

EAGLEPRESS NEWSLETTER

Easter Hunt 2019



MCFN Community Support played host to the MCFN Easter Brunch and Hunt with their very special guest! See more page 19

Vision Statement ⁱⁿ Ojibwe:

Ezhi niigaan waabjigaayewaad Mississaugas New Credit endaawaad (the vision of these people). Ezhip mino maadzijig (living a joyful life), ezhi waamji-gaazwaad (their identity, how people have identified them), ezhi debwedmowaad (their beliefs), ezhi mimiingaazwaad (what was given to them by Creation, what they always had, their heritage), niigaabminunkiiwaad Anishinaabek (is how they always lived as Anishinaabek).

Translated by: Nimkew Niinis, N'biising First Nation.

Eaglepress Newsletter

The Eaglepress newsletter is available for download at **www.mncfn.ca.** We encourage members to view the online version rather than subscribing to print to help us care for Mother Earth and save print and postage costs.

The Eaglepress will continue to evolve with new features and information. If you have suggestions for the newsletter, please contact:

Media and Communications Department Office: 905-768-5858 Email: communications@mncfn.ca



Artwork Acknowledgement

LSK Mural: Eaglepress Newsletter acknowledges artist(s) Philip Cote, Tracey Anthony, Rebecca Baird, for use of their artwork for our identifier, marketing and promotional materials.

The original artwork (pictured below) is located in the Library at Lloyd S. King Elementary School.





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A MESSAGE FROM THE CHIEF

A Message From Chief R. Stacey Laforme

Recently, I visited our friends in Toronto to deliver the Mississaugas of the Credit prayer and land acknowledgement and I wanted to share my spoken words and poem because I feel they are important.

Welcome to Toronto

I envy the unity you share, and admire and respect your philosophies on life. My people share similar beliefs.

My people fight for our place in Canada everyday, from poverty and discrimination, missing and murdered women/men, suicides, theft of our children...it is a struggle for us and we will prevail because we must. We appreciate our many allies and friends.

Yet there is another struggle that we all must fight. You see the voice that is prominent across this world is one of isolation and fear, it teaches hate and contempt and if it is not challenged it will grow until it becomes the only voice.

We must stand and our voice of unity and inclusiveness must be heard. We cannot be silent. We must show the people of this world that there is a stronger voice that must be heeded; one of unity, inclusion and love. We must say: "you do not represent us, you are not who we of this world are, for we cannot leave the fate of our children, our future in the hands of those who teach fear, divisiveness and hate."

No one thing, can define us For we are complex creatures, dreamed in the mind of the Creator We laugh when we should cry We cry when we should laugh We joke when in pain We smile because tears could consume us We love unconditionally and totally We understand that family should come first Yet family is not defined, solely by blood We are quick to anger, yet no one forgives faster We are loyal and we are strong When we commit, we are unwavering We have survived much, but do not mistake

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adaptation for resignation You will always see us, for we will always be here Standing for what we believe in, standing beside each other

Doing what is right for our children, our future We remember our obligation to our mother the earth And we remember our place upon her We are a proud people and honorable people We do not always do right, for we are human And prone to the follies of humanity Yet we strive to be better, to make each other better To make the world a better place for the children I know the Creator smiles upon us, no matter where we are, or what we do For the love of a child is unconditional No matter where life takes you, walk proud

Everyone sees something of themselves in that poem and that shows us no matter how far apart we may seem, we are never so far that we cannot find common ground.

Miigwech, thank you Chief R. Stacey Laforme

Let's Learn Anishinaabemowin: May Words

May Flower Moon	Waabigwanii-giizis
Bee/Wasp	Aamoo
Birds	Bneshiinhsak
Baby Turtle	Mskwaadens
Deer	Waawaashkesh
Field/Garden	Ktigaan
Flower	Waabskone/Waaskone
Grass	Miishkoonhsan



HISTORICAL TIDBIT By Darin Wybenga

On April 7, 1847, Mississaugas of the Credit Chiefs Joseph Sawyer and the Rev. Peter Jones met with Six Nations Chiefs at their council house in Onondaga Township. Minutes of the Six Nations Council meeting record the discussion which set the stage for the relocation of the Mississaugas to a new home in Tuscarora and Oneida Townships one month later.

Frustrated in their attempts to relocate their village on lands near Owen Sound, and knowing also that the lands of their agricultural settlement at the Credit River were slated for sale; the Mississaugas were on the verge of homelessness. As they considered their plight, rumours reached the Credit River Mission Village that the Six Nations of the Grand River had heard of the Mississaugas' predicament and intended to invite them to come and live amongst them. Sawyer and Jones paid a visit the Six Nations to ascertain whether there was any truth to the rumours they had heard.

Discussion with the assembled Six Nations Chiefs confirmed, for Sawyer and Jones, that they had not

heard idle gossip - the rumours were indeed true. The visitors from the Credit River listened attentively as Chief Henry Brant, of the Six Nations' Council, recalled how his own people had lost their lands at the end of the American Revolutionary War and then needed to find a new home. He also recalled, with gratitude, how the Mississaugas of the Credit, hearing of the condition of the Six Nations, made available some of their territory that they might have a new home. Chief Brant noted that the lands "possessed and occupied" by the Six Nations had once been that of the Mississaugas. "Rumours," said Chief Brant, "had recently reached the ears of the Six Nations that their tribe [the Mississaugas] ... were moving about without a Home, they [the Six Nations] therefore intended to send word that if these rumours were true to invite them to come again to these lands first occupied by them, and there to take a part of that Reserve for their Residence."

In his reply to Henry Brant, Joseph Sawyer reflected upon the treaty reached at Niagara between the Mississaugas of the Credit and the British that allowed Governor Frederick Haldimand to settle the Six Nations on a swath of land six miles deep on both sides of the Grand River. He outlined for the assembled chiefs the former extent of the Mississaugas' territory and how their lands had now been so reduced that his people had "scarcely enough to stand upon." He spoke about his band's disappointment at finding the lands at Owen Sound unfit for agriculture and the subsequent decision of the band not to relocate to the area. Noting the good feelings of the Six Nations towards his people, Sawyer, a devout Methodist, considered the offer of land by the Six Nations as nothing short of providential. Expecting little more than 200 souls to relocate from the Credit, Sawyer readily accepted the gift of a new home from the Six Nations chiefs.

Before the relocation of the Credit people could commence, it was thought best by all concerned that the advice of the government be sought on the agreement reached between the First Nations. In the meantime, while waiting upon the government, Chief Jones asked if a group of young men from the Credit might look at the unoccupied lands on the Six Nations Reserve that might serve to settle his people. Jones made clear that if squatters had

Historical Tidbit (continued)

to occupy, the Mississaugas would pay the value of had enabled the birth of a new community in 1847. The such improvements. Furthermore, to prevent any misunderstandings in the future, Jones stated the desire of the Mississaugas to pay something, however small, that the land given would not be altogether regarded as a free gift. If perchance at some point in the future, problems arose as to the Mississaugas' land tenure at their new home, a record of some payment for the lands occupied by the Mississaugas would help to dispel any such concerns.

The Council meeting adjourned until later that month when it was presumed the thoughts of the government would be made known regarding the arrangements made between the Six Nations and the Mississaugas of the Credit.

In 1784, when the Mississaugas of the Credit negotiated the Between the Lakes Treaty that enabled the British Crown to grant the Haldimand Tract to the Six Nations, little did they know the situation would be reversed almost sixty-three years later. One good turn deserved another and the goodwill expressed by the Six Nations of the

made improvements on any of the lots they chose Grand in returning the earlier favour of the Mississaugas community would be christened "New Credit" and May 2019 marks the 172nd anniversary of its establishment.

> For more information about the Between the Lakes Treaty visit: <u>http://mncfn.ca/treaty3/</u>.

> To read the minutes of the meeting that took place between the Mississaugas of the Credit chiefs and the chiefs of the Six Nations on April 7, 1847 visit:

> http://collectionscanada.gc.ca/pam_ archives/index.php?fuseaction=genitem. displayItem&lang=eng&rec_nbr=2083048.



Special Events and Culture presents Beaded Strawberry Workshop Sunday, June 16, 2019 10:00 a.m. - 5:00 p.m. **MCFN Community Centre Boardroom** 659 New Credit Road, Bldg #4

This event is open to everyone of all skill levels of beading!

Free for MCFN members and \$60.00 for non MCFN members.

Light lunch provided.

This event is limited to 25 participants and you must register by Monday, June 3, 2019 by 12:00 p.m.

If you are interested in attending this event, please contact Jai-King Green to register at 905-768-1133, ext. 232 or by email at jai.king-green@mncfn.ca

Special Events and Culture Hosts NFB Wide Awake Series

On Friday, April 12, 2019, the Mississaugas of the Credit First Nation, Culture and Special Events department played host to the community for the showing of two films "Reel Injun" and Etlinisigu'niet (Bleed Down).

Many films have been showcased every month throughout this past year.

Following a stellar first year for the Aabiziingwashi (Wide Awake) tour, which features more than 500 screenings of films from the National Film Board's (NFB) unique collection of over 250 Indigenousmade works, Wide Awake announced that it will be extending the tour into 2019!

The films in the Wide Awake series are stories of our land, as told by First Nations, Métis and Inuit filmmakers from every region of the country, the west coast, east coast, including animation. These films have covered a variety of relevant issues. Powerful, political, and profound, the films initiate and inspire conversations on identity, family, community, and nationhood. Clements, and Birth of a Family by Tasha Hubbard, which was showcased this past February at the MCFN Community Centre.

Spread the word and join MCFN on May 10, 2019 at the MCFN Community Centre for the screening of Reel Injun and Red Path. One last screening will take place in June, following a short summer break. Come out to the MCFN Community Centre and relax and enjoy an Indigenous-made film while MCFN provides you and your family with a free dinner and a movie! Organizers encourage feedback and would love to hear from you on helping them reach their ultimate goal of filling the MCFN Community Hall on showcase night. If you would like to provide feedback, please call Caitlin Laforme, Culture and Special Events Coordinator or Jai King-Green, Culture and Special Events Assistant at 905-768-1133 and they will be happy to assist you with any feedback you wish to provide.

The National Film Board Wide Awake Indigenous Film Screenings have presented been collaboration in with APTN, TIFF Bell Lightbox, the imagineNATIVE Film and Media Arts Festival and many other partners across the country including the Mississaugas of the Credit First Nation.

In 2018, new titles were added to the current offering, which includes this month's screening of The Road Forward by Marie



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MCFN Elder Passes Knowledge To LSK Students

On Mar. 26, 2019, Val King and Alternative Roots organized a Water Festival for the students of LSK. The festival included many stations for students to attend on the various importances of water.

Nbii Biimaadziwin (Water is Life). Recognizing Shkaamaa Kwe (Mother Earth) for all she gives us. King's knowledge provided education and awareness, on speaking for the water, protecting the water, and honouring the water.

Valarie has implemented culture within the classrooms at Lloyd S. King Elementary school and the Ekwaamjijgenang daycare centre based on the Anishnaabe creation story. She did an in-school curriculum developed from visiting the homes of the community to gather input and ideas of what they wanted the children to learn. She took their ideas and created tools to assist in this process thus calling the curriculum "The Journey Within". From the beginning over 20 years ago utilizing a circle format vs a classroom setting, to moving towards land-based approaches by utilizing hands-on natural materials, the outdoors,

stories, songs, medicines, pictures, circle format to enhance children's sensory skills & learning.

The students enjoyed the various stations as seen here and learned on the importance of water delivered by King's balanced cultural teachings.







MISSISSAUGAS OF THE CREDIT

33rd ANNUAL

For further information contact the New Credit Cultural Committee @ (905) 768-3067 info@newcreditcc.ca

www.newcreditcc.ca

MCFN Celebrates Earth Week

Every year on April 22nd, each nation and culture around the world celebrates Earth Day in their own way, making it the largest environmental event in the world!

The MCFN Public Works department got the jump on Earth Day and organized the MCFN Community Cleanup which started on Apr. 8, 2019 and ended on Earth Day. For two weeks MCFN members residing on reserve were able to get their spring cleaning completed with additional collections alloted for the duration of the cleanup, along with bulk items.

