



# Indigenous Community Health and Research Conference - ICHR

The Faculty of Health Sciences, the McMaster Indigenous Health Movement – Student Group, and the McMaster Indigenous Research Institute are pleased to host the inaugural Coming together to co-create health equity – an Indigenous Community Health and Research Conference.

## Thursday, February 6 – Saturday, February 8, 2020

Location: February 6, 2020: Gathering Place by the Grand – Six Nations  
February 7 & 8, 2020: McMaster University, David Braley Health Sciences Centre

The theme of the first and second day of the conference is about health equity and how healthcare practitioners, researchers, and students can come together with community stakeholders to share information about health issues and priorities and identify opportunities to co-create solutions for more equitable healthcare for Indigenous peoples. The theme of the third day is environmental health and climate change, and it's connection to the health and well-being of indigenous peoples.

### Target Audience

- Community Elders and Knowledge Holders
- Students and Apprentices
- Traditional Practitioners
- Primary Care Practitioners, Nurses, Nurse Practitioners, Physician Assistants, Midwives, Pharmacists, Social Workers, Psychologists, Specialists, Residents, and Rehab Therapists
- Public Health Specialists
- Researchers and Knowledge Users

[healthsci.mcmaster.ca/ihi/ichr](https://healthsci.mcmaster.ca/ihi/ichr)

### For Activity Information

CAROL STEWART, CMP, HMCC, CHSE Coordinator  
McMaster University, Continuing Health Sciences Education  
P: 905-525-9140 x 20052  
F: 905-572-7099  
E: [castewa@mcmaster.ca](mailto:castewa@mcmaster.ca)

### For Registration Information

P: 905-525-9140 x22671  
E: [cmereg@mcmaster.ca](mailto:cmereg@mcmaster.ca)  
W: [chse.mcmaster.ca](http://chse.mcmaster.ca)



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# Agenda Day 1

## Learning Objectives

At the end of the learning activities, learners will be able to:

- Identify and discuss social, political, medical and mental health issues that disproportionately impact the Indigenous peoples in Canada and collaborative solutions to address them
- Engage in meaningful relationship building discussions and activities to build allyship with local, regional, and provincial health practitioners and organizations
- Identify strategies to promote social justice and health equity through culturally safe care
- Identify opportunities for multidisciplinary collaboration in fostering holistic framework of wellbeing, including physical, emotional, spiritual, and mental health

07:15 – 08:00	<b>REGISTRATION AND LIGHT BREAKFAST</b>	13:45 – 14:45	Traditional Practitioner Considerations
08:00 – 09:00	Opening Ceremony and Introductions		<b>Panel Members:</b>
09:00 – 09:30	2020 VISION: Strategy for Training Aboriginal Physicians in Ontario – Where Are We Now <b>Bernice Downey</b> Indigenous Health Lead, Faculty of Health Sciences		<b>Dr. Karen Hill</b> Lead Physician, Juddah's Place
09:30 – 10:15	When the tyrant is in your house: Why we are still talking about health inequality <b>Senator Mary Jane McCullum</b>	14:45 – 15:00	Questions for the Panel Members
10:15 – 10:30	Question & Answer	15:00 – 15:15	<b>AFTERNOON BREAK</b>
10:30 – 10:40	<b>BREAK</b>	15:15 – 16:00	Creating space for the 'Sacred' in Cancer Care? The Integration of Indigenous Healing into Health Care <b>Cathy Fournier</b>
10:40 – 11:40	Co-creating Health Equity: Understanding Community Health Priorities, successes and Challenges  <b>Panel Members:</b> <b>Lori Davis Hill</b> Director, Six Nations of the Grand River Health Services <b>Connie McKnight</b> Chief Executive Officer, De dwa da dehs>s Aboriginal Health Centre <b>Councillor Evan Sault</b> Pillar Two Lead – Nation Wellbeing and Wellness Mississaugas of Credit First Nation <b>Terry Ramirez</b> Indigenous Health Strategy Specialist, Public Health Services City of Hamilton	16:00 – 16:15	Question & Answer
		16:15 – 17:00	Indigenous Physicians Providing Primary Care for Indigenous People <b>Dr. Karen Hill</b> Lead Physician, Juddah's Place
		17:00 – 17:15	Question & Answer
		17:15 – 17:30	<b>BREAK</b>
		17:30 – 19:30	<b>EVENING SOCIAL AND DINNER – PRE-REGISTER</b>
11:40 – 11:55	Questions for the Panel		
11:55 – 12:45	<b>LUNCH</b>		
12:45 – 13:30	Creating Equity through Indigenous Health and Healing Practices <b>Carol Hopkins</b> Executive Director, Thunderbird Partnership Foundation		
13:30 – 13:45	Question & Answer		

