**From the office**

February is a very busy month at LSK so please be sure to check the calendar so you don’t miss anything. Some highlights include: the Annual New Credit Invitational School Hockey Tournament, Winter Teachings, Bear Moon Drum Social, Report Cards and Parent/Teacher interviews, Family Day, the Historical Gathering, and a PD day for students.

As our winter weather continues to be unpredictable, we want to remind all parents to ensure your children come to school with appropriate outdoor clothes and footwear so they are ready to go outside every day!

Also, a reminder that if your child is not feeling well, home is the best place for them to be in order to recover more quickly and to prevent the spread of germs.

Miigwech,
H. Danielle MacDonnell

**Reminders**

**School Counselling Program:** I continue to see a number of students individually on a weekly basis for counselling, as well as drop-in students who need support through a particular situation, or want to be referred to other services in or outside the community. It’s an honour for me to serve the community in this way, and as I’ve told many parents and caregivers— I truly love what I do!

**MindUp Mindfulness Curriculum:** I’ve had a fantastic time in the classrooms on Monday’s teaching students about our brains: how important they are, how we can take care of them, and how we can make them operate even better by training our Amygdala’s to relax, and using our PFC’s to help us be kind, think clearly, and solve problems. There is one more MindUp lesson this month on ‘Mindful Action’ before Nikki Shawana comes in on Mondays to teach an other day of language to students! Thank-you Nikki!

**Classroom Circles:** Garth Bell has continued facilitating weekly Restorative Practice (RP) circles in the 6/7 & 7/8 classrooms. Through taking responsibility and talking through tough situations in a circle, classroom cultures have been positively impacted. Students have begun asking to work through situations with others in this way as well, and having real positive results. March newsletter to include an info-insert on RP circles. Miigwech, Mrs. Nicola Gladwell.
February’s Teaching of the Month is: Zaagidwin (LOVE)

To know LOVE is to know peace
• To know how to get along with others & work with people
• To have the capacity for caring
• To show kindness & cooperation
• To apply values of acceptance & empowerment
• Demonstrate capacity to offer hope & effective support
• A desire for harmony & well being in interpersonal relations

Community Events
Community Cultural Events for our students and their families:
**Historical Gathering** ~ at the community center Feb 19 –21, 2020.
**Anishnaabemowin Classes** ~ Wednesdays from 5-7 pm at the MNCFN Community Centre, Dinner Provided.
**PowWow Practice** ~ Thursdays from 6-8pm at LSK gym.
**Theater Group** ~ Feb 1, 15, 29. Mar 14, 28. Apr 18 May 2, 16 12:00—2:00 pm @ LSK Gym.

Extra Curricular
Tuesday ~ Music Club both active breaks.
Wednesday ~ Music Club both active breaks.
Thursday ~ Library Club both active breaks (Jr/Int)
Friday ~ Library Club both active breaks (Primary)

Reminders
**Drop Offs** - Please DO NOT drop off your children prior to 8:30. Children left at school before 8:30 are unsupervised and students are not permitted in the school until the bell rings at 8:45.

**Absences** - If your child will be absent for the day or part of the day please call the office by 9:30am.

**Dismissal** - Our school day ends at 3:15. Students are expected to remain in their class until the bell rings and they are dismissed by their teacher. If you are picking up your child please wait outside until the bell rings!

**Parking** - There is no parking along the sidewalk at the front of the school. Please park within the parking lot and walk to the front of the school to greet your child.

**Late Arrivals** - Your child is marked late after the bell rings at 8:45. Please have them come to the office for a late slip prior to going to their classroom.

Your continued cooperation to keep our school safe is greatly appreciated!

Active and Nutrition Breaks

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**Handwashing**

To help stop the spread of germs in our school that make us sick, we need to **Practice Proper Hand Washing!**

**How to wash your hands:**

1. WET HANDS with warm water  
2. USE liquid soap  
3. RUB hands together and create a lather (15-30 seconds or the length it takes to sing Happy Birthday)  
4. SCRUB between fingers and nails  
5. RINSE with warm water  
6. DRY with clean towel  

Use an alcohol-based hand sanitizer with these steps if a bathroom is not available.

**Wash your hands after:**

- Playing with pets.  
- Sneezing or blowing your nose.  
- Using the bathroom  
- Playing outside  
- Before and after eating  

Also, remember to always cover your cough to help stop the spread of germs that can others sick.

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**Report Cards**

Term 1 report cards will be going home on February 13th. Interviews will be offered in the evening of February 13th and in the afternoon of February 14th. Interview sheets will be sent home later next week! **This also means there will be an early dismissal on Friday, February 14th @ 12pm. Please call the office for pick up and bus arrangements.**

**Dress for the Weather**

Please make sure your child dresses for the weather as all students are expected to be outside for each active break!