In Canada, this year's theme was, "Outdoor Play Changes Everything" and Earth Day Canada believes outdoor, child-led, free play connects children to their inner nature and the natural world around them, however this is something, we as Indigenous people, already knew.

Outdoor free play allows children to explore, find adventure, connect with, and adapt their environments as well as build their capabilities.

Outdoor free play supports their health, well being, sense of inclusion, resilience, and long-term interest in environmental stewardship.

Bringing back outdoor free play for children means transforming schools and communities so they respect children's basic needs for self-determination, social connection, and natural environments.

Outdoor play is a child's most natural way of learning about themselves, their community, their environment.

Lloyd S. King Elementary School (LSK) had a very busy week celebrating Earth Week. Peter Schuler and Lois Thomas attended the school for the Spring Teachings. All students were encouraged to have a litterless lunch. On Wed., all classes went outside and cleaned up the school yard and students did an excellent job. On Thursday, April 25, 2019, staff at LSK hosted an Earth Week Open House for students and their families. In keeping with this theme, LSK staff engaged students and families to participate in geocaching. Geocaching is an outdoor recreational activity, in which participants use a Global Positioning System receiver or mobile device and other navigational techniques to hide and seek containers, called "geocaches" or "caches", at



Geocaching instructions being given to the participants before they start their treasure hunt.

specific locations marked by coordinates all over the grounds of LSK. At the same time as the geocaching activity, 3 bicycle mechanics from New Hope Community Bikes in Hamilton provided free bicycle tune-ups, open to all students and their family's bicycles! About 15 bicycles were given basic repairs and a tune up, and are now ready for the Spring!



LSK staff provided attendees with walking tacos while they found their treasure items.

New Hope Community Bikes also gave out bicycle water bottles and helmets as door prizes for those who brought a bike. Prior to the activity, families and students had the opportunity to participate in door prizes and were treated to walking tacos and ended the event with a free iPad draw! This event was a wonderful family activity and was enjoyed by

MCFN Celebrates Earth Week

many families in attendance.

Concluding Earth Week, the Department of Consultation and Accommodation was to host an Open House on Friday, April 26, 2019, however due to weather conditions, the event was cancelled.

Let's make Earth Day every day! Here are simple and easy tips to help you protect Mother Earth, go green, save money and make every day Earth Day. You can make a difference!

- Plant a tree or donate a tree.
- Join a local park, river or beach clean-up.
- Use environmentally-friendly, non-toxic cleaning products.
- Replace inefficient incandescent light bulbs with efficient CFLs or LEDs. Reduce your carbon footprint by 450 pounds a year.
- Carpool, ride your bike, use public transportation or drive an electric or hybrid car. Reduce your carbon footprint by one pound for every mile you do not drive.
- Keep your tires properly inflated and get better gas mileage. Reduce your carbon footprint 20 pounds for each gallon of gas saved.
- Change your car's air filter regularly.
- Teleconference instead of traveling. If you fly five times per year, those trips are likely to account for 75% of your personal carbon footprint.
- Stop using disposable plastics, especially singleuse plastics like bottles, bags and straws.
- Recycle paper, plastic and glass. Reduce your garbage by 10% and your carbon footprint by 1,200 pounds a year.
- Donate your old clothes and home goods instead of throwing them out. When you need something, consider buying used items.
- Use cloth towels instead of paper ones.
- Change your paper bills to online billing. You'll be saving trees and the fuel it takes to deliver your bills by truck.
- Read documents online instead of printing them.
- When you need to use paper, make sure it's 100%
 post-consumer recycled paper.
- Set your office printer to print two-sided.
- Collect used printer, fax, and copier cartridges to recycle.
- Choose reusable utensils, trays, and dishes in the cafeteria.

- Use reusable bottles for water, and reusable mugs for coffee.
- Bring reusable bags when you shop.
- Pack your lunch in a reusable bag.
- Buy local food to reduce the distance from farm to fork. Buy straight from the farm, frequent your local farmers' market, or join a local food co-op.
- Buy organic food to keep your body and the environment free of toxic pesticides. Support farmers and companies who use organic ingredients.
- Grow your own organic garden, or join a farmshare group.
- Reduce your meat consumption to curb carbon emissions from the livestock industry.
- Compost kitchen scraps for use in your garden — turning waste into fertilizer.
- Take a shorter shower and use a water-saving shower head.
- Fix leaky faucets and shower-heads.
- Run your dishwasher only when it's full to save water and energy.
- Wash your clothes only when necessary, use cold water and line dry.
- Form a "green team" at your office to find costeffective ways to conserve resources and promote sustainability.
- Volunteer for a local environmental group and/ or make a donation.
- Pull out invasive plants in your yard or garden
 and replace them with native ones.
- Turn off and unplug electronics you're not using. This includes turning off your computer at night.
- Turn off lights when you leave a room.
- Install solar panels on your roof.
- Take the stairs instead of the elevator to save energy (and get exercise!).
- Move your heater thermostat down two degrees in winter and up two degrees in the summer to reduce your carbon footprint by 2,000 pounds.
- Lower the temperature on your water heater.
- Contact your utility company and find out about renewable energy options.
- Use energy-efficient appliances and electronics.

Make every day Earth Day!

HONOURING MISSING OR MURDERED INDIGENOUS WOMEN



MAY 5, 2019 NATIONAL DAY OF AWARENESS MMIW

A very special thank you to Councillor Cathie Jamieson for granting permission to the Media and Communications department for use of her artwork! Miigwech.

Missing and murdered Indigenous women and girls: Understanding the numbers

A report released by the RCMP earlier this year marks the first time that police in Canada have attempted, at the national level, to identify how many First Nations, Inuit or Métis women and girls have been murdered or have gone missing.

According to the report, 1,017 women and girls identified as Indigenous were murdered between 1980 and 2012 a homicide rate roughly 4.5 times higher than that of all other women in Canada.

In addition, the report states that as of November 2013, at least 105 Indigenous women and girls remained missing under suspicious circumstances or for undetermined reasons.

These appalling statistics are consistent with previous estimates from sources such as Statistics Canada that have long pointed to a greatly disproportionate level of violence against that First Nations, Inuit and Métis women and girls. The latest numbers also underline what Indigenous women and advocacy organizations have long been saying-that this violence requires a specific and concerted response from police and all levels of society.

The RCMP's release of official, national police statistics confirming these previous estimates is an important and welcome step because such numbers are critical to inform and mobilize police and public response.

Unfortunately, in the hands of some government officials and media commentators, the new RCMP statistics have become, not a source of clarity and a resource for action, but an excuse for misrepresenting the reality of Indigenous women's lives and an excuse for continued inaction.

An incomplete picture

The RCMP report does not tell us everything we need to know about violence against Indigenous women. The release of this report is not a substitute for a national inquiry.

The RCMP report does not reflect the voices of affected families and communities. Nor does it provide a vehicle for the consideration and implementation of the solutions that they have identified. And even as a statistical picture of missing and murdered Indigenous women, the RCMP report has important gaps that need

to be acknowledged.

In its statistics on homicide, the RCMP report only includes cases where the original investigating police force has concluded that a murder has taken place. The report explicitly does not include unexplained and suspicious deaths.

Amnesty's own research has raised concerns that deaths of Indigenous women and girls are not always fully and properly investigated and that as a result some murders of Indigenous women and girls may have been wrongly classified as accidental deaths.

In addition, police in Canada do not consistently record the Indigenous identity of victims of crime. Statistics Canada reports that in 2009, for example, police recorded failed to note whether the victims of crime were Aboriginal or non-Aboriginal in 384 out of 610 homicides. Some victims of crime are being inaccurately identified as non-Aboriginal because police have not had proper training on why accurate identification is important and how it's to be determined.

The RCMP report acknowledges the unreliability of current police practices of determining Indigenous identity. The report claims that a file review, carried out over a period of several months, established the Aboriginal or non-Aboriginal identity of all but 95 homicide victims whose identity was previously recorded as "unknown." The RCMP did not review files to determine whether Indigenous women had been inaccurately recorded as non-Indigenous.

The RCMP report also does not distinguish between First Nations, Inuit and Métis women and girls. As a consequence, it does not provide any information on whether the homicide rate is the same or differs among these groups. The report provides a number of statistics on the lives of the victims. The nature of many of these statistics—such as history of illegal drug use or involvement in illegal activities—suggests an inappropriate focus on the possible role of the victim's own actions and behaviours.

The report does not include any information on how many of the women and girls previously sought help or protection from the police or service agencies or the response they received.

Missing and murdered Indigenous women and girls: Understanding the numbers

Although the report breaks down the statistics according to some potentially significant factors—such as whether homicides were committed outside the residence (27% for Indigenous women compared to 20% for non-Indigenous) —it does not provide figures for homicides on and off reserve.

The report does not identify how many of the perpetrators of the crime were Indigenous and how many were non-Indigenous. The report also does not provide any information on the numbers of perpetrators and the role of others in helping carry out or cover up the crime.

However, the report does however provide important information on the relationship of the perpetrators to the victims, suggesting significant differences in the threats faced by Indigenous and non-Indigenous women.

Violence against Indigenous women must be understood within a social context

Previous research, including reports by the Native Women's Association of Canada and Amnesty International's own research, show that violence against Indigenous women and girls is pervasive, taking place in the home and in the streets of Canadian cities, and that the perpetrators include Indigenous and non-Indigenous men alike.

Nothing in the RCMP report changes this conclusion.

The vast majority of murders are committed by someone known to the victim. This is true for Indigenous and non-Indigenous women alike.

However, there is at least one significant difference revealed by the RCMP report.

In the case of Aboriginal women, spouses, family and other intimates account for 62% of homicides, compared to 74% of murders of all other women. The difference is largely accounted for by greater number of murders of Indigenous women and girls by people the police categorize as "acquaintances", including friends, coworkers, neighbours, authority figures and other people known to, but not intimate with the victim.

In the 22 year period covered by the RCMP, acquaintances were found to be responsible for the murder of more than 300 Indigenous women and girls in Canada.

The rate of homicide by acquaintances was 7 times greater for Indigenous women and girls than for all other women in Canada.

During the same period, the RCMP found that strangers were responsible for the murder of 81 Aboriginal women and girls.Clearly, domestic and family violence are critical issues that must be addressed in any meaningful national strategy to address violence against Indigenous women and girls.

At the same time, it's also clear that characterizing the threats to Indigenous women's lives as exclusively about domestic violence - as some government spokespersons and media commentators have done - misrepresents the issues and obscures crucial aspects of these threats.

Regardless of the identity of the perpetrator, or their relationship of the perpetrator to the victim, it's clear that their actions needed to be examined in the context of the discrimination, marginalization, and impoverishment that put Indigenous women in harm's way. Amnesty International's 2004 Stolen Sisters report concluded that all these factors work together to compound the risks to Indigenous women, encouraging some men to target Indigenous women for acts of racist and misogynist violence, and in denying Indigenous women equal access to services such as shelters that are required for their safety.

Moving forward

The kind of statistics released by the RCMP need to be collected and made public on an ongoing basis. To ensure the accuracy and completeness of this data, specific guidelines and training need to be provided to officers in all police services to ensure that they understand when to record Indigenous identity and how this information is to be used.

Reprint of article from Amnesty International.

https://www.amnesty.ca/blog/missing-and-murderedindigenous-women-and-girls-understanding-thenumbers

Canadian Museum Association

Canadian Heritage announced more than \$680,000 in funding last month for the Canadian Museums Association to undertake a national review of museum policies — in collaboration with Indigenous communities — to ensure they line up with the United Nations Declaration of the Rights of Indigenous People (UNDRIP) and to make recommendations for best practices going forward.

MCFN Elder Carolyn King met with the new Canadian Museum Association Executive Director Vanda Vitali (photo far left), and Jack Lohman, President of the Royal BC Museum (photo far right) this past April.

Too often, museum efforts at including Indigenous

culture have been shallow and historically focused, said King. "We tend to be written off in the first sentence," King said. "I walk down these roads, drive down these roads, and I see nothing about us. And I would be happy if I was to look up on that wall and see something that represented me. I think that would go a long way to address the hurts of the people."

Still a bit skeptical whether the initial amount of funding announced Tuesday would be enough for the project, King is hopeful the project will be a positive step toward improvement for Canada's museums.