# Agenda Day 2

## Learning Objectives

At the end of the learning activities, learners will be able to:

- Identify and understand how Indigenous scholars, healthcare practitioners, and scholars apply and utilize Indigenous knowledge systems in their clinical and research work
- Apply and integrate cultural beliefs, characteristics, attitudes, values, and traditions when designing and conducting research, and reporting research findings
- Understand the role (or place) of Indigenous knowledge and knowledge keepers within Indigenous Communities and Culture

07:45 – 08:30	<b>REGISTRATION &amp; LIGHT BREAKFAST</b>		
08:30 – 09:00	Welcome and Opening Remarks <b>Dr. Bernice Downey</b> Indigenous Health Lead, Faculty of Health Sciences <b>Dr. Paul O'Byrne</b> Dean and Vice-President, Faculty of Health Sciences <b>Dr. Jonathan Bramson</b> Vice-Dean, Research, Faculty of Health Sciences		
09:00 – 09:45	Noojimo Mikana (A Healing Path) – Serving Indigenous communities through Research <b>Dr. Carrie Bourassa</b> Scientific Director of the national Institute of Indigenous Peoples' Health Canadian Institutes of Health Research	11:05 – 12:00	<b>Workshop Session 2 (choose one)</b> <b>E.</b> The Current Landscape of Cultural Safety in Nursing and Medical Education <b>Panel Members:</b> <b>Danielle Bourque Bearskin</b> Registered Nurse and Masters Candidate McMaster University <b>Dr. Jillian Roberge</b> Emergency Medicine Resident, McMaster University <b>F.</b> Indigenous Health Research is Looking for You! <b>John R. Sylliboy</b> Community Research Project coordinator Aboriginal children's Hurt and Healing Initiative <b>G.</b> Quilting Storywork: Indigenous Data Sovereignty and the Path Forward through Relationships and Engagement <b>Robyn Rowe</b> <b>H.</b> Providing Culturally Safe breastfeeding and Infant Feeding Support to Indigenous Families <b>Yolande Lawson</b>
09:45 – 10:00	Question & Answer	12:00 – 13:00	Indigenous Health Research: Reclamation, Renewal and Reform - Part 2 <b>Dr. Bernice Downey</b> Acting Director, Indigenous Research Institute
10:00 – 10:55	<b>Workshop Session 1 (choose one)</b> <b>A.</b> Realizing Truth and Reconciliation in Health Care: The Necessity of Wise Practice <b>Dr. Lisa Richardson</b> Strategic Advisor, Indigenous Health, Faculty of Medicine University of Toronto <b>B.</b> Fostering Knowledge Stewardship through Librarianship <b>Laura Banfield</b> Librarian, Health Sciences Library McMaster University <b>C.</b> Circles of Conversation: Resistance and Resurgence go Hand in Hand <b>Keri Cheechoo</b> <b>D.</b> Hamilton Public Health Services – Engaging the Local Indigenous community-Towards Development of an Indigenous Health Strategy <b>Terry Ramirez</b> Indigenous Health Strategy Specialist, Public Health Services City of Hamilton	13:00 – 13:45	<b>LUNCH</b> KeyNote - TBD
10:00 – 10:55	Indigenous Health Research: Reclamation, Renewal and Reform - Part 1 <b>Dr. Bernice Downey</b> Acting Director, McMaster Indigenous Research Institute	13:45 – 14:00	Question and Answer
10:55 – 11:05	<b>MORNING BREAK</b>	14:00 – 14:45	Indigenous Research in the Academy: from Creation Stories to Methodological Rigour <b>Panel Members:</b> <b>Dr. Bernice Downey</b> Acting Director, McMaster Indigenous Research Institute <b>Dr. Chelsea Gabel</b> Canadian Research Chair, Indigenous Well-Being, Community Engagement and Innovation
		14:45 – 15:00	Questions for the Panel
		15:00 – 15:10	Break
		15:10 – 16:10	<b>Workshop Session 3 (choose one)</b> <b>I.</b> Odayimman (Mending Broken Hearts): Weaving Together Indigenous Heart Health and Well-being Through Storytelling <b>Dr. Bernice Downey</b> Research Chair, Indigenous Women's Heart & Brain Health, Heart and Stroke Foundation and Canadian Institute of Health Research <b>J.</b> The First nations Principles of OCAP: Health Research and Data Sovereignty <b>Dr. Aaron Franks</b> Senior Manager, First Nations Information Governance Centre <b>K.</b> Bridging the Gap of Health Inequity: The Role of Indigenous Patients Navigator <b>Aric Rankin</b> <b>L.</b> Anishiniw Nanadowi'kikendamowin, Health Outcomes of Our People. The Sioux Lookout Area First Nations' Adult health Status Report <b>Justin Wurtzel</b> <b>M.</b> Networking Space
		16:10 – 16:20	Transition time
		16:20 – 16:30	Closing Remarks <b>Dr. Bernice Downey</b>