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**Hockey**

Students interested in joining the LSK hockey team can sign up in the office. If your child does not have equipment but wishes to play please let us know as Human Services has some extra pads. Hockey practices are scheduled on the following dates at the Gaylord Powless Arena:

- Tues Jan 28 ~ 4-4:50 pm  
- Thurs Jan 30 ~ 4 - 4:50 pm  
- Tues Feb 4 ~ 4 - 4:50 pm  
- Thurs Feb 6 ~ 4 - 4:50 pm  

The tournament will be on Friday Feb 7th at the Gaylord Powless Arena in Ohsweken.

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**Basketball**

Our Junior & Intermediate Basketball Teams have been practicing for their upcoming tournaments which will take place on the following dates:

- Feb 11th ~ Intermediates in Six Nations  
- Feb 18th ~ Juniors (co-ed) in Six Nations  

**Brant County’s postponed until further notice**
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**February 2020**

**1st January:**
- Winter Teachings
- 7:30 pm Hockey Practice (Primary and Junior)
- Bear Moon Social/Feast

**2nd January:**
- Hockey Practice 4-4:50 pm (Primary and Junior)
- Winter Teachings

**3rd January:**
- Grade 8 Grad Pics @ 10 am

**4th January:**
- Grade 8 Grad Pics @ 10 am
- Winter Teachings

**5th January:**
- Grade 8 Grad Pics @ 10 am
- Winter Teachings

**6th January:**
- Hockey Practice 4-4:50 pm (Primary and Junior)
- Winter Teachings

**7th January:**
- Winter Teachings
- 7:30 pm Hockey Practice (Primary and Junior)
- Bear Moon Social/Feast

**8th January:**
- 7:30 pm Hockey Practice (Primary and Junior)
- Bear Moon Social/Feast

**9th January:**
- 7:30 pm Hockey Practice (Primary and Junior)
- Bear Moon Social/Feast

**10th January:**
- 7:30 pm Hockey Practice (Primary and Junior)
- Bear Moon Social/Feast

**11th January:**
- Intermediate Boys Basketball (all day) @ Dajoh Ohsweken
- Winter Teachings

**12th January:**
- 12:00 pm Outdoor Learning Day—All Day
- **Please dress for weather**

**13th January:**
- 12:00 pm Outdoor Learning Day—All Day
- **Please dress for weather**

**14th January:**
- 12:00 pm Outdoor Learning Day—All Day
- **Please dress for weather**

**15th January:**
- Report Cards Go Home with Students

**16th January:**
- 7:30 pm Hockey Practice (Primary and Junior)
- Bear Moon Social/Feast

**17th January:**
- 7:30 pm Hockey Practice (Primary and Junior)
- Bear Moon Social/Feast

**18th January:**
- 7:30 pm Hockey Practice (Primary and Junior)
- Bear Moon Social/Feast

**19th January:**
- Historical Gathering
- No School (all staff attending the Historical Gathering)

**20th January:**
- Snow Shoeing Gr. 1/2, 2/3, 3/4 @ Apps Mills
- Winter Teachings

**21st January:**
- Snow Shoeing Gr. 1/2, 2/3, 3/4 @ Apps Mills
- Winter Teachings

**22nd January:**
- Snow Shoeing Gr. 1/2, 2/3, 3/4 @ Apps Mills
- Winter Teachings

**23rd January:**
- Snow Shoeing Gr. 1/2, 2/3, 3/4 @ Apps Mills
- Winter Teachings

**24th January:**
- Snow Shoeing Gr. 1/2, 2/3, 3/4 @ Apps Mills
- Winter Teachings

**25th January:**
- Snow Shoeing Gr. 1/2, 2/3, 3/4 @ Apps Mills
- Winter Teachings

**26th January:**
- Snow Shoeing Gr. 1/2, 2/3, 3/4 @ Apps Mills
- Winter Teachings

**27th January:**
- Snow Shoeing Gr. 1/2, 2/3, 3/4 @ Apps Mills
- Winter Teachings

**28th January:**
- Snow Shoeing Gr. 1/2, 2/3, 3/4 @ Apps Mills
- Winter Teachings

**29th January:**
- Snow Shoeing Gr. 1/2, 2/3, 3/4 @ Apps Mills
- Winter Teachings

**30th January:**
- Snow Shoeing Gr. 1/2, 2/3, 3/4 @ Apps Mills
- Winter Teachings

**31st January:**
- Snow Shoeing Gr. 1/2, 2/3, 3/4 @ Apps Mills
- Winter Teachings