Please be advised that the MCFN Gym will be CLOSED on Friday, May 3, 2019 and Saturday, May 4, 2019.



Connecting Indigenous Placemakers

Invitation to participate

September 9 – 16, 2019

Sharing narratives about place through creative practice

You are invited to attend an Indigenous placemaking practitioners' retreat at Artscape Gibraltar Point on the Toronto Islands. Participants include ten Indigenous practitioners based in the Toronto area/Mississauga territory and ten Indigenous practitioners from Aotearoa New Zealand. Spaces are reserved for MNCFN community members to stay at Artscape and participate in the retreat.

Placemaking is the grassroots work of Elders, traditional knowledge holders, and community members who share stories and narratives about place, as well as the work of practitioners such as artists, architects, planners, and designers who create physical spaces.

The retreat aims to support Indigenous placemaking practitioners by creating a space where participants can connect to the land and water, work on individual or shared creative projects, and connect with other practitioners. Participants will be provided with a room to sleep; studio space; and use of the kitchen. Travel and all meals will also be covered. Please note that the retreat is not a vending space and there will be no honoraria provided to participants. Does this sound like you?

- You have an active creative practice that relates to the land or places in Mississauga territory
- You are interested in meeting other Indigenous placemaking practitioners
- You are available to stay at Artscape Gibraltar Point on the Toronto Islands for the duration of the retreat
- You are available to attend a one-day symposium on Friday September 13 with members of the wider Toronto community and partner institutions

If you are interested, we would love to hear from you. Call or email Councillor Cathie Jamieson or Nicole Latulippe before May 30, 2019. Please share a few sentences about why you would like to participate and the creative project you would work on at the retreat. Your work can be at any stage: concept, design, drafting, creation, etc. Limited spaces available.

Councillor Cathie Jamieson Mississaugas of the Credit First Nat Cathiel@mncfn.ca (905) 869-5761 Nicole Latulippe University of Toronto Scarborou nicole.latulippe@utoronto.ca (647).458-5662



Toronto Island Water Ceremony, Round Dance, and Feast Sunday, June 2, 2019 1:00 p.m. - 5:00 p.m. Toronto Island – Ward's Island

Hosted by Toronto Island-Mississaugas of the Credit Friendship Group

Agenda for the day:					
10:30 a.m. Depart MCFN Administr Building, 2789 Mississa Hagersville, On.	uga Road, 1:00 p.m. Arrivals	I's Island at the latest) a and meet in front of Island Association Club		Feast at the Shaw House (Ferry leaves Ward's Island every 30 mins –	
12:00 p.m. Arrive at the Jack Layto Terminal (Ferry leaves mins – will catch the 12:	n Ferry house - every 30 1:30 p.m. – 2:30 p.m	- Walk down to the beach n. Water Ceremony		Will catch the 4:45 pm Ferry back to the bus to return home by 7:00 pm)	
and the second second					

The Toronto Island-Mississaugas of the Credit Friendship Group is pleased to host a series of events again this year! Our first event will be a gathering to honour the water, to enjoy a round dance and to feast together! Hope you can join us!

Bus will leave the MCFN Administration Building at 10:30 a.m. and will return by 7:00 p.m.

Open to interested community members!

Snack on bus will be provided. Feast will be provided on the Island.

Dress for the weather!

Registration is required for transportation to Toronto and for catering purposes. To register, please contact Caitlin Laforme at 905-768-1133 ext. 248 or by email Caitlin.Laforme@mncfn.ca

MCFN Special Events and Culture in collaboration with Native Horizons

Teachings With Jim Dumont May 31, 2019 Life Road Teaching June 1, 2019 Two Road Teaching

Jim Dumont is Onaubinisay (Walks Above the Ground), an Ojibway-Anishinabe of the Waubezhayshee (Marten) Clan. He is a 5th Degree Midewiwin of the Three Fires Midewiwin Lodge, originally from the Shawanaga First Nation on Eastern Georgian Bay.

"On the Two Road Teaching: "In the beginning, while the races still lived together as one, each of the races had to come to a decision as to what direction he would choose. During this time the White Man and Red Man found themselves walking together along the same road. At some point in their journey they came to a division in their path. One of the two possible roads before them offered knowledge and growth through accumulation and mounting of all that could be seen ahead (a one-hundredand-eighty-degree vision). This is what White Man chose and he has developed in this 'linear' and accumulative fashion ever since. The other road appeared less attractive materially and quantitatively but offered a whole and comprehensive vision that entailed not only vision before but also vision behind (a three-hundred-and-sixty degree-vision). This was a circular vision that sought to perceive and understand the whole nature of an object or event its physical reality as well as its soul. The Red Man chose this road and he has developed in this circular and holistic way ever since."

9:00 am – 4:00 pm both days * MCFN Community Centre 659 New Credit Rd, Bldg #4, Hagersville, ON, N0A 1H0





This is open to all that are interested in attending the Teachings.

Lunch will be served.

If you are interested, you must call or email to register for catering purposes. Contact Jai King-Green 905-768-1133, ext. 232 or by email at Jai. king-green@mncfn.ca

Council News

Executive Finance Council, March 25, 2019

<u>10th Anniversary of Historical Gathering Funding</u> <u>Contribution</u>

Council agreed to make a motion of support to the Community Trust for the purpose of funding the 10th Anniversary Gala of the annual Historical Gathering in the amount of \$30,000.

Infrastructure and Development Council, April 1, 2019

Radio Air Time with 106.5 FM

Council has agreed to purchase airtime on Elmnt 106.5 FM in the amount not to exceed \$56,400, based on the Seven Pillars from Council's Strategic Plan.

Regular Council, April 15, 2019

OPP Monthly Incident Report/Calls for Service:



On Thurs., Apr. 4, 2019, Chief Laforme had a productive meeting with Guelph Mayor Cam Guthrie, where he left with a new MCFN treaty map.

- 911 X 6: cellular pocket dials and a few misdials.
 Police confirmed no emergency existed.
- Alarm X 2: false alarm and second alarm was cancelled prior to police attendance.
- Community Service X 3: provincial liaison team contact and outreach activities.
- Family/domestic disputes X 4: child custody issues; advice and child acting out.
- Fraud X 3: Google account hacked, computer repair scam and bank account deposit.
- Harassment: related to youth comments on social media and resulting text messages.
- Mental Health X 6: person experiencing problems and requested police assistance.
- Missing person: youth initially reported missing but found by family member shortly after.
- Police assistance/information X 5: seeking advice and direction from police.
- Recovered stolen property: stolen ATM located.
- Robbery X 2: Lone Wolf Smoke shop, Candace Smoke Shop, male arrested and charged for both.



On Fri. Apr. 5, 2019, MCFN exchanged gifts with ports Toronto. MCFN will be working on a relationship agreement over the next few months which will include a sculpture at the airport that pays respect to our treaty and historical relationship. Chief Laforme will provide a description of their gift to MCFN at a later date, as it was a very powerful part of MCFN history.

Councillor Erma Ferrell

Pillar Five Lead - Striving to be an Independent and Sovereign People

2019 – April Monthly Report

Councillor, Erma Ferrell

Meetings attended

Since the last newsletter in March I have attended all of the Monday Chief and Council meetings.

Special Meetings attended

CULTURE CENTRE - A request for proposals was advertised to conduct a Cultural Centre feasibility study on property owned by our First Nation. The contract has been awarded to

the Waabgaag Group; founder Zac McCue (a member of the Mississaugas of Curve Lake First Nation) & business partner Danny Tseng. Both Zac & Danny met with our Cultural Coordinator Caitlin Laforme and members of our Major Events Committee on Friday, March 29, 2019 to view the proposed site for a culture centre. We expect Zac and Danny will complete their study by late June 2019, and we will know if we have enough supporting documentation to move forward to seek funding to begin the construction of our own cultural centre. Funding for the feasibility study was provided by Two Rivers.

THE APRIL CHIEFS OF ONTARIO ASSEMBLY was held in Mississauga from Tues. Apr. 9, until Thurs. Apr. 11, 2019. During a Chiefs of Ontario Assembly, only the Chiefs are allowed to ask questions and any other observers must obtain permission from their Chief





to ask a question directly to the Assembly Chair or to the Ontario Regional Chief. As a member of our council if I have a question the process is:

- I request our Chief to present the question on my behalf or;

- I request the Chief to introduce me and I can ask the question directly to the Chair or the O.R.C.

The presentations at the assembly are made available to the Ontario Chiefs. The report I found interesting was information on funding that had not been released to

us during the 2018-2019 fiscal. The task for our Chief and Council is to follow up with the Chiefs of Ontario Regional Chief and their finance officers on when we can apply and/or receive funding that was not made available to all the First Nations in Ontario during the 2018-2019 fiscal year; the dollars were for a specific program.



Apr. 11, 2019 Mississauga, Ontario Mississaugi Chief Reg Niganobe (above left) and Chief R. Stacey Laforme (centre) and Minister of Indigenous Affairs Seamus O'Regan (above right) at the April Chiefs of Ontario Assembly.

Sat. Apr. 13, 2019 GRAND RIVER LEADERSHIP BREAKFAST (left photo) All political leaders from our region were present. Mississaugas of the Credit Chief R. Stacey Laforme, Six Nations of the Grand River Territory Chief Ava Hill, Toby Barrett MPP Haldmand County, Mayor Ken Hewitt Haldimand County, Diane Finlay MP Haldimand County.

SAVE THE DATE Tri-Counties Indigenous Justice Conference OCTOBER 29 & 30, 2019 Mississaugas of the Credit Community Centre 659 New Credit Road, Hagersville, On.

Tuesday, October 29, 2019

- KEYNOTE ADDRESS
- Reconciliation for the Future Hon. Harry LaForme
- KEYNOTE PANEL Moderator J. Gethin Edward
- Reconciliation Challenges, Psychological Barriers and Active Responses – Question Period
- TERMINOLOGY IN COURTS International Year of Language – Lisa VanEvery
- IMPACTS OF RESIDENTIAL SCHOOLS

 Attendees and Generational Survivors
- WORLDVIEW CONSIDERATIONS –
 Western/Indigenous in a Courtroom
- Social

Wednesday, October 30, 2019

- KEYNOTE ADDRESS
- Reconciliation for the Future Elder and Youth Voices
- COUNSEL PANEL AND DISCUSSION
- MOCK INDIGENOUS BAIL HEARING
- PANEL: Indigenous Voices and the Family – Justice Impacts
- PANEL: Indigenous Court Supports
- BREAKOUT TABLES with Judiciary/ Crown/Defense/Court Supports/ Community
- WRAP UP SUMMARY/ RECOGNITIONS – Ian McCuaig



Keynote Speaker Justice Harry LaForme

** Dates, times, topics and presenters subject to change without notice

REGISTRATION FEE \$125.00 For more information, please contact Veronica King-Jamieson at veronicak@mncfn.ca or call 905-869-5753



MCFN hosts New Zealand Minister for Māori Development



April 27, 2019 Mississaugas of the Credit First Nation hosted New Zealand. (L to R), Elder Garry Sault, MCFN Councillor Cathie Jamieson, Jordan Robert Jake Jamieson, Chief Stacey Laforme, the Honourable Nanaia Mahuta, Minister of Maori Development, Local Development, Associate Minister of Environment and Housing of the Government of Aotearora/New Zealand, MCFN Councillor Veronica Vicki King Jamieson, Jai Riki Mallory King-Green, Culture and Events Assistant, and Kelly Dunn, Chief of Staff to the Minister.

On Saturday, April 26, 2019, Mississaugas of the Credit First Nation was host to Nanaia Mahuta, New Zealand's Minister for Māori Development. Minister Mahuta also holds the Associate Environment portfolio for the New Zealand Government.

Minister Mahuta expressed an interest in coming to meet with Chief Laforme and visiting the Mississaugas of the Credit First Nation.

Hon. Nanaia Mahuta is a a constituent MP with 20 plus years' experience who has come from 'flax-root' politics. Hon Nanaia Mahuta remains connected to the aspirations of people from all walks of life. Those who work hard for a living so that their children can do better, kaumātua, tradespeople, those who aspire to own their home, those who own small businesses and those who lead a range of services and organizations.