# Agenda Day 3

## Learning Objectives:

At the end of the learning activities, learners will be able to:

- Identify and discuss the relationships between climate change, environmental health and Indigenous health
- Identify and understand how Indigenous community members, youth, students, scholars and activists are working toward environmental health and climate justice using Indigenous knowledges and perspectives
- Understand how Indigenous knowledge and practice is an essential component of broader environmental health discourses

08:00 – 08:45 **REGISTRATION AND BREAKFAST**

08:45 – 09:15 Opening Remarks

09:15 – 10:15 **Keynote Address**  
**Ohneganos: Indigenous Ecological Knowledge, Training & Co-Creation of Mixed Method Tools – a Model in Decolonizing Environmental Health Research**  
**Dawn Martin-Hill**  
Associate Professor, MacPherson Chair in Indigenous Studies

10:15 – 10:25 **MORNING BREAK**

10:25 – 11:25 **Morning Breakout Session 1 (choose one)**

- Ecological Relationships in the Grand River  
**Kerdo Deer**  
Ecotourism Coordinator Kayanase (Six Nations)
- Water Sovereignty in Indigenous Communities  
**Kelsey Leonard**  
Postdoctoral Fellow, Department of Health Aging & Society
- Tracking the Impacts of a Pulp and Paper Mill in Pictou Landing First Nation  
**Dr. Diana Lewis**  
Assistant Professor, Department of Geography and First Nations Studies, University of Western Ontario
- Womxn Water Warriors  
**Sonia Hill**  
Hamilton Regional Coordinator at Indigenous Sustenance Reclamation Network
- Remembering Who We Are: Land-based Healing and Wellness  
**Jennifer Redvers**  
Advisor and Consultant Institute for Circumpolar Health Research
- Climate Justice: A Haudenosaunee Agriculturalist's Perspective  
**Terrylyn Brant**  
Mohawk Seedkeeper

