

# Family Night Series

## Information & Support Group

Join the Concurrent Disorders Program for a monthly drop-in group catered to family and friends of individuals who are experiencing mental illness and addiction, concurrently.

Session topics include: *What is Addiction, Effective Communication, Boundaries and Support, Treatment Options*, and more.

Last Tuesday of every month, 6:30 – 8:30 pm

St. Joseph's Healthcare Hamilton

West 5th Campus, 100 West 5th Street

Community Psychiatry Clinic, Level 0, Group Room 4

Tel: 905-522-1155 ext. 36040