Hon. Nanaia Mahuta supports policies and initiatives that:

- built the capacity of communities, especially social service organizations,
- supported greater investment in education, employment and training opportunities

particularly for young people,

- supported the continuation of the Treaty Settlement process and
- supported specific initiatives that lift the wellbeing and opportunities for young mothers and those who are vulnerable and victims of abuse.

Hon Nanaia Mahuta is a tribal member of Waikato-Tainui, Ngāti Maniapoto and Ngāti Manu and her parliamentary experience has enabled her to contribute to the collective aspirations of Māori and all New Zealanders.

It was a pleasure to accommodate our friends from New Zealand, further building our relationships with other nations internationally.



Councillor Evan Sault, Pillar Two Lead - Nation Well-Being and Wellness and Monthly Update

Aanii my fellow MCFN Members,

I hope the New Year has been good to everyone, as now the spring season has sprung. I hope everyone had a great Easter Long Weekend.

It's been a very busy few months and I do apologize for not being able to provide monthly updates here in our newsletter.

It's still busy as usual with all the duties and responsibilities that come with being Chair of Health & Social Services. I'm also responsible for

Pillar 2: Nation Well-Being & Wellness. We had a Pillar Committee Meeting postponed in February due to inclement weather so we met in late April and again May 1st. We look forward to making great strides in the next few months in the hopes of helping enhance health care services for our Nation.

In April I brought a recommendation to Chief and Council in establishing a Spring/Summer Lawn Maintenance Service Program through Home & Community Care for our MCFN Seniors and Members who require it due to Medical/Health Issues and Disabilities. I'm glad to say that the recommendation was approved and this service will now run from May to September as a pilot project and trial run for this year.

In February I had the great privilege of being part of two events that this Nation organizes annually: 1) I had the distinct pleasure of coaching our Primary and Junior LSK School Hockey Teams in the Annual LSK School Hockey Tournament, we had 4 practices leading up to the big day and fun was had by all, especially the screaming excited parents in the stands. I also did the Welcoming Address during the Opening Ceremonies of the Tournament. 2) I had the great honour of being asked and invited to be the MC of our three-day Annual MCFN Historical Gathering.

One of the projects that I'm a part of is being a member of our MCFN Cannabis Investigation File, where my focus is on the benefits of Health and Medical aspects of Cannabis to our Nation and our Members. Starting



in January we worked with consultants on completing a Business Analysis and working with our legal team in creating our own MCFN Cannabis Control Law. Both these responsibilities were complete by the end of February with the MCFN Cannabis Law being passed by Chief and Council in March. We now have several duties and tasks ahead of us to complete in order for Cannabis to be legally here in the community.

In addition to my weekly scheduled Chief & Council Meetings and Monthly Community Gathering Meetings, here

is a list of of functions and meetings that I have participated in. Please contact me through text, email or phone call if you have any questions or concerns regarding the listed information below.

JANUARY 2019

- Jan. 8: MCFN Cannabis Business Analysis meeting with Hill & Knowlton Strategies
- Jan. 14: MCFN Plaza Safety and Security meeting
- Jan. 15 17: Chiefs of Ontario Band Representative Conference where I also did the Welcoming Address during the Opening Ceremonies
- Jan. 17: Brant Family and Child Services (FACS) Board of Directors meeting
- Jan. 22: Brant FACS Board of Directors meeting
- Jan. 24: Cannabis Business Opportunity meeting
- Jan. 24: MCFN Major Events Committee (MEC) meeting
- Jan. 25: Meeting with Brant Community Healthcare Systems CEO and Chairman
- Jan. 25: Meeting with West Haldimand General Hospital
- Jan. 29 30: Ontario First Nations Technical Services Corporation Board of Directors and Executive Committee Meetings

Councillor Evan Sault, Pillar Two Lead - Nation Well-Being and Wellness and Monthly Update (continued)

Jan. 31:	MCFN Cannabis Control Law meeting	Mar. 21: MCFN MEC meeting			
	with Legal	Mar. 22:	Attended a Pillar 6 Meeting in regards		
	FEBRUARY 2019		to safety/security fence at the Former		
Feb. 8:	I did the Welcoming Address during	M 26	Green Willow property		
	the Opening Ceremonies and helped coach the LSK School Hockey Teams at	Mar. 26:	Brant FACS Board of Directors meeting		
	the Annual LSK School Hockey Tournament	Mar. 28:	MCFN MEC meeting with the Toronto International Film Festival (TIFF)		
Cob 11.		Mar. 29:	Child Welfare meeting with the MCFN		
Feb. 11:	Brant FACS Board of Directors meeting		Governance Working Group		
Feb. 12:	MCFN MEC meeting	Mar. 29:	MCFN Lawn Maintenance Service		
Feb. 2 - 22:	I emceed the MCFN Annual Historical Gathering		meeting with Home and Community Care Supervisor		
Feb. 22 - 23:	Mississauga Nationhood meetings		APRIL 2019		
Feb. 26 - 28:	I attended the Chiefs of Ontario	Apr. 1 - 3:	Cannabis Conference		
	Annual Health Forum in Toronto where I also did the Welcoming Address at the	Apr. 9 - 11:	Chiefs of Ontario Special Chiefs Assembly		
	Opening Ceremonies	Apr. 16:	MCFN Community Policing meeting		
	MARCH 2019	Apr. 17:	Hagersville Food Bank Board of Directors		
Mar. 2:	Toured the facilities and retail stores of		meeting		
	potential business partners in the Cannabis Industry	Apr. 17:	Pillar 2 meeting		
Mar. 6:	Met with the Dean, Vice President and	Apr. 17:	GANOHKWASRA Board of Directors meeting		
	Board of McMaster Hamilton Health	Apr. 18:	LSK Expansion Committee meeting		
	Sciences	•	MCFN MEC meeting with CNE		
Mar. 7:	Attended the Ethics of Helping Boundaries & Relationship Workshop	Apr. 18: Apr. 23:	Meeting with Economic Development in		
Mar. 8:	Brant FACS Board of Directors meeting	, ipii 20.	regards to Former Green Willow		
	I worked the MCFN MEC Information &		property		
	Awareness Booth at the Annual Little NHL	Apr. 26:	MCFN MEC meeting with the Canada Summer Games 2021 Coordinators		
Mar. 19:	LSK Expansion Committee meeting		s for taking up so much of your time with		
Mar. 19:	GANOHKWASRA Board of Directors Orientation	contact me if you have any questions or concerns with my report or just in general. My contact information is at the back of this newsletter. Chi-Miigwetch Councillor Evan Sault Mississaugas of the Credit First Nation 2789 Mississauga Rd.			
Mar. 20:	Hagersville Food Bank Board of Directors meeting				
Mar. 20:	Mississaugas of the Credit Business Corporation (MCBC) and MCFN Chief and Council meeting				
Mar. 20:	Attended the MCFN Community Trust meeting on behalf of MEC's funding application				

COMMUNITY INITIATIVES

Easter Brunch and Hop-

Here comes Peter Cottontail

Long

COMMUNITY INITIATIVES



On Easter Monday, Apr. 22, 2019, MCFN Community Support hosted an Easter Brunch complete with games, crafts, face painting, and hop-a-long with the none other than....you guessed it, the Easter Bunny and his famous hunt! Miigwech to the Community Support team consisting of Shelly King, Hayli Sault, and Jesse Sault.



ADMINISTRATION

Employment Opportunities

Community Sport and Recreation Coordinator

The Community Sport and Recreation Coordinator assists with developing plans and facilitating community member participation in promoting healthy lifestyles and provides support to current programs and services operating under the Mississaugas of the Credit First Nation.

Closing Date: May 16, 2019

Special Projects Worker

To provide clerical and administrative support services to the Greenbelt Moccasin Identifier Supervisor. The Special Projects Worker is supervised on a day to day basis by the Culture and Events Coordinator and is accountable to the Greenbelt Moccasin Identifier Supervisor.

Closing Date: May 16, 2019

Cultural Facilitator

The Cultural Facilitator is responsible for providing program facilitation related to the Anishnaabe cultural teachings for the purpose of providing a culturally enriched learning environment through language, play and various formal and informal activities, to be delivered to the children, parents, staff and students of both the on and off reserve EarlyON Child and Family Programs.

Closing Date: May 16, 2019

Registered Early Childhood Educator

To supervise the children in the assigned classroom in accordance with the philosophy and program statement of the Ekwaamjigenang Children's Centre. Maintain compliance with all provincial and federal legislation requirements. Ensure the safety and well being of the children under your supervision. Carry out emergent curriculum with a focus on intentional teaching and reflective practice on a daily basis. Evaluate the effectiveness of the program in terms of meeting the needs of the children in all stages of development. Maintain regular communication with parents and contribute to the effective operation of the overall childcare program while promoting and implementing practices of the Anishnabek heritage. The Registered Early Childhood Educator will adhere to the College of Early Childhood Educators Code of Ethics and Standards of Practice.

Closing Date: Open Call

After School Program Program Assistant

The After School Program Assistant is responsible for assisting the Community Wellness Worker with the afterschool care of attendees of the MCFN afterschool program.

Casual Supply Teacher

The teacher is responsible for ensuring that each child has an opportunity to reach his/her maximum potential through the creation and implementation of suitable programs and teaching styles to meet individual student needs. The teacher will treat all students in a fair and equitable manner. The teacher will adhere to the Ontario College of Teachers Foundations of Professional Practice, including Ethical Standards for the Teaching Profession, Standards of Practice for the Teaching Profession and the Professional Framework for the Teaching Profession.

Closing Date: Open Call for interested applicants

Full-Time and Part-Time Gas Attendants

Under the direction of the Working Manager, the Gas Attendant is responsible for the day-to-day selling of fuel and fuel products at New Credit Variety & Gas Bar; and for additional related duties as assigned by the Working Manager.

Closing Date: Open Call

Full-Time and Part-Time Cashiers

Under the direction of the Working Manager, the Cashier is responsible for the day-to-day selling of fuel products, and in-store merchandise at New Credit Variety & Gas Bar; and for additional related duties as assigned by the Working Manager.

Closing Date: Open Call

Casual Receptionist - updated January 2019

Provides central reception to staff, Council, and guests at the Band Office, maintain the reception area, mail room and communications room (logging incoming/outgoing mail, distributing mail to relevant departments and updating general information materials in the office, orders office supplies as required, maintaining inventory, logging and distributing general materials such as purchase orders, expense claims and invoice requests.

Closing Date: Open Call

Casual Registered Early Childhood Educator After School Program

The Registered Early Childhood Educator After school Program worker is responsible for providing after school care for the five-year-old attendees of the After School Program.