11:25 – 12:25 **LUNCH**

12:25 – 13:25

**Keynote Address**

**Liliana Madrigal**  
Co-Founder and Executive VP  
Amazon Conservation Team

13:25 – 14:25

**Afternoon Breakout session 2 (choose one)**

- Ecological Relationships in the Grand River  
**Kerdo Deer**  
Ecotourism Coordinator Kayanase (Six Nations)
- Water Sovereignty in Indigenous Communities  
**Kelsey Leonard**  
Postdoctoral Fellow, Department of Health Aging & Society
- Tracking the Impacts of a Pulp and Paper Mill in Pictou Landing First Nation  
**Dr. Diana Lewis**  
Assistant Professor, Department of Geography and First Nations Studies, University of Western Ontario
- Womxn Water Warriors  
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- Climate Justice: A Haudenosaunee Agriculturalist's Perspective  
**Terrylyn Brant**  
Mohawk Seedkeeper

14:25 – 14:35

**BREAK**

14:35 – 16:00

Environmental Activist Panel

**Panel Members:**

**Judy Da Silva**  
Environmental Health Coordinator, Grassy Narrows

**Makasa Looking Horse**

Activist, Six Nations

**Eryn Wise**

Communications and Digital Director, Seeding Sovereignty

16:00 – 16:30

**CLOSING CEREMONIES**

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## Disclosure of Conflicts of Interest

In keeping with accreditation requirements and the National Standard for Support, McMaster University, Continuing Health Sciences Education Program requires that all speakers, planning committee members, moderators, facilitators and authors participating in this activity must disclose all relationships with for-profit and not-for-profit organizations over the previous two years. Disclosure must be done in print, verbally, and in writing on a slide prior to the speaker's presentation.

# General Information

## **CANCELLATION POLICY**

The University reserves the right to cancel a course due to insufficient registration or any circumstances that are beyond our control. Cancellations received before **January 23, 2020** will be refunded less a 25% administrative fee to a maximum of \$50.00. No refunds will be issued for cancellations received after this date.

## **LIABILITY**

Continuing Health Sciences Education (CHSE) hereby assumes no liability for any claims, personal injury, or damage:

- To any individual attending this activity.
- That may result from the use of technologies, program, products and/or services at this activity.
- That may arise out of, or during this activity.

## **ACTIVITY PACKAGES**

As the registrant your activity package includes breakfast, nutritional breaks, and lunch. Your activity lanyard must be worn at all times throughout the day. If you have a guest accompanying you to the activity, their meals are at their own cost and will be billed directly. Meal packages for guests may be purchased. Contact the CHSE coordinator for more information.

## **PHOTOGRAPHY**

Photos will be taken at the program. Your registration implies your permission for these photos to be used for promotional material. Individuals in photographs will not be identified.

## **CONFIRMATION OF REGISTRATION**

A written acknowledgement of your registration will be sent prior to the activity. Receipts are emailed at the time of registration and an additional email will be sent after the activity, confirming your certificate of attendance is ready to download or print. Your registration is not complete unless a confirmation is received. If you have not received a confirmation within 7 days of registration, please contact the CHSE office.

# Planning Committee

## **Bernice Downey, PhD**

Medical Anthropologist  
Assistant Professor  
School of Nursing & Dept. of Psychiatry and Behavioral Neurosciences  
Indigenous Health Lead  
Faculty of Health Science  
McMaster University  
Research Chair  
Indigenous Womens' Heart & Brain Health  
Heart & Stroke Foundation & Canadian Institute of Health Research

## **David Price, BSc, MD, CCFP, FCFP**

Professor & Chair  
Department of Family Medicine  
McMaster University

## **Nick Kates, MBBS, FRCPC, MCFPC(hon)**

Professor and Chair  
Department of Psychiatry and Behavioural Neurosciences  
Michael G. DeGroot School of Medicine  
McMaster University

## **Valerie O'Brien**

Research Coordinator  
Vice-President, Research  
McMaster Indigenous Research Institute  
McMaster University

