 p.m.  
Monday to Friday.**

**DEADLINE TO REGISTER:**

**JULY 17, 2020 AT 4:30 p.m.**

**This is open to MCFN Member children  
ages 0 to 12 years old both on and off  
reserve who's parents are willing to  
attend and pick up the kits.**

**Please indicate how many children in  
your family.**

**Everything you will need will be  
supplied for this activity!**





# Canvas Painting and Toys!

(skipping ropes, bubbles, and chalk)

brought to you by the Stay at Home Initiative

**July 31, 2020 - 12:00 p.m. to 3:00 p.m.**

**MCFN Social and Health Services Garage**

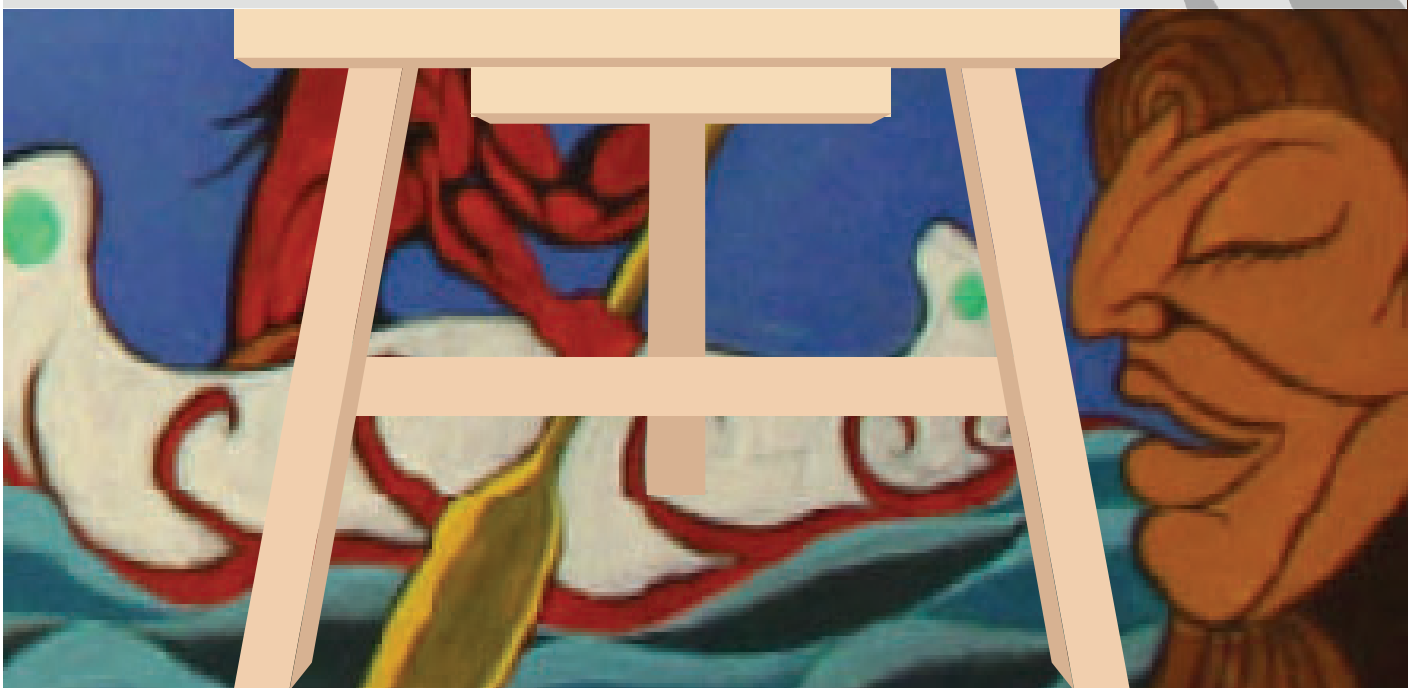
***Please remain in your vehicles***

This is open to MCFN Band Member children ages 0 - 12 years old residing on or off reserve with parents willing to pick up. Please indicate the number of children in your family and everything will be supplied.

To register, please call or text Shelly at 905-536-9864.

Registration is Monday to Friday from 8:30 a.m. to 4:30 p.m.

**REGISTRATION DEADLINE: July 24, 2020 at 4:30 p.m.**





# FREE DRAW

## \$300 De Koning Gift Card

*brought to you by the Stay at Home Initiative*

**July 31, 2020 - 12:00 p.m. Draw**  
**MCFN Social and Health Services Garage**



This is open to MCFN Band Members residing on and off reserve willing to pick up gift card (if you win).