Closing Date: Open Call

For detailed job descriptions and to apply, please visit www.mncfn.ca/job-board

Closing Date: Open call for resumes

MAY 2019 MCFN CA

THUR	WEDNESDAY	TUESDAY	MONDAY	
:	1	30	29	
Registratio Kindergarter 20	Registration Open for Kindergarten September 2019	Post Secondary Student Support Applications Due	Registration Open for Kindergarten September 2019	
MNCFN Car Gro		Registration Open for Kindergarten September	Kindergarter	
Zur		2019	Women's Sharing Time	
		Yoga Cooking Classes		
	8	7	6	
Registratio Kindergarter 20	Registration Open for Kindergarten September 2019	Registration Open for Kindergarten September 2019	Registration Open for Kindergarten September 2019	
Breastfeed	MCFN Seeking Safety	Zumba Yoga		
Zur	Exploring Natural Ways to Better Health Through Essential Oils	DIY Sign Painting Fundraiser	Women's Sharing Time	
	Men's Program			
1	15	14	13	
Registratio Kindergarter 20	Registration Open for Kindergarten September 2019	Registration Open for Kindergarten September 2019	Post Secondary Winter Grades Due	
MNCFN Car Gro	Pet Wellness Clinic	Yoga	Registration Open for Kindergarten September 2019	
Archery	Men's Program	Pet Wellness Clinic		
Zur		Welcome to Kindergarten	Women's Sharing Time	
		Welcome To Kindergarten		
2	22	21	20	
Registratio Kindergarte 20	Registration Open for Kindergarten September 2019	Registration Open for Kindergarten September 2019	Victoria Day Holiday	
Safe Food Certificati	MCFN Seeking Safety	Yoga		
Pet Welln	Pregnancy and Opioids Focus Groups		Happy Victoria Day! All MCFN buildings/offices will	
Archery	Pet Wellness Clinic		be closed Monday, May 20, 2019	
Zur	Men's Program			
3	29	28	27	
Registratio Kindergarte 20	Registration Open for Kindergarten September 2019	Registration Open for Kindergarten September 2019	Registration Open for Kindergarten September 2019	
MNCFN Ca Gr		Yoga	Zumba	
		Men's Program	Women's Sharing Time	
Archery				

LENDAR OF EVENTS

SDAY	FRIDAY	SATURDAY	SUNDAY
	3	4	5
n Open for September 19	Registration Open for Kindergarten September 2019	Yoga Mother's Day Brunch	Starting the Conversation of Niizh Manidoowag, "Two
icer Support			Spirited"
nba			
>	10	11	12
n Open for September 19	Registration Open for Kindergarten September 2019	Yoga	Nendam Gimaamna Giizhgat
ng Support	The Road Forward and Red Path		Mother's Day
nba			From the
6	17	18	Mississisaugas of the Credit First Nation 19
n Open for September 19	Registration Open for Kindergarten September 2019	Yoga	
ncer Support	Archery Practice		
Practice			
nba			
3	24	25	26
n Open for n September 19	Registration Open for Kindergarten September 2019	Yoga MCFN Monthly	
d Handling on Course	Archery Practice	Gathering	
ess Clinic			
Practice			
nba			
0	31		
n Open for n September 19	Registration Open for Kindergarten September 2019		
ncer Support	Archery Practice		
Practice	Life Road Teaching with Jim Dumont		
nba			

DEPARTMENT OF CONSULTATION AND ACCOMMODATION

For those who completed their fish consumption surveys, they can contact or come to DOCA at 4065 Hwy #6 Hagersville to pick them up.



FISH CONSUMPTION SURVEY

ABOUT THE FISH CONSUMPTION SURVEY:

You're invited to complete the "Fish Consumption" survey. This information is being gathered by the Mississaugas of the Credit First Nation (MCFN) - Department of Consultation and Accommodation (DOCA) in collaboration with the Niagara River, Hamilton Harbour and Toronto Remedial Action (RAP). The RAP is a partnership-based group that works on improving water quality and ecosystem health of a Great Lakes Area of Concern since 1987.

Your input is important!

The survey will provide valuable information to guide monitoring efforts in the waters of the Niagara River, Hamilton Harbour, and Toronto Waterfront. By knowing what fish people prefer to eat, scientists can better target the fish collected and tested for contamination. This information helps everyone make better decisions about eating safe fish.

The survey will take about 10 minutes to complete. We value your feedback and thank you in advance for your interest and time. The survey results belong to MCFN and will be kept at the DOCA. At the end of the survey, you have the option to provide your contact information for an appreciation gift......a Tim Hortons gift card!



To access the survey, you will need to go to <u>www.mncfn.ca</u> website, click

on the Band Member registration, then look for the "Fish Consumption Survey" link, click on it and begin the survey. If you are not yet registered on the MCFN Band Member registration site, it may take a few days to become registered. Please note the Fish Consumption Survey will be on line from March 29 to August 30, 2019 and there will be plenty of time for you to come back to the website and participate!

If you would prefer to come to the DOCA office to complete a paper survey or do it over the phone, please contact Fawn Sault at 905-768-4260 (DOCA) or by email at <u>fawn.sault@mncfn.ca</u>. Any other questions, please contact Caron Smith at 905-768-4260 or by email at <u>caron.smith@mncfn.ca</u>

If you would like more information on the Hamilton Harbour, Niagara River or Toronto Remedial Action Plans, please contact or visit the following websites:

Natalie Green Niagara River Remedial Action Plan ngreen@npca.ca 905-788-3135, ext. 243

Kristin O'ConnorValerie FrancellaHamilton Harbour Remedial Action PlanToronto and RegionKristin.oconnor@canada.caRemedial Action Pla905-336-6278Valerie.Francella@t

Valerie Francella Toronto and Region Remedial Action Plan Valerie.Francella@trca.on.ca 416-661-6600, ext. 5322

The MCFN Pillar 4 Education and Awareness committee is calling for

letters of interest from individuals interested in sitting on the MCFN Board of Education.

Mission Statement: To develop and maintain a community driven educational process that ensures the achievement of our vision by enabling all students to reach high levels of achievement and to acquire the knowledge, skills and values they need to be successful in their educational journey. **Scope:** The members of the Board of Education are responsible to ensure all policies and procedures are being met regarding lifelong learning.

The Board of Education is to be made up of seven (7) appointed seats. Letters of interest are invited for the following vacancies:

- 1. One (1) Parent Positions; must have children at Ekwaamjigenang Children's Centre/EarlyON, Lloyd S. King Elementary School, or on our nominal roll and attending a school in Grand Erie District School Board, Brant Haldimand Norfolk District School Board or Steam Academy. 3 Year Term; effective March 2019.
- 2. One (1) Youth between the age of 18-29 years who is a MCFN member and enrolled in secondary or Post-Secondary. 2 year term; effective June 2019.

Interested individuals must submit a package comprising of:

- A letter of interest (also indicate the area of representation in which you are interested).
- Two letters of reference from individuals who can reflect on the applicant's suitability for the appointment.
- A copy of a recent (within one year) Criminal Reference Check (CPIC) and Vulnerable Sector Screening (VSS) or copy of a receipt showing application for CPIC/VSS is in process.

Forward Package to: Mississaugas of the Credit First Nation 2789 Mississauga Rd R.R. #6, Hagersville, Ontario NOA 1H0 **Re: MCFN Board of Education** Or, by email to: education.director@mncfn.ca

Deadline Date for Submissions: Friday, May 10, 2019 at 4:00 p.m.

MCFN members not meeting above criteria are also encouraged to apply as Pillar 4 Education and Awareness shall appoint an interested MCFN member should they not be successful recruiting a representative as per above.



To register your child for the 2019/2020 Kindergarten school year, please come to our "Welcome to Kindergarten" or visit LSK from 8:30 a.m. - 4:00 p.m. Monday to Friday. This is open to children born in the year 2014 and residents of Mississaugas of the Credit First Nation. Each student registered will receive a "Welcome to Kindergarten" bag. Introduction to Bus Riding will take place near the end

- of the event; students and parents may participate in a short ride.
 - Light refreshments!

If you require further information, please contact Marlene Morton or Mrs. MacDonnell, Principal at 905-768-3222

EARLYON PROGRAM

Ha



May 2019

Mother's



Program Information	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
HSS Play & Learn Drop In			Make	Make	Centre	Play
Hours:			and Take	and	Closed for	& Learn
Mon 9:00 - 11:30 am			Flower		Professional	
Tues 10:00am - 2:00				Take	Development	Drop-In
pm			Pot	I-SPY		10:00-
Wed 9:00 - 11:30 am			C 👘 🔅			12:00
Thurs 1:00-3:30 pm				Bottles		HSS
Fri 9:00 am - 12:00 pm						
1st Sat of the Month 10:00 am - 12:00 pm	6	7	o	9	10	11
10:00 am - 12:00 pm	0	/	• Mother's Day	-	Mother's Day	Play
		Grass		Music	Party @ HSS	& Learn
MCFN Play & Learn Drop			Party @	with	Larda e Uso	Drop-In
In Hours at New Credit:		Heads	NCFC			
Mon 1:00 - 3:00 pm	• 🔰 r	\sim		Maddie	* BEAPPY	10:00-12:00
Wed 1:00 - 3:00 pm	Planting		*Harry *		Mothers	ECC
Located at New Credit	in our		Mothers		Maa	Playground
Fellowship Centre at			Day		1987 A.	New Credit
2829 Mississauga Road	Pots					
Watch for MCFN EarlyON	13	14	15	16	17	18
on Facebook for details!	Story	Music	Bird		Make	
289 758 5599	-					
365 323 7289	Time &	with	Feeders	.Collection -	and Take	
	Songs	Maddie			Slim	
	Jongs	Madule	- Sector		Sinn	
		↓ ∑ 🏹		C	She	
				Sensory	- Aller	
				Bottles		
	20	21	22	23	24	25
Alata			Make			
					Story	
	CLOSED		and Take		Time &	
Happy Mather's Day	for		Play-	Sensory		
3144		K RS	-	Bin	Songs	
× ×	VICTORIA	b a	dough	Surprise!	1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	
	DAY			Surprise:	6-010	
Mother's Day is						
May 12						
	27	28	29	30		
		Music	Story		Art!	
		with	, Time &		utterflies	
		with				
		Maddie	Songs		- 17	
	p a					
		ND		Science!		
		●		Butterflies		
		•• • ->		Bullertiles		

MCFN EarlyON HSS | (289) 758-5599

70 Parkview Road, Hagersville. Parking and Entrance to the right of the building MCFN EarlyON NEW CREDIT SITE | (365) 323 - 4932 Located at New Credit Fellowship Basement 2829 Mississauga Road

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EMPLOYMENT AND TRAINING

Student Employment Opportunities

Administrative Assistant/Receptionist

The Administrative Support is responsible for the reception area and providing support to the Board of Directors and staff at the Mississaugas of the Credit Business Corporation (MCBC).

Closing Date: May 9, 2019

http://mncfn.ca/wp-content/uploads/2019/04/ MCBC-Administrative-ASSIST-April-2019.pdf

Day Camp Counsellor - Two (2) positions

The Day Camp Counsellor shall provide assistance to the Social and Health Services' Community Support Department. Aiding in the development and facilitation of summer camp programming for youth 6-12 (crafts, games, field trips, snack/mealtimes).

Closing Date: June 7, 2019

http://mncfn.ca/wp-content/uploads/2019/04/daycamp-counsellor-2-positions.pdf

Cultural/Environment/Bio-Diversity Assistant

To provide assistance to the Cultural Coordinator and the Bio-Diversity team and Life of Grove.

Closing Date: June 7, 2019

<u>http://mncfn.ca/wp-content/</u> <u>uploads/2019/04/2019-CULTURAL-ENVIRO-BIO-</u> <u>DIVERSITY-ASSISTANT.pdf</u>

Library Assistant /Community Story Teller Project

To compile a documentary style document of water stories within our treaty lands and on the First Nation

Closing Date: June 7, 2019

http://mncfn.ca/wp-content/uploads/2019/04/2019-LIBRARY-ASSISTANT-COMMUNITY-STORY-TELLER.pdf

Sports & Recreation Assistant – One (1) position

To provide assistance to the Social and Health Services' Community Sports and Recreation Coordinator.

Closing Date: June 7, 2019

http://mncfn.ca/wp-content/uploads/2019/04/shssports-and-recreation-assistant.pdf

Senior Child Care Assistant

Under the direction of the Assistant Supervisor of the Ekwaamjigenang Children's Centre (ECC) the Senior Child Care Assistant and Admin Support will assist in the supervision of children by ensuring the

safety and well-being of children and assisting with the delivery of curriculum on a daily basis as well as provide administrative support.

Closing Date: June 7, 2019

http://mncfn.ca/wp-content/uploads/2019/04/2019-SR-CHILD-CARE-OFFICE-ASSISTANT.pdf

LMR Office Assistant

Provide Clerical support to the LMR staff. Become familiar with the policies of the Organization and with the policies of LMR and assist in the general management and administration of the Department

Closing Date: June 7, 2019

http://mncfn.ca/wp-content/uploads/2019/04/2019-LMR-OFFICE-ASSIST.pdf

Grounds Maintenance Worker

To provide assistance to the Public Works Department

Closing Date: June 7, 2019

<u>http://mncfn.ca/wp-content/</u> uploads/2019/04/2019-GROUNDS-MAINTENANCE-WORKER-2.pdf

Graphic Designer Assistant

To provide assistance to the Media and Communications Department by assisting with design, print and distribution of flyers and newsletters. Assisting with inventory control of promotional items. Inventory and cataloguing of all event photographs. Updating web and social media site. Assisting staff with all aspects of Mississaugas of the Credit events and outreach activities.