## **Alex Lee**

Program Administrator  
Indigenous Health  
Faculty of Health Sciences  
McMaster University

## **Joshua Rafael**

Co-President  
McMaster Indigenous Health Movement  
Bachelor of Arts and Sciences Program Student  
McMaster University

## **Julie Leroux**

Co-President  
McMaster Indigenous Health Movement  
Bachelor of Health Sciences Program Student  
McMaster University

## **Danielle Bourque, RN, BScN**

Master's Student  
School of Nursing  
McMaster University

## **Valarie King**

Chartered Herbalist  
Holistic Counsellor  
Juddah's Place

## **Katelyn Knott, B.A. Hons, M.A.**

## **Emily Block, BSc, MSc**

Curriculum Developer and Education Research Lead  
Continuing Health Sciences Education  
Faculty of Health Sciences  
McMaster University

## **Carol Stewart, CMP, HMCC**

CHSE Coordinator  
Continuing Health Sciences Education  
Faculty of Health Sciences  
McMaster University

Indigenous  
Community Health  
and Research  
Conference - ICHR

# Registration Form

Indigenous Community Health and Research Conference - ICHR

Thursday, February 6 – Saturday, February 8, 2020

## There are 5 Ways To Register:

**1. ONLINE:** [chse.mcmaster.ca/ichr](http://chse.mcmaster.ca/ichr)

**2. BY PHONE**  
905-525-9140 x 22671

**4. BY FAX**  
Fax a completed registration form with a Visa, MasterCard or AMEX number to 905-572-7099

**3. IN PERSON**  
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Hamilton, ON L8P 1H6  
Monday to Friday between the hours of 9:30 am – 4:00 pm

**5. BY MAIL**  
Send your completed registration form to:  
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1280 Main St. West, DBHSC, Rm 5004, Hamilton, ON  
L8S 4K1

### Workshops: Choose ONE from each session

**Day 2:** **Session 1>**     A    B    C    D  
**Session 2>**     E    F    G    H  
**Session 3>**     I    J    K    L

**Day 3:** **Session 1>**     A    B    C    D    E    F  
**Session 2>**     G    H    I    J    K    L

# Registration Fees

Day 1	
<input type="checkbox"/> Elders & Knowledge Helpers	\$0.00
<input type="checkbox"/> Physicians, Health Practitioners, University Faculty and Staff, Government Employees	\$125.00 + hst
<input type="checkbox"/> Community Stakeholders and Collaborators	\$40.00 + hst
<input type="checkbox"/> Students	\$15.00 + hst
<input type="checkbox"/> <b>DINNER AND SOCIAL</b>	\$45.00 + hst
Day 2	
<input type="checkbox"/> Elders & Knowledge Helpers	\$0.00
<input type="checkbox"/> Physicians, Health Practitioners, University Faculty and Staff, Government Employees	\$125.00 + hst
<input type="checkbox"/> Community Stakeholders and Collaborators	\$40.00 + hst
<input type="checkbox"/> Students	\$15.00 + hst
<input type="checkbox"/> Research Training Workshop (limit 40)	\$45.00 + hst
Day 3	
<input type="checkbox"/> Elders & Knowledge Helpers	\$0.00
<input type="checkbox"/> Physicians, Health Practitioners, University Faculty and Staff, Government Employees	\$125.00 + hst
<input type="checkbox"/> Community Stakeholders and Collaborators	\$40.00 + hst
<input type="checkbox"/> Students	\$15.00 + hst

Dr.  Mr.  Mrs.  Miss.  Ms.

\*All fields are required in order to process your registration

Surname

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Profession: MD FP/GP  MD Spec  NP  PA  Nurse  OT/PT  Pharmacist  Resident  Student  Other   
Specify Specify Specify

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If you require PERSONAL SUPPORT at this activity, the health aid provider must register in advance at the general public rate.