To register:

- Send screen shot to 519-717-7205,
- mail recipes to MCFN Social and Health Services, 659 New Credit Road, Hagersville, Ontario NoA 1H0 Attention: Leslie Maracle, or
- email recipe to [Leslie.Maracle@mncfn.ca](mailto:Leslie.Maracle@mncfn.ca)

**REGISTRATION DEADLINE:**  
**July 30, 2020 at 4:30 p.m.**

# MENTAL HEALTH TOOLBOX TUESDAY July 14, 2020

**This is open to MCFN  
Band Members on and  
off reserve willing to  
attend and pick up  
materials between  
1:00 to 3:00 p.m.  
at the  
MCFN Social and  
Health Services  
garage parking lot.**

**PLEASE REMAIN IN  
YOUR VEHICLES!**



**Come on out and get a mental health toolbox from our Children's Mental Health Worker Rebecca. Rebecca will provide materials for you and your family to personalize your very own tool kit to help calm and process feelings of anger, frustration and pain. This activity is for all ages, especially those 6-18! Some tools will be provided and explained to help kick start your own toolbox. Make sure to keep your toolbox handy for other tools brought to you throughout the summer!**

**RSVP by phone, text or Whatsapp Rebecca Brown at 905-975-1189 to reserve supplies.**

# PHONE AND ONLINE COUNSELLING

**CONTACT NICOLA GLADWELL,  
LSK & HSS SCHOOL COUNSELLOR**

Aanii, friends and LSK community. It grieves me that we can't be together at this time. I'm also grateful for the different ways people can still connect, and that I can continue to support the mental health of children and youth while respecting physical distancing!

1. If we were meeting weekly for counselling, I will be in touch so we can continue our sessions through one of the platforms below.
2. If you would like support in your/your child's mental wellness, please contact me through one of the options below. We can discuss what would work best for me to connect with you/your child.

## 4 OPTIONS:



**PHONE/TEXT**  
1(905)979-0557



**FACETIME**  
PHONE CALLS  
1(905)979-0557



**E-MAIL**  
NICOLA.GLADWELL@MNCFN.CA



**WHATSAPP**  
TEXT, PHONE CALLS  
1(905)979-0557

**AVAILABLE WEEKDAYS 8am – 4pm**

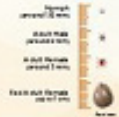
# TOP 10 TICK HIDING SPOTS ON YOUR BODY

Tick checks are one of the ways you can prevent Lyme disease and other infections spread by ticks. **Check your entire body**, especially:



### WHAT TO LOOK FOR?

Feel for bumps and look for tiny dark spots. Look carefully, most ticks are very small!



Weedeat, Cut, Trim

King-Green Lawn Care  
Call 226-802-2391



**Offering Virtual Tea Leaf Readings and Traditional Counselling**  
**EdebwedOgichidaa-Val King,**  
**Chartered Herbalist**  
 Please call 519-802-7015 for appointment.

TEA LEAF READINGS

**TASTY DELIGHTS**  
by Char Wilson  
905.869.5178  
FRESH FOOD FRIENDLY SERVICE  
[www.facebook.com/tastydelightsbycharwilson](http://www.facebook.com/tastydelightsbycharwilson)



Offering lunch time delivery to local area.  
Everything homemade....burgers, corn soup, chili,  
sconedogs, salads, fruit, veggie and kabossa trays  
and more. Call to place order....732 New Credit Rd.  
Hours 11am to 3pm for lunch, 4pm to 7pm for  
dinner

**Dancing Moon Holistic**  
*"Empowering the Spirit"*

Finding peace within

3534 8th Line  
Oshweken, ON N0A 1M0  
Mississaugas of the Credit

519-802-7015  
<https://www.facebook.com/DancingMoonH/>

*Edebwed Ogichidaa Kwe,  
Mewa Dodem*

In 1999, my grandmother gifted me a dream guiding me to practice holistic therapies with the help of my helpers to help our people. So my journey began....

**Products & Services**

*Holistic Counselling by NTFB  
Ear Candling  
Reiki and Energy Clearing  
Aromatouch  
Essential Oils Rep.  
Chartered Herbalologist  
Herbal Products-salves, soaps, lip balms,  
Do other Teachings and facilitation.*

**Dancing Moon  
Holistic**  
*"Empowering Your Spirit"*

5198027015  
<https://www.facebook.com/DancingMoonH/>

**Secords  
Crafts**

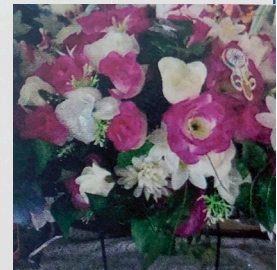
Mississaugas of the  
New Credit First Nation  
3238 Second Line Road,  
Hagersville, Ont. N0A 1H0  
(905) 768-9310 • (905) 768-5713

**Dreamcatcher Florals by  
Dianne**

8 Anishnabek Street  
New Credit Reserve

1-905-768-9555

email: [diannelaforme@hotmail.com](mailto:diannelaforme@hotmail.com)



**K.C.  
Sweets**

R.R.#6 Hagersville  
Ontario N0A 1H0  
289-775-7199

[www.kcsweetsntreats.ca](http://www.kcsweetsntreats.ca)