Closing Date: June 7, 2019

<u>http://mncfn.ca/wp-content/</u> uploads/2019/04/2019-GRAPHIC-DESIGN-ASSISTANT-1-1.pdf

ECC Office Assistant

To provide administrative assistance to the Ekwaamjigenang Children's Centre (ECC) office and frontline staff

Closing Date: June 7, 2019

http://mncfn.ca/wp-content/uploads/2019/04/2019-ECC-OFFICE-ASSISTANT-1.pdf

EMPLOYMENT AND TRAINING



Take <u>10 minutes</u> to complete our **Band Member Survey** and be entered into a draw to win **\$500**

Requirements:

- Participants must be Mississaugas of the Credit First Nation band members.
- Survey must be fully completed and signed.
- Previously completed the survey? Update your survey and you will also be entered into the \$500 draw.
- Must be 18 years of age or older.
- Surveys must be received by August 31st 2019 by 11:59 pm.

To receive a survey please contact Michele King Employment and Training Phone: (905) 768-1181 ext. 223 Email: <u>michele.king@mncfn.ca</u> Band member surveys form available online: www.mncfn.ca under news/events

EMPLOYMENT AND TRAINING

KNOWLEDGE TEST

FOR YOUTH 16+ INTERESTED IN WRITING G1 TEST

12 SPOTS AVAILABLE

REGISTER BY JULY 31ST 2019 G1 TEST PREP AUGUST 2019 TEST DATE TBD SEPTEMBER 2019

ON TEST DATE: TRANSPORTATION PROVIDED 2 PIECES OF VALID ID REQUIRED SIN NUMBER REQUIRED

CONTACT MCFN EMPLOYMENT AND TRAINING TO RESERVE SPOT (905) 768-1181 EXT. 223

EKWAAMJIGENANG CHILDREN'S CENTRE

To Honour Our Friend Tena Sault



This May we will be saying Giga-waabamin naagai, to our friend Tena, she is retiring after 22 years with Ekwaamjigenang Children's Centre.



Over the years she has enriched many little lives with the Anishnaabemowin and Ojibwe culture. The children enjoy drumming and singing with her and quickly pick up on the different songs and counting to five. They are eager to see what she has brought in her basket and what game they may play. She

shares her knowledge with her co-workers, parents and community members. She will ask "how do you say....?" To see if you remember a word or phrase she taught you, when you get it Tena smiles, claps and tells you that you did a good job remembering. Tena greets the families as they arrive in the centre every morning and the parents smile when they converse with some Ojibwe they learned from Tena.

Tena also brings her husband Garry in for seasonal celebrations, they'll sing songs, drum, dance and tell stories to the children. Tena assists the children to put on regalia for celebrations and the children



enjoy taking in the details of what they are wearing. When there are community gatherings, Tena recalls children that have gone through the centre and surprises them when she calls them by name. The children always tell her that they remember her too, which brings a smile to her face.

Tena will be missed here at Ekwaamjigenang but we know we will see her in and around the community and she'll have a friendly smile and Aanii! For us.

We say Chi-Miigwech for all you have done!

EKWAAMJIGENANG CHILDREN'S CENTRE



The Infants have been busy being very creativedrawing with markers, mural painting and even fly swatter painting. The Preschool Room 2 have been working hard creating intricate car tracks using colourful tape.

The Toddlers have been little bird watchers. They get excited to see all the different birds that come to eat at their feeders. They even saw a red headed wood pecker.

The JKs have enjoyed building with the large blocks outside in the playground.

The Preschool Room 1 friends have experimented with the blender-making smoothies and artwork. In the picture (lower bottom right) Rownen is showing his friend Tatum his mask.

HOUSING DEPARTMENT

Check Your Gutters and Splash Pads

Check for any leaks the gutter may have and ensure it is not loose. Improper drainage can lead to water in the basement or crawl space. Make sure downspouts drain away from the foundation and are clear of any debris.

The splash pad at the end of the downspout should be in a position to where the water hits the block and splashes out harmlessly onto the ground, in comparison to aligning the block with the downspout and allowing the water to travel down freely and smoothly. Thus, allowing the water to create a hole in the grade and possibly leading that water to the foundation of your home.

Check the ground clearance at the foundation to ensure there is minimum clearance of 8 inches between the siding and ground as well as grade to be sloped away from the foundation to drain water away as this will assist in keeping a dry basement by improving drainage and not allowing water to collect near the foundation wall.



MEDIA AND COMMUNICATIONS

MCFN to Engage in Radio Advertising Campaign in Toronto and Ottawa

We have some exciting news to share! Mississaugas of the Credit First Nation is set to have its voice heard in two of the biggest metropolitan areas in Ontario this year with an exciting radio advertising campaign set to begin airing in April!

Thanks to the hard work of MCFN Pillar Five Lead Erma Ferrell and her committee members, Chief and Council and the Media and Communications Department, MCFN has entered into a partnership with Elmnt FM 106.5 to discuss the Nation's most important issues on-air from now until November 2019.

The radio station is based in both Toronto and Ottawa.

Chief Stacey Laforme has already recorded two separate 60-second commercials on the radio station set to begin airing soon. The Chief's message topics are: 1. a land acknowledgement providing listeners with information that Toronto is part of MCFN Treaty and Traditional Territory and 2: a statement about MCFN Treaty rights. Both messages encourage listeners to visit our Web site at mncfn.ca to learn more about the Nation and the history.

The campaign involves various activities, including one hour of radio time on David Moses's talk show "Moment of Truth" where each of the Seven Pillars (part of the Strategic Plan) will be discussed during the show; as well as 500 to 700 messages that will be played on the radio from now until November 2019.

The Seven Pillars are part of the MCFN Strategic Plan and are as follows:

-Pillar One: Inclusive Prosperity, Economic Growth and Job Creation (Lead Councillor: Larry Sault)

-Pillar Two: Nation Well-Being and Wellness (Lead Councillor: Evan Sault)

-Pillar Three: Environment and Sustainability; Stewards of Our Land, Air, Water and Resources (Lead Councillor: Cathie Jamieson)

-Pillar Four: Education and Awareness (Lead Councillor: Veronica King-Jamieson)

-Pillar Five: Striving to be an Independent and

Sovereign First Nation (Lead Councillor: Erma Ferrell)

-Pillar Six: Infrastructure, Community and Membership Development (Lead Councillor: Stephi LaForme)

-Pillar Seven: Inclusive Leadership and Governance (Lead Councillor: Bill LaForme)

We will advise staff and MCFN members when to tune in for the broadcasts of the Chief's messages and the Moment of Truth talk show hosted by David Moses.

Please keep an eye out on our Web site, Facebook page and newsletter to be the first to tune in and listen to the Chief's messages on Elmnt FM 106.5!





Chief Stacey Laforme has recorded two commercials for ELMNT FM Radio, 106.5 in Toronto!

Please visit the following link:

Http://radioplayer.ca/app

Tune in to a livestream of the radio's programming and to catch one of the Chief's pre-recorded commercials! Or tune into 106.5 on your radio.

He delivers two important messages in these commercials, one welcoming listeners to MCFN treaty and traditional territory, as well as an important message on MCFN treaty rights.



PUBLIC WORKS

SOLID WASTE / RECYCLING

- Stephanie Allen of Ontario First Nations Technical Services Corporation (OFNTSC) provided review comments on the first draft of the "Request for Proposals" in preparation for Tendering prior to October 2019.
- Public Works Department conducted the "Community Clean-Up" event with large item pick up on April 10th and 17th. This year's event made volunteer hours available for any students wishing to log community hours for high school. Approximately 12 people participated with ideal weather conditions on Saturday April 13, 2019 made for a successful event and ended with a light BBQ for all participants. PWD is hoping that more participants will get involved in future events to ensure we have a visually appealing First Nation.

> Reminders:

Please make sure to place all the garbage and recyclables in designated areas, all custodians/ staff/residents please ensure proper set out for pick-up is on the SHOULDER of the roadway prior to 8:00 am on collection day. DO NOT leave the garbage and recycling out overnight to prevent animals from rummaging through it and/or blowing debris causing an unsightly First Nation.

ROADS/BRIDGES

 Department of Fisheries & Oceans had no issues for Bridge #13 project, as there are no planned inwater works. In order to protect and minimize the impact on the "barn swallows" Canadian Wildlife Service required a "bird netting" deterrence be installed prior to April 15, 2019 the beginning date of the nesting period. Design Stage and Tender Documents will be complete for this project and awaiting next steps from McIntosh Perry.

WATER/WASTEWATER

- Just a reminder for all residents NOT to be flushing diapers, baby wipes, feminine hygiene products, cooking grease, toys or any other garbage down the drains. The flushing of these products causes an increase to maintenance costs for the First Nation.
- Next Project Team meeting is scheduled for April 26, 2019 at 11:00 in the Lower Level Boardroom at Agimaw Gamig to determine next steps and finalize design stage of the Waterline Expansion

Project. BUILDINGS

MCFN Council - Pillar 6 Lead

➢ Concerning points of discussion took place related to the current state of MCFN assets: Agimaw Gamig, Rumpus Hall & Dining Hall (Church) from a budget and planning perspective. With limited office space, available and expanding departments PWD and Nathan Hill of OFNTSC collaborated to provide three (3) planning assessment reports on the above-mentioned buildings, which will be presented to MCFN Council in May to determine future plans for these assets.

New Administration Building

➢ Design Stage and Tender Documents will be complete for this project by the end of April. Pro-active lobbying efforts for Pillar 6 Lead, Chief, Council, and Public Works Department to secure construction dollars are required. Note that periodic building code review and changes will require a full review of these completed documents for compliance if delays in construction are experienced.

LSK Expansion Committee

➢ Committee met on April 18, 2019 to update all members on the status of the project. PWD assembled a "needs" based space accommodations presentation for the committee's review. Further revisions are required as program and departmental communication is required. Next meeting is scheduled for April 29, 2019.

OTHER:

•

• MCFN's Fire Protection and Emergency Services Agreement is scheduled for renewal in September 2019. A meeting with Haldimand County Fire Department is scheduled on May 1, 2019.

• Chief R. Stacey Laforme, Pillar 6 Lead, SED & PWD met with Will Bouma's Office, MPP for Brantford-Brant relating to the \$30 Billion Provincial Funding announcement for Infrastructure Projects. Pillar 1 Lead sent his regrets due to other commitments. PWD provided a list of current and future planned projects MCFN is working on. Collaboration with Mr. Bouma's office will continue to access funding and advance these projects for the First Nation.

SOCIAL AND HEALTH SERVICES

Cooking Class

During the month of April, the MCFN Community Health Program held cooking classes. The class was taught by culinary chef Klayton Maracle. (photo below).



The class learned basic meal preparation, cooking and practical skills in the kitchen. Some of the meals included vegan cuisine, freezer and crock pot meals. The classes were focused on healthy eating.

Class Cooking organizer Lauralee Kelly planned an evening with special quest Crystal Bomberry (right photo). has been with the IDHC team Diabetes а as Wellness Worker since



2009. Bomberry is passionate about serving our Indigenous communities and inspiring healthy change within people by encouraging them to seek balance through physical activity, wholesome foods, and peace finding practices that nourish body, mind and spirit. In the photo above, Bomberry explains the Make it Sacred hand out (far right photo). If you would like more information, just visit www.idhc.life. Participants of cooking classes were also able to enjoy their delicious culinary creations. As you can see by the photo, this chicken dish was absolutely so delicious! Thanks to Chef Maracle for sharing his recipes.





Debora Martin and her husband Camron Martin made it a family affair attending the classes to learn to prepare healthier meals.


		SOCIAL	AND HEALT	H SERVICE
MAY HOME COMMUNITY CARE CALENDAR				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		01	02 WOMEN'S ALL DAY SHOP	03 EUCHRE
06 FOOTCARE	07 FOOTCARE Crazee Hat – St.Catharines	08 FOOTCARE	09 FOOTCARE MEN'S ALL DAY SHOP	10 FOOTCARE EUCHRE
13	14 CRAFT DAY	15	16 SENIORS OUTING	17 EUCHRE
20 VICTORIA DAY HOLIDAY	21	22	23	24 EUCHRE
27	28 ADULT SOCIAL	29	30	31 EUCHRE

Pregnancy and Opioids Focus Groups

Wednesday, May 22, 2019 1:00 p.m. - 4:00 p.m. Service providers Thursday, May 23, 2019 5:30 p.m. - 8:30 p.m. Those with lived experience MCFN Social and Health Services Gathering Room

Light refreshments - Thank you gift provided

Open to all community members who wish to express an interest in sharing what happens when babies are exposed to opioids during pregnancy.

If you wish to participate, please call Beth at 905-768-1181, ext. 236 or email beth.king@mncfn.ca

Support persons will be available for all participants.

Those who wish to share their thoughts/experiences privately, you will be contacted to arrange an interview time.



#GetLoud about what MENTAL HEALTH really is.

About Mental Health Week

CMHA Mental Health Week Fact Sheet

- CMHA Mental Health Week takes place the first full week in May every year.
- This year, CMHA Mental Health Week is being observed May 6-12, 2019.
- The first annual Mental Health Week was in 1951; this is its 68th year.
- The week has focused on reducing the stigma of mental illness and promoting good mental health for all Canadians.

About the 2019 campaign

- The 2019 campaign core message is "Get loud about what mental health really is."
- Many Canadians confuse the terms mental health and mental illness and use them interchangeably—this confusion contributes to the stigma of mental illness; it divides people into those who experience mental illness and those who don't.
- When people understand that mental health is something we ALL have, they realize that mental health is everyone's issue—we all benefit from celebrating, promoting and acknowledging the role that good mental health plays in living a full and meaningful life.

What mental health really is

.

- Diverse evidence from across Canada and around the world indicates that there are six common features of good mental health: a sense of self, a sense of purpose, of belonging, contribution, enjoyment and resilience.
- To help explain these six features to the general public and to put mental health into everyday language, CMHA created illustrations that reflect the real faces of Canada.

 These illustrations express in real terms what mental health looks like to them: I don't worry too much about what people think of me.

I feel like I'm reaching my potential.

I feel like I belong.

- I make the world a better place.
- I enjoy my life.

Knock me down and I'll get back up again.

How we're doing on reducing stigma

We're not there yet, but when you ask Canadians, we're on our way to eliminating the stigma that is associated with mental illness.

A recent surveyi found that:

- 57% of Canadians believe that the stigma associated with mental illness has been reduced compared to five years ago.
- 81% are more aware of mental health issues compared to five years ago.
- 70% believe attitudes about mental health issues have changed for the better compared to five years ago.

Mental Health Week in your community

• In addition to the online social media campaign to support CMHA Mental Health week, local CMHA offices in 330 locations host hundreds of events and activities across Canada.

• These events range from seminars and open houses to film screenings and art shows, each organized and publicized by local CMHAs. MCFN will be hosted events to coincide with Mental Health Week 2019. See ad on the following page.

Source: https://mentalhealthweek.ca/ Mental Health Fact Sheet.

MCFN Social and Health Services During 2019 Mental Health Week!

MCFN Social and Health Services department kicks off the 2019 Mental Health Week by offering events throughout the week. The department has already hosted "Part of the Conversation of Niizh Manidoowag, Two Spirited" event on Sunday, May 5, 2019 and also "Exploring Natural Ways to Better Health Through Essential Oils" is happening May 8, 2019. Be sure to check out these events and #GET LOUD!

If you have any questions regarding Mental Health Week, please be sure to give the MCFN Mental Health workers a call at MCFN Social and Health Services 905-768-1181 and they can assist with any questions you have.



Please be advised that the MCFN Social and Health Services Department will be closed from 12:00 p.m. - 2:00 p.m. for an all staff meeting on Tuesday, June 11, 2019. Our apologies for any inconvenience this may cause.





- Rabies vaccine and any appropriate vaccines that your pet will need to be updated
- De-wormer
- Micro-chip
- Heart & Lyme disease test

Additional costs for flea and tick medication. Buy 3 Flea and Tick Treatments for \$66.00 and get ProHeart injection FREE! Otherwise ProHeart injections are \$15.00 each.

Pet Wellness Clinics May 14, 15, 22 & 23, 2019 5:00 p.m. - 8:00 p.m. MCFN Community Centre

\$10 per animal - MCFN members \$25 per animal - Non MCFN members CASH ONLY

Please call 905-768-0141 to register your pet(s) for an appointment.



Poets for Peace



Perhaps the best way to describe D'Scribe's 'Poets for Peace' spoken word workshop is if a high school English class infused itself with social justice, drama, and R&B. The gifts of the attending youth shone as they practiced metaphors and alliteration with the prompts that D'Scribe led with. There was laughter and clapping as they celebrated each person's story as it came through in their poetry, as well as a fair share of tears as they drew people in with their words. D'Scribe shared that he would love to come out again, and is hoping to find some dates to continue the good connections that began in the Gathering Space on March 27, 2019.

After School Skate Comes To An End For Another Year



MCFN Community Support provided an after school skate from Oct. 24, 2018 to Mar. 27, 2019. Community Support staff transported all after school participants from the school to the arena. This was open to all MCFN Community Members and was very well received and will be starting again in Oct. of 2019. Enjoy the photos!

SPORTS AND RECREATION

It Was A Good Year For MCFN Hockey!



March and April certainly has been a very busy month in sports for MCFN members. Hunter Tobicoe and GW King play for the Six Nations Midget Local League Blackhawks 2 team. After the first half of the season, teams are placed into divisons A or B. The team finished in an impressive first place with a record of 14 wins, 1 tie and 1 loss in the first half placing them in the A division. For the second half of the season, the team only played other teams placed in the A division and Six Nations dropped to a second place finish with a record of 9 wins, 2 loses and 2 tie. This finish landed them in the playoffs and ultimately the team would play in the Championship round against the other local league team from Six Nations.

The championship round was played best 2 out of 3 series, with King and Tobicoe skating away with a win over Six Nations Blackhawks 1 in two straight games!

Big congratulations to these two fine young gentleman!

Six Nations Midget Rep Team Finalists in OMHA Champsionship Round

MCFN member Caleb Martin had an awesome year despite their team's loss in the OMHA championship round versus Mariposa. The championship went to 5 games to decide the champion and unfortunately Martin's team lost that game. Here is a recap of the OMHA C final:

Game 1 Six Nations (6) Mariposa 6-2 Game 2 Mariposa (4) Six Nations (5) Game 3 Six Nations (4) Mariposa (6) Game 4 Mariposa (3) Six Nations (0) Game 5 Six Nations

(2) Mariposa (4)

It was a very exciting series, and a long road to get there. Following the loss, the team was able to attend an NHL game where they met P.K. Subban of the Nashville Predators. (photo with Caleb Martin)



MCFN Member Steven Laforme Selected in OHL Draft

MCFN member LaForme Steven had a great year! Not only winning the Alliance Minor Midaet AAA Championship with the Brantford 99ers. he was also selected the in Ontario Hockey League



draft, 91st overall in the fifth round by the North Bay Battalions.

LaForme has been described as well-sized and strong center and showcased a complete game and great intelligence in all facets, making him one of the top prospects out of the Alliance this season. A combination of strength, finesse and hockey IQ that few others in this draft class possess.

The Eaglepress can't wait for future hockey stories to come out of North Bay.

Once again, congratulations Steven!

SPORTS AND RECREATION

New Hope Community Bikes at Lloyd S. King Elementary School

On April 4th and 5th "New Hope Community Bikes" facilitated the 'Ride Smart' bicycle education program with the Grade 4/5 and 5/6 classes. The Ride Smart education programs are designed to develop practical life-long skills through safe cycling. Using the Ontario physical health and education curriculum, the program is engaging and interactive, equipping students with new skills and cycling abilities. Ride Smart skills create safer riders and safer future drivers.



The Ride Smart cycling education program is designed to minimize barriers to participation. The success of cycling education in schools is dependent on students bringing their own bikes. Often students do not always have access to a bike in working condition, or are unable to bring their bike to school because of transportation issues.



To address this problem, the Ride Smart Program has been designed to be completely self contained: they provide bikes, helmets, instructors, resource materials. A full class set of new bikes means that each student will use the same bike and helmet for the week. This format makes it very easy, even for teachers with little, to no cycling experience, to enrol

their class in the program. The program also provides a helmet and bicycle for the teacher too if they want to participate.



A bicycle tune up was also offered at LSK and students were invited to bring in their bicycles for a tune up and have some fresh wheels for springtime biking and exercise!





UPCOMING EVENTS

Safe Food Handling Certification Course

Thursday, May 23, 2019 8:30 a.m. – 5:30 p.m. MCFN Social and Health Services Lower Level

Lower Level

This Certification course is free to all community members! Learn the general principles of safe food handling! Topics include:

- Temperature control
- Cross-Contamination
- Personal Hygiene
- Cleaning and Sanitizing



Certification expires in 5 years.

Registration required. Contact Laura-Lee Kelly to register at 905-768-0141 ext. 241 or email: LauraLee.Kelly@mncfn.ca

Please bring your own lunch/refreshments/pen/paper. ** Must have a minimum # of 5 participants to run the course **



Standard First Aid and CPR Course Level C Saturday, June 1 and Sunday June 2 9:30am – 3:00pm MCFN Community Centre Boardroom

MCFN Community Health is offering this comprehensive 2 day course to MCFN band members and staff for FREE! (Non-member fee \$140.00) A \$10 deposit is required to hold your spot and will be reimbursed on the day of the course.

Training includes CPR, AED and First Aid with topics such as:

- wound care
- head & spine injuries
- bone, muscle and joint injuries
- sudden medical conditions
- environmental emergencies and poisons

Please bring your own lunch and refreshments as well as paper and a pen to take notes.

Registration required. Must present a valid status card. Please call Laura-Lee Kelly or Janice Mt.Pleasant to register at 905-768-0141 Ext 241.

Archery Tournament & Practices TOURNAMENT: Saturday, June 8, 2019 Rain Date Saturday, June 15, 2019 10:30 a.m. REGISTRATION MCFN Social and Health Services

by the basketball court Ages 7 and up, including adult category

Medals for 1st, 2nd, 3rd place winners! NEW COMPOUND BOW CATERORY! **Practices dates:**

May 16, 17, 23, 24, 30, 31, June 6 and 7 from 5:30 - 7:00 p.m.

<<< NEW COMPOUND BOW CATEGORY >>>> You must supply your own Compound Bow and Field Tip Arrows. PLEASE WEAR RUNNING SHOES. If you require further information, please contact Shelly King, Hayli Sault, or Jesse Sault, MCFN Community Support at 905-768-1181

Practices will be cancelled if it is raining or unsafe wind conditions.

MCFN Community Support supplies equipment. You are welcome to bring your own Recurve bow if you like.

There will be a catered lunch afterwards at the MCFN Community Centre provided by the MCFN Governance Committee.

UPCOMING EVENTS



Breastfeeding Support Group

Meet the 2nd Thursday of each month at Social & Health Services 659 New Credit Road, Hagersville Time: 12:00 p.m. – 1:30 p.m.





Peer support and support from MCFN Community Health Rep, HBHC and a

Lactation Consultant. Prenatal Moms and Dads, breastfeeding families, and

Meets the 2nd Thursday of each month at Social & Health Services

Time: 12:00 p.m. – 1:30 p.m. Lunch provided.

past members welcome to join as well.

659 New Credit Road, Hagersville. Next meeting date: May 9, 2019.

Men's Program



This program is weekly for all men! Bring your positive attitude and drop in for an evening to share and learn! Light refreshments will be available. Childcare is available - please call before 12 pm on day of if required. Contact Michelle LaForme at 905-768-1181.

Next dates as May 8, 15, 22, 29, 2019 from 6:00 p.m. - 8:00 p.m.





Women's Sharing Time





May 8, and May 22, 2019 from 1:00 p.m. to 3:00 p.m., MCFN Social and Health Services. ALL ARE WELCOME

Seeking Safety is a program designed to hold safe and nurturing group sessions that provide community members that may be experiencing PTSD/ Addiction with knowledge and activities for the purpose of enhancing their safety, coping skills and quality of life.