Delahvae Serena Cheyenne Hill  
 February 15, 1999 - June 15, 2020

It's with great sadness that we announce the passing of our beautiful Delahvae. Rested at Hyde & Mott Chapel, 60 Main St. S., Hagersville on Friday, June 19, 2020. Cremation followed. [www.rhbanderson.com](http://www.rhbanderson.com)



*Miss me but let me go  
 When I come to the end of the road  
 And the sun has set for me,  
 I want no rites in a gloom-filled room;  
 Why cry for a soul set free?  
 Miss me a little - but not too long  
 And not with your head bowed low.  
 Remember the love that we once shared.  
 Miss me - but let me go.  
 For this is a journey that we all must take  
 And each must go alone.  
 It's all a part of the Master's plan,  
 A step on the road to home.  
 When you are lonely and sick of heart,  
 Go to the friends we know  
 And bury your sorrows in doing good deeds.  
 Miss me - but let me go.  
 Love Truman and family.*



King – Lawrence “Lolly”, Graham (Push)

It is with great sadness that we share the sudden loss of this amazing man. Lol was called to be with the Creator on June 26, 2020, one day after his 71st birthday. Beloved husband of 43 years to Bridie, father of Kerri (Scott) and Shannon, and cherished Papa of Lexie, Jaxon, Hudson and Mason. Dear brother of Leslie, Leona, Lonnie, Jean, Beverly, Vic and Harv. Much loved Uncle to many nieces and nephews, great-nieces and great-nephews. Predeceased by his parents Graham and Philnese King (nee Brant), brother Lorne, and in-laws John and Louise Conway. Lolly spent most of his working career as an iron worker and welder. He loved his family dearly, and spent the last 18 years being a devoted and proud Papa. His good-natured humour and quick wit will be fondly remembered by all those who met him. A private family service took place on Monday, June 29, 2020 followed by interment at the New Credit Cemetery.



Chi- miigwech to his health care team for their support over the years. [www.rhbanderson.com](http://www.rhbanderson.com)





# CONTACT INFORMATION

Mississaugas of the Credit First Nation

2789 Mississauga Road, Hagersville, ON N0A 1H0



<https://www.facebook.com/mississaugasofthecreditfirstnation/>

[www.youtube.com/channel/UCLI\\_99I\\_p8-aAmCM4SEXkgQ](http://www.youtube.com/channel/UCLI_99I_p8-aAmCM4SEXkgQ)



@mcfirstnation

mcfirstnation

## Chief R. Stacey Laforme

905-979-9254

Email: [Stacey.Laforme@mncfn.ca](mailto:Stacey.Laforme@mncfn.ca)

## Councillor William Laforme

905-869-5798

Email: [BillL@mncfn.ca](mailto:BillL@mncfn.ca)

## Councillor Cathie Jamieson

905-869-5761

Email: [CathieJ@mncfn.ca](mailto:CathieJ@mncfn.ca)

## Councillor Erma Ferrell

905-869-5760

Email: [ErmaF@mncfn.ca](mailto:ErmaF@mncfn.ca)

## Councillor Evan Sault

905-869-5767

Email: [EvanS@mncfn.ca](mailto:EvanS@mncfn.ca)

## Councillor Julie Laforme

905-869-5763

Email: [JulieL@mncfn.ca](mailto:JulieL@mncfn.ca)

## Councillor Veronica King-Jamieson

905-869-5753

Email: [VeronicaK@mncfn.ca](mailto:VeronicaK@mncfn.ca)

## Councillor Craig King

905-869-5805

Email: [CraigK@mncfn.ca](mailto:CraigK@mncfn.ca)

## DEPARTMENT CONTACTS

### Administration, Culture and Special Events:

Phone: 905-768-1133

### Consultation and Accommodation:

Phone: 905-768-4260

### EarlyON Child and Family Program:

Phone: 289-758-5599

### Education:

Phone: 905-768-0100

### Ekwaamjigenang Children's Centre:

Phone: 905-768-5036

### Employment and Training:

Phone: 905-768-1181 ext. 223

### Housing:

Phone: 905-768-1133 ext. 227

### Lands, Membership and Research:

Phone: 905-768-0100

### Media and Communications:

Phone: 905-768-5858

### Ontario Works:

Phone: 905-768-1181 ext. 225

### Public Works:

Phone: 905-768-1133

### Social and Health Services:

Phone: 905-768-1181

### Sustainable Economic Development:

Phone: 905-768-1133, ext. 244

## EMERGENCY CONTACTS

### Brandon Hill, Infrastructure Manager:

905 517-7900

### Matthew Sault, Infrastructure Assistant:

905 971-2982

### Raymond Hill-Johnson, Technical Resource Manager

519-865-3883

Fire Department: 905 318-5932

Police Department (Cayuga): 905 772-3322

Roads Garage: 905 768-1133 ext 243