Bring your positive attitude and drop in for an evening to share, learn and create! This program runs weekly and is for all women! Information sharing and making crafts to take home. Light refreshments will be available. Childcare is available if requested by 12 pm on day of group if required. Contact Pat Jamieson at 905-768-1181, for more information. Every Monday starting on May 6, 2019 from 6:00 p.m. - 9:00 p.m.

LSK GYMNASIUM. Tuesdays - 5:00 p.m. - 6:00 p.m. Saturdays - 10:00 a.m. - 11:00 a.m. No registration is required. EVERYONE IS WELCOME Please wear comfortable clothing, bring a yoga mat if you have one and water! If you require further information, please contact

MCFN Community Health is offering FREE ZUMBA classes! Open to all community members - no registration required. Drop in for some fun and get a great workout! Please wear comfortable clothing, shoes and bring your own water. For more information, please contact Laura-Lee Kelly, CHR at 905-768-0141, ext 241. Zumba is from 6:00 - 7:00 p.m. at the MCFN Community Centre on Monday and Thursday evenings.

COMMUNITY CLASSIFIEDS

OBITUARY

SAULT: L. Lamont "Rattler"

Peacefully at Hamilton General on Friday, April 5, 2019 at the age of 74 years. Loving brother of Sandra Sault, and Donna Sanfilipo. brother-in-Loving law of Doris Sault, Georgina Sault, and Alma Sault. Also will be sadly missed by his nieces, nephews, and cousins. Predeceased by parents, Fred & Lorna; siblings, Wesley



(Sylvia), Walter, Karl, Orville (Mabel), Irving (Joanne), Garner, and Glenna Stratton. The family honoured his life with visitation on Sunday, April 7, 2019 at the Hyde & Mott Chapel, R.H.B. Anderson Funeral Home Ltd., 60 Main Street South, Hagersville where Funeral Service was held on Monday April 8, 2019. Interment New Credit Cemetery. www.rhbanderson.com



4. Other info booths. SPOT DANCES and DOOR PRIZE! (contact 519-802-7015)

Refreshments, light snacks, from 6-7 pm

May 24th 7 pm - 11 pm

This is an alcohol and Drug free event

BENEFIT FOR SANDY SAULT

A HOLE IN ONE WINS A TRUCK

PROUDLY SPONSORED BY SEARLES CHEVROLET

SPONSORSHIP OPPORTUNITIES AVAILABLE

All Proceeds will go towards Sandy who has been diagnosed with Cholangiocarcinoma, which is a rare type of cancer in the gall bladder. We will be selling Indian Tacos, Corn Soup and Baked goods and have a Penny Table. 50/50 tickets for sale, draw will be held 5:30 at event. There will also be musicians so bring your instruments and beautiful singing voices.

May 26, 2019 12:00 pm – 6 pm New Credit Community Centre 659 New Credit Rd. Hagersville, ON

If you would like to make a donation please contact Dianne Sault @ 289-775-7199 or email dianne@kcsweets.ca



CONTACT INFORMATION

Mississaugas of the Credit First Nation 2789 Mississauga Road, Hagersville, ON NOA 1H0



https://www.facebook.com/mississaugasofthecreditfirstnation/ www.youtube.com/channel/UCLI_99I_p8-aAmCM4SEXkgQ



Chief R. Stacey Laforme 905-979-9254 Email: Stacey.Laforme@mncfn.ca

Councillor William Laforme 905-869-5798

Email: BillL@mncfn.ca

Councillor Cathie Jamieson 905-869-5761 Email: CathieJ@mncfn.ca

Councillor Erma Ferrell

905-869-5760 Email: ErmaF@mncfn.ca

DEPARTMENT CONTACTS

Administration: Phone: 905-768-1133

Consultation and Accommodation: Phone: 905-768-4260

Education: Phone: 905-768-0100

Ekwaamjigenang Children's Centre: Phone: 905-768-5036

Employment and Training: Phone: 905-768-1181 ext. 223

Housing: Phone: 905-768-1133 ext. 227 Councillor Evan Sault 905-869-5767 Email: EvanS@mncfn.ca

Councillor Larry Sault 905-869-5805 Email: LarryS@mncfn.ca

Councillor Veronica King-Jamieson 905-869-5753 Email: VeronicaK@mncfn.ca

Councillor Stephi L. LaForme 905-869-5763 Email: StephiL@mncfn.ca

Lands, Research and Membership: Phone: 905-768-0100

Media and Communications: Phone: 905-768-5858

Ontario Works: Phone: 905-768-1181 ext. 225

Public Works: Phone: 905-768-1133

Social and Health Services: Phone: 905-768-1181

Sustainable Economic Development: Phone: 905-768-1133

EMERGENCY CONTACTS

Brandon Hill, Infrastructure Manager: 905 517-7900 Matthew Sault, Infrastructure Assistant: 905 971-2982 Raymond Hill-Johnson, Technical Resource Manager 519-865-3883

Fire Department: 905 318-5932 Police Department (Cayuga): 905 772-3322 Roads Garage: 905 768-1133 ext 243

MCFN MAY 2019 EVENT CALENDAR

Date	Event	Location	Time
	Registration Open for Kindergarten 2019	Lloyd S King Elementary School	8:30 a.m 4:00 p.m.
	Registration Open for Kindergarten 2019 MCFN Cancer Support Group	Lloyd S King Elementary School MCFN Social Services - The Gathering Place	8:30 a.m 4:00 p.m. 5:00 p.m 7:00 p.m.
	Zumba	MCFN Community Centre	6:00 p.m 7:00 p.m.
	Registration Open for Kindergarten 2019	Lloyd S King Elementary School	8:30 a.m 4:00 p.m.
4-May	Yoga	LSK Gymnasium	10:00 a.m 11:00 a.m.
	Mother's Day Brunch	MCFN Community Centre	10:00 a.m 12:00 p.m.
	Starting the Conversation of Niizh Manidoowag Zumba	MCFN Community Centre MCFN Community Centre	10:00 a.m 2:00 p.m.
6-May	Registration Open for Kindergarten 2019	Lloyd S King Elementary School	6:00 p.m 7:00 p.m. 8:30 a.m 4:00 p.m.
	Women's Sharing Time	MCFN Social and Health Services - Lower Level	6:00 p.m 9:00 p.m.
7-May	Registration Open for Kindergarten 2019	Lloyd S King Elementary School	8:30 a.m 4:00 p.m.
7-May		LSK Gymnasium	5:00 p.m 6:00 p.m.
	DIY Sign Painting Fundraiser Registration Open for Kindergarten 2019	LSK Gymnasium Lloyd S King Elementary School	6:00 p.m 8:30 p.m. 8:30 a.m 4:00 p.m.
	MCFN Seeking Safety	MCFN Social Services - The Turtle Room	1:00 p.m 3:00 p.m.
	Exploring Natural Ways to Better Health	MCFN Community Centre	6:00 p.m 8:00 p.m.
	Men's Program	MCFN Social and Health Services - Lower Level	6:00 p.m 8:00 p.m.
	Registration Open for Kindergarten 2019	Lloyd S King Elementary School	8:30 a.m 4:00 p.m.
	Breastfeeding Support Group	MCFN Social Service Building	12:00 p.m 1:30 p.m.
	Registration Open for Kindergarten 2019 The Road Forward and Red Path	Lloyd S King Elementary School MCFN Community Centre	8:30 a.m 4:00 p.m. 6:00 p.m 8:00 p.m.
11-May		LSK Gymnasium	10:00 a.m 11:00 a.m.
13-May	Registration Open for Kindergarten 2019	Lloyd S King Elementary School	8:30 a.m 4:00 p.m.
	Post Secondary Winter Grades due	MCFN Education Office	
13-May		MCFN Community Centre MCFN Social and Health Services - Lower Level	6:00 p.m 7:00 p.m. 6:00 p.m 9:00 p.m.
	Women's Sharing Time Registration Open for Kindergarten 2019	Lloyd S King Elementary School	8:30 a.m 4:00 p.m.
14-May		LSK Gymnasium	5:00 p.m 6:00 p.m.
	Pet Wellness Clinic	MCFN Community Centre	5:00 p.m 8:00 p.m.
	Welcome to Kindergarten	Lloyd S King Elementary School	5:00 p.m 6:30 p.m.
	Registration Open for Kindergarten 2019 Pet Wellness Clinic	Lloyd S King Elementary School	8:30 a.m 4:00 p.m.
	Men's Program	MCFN Community Centre MCFN Social and Health Services - Lower Level	5:00 p.m 8:00 p.m. 6:00 p.m 8:00 p.m.
	Registration Open for Kindergarten 2019	Lloyd S King Elementary School	8:30 a.m 4:00 p.m.
	MCFN Cancer Support Group	MCFN Social Services - The Gathering Place	5:00 p.m 7:00 p.m.
	Archery Practice	MCFN Social Services - by the basketball court	5:30 p.m 7:00 p.m.
16-May	Zumba Registration Open for Kindergarten 2019	MCFN Community Centre	6:00 p.m 7:00 p.m. 8:30 a.m 4:00 p.m.
	Archery Practice	MCFN Social Services - by the basketball court	5:30 p.m 7:00 p.m.
18-May		LSK Gymnasium	10:00 a.m 11:00 a.m.
	Victoria Day	All MCFN Offices Closed	
	Registration Open for Kindergarten 2019	Lloyd S King Elementary School	8:30 a.m 4:00 p.m.
21-May	Yoga Registration Open for Kindergarten 2019	LSK Gymnasium Lloyd S King Elementary School	5:00 p.m 6:00 p.m. 8:30 a.m 4:00 p.m.
22-May	MCFN Seeking Safety	MCFN Social Services - The Turtle Room	1:00 p.m 3:00 p.m.
	Pregnancy and Opioids Focus Groups	MCFN Social and Health - The Gathering Place	1:00 p.m 4:00 p.m.
	Pet Wellness Clinic	MCFN Community Centre	5:00 p.m 8:00 p.m.
	Men's Program	MCFN Social and Health Services - Lower Level	6:00 p.m 8:00 p.m.
	Registration Open for Kindergarten 2019 Safe Food Handling Certification Course	Lloyd S King Elementary School MCFN Social Services - Lower Level	8:30 a.m 4:00 p.m. 8:30 a.m 5:30 p.m.
	Pet Wellness Clinic	MCFN Community Centre	5:00 p.m 8:00 p.m.
23-May		MCFN Community Centre	6:00 p.m 7:00 p.m.
	Archery Practice	MCFN Social Services - by the basketball court	5:30 p.m 7:00 p.m.
	Pregnancy and Opioids Focus Groups	MCFN Social Services - The Gathering Place	5:30 p.m 8:30 p.m.
	Registration Open for Kindergarten 2019 Archery Practice	Lloyd S King Elementary School MCFN Social Services - by the basketball court	8:30 a.m 4:00 p.m. 5:30 p.m 7:00 p.m.
25-May		LSK Gymnasium	10:00 a.m 11:00 a.m.
25-May	MCFN Monthly Gathering	MCFN Community Centre	10:00 a.m 1:00 p.m.
	Registration Open for Kindergarten 2019	Lloyd S King Elementary School	8:30 a.m 4:00 p.m.
27-May		MCFN Community Centre	6:00 p.m 7:00 p.m.
	Women's Sharing Time Registration Open for Kindergarten 2019	MCFN Social and Health Services - Lower Level Lloyd S King Elementary School	6:00 p.m 9:00 p.m. 8:30 a.m 4:00 p.m.
28-May		LSK Gymnasium	5:00 p.m 6:00 p.m.
29-May	Registration Open for Kindergarten 2019	Lloyd S King Elementary School	8:30 a.m 4:00 p.m.
	Men's Program	MCFN Social and Health Services - Lower Level	6:00 p.m 8:00 p.m.
	Registration Open for Kindergarten 2019	Lloyd S King Elementary School	8:30 a.m 4:00 p.m.
	MCFN Cancer Support Group Archery Practice	MCFN Social Services - The Gathering Place MCFN Social Services - by the basketball court	5:00 p.m 7:00 p.m. 5:30 p.m 7:00 p.m.
	Registration Open for Kindergarten 2019	Lloyd S King Elementary School	8:30 a.m 4:00 p.m.
	Life Road Teaching with Jim Dumont	MCFN Community Centre	9:00 a.m 4:00 p.m